



*All times listed are Central
 Schedule is subject to change*

FRIDAY, MARCH 10

TRACK EVENTS

TIME	EVENT	DIVISION	ROUND
5:30 PM	Mile	Women	Semifinal
5:45 PM	Mile	Men	Semifinal
6:00 PM	60 Meters	Women	Semifinal
6:10 PM	60 Meters	Men	Semifinal
6:20 PM	400 Meters	Women	Semifinal
6:35 PM	400 Meters	Men	Semifinal
6:50 PM	60 Hurdles	Women	Semifinal
7:00 PM	60 Hurdles	Men	Semifinal
7:10 PM	800 Meters	Women	Semifinal
7:20 PM	800 Meters	Men	Semifinal
7:30 PM	200 Meters	Women	Semifinal
7:45 PM	200 Meters	Men	Semifinal
8:00 PM	5000 Meters	Women	Final
8:20 PM	5000 Meters	Men	Final
8:40 PM	Distance Medley Relay	Women	Final
8:55 PM	Distance Medley Relay	Men	Final

FIELD EVENTS

TIME	EVENT	DIVISION	ROUND
5:15 PM	Shot Put	Women	Trials & Final
5:30 PM	Long Jump	Men	Trials & Final
5:30 PM	Pole Vault	Men	Final
6:00 PM	High Jump	Women	Final
7:10 PM	Long Jump	Women	Trials & Final
7:20 PM	Shot Put	Men	Trials & Final

COMBINED EVENTS

TIME	EVENT	DIVISION	
12:00 PM	60 Meters	Heptathlon	
12:40 PM	Long Jump	Heptathlon	2 runways
1:50 PM	Shot Put	Heptathlon	2 rings
3:00 PM	High Jump	Heptathlon	2 pits

TIME	EVENT	DIVISION	
12:15 PM	60 Hurdles	Pentathlon	
1:00 PM	High Jump	Pentathlon	2 pits
3:00 PM	Shot Put	Pentathlon	2 rings
4:00 PM	Long Jump	Pentathlon	2 runways
5:10 PM	800 Meters	Pentathlon	

SATURDAY, MARCH 11

TRACK EVENTS

TIME	EVENT	DIVISION	ROUND
4:00 PM	Mile	Women	Final
4:10 PM	Mile	Men	Final
4:20 PM	60 Meters	Women	Final
4:30 PM	60 Meters	Men	Final
4:40 PM	400 Meters	Women	Final
4:50 PM	400 Meters	Men	Final
5:00 PM	60 Hurdles	Women	Final
5:10 PM	60 Hurdles	Men	Final
5:20 PM	800 Meters	Women	Final
5:30 PM	800 Meters	Men	Final
5:40 PM	200 Meters	Women	Final
5:50 PM	200 Meters	Men	Final
6:00 PM	3000 Meters	Women	Final
6:15 PM	3000 Meters	Men	Final
6:30 PM	4x400 Relay	Women	Final
6:45 PM	4x400 Relay	Men	Final

FIELD EVENTS

TIME	EVENT	DIVISION	ROUND
2:00 PM	Weight Throw	Men	Trials & Final
3:30 PM	Triple Jump	Women	Trials & Final
3:30 PM	High Jump	Men	Final
4:00 PM	Pole Vault	Women	Final
4:30 PM	Weight Throw	Women	Trials & Final
5:00 PM	Triple Jump	Men	Trials & Final

COMBINED EVENTS

TIME	EVENT	DIVISION	
12:00 PM	60 Hurdles	Heptathlon	
12:50 PM	Pole Vault	Heptathlon	2 pits
3:45 PM	1000 Meters	Heptathlon	