

IOWA FIELD HOCKEY



VCU & Stanford
Iowa City, IA



2009 SCHEDULE

(1-3, 0-0)

8/29..... #2 Wake Forest ^ L, 2-3
 8/30..... #4 North Carolina ^ L, 0-5
 9/5..... at #17 Massachusetts L, 3-4
 9/7 Boston (N) W, 3-1
 9/11..... Virginia Commonwealth 7 pm
 9/13..... Stanford 7 pm
 9/19..... Saint Louis 1 pm
 9/25..... at #19 Michigan*! 2 pm
 10/2..... Indiana* 5 pm
 10/4..... California 2 pm
 10/11... at #18 Ohio State* noon
 10/16... #8 Michigan State* 4 pm
 10/18... #11 Penn State*! 1 pm
 10/23... at Northwestern* 3 pm
 10/25... #13 Louisville 1 pm
 10/30... #12 James Madison (N) 1 pm
 10/31... at #14 American University noon

11/5-8.. Big Ten Tournament (East Lansing)

11/14-15 at NCAA (1st & 2nd Rds.)

11/20-22 at NCAA (Final Four)

All games listed are central time
 N=Neutral

^ Big Ten/ACC Challenge

* Big Ten Conference Games

! Televised by Big Ten Network

ROSTER

No.	Name	Pos.	Yr.	Hometown/High School
1	Geena Lesiak	MF	Fr.	Voorhees, NJ/Eastern Regional
4	Becca Spengler	F/MF	So.	Lititz, PA/Warwick
5	Sarah Drake	MF	Fr.	Ann Arbor, MI/Pioneer
8	Jessica Barnett	B	Fr.	North Vancouver, CN/Handsworth Secondary
13	Jess Werley	MF/F	Sr.	Allentown, PA/Emmaus
15	Meghan Beamesderfer	B/MF	Sr.	Lititz, PA/Warwick
16	Sarah Pedrick	B/MF	Fr.	New Castle, DE/Archmere Academy
19	Grace Dolfi	MF	Fr.	Chapel Hill, NC/East Chapel Hill
20	Hailey Chadbourne	F	Fr.	Pittston, ME/Gardiner Area
21	Tricia Dean	MF	Sr.	Bear, DE/William Penn
22	Sarah Pergine	F	Jr.	Collegeville, PA/Perkiomen Valley
24	Chelsea Miller	B/MF	Jr.	Dallas, TX/Hockaday School
25	Leslie Pyle	B	So.	Lafayette Hill, PA/Plymouth Whitemarsh
28	Kelsey Boyce	GK	Fr.	Califon, NJ/Voorhees
31	Kathleen McGraw	GK	Fr.	Atherton, CA/Saint Francis
32	Tori Garifo	GK	So.	Red Lion, PA/Red Lion

Head Coach: Tracey Griesbaum

Associate Head Coach: Lisa Cellucci

Assistant Coach: Caroline Blaum

Volunteer Assistant Coach: Lauren Pfeiffer

PRESEASON NFCA RANKINGS

No.	Team	Points
1.	Maryland (24)	573
2.	Wake Forest*	513
3.	Syracuse	464
4.	North Carolina* (2)	440
5.	Connecticut	402
6.	Virginia (2)	387
7.	Princeton (1)	379
8.	Michigan State*	354
9.	IOWA	329
10.	Duke	323
11.	Penn State*	306
12.	James Madison*	247
13.	Louisville*	230
14.	American*	140
14.	Boston College	140
16.	Old Dominion	128
17.	Massachusetts*	126
18.	Ohio State*	122
19.	Michigan*	121
20.	Providence College	57

* - 2009 Opponents

THIS WEEK

The University of Iowa field hockey team (1-3) returns to Iowa City this weekend. Iowa, the defending three-time Big Ten Tournament champion and 2008 NCAA Final Four participant, will host Virginia Commonwealth and Stanford.

The Black and Gold, ranked ninth nationally, will play Virginia Commonwealth Friday at 7 p.m. The Hawkeyes will then face Stanford Sunday at 7 p.m. In addition, Virginia Commonwealth and Stanford will square off Saturday at 7 p.m. All games will be played at Grant Field. Admission is free.

A LOOK AT VCU

Virginia Commonwealth is 3-0 on the season. They have defeated Miami University, Saint Joseph's and Penn. The Rams return six starters and 11 letterwinners from a team that finished 5-14 overall last year and 1-7 in Colonial Athletic Association play.

They are led by third-year Head Coach Kelly McQuade. She is 13-27 all time at the helm of the program.

