



# IOWA FIELD HOCKEY

## WEEK 6: #14 NORTHWESTERN

### 2015 SCHEDULE

(7-4, 1-1)

8/29	..... vs. #11 Wake Forest^	..... W, 2-1 (OT)
8/30	..... vs. #2 North Carolina^	..... L, 1-2
9/4	..... vs. Richmond	..... W, 5-1
9/6	..... at James Madison	..... L, 1-4
9/10	..... vs. #5 Stanford#	..... L, 2-3
9/12	..... vs. Kent State	..... W, 7-1
9/13	..... vs. Saint Louis	..... W, 7-0
9/18	..... vs. Rutgers*	..... W, 4-3
9/20	..... vs. Missouri State	..... W, 2-0
9/25	..... at Indiana*#	..... L, 1-3
9/27	..... at Ball State	..... W, 6-1
10/2	..... at #14 Northwestern*	..... 2:30 p.m.
10/9	..... at Michigan*	..... 6 p.m.
10/11	..... at Central Michigan	..... 11 a.m.
10/16	.. vs. Michigan State*!	..... 2:30 p.m.
10/18	.. vs. Ohio State*#	..... 12 p.m.
10/23	... at Penn State*!	..... 1:30 p.m.
10/31	.. vs. Maryland*	..... 12 p.m.

#### Big Ten Tournament (Bloomington, Ind.)

11/5	..... Quarterfinals	..... TBA
11/6	..... Semifinals!	..... TBA
11/8	..... Final!	..... TBA

#### NCAA Tournament (Ann Arbor, Mich.)

11/20	... Quarterfinals	..... TBA
11/21	... Semifinals	..... TBA
11/22	... Championship	..... TBA

All games listed are Central  
 ^ ACC/Big Ten Challenge  
 \* Big Ten Conference Games  
 ! Televised by Big Ten Network  
 # Streamed live on BTN.com

### RANKINGS

No.	Team	Points
1.	Connecticut	886
2.	Syracuse	879
3.	North Carolina*	824
4.	Virginia	724
5.	Duke	680
6.	Albany	665
7.	Wake Forest*	647
8.	Maryland*	532
9.	Louisville	518
10.	Stanford*	477
11.	Boston College	452
12.	Liberty	427
13.	Delaware	358
14.	Northwestern*	286
15.	Old Dominion	281
16.	Michigan*	176
17.	Boston	160
18.	IOWA	124
19.	James Madison*	103
20.	Princeton	85

\* - 2015 Opponent

#### THIS WEEK

The 18th-ranked University of Iowa field hockey team remains on the road this week when it travels to Evanston, Illinois, to take on No. 14 Northwestern. The Hawkeyes look to pick up their second conference win of the season against the Wildcats on Friday at 2:30 p.m. (CT).

#### LIVE STREAMING

Iowa field hockey fans can follow all contests via live stats on [hawkeyesports.com](http://hawkeyesports.com). Click on the "GameTracker" or "Live Stats" link found on the field hockey schedule page to access the live stats feed. Fans can also follow @IowaFieldHockey for live in-game updates.

#### LINK UP WITH THE HAWKEYES

For an inside look at the Iowa field hockey program and to access exclusive coverage, "like" The University of Iowa Field Hockey Team on Facebook and follow @IowaFieldHockey on Twitter and Instagram.

#### NATIONALLY SPEAKING -- TEAM STATS

- Through 11 games, Iowa has tallied a Big Ten best 42 assists. The Hawkeyes average 3.82 assists per game, ranking third in the country and first in the conference.
- Iowa's average of 10.73 points per game ranks sixth in the country and first in the Big Ten. The Hawkeyes have tallied 118 points in 11 games, the fifth most nationally.
- Iowa's 38 goals are tied for the sixth most in the country. The Hawkeyes' average of 3.45 goals per game is tied with Maryland for second best in the conference and 12th nationally.
- The Hawkeyes are outscoring their opponents, 38-19, and average a 1.72 margin of victory -- eighth best in the country.

