

THE UNIVERSITY OF IOWA



HAWKEYE TRACK & FIELD



TRACK AND FIELD CONTACT: JORDAN BUCHER

MAY 23, 2016

2016 IOWA TRACK & FIELD OUTDOOR SCHEDULE

Date	Meet
March 18-19	Baldy Castillo <i>(Tempe, Arizona)</i>
April 1-2	Stanford Invite <i>(Palo Alto, California)</i> Florida Relays <i>(Gainesville, Florida)</i>
April 8-9	Jim Click Shootout <i>(Tucson, Arizona)</i>
April 15-16	Jim Duncan Invitational <i>(Des Moines, Iowa)</i>
April 16	Texas Invitational <i>(Austin, Texas)</i>
April 23	Musco Twilight <i>(Iowa City, Iowa)</i>
April 28-30	Drake Relays <i>(Des Moines, Iowa)</i>
May 13-15	Big Ten Championships <i>(Lincoln, Nebraska)</i>
May 26-28	NCAA First Round <i>(Lawrence, Kansas)</i>
June 8-11	NCAA Championships <i>(Eugene, Oregon)</i>

IOWA COACHING STAFF

Joey Woody	Director of Track & Field
Layne Anderson ..	Head Cross Country Coach
Clive Roberts	Associate Head Coach
Jason Wakenight	Assistant Coach Director of Recruiting
Andrew Dubs	Assistant Coach
Molly Jones	Assistant Coach
Kate See	Director of Operations

NCAA OUTDOOR CHAMPIONSHIPS

The University of Iowa track and field team travels to Lawrence, Kansas, this week to compete at the NCAA Division I Track and Field Championships. The West preliminary round begins Thursday at 12 p.m. (CT) at Rock Chalk Park on the campus of Kansas University. The three-day event concludes Saturday at 9:45 p.m.

LIVE RESULTS

Live results will be available on the track and field schedule page on hawkeyesports.com. Follow @IowaXC_TF on Twitter for updates and relevant statistics on the team throughout the weekend. A live video stream is available at the championships central page at kuathletics.com. A direct link to that page is available on the Iowa track and field schedule page at hawkeyesports.com.

FROM KANSAS TO OREGON

Athletes who rank among the top 48 in their respective event earn berths into the NCAA Preliminary Rounds. The best 24 relay times also advance to NCAA Regional.

The top 12 individuals or relays from the West Regional move on to the NCAA Championships final round in Eugene, Oregon, from June 8-11. The 12 qualifying individuals and teams from the West Region will meet the 12 qualifying individuals and teams from the East Region (Jacksonville, Florida) to form the final 24-team/individual field.

On paper, the Hawkeyes have eight individuals and four relay teams seeded in the top 12 in the West Region.

HAWKEYE QUALIFIERS

The Hawkeye men are represented by a total of 15 student-athletes competing in 17 individual events and two relays. The men are seeded 12th or higher in seven events. Redshirt freshman Reno Tuufuli is the highest seeded individual. The Big Ten runner-up is the No. 2 seed in the discus. Returning All-American and reigning Big Ten champion Aaron Mallett is the No. 3 seed in the 110-meter hurdles.

Ten Hawkeye women qualified for 11 individual events and two relays. Elexis Guster, an All-American last season, is the No. 6 seed in the 400 meters, and MonTayla Holder, an All-American in 2014, is the No. 8 seed in the 400-meter hurdles. Big Ten champion Briana Guillory is making her NCAA debut as the No. 20 seed in the 200 meters.

The men's 400-meter relay has advanced to the NCAA finals the last two years and is seeded sixth. The men's 1,600-meter relay is the eighth seed. The women's Big Ten champion and school record-setting 1,600-meter relay is seeded fifth, while the 400-meter relay is the seventh seed.

POSTSEASON HONORS

The Big Ten Conference named freshman Briana Guillory 2016 Track and Field Freshman of the Year following the outdoor conference championships on May 17. The Antioch, California, native won a pair of gold medals at the Big Ten Championships, first in the open 200 meters and later as a member of the conference and school record-setting 1,600-meter relay.

Guillory is the first Hawkeye to earn Freshman of the Year honors since Peaches Roach in 2004.

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Guillory was also one of 10 Hawkeyes named to an All-Big Ten team. She is joined on the first team by relay members Alexis Hernandez, MonTayla Holder, and Elexis Guster. The Iowa men's 400-meter relay -- including 110-meter hurdle champion Aaron Mallett, Vinnie Saucer, Jr., Christian Brissett, and James Harrington -- also earned first-team honors. They are joined by men's high jump champion Kevin Spejcher.

Redshirt freshman Reno Tuufuli placed second in the men's discus to earn second-team all-conference honors.

SCHOOL RECORDS

The Hawkeyes set four school records heading into the NCAA Championships. The Iowa women have three new record holders, including freshman Briana Guillory (100 meters, 11.35), the 400-meter relay (44.04) and 1,600-meter relay (3:31.22). The 1,600-meter relay broke the school and Big Ten Conference record in their gold medal race at the conference championships on May 15.

William Dougherty set the men's decathlon record (7,311 points) at the Big Ten Championships. Dougherty set eight personal bests to finish fifth in the Big Ten, the highest finish ever for a Hawkeye decathlete. Dougherty is ranked 27th nationally, three spots outside of automatically qualifying for the NCAA finals in Eugene, Oregon.

NCAA ROOKIES

Nearly half of Iowa's 25 qualifiers are making their NCAA Championships debuts. Twelve Hawkeyes -- three women and nine men -- are appearing in the NCAA Championships for the first time. That list includes freshmen Taylor Chapman (100m), Briana Guillory (200m), Christian Brissett (100m, 200m), Chris Douglas (110m hurdles), DeJuan Frye (400m), Mar'yea Harris (400m), and Pavlo Hutsalyuk (800m). Redshirt freshmen Noah Larrison (400m hurdles) and Reno Tuufuli (discus, shot put), sophomore Alex Balke (javelin), and juniors Madison Rouw (high jump) and Avery Meyers (shot put) are also making their NCAA debuts.

HOLDER, KWAZA BACK FOR FOURTHS

Seniors MonTayla Holder and Lake Kwaza are competing at their fourth NCAA Outdoor Championships. Kwaza is racing the 200 meters for the second time in as many years. She placed 15th in 2015, three spots shy of qualifying for the NCAA final site in Eugene. She advanced to the final site in 2014 as a member of the 400-meter relay. In 2013, she placed 20th at the West Regional in the 100 meters.