**IOWA HAWKEYE
FIELD HOCKEY**

THIS WEEK IN BIG TEN

Thursday	Stanford at Northwestern
Friday	Ohio at Ohio State VCU at IOWA
Saturday	Penn State at Maryland Connecticut. at Michigan N'western vs C. Michigan Mich. State vs Old Dominion Indiana at Davidson
Sunday	Stanford at IOWA American vs. Penn State Ball State at Michigan Michigan St. at Syracuse Northwestern at Miami U. Indiana at Wake Forest

SPORTS INFORMATION

Patrick Sojka Field Hockey Contact

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IOWA ON THE WEB

The media and public can find a valuable and timely source of information about Iowa athletics on the world wide web. The address for the Iowa site is:



MEDIA INFORMATION

PRACTICE ATTENDANCE - All practices are open to the media, and interviews may be conducted 15 minutes prior to or at the completion of practice. However, media must inform Patrick Sojka of their intention to attend practice. The Hawkeyes practice daily from 2:30-5:00 p.m. at Grant Field.

PLAYER INTERVIEWS - All player interviews are coordinated through Patrick of the sports information office. Please contact Patrick (319-335-9411) so that he may set a time which does not interfere with the student-athlete's academic or practice schedules.

A LOOK AT STANFORD

Stanford is receiving votes in the NFHCA preseason rankings. They are 3-0 on the season. They have defeated Missouri State, Northeastern and Kent State.

The Cardinal returns nine starters and 15 letterwinners from last year's squad that finished 9-11 overall and 4-2 in NorPac conference play. Stanford is coached by former Hawkeye Lesley Irvine. In six years at the helm of the program, she is 52-68.

THE LAST TIME

The Hawkeyes have not faced VCU since 1994, winning 4-3. Iowa won at Stanford last season, 3-2. The victory marked the 100th career win at Iowa for Head Coach Tracey Griesbaum. The Black and Gold are 2-0 all-time against VCU and 12-2 against the Cardinal.

FRESHMEN SEE ACTION

Seven freshmen have seen action this season for the Hawkeyes. Geena Lesiak, Sarah Drake, Jess Barnett, Grace Dolfi, Hailey Chadbourne, Sarah Pedrick and Kathleen McGraw all saw game action.

Lesiak recorded her first career goal Aug. 30 against Wake Forest. Additionally, McGraw saw her first career game action in goal Aug. 31 against North Carolina, playing the second half. McGraw recorded her first career win Sunday against Boston. Drake leads the Black and Gold in goals scored (3). She recorded her first career goals with two Saturday at UMass and added another Sunday against the Terriers. She was named Big Ten Freshman of the Week for her efforts.

IN THE RANKINGS

The Hawkeyes are ranked ninth in the preseason NFHCA rankings. Iowa will play ten of the NFHCA top 20 this season. In addition, the Hawkeyes will play five of the teams receiving votes in the latest poll.

The Big Ten Conference currently has five teams ranked in the top 20. Michigan State sits at eighth in the latest rankings. Joining the Spartans are the Hawkeyes (No. 9), Penn State (No. 11), Ohio State (No. 18) and Michigan (No. 19). All Big Ten teams are at least receiving votes as both Northwestern and Indiana received votes.

The Hawkeyes have been ranked in the top 20 of the NFHCA Division I Coaches Poll for 21 straight weeks dating back to 2006. The Hawkeyes have yet to fall out of the top 10 of the poll since the start of 2007.

2008 - A YEAR TO REMEMBER

Iowa had quite the season in 2008, finishing 18-5 overall and 4-2 in Big Ten play. The Hawkeyes won their third-straight Big Ten Tournament Championship, reached their 20th NCAA Tournament in program history and advanced to the NCAA Final Four for the 11th time in program history.

The Black and Gold defeated nine nationally-ranked opponents during the season and Head Coach Tracey Griesbaum was named NFHCA West Region Coach of the Year.

Five Hawkeyes were named all-Big Ten. Lauren Pfeiffer, Roz Ellis and Caroline Blaum were all named to the first team. Meghan Beamesderfer and Lissa Munley were named to the second team.

Pfeiffer and Tricia Dean were each named to the Big Ten Tournament Team, as Pfeiffer took MVP honors.

Six Hawkeyes were named West Region all-Americans. First team honorees included Blaum, Ellis, Munley, Pfeiffer and Beamesderfer. Katie Naughton was named to the second team.

Pfeiffer and Ellis were named to the NCAA Tournament all-tournament team for their efforts in Iowa's run to the Final Four.

Additionally, three Hawkeyes garnered national all-American honors. Blaum, now an assistant coach on the Iowa staff, and Pfeiffer, now a volunteer coach at Iowa, were named to the first team. Ellis was named to the second team. Pfeiffer also won the Big Ten Medal of Honor and was named a finalist for the Honda Award.

HAWKEYES ON THE BIG TEN NETWORK

The Iowa field hockey team appeared on the Big Ten Network more than any other conference school last season - six times.

Iowa's games at Michigan and against Penn State will both be televised by the Big Ten Network this season. Both games will be shown on a tape-delayed basis in Big Ten Network (HD).

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