#### NATIONALLY SPEAKING -- INDIVIDUAL STATS

- Junior Stephanie Norlander ranks third in the country in points scored with 29. Her average of 2.64 points per game ranks fourth nationally and first in the Big Ten.
- Norlander's 13 goals in 2015 are the most in the Big Ten and rank third in the country. Her average of 1.18 goals per game ranks fourth in the NCAA.
- Freshman Makenna Grewe and sophomore Melissa Progar are among the best in the country when it comes to dishing it out. Grewe ranks first in the country in assists with 10, while Progar is tied for second with nine. Grewe's average of 0.91 assists per game ranks second nationally, while her four-assist game against Saint Louis (Sept. 13) is tied with Teresa Benvenuti of Princeton for a 2015 NCAA single game high.
- Grewe's seven goals in 2015 rank 25th in the country and are tied for fourth among all Division I freshman.
- Grewe's 24 points are more than any other freshman and rank sixth nationally, while her average of 2.18 points per game rank fourth in the Big Ten and 15th nationally.

#### SCOUTING NORTHWESTERN

- The Wildcats enter this week's conference showdown with an 8-4 overall record and a 1-2 record in conference play.
- Three of Northwestern's four losses this season have come against teams ranked in the top-10 (No. 1 Connecticut, No. 5 Duke, and No. 10 Maryland). Northwestern's four losses have come by a combined six points, including three losses by one goal.
- On Friday, Iowa will be the fifth ranked opponent Northwestern has faced this year.
- The Wildcats have allowed 19 goals in 12 games played. They have a 1.58 goals against average that ranks 17th in the country and second in the Big Ten.
- Northwestern's roster features four players that have scored six or more goals this season, led by junior Isabel Flens. Flens is tied for fourth in the country with 11 goals. Her 27 points are tied for fifth nationally.

#### NORTHWESTERN VS. IOWA -- THE SERIES

- Iowa is 52-21-4 all-time against Northwestern, including 22-12-2 in away contests.
- In the first ever meeting between the two schools (1978), the Wildcats topped the Hawkeyes, 3-2.
- Northwestern has won three in a row against Iowa. Last season the Hawkeyes and Wildcats met twice; once during the regular season, and again at the Big Ten Tournament.
- Since 2004, Iowa and Northwestern have gone into overtime four times (2004, 2009, 2012, 2013). Iowa is 2-2 in those games.
- Iowa and Northwestern have a rich postseason history, having met nine times in the NCAA Tournament. The Hawkeyes hold a 5-4 advantage in those games.

#### IN THE RANKINGS

Iowa is ranked 18th in the Penn Monto/National Field Hockey Coaches Association (NFHCA) Division I Poll, released on Sept. 29. The Hawkeyes garnered 124 points in the rankings and are one of four ranked Big Ten schools -- Maryland (No. 8), Northwestern (No. 14), and Michigan (No. 16). Iowa has been ranked in the polls each week dating back to Sept. 6, 2011.

## BIG TEN STANDINGS

	Conf.	Over.
Maryland	3-0	8-3
Ohio State	2-0	6-3
Indiana	2-0	5-4
Michigan	2-1	7-3
<b>IOWA</b>	1-1	7-4
Northwestern	1-2	8-4
Penn State	1-2	4-5
Rutgers	0-3	5-4
Michigan State	0-3	3-7

(Results as of Sept. 28)

## 2015 ROSTER

00	Katie Jones	So.
1	Chandler Ackers	Jr.
2	Torie Berkel	So.
4	Makenna Grewe	Fr.
5	JoElla Guagliardo	So.
6	Mallory Lefkowitz	So.
7	Sophie Plasteras	Jr.
8	Stephanie Norlander	Jr.
9	Natalie Cafone	Sr.
12	Taylor Omweg	So.
14	Isabella Brown	Fr.
15	Riley Kniptash	Fr.
20	Veronique Declercq	So.
21	Isabella Licciardello	Sr.
22	Lara Bampfield	Fr.
24	Melissa Progar	So.
44	Alexandra Pecora	Jr.
54	Liz Leh	Sr.