Holder was also a member of the 400-meter relay that earned second-team All-America honors in 2014. That is her only NCAA

2016 MEN'S OUTDOOR SEASON BESTS

Event	Name	Mark
100 Meters	James Harrington	10.31
110-M Hurdles	Aaron Mallett	13.48
200 Meters	James Harrington	20.57
400 Meters	DeJuan Frye	45.76
400-M Hurdles	Noah Larrison	50.94
800 Meters	Carter Lilly	1:47.32
1,500 Meters	Michael Melchert	3:48.35
3,000-M Steeple	Daniel Gardarsson	9:25.84
5,000 Meters	Kevin Docherty	14:37.15
10,000 Meters	Michael Melchert	30:10.32
400-M Relay	Saucer, Jr., Brissett, Harrington, Mallett	39.44
1,600-M Relay	Wolff, Harris, Lilly, Frye	3:05.72
High Jump	Kevin Spejcher	7-1 3/4 (2.18m)
Pole Vault	Andy Jastis	15-9 1/4 (4.81m)
Long Jump	Kerry Dean, Jr.	23-1 3/4 (7.05m)
Triple Jump	Kerry Dean, Jr.	48-3 1/2 (14.72m)
Shot Put	Reno Tuufuli	60-2 (18.34m)
Discus	Reno Tuufuli	199-2 (60.71m)
Javelin	Alex Balke	205-11 (62.77m)
Decathlon	William Dougherty	* 7,311 points

* - school record

MITCH WOLFF 2015 All-American 400m hurdles



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finals appearance. In 2015, she was one spot from advancing in the 400-meter hurdles, placing 13th at the West Regional. She is making her fourth NCAA appearance in the 400-meter hurdles. She placed 23rd in 2014 and 20th in 2013.

CRAMMING FOR FINALS

Seven Hawkeyes are aiming for a return trip to the NCAA final site in Eugene, Oregon.

Aaron Mallett was a first-team All-American in 2015, placing fifth in the 110-meter hurdles. He also ran the second leg of the men's 400-meter relay that placed 12th at the 2015 NCAA Championships. Vinnie Saucer, Jr. and James Harrington were also members of that relay.

Harrington is aiming for his third straight trip to Eugene as a member of the 400-meter relay. He ran the third leg on each of the last two qualifying teams. The trio is joined by freshman Christian Brissett in 2016 and is seeded No. 6 in the West Regional.

Junior Mitch Wolff, the No. 14 seed in the West Regional, is aiming for a return to Eugene in the 400-meter hurdles. Wolff earned second-team All-America honors last season.

Elexis Guster has advanced to Eugene in each of the last two seasons, first in 2014 as a member of the 400-meter relay, and then again last season in the 400 meters. In 2015, she placed 21st to earn honorable mention All-America. In 2014, Guster, MonTayla Holder, Lake Kwaza, and Brittany Brown placed 16th in the 400-meter relay to earn second-team All-America honors. Brown is not competing in the West Regional this season, but Guster, Holder, and Kwaza return with freshman Briana Guillory, the school's 100-meter record holder.

DOUBLE-DUTY

Freshman Christian Brissett, redshirt freshman Reno Tuufuli, and sophomore Jahisha Thomas all qualified for the NCAA West Regional in two individual events. Thomas is making her second straight NCAA appearance in the triple jump, but has added the long jump to her event list in 2016.

Brissett and Tuufuli are both NCAA rookies. Brissett is the No. 38 seed in the 100 meters and No. 20 seed in the 200 meters. Tuufuli is seeded No. 2 in the discus and No. 24 in the shot put.

The last Hawkeyes to qualify for the NCAA finals in two individual events was Zinnia Miller in 2014. Miller was a first-team All-American in the long jump and second-team All-American in the triple jump.

2016 WOMEN'S OUTDOOR SEASON BESTS

Event	Name	Mark
100 Meters	Briana Guillory	* 11.35
100-M Hurdles	Jahisha Thomas	13.67
200 Meters	Briana Guillory	22.95
400 Meters	Elexis Guster	51.85
400-M Hurdles	MonTayla Holder	56.70
800 Meters	Mahnee Watts	2:07.41
1,500 Meters	Tess Wilberding	4:30.75
400-M Relay	Kwaza, Guster, Guillory, Hernandez	* 44.04
1,600-M Relay	Hernandez, Guillory, Holder, Guster	* 3:31.22
High Jump	Madison Rouw	5-8 3/4 (1.75m)
	Khanishah Williams	5-8 3/4 (1.75m)
Pole Vault	Amy Smith	11-3 3/4 (3.54m)
Long Jump	Jahisha Thomas	19-11 (6.07m)
Triple Jump	Jahisha Thomas	42-3 1/2 (12.89m)
Javelin	Kayla Hochhalter	144-8 (44.90m)
Discus	Dakotah Goodell	161-6 (49.23m)
Hammer Throw	Leah Colbert	178-9 (54.49m)

* - school record

*MonTayla Holder
2014 All-American
400m hurdles, 4x1*



University of Iowa Track and Field

2016 NCAA Outdoor Championships

<<< 2016 Regional Rankings >>>

INDIVIDUALS

Women	Event	Time/Distance	Regional Ranking
Taylor Chapman, FR	100m	11.60	43
Briana Guillory, FR	200m	22.95	10
Elexis Guster, JR	400m	51.85	6
Alexis Hernandez, JR	400m	53.82	27
MonTayla Holder, SR	400mh	56.70	8
Lake Kwaza, SR	200m	23.17	16
Madison Rouw, JR	high jump	(1.75m)	36
Jahisha Thomas, SO	long jump	(6.07m)	29
Jahisha Thomas, SO	triple jump	42-3.5 (12.89m)	15
Mahnee Watts, JR	800m	2:07.41	33
Khanishah Williams, SR	high jump	(1.75m)	36

Men	Event	Time/Distance	Regional Ranking
Alex Balke, SO	javelin	(62.77m)	44
Christian Brissett, FR	100m	10.43	38
Christian Brissett, FR	200m	20.83	20
Chris Douglas, FR	110mh	14.23	39
DeJuan Frye, FR	400m	46.41	18
James Harrington, SR	200m	20.57	8
Mar'yea Harris, FR	400m	45.76	8
Pavlo Hutsalyuk, FR	800m	1:49.94	44
Noah Larrison, R-FR	400mh	50.94	13
Carter Lilly, SO	800m	1:47.32	9
Aaron Mallett, JR	110mh	13.48	3
Avery Meyers, JR	shot put	(17.63m)	43
Vinne Saucer, Jr., JR	100m	10.36	29
Kevin Spejcher, SR	high jump	7-1.75 (2.18m)	15
Reno Tuufuli, R-FR	discus	199-2 (60.71m)	2
Reno Tuufuli, R-FR	shot put	60-2 (18.34m)	24
Mitch Wolff, JR	400mh	50.96	14

