

IOWA TRACK & FIELD 2018

25 Olympians
13 NCAA Champions
286 All-America Honors
287 Big Ten Champions
480 Academic All-Big Ten Honors



Feb. 7, 2018

TRACK AND FIELD CONTACT: JACK ROSSI | EMAIL: JACK-ROSSI@UIOWA.EDU | Phone: 319-335-9411 | hawkeyesports.com

2018 IOWA TRACK & FIELD INDOOR SCHEDULE

Date	Meet
Jan. 13	Hawkeye Invitational (Iowa City, Iowa)
Jan. 19-20	Larry Wiecek Invitational (Iowa City, Iowa)
Jan. 27	Black & Gold Premier (Iowa City, Iowa)
Feb. 2-3	Meyo Invitational (South Bend, Ind.)
Feb. 2-3	Frank Sevigne Husker Invite (Lincoln, Nebraska)
Feb. 9-10	Iowa State Classic (Ames, Iowa)
Feb. 9-10	Tyson Invitational (Fayetteville, Ark.)
Feb. 17	Alex Wilson Invitational (South Bend, Ind.)
Feb. 23-24	Big Ten Championships (Geneva, Ohio)
Mar. 9-10	NCAA Championships (College Station, Texas)

IOWA COACHING STAFF

Joey Woody.....	Director of Track & Field
Randy Hasenbank.....	Associate Head Cross Country
.....	Assistant Track & Field Coach
Clive Roberts.....	Associate Head Coach
Jason Wakenight.....	Assistant Coach
.....	Director of Recruiting
Eric Werskey.....	Assistant Coach (Throws)
Paige Knodle.....	Assistant Coach
Kate See.....	Director of Operations

THIS WEEK

The University of Iowa track and field team travels to the Iowa State Classic in Ames, Iowa, and Tyson Invitational, hosted by Arkansas this weekend. The Iowa State Classic begins Friday at 11 a.m. (CT) and resumes Saturday at 11 a.m., while the Tyson Invite is scheduled to begin at 1 p.m. on Friday and Saturday.

FOLLOW ALONG

Fans can follow the meet on the live results page at hawkeyesports.com/tracklive. Results will also be posted on the team's official twitter account @iowaxc_tf.

HAWKEYES ARE NATIONALLY RANKED

The University of Iowa men's and women's track and field teams are ranked in the latest United States Track and Field and Cross Country Coaches Association (USTFCCA) National Rankings, released Feb. 5. The men are ranked 29th in the nation, while the women are ranked 27th.

Regionally, men are ranked second in the midwest region while the women are fifth.

GUILLORY NAMED BIG ATHLETE OF THE WEEK

Junior Briana Guillory won the Big Ten Track Athlete of the Week for the second time this season after setting two personal bests at the Frank Sevigne Husker Invitational over the weekend. Guillory ran lifetime bests in the 200 meters (23.26) and 400 meters (52.57) on her way to sweeping the events and claiming the top spot in the conference. Guillory is the first women in program history to win multiple conference awards in a season.

Guillory is fifth in the nation in the 400 meters and 12th in the 200 meters. In addition, Guillory improved to third in school history in the 400 meters and second in the 200 meters behind senior Brittany Brown.

BIG TEN LEADERS

The Hawkeyes lead the Big Ten in six events in 2018.

- Junior Briana Guillory: 400 Meters (52.95); 200 Meters (23.26)
- Junior Mar'yea Harris: 400 Meters (45.95)
- Junior Chris Douglas: 60 Meter Hurdles (7.76)
- Men's 4x400 meter relay: 3:07.54
- Senior Jahisha Thomas: Triple Jump (13.11m; 43 feet, 1/4 inches)

NCAA LEADERS

Iowa has seven athletes represented in four events in the NCAA top 10, according to TFRS.com.

