UNIVERSITY OF IOWA MEN'S TRACK & FIELD



2005 BIG TEN INDOOR CHAMPIONSHIPS LAMBERT FIELDHOUSE -- WEST LAFAYETTE, IN FEBRUARY 26-27, 2005

THE UNIVERSITY OF IOWA



HAWKEYE MEN'S TRACK & FIELD



MEN'S CONTACT: TRACI WAGNER

FEBRUARY 21, 2005

2005 MEN'S INDOOR SCHEDULE & RESULTS

J 15	Iowa Open	6 champs
J 22	at Gold Country Classic	5 champs
J 29	at Health Alliance	1 champ
F 5	at Panther Classic	1 champ
F 11-12	at Cyclone Classic	0 champs
F 18	Iowa Open	9 champs
F 26-27	at Big Ten Championsh	ips
	(West Lafayette, IN)	
M 5	at Last Chance Meet	
	(Ames, IA)	
M 11-12	at NCAA Championships	
	(Fayetteville, AR)	

2005 MEN'S INDOOR SEASON BESTS

SEASUN DESIS
Running Events
60 Meters Derrick Burks 6.8
60 Hurdles Jordan Crosby 8.10
200 Meters Zach Digney21.83
400 Meters Ryan Strang49.40
600 Meters Ryan Strang 1:20.2
800 Meters Davis Linden 1:54.2
Mile
3,000 Meters. Dan Haut8:11.3
Two Miles Dan Haut9:07.9
Relays 1,600-Meter Relay3:16.99 (Digney, Nolting, Strang, Beach)
Field Events
High Jump Ryan Niver6-8 3/4
Pole Vault Jeff Raymond 14-5 1/4
Long Jump Matty Gorman 22-9 3/4
Triple Jump Matty Gorman 47-
Shot Put Andy Banse ^60-
Wt. Throw Adam Hamilton^65-11 3/4

^ -- NCAA Provisional Qualifier

THIS WEEK -- The men's track team will compete at the 2005 Big Ten Indoor Championships Saturday and Sunday in West Lafayette, IN. All events will be held at Lambert Fieldhouse. All-session tickets are \$12 for adults and \$7 for students. Single-session tickets are \$7 for adults and \$4 for students. Tickets will be sold at the Lambert Fieldhouse west entrance.

NCAA QUALIFIERS -- The Hawkeyes have provisionally qualified five individuals for the NCAA Indoor Championships, which will be held March 11-12 in Fayetteville, AR. Their events, qualifying marks and where they rank in the Big Ten and NCAA are listed below.

Name	Event	Mark	Big 1	Ten/NCAA	Rank
Andy Banse	Shot Put	60-2 (18.34 m)		3rd/17th	
Ken Kemeny	Shot Put	58-8 1/2 (17.89	m)	5th/24th	
Shane Maier	Shot Put	58-6 1/2 (17.84	m)	7th/35th	
Adam Hamilton	Weight Throw	65-11 3/4 (20.1)	1 m)	4th/21st	
Chris Voller	Weight Throw	63-4 (19.30 m)		7th/39th	

2004 INDOOR BIG TEN REVIEW -- Iowa placed 10th at the 2004 Big Ten Indoor Championships with 13 points. Wisconsin won the team title with 174.5. Iowa's highest event finish was fifth place by the 1,600-meter relay of **Zach Digney**, **Jason Nolting**, **Juan Coleman** and **Russell Peterson**. Following is a complete list of Iowa's top-10 Big Ten placers from the 2004 meet:

Event	Athlete	Mark	Place
1,600-Meter Relay	Zach Digney, Jason	3:18.42	5th
	Nolting, Juan Coleman, R	lussell Peterson	
Shot Put	Ken Kemeny	60-0 1/2 (18.30 m)	6th
200 Meters	Zach Digney	21.79	7th
Distance Med. Relay	Ben Lloyd, Tony Leick,	10:10.66	7th
	Dan Dziubski, Dan Traino	r	
60 Meters	Derrick Burks	6.98	8th
60-Meter Hurdles	Russell Peterson	8.52	8th
600 Meters	Matt O'Hollearn	1:21.42	9th
3,000 Meters	Matt Esche	8:17.28	9th
Shot Put	Andy Banse	54-4 1/2 (16.57 m)	10th

IOWA IN BIG TEN HISTORY -- Iowa has won three Big Ten indoor track team titles and 72 event titles since the first meet was held in 1911. The Hawkeyes won titles in 1926 and 1929 and were co-champions with Michigan in 1963. Iowa has also had two student-athletes earn Big Ten Indoor

University of Iowa Sports Information Office 157 Carver-Hawkeye Arena, Iowa City, IA 52242 Phone: 319/335-9411 Fax: 319/335-9417 www.hawkeyesports.com

THE UNIVERSITY OF IOWA



HAWKEYE MEN'S TRACK & FIELD



MEN'S CONTACT: TRACI WAGNER

PAGE 2

2005 BIG TEN INDOOR SCHEDULE OF EVENTS

Saturday, February 26

Diddiy EU
Heptathlon 60 Meters
Heptathlon Long Jump
Heptathlon Shot Put
Heptathlon High Jump
Long Jump (T&F)
3,000 Meters* (F)
Shot Put (T&F)
Pole Vault (T&F)
60 Meters (T)
60-Meter Hurdles (T)
Mile (T)
400 Meters (T)
60-Meters (S)
800 Meters (S)
60-Meter Hurdles (S)
600 Meters (T)
200 Meters (T)
3,000 Meters# (F)
Distance Medley Relay (F)

Sunday, February 27

J.	•
10:20 a.m.	Heptathlon 60-Meter Hurdles
11:00	Heptathlon Pole Vault
12:00 p.m.	High Jump (T&F)
12:50	Weight Throw (T&F)
1:00	5,000 Meters* (F)
1:30	Heptathlon 1,000 Meters
1:50	Mile (F)
2:00	400 Meters (F)
2:10	60 Meters (F)
2:20	800 Meters (F)
2:30	60-Meter Hurdles (F)
2:40	600 Meters (F)
2:50	200 Meters - 2 sections (F)
3:00	5,000 Meters# (F)
3:25	1,600-Meter Relay
	(2 sections - F)

T - trials, S - semifinals, F - finals
* - unseeded section, # - seeded section

Freshman of the Year honors. **Bashir Yamini** earned the honor in 1996 for placing second in the high jump, and **Jeremy Allen** earned it in 1998 for placing second in the shot put. Former Hawkeye **Ed DeLashmutt** set the Big Ten Indoor Championships 1,500 meter record (3:49.90) in 1981. That record is now retired.

LAST WEEK -- The men's and women's team hosted the Hawkeye Open Friday at the Recreation Building in Iowa City. Competing teams included Iowa, Coe, Grinnell, Wartburg and Washington. Four Hawkeyes provisionally qualified for the NCAA Indoor Championships at the meet. Seniors **Andy Banse** and **Ken Kemeny** qualified in the shot put, while junior **Adam Hamilton** and senior **Chris Voller** qualified in the weight throw. The men's team crowned nine event champions at the meet.

MEN'S TEAM CAPTAINS CHOSEN -- Seniors Ken Kemeny, Juan Coleman and Bill Neumann are tri-captains for the 2005 season. Kemeny is a five-time NCAA qualifier in the shot put, the 2004 Drake Relays champion in that event and has led the team in the shot put each of the last three years. Coleman is a four-time NCAA qualifier in the 1,600-meter relay, and ran the lead leg on the 2001 Big Ten Outdoor Champion 400-meter relay. Neumann is a two-time all-American and Big Ten Champion in the javelin. He won that event in five of six meets in 2003, and is the school record holder.

2005 SIGNINGS -- The Hawkeyes inked two recruits during the early signing period in November. The men's team signed sprinter **David Chaplin** of Stone Mountain, GA, and thrower **A.J. Curtis** of Brodhead, WI.

Chaplin is a National Elite Youth All-American and was one of Georgia's nominees for the Wendy's High School Heisman Trophy. He helped his Redan High School team to the 2004 state title. His best times are 10.42 in the 100 meters and 21.25 in the 200 meters. **Curtis** won the Division II state discus title for Brodhead High School with a personal-best 180-7, which ranks sixth among returning prep discus throwers in the nation. He was also state runner-up in the shot put with a throw of 59-7, which ranks 11th among returning prep shot putters in the nation.

NEXT COMPETITION -- The men and women's teams will compete March 5 at the Last Chance Meet in Ames, IA. All events will be at Lied Recreation Center on the Iowa State University campus. Field events are schedule to start at 9:30 a.m. and running events at 10:30 a.m.