RELAYS

Relay	Time	Regional Ranking
4X100 (Women)	44.04	7
4X400 (Women)	3:31.22	5
4X100 (Men)	39.44	6
4X400 (Men)	3:05.72	8

OUTDOOR ALL-TIME TOP 10 PERFORMERS



Jeremy Allen



Justin Austin



Matt Byers



Troy Doris



William Dougherty



Jeffery Herron



Gabe Hull

100 Meters

- Justin Austin, 201110.21
- George Page, 199610.25
- James Harrington, 2015 10.26**
- Anthuan Maybank, 199410.31
Tim Dwight, 199710.31
Josh Larney, 201310.31
- Vinnie Saucer, Jr., 2015 10.31**
- Bob Lawson, 197610.36
- Robert Smith, 198410.39
- Curtis Chang, 198710.40

110-Meter High Hurdles

- Aaron Mallett, 2015..... 13.40**
- Pat McGhee, 1989.....13.50
- Dion Trowers, 199613.62
- Ronnie McCoy, 1985.....13.66
- Ethan Holmes, 201113.73
- Jordan Mullen, 2013.....13.76
- James Armstrong, 1991.....13.89
- Dan Davis, 2012.....14.01
- Doug Jones, 198614.06
- Chris Douglas, 2016 14.23**

200 Meters

- Justin Austin, 201120.31
- Jeff Patrick, 198320.47
- James Harrington, 2015 20.50**
- Anthuan Maybank, 199420.55
- Andre Morris, 199520.64
- George Page, 199620.67
- Terrence Duckett, 198220.74
- Tim Dodge, 200220.78
- Bashir Yamini, 199920.82
- O'Shea Wilson, 2014..... 20.82**

400 Meters

- Anthuan Maybank, 199344.99
- Andre Morris, 199545.15
- Mike Mondane, 196745.20
- Mar'yea Harris, 2016 45.76**
- Steven Willey, 201045.78
- Gary Hollingsworth, 1963.....46.30
- DeJuan Frye, 2016 46.41**
- Harold Leonard, 1986.....46.45
- Tony Branch, 1999.....46.60
- Prince Riley, 200746.61

400-Meter Hurdles

- Pat McGhee, 1988.....48.83
- Monte Raymond, 1998.....50.09
- Ray Varner, 201050.24
- Paul Steele, 1989.....50.45
- Russell Peterson, 200150.50
- Ethan Holmes, 201350.51
- Adam Kunkel, 200150.73
- Jon Reimer, 196750.94
- Noah Larrison, 2016..... 50.94**
- Mitch Wolff, 2016 50.96**

800 Meters

- Erik Sowinski, 2012.....1:45.90
- Carter Lilly, 2016.....1:47.32**
- Bill Frazier, 19621:47.64
- D'Juan Strozier, 19901:47.82
- Adam Hairston, 2011.....1:48.10
- Will Teubel, 20151:48.60**
- Michael Layne, 19991:49.61
- Bill Thiesen, 19851:49.74
- Pavlo Hutsalyuk, 20161:49.94**
- Ryan Weir, 20131:50.01

1,500 Meters

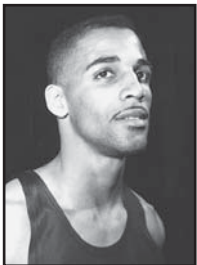
- Jeff Thode, 20103:43.02
- Joel Moeller, 19783:44.01
- Jim Docherty, 1978.....3:44.30
- Sam Fourman, 20153:44.50
- Dan Waters, 1986.....3:46.35
- Kevin Herd, 19943:46.64
- John Clark, 19773:46.84
- Ted Wheeler, 19563:48.24
- Michael Melchert, 2016.....3:48.35**
- Kevin Docherty, 2016.....3:49.24**

3,000-Meter Steeplechase

- Deacon Jones, 1956.....8:47.40
- Steve Pershing, 19788:54.59
- Andy Morris, 2000.....8:56.21
- Matt Gerard, 1994.....8:57.01
- Andy Napier, 2008.....8:57.54
- Rollie Kitt, 19679:02.90
- Al Greene, 1985.....9:02.96
- Tony Rakaric, 20059:03.29
- Mark Battista, 20109:04.60
- Sean Gale, 1993.....9:08.00

5,000 Meters

- Micah VanDenend, 200713:49.31
- Larry Wieczorek, 1968.....13:56.00
- Kevin Herd, 199313:59.00
- Stetson Steele, 2000.....14:02.76
- Kevin Lewis, 201414:02.78
- Eric MacTaggart, 200514:04.79
- Dan Haut, 200614:07.30
- Jesse Luciano, 201014:08.71
- Matt Esche, 2006.....14:12.07
- Jeff Thode, 201114:12.40

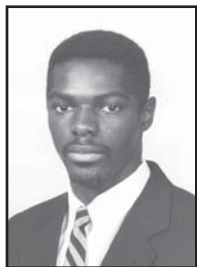


Deacon Jones



Aaron Mallett

OUTDOOR ALL-TIME TOP 10 PERFORMERS



Anthuan Maybank

Erik Sowinski

Stetson Steele

Jeff Thode

Micah VanDenend

Todd Wigginton

Arno

van der Westhuizen

10,000 Meters

1. Stetson Steele, 2000..... 28:44.47
2. Eric MacTaggart, 2006..... 28:50.23
3. Kevin Lewis, 2015..... 28:59.62
4. Nick Nordheim, 2002..... 29:44.71
5. Trent Corey, 2002..... 29:45.25
6. Chad Schwitters, 1999..... 29:56.00
7. Nick Holmes, 2010..... 30:02.31
8. Dan Haut, 2006..... 30:03.08
9. Kevin Herd, 1994..... 30:05.21
10. Paul Sarris, 2001..... 30:08.40

Decathlon

1. **William Dougherty, 2016.....7,311 pts**
2. Kyle Reid, 2013..... 7,203 pts
3. Jack Eckert, 2015..... 7,087 pts
4. Dan Rolling, 2010..... 6,957 pts
5. Scott Faber, 2000..... 6,839 pts
6. Ryan Niver, 2008..... 6,837 pts
7. Chad Ohly, 1994..... 6,641 pts
8. Gary Kostrubala, 1984..... 6,498 pts
9. Frank Prill, 2008..... 6,381 pts
10. Jacob Drewry, 1994..... 5,820 pts