- Junior Mar'yea Harris: 400 meters (3rd)
- Junior Briana Guillory: 400 meters (5th)
- Men's 4x400 meter Relay (9th)
- Junior Chris Douglas: 60 meter hurdles (9th)



HAWKEYES LOADED AT 600M

The men's 600 meter group has packed the program's all-time top-ten list following the Meyo Invitational. Five of the ten athletes listed are currently on the roster. These athletes include Carter Lilly (2nd), Mar'yea Harris (3rd), Austin Lietz (4th), Noah Larrison (9th), and Ryan Dorman (10th).

In addition, nine of the top ten times have been recorded in the past eight years.

AVANT IN RARE COMPANY

Freshman Kyara Avant set another personal best at the Husker Invitational of Feb. 3. Avant ran a lifetime best and team-leading 7.48 in the 60-meters to move to fifth in school history. Avant is ranked seventh in the conference, is one of two freshmen in the conference's top ten, and one of three underclassmen in the top ten.

THE THROW GOES ON

After breaking the shot put record two weeks in a row, sophomore Laulauga Tausaga broke the weight throw record at the Meyo Invitational. Tausaga tied her personal best of 19.15 meters two consecutive weeks and broke through with a throw of 19.93 meters (65 feet, 4 inches).

Tausaga now owns school records in the indoor shot put, discus, and weight throw. She ranks eighth in the Big Ten in the shot put and ninth in the weight throw.

MIDDLE DISTANCE MADNESS

The Hawkeyes accumulated 18 personal bests across the men's and women's 400 meters, 600 meters, and 800 meters at the Meyo and Husker Invites Feb. 2-3.

The women had personal bests from Briana Guillory (400 meters), Sheridan Champe (400 meters), Sommer Sharpe (400, 600 meters), Sarah Plock (400 meters), Kylie Welch (400 meters), Talia Buss (400 meters), Shelby West (400 meters), Antonise Christian (400 meters), Tria Simmons (800 meters), Jenny Kimbro (800 meters), Mallory King (600 meters), Tia Saunders (600 meters), and Addie Swanson (600 meters).

The men saw lifetime bests by Chris Thompson (400, 600 meters), Bradford Garron (400 meters), Raymonte Dow (400 meters), Mar'yea Harris (600 meters), and Matt Manternach (600 meters).

2018 INDOOR SEASON LEADERS

MEN

60 Meters	Christian Brissett	6.79
60-Meter Hurdles	Chris Douglas	7.76
200 Meters	Antonio Woodard	21.20
400 Meters	Mar'yea Harris	45.95
600 Meters	Mar'yea Harris	1:17.26
800 Meters	Tysen VanDraska	1:50.88
1,000 Meters	Kevin Docherty	2:27.90
Mile	Michael Melchert	4:04.32
3,000 Meters	Nathan Mylenek	8:19.04
5,000 Meters	Daniel Soto	14:25.42
1,600-Meter Relay...	Hofacker, Frye, Garron, Harris ...	3:07.54
High Jump.....	Jay Hunt	6-8 3/4 (2.05m)
Pole Vault	Andy Jatis.....	16-6 3/4 (5.05m)
Long Jump	O'Shea Wilson	23-11 3/4 (7.31m)
Triple Jump	Akinshe Hill	48-4 1/4 (14.74m)
Shot Put.....	Reno Tuufuli.....	60-10 3/4 (18.56m)
Heptathlon	Will Dougherty.....	5,572 points *

