

IOWA HAWKEYES

Swimming & Diving Contact: Ashley Carlson

WOMEN'S SWIMMING & DIVING WEEKLY RELEASE

Oct. 24, 2011

2011-12 Season Schedule (Overall 1-0, Big Ten 1-0)

10/8	Black/Gold Intrasquad* Iowa City, Iowa -- Gold W-181-91
10/20	Wisconsin* Madison, Wis. -- W- 224-74
10/29	Michigan State* Iowa City, Iowa -- 11 a.m.
11/4	Minnesota* Iowa City, Iowa -- 5 p.m.
11/18	Purdue* & Ohio State^ Iowa City, Iowa -- 5 p.m.
12/ 2-4	Hawkeye Invitational* Iowa City, Iowa -- Prelim/Final
12/9	at Iowa State% Ames, Iowa -- 6 p.m.
1/6	at Training Trip Competition Arizona^, New Mexico#, Oregon State# Tucson, Ariz. -- 2 p.m.
1/14	Illinois# Iowa City, Iowa -- 11 am
1/21	at Northwestern* & Harvard# Evanston, Ill. -- 11 a.m.
1/27-28	at Shamrock Invitational* South Bend, Ind. -- All Day
2/2	at Northern Iowa Cedar Falls, Iowa -- 6 p.m.
2/4	Western Illinois (Senior Meet) Iowa City, Iowa -- 6 p.m.
2/15-18	at Big Ten Championships# Iowa City, Iowa -- Prelim/Final
2/19	Hawkeye/Big Ten Long Course Invite# Iowa City, Iowa -- Prelim/Final
2/22-25	at Big Ten Championships^ Iowa City, Iowa -- Prelim/Final
2/26	Hawkeye/Big Ten Long Course Invite^ Iowa City, Iowa -- All Day
3/8-10	Diving NCAA Zone Qualifer Iowa City, Iowa -- TBA
3/15-17	at NCAA Championships# Auburn, Ala. -- Prelim/Final
3/22-24	at NCAA Championships^ Federal Way, Wash.-- Prelim/Final
4/14	Alumni Meet* Iowa City, Iowa -- 11 a.m.

All times are local to site.

* -- co-ed meet

-- women's only meet

^ -- men's only meet

THIS WEEK

The University Iowa women's swimming and diving team will host Michigan State on Saturday at 'Pack the Pool' at the Campus Recreation and Wellness Center Pool. The meet is set to begin at 11 a.m.

LIVE STATS

For live results from your computer or smart phone, visit:

<http://live.iowaswimming.com/swimming/>

Free WiFi is available at the CRWC for all students and faculty.

EVENT PROMOTIONS

The marketing department is holding a "Guess the Winning Time Contest" in the men's 50 free and women's 100 free. Fans are encouraged to stop by the marketing table in the pool gallery and write down their winning guesses. The winners will take home a \$25 Visa gift card.

Fans can also pick up 2011-12 swimming and diving posters, calendar cards, stickers and bumper stickers from the marketing table located in the pool gallery at the main entrance.

FOLLOW THE HAWKEYES

Become fans of the official Iowa Swimming and Diving page by going to <http://www.facebook.com/IowaSwimmingandDiving> to follow the Hawkeyes on Facebook.

Fans can also follow the Black and Gold on Twitter at <http://twitter.com/#!/IowaHawkeyeSwim>.

SCOUTING THE OPPONENT

Michigan State opened its season on Oct. 8 with victories over Cleveland State and Oakland. The team tallied 247 points on the day. The meet on Saturday marks Michigan State's first Big Ten dual of the season.

Last season, the Hawkeyes defeated Michigan State in East Lansing, 175-125. The teams faced each other again at the Big Ten Championships, where Iowa finished ninth with 151 points and Michigan State placed 10th with 86 points.

The Spartans head coach, Matt Gianiodis, is in his 14th overall and eighth season as head coach of the Michigan State swimming and diving teams.

In his eight seasons, Gianiodis' teams have made their mark in the pool and in the classroom. Since 2004, 14 varsity records have been broken by Spartan swimmers and divers. The program has been represented at the NCAA Championships in 2004 and 2005. In that span, Gianiodis has also coached swimmers to the 2004 South African and the 2006 Puerto Rican national teams.

DOWNING RECORDS

Freshman **Becky Stoughton** set the pool record in the 1,000 free at the University of Wisconsin's Natatorium with a time of 9:51.32. The time marked a collegiate best for Stoughton and ranks fourth in school history.

Stoughton previously set three school records at Iowa's annual black and gold intrasquad meet. She posted records in 1,000 free (9:59.02), 200 free (1:50.51) and 500 free (4:53.42).

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IOWA HAWKEYES: WOMEN'S SWIMMING & DIVING WEEKLY RELEASE --

RETURNING ALL-AMERICANS

The women's squad returns All-America diver **Veronica Rydze**. She earned the accolade after finishing 13th on the one-meter board (296.35) at the NCAA Championships.

LAST EVENT

The Hawkeyes defeated Wisconsin in their Big Ten opener Oct. 20 at the Natatorium in Madison. Iowa beat the Badgers, 224-74.

NEXT EVENT

Iowa will host Minnesota Nov. 4 at the Campus Recreation and Wellness Center. The competition will begin at 5 p.m.

HEAD COACH MARC LONG

Marc Long is in his eighth season as head coach for the University of Iowa swimming team. It's his seventh as head coach of the combined program. During his tenure as head coach of both programs, 36 school records have fallen and 74 Hawkeyes have provisionally qualified for the NCAA Championships.

DIVING COACH BOB RYDZE

Bob Rydze is in his 37th year as diving coach of the men and women's teams at the University of Iowa. Rydze served as Team Leader for USA Diving at the 2008 Olympics in Beijing. During his tenure with the Hawkeyes, Rydze has coached 33 All-Americans, nine Big Ten and one NCAA Champion.

CAMPUS RECREATION AND WELLNESS CENTER

Ground was broken for the Campus Recreation and Wellness Center in October 2007. The facility opened in August 2010 and is home for the Hawkeyes. It is located at the corner of Burlington and Madison streets and cost approximately \$69 million. The facility includes a 50-meter competition pool, a separate diving well, a leisure pool with lap lanes and 24,000 square feet of fitness space.

IOWA SWIMMING HISTORY & TRADITION

Iowa was one of the first schools in the nation to compete on a collegiate level and competed at the first NCAA Championship. From 1937 to 1960, Iowa placed in the NCAA top 10 18 times, crowning nine NCAA and 22 Big Ten champions.

CAPTAINS COUNCIL

Six student-athletes have been named to the 2011-12 Captains' Council. **Ryan Phelan**, **Jordan Huff** and **Kyle Noser** will captain the men's squad, while **Daniela Cubelic**, **Danielle Carty** and **Haley Gordon** will captain the women's squad. The Captains' Council was voted on by their peers and coaches.

2011-12 Top Times

50 Free	Danielle Carty	24.04
100 Free	Daniela Cubelic	51.93
200 Free	Becky Stoughton.....	1:49.70
500 Free	Becky Stoughton.....	4:52.94
1,000 Free	Becky Stoughton.....	9:51.32
100 Back	Danielle Carty	56.50
200 Back	Daniela Cubelic	2:05.40
100 Breast	Karolina Wartalowicz	1:05.27
200 Breast	Karolina Wartalowicz	2:20.72
100 Fly	Haley Gordon.....	56.57
200 Fly	Elaine Boosalis	2:06.58
200 IM.....	Haley Gordon.....	2:04.96
200 Free Relay	Groya, Cubelic, Borja, Hovren	1:36.97
400 Free Relay	Stoughton, Cubelic, Hovren, Arseth	3:27.53
200 Medley Relay	Carty, Wartalowicz, Arseth, Cubelic	1:44.99
One-Meter Diving	Veronica Rydze.....	266.55***
Three-Meter Diving ..	Veronica Rydze.....	270.75

(B) - NCAA B Cut, * -- school record, ** Pool Record, ***NCAA diving Standard