University of Iowa Sports Information Office 157 Carver-Hawkeye Arena, Iowa City, IA 52242 Phone: 319/335-9411 Fax: 319/335-9417 www.hawkeyesports.com

2005 INDOOR SEASON BESTS

60 METERS (AO 662 DO 672 SD 672)	TWO MILES (SD. O.E.A.O.)
60 METERS (AQ 6.62, PQ 6.72, SR 6.73)	TWO MILES (SR 8:54.0)
Derrick Burks6.81 Hawkeye Open2/18/05 Zach Digney6.92 Hawkeye Open2/18/05	Dan Haut 9:07.91 Iowa Open
Max Milder	Jeff Kent 9:23.24 Iowa Open
Omar Isaacs	Tony Rakaric 9:39.34 Iowa Open
· · · · · · · · · · · · · · · · · · ·	
Robert Beach7.10 Iowa Open	Adam Roche 9:45.26 Iowa Open1/15/05
Ryan Niver	1 600 M DELAY (AO 2.07 70 DO 2.12 00 CD 2.06 CO)
kyan Niver	1,600-M RELAY (AQ 3:07.70, PQ 3:12.00, SR 3:06.80) Digney, Nolting, Strang, Beach
60-METER HURDLES (AQ - 7.70, PQ 7.91, SR 7.87)	Carle/Health Alliance Invite - 1/29/05
Jordan Crosby8.16 Panther Classic	Digney, Nolting, Strang, Crosby3:17.45
Ryan Niver	Gold Country Classic 1/22/05
kyan Miver2/ 16/05	Nolting, Beach, Dziubski, Gajewski3:25.20
200 METERS (AQ 21.08, PQ 21.48, SR 21.11)	Iowa Open - 1/15/05
Zach Digney 21.82 Hawkeye Open2/18/05	Pierrie, Milder, Ketels, Gajewski3:27.85
Max Milder 22.53 Iowa State Classic 2/12/05	Carle/Health Alliance Invite - 1/29/05
Robert Beach 22.55 Iowa Open	
David Pierrie 22.69 C/H Alliance Invite1/29/05	HIGH JUMP (AQ 2.23 m, PQ 2.17 m, SR 2.21 m)
Jordan Crosby 23.33 Iowa Open	Ryan Niver6-8 3/4 (2.05 m) Iowa Open1/15/05
301dan 6103by 23.33 10wa open	Jeremy Petsche6-6 3/4 (2.00 m) Iowa Open1/15/05
400 METERS (AQ 46.45, PQ 47.65, SR 46.81)	Matty Gorman6-2 3/4 (1.90 m) G. C. Classic1/22/05
Ryan Strang 49.40 Hawkeye Open	Fracty dollinati0 2 3/ + (1.30 m) d. 6. 6. 6.66351c1/22/03
Jason Nolting 49.79 Iowa Open	POLE VAULT (AQ 5.50 m, PQ 5.20 m, SR 5.21 m)
Steve Ketels 52.86 Panther Classic 2/5/05	Jeff Raymond 14-5 1/4 (4.40 m) Hawkeye Open 2/18/05
51.00 Talleller classic	Ryan Niver13-11 14 (4.25 m) Hawkeye Open 2/18/05
600 METERS (SR 1:18.30)	Ngan niver15 11 17 (1125 m) nawkeye open 2/ 10/ 05
Ryan Strang 1:20.27 C/H Alliance Invite1/29/05	LONG JUMP (AQ 7.85 m, PQ 7.45 m, SR 8.06 m)
Jason Nolting 1:20.51 C/H Alliance Invite1/29/05	Matty Gorman22-9 3/4 (6.95 m) G. C. Classic1/22/05
Joe Gajewski 1:22.53 Hawkeye Open2/18/05	Aaron Reed22-9 1/4 (6.94 m) G. C. Classic1/22/05
Davis Linden 1:22.91 Hawkeye 0pen2/18/05	Ryan Niver20-6 1/2 (6.26 m) G. C. Classic1/22/05
Steve Ketels 1:28.49 C/H Alliance Invite1/29/05	<i>g.</i> , (, , , ,, , , ,, , , ,
., ., .,	TRIPLE JUMP (AQ 16.20 m, PQ 15.50 m, SR 15.88 m)
800 METERS (AQ 1:48.60, PQ 1:50.10, SR 1:51.27)	Matty Gorman47-9 (14.55 m) C/H All. Inv1/29/05
Davis Linden 1:54.26 Iowa State Classic2/12/05	Aaron Reed 45-1 1/2 (13.75 m). Panther Classic. 2/5/05
Jake Berns 1:56.49 Hawkeye Open2/18/05	, , , , , , , , , , , , , , , , , , , ,
Dan Dziubski 1:58.28 Iowa Open	SHOT PUT (AQ 19.30 m, PQ 17.75 m, SR 19.16 m)
• , ,	Andy Banse !60-2 (18.34 m) C/H All. Inv1/29/05
MILE (AQ 4:00.10, PQ 4:05.70, SR 4:04.01)	Ken Kemeny !58-8 1/2 (17.89 m) Hawkeye Open 2/18/05
Jake Berns 4:12.55 Iowa State Classic 2/12/05	Shane Maier !58-6 1/2 (17.84 m) ISU Classic 2/12/05
Eric MacTaggart. 4:15.42 C/H Alliance Invite1/29/05	, , , , , , , , , , , , , , , , , , , ,
Tony Rakaric 4:17.08 C/H Alliance Invite1/29/05	WT. THROW (AQ 21.20 m, PQ 19.00 m, SR 21.15 m)
Brian Rae 4:18.18 C/H Alliance Invite1/29/05	Adam Hamilton !65-11 3/4 (20.11 m). ISU Classic 2/12/05
Jeff Kent 4:20.34 C/H Alliance Invite1/29/05	Chris Voller !63-4 (19.30 m) Hawkeye Open 2/18/05
Alan Jackson 4:29.44 Iowa Open	Tim Brodersen 55-8 1/2 (16.98 m). Iowa Open1/15/05
• , ,	Ryan Jordan 53-7 3/4 (16.35 m). Hawkeye Open 2/18/05
3,000 METERS (AQ7:57.30, PQ 8:06.30, SR 8:09.54)	
Dan Haut 8:11.36 Iowa State Classic2/12/05	AQ $NCAA$ automatic qualifying mark
Eric MacTaggart. 8:19.38 Iowa State Classic2/12/05	PQ NCAA provisional automatic qualifying mark,
Tony Rakaric 8:41.70 C/H Alliance Invite1/29/05	SR school record, ! NCAA provisional qualifier,
Brian Rae 8:24.73 Iowa State Classic2/12/05	* NCAA automatic qualifier, # part of heptathlon
Adam Roche 8:34.57 Iowa State Classic 2/12/05	The same same quantities, as paint of inspiration
Jeff Kent 8:31.79 Iowa State Classic2/12/05	





ALL-TIME TOP 10 INDOOR PERFORMERS

60	Meters	600) Meters	
1.	Kurt Felix, 19996.73	1.	Pat McGhee, 1988	1:18.30
2.	Tony Branch, 19996.78	2.	Monte Raymond, 1997	1:19.18
3.	Derrick Burks, 2005 6.81	3.	Scott Williamson, 2001	1:19.19
4.	Tim Dodge, 20016.83	4.	D'Juan Strozier, 1990	1:19.20
5.	Adam Kunkel, 2001 6.89	5.	Gary Falls, 1991	1:19.32
6.	Zach Digney, 2004 6.90	6.	Ryan Strang, 2003	1:19.69
	Omar Isaacs, 2004 6.90	7.	Brian Thomas, 1991	1:19.83
8.	Bashir Yamini, 1999	8.	Russell Peterson, 2001	1:19.92
	Fred Russell, 2001 6.99	9.	Michael Layne, 1998	1:20.03
10.	Merrill Coleman, 2000	10.		
60-	Meter Hurdles	800) Meters	
1.	Dion Trowers, 1997	1.	Dave Novotny, 1996	1.51 27
2.	Russell Peterson, 2004	2.	Jim Docherty, 1973	
3.	DeRocco Reed, 20008.03	3.	Rod Chambers, 1989	
4.	Jordan Crosby, 2005 8.16	4.	Jim Donovan, 1999	
5.	Justin Poots, 2001	5.	Michael Layne, 1997	
6.	Tony Branch, 1999	6.	Bill Frazier, 1963	
7.	Monte Raymond, 19978.29	7.	Mike Cunningham, 2002	
,. 8.	Damion Turner, 19998.47	8.	John Clark, 1973	
9.	Adam Kunkel, 20018.50	9.	D'Juan Strozier, 1989	
10.	Tony Leick, 2003	10.		
10.	Tony Belek, 2005	10.	James 101tc1, 1994	1.32.02
200) Meters	Mil	e	
20 0	Meters Anthuan Maybank, 1993 21.11	Mil 1.	e Ed DeLashmutt, 1981	4:04.01
1.	Anthuan Maybank, 199321.11	1.	Ed DeLashmutt, 1981	4:04.40
1. 2.	Anthuan Maybank, 1993	1. 2.	Ed DeLashmutt, 1981 Larry Wieczorek, 1968	4:04.40 4:05.94
1. 2. 3.	Anthuan Maybank, 1993 21.11 Bashir Yamini, 1999 21.19 Tim Dodge, 2000 21.26	1. 2. 3.	Ed DeLashmutt, 1981 Larry Wieczorek, 1968 John Clark, 1972	4:04.40 4:05.94 4:07.13
1. 2. 3. 4.	Anthuan Maybank, 1993 21.11 Bashir Yamini, 1999 21.19 Tim Dodge, 2000 21.26 George Page, 1997 21.35	1. 2. 3. 4.	Ed DeLashmutt, 1981	4:04.40 4:05.94 4:07.13 4:07.26
1. 2. 3. 4. 5.	Anthuan Maybank, 1993 21.11 Bashir Yamini, 1999 21.19 Tim Dodge, 2000 21.26 George Page, 1997 21.35 Zach Digney, 2004 21.39	1. 2. 3. 4. 5.	Ed DeLashmutt, 1981	4:04.40 4:05.94 4:07.13 4:07.26 4:07.74
1. 2. 3. 4. 5. 6.	Anthuan Maybank, 1993 21.11 Bashir Yamini, 1999 21.19 Tim Dodge, 2000 21.26 George Page, 1997 21.35 Zach Digney, 2004 21.39 Tony Branch, 1998 21.46	1. 2. 3. 4. 5. 6.	Ed DeLashmutt, 1981	4:04.40 4:05.94 4:07.13 4:07.26 4:07.74 4:07.80
1. 2. 3. 4. 5. 6. 7.	Anthuan Maybank, 1993 21.11 Bashir Yamini, 1999 21.19 Tim Dodge, 2000 21.26 George Page, 1997 21.35 Zach Digney, 2004 21.39 Tony Branch, 1998 21.46 Adam Kunkel, 2001 21.55	1. 2. 3. 4. 5. 6. 7.	Ed DeLashmutt, 1981	
1. 2. 3. 4. 5. 6. 7. 8.	Anthuan Maybank, 1993 21.11 Bashir Yamini, 1999 21.19 Tim Dodge, 2000 21.26 George Page, 1997 21.35 Zach Digney, 2004 21.39 Tony Branch, 1998 21.46 Adam Kunkel, 2001 21.55 Tim Dwight, 1997 21.56	1. 2. 3. 4. 5. 6. 7. 8.	Ed DeLashmutt, 1981 Larry Wieczorek, 1968 John Clark, 1972 Adam Thomas, 2002 Kevin Herd, 1992 Ted Wheeler, 1956 Jim Docherty, 1978 Danny Waters, 1986	
1. 2. 3. 4. 5. 6. 7. 8. 9. 10.	Anthuan Maybank, 1993 21.11 Bashir Yamini, 1999 21.19 Tim Dodge, 2000 21.26 George Page, 1997 21.35 Zach Digney, 2004 21.39 Tony Branch, 1998 21.46 Adam Kunkel, 2001 21.55 Tim Dwight, 1997 21.56 Chris Davis, 1998 21.76 Kurt Felix, 1999 21.86	1. 2. 3. 4. 5. 6. 7. 8. 9.	Ed DeLashmutt, 1981 Larry Wieczorek, 1968 John Clark, 1972 Adam Thomas, 2002 Kevin Herd, 1992 Ted Wheeler, 1956 Jim Docherty, 1978 Danny Waters, 1986 Rod Chambers, 1989 Shaun Allen, 2000	
1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 400	Anthuan Maybank, 1993 21.11 Bashir Yamini, 1999 21.19 Tim Dodge, 2000 21.26 George Page, 1997 21.35 Zach Digney, 2004 21.39 Tony Branch, 1998 21.46 Adam Kunkel, 2001 21.55 Tim Dwight, 1997 21.56 Chris Davis, 1998 21.76 Kurt Felix, 1999 21.86	1. 2. 3. 4. 5. 6. 7. 8. 9. 10.	Ed DeLashmutt, 1981 Larry Wieczorek, 1968 John Clark, 1972 Adam Thomas, 2002 Kevin Herd, 1992 Ted Wheeler, 1956 Jim Docherty, 1978 Danny Waters, 1986 Rod Chambers, 1989 Shaun Allen, 2000	
1. 2. 3. 4. 5. 6. 7. 8. 9. 10.	Anthuan Maybank, 1993 21.11 Bashir Yamini, 1999 21.19 Tim Dodge, 2000 21.26 George Page, 1997 21.35 Zach Digney, 2004 21.39 Tony Branch, 1998 21.46 Adam Kunkel, 2001 21.55 Tim Dwight, 1997 21.56 Chris Davis, 1998 21.76 Kurt Felix, 1999 21.86 D Meters Terrence Duckett, 1984 46.81	1. 2. 3. 4. 5. 6. 7. 8. 9. 10.	Ed DeLashmutt, 1981 Larry Wieczorek, 1968 John Clark, 1972 Adam Thomas, 2002 Kevin Herd, 1992 Ted Wheeler, 1956 Jim Docherty, 1978 Danny Waters, 1986 Rod Chambers, 1989 Shaun Allen, 2000 OO Meters Stetson Steele, 2000	
1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 400 1. 2.	Anthuan Maybank, 1993 21.11 Bashir Yamini, 1999 21.19 Tim Dodge, 2000 21.26 George Page, 1997 21.35 Zach Digney, 2004 21.39 Tony Branch, 1998 21.46 Adam Kunkel, 2001 21.55 Tim Dwight, 1997 21.56 Chris Davis, 1998 21.76 Kurt Felix, 1999 21.86 D Meters Terrence Duckett, 1984 46.81 Andre Morris, 1995 47.15	1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 3,0 1. 2.	Ed DeLashmutt, 1981 Larry Wieczorek, 1968 John Clark, 1972 Adam Thomas, 2002 Kevin Herd, 1992 Ted Wheeler, 1956 Jim Docherty, 1978 Danny Waters, 1986 Rod Chambers, 1989 Shaun Allen, 2000 OO Meters Stetson Steele, 2000 Dan Haut, 2005	
1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 400 1. 2. 3.	Anthuan Maybank, 1993	1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 3,0 1. 2. 3.	Ed DeLashmutt, 1981 Larry Wieczorek, 1968 John Clark, 1972 Adam Thomas, 2002 Kevin Herd, 1992 Ted Wheeler, 1956 Jim Docherty, 1978 Danny Waters, 1986 Rod Chambers, 1989 Shaun Allen, 2000 OO Meters Stetson Steele, 2000 Dan Haut, 2005 Kevin Herd, 1994	
1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 400 1. 2. 3. 4.	Anthuan Maybank, 1993	1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 3,0 1. 2. 3.	Ed DeLashmutt, 1981 Larry Wieczorek, 1968 John Clark, 1972 Adam Thomas, 2002 Kevin Herd, 1992 Ted Wheeler, 1956 Jim Docherty, 1978 Danny Waters, 1986 Rod Chambers, 1989 Shaun Allen, 2000 OO Meters Stetson Steele, 2000 Dan Haut, 2005 Kevin Herd, 1994 Larry Wieczorek, 1968	
1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 400 1. 2. 3. 4. 5.	Anthuan Maybank, 1993	1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 3,0 1. 2. 3. 4. 5.	Ed DeLashmutt, 1981 Larry Wieczorek, 1968 John Clark, 1972 Adam Thomas, 2002 Kevin Herd, 1992 Ted Wheeler, 1956 Jim Docherty, 1978 Danny Waters, 1986 Rod Chambers, 1989 Shaun Allen, 2000 OO Meters Stetson Steele, 2000 Dan Haut, 2005 Kevin Herd, 1994 Larry Wieczorek, 1968 Matt Esche, 2004	
1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 400 1. 2. 3. 4. 5. 6.	Anthuan Maybank, 1993 21.11 Bashir Yamini, 1999 21.19 Tim Dodge, 2000 21.26 George Page, 1997 21.35 Zach Digney, 2004 21.39 Tony Branch, 1998 21.46 Adam Kunkel, 2001 21.55 Tim Dwight, 1997 21.56 Chris Davis, 1998 21.76 Kurt Felix, 1999 21.86 D Meters Terrence Duckett, 1984 46.81 Andre Morris, 1995 47.15 Monte Raymond, 1998 47.18 Anthuan Maybank, 1990 47.25 Juan Coleman, 2002 47.40 Curtis Chung, 1989 47.65	1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 3,0 1. 2. 3. 4. 5. 6.	Ed DeLashmutt, 1981 Larry Wieczorek, 1968 John Clark, 1972 Adam Thomas, 2002 Kevin Herd, 1992 Ted Wheeler, 1956 Jim Docherty, 1978 Danny Waters, 1986 Rod Chambers, 1989 Shaun Allen, 2000 OO Meters Stetson Steele, 2000 Dan Haut, 2005 Kevin Herd, 1994 Larry Wieczorek, 1968 Matt Esche, 2004 Jim Docherty, 1978	
1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 400 1. 2. 3. 4. 5. 6. 7.	Anthuan Maybank, 1993 21.11 Bashir Yamini, 1999 21.19 Tim Dodge, 2000 21.26 George Page, 1997 21.35 Zach Digney, 2004 21.39 Tony Branch, 1998 21.46 Adam Kunkel, 2001 21.55 Tim Dwight, 1997 21.56 Chris Davis, 1998 21.76 Kurt Felix, 1999 21.86 D Meters Terrence Duckett, 1984 46.81 Andre Morris, 1995 47.15 Monte Raymond, 1998 47.18 Anthuan Maybank, 1990 47.25 Juan Coleman, 2002 47.40 Curtis Chung, 1989 47.65 Ed Rozell, 1997 47.73	1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 3,0 1. 2. 3. 4. 5. 6. 7.	Ed DeLashmutt, 1981 Larry Wieczorek, 1968 John Clark, 1972 Adam Thomas, 2002 Kevin Herd, 1992 Ted Wheeler, 1956 Jim Docherty, 1978 Danny Waters, 1986 Rod Chambers, 1989 Shaun Allen, 2000 OO Meters Stetson Steele, 2000 Evin Herd, 1994 Larry Wieczorek, 1968 Matt Esche, 2004 Jim Docherty, 1978 Danny Waters, 1986	
1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 400 1. 2. 3. 4. 5. 6. 7. 8.	Anthuan Maybank, 1993 21.11 Bashir Yamini, 1999. 21.19 Tim Dodge, 2000 21.26 George Page, 1997 21.35 Zach Digney, 2004 21.39 Tony Branch, 1998. 21.46 Adam Kunkel, 2001 21.55 Tim Dwight, 1997 21.56 Chris Davis, 1998. 21.76 Kurt Felix, 1999 21.86 D Meters Terrence Duckett, 1984 46.81 Andre Morris, 1995 47.15 Monte Raymond, 1998 47.18 Anthuan Maybank, 1990 47.25 Juan Coleman, 2002 47.40 Curtis Chung, 1989 47.65 Ed Rozell, 1997 47.73 Chris Davis, 1997 47.83	1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 3,0 1. 2. 3. 4. 5. 6. 7. 8.	Ed DeLashmutt, 1981 Larry Wieczorek, 1968 John Clark, 1972 Adam Thomas, 2002 Kevin Herd, 1992 Ted Wheeler, 1956 Jim Docherty, 1978 Danny Waters, 1986 Rod Chambers, 1989 Shaun Allen, 2000 OO Meters Stetson Steele, 2000 Evin Herd, 1994 Larry Wieczorek, 1968 Matt Esche, 2004 Jim Docherty, 1978 Danny Waters, 1986 Eric MacTaggart, 2005	
1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 400 1. 2. 3. 4. 5. 6. 7.	Anthuan Maybank, 1993 21.11 Bashir Yamini, 1999 21.19 Tim Dodge, 2000 21.26 George Page, 1997 21.35 Zach Digney, 2004 21.39 Tony Branch, 1998 21.46 Adam Kunkel, 2001 21.55 Tim Dwight, 1997 21.56 Chris Davis, 1998 21.76 Kurt Felix, 1999 21.86 D Meters Terrence Duckett, 1984 46.81 Andre Morris, 1995 47.15 Monte Raymond, 1998 47.18 Anthuan Maybank, 1990 47.25 Juan Coleman, 2002 47.40 Curtis Chung, 1989 47.65 Ed Rozell, 1997 47.73	1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 3,0 1. 2. 3. 4. 5. 6. 7.	Ed DeLashmutt, 1981 Larry Wieczorek, 1968 John Clark, 1972 Adam Thomas, 2002 Kevin Herd, 1992 Ted Wheeler, 1956 Jim Docherty, 1978 Danny Waters, 1986 Rod Chambers, 1989 Shaun Allen, 2000 OO Meters Stetson Steele, 2000 Dan Haut, 2005 Kevin Herd, 1994 Larry Wieczorek, 1968 Matt Esche, 2004 Jim Docherty, 1978 Danny Waters, 1986 Eric MacTaggart, 2005 Sean Corrigan, 1988	

ALL-TIME TOP 10 INDOOR PERFORMERS

5,000 Meters	Triple Jump
1. Stetson Steele, 200014:00.52	1. Paul Jones, 199052-1 1/4 (15.88 m)
2. Matt Esche, 200414:18.43	2. Mike Lacy, 198349-0 (14.93 m)
3. Nick Nordheim, 200214:22.99	3. Owen Gill, 1982
4. Kevin Herd, 199414:27.57	4. Gordon Finch, 198848-3 3/4 (14.72 m)
5. Chad Schwitters, 199914:33.40	5. Pat Miller, 1984 47-11 (14.60 m)
6. Trent Corey, 200114:36.24	6. Matty Gorman, 200547-9 (14.55 m)
7. Dan Haut, 200314:43.48	7. Brian Quarles, 198046-9 3/4 (14.26 m)
8. Eric McDermott, 200214:45.35	8. Darren Smith, 199246-3 1/2 (14.11 m)
9. Jared Pittman, 199814:50.6	
10. Joe Welter, 200214:51.20	Shot Put
4 COO W. L P. L.	1. Jeremy Allen, 2001
1,600-Meter Relay	2. Gary Kostrubala, 1986
1. Rozell, Davis, Raymond, Yamini, 19983:06.80	3. Andy Banse, 2005
2. Coleman , Faber, Strang , Peterson, 20023:07.44	4. Ken Kemeny, 2004 60-0 1/2 (18.30 m)
3. Greer, Williams, Smith, Duckett, 19843:08.14	5. Arno van der Westhuizen, 1999 58-10 3/4 (17.95 m)
4. Card, Coleman , Williamson, Dodge, 20013:08.21	6. Shane Maier, 2005 58-6 1/2 (17.84 m)
5. Davis, Rozell, Page, Morris, 19953:08.77	7. Chris Gambol, 1985
6. Dodge, Williamson, Card, Peterson, 20013:08.82	8. Chris Cassata, 2000
7. Branch, Dodge, Donovan, Yamini, 19993:08.99 8. Dodge, Card, Williamson, Peterson, 20003:09.33	9. Norm Balke, 1984
9. Dodge, Branch, Felix, Yamini, 19993:09.37	10. Tom Knutson, 196655-1 1/4 (16.80 m)
10. Branch, Davis, Rozell, Yamini, 19983:10.01	Weight Throng
10. Blanch, Davis, Rozett, Tallini, 1990	Weight Throw
Uigh lumn	1. Jim Costello, 2002
High Jump 1. Bill Knoedel, 1976	 Arno van der Westhuizen, 200167-7 1/2 (20.61 m) Adam Hamilton, 200565-11 3/4 (20.11 m)
Bill Hansen, 1978	4. Jeremy Allen, 2001
3. Scott Hudek, 1993	5. Chris Voller, 2005
4. Pat Meade, 1987	6. Brad Daufeldt, 2004
5. Mike Lacy, 1984	7. Eric Rothwell, 2002
6. M. Cunningham, 1984 6-11 1/4 (2.11 m)	8. Chris Cassata, 2000
7. Kenneth Lansing, 1989 6-10 3/4 (2.10 m)	9. Tim Brodersen, 2005 55-8 1/2 (16.98 m)
8. Damion Turner, 1998	10. Ryan Jordan, 2005 53-7 3/4 (16.35 m)
9. Ryan Niver, 2005 6-8 3/4 (2.05 m)	
10. Dave Mohr, 1990	Pole Vault
Luke Nessa, 2001 6-8 (2.03 m)	1. Todd Wigginton, 198417-1 (5.21 m)
	2. Dave Nielsen, 1975
Long Jump	3. Curt Brock, 197916-6 (5.03 m)
1. Anthuan Maybank, 1992 26-5 1/2 (8.06 m)	4. Phil Wertman, 197116-4 (4.98 m)
2. Bashir Yamini, 1998 26-0 1/4 (7.93 m)	5. John Teffer, 197216-1 (4.90 m)
3. Darren Smith, 199125-2 (7.67 m)	6. Chad Ohly, 199515-9 (4.80 m)
4. Paul Jones, 199024-11 1/4 (7.60 m)	7. Rich Palumbo, 198915-9 (4.80 m)
5. Ronnie McCoy, 198424-9 (7.54 m)	8. Kelly Scott, 198815-3 (4.65 m)
6. Charles Jones, 1980 24-8 1/4 (7.52 m)	
7. Quinn Early, 1986 24-7 1/4 (7.50 m)	Pentathlon
8. Lee Farmer, 1942 23-9 1/4 (7.24 m)	1. Scott Faber, 2000 3,460
9. Tim Dodge, 1999 23-5 1/2 (7.15 m)	2. Joe Estes, 1993 3,451
10. Tim Dwight, 1997 23-4 3/4 (7.13 m)	3. Cam Appleman, 1997
	Chad Ohly, 1993
	Heptathlon
	1. Scott Faber, 2000
Names in bold are current team members	2. Cam Appleman, 1997
*converted to meters	3. Jacob Drewry, 1995

HEAD COACH LARRY WIECZOREK



Larry Wieczorek is in his 18th season as head men's cross country coach and ninth season as head men's track and field coach at the University of Iowa. He served as an assistant track and field coach for 12 years before taking the helm in 1997. A six-time Big Ten champion (including two in cross country) and four-time all-American at Iowa, Wieczorek once held conference marks in the one, two, three, four and five-mile runs. A member of Iowa's last Big Ten track championship team in 1967, he still owns Iowa records in the outdoor 5,000-meters and the indoor two miles, as well as third-fastest mark in the cross country 8,000 meters. He was honored for his collegiate accomplishments by being inducted into the University of Iowa's National Varsity Club Athletics Hall of Fame in 1998.

Wieczorek has coaching experience in all events. Returning to his alma mater as a field event coach at Iowa in 1985, he developed a strong squad that included two-time Big Ten long jump champion Quinn Early, Iowa's first-ever outdoor Big Ten shot put champion Chris Gambol, who still has the third-best mark in that event in outdoor school history, and Gary Kostrubala, who was the first discus thrower in the Big Ten's to throw over 200 feet when he set Iowa's current school record of 202-4. Kostrubala was also an NCAA indoor qualifier in the shot put (60-10 3/4) with the second-best mark in that event in indoor school history.

Wieczorek took over the men's cross country program in 1987, and has since shifted his track responsibilities to the distance corps. He coached all-American distance runner Kevin Herd to Iowa's first-ever Big Ten 10,000-meter title in 1994. In 2000, Stetson Steele earned both indoor and outdoor all-America honors, becoming the first Hawkeye distance runner to earn both in the same year since Wieczorek in 1967. Together, Wieczorek and Steele hold school records in five of the seven distance events.

Under Wieczorek, the cross country team has placed sixth or higher eight times at the NCAA Regional Championships, has posted 22 all-region selections and qualified for the NCAA Championships three times. In 2002, Wieczorek was named Midwest Regional Coach of the Year honors by the United States Cross Country Association after the Hawkeyes won the NCAA Regional for the first time in school history and

advancing to the NCAA Championships for the second time in the last five years. The Hawkeye harriers also tied a school record with five NCAA all-Region selections. Wieczorek also coached Iowa's two Big Ten Cross Country Freshman of the Year in Jared Pittman (1993) and Reed Steele (1998).

In 2004, the Hawkeye harriers recorded their highest placing at the Big Ten Championships (3rd) and NCAA Championships (13th) under Wieczorek. Hawkeye sophomore Micah VanDenend earned second team all-Big Ten honors with his 14th place finish at the conference meet, which was hosted by Iowa on Ashton Cross Country Course. Iowa also crowned four all-region selections as seniors Matt Esche and Tony Rakaric, and juniors Dan Haut and Adam Roche placed in the top-25 at the NCAA Midwest Regional meet.

Since Wieczorek was named head men's track and field coach in 1997, his plan to build a strong sprint program around a national power 1,600-meter relay, and strong throws program is being realized. In his eight years at the helm, Wieczorek has coached NCAA Champion long jumper Bashir Yamini, 23 all-Americans, 66 national qualifiers and 33 Big Ten Champions. Iowa's 1,600-meter relay won the 1999 Big Ten outdoor title and has earned all-America honors twice during Wieczorek's tenure. The Hawkeyes recorded their highest conference indoor placing (fourth) in 1997, and their highest team finish at the Big Ten Outdoor Championships (second) in 33 years at the 1999 Big Ten outdoor meet.

When Wieczorek joined the Iowa staff, several of his athletes were also members of the nationally-ranked Iowa football team. He has continued to foster a strong relationship with the Iowa football staff, which has resulted in outstanding contributions from several multi-sport athletes. Current NFL standout Tim Dwight was a two-time first team all-America wide receiver and return specialist for the Hawkeye football team from 1994-97, who scored a touchdown in the 1999 Super Bowl for the Atlanta Falcons. Dwight returned to Iowa City a few months later to compete for the track team during the outdoor season. He was named Male Athlete of the 1999 Big Ten Outdoor Championships after he won the 100 meters, ran the lead leg on the winning 400-meter relay and second leg on the winning 1,600-meter relay, and placed second in the 200 meters. In 2001, fullback Jeremy Allen became Iowa's only five-time all-American in the throws and the only Hawkeye to earn the honors solely in an individual event. He was a fourtime Big Ten Champion and the only thrower in conference history to earn Big Ten Freshman of the Year honors at both the indoor and outdoor conference meets.





HEAD COACH LARRY WIECZOREK

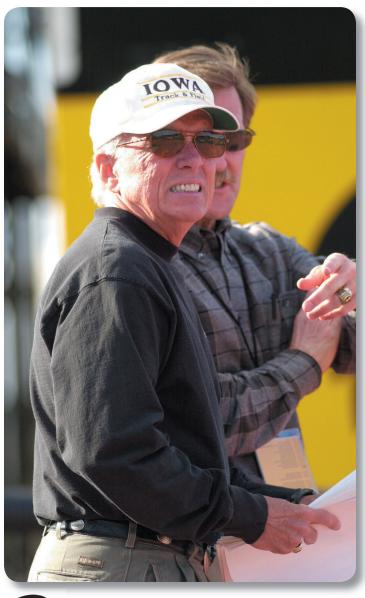
Another of Wieczorek's goals as head coach was to create an annual outdoor home event for the Hawkeyes that would be entertaining for the community and feature outstanding competition for participating student-athletes. Now in it's seventh year of existence, the annual Iowa Musco Twilight Meet is just that. Named for Musco Lighting of Oskaloosa, IA, who supplies mobile lighting equipment, the co-ed meet which featured 16 teams in 2004, starts in the late afternoon and extends into the night. In its first four years, the meet had produced 43 NCAA provisional qualifiers. Since the creation of the regional qualifying system in 2003, 130 competitors have reached qualifying standards at the twilight meet.

While improving in the league standings is considered a priority, the Hawkeyes also concern themselves with performance in the classroom. Under Wieczorek, former cross country runners Kevin Herd, Chad Schwitters and Stetson

Steele earned academic all-America honors. Iowa has had an academic all-Big Ten selection each year during his tenure, totaling 53 honorees in cross country and 47 in track.

Wieczorek came to Iowa after 11 seasons as head track coach at Proviso (IL) West High School. He also served as an assistant there for three years. His prep teams were consistent placers on the state level and several of his athletes won state titles. He served on the Illinois track advisory board and founded the prestigious Proviso Indoor Track Classic. Wieczorek was inducted into the Illinois High School Track and Cross Country Coaches Hall of Fame in 2000.

Wieczorek was born on September 11, 1946, in Chicago, IL. He received his B.S. degree in physical education from Iowa in 1969 and his M.S. degree in physical education from Northern Illinois University in 1973. His wife's name is Jackie.



Wieczorek's Track Results at Iowa				
		Outdoor Big 10	•	
Year	Place/Champs	Place/Champs		
1997	4 th /2	9 th /2	1/0	
1998	5 th /2	3 rd /6	6/2	
1999	7 th /1	2 nd /11	0/4	
2000	8 th /1	6 th /1	2/1	
2001	10 th /0	5 th /6	0/3	
2002	/	6 th /2	1/2	
2003	9 th /0	9 th /1	0/1	
2004	10 th /0	10 th /0	0/1	
Total	/6	/29	10/13	
- 100		oss Country Resu		
	Big Ten	Regional	National	
Year	Finish	Finish	Finish	
1987	10th			
1988	9th			
1989	5th	16th		
1990	7th	13th		
1991	10th	21st		
1992	7th	11th		
1993	7th	10th		
1994	9th	10th		
1995	8th	14th		
1997	5th	6th		
1998	5th	2nd	21st	
1999	9th	6th	MARKET	
2000	8th	6th		
2001	8th	4th		
2002	7th	1st	29th	
2003	5th	3rd		
2004	3rd	3rd	13th	







ANDY BANSE
THROWS

6-4, 260, Senior Strawberry Point, IA Starmont

2005 -- Indoor - provisionally qualified for NCAA Championships in shot put four times... leads team in that event... won shot put at Carle/Health Alliance with a collegiate-best 60-2, which ranks third on Iowa's all-time best performers list... that mark ranks third in the Big Ten and 17th in the nation... won shot put at Gold Country Classic (58-5 3/4) and Hawkeye Open (59-1 1/2), and placed second at Iowa Open (57-1 1/2) and Panther Classic (58-6 1/2)... 2004 -- Indoor - threw season-best shot put (55-0) at NCAA Qualifier... placed 10th in shot (54-4 1/2) at Big Ten Championships... Outdoor - qualified for regional meet in shot twice... threw season-best 55-10 1/4 at Iowa Musco Twilight VI, which ranks ninth on Iowa's all-time bests list... placed 12th in shot at Big Ten Championships (54-4), 15th at Drake Relays (5-211) and 16th (54-1 3/4) at NCAA Midwest Regional... also placed sixth in discus (162-6) at UNI Twilight... academic all-Big Ten... letterwinner... 2003 -- Indoor - placed fifth in weight throw (52-10 3/4) at Iowa Open... Outdoor - placed seventh in hammer with collegiate-best 165-6, which ranks ninth on Iowa's all-time bests list, at Western Michigan Invite... placed fifth in hammer (164-2) and sixth in discus (153-11) at UNI Twilight... academic all-Big Ten... letterwinner... 2002 -- Indoor - did not compete... Outdoor - won shot (52-8) and discus (153-4) at Jim Duncan Invite and at UNI Open (54-2 1/2; 160-5)... placed eighth in shot put at Drake Relays (55-10 1/4), which ranked ninth on Iowa's all-time bests list... letterwinner... 2001 -- redshirted... High School -- discus state champion and runner-up in shot senior year... two-time all-state... set school records in shot (58-9) and discus (173-8)... three-time team MVP... lettered four years in track, three in football and basketball, and two in baseball... coaches were Doug Guilford and Don McCoullough.

Personal -- born March 13, 1981... son of Tom and Bonnie Banse... working on master's degree in athletics administration.

Banse's Collegiate Bests					
Event	Distance	Meet	Date		
Shot Put (I)	60-2 (18.34)	at C/H Alliance Classic	1/29/05		
Discus (0)	162-6 (49.54)	at UNI Twilight	4/17/04		
Wt. Throw (I)	52-10 3/4 (16.12)		2/21/03		
Hammer (0)	165-6 (50.44)	at W. Michigan Inv.	3/29/03		



JAKE BERNS
DISTANCE

6-0, 150, Freshman Monona, IA MFL Mar Mac

2005 -- Indoor - leads team in mile (4:12.55)... that time ranks 27th in the Big Ten... ran collegiate-best mile (4:12.55) at Iowa State Classic... runner-up in mile (4:18.35) at Panther Classic and placed sixth (4:14.57) at Gold Country Classic... High School -- won state titles in 800, 1,600 and 3,200 meters senior year, becoming the first Class 2A Iowa high school male to do so... won state cross country title as a senior (16:15)... placed eighth in 800, third in 1,600 and seventh in 3,200 meters at state meet junior year... five-time track conference champion, winning conference cross country title as a senior... runner-up in 1,600 meters (4:17.27) and placed fourth in 3,200 meters (9:27.80) at Drake Relays senior year... all-conference twice in cross country and once in basketball... other best time was 1:55.46 in 800 meters... coaches were Steve Becker and John Kohlstedt... Personal -- born July 10, 1985... son of Ron and Barb Berns... pre-medicine major.

Bern's Collegiate Bests					
Event	Time	Meet	Date 2/12/05		
Mile (I)	4:12.55	at Iowa State Classic			



2005 -- Indoor - leads team in 60 meters (6.81)... that time ranks second in the Big Ten and third on Iowa's all-time best performers list... won 60 meters at Panther Classic (6.83) and placed second at Hawkeye Open (6.81)... 2004 -- Indoor - led team in 60 meters (6.84)... placed eighth in 60 meters at Big Ten Championships (6.98)... won 60 meters at UNI Invite (6.87) and Hawkeye Invite (6.94), and placed third at Gold Country Classic (6.88)... tied for seventh in 200 meters (22.64) at UNI Invite... Outdoor - did not compete... 2003 -- Indoor -- placed sixth in 60 meters (6.91) at Big Ten Championships, running a season-best 6.84 in prelims... won 60 meters (6.89) at Iowa Open... led team in that event... Outdoor - ran on 400-meter relays at Mt. SAC and Drake Relays before sustaining season-ending injury...





letterwinner... **2001** -- competed at Long Beach City College... won conference 100 meters (10.33), placing third at ARC with a collegiate-best 10.32... best 200-meter time was 21.43... **High School** -- won section title junior year... all-city in track and football... best times were 10.42 in 100 meters and 21.66 in 200 meters... lettered three years in football and two in basketball... led football team in rushing yards (283) senior year... track coach was Rocky Evans... **Personal** -- born May 3, 1982... son of Bernard Burks and Ruby J. Burks... political science major.

Burks' Collegiate Bests				
Event	Time	Meet	Date	
60 meters (I)	6.81	Hawkeye Open	2/18/05	
200 meters (I)	22.64	at UNI Invite	1/31/04	



2005 -- Indoor - leads team in 200 meters (21.82)... that time ranks 14th in the Big Ten... ran lead leg on team-leading 1,600meter relay (3:16.95)... won 60 meters (6.97) and 200 meters (22.09) at Gold Country Classic... won 200 meters at Hawkeye Open (21.82) and placed second at Panther Classic (21.84) and Carle/Health Alliance Classic (21.97)... 2004 -- Indoor - led team in 200 meters (21.39)... ran anchor leg on team-leading 1,600meter relay (3:13.81)... placed seventh in 200 meters (21.79) and ran lead leg on 1,600-meter relay that placed fifth (3:18.42) at Big Ten Championships... ran collegiate-best 60 meters (6.90) at Big Tens and NCAA Qualifier and 400 meters (50.04) at Iowa Open... best 60 meters ranks sixth and best 200 meters ranks fifth on Iowa's all-time bests list... Outdoor - ran second leg on 1,600meter relay that qualified for regional meet in 3:08.90 at Drake Relays... led team in 100 (10.62) and 200 meters (21.29)... ran on team-leading 400 and 1,600-meter relays... won 200 meters with a collegiate-best 21.29 and placed second in 100 meters (10.67) at UNI Twilight... placed ninth in 100 meters (11.18) and ran second leg on 1,600-meter relay that placed eighth (3:16.88) at Big Ten Championships... ran third leg on relay that placed 10th at NCAA Midwest Regional (3:12.82)... letterwinner... 2003 -- Indoor placed ninth in 200 meters (22.22) at Big Ten Championships and third (21.94) at Panther Classic... ran season-best 6.97 in Big Ten 60-meter semifinals... led team in 200 meters... Outdoor - ran lead leg on 1,600-meter relay that qualified for NCAA regional in 3:10.69 at Drake Relays... ran anchor leg on relay that placed 14th in 3:10.54 at NCAA Midwest Regional... placed ninth in 100 meters (10.81) at Big Ten Championships... ran second leg on 400 and 1,600-meter relays that placed seventh (41.36)

and fifth (3:13.00), respectively, at Big Ten meet... runner-up in 200 meters (21.56) at Iowa Musco Twilight V... ran lead leg on sprint medley relay that placed 10th (2:32.55) at Drake Relays... letterwinner... 2002 -- Indoor - did not compete... Outdoor - placed second in 100 (10.92) and third in 200 meters (21.46) at UNI Open... ran anchor leg on 400 and 1,600-meter relays that provisionally qualified for NCAA Championships... ran lead leg on 1,600-meter relay (3:09.51) that placed third and anchor leg on 400-meter relay (40.45) that placed fifth at Big Ten Championships... letterwinner... 2001 -- competed for Carthage College in Kenosha, WI... earned all-America status as member of 1,600-meter relay... won conference outdoor titles in 100 and 200 meters... all-conference selection during indoor and outdoor seasons... set school record in indoor 200 meters (21.96)... other best time was 10.84 in 100 meters... High School -- three-time all-state and 10-time all-conference... six-time conference champion... best times were 10.5 in 100 and 21.6 in 200 meters... set school record in 100 meters... team MVP and captain junior year... National Honor Society member... academic all-conference... lettered twice in football... track coach was Dom Canada... **Personal --** born May 2, 1982... son of Jerry and Carey Digney... physical therapy major.

Digney's Collegiate Bests				
Event	Time	Meet	Date	
60 meters (I)	6.90	at Big Ten Championships	2/28/04	
		at NCAA Qualifier	3/6/04	
100 meters (0)	10.62	at Missouri Relays	4/3/04	
200 meters (0)	21.29	at UNI Twilight	4/17/04	
400 meters (I)	50.04	Iowa Open	2/20/04	



2005 -- Indoor - leads team in long jump (22-9 3/4) and triple jump (47-9)... won long jump with a collegiate-best 22-9 3/4 at Gold Country Classic... won long jump (22-4 1/4) and placed second in triple jump (46-10 1/4) at Hawkeye Open... runner-up in triple jump at Iowa Open (46-1 1/2) and Carle/Health Alliance Classic (47-9)... his collegiate-best triple jump (47-9) ranks ranks sixth on Iowa's all-time best performers list... his best marks rank ninth in the Big Ten... High School -- long jump state champion as a senior, placing second in triple jump and high jump... scoring 26 team points at state meet for his team that won state title senior year... won triple jump at state meet junior year, placing sixth in long jump and high jump... two-time track and field athlete of the year... set school records





in long jump (24-1) and triple jump (50-2)... best mark in high jump was 6-6... won long jump, triple jump and high jump at Bob Hayes Relays, earning outstanding athlete honors, senior year... also named outstanding male athlete at Steak and Shake Relays senior year... lettered four-years in football at receiver, running back, punter and safety... first team all-area punter... coach was Ron Norris... **Personal --** born February 19, 1986... son of Tim and Janet Gorman... open major.

Gorman's Collegiate Bests

 Event
 Distance
 Meet
 Date

 Long Jump (I)
 22-9 3/4 (6.95)
 at Gold Country Classic 1/22/05

 Triple Jump (I)
 47-9 (14.55)
 at C/H Alliance Classic 1/29/05

 High Jump (I)
 6-2 3/4 (1.90)
 at Gold Country Classic 1/22/05



2005 -- Indoor - provisionally qualified for NCAA Championships in weight throw four times, leading team in that event... threw collegiate-best 65-11 3/4 in weight throw at Iowa State Classic, which ranks third on Iowa's all-time best performers list... his best mark ranks fourth in the Big Ten and 21st in the nation... won weight throw at Iowa Open (65-1 1/4), Gold Country Classic (63-4 1/4) and Hawkeye Open (64-6) and placed second at Carle/Health Alliance Classic (61-9 1/2)... 2004 -- Indoor - redshirted... Outdoor - all-American in hammer throw... placed 10th in hammer throw (206-9) at NCAA Championships after throwing a collegiate-best 208-11 in prelims... that mark ranks third on Iowa's all-time bests list... won hammer at UNI Twilight (202-9), placed second at Drake Relays (206-7), Iowa Musco Twilight VI (200-5) and Missouri Relays (198-4), and fifth at Big Ten Championships (196-4)... placed 11th in hammer (192-0) at NCAA Midwest Regional meet... academic all-Big Ten... letterwinner... 2003 -- Indoor - led team in weight throw with the winning 59-5 3/4 he threw at Iowa Open... placed 11th in weight throw at Big Ten Championships (58-5 3/4) ... also placed third in weight throw at Hawkeye Invite (56-7 1/4), fifth at Gold Country Classic (55-11 1/4), sixth at Panther Classic (55-7 1/2) and 12th at Iowa State Classic (57-3 1/2)... threw collegiate-best shot put at Panther Classic (50-0 3/4)... also placed second in shot at Iowa Open (47-1 3/4), third at Gold Country Classic (48-10 3/4) and seventh at Hawkeye Invite (47-11 1/4)... Outdoor - qualified for NCAA regional in hammer throw four times... placed seventh in hammer throw with a season-best 196-0 at Big Ten Championships... placed second in hammer at KT Woodman Classic (184-3), 10th at NCAA Midwest Regional (190-5), 12th

at Texas Relays (181-7) and 16th at Drake Relays (177-6)... led team in shot put and hammer... letterwinner... placed third in hammer throw (212-2) throwing a six-kilo implement at USA Track and Field Junior Championships, earning Verizon Junior all-America honors... **High School --** four-time high school all-American... won national hammer throw and state shot put (56-2 1/2)... set state record in shot put (60-1 1/2) and school records in discus (175-1) and shot put (60-1 1/2)... two-time team captain and MVP... named 2002 Verizon Junior all-American for placing third in hammer throw with six kilogram ball (205-10) at Junior National Championships... other best marks were 212-11 in hammer throw and 74-11 in weight throw... National Honor Society member... coach was Dee Blanchard... **Personal --** born March 30, 1984... son of George and Leann Hamilton... exercise science major.

Hamilton's Collegiate Bests				
Event	Distance	Meet	Date	
Wt. Throw (I)	65-11 3/4 (20.11)	at Iowa State Classic	2/12/05	
Shot Put (I)	50-0 3/4 (15.26)	at Panther Classic	2/1/03	
Hammer (0)	208-11 (63.68)	at NCAA Champ's	6/10/04	



DAN HAUT DISTANCE

6-2, 140, Junior Lockport, IL Lockport Township

2005 -- Indoor - leads team in 3,000 meters (8:11.36) and two miles (9:07.91)... placed seventh with collegiate-best 3,000 meters (8:11.36) at Iowa State Classic, which ranks second on Iowa's all-time best performers list... that time ranks 17th in the Big Ten... won two miles (9:07.91) at Iowa Open and placed second in 3,000 meters (8:20.97) at Carle-Health Alliance Classic... 2004 -- Indoor - ran season-best 3,000 meters (8:54.95) at Iowa State Classic... Outdoor - ran collegiate-best 10,000 meters (31:03.98) for 20th place at Big Ten Championships... that time ranks 10th on Iowa's all-time bests list... set track record at UNI Twilight with his winning 5,000-meter time of 15:03.29... placed third in 5,000 meters at Iowa Musco Twilight VI (14:42.58)... academic all-Big Ten... letterwinner... Cross Country - ran in all eight races... led team in 10,000 meters (30:55.16)... first Hawkeye to cross finish line at NCAA Midwest Regional (30:55.16), placing 10th... all-region selection... placed 33rd at Murray Keatinge Invite (25:51.00), 39th at Big Ten Championships (25:13) and 152nd at NCAA Championships (33:30)... placed third at Hawkeye Invite (18:50) and fifth at Hawkeye Triangular (25:23)... academic all-Big Ten... letterwinner... 2003 -- Indoor - placed 14th in 5,000 meters with a time of 14:43.38 in collegiate debut at Iowa State Classic, which ranks seventh on Iowa's all-time list... Outdoor





- did not compete... Cross Country - redshirted... 2002 -- Track - redshirted... ran 8:33.66 in 3,000 meters at Iowa State Classic while competing unattached... Cross Country - placed 25th (30:39.41) at NCAA Midwest Regional, earning all-region honors... placed 132nd at NCAA Championships (31:47.0), 65th (25:45.1) at Big Ten Championships and seventh (25:43) at Iowa State Open... academic all-Big Ten... letterwinner... 2001 -- Cross Country - placed 37th at Big Ten Championships with a collegiate-best 8,000-meter time of 24:49.6... placed 30th (31:39.9) at NCAA Midwest Regional... placed 15th (25:50.00) at Purdue Open, 34th (25:06) at Illini Invite and 86th (25:46) at Furman Invite... High **School --** cross country state, regional and sectional champion senior year... placed fifth in 3,200 meters with a Collegiatebest 9:19 at state track meet... two-time all-state in cross country and track, three-time all-conference in cross country... Collegiate-bests were 4:30 in 1,600 meters and 14:12 in cross country... 3,200-meter conference champion senior year after placing second twice... two-time runner-up at conference cross country meet... set school record in indoor 3,200 meters (9:21)... named Illinois state scholar and science student of the year as a senior... National Honor Society member and four-year honor roll student... coach was Tom Razo... **Personal --** born November 3, 1982... son of Gary and Amy Haut... finance major.

Haut's Collegiate Bests				
Event	Time	Meet	Date	
3,000 meters (I)	8:11.36	at ISU Classic	2/12/05	
Two miles (I)	9:07.91	Iowa Open	1/15/05	
5,000 meters (I)	14:43.48	at ISU Classic	2/14/03	
Five miles (CC)	25:51.00	at Murray Keating Ir	ıv. 10/2/04	
6,000 meters (CC)	18:50	Hawkeye Invite	9/3/04	
8,000 meters (CC)	24:49.6	at Big Ten Champ's	10/28/01	
10,000 meters (0)	31:03.98	at Big Ten Champ's	5/14/04	
10,000 meters (CC)	30:39.41	at NCAA Regional	11/16/02	



Iowa Item -- his collegiate-best outdoor shot put of 62-1 3/4 meets the 2004 U.S. Olympic Trials "B" standard... **2005 -- Indoor** - provisionally qualified for NCAA Championships in shot put at Hawkeye Open (58-8 1/2)... that mark ranks fifth in the Big Ten and 24th in the nation... won shot put (57-5 1/2) at Iowa Open... placed second in shot put at Gold Country Classic (57-9 1/2) and Hawkeye Open (58-8 1/2) and third at Carle/Health Alliance Classic (56-10)... **2004 -- Indoor -** provisionally qualified

for NCAA Championships in shot put with a season-best 60-0 1/2 at Big Ten Championships for sixth place... that mark ranks third on Iowa's all-time best performers list... led team in that event... won shot at Hawkeye Invite (58-10 3/4) and Iowa Open (58-9 1/2)... **Outdoor -** qualified for NCAA Championships in shot put, placing fourth with a throw of 61-4 1/4 at NCAA Midwest Regional... all-region selection, leading team in shot put... placed sixth in shot with a collegiate-best 62-1 3/4, which ranks second on Iowa's all-time bests list, at Big Ten Championships... that mark also met the U.S. Olympic Trials "B" standard... won shot at Drake Relays (59-11 1/4), placed second at Iowa Musco Twilight VI (60-8)... placed 15th in shot (59-5 1/2) at NCAA Championships... letterwinner... 2003 -- Indoor - provisionally qualified for NCAA Championships in shot put each time he threw it... won shot put at Hawkeye Invite (58-3), Gold Country Classic (58-4 3/4) and Iowa Open (58-11 1/2)... also placed second in shot put at Panther Classic (58-3) and fourth (58-4) at Iowa State Classic... led team in shot put... Outdoor - redshirted... 2002 -- Indoor - redshirted... Outdoor - threw season-bests in shot put (59-10 1/2) and discus (154-6) at Iowa Musco Twilight IV... placed seventh in shot put (55-8 1/2) and 11th (153-6) in discus at Big Ten Championships... led team in shot put, provisionally qualifying for NCAA Championships... placed fourth in shot (57-9 3/4) at Drake Relays and fifth (58-1 3/4) at Mt. SAC Relays ... letterwinner... 2001 -- Indoor - placed eighth in shot put (56-6) at Big Ten Championships... Outdoor - placed fourth in shot put USATF Junior Nationals... ranked in the top 10 in shot in the world in the under-age 19 category... placed seventh in shot (55-0 1/4) at Big Ten Championships... won shot at UNI Open (57-0 3/4) and Indiana Quad (57-8 1/2)... runner-up in shot with a NCAA provisionally qualifying mark of 58-9 1/4 at Iowa Twilight... letterwinner... **High School --** two-time *Track & Field* News all-American... state and sectional champion in shot and runner-up in discus at state meet... placed third in shot at state meet as a junior... three-time indoor and outdoor conference shot champion... set indoor state record in shot put (60-2)... placed third in shot (63-10) at Golden West Invite... best throws were 63-10 in shot and 183-0 in discus... team captain, all-state and named conference Defensive Player of the Year in football... coach was Jim Aikens... Personal -- born April 16, 1982... son of Joe and Karen Kemeny... science education major.

Kemeny's Collegiate Bests				
Event	Distance	Meet	Date	
Shot (0)	62-1 3/4 (18.94)	at Big Ten Champ's	5/16/04	
Discus (0)	171-6 (52.28)	at Olympic Trials L. Chance	6/24/04	







SHANE MAIER
THROWS

6-2, 260, Sophomore Storm Lake, IA Storm Lake

2005 -- Indoor - provisionally qualified for NCAA Championships in shot put at Iowa State Classic (58-6 1/2)... that collegiate-best mark ranks seventh in the Big Ten, 35th in the nation and sixth on Iowa's all-time best performers list... placed third in shot put at Iowa Open (56-4 1/2), Gold Country Classic (55-0 1/4), Panther Classic (57-1 1/2) and Hawkeye Open (57-3)... 2004 -- Indoor - redshirted... Outdoor - qualified for regional meet in shot put twice... threw season-best 55-2 1/4 in shot for 10th place at Big Ten Championships, which ranks 10th on Iowa's alltime best performers list... threw collegiate-best discus (143-1) at Missouri Relays... placed 11th in shot at Drake Relays (54-0) and 15th at regional meet (54-2)... letterwinner... High School -- two time state shot put champion, winning two titles in that event at Drake Relays and Midwest High School meet... two-time elite all-state in track, captaining shot put team as a senior... three-time conference shot champion, winning conference discus title senior year... set conference (60-8 3/4) and school (63-2) shot records ... his best shot put (63-2) ranked him fourth in the nation indoors in 2003... went undefeated in dual meets as a sophomore, junior and senior, and undefeated in all meets as a junior and senior... placed third in discus at state meet (168-11) and fourth at Drake Relays senior year... named Storm Lake's Most Valuable Field Event Athlete senior year after scoring most team points that season... named Boy's Division Outstanding Athlete at 2003 Sioux City Relays... track team won state title junior year and four conference titles during his career... named Athlete of the Week by KAYL Radio, Sioux City Journal, and KMEG, KTIV and KCAU-TVs and Athlete of the Month by Local Sports Source and FOX Sports Radio (1470AM) senior year... lettered four years in track, two in football and one in all-male dance squad... first team all-conference and second team all-district in football senior year... track and football team captain senior year... coaches were Keven Besch and Jeff Brennen... Personal -- born May 18, 1984... son of Dan and Lynda Maier... exercise science major.

Maier's	Collen	iste R	pete
	יידווותי	ппил	1417

Event	Distance	Meet	Date
Discus (0)	143-1 (43.61)	at Missouri Relays	4/3/04
Shot Put (0)	58-6 1/2 (17.84)	at Iowa State Classic	2/12/05



CHRIS VOLLER
THROWS

6-2, 240, Senior Naperville, IL Central

2005 -- Indoor - provisionally qualified for NCAA Championships in weight throw with a collegiate-best 62-10 3/4 at Gold Country Classic... that mark ranks seventh in the Big Ten, 39th in the country and fifth on Iowa's all-time best performers list... runnerup in weight throw at Iowa Open (62-2 1/4), Gold Country Classic (62-10 3/4) and Hawkeye Open (63-4), and placed third at Carle/ Health Alliance Classic (60-8 1/2)... 2004 -- Indoor - placed 13th (57-7 1/2) in weight throw at Big Ten Championships... threw collegiate-best 57-10 1/2 in weight at UNI Invitational for third place, which ranks seventh on Iowa's all-time bests list... placed fourth in weight throw (57-0 1/4) at Iowa Open, fourth (56-7 1/4) at Hawkeye Invitational... Outdoor - placed seventh in hammer throw with a collegiate-best 196-7 at NCAA Midwest Regional, earning all-region honors... that mark ranks sixth on Iowa's all-time bests list... placed second in hammer at UNI, third at Sea Ray Relays (195-8), fifth at Missouri Relays (181-10) and ninth at Big Ten Championships (189-0)... letterwinner... 2003 -- Indoor - placed 15th in weight throw (56-9 1/4) at Big Ten Championships and third at Iowa Open (56-0 1/2)... Outdoor placed eighth in hammer (194-5) at Big Ten Championships... won hammer (190-11) at UNI Twilight, Western Michigan Invite (186-5) and KT Woodman Classic (185-4)... placed third in hammer at Iowa Musco Twilight V (187-5), eighth (192-2) at NCAA Midwest Regional, ninth at Drake Relays (187-2) and 11th at Texas Relays (183-10)... all-region selection in hammer... letterwinner... 2002 -- Indoor - threw season-best 55-3 for eighth place in weight throw at Gold Country Classic, which ranks seventh in school history... placed third in weight throw at Iowa Open (53-5 3/4) and ninth at Hawkeye Invite (54-6 1/2)... Outdoor - placed seventh (186-1) in hammer throw at Big Ten meet, eighth at Iowa Musco Twilight IV (184-4) and fourth at UNI Open (179-1)... letterwinner... 2001 -- redshirted... High School -- all-conference and all-state senior year... discus conference champion, placing ninth at state meet... best throws were 169-9 in discus and 54-4 in shot put... team captain as a senior... scored most team points senior year... two-time track letterwinner... coach was Jim Moody... Personal -- born May 25, 1982... son of Jack and Bonnie Voller... communication studies major.

Voller's Collegiate Bests

 Event
 Distance
 Meet
 Date

 Wt. Throw (I) 62-10 3/4 (19.17) at Gold Country Classic Hammer (0) 196-7 (59.91) at NCAA Regional 5/28/04
 1/22/05