WOMEN

60 Meters	Kyara Avant	7.48
60-Meter Hurdles	Jenny Kimbro	8.42
200 Meters	Briana Guillory	23.26
400 Meters	Briana Guillory	52.57
600 Meters	Mallory King.....	1:32.79
800 Meters	Tia Saunders	2:13:55
1,000 Meters	Julie Hollensbe.....	3:00.98
Mile	Andrea Shine	4:55.55
3,000 Meters	Andrea Shine	9:39.02
5,000 Meters	Madison Waymire.....	17:08.18
1,600-Meter Relay...	Champe, Brown, Guillory, Weum	3:37.37
High Jump.....	Aubrianna Lantrip	5-7 (1.70m)
	Gillian Urycki.....	5-7 (1.70m)
Pole Vault	Amy Smith	11-9 3/4 (3.60m)
Long Jump	Tria Simmons	19-2 (5.84m)
Triple Jump	Jahisha Thomas.....	43-0 1/4(13.11m) *
Shot Put.....	Laulauga Tausaga ...	52-6 1/2 (16.01m) *
Weight Throw.....	Laulauga Tausaga	65-4 (19.93m) *
Pentathlon	Jenny Kimbro	3,900 points

* -- school record



MELCHERT PASSES WIECZOREK

Senior Michael Melchert passed former Iowa track and field coach and athlete Larry Wieczorek on Iowa's all-time mile list at No. 4 at the Meyo Invitational. Melchert ran 4:04.32 to pass Wieczorek's 4:04.40 on his way to a sixth place finish in the event.

Melchert is behind Adam Jones, Ed DeLashmutt, and school-record holder Jeff Thode. Melchert ranks seventh in the conference.

ROSTER BREAKDOWN

Iowa has 107 athletes on its roster in 2018. There are 38 freshmen, 31 sophomores, 21 juniors, and 17 seniors. Of the 107 student-athletes, 40 are from Iowa followed by 19 from Illinois. The team also has seven international athletes.

COUNTING CURRENT ALL-TIME HAWKEYES

The men have 40 current athletes in Iowa's indoor all-time top 10, led by school-record holders Mar'yea Harris, (400-meters, 1,600-meter relay), Carter Lilly (800-meters, Distance medley relay), Will Dougherty (heptathlon), DeJuan Frye (1,600-meter relay, Distance medley relay), Collin Hofacker (1,600-meter relay) and Matt Manternach (Distance medley relay).

The women have 35 athletes in the top-10 and five school record holders on the roster including Brittany Brown (200 meters), Jahisha Thomas (long jump, triple jump), Briana Guillory (1,600-meter relay), and Lalauga Tausaga (shot put, weight throw).

BROWN, HARRIS NAMED PRESEASON ALL-AMERICANS

Senior Brittany Brown (200 meters) and junior Mar'yea Harris (400 meters) were named 2018 Preseason All-Americans by FloTrack.

Brown, a native of Upland, California, owns the 200-meter school record indoor and outdoor and is tied for the 100-meter record. Brown won Big Ten titles in the 200 meters during the indoor and outdoor seasons and went on to finish fifth at the NCAA Indoor championships with a time of 22.92.

Harris, a native of Auburn, Washington, holds the indoor 400-meter school record and placed runner-up in the 400-meters at the Big Ten Indoor Championships. Harris was part of the 1,600-meter relay that broke the indoor and outdoor school records and placed fifth and third at the NCAA Indoor and Outdoor Championships, respectively.

Brown and Harris join Ohio State's Nick Gray as the only male or female representatives of the Big Ten in the 200 or 400 meters.

NEXT ON THE BLOCK

The Hawkeyes head to their final tune-up before the Big Ten Indoor Championships with the Alex Wilson Invitational on Feb. 17.

Pronunciation Guide

Alex Balke	ball-KEY
Marta Bote Gonzalez	BOAT
Sheridan Champe	CHAMP-ee
Kevin Docherty	DOC-er-tee
Tashee Hargrave.....	Ta-Shay
Mar'yea Harris.....	Mar-ee-ay
Matt Manternach.....	MON-ter-knock
Nathan Mylenek	MY-len-ek
Kara Neustrom	NEW-strum
Elizabeth Niedert	KNEE-dirt
Lalauga Tausaga.....	La-Long-a Ta-(short a)-saga
Nolan Teubel	TOO-bull
Reno Tuufuli	TOO-foo-lee

Lied Recreation Center

The Lied Recreation Center opened in 1995 and space for four pole vault runways and two long jump/triple jