

THE UNIVERSITY OF IOWA



Women's Gymnastics

Women's Gymnastics Contact -- Jana Hemphill

February 2, 2004

2004 Schedule

4-2 Overall, 1-0 Big Ten

Cancun Invitational	2nd, 195.35
Iowa State	L, 196.95-196.725
Michigan	W, 196.75-196.325
NC State	W, 196.775-193.725
F6	at Utah 8 p
F14	at Maryland 7 p
F20	at Illinois State 7 p
F27	Minnesota 7 p
M5	at Washington, Utah 7 p
M12	at Iowa State 7 p
M20	at Big Ten Champs 6 p
A3	at NCAA Regionals 6 p
A15	at NCAA Nationals TBA

2004 Indiv./Team Bests

Vault:	9.95
<i>Stephanie Gran vs Iowa State (1/17)</i>	
Uneven Bars:	9.975*
<i>Alexis Maday vs Michigan (1/24)</i>	
Balance Beam:	9.900
<i>Maday, twice, and Gran</i>	
Floor Exercise:	9.975^
<i>Maday vs ISU, and Gran vs Michigan</i>	
All-Around:	39.65^
<i>Maday, twice, and Gran</i>	
Team Vault:	49.375
<i>vs NC State (1/31)</i>	
Team Uneven Bars:	49.3
<i>vs NC State (1/31/)</i>	
Team Balance Beam:	49.15
<i>vs Michigan (1/24)</i>	
Team Floor:	49.55*
<i>vs Iowa State (1/17)</i>	
Team Total:	196.775
<i>vs NC State (1/31)</i>	

^ -- Ties School Record

* -- School Record

Hawkeyes on the Web

The media and public can find a valuable and timely source of information about Iowa athletics at its world wide web site:

www.hawkeyesports.com

GymHawks Travel to Utah

This Week: The eighth-ranked Iowa women's gymnastics squad will travel to Salt Lake City to take on #4 Utah Friday, February 6. Competition is set to begin at 8 p.m. in the Huntsman Center.

The Utes: The Utes are 4-0 with wins over #3 UCLA, #9 Nebraska, BYU and Minnesota. In the rankings, Utah is first on vault with a season average of 49.431 and a high score of 49.625. Additionally, three Utes are ranked in the vault. Annabeth Eberle leads Utah in third place, with Rachel Tidd and Nicolle Ford also in the top 25. The Utes have five individuals in the event rankings.

Iowa Against Utah: The Hawkeyes are 0-2 against the Utes. The last meeting between the two teams was in 1992 when Utah won, 197.0-188.1.

Hawks on the Road: The Hawkeyes are starting a three weekend road trip. Iowa will start in Utah, go to Maryland the following weekend, then travel to Illinois State. Iowa will host Minnesota February 27.

All-Around Record All Tied Up: Stephanie Gran tied the school all-around record against NC State, scoring a 39.65. This is the third time this season the record has been tied. Alexis Maday tied the record at the Cancun Invitational and against Iowa State.

Hawkeyes Close In on Team Record: Iowa has recorded the second-best team total in school history two weekends in a row. Against Michigan, the Hawkeyes scored a 196.75. The GymHawks improved the record against NC State, finishing with a 196.775. The school record is 196.8, which was accomplished last season at Illinois.

Noteworthy Against NC State: Stephanie Gran led the GymHawks with wins on bars, floor, all-around, and a tie for first on beam. Gran also placed second on vault. Kortny Williamson won vault with a career-high 9.925. Alexis Maday tied for first on beam and tied for second on vault and bars. Freshman Beth Dilick tied for second on bars and tied for fourth on vault.

In The Rankings: Iowa remains steady at eighth in the GymInfo Poll. The GymHawks are also ranked on all four individual events. Iowa is fourth on floor, ninth on bars, 12th on vault and 15th on beam.