## ATHLETIC COMMUNICATIONS

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## MEDIA INFORMATION

### INTERVIEW OPPORTUNITY

Members of the University of Iowa field hockey team and coaching staff will be available for interviews each Tuesday before practice during the regular sea-son.

To attend, please contact UI field hockey communications contact Sam Stych by phone (563-506-0357) or email (samuel-stych@uiowa.edu). Be sure to include which coaches and student-athletes you would like to speak with to ensure availability.

### LOOKING BACK

On Sept. 25, the Hawkeyes had their four-game win streak snapped at Indiana, falling to the Hoosiers, 3-1. Down 2-0, Iowa fought back to pull within one when junior Stephanie Norlander -- the Big Ten's leading goal scorer -- notched her 11th goal of the year to put Iowa on the board with 11 minutes left to play. Sophomore Melissa Progar was credited with the assist. Indiana held on to the momentum, however, sealing the 3-1 victory on a goal in the 69th minute.

On Sept. 20, Norlander and sophomore Veronique Declercq combined to score four goals to propel the Hawkeyes to a 6-1 victory over Ball State -- the Hawkeyes have scored six or more goals three different times this season. Junior Chandler Ackers and sophomore JoElla Guagliardo also scored for the Hawkeyes.

### TO BE THE BEST YOU HAVE TO PLAY THE BEST

Of Iowa's 18 opponents in 2015, seven are currently ranked in the most recent NFHCA Division I Poll released on Sept. 29 -- No. 3 North Carolina, No. 7 Wake Forest, No. 10 Stanford, No. 8 Maryland, No. 14 Northwestern, No. 16 Michigan, and No. 19 James Madison.

### GREWE NAMED B1G FRESHMAN OF THE WEEK

Freshman Makenna Grewe was named Big Ten Conference Freshman of the Week by the league office on Sept. 15. It was the first honor of Grewe's career.

In three games (Sept. 10-13), Grewe scored three goals and recorded six assists, helping the Hawkeyes to victories over Kent State and Saint Louis.

Grewe got Iowa on the board against fifth-ranked Stanford on Sept. 10 when she tied the game at one in the 38th minute. Iowa eventually fell in heartbreaking fashion, 3-2, losing on a penalty corner with no time left on the clock.

On Sept. 12, Grewe scored two goals and recorded two assists in a 7-1 victory over Kent State.

Grewe recorded four assists in Iowa's 7-0 shutout victory over Saint Louis on Sept. 13, falling one assist shy of tying the school's single game assists record of five set by Lisa Sweeney in 1991.

### BIG TEN PLAYERS TO WATCH LIST

Three University of Iowa field hockey players -- Chandler Ackers, Stephanie Norlander and Alexandra Pecora -- have been named to the 2015 Big Ten Players to Watch List, announced by the league office.

Ackers, a junior from White Haven, Pennsylvania, started all 18 contests in 2014, accounting for 11 points on two goals and a team-high seven assists. She was named to the 2014 All-Big Ten Tournament Team, while also garnering Academic All-Big Ten honors. Ackers was also named to the NFHCA Academic Squad for the second-straight year.

A two-time Player to Watch, Norlander was a second-team NFHCA All-American and first-team All-Big Ten honoree in 2014. She started in all 18 contests, scoring 35 points on 15 goals and five assists during her sophomore campaign. The North Vancouver, Canada, native ranked third in the Big Ten and 13th nationally in goals per game (.83), while ranking fifth in the Big Ten and 19th nationally in points per game (1.94). Norlander also scored four game-winning goals last season. In 2013, Norlander was named Big Ten Freshman of the Year in addition to earning NFHCA West Region All-America second-team honors.

Pecora appeared in 17 contests in 2014, starting each game at goalkeeper. The Marlton, New Jersey, native posted a 10-7 mark as a sophomore, collecting 78 saves and recording a .722 save percentage. Pecora tallied a career-high 13 saves at No. 2 Maryland on Nov. 1, and was named Big Ten Defensive Player of the Week on Oct. 28 following her performance in a 4-0 shutout over No. 5 Penn State.

### WHAT A SUMMER IT WAS

A second-team NFHCA All-American and first-team All-Big Ten honoree in 2014, junior Stephanie Norlander highlights what was a busy summer for several Hawkeyes. A native of North Vancouver, Canada, Norlander competed for the Canadian National Field Hockey Team at the World League 3 semifinals in Valencia, Spain as well as the 2015 Pan American Games, where she helped the Canadians to a third place, bronze medal finish. She scored three goals in Canada's Pan Am opener against the Dominican Republic en route to a 12-1 victory.

Juniors Chandler Ackers and Alexandra Pecora and sophomores Melissa Progar and Taylor Omweg were each selected and competed in the USA Women's National Championship at the USA Training Center in Lancaster, Pennsylvania. Ackers and Pecora were also selected and participated at the Junior National Team Camp and Trials held at the Spooky Nook Sports Complex also in Lancaster, Pennsylvania.

Sophomore Veronique Declercq competed for the Belgium U21 Team in various tournaments over the course of the summer.

### HAWKEYES IN THE NCAA TOURNAMENT

The Hawkeyes have been selected to the NCAA Tournament 22 times in program history -- the most of any school as a member of the Big Ten Conference. The Hawkeyes are 26-23 all-time in tournament play, including 9-5 in first round match-ups and 11-6 in second round contests. Iowa has advanced to 11 NCAA Final Fours, winning the 1986 national championship. The Hawkeyes 26 tournament victories and 11 NCAA Final Fours are the most of any school as a member of the Big Ten Conference.

### IOWA NEWCOMERS

Iowa's 2015 roster features a lot of youth. Of the 19 student-athletes listed on Iowa's roster, 12 are either freshmen or sophomores. Iowa's five freshmen include Lara Bampfield (F), Isabella Brown (MF), Makenna Grewe (MF), Riley Kniptash (F/MF), and Avery Semler (F/MF).

### CAFONE REDSHIRTING

The 2014 Big Ten Offensive Player of the Year and first-team All-American will redshirt during the 2015 season due to injury. Cafone dislocated her shoulder last November and re-injured it during the spring.

### WELCOME BACK, JESS

Head coach Lisa Cellucci announced the addition of former Hawkeye Jessica Barnett to her staff in late July. Iowa's 2012 and 2013 Female Athlete of the Year, Barnett will serve as a volunteer assistant coach. A four-year starter for the Hawkeyes from 2009-12, Barnett was a two-time All-American and a three-time All-Big Ten, All-Region, and Big Ten All-Tournament team selection. She helped the Hawkeyes earn back-to-back NCAA Tournament appearances in 2011-12.

### LOOKING AHEAD

The Hawkeyes wrap up a five-game road trip next weekend with games at No. 16 Michigan (Oct. 9) and Central Michigan (Oct. 11).

### HAWKEYES ON BTN

Throughout the 2015 season, two Hawkeye contests will be televised live on Big Ten Network -- Iowa's home contest against Michigan State (Oct. 16) and away matchup at Penn State (Oct. 23) --, while five additional matches will be streamed live on the BTN Plus.

All four quarterfinal matches (Nov. 5) of the 2015 Big Ten Tournament, hosted by the University of Indiana, will be streamed on the BTN Plus. Both semifinal contests (Nov. 6) and the championship match (Nov. 8) can be seen live on BTN.



# IOWA FIELD HOCKEY

## SEASON STATS

### IOWA HAWKEYE FIELD HOCKEY IOWA Combined Team Statistics (as of Sep 27, 2015) All games

RECORD:	OVERALL	HOME	AWAY	NEUTRAL
ALL GAMES	7-4	4-1	1-2	2-1
CONFERENCE	1-1	1-0	0-1	0-0
NON-CONFERENCE	6-3	3-1	1-1	2-1

Date	Opponent	Score	Att.	#	Player	gp	g	a	pts	sh	sh%	sog	sog%	gw	ps-att	dsv
Aug 29	vs #11 Wake Forest	wot 2-1	0	8	Norlander, Stephanie	11	13	3	29	58	.224	37	.638	1	1-1	0
Aug 30	vs #2 North Carolina	L 1-2	0	4	Grew, Makenna	11	7	10	24	14	.500	11	.786	2	0-0	0
Sep 04	vs Richmond	w 5-1	198	1	Ackers, Chandler	11	5	5	15	16	.312	10	.625	0	1-2	1
Sep 06	at James Madison	L 1-4	311	20	Declercq, Veronique	11	4	3	11	42	.095	25	.595	2	0-0	1
Sep 10	#5 STANFORD	L 2-3	122	6	Lefkowitz, Mallory	11	3	4	10	13	.231	9	.692	1	0-0	1
Sep 12	KENT STATE	w 7-1	107	24	Progar, Melissa	11	0	9	9	6	.000	2	.333	0	0-0	0
Sep 13	SAINT LOUIS	w 7-0	117	5	Guagliardo, JoElla	11	3	0	6	6	.500	5	.833	0	0-0	0
* Sep 18	RUTGERS	w 4-3	89	21	Licciardello, I	11	1	2	4	5	.200	4	.800	1	0-0	0
Sep 20	MISSOURI STATE	w 2-0	109	14	Brown, Isabella	11	1	2	4	5	.200	3	.600	0	0-0	0
* Sep 25	at Indiana	L 1-3	291	7	Plasteras, Sophie	11	0	3	3	2	.000	1	.500	0	0-0	0
Sep 27	at Ball State	w 6-1	217	22	Bampfield, Lara	5	1	0	2	1	1.000	1	1.000	0	0-0	0
				12	Omweg, Taylor	11	0	1	1	3	.000	1	.333	0	0-0	0
				2	Berkel, Torie	2	0	0	0	2	.000	0	.000	0	0-0	0
				25	Semler, Avery	2	0	0	0	1	.000	1	1.000	0	0-0	0
				54	Leh, Liz	11	0	0	0	0	.000	0	.000	0	0-0	0
				15	Kniptash, Riley	9	0	0	0	0	.000	0	.000	0	0-0	0
					Total	11	38	42	118	174	.218	110	.632	7	2-3	3
					Opponents	11	19	17	55	108	.176	61	.565	4	0-0	3

TEAM STATISTICS	IOWA	OPP
<b>SHOT STATISTICS</b>		
Goals-Shot attempts	38-174	19-108
Goals scored per game	3.45	1.73
Shot pct.	.218	.176
Shots on goal-Attempts	110-174	61-108
SOG pct.	.632	.565
Shots/Game	15.8	9.8
PENALTY CORNERS	85	63
PENALTY STROKES	2-3	0-0
<b>PENALTIES</b>		
Green cards	8	5
Yellow cards	0	2
Red cards	0	0
<b>ATTENDANCE</b>		
Total	544	819
Dates/Avg Per Date	5/109	3/273
Neutral Site #/Avg	3/66	

#	Goalie	GP	Min.	GA	GAAvg	Saves	Pct	W-L-T	Sho
00	Jones, Katie	1	25:31	0	0.00	0	.000	0-0-0	0/1
44	Pecora, Alexandra	11	747:21	19	1.78	39	.672	7-4-0	1/1
	Total	11	772:52	19	1.72	42	.689	7-4-0	2
	Opponents	11	772:52	38	3.44	72	.655	4-7-0	0