High Jump

1. Jeffery Herron, 2012..... 7-4 1/4 (2.24)
2. Bill Hansen, 1978..... 7-4 (2.23)
Bill Knoedel, 1975..... 7-4 (2.23)
4. **Kevin Speicher, 2014..... 7-2 1/2 (2.20)**
5. M. Cunningham, 1986..... 7-1 (2.16)
Kenneth Lansing, 1988..... 7-1 (2.16)
7. Pat Meade, 1987..... 7-0 1/4 (2.14)
8. Graham Valdes, 2012..... 6-11 3/4 (2.12)
9. Peter Hlavin, 1979..... 6-11 (2.11)
Scott Hudek, 1993..... 6-11 (2.11)
Jeremy Petsche, 2008..... 6-11 (2.11)
Brandon Oest, 2012..... 6-11 (2.11)

Pole Vault

1. Todd Wigginton, 1984..... 17-0 (5.18)
2. Chad Ohly, 1994..... 16-8 3/4 (5.10)
Kyle Reid, 2013..... 16-8 3/4 (5.10)
4. Curt Broek, 1978..... 16-8 (5.08)
5. Phil Wertman, 1971..... 16-7 (5.05)
Kelly Scott, 1988..... 16-7 (5.05)
7. John Teffer, 1972..... 16-2 (4.93)
8. Alex Zona, 2009..... 16-0 3/4 (4.90)
9. Steve Brewer, 1983..... 16-0 (4.88)
Doug Pennino, 1985..... 16-0 (4.88)

Long Jump

1. Anthuan Maybank, 1993..... 27-1 (8.25)
2. Bashir Yamini, 1997..... 26-8 1/4 (8.13)
3. Paul Jones, 1989..... 25-10 1/4 (7.88)
4. Darren Smith, 1991..... 25-9 3/4 (7.86)
5. Quinn Early, 1986..... 25-7 1/4 (7.80)
6. Ed Gordon, 1931..... 25-4 3/8 (7.68)
7. **O'Shea Wilson, 2014..... 25-2 (7.67)**
8. Matty Gorman, 2006..... 25-1 1/4 (7.65)
9. Ronnie McCoy, 1985..... 25-0 (7.62)
10. Jeffery Herron, 2010..... 24-9 (7.54)

Triple Jump

1. Troy Doris, 2012..... 54-8 (16.66)
2. Babatunde Amosu, 2015..... 53-10 (16.15)
3. Paul Jones, 1990..... 53-9 (16.38)
4. **Klyvens Delaunay, 2013 . 52-2 1/2 (15.91)**
5. Gordon Finch, 1988..... 50-9 1/4 (15.47)
6. Mike Lacy, 1984..... 50-5 (15.36)
7. Pat Miller, 1985..... 49-8 1/2 (15.25)
8. Matty Gorman, 2008..... 49-2 1/2 (15.00)
9. Owen Gill, 1982..... 49-1 (14.96)
10. Josh Bean, 2010..... 48-10 3/4 (14.90)

Shot Put

1. Jeremy Allen, 2001..... 63-2 3/4 (19.27)
2. Ken Kemeny, 2005..... 62-3 (18.97)
3. Shane Maier, 2006..... 62-2 1/4 (18.95)
4. Andy Banse, 2005..... 61-11 1/2 (18.88)
5. John Hickey, 2008..... 61-9 1/2 (18.83)
6. **Reno Tuufuli, 2016..... 60-2 (18.34)**
7. Chris Gambol, 1987..... 60-0 1/2 (18.30)
8. A.J. Curtis, 2008..... 59-8 1/4 (18.19)
9. Gabe Hull, 2014..... 59-4 1/4 (18.09)
10. A. van der Westhuizen, 2000 58-8 3/4 (17.90)

Discus

1. Gabe Hull, 2014..... 207-1 (63.11)
2. A.J. Curtis, 2007..... 202-11 (61.84)
3. Gary Kostrubala, 1986..... 202-4 (61.68)
4. **Reno Tuufuli, 2016.....199-2 (60.71)**
5. Jeremy Allen, 2001..... 195-4 (59.54)
6. Tim Brodersen, 2005..... 193-6 (58.98)
7. Brad Daufeldt, 2004..... 185-0 (56.40)
8. Nick Brayton, 2009..... 180-11 (55.15)
9. Andy Banse, 2005..... 180-0 (54.86)
10. Eric Rothwell, 2004..... 179-7 (54.73)

Hammer

1. A. van der Westhuizen, 2001 222-11 (67.94)
2. Adam Hamilton, 2007..... 222-2 (67.73)
3. Jim Costello, 2002..... 217-7 (66.32)
4. Brad Daufeldt, 2004..... 207-10 (63.34)
5. Chris Voller, 2005..... 206-0 (62.80)
6. Matt Banse, 2012..... 201-11 (61.55)
7. Jeremy Allen, 2001..... 199-0 (60.66)
8. Ben Stancombe, 2011..... 197-6 (60.20)
9. Ryan Jordan, 2007..... 184-6 (56.23)
Mark Shapveld, 2009.....184-6 (56.23)

Javelin

1. Matt Byers, 2011..... 245-8 (74.89)
2. Bill Neumann, 2002..... 244-8 (74.58)
3. Dan Ralph, 2000..... 227-10 (69.44)
4. **Sam Joens, 2015..... 211-5 3/4 (64.45)**
5. Zach Schimp, 2010..... 211-0 (64.32)
6. **Alex Balke, 2016..... 205-11 (62.77)**
7. Kale Katt, 2007..... 204-0 (62.17)
8. Joel Storm, 2004..... 203-5 (62.01)
9. Matt Stank, 2001..... 199-0 (60.66)
10. Jack Eckert, 2015..... 188-9 (57.53)

OUTDOOR ALL-TIME TOP 10 PERFORMERS



Kineke Alexander



Meaghan Armstrong



Marta
Bote Gonzalez



Brittany Brown



Nan Doak



Briana Guillory



Aisha James

100 Meters

1. **Briana Guillory, 2016** **11.35**
2. **Lake Kwaza, 2015** **11.40**
3. **Brittany Brown, 2015** **11.42**
4. Vivien McKenzie, 1985 11.45
5. Davera Taylor, 1984 11.51
6. Erica Broomfield, 1998 11.53
7. Jiselle Providence, 2001 11.57
8. Tanja Reid, 1994 11.60
- Peaches Roach, 2005 11.60
10. Yolanda Hobbs, 1995 11.62

100-Meter Hurdles

1. Tiffany Johnson, 2007 13.20
2. Karessa Farley, 2009 13.53
3. C. Prendergast, 1999 13.60
- Paula Ruen, 2000 13.60
5. Sarah Steffen, 2002 13.65
6. **Jahisha Thomas, 2016** **13.67**
7. Ruqayya Raheem, 1998 13.90
8. **Heaven Chandler, 2016** **13.91**
9. Brenda Calhoun, 1984 13.94
10. Wynsome Cole, 1997 14.10

200 Meters

1. **Brittany Brown, 2015** **22.89**
2. **Briana Guillory, 2016** **22.89**
3. **Elexis Guster, 2016** **23.03**
4. **Lake Kwaza, 2016** **23.17**
5. Shellene Williams, 2004 23.50
6. Kineke Alexander, 2006 23.58
7. Davera Taylor, 1984 23.59
8. Vivien McKenzie, 1985 23.61
9. Yolanda Hobbs, 1995 23.65
10. Erin Jones, 2012 23.71

400 Meters

1. Kineke Alexander, 2006 51.35
2. **Elexis Guster, 2016** **51.85**
3. Shellene Williams, 2004 51.94
4. Ashley Liverpool, 2012 52.47
5. Ellen Grant, 1996 52.65
6. **Alexis Hernandez, 2016** **53.82**
7. Senta Hawkins, 1988 54.01
- Bethany Praska, 2011 54.01
9. Marlene Poole, 1994 54.03
10. **Briana Guillory, 2016** **54.22**

400-Meter Hurdles

1. Mary Knoblauch, 1981 56.16
2. Wynsome Cole, 1998 56.67
3. **MonTayla Holder, 2016** **56.70**
4. Chris Davenport, 1981 59.18
5. Hannah Simonson, 2012 59.54
6. Sarah Steffen, 2002 59.59
7. Tiffany Hendricks, 2011 59.63
8. Nicole Erickson, 2012 59.77
9. Beverly Powell, 1991 59.96
10. Kelsey Quinn, 2012 59.99

800 Meters

1. Bethany Praska, 2011 2:03.78
2. Kay Stormo, 1982 2:05.67
3. Michelle Lahann, 2004 2:06.79
4. Katharina Trost, 2015 2:07.09
5. **Mahnee Watts, 2016** **2:07.41**
6. Aisha Hume, 2005 2:08.50
7. Adrienne Alexia, 2013 2:08.61
8. Jeanne Kruckeberg, 1987 2:08.75
9. **Kaitlyn Nelson, 2013** **2:08.83**
10. Ann Pare, 1997 2:09.25

1,500 Meters

1. Meghan Armstrong, 2006 4:17.41
2. Betsy Flood, 2010 4:17.75
3. Jeanne Kruckeberg 1989 4:19.71
4. McKenzie Melander, 2012 4:20.22
5. Lauren Hardesty, 2009 4:20.40
6. Diane Nukuri, 2007 4:20.95
7. Penny O'Brien, 1985 4:21.43
8. Kay Stormo, 1982 4:22.24
9. Michelle Lahann, 2004 4:24.00
10. Shannon Stanley, 2006 4:25.08

3,000 Meters

1. Diane Nukuri, 2008 9:18.82
2. Penny O'Brien, 1985 9:20.61
3. McKenzie Melander, 2012 9:21.59
4. Betsy Flood, 2010 9:22.63
5. Nan Doak, 1985 9:23.04
6. Tracy Dahl, 1992 9:23.53
7. Meghan Armstrong, 2006 9:28.03
8. Brooke Eilers, 2011 9:30.08
9. Jeanne Kruckeberg, 1989 9:30.69
10. Jennifer Brower, 1992 9:34.59

3,000-Meter Steeplechase

1. **Marta Bote Gonzalez, 2015** **10:23.15**
2. Danielle Berndt, 2011 10:26.54
3. Jessica Schmidt, 2008 10:27.18
4. Sarah Arens, 2004 10:34.50
5. Hannah Roeder, 2011 10:35.22
6. Kelsey Hart, 2011 10:47.56
7. Katie Ellis, 2010 11:02.62
8. Michelle Lahann, 2003 11:16.21
9. Becca Thompson, 2003 11:19.50

5,000 Meters

1. Nan Doak, 1985 15:45.84
2. McKenzie Melander, 2012 15:57.13
3. Diane Nukuri, 2008 15:59.39
4. Betsy Flood, 2011 16:04.46
5. Meghan Armstrong, 2008 16:08.83
6. Brooke Eilers, 2011 16:11.86
7. Mareike Schrulle, 2013 16:12.66
8. Jenny Spangler, 1983 16:17.21
9. Tracy Dahl, 1992 16:18.77
10. Racheal Marchand, 2008 16:27.02



Tiffany Johnson



Tammilee Kerr



Diane Nukuri



Bethany Praska

OUTDOOR ALL-TIME TOP 10 PERFORMERS



Alana Redfern



Peaches Roach



Annemie Smith



Jessie Strand



Majesty Tutson



Lisa Van Steenwyk



Renee White

10,000 Meters

1. Diane Nukuri, 2008 33:17.01
2. Jennifer Brower, 1991 33:23.38
3. Meghan Armstrong, 2008 33:28.00
4. Nan Doak, 1985 33:33.03
5. Jenny Spangler, 1983 33:39.24
6. Racheal Marchand, 2008 34:05.87
7. McKenzie Melander, 2012 34:29.83
8. Tracy Dahl, 1992 34:30.09
9. Betsy Flood, 2011 35:05.10
10. Nikki Chapple, 2004 35:06.35

Heptathlon

1. Tammilee Kerr, 2008 5,633 pts
2. Kathy Gillespie, 1983 5,262 pts
3. Tiff Pedersen, 2004 4,976 pts
4. Janet Adams, 1981 4,855 pts
5. Sarah Ryan, 2012 4,819 pts
6. Ruqayya Raheem, 1997 4,665 pts
7. Angela Chadwick, 1993 4,493 pts
8. Cassidy Ellis, 2014 4,242 pts
9. Missy Miller, 2010 4,227 pts
10. Angie Hensel, 2004 4,073 pts

High Jump

1. Peaches Roach, 2006 6-1 1/4 (1.86)
2. Mary Mol, 1983 6-0 (1.83)
3. **Khanishah Williams, 2013 5-11 1/4 (1.81)**
4. Caleigh Bacchus, 2010 5-10 (1.78)
5. Lynn McMillan, 1988 5-9 1/4 (1.76)
6. **Madison Rouw, 2016 5-8 3/4 (1.75)**
7. Kacey Childs, 2001 5-8 1/2 (1.74)
8. Kristi Dinkla, 1985 5-8 (1.73)
- Becky Kaza, 1995 5-8 (1.73)
- Eve Cullinan, 2003 5-8 (1.73)

Pole Vault

1. Jessie Strand, 2003 12-10 1/4 (3.92)
2. Sarah Burgett, 2006 12-1 3/4 (3.70)
3. Kirsten Weismantle, 2011 12-0 (3.66)
4. Katie Truedson, 2010 11-5 1/4 (3.49)
5. **Amy Smith, 2016 11-3 3/4 (3.45)**
6. Gina Shannon, 2001 11-2 1/4 (3.41)
7. Brittany Holst, 2013 11-1 (3.38)
8. Elyssa Tracy, 2015 10-6 (3.20)
9. Kacey Childs, 2000 8-0 1/2 (2.45)

Long Jump

1. Aisha James, 2003 22-3 (6.78)
2. Zinnia Miller, 2014 20-6 1/2 (6.26)
3. Renee White, 2008 20-3 3/4 (6.19)
4. **Jahisha Thomas, 2015 20-3 (6.17)**
5. Carisa Leacock, 2014 19-11 3/4 (6.09)
6. Becki Borg, 1988 19-7 1/4 (5.97)
7. Cassidy Ellis, 2015 19-6 1/4 (5.95)
8. Lisa Moats, 1986 19-6 (5.95)
9. Tammilee Kerr, 2008 19-4 1/4 (5.90)
10. Yolanda Hobbs, 1993 19-2 1/2 (5.85)

Triple Jump

1. Renee White, 2008 43-10 3/4 (13.36)
2. **Jahisha Thomas, 2016 42-3 1/2 (12.89)**
3. Zinnia Miller, 2014 42-0 1/2 (12.81)
4. Tiffany Johnson, 2007 41-8 3/4 (12.72)
5. Carisa Leacock, 2012 40-10 1/2 (12.46)
6. Becki Borg, 1988 40-7 1/2 (12.38)
7. **T. Seawater-Simmons, 2016 40-7 1/2 (12.38)**
8. Lynn McMillan, 1988 39-6 1/2 (12.05)
9. Lynn, 1998 39-0 (11.88)
10. Kacey Childs, 2001 37-8 (11.48)

Shot Put

1. Lisa Van Steenwyk, 1992 50-8 (15.44)
2. Gail Smith, 1984 50-3 1/4 (15.32)
3. Denise Taylor, 1992 50-1 3/4 (15.28)
4. Kamesha Marshall, 2005 . 48-6 3/4 (14.80)
5. Laura Kriener, 1990 48-2 1/2 (14.69)
6. Jennifer Gilson, 2002 47-10 (14.58)
7. Rachel Curry, 2013 47-9 1/4 (14.56)
8. Jennifer Moon, 2000 47-5 1/4 (14.46)
9. Courtney Fritz, 2014 46-6 1/4 (14.18)
10. Mandy Chandler, 2006 46-0 (14.02)

Discus

1. Majesty Tutson, 2013 181-1 (55.19)
2. **Dakotah Goodell, 2014 169-4 (51.62)**
3. Tiffany Medenwaldt, 2010 .. 161-3 (49.16)
4. Denise Taylor, 1992 160-5 (48.90)
5. Amanda Stahle, 2014 159-3 (48.54)
6. Lisa Van Steenwyk, 1991 159-1 (48.50)
7. Gail Smith, 1983 158-2 (48.22)
8. Ashlyn Gulvas, 2011 154-11 (47.23)
9. Courtney Fritz, 2012 154-1 (46.96)
10. Kamesha Marshall, 2005 ... 152-11 (46.62)
- Lindsay Herra, 2015 152-11 (46.60)**

Javelin

1. Alana Redfern, 2003 181-5 (55.30)
2. Tammilee Kerr, 2008 163-5 (49.81)
3. Mandy Beck, 1999 153-4 (46.74)
4. **Dakotah Goodell, 2015 153-3 1/4 (46.71)**
5. Terri Soldan, 1983 152-6 1/4 (46.48)
6. **Kayla Hochhalter, 2015 152-6 (46.48)**
7. Shani Renning, 1990 152-3 (46.40)
8. Clara Simon, 1981 149-9 (45.64)
9. Janet Adams, 1984 148-7 (45.28)
10. Amanda Stahle, 2014 148-0 (45.11)

Hammer Throw

1. Annemie Smith, 2015 200-1 1/2 (60.99)
2. Jasmine Simpson, 2013 197-7 (60.23)
3. Becca Franklin, 2007 195-0 (59.45)
4. Ashlyn Gulvas, 2014 192-9 (58.75)
5. **Leah Colbert, 2015 178-9 (54.49)**
6. Kelsey Taylor, 2011 177-0 (53.95)
7. Tiffany Medenwaldt, 2010 171-11 (52.40)
8. Erin O'Hern, 2008 168-9 (51.45)
9. Chelsea Colpitts, 2013 162-5 (49.51)
10. Kerri Blackstone, 1999 161-10 (49.32)

MEN'S OUTDOOR ALL-TIME TOP 10 RELAYS

400-Meter Relay

1. Mincy, **Wilson, Harrington**, Brown, 2014..... 39.19
2. Mincy, Austin, E. Holmes, Larney, 2013 39.31
3. **Saucer, Jr., Brissett, Harrington, Mallett, 2016** **39.44**
4. Beecham, Duckett, Greer, R. Smith, 1984 39.48
5. **Brissett, Harris, Harrington, Mallett, 2016**..... **39.53**
6. Mullen, Austin, E. Holmes, Larney, 2013 39.66
- Saucer, Jr., Thompson, Harrington, Mallett, 2015**..... 39.66
8. **Saucer, Jr., Mallett, Harrington**, Brown, 2015 39.67
9. Page, Davis, Rozell, Morris, 1996..... 39.73
- Brown, **Harrington**, Mincy, **Wilson**, 2014..... 39.73
- Thompson, Brissett, Harrington, Mallett, 2016**..... **39.73**

Shuttle Hurdle Relay

1. McGhee, Armstrong, Falls, Stelle, 1989 57.80
2. Wigginton, Jones, Lacey, McCoy, 1985 59.77
3. 1975 1:05.20

800-Meter Relay

1. **Thompson, Brissett, Harrington, Ganschow, 2016** **1:23.36**
2. Richardson, Sayon, Richards, Chaney, Jr., 2009 1:24.85
3. Harrington, Thompson, VanCleave, Mallett, 2014 1:24.86
4. Austin, Brown, Larney, VanCleave, 2013 1:25.60
5. Barclay, McCalister, Jensen, Elliott, 1979..... 1:26.39
6. Thomas, Balkrishnan, Patterson, Freidrich 1991 1:28.38
7. Balkrishnan, Patterson, Thomas, Freidrich, 1991 1:29.04

1,600-Meter Relay

1. Morris, Davis, Page, Rozell, 1995..... 3:03.11
2. Branch, Dwight, Dodge, Yamini, 1999 3:03.29
3. Ferree, Frazier, Mondane, Reimer, 1967 3:04.10
4. Rozell, Morris, Davis, Yamini, 1996..... 3:04.71
5. Willey, Barton, Richards, Sowinski, 2010..... 3:05.61
6. **Wolff, Harris, Lilly, Frye, 2016**..... **3:05.72**
7. Richards, Davey, E. Holmes, Sowsinski, 2012 3:05.77
8. Cameron, Williams, McGhee, McCoy, 1985 3:06.00
9. Rozell, Davis, Dwight, Raymond, 1997 3:06.06
- Dodge, Kunkel, Coleman, Peterson, 2001 3:06.06