GymInfo Poll

Top 25 - Feb. 2 (by Total Season Average)

Team	Season Avg.
1. Alabama	197.344
2. Georgia	196.930
3. UCLA	196.790
4. Utah*	196.769
5. Iowa State*	196.737
6. Florida	196.612
7. Stanford	196.600
8. Iowa	196.400
9. Nebraska	196.225
10. Oklahoma*	196.110
11. Washington*	195.950
12. Missouri	195.887
13. Arkansas	195.869
14. LSU	195.856
15. Arizona	195.825
16. Auburn	195.783
17. Michigan*	195.781
18. Arizona State	195.333
19. Kent State	195.270
20. Oregon State	195.112
21. Penn State*	195.087
22. West Virginia	194.894
23. North Carolina	194.708
24. New Hampshire	194.706
25. Denver	194.687

* -- GymHawks 2004 opponents (includes dual and Big Ten Championships)

Team Event

FX	4th	49.337
BB	15th	48.925
UB	9th	49.069
V	12th	49.069

Individual Event

AA	Stephanie Gran	5th	39.608
	Alexis Maday	6th	39.542
V	Stephanie Gran	11th	9.900
	Alexis Maday	t21st	9.881
UB	Alexis Maday	t4th	9.925
BB	Alexis Maday	15th	9.887
FX	Stephanie Gran	2nd	9.958
	Liz Grajewski	t24th	9.887

Sports Information

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Gymnastics Quick Facts

Head Coach: Mike Lorenzen
 Alma Mater/Year: Maryland/1986
 Record at Iowa/Years: 17-21/4
 Overall Record/Years: same
 Associate Head Coach: Larissa Libby
 Alma Mater/Year: Louisiana State/1996
 Assistant Coach: Derek May
 Alma Mater/Year: San Jose State/1994
 Gymnastics Secretary: Irene Pearson
 Gymnastics Office Phone: ... (319) 335-9741
 2003 Record: 5-5
 2003 Conference Record/Finish: 3-0/2nd
 2003 Postseason: NCAAs/11th
 Letterwinners Returning/Lost: 11/3
 Newcomers: 5

Hawkeye Gymnastics Continued...

Three Individuals Ranked: The GymHawks have three individuals ranked in the latest GymInfo poll. Senior Alexis Maday is ranked on three events and the all-around. Maday is tied for fourth on bars, sixth in the all-around, tied for 21st on vault and 15th on beam. Senior Stephanie Gran is ranked second on floor, fifth in the all-around and 11th on vault. Sophomore Liz Grajewski is tied for 24th on floor.

Quoting Coach Lorenzen: "We're thrilled to be competing at Utah. [Coaches] Greg and Megan Marsden have done more for collegiate women's gymnastics than any other coaches in the country. It will be a great test for our team to go head to head with the original gymnastics dynasty in front of what will be one of the biggest crowds we'll see this season."

2004 Iowa Gymnastics Roster

Name	Ht.	Yr.	Hometown
Nathalie Balfour	5-5	So.	West Vancouver, British Columbia
Beth Dilick	5-3	Fr.	King George, VA
Liz Grajewski	5-4	So.	Covington, WA
Stephanie Gran	5-0	Sr.	Wauconda, IL
Brandy Killian	5-3	Sr.	Owosso, MI
Tiffany Kwan	5-3	So.	Unionville, Ontario
Danielle Legeai	4-11	Fr.	New Orleans, LA
Mindi Levitz	5-0	Jr.	Sunnyvale, CA
Krista Lewis	5-3	Fr.	Woodridge, IL
Alexis Maday	5-6	Sr.	Upper Marlboro, MD
Annie Rue	5-4	Jr.	Reisterstown, MD
Melissa Saliba	5-1	So.	Nashville, TN
Kortny Williamson	5-4	So.	Manheim, PA
Nicole Wong	5-7	Sr.	Virginia Beach, VA
Bobbie Zimmerman	5-5	Fr.	Naperville, IL

Head Coach: Mike Lorenzen (fifth season)

Associate Head Coach: Larissa Libby (fourth season)

Assistant Coach: Derek May (third season)