Goals by Period	1st	2nd	OT	Total
IOWA	16	21	1	38
Opponents	10	9	0	19

Shots by Period	1st	2nd	OT	Total
IOWA	70	102	2	174
Opponents	60	48	0	108

Saves by Period	1st	2nd	OT	Total
IOWA	24	18	0	42
Opponents	33	38	1	72

Corners by Period	1st	2nd	OT	Total
IOWA	34	51	0	85
Opponents	28	35	0	63





# IOWA FIELD HOCKEY

## CONFERENCE STATS

### IOWA HAWKEYE FIELD HOCKEY IOWA Combined Team Statistics (as of Sep 25, 2015) Conference games

RECORD:	OVERALL	HOME	AWAY	NEUTRAL
ALL GAMES	1-1	1-0	0-1	0-0
CONFERENCE	1-1	1-0	0-1	0-0
NON-CONFERENCE	0-0	0-0	0-0	0-0

Date	Opponent	Score	Att.
* Sep 18	RUTGERS	w 4-3	89
* Sep 25	at Indiana	L 1-3	291

TEAM STATISTICS	IOWA	OPP
<b>SHOT STATISTICS</b>		
Goals-Shot attempts	5-19	6-30
Goals scored per game	2.50	3.00
Shot pct.	.263	.200
Shots on goal-Attempts	13-19	19-30
SOG pct.	.684	.633
Shots/Game	9.5	15.0
PENALTY CORNERS	10	13
PENALTY STROKES	0-0	0-0
<b>PENALTIES</b>		
Green cards	0	1
Yellow cards	0	0
Red cards	0	0
<b>ATTENDANCE</b>		
Total	89	291
Dates/Avg Per Date	1/89	1/291
Neutral Site #/Avg	0/0	

#	Player	gp	g	a	pts	sh	sh%	sog	sog%	gw	ps-att	dsv
8	Norlander, Stephanie	2	2	1	5	9	.222	6	.667	0	0-0	0
20	Declercq, Veronique	2	1	1	3	3	.333	2	.667	0	0-0	0
4	Grew, Makenna	2	1	1	3	2	.500	1	.500	1	0-0	0
6	Lefkowitz, Mallory	2	1	1	3	1	1.000	1	1.000	0	0-0	1
24	Progar, Melissa	2	0	1	1	2	.000	2	1.000	0	0-0	0
14	Brown, Isabella	2	0	1	1	0	.000	0	.000	0	0-0	0
21	Licciardello, I	2	0	0	0	1	.000	0	.000	0	0-0	0
1	Ackers, Chandler	2	0	0	0	1	.000	1	1.000	0	0-0	1
54	Leh, Liz	2	0	0	0	0	.000	0	.000	0	0-0	0
15	Kniptash, Riley	1	0	0	0	0	.000	0	.000	0	0-0	0
12	Omweg, Taylor	2	0	0	0	0	.000	0	.000	0	0-0	0
7	Plasteras, Sophie	2	0	0	0	0	.000	0	.000	0	0-0	0
5	Guagliardo, JoElla	2	0	0	0	0	.000	0	.000	0	0-0	0
Total		2	5	6	16	19	.263	13	.684	1	0-0	2
Opponents		2	6	5	17	30	.200	19	.633	1	0-0	2

#	Goalie	GP	Min.	GA	GAAvg	Saves	Pct	W-L-T	Sho
44	Pecora, Alexandra	2	140:00	6	3.00	11	.647	1-1-0	0/0
Total		2	140:00	6	3.00	13	.684	1-1-0	0
Opponents		2	140:00	5	2.50	8	.615	1-1-0	0

Goals by Period	1st	2nd	Total
IOWA	1	4	5
Opponents	2	4	6

Shots by Period	1st	2nd	Total
IOWA	10	9	19
Opponents	19	11	30

Saves by Period	1st	2nd	Total
IOWA	8	5	13
Opponents	6	2	8

Corners by Period	1st	2nd	Total
IOWA	4	6	10
Opponents	5	8	13