Sprint Medley Relay

1. McCorkle, Jones, Chung, Strozier, 1990 3:15.64
2. Sayon, Austin, Willey, Sowinski, 2011 3:16.18
3. Richards, Larney, Davey, Sowinski, 2012 3:17.25
4. Richardson, Richards, Willey, Sowinski, 2010..... 3:17.74
5. **Saucer, Jr., Brissett, Harris, Lilly, 2016**..... **3:18.53**
6. Armstrong, Thomas, Maybank, Strozier, 1991 3:18.93
7. Yamini, Davis, Dodge, Donovan, 1999..... 3:19.87
8. Richards, Chaney, Jr., Barton, Hairston, 2009 3:20.05
9. **Harrington, Mallett**, Davey, **W. Teubel**, 2014..... 3:20.08
10. McCorkle, Armstrong, Chung, Strozier, 1990 3:20.43

3,200-Meter Relay

1. Schum, Christensen, Steffen, Criswell, 1971 7:18.60
2. Hairston, Prom, Thode, Sowinski, 2011..... 7:23.77
3. Corrigan, Blackman, Strozier, Chambers, 1989 7:29.00
4. **Melchert, Dorman, Lilly, Larrison, 2016**..... **7:30.32**
5. **Lilly, Dorman, W. Teubel**, Davey, 2015..... 7:31.48
6. Willey, Braff, Sowinski, Hairston, 2009 7:33.08
7. Tweedy, Gajewski, Linden, O'Hollearn, 2005 7:33.12
8. Cunningham, Tweedy, S. Allen, Thomas, 2001..... 7:34.12
9. Long, Tweedy, Dziubski, O'Hollearn, 2004 7:35.10
10. 1999 7:36.43

Distance Medley Relay

1. Pershing, Moeller, Slack, Docherty, 1978 9:39.94
2. Kuczvara, Barton, Hairston, Thode, 2011 9:41.37
3. N. Holmes, Van Cleave, Sowinski, Thode, 2012..... 9:41.59
4. Young, Barton, Kuczvara, Luciano, 2010..... 9:42.97
5. Prom, Davey, Weir, Witt, 2013..... 9:53.83
6. Theisen, Williams, Wiesa, Waters, 1985 9:54.04
7. Wilfong, Slaymaker, **Teubel**, Witt, 2013 9:54.05
8. Luciano, Pierre, Hairston, VanDenend, 2007..... 9:54.07
9. VanDenend, Riley, O'Hollearn, Rakaric, 2006..... 9:54.97
10. Feeldy, Eischeid, Novotny, Peters, 1996 9:55.71

6,400-Meter Relay

1. Pershing, Fuller, Moeller, Docherty, 1978..... 16:27.70
2. Rakaric, Webster, MacTaggart, VanDenend, 2006..... 16:55.43
3. Lewis, Witt, **Hart**, Fourman, 2015 16:58.44
4. **Price, Eklin, Gardarsson, Docherty, 2016** **17:00.30**
5. Paul, Kadlec, Thode, Luciano, 2010 17:01.46
6. Witt, Lewis, **Hart**, Butler, 2014 17:01.65
7. N. Holmes, Witt, Thode, Lewis, 2012 17:02.26
8. Thomas, Allen, Rakaric, Lloyd, 2003 17:06.27
9. Pittman, Novotny, Feeldy, Marquardt, 1995 17:12.49
10. Bakker, Feeldy, Peters, Pittman, 1996 17:13.10

WOMEN'S OUTDOOR ALL-TIME TOP 10 RELAYS

400-Meter Relay

1. **Kwaza, Guster, Guillory, Hernandez, 2016****44.04**
2. **Kwaza, Guster, Chapman, Guillory, 2016****44.41**
3. **Kwaza, Guster, Hernandez, Brown, 2014** 44.51
4. **Kwaza, Guster, Holder, Brown, 2014**..... 44.62
5. Poole, Reid, Floyd, Hobbs, 1994..... 44.63
6. Charles, Williams, Providence, James, 2003 44.71
Brown, Kwaza, Ellis, Holder, 2015..... 44.71
8. Floyd, Hobbs, Poole, Reid, 1994..... 44.80
9. **Thomas, Guster, Chapman, Guillory****44.88**
10. **Holder, Guster, Kwaza, Brown, 2015** 44.93

Shuttle Hurdle Relay

1. Prendergast, Cole, Raheem, Ruen, 1998..... 56.44
2. Cole, Prendergast, Raheen, Ruen, 1998..... 56.54
3. Raheen, Prendergast, Cole, Ruen, 1998..... 57.53

800-Meter Relay

1. Hobbs, Reid, Floyd, Poole, 1994..... 1:35.69
2. Roach, McCalla, Alexander, Johnson, 2006 1:36.19
3. **Chapman, Roberts-Lewis, Champe, Brown, 2016****1:36.98**
4. Williams, Charles, Fouchè, Providence, 2003..... 1:37.49
5. Herrmann, McCalla, Raymond, Roach, 2004..... 1:37.66
6. Charles, Dixon, Knight, Prendergast, 2002 1:38.15
7. Prendergast, Dixon, Knight, Providence, 2001 1:38.73
8. Trusty, Hendricks, Graham, Erickson, 2009 1:38.79
9. Dixon, Knight, Prendergast, Providence, 2001 1:38.93
10. Dixon, Providence, Knight, Charles, 2001..... 1:39.68

1,600-Meter Relay

1. **Hernandez, Guillory, Holder, Guster, 2016**.....**3:31.22**
2. **Guster, Guillory, Holder, Hernandez, 2016**.....**3:32.63**
3. **Holder, Guillory, Hernandez, Guster, 2016**.....**3:33.25**
4. **Guster, Hernandez, Holder, Kwaza, 2014**..... 3:34.83
5. Praska, Hendricks, Liverpool, Erickson, 2011 3:35.93
6. **Guster, Watts, Hernandez, Kwaza, 2014** 3:36.09
7. Hume, Charles, Steffen, Williams, 2003 3:36.26
8. **Kwaza, Guster, Hernandez, Holder, 2014**..... 3:36.40
9. Simsonson, Liverpool, Erickson, Sack, 2012 3:37.57
10. **Guster, Watts, Holder, Kwaza, 2014**..... 3:37.73

Sprint Medley Relay

1. Jones, Hendricks, Liverpool, Praska, 2011..... 3:48.63
2. **Brown, Kwaza, Guster, Watts, 2014** 3:51.18
3. **Kwaza, Guster, Holder, Watts, 2016**.....**3:52.62**
4. **Kwaza, Brown, Guster, Trost, 2015** 3:53.29
5. **Kwaza, R. Moore, Holder, Alexia, 2013**..... 3:54.51
6. Trusty, R. Moore, Hendricks, Praska, 2010 3:56.53
7. Reid, Philip, Hobbs, Benning, 1995 3:56.54
8. Roach, Alexander, McCalla, Stanley, 2005 3:56.99
9. **Kwaza, R. Moore, Alexia, Nelson, 2013**..... 3:58.72
10. Clarke, Graham, Jones, Poncé, 2007 3:59.34

3,200-Meter Relay

1. Suppelsa, Wodek, Kruckeberg, Schneckloth, 1987..... 8:46.45
2. Lahann, Stanley, Hume, Barber, 2004 8:48.87
3. Schneckloth, Roberts, Hawkins, Kruckeberg, 1989 8:49.38
4. Trost, Maser, Alexia, **Nelson, 2014**..... 8:49.95
5. **Nelson, Watts, Wilberding, Sindt, 2016**.....**8:51.90**
6. Flood, Dlhy, L. Hardesty, Docherty, 2009..... 8:53.91
7. Armstrong, Stanley, Laney, Hume, 2005..... 8:54.27
8. O'Brien, Camarigg, Williams, Stormo, 1981 8:54.36
9. Flood, Melander, Praska, Hardesty, 2010 8:54.45
10. Drapcho, Schlader, Williams, Stormo, 1980 8:56.14

Distance Medley Relay

1. Hoskins, Powell, Schneckloth, Kruckeberg, 1989 11:22.18
2. Armstrong, Alexander, Poncé, Stanley, 2007..... 11:25.05
3. Stanley, McCalla, Hume, Armstrong, 2005..... 11:34.04
4. Barber, Williams, Hume, Arens, 2004..... 11:34.56
5. Thompson, Williams, Hume, Arens, 2003 11:39.02
6. 2000 11:39.83
7. Schrulle, Erickson, Placzek, Eilers, 2012 11:40.57
8. Davenport, xx, xx, xx, 1981..... 11:41.44
9. Pare, Grant, Benning, Gilchrist, 1997 11:41.92
10. Dlhy, Erickson, Docherty, Anderson, 2010..... 11:43.06

6,400-Meter Relay

1. Flood, Melander, A. Hardesty, L. Hardesty, 2010..... 19:05.63
2. Nukuri, Marchand, Henize, Armstrong, 2008..... 19:15.42
3. Flood, Laesch, Ranegar, Melander, 2012 19:16.73
4. Flood, Eilers, Melander, L. Hardesty, 2011 19:17.52
5. Flood, Melander, A. Hardesty, Eilers, 2009..... 19:36.43
6. Scott, Gordon, Schrulle, Gambrall, 2013 19:41.15
7. **Jones, Bote Gonzalez, Wilberding, Reischmann, 2015** ... 19:59.72
8. Maser, Price, **Wilberding**, Montuclard, 2014 20:23.27
9. Chapple, Laney, Donlon, Sokol, 2005 20:39.12
10. Arens, Barber, Butler, Roberts, 2001 20:40.89



**2016 DIVISION I OUTDOOR
TRACK & FIELD CHAMPIONSHIPS**
LAWRENCE, KS • University of Kansas, Host



TRACK & FIELD CHAMPIONSHIPS

All times listed are Central
Schedule is subject to change

THURSDAY, MAY 26

TRACK EVENTS

Time	Event	Division	Round
4:30 PM	400 Hurdles	Women	First Round
5:00 PM	400 Hurdles	Men	First Round
5:30 PM	1500 Meters	Women	First Round
6:00 PM	1500 Meters	Men	First Round
6:30 PM	100 Meters	Women	First Round
6:55 PM	100 Meters	Men	First Round
7:20 PM	400 Meters	Women	First Round
7:45 PM	400 Meters	Men	First Round
8:10 PM	800 Meters	Women	First Round
8:35 PM	800 Meters	Men	First Round
9:00 PM	10,000 Meters	Women	Semifinal
9:40 PM	10,000 Meters	Men	Semifinal

FRIDAY, MAY 27

TRACK EVENTS

Time	Event	Division	Round
5:00 PM	100 Hurdles	Women	First Round
5:30 PM	110 Hurdles	Men	First Round
6:00 PM	400 Meters	Women	Quarterfinal
6:15 PM	400 Meters	Men	Quarterfinal
6:30 PM	100 Meters	Women	Quarterfinal
6:45 PM	100 Meters	Men	Quarterfinal
7:00 PM	800 Meters	Women	Quarterfinal
7:15 PM	800 Meters	Men	Quarterfinal
7:30 PM	400 Hurdles	Women	Quarterfinal
7:45 PM	400 Hurdles	Men	Quarterfinal
8:00 PM	200 Meters	Women	First Round
8:25 PM	200 Meters	Men	First Round
8:50 PM	3000 Steeplechase	Women	Quarterfinal
9:30 PM	3000 Steeplechase	Men	Quarterfinal

SATURDAY, MAY 28

TRACK EVENTS

Time	Event	Division
6:00 PM	4x100 Relay	Women
6:15 PM	4x100 Relay	Men
6:30 PM	1500 Meters	Women
6:45 PM	1500 Meters	Men
7:05 PM	100 Hurdles	Women
7:20 PM	110 Hurdles	Men
7:35 PM	200 Meters	Women
7:50 PM	200 Meters	Men
8:05 PM	5000 Meters	Women
8:45 PM	5000 Meters	Men
9:25 PM	4x400 Relay	Women
9:45 PM	4x400 Relay	Men

FIELD EVENTS

Time	Event	Division	Round
12:00 PM	Hammer	Men	First Round
12:00 PM	Javelin	Women	First Round
3:30 PM	Long Jump	Men	First Round
4:00 PM	Hammer	Women	First Round
4:30 PM	Pole Vault	Men	First Round
6:45 PM	Long Jump	Women	First Round

FIELD EVENTS

Time	Event	Division	Round
12:00 PM	Discus	Women	First Round
12:00 PM	Javelin	Men	First Round
4:00 PM	Discus	Men	First Round
5:00 PM	Pole Vault	Women	First Round
5:00 PM	High Jump	Women	First Round

FIELD EVENTS

Time	Event	Division	Round
3:00 PM	Triple Jump	Men	First Round
3:30 PM	Shot Put	Women	First Round
5:30 PM	High Jump	Men	First Round
6:00 PM	Shot Put	Men	First Round
6:30 PM	Triple Jump	Women	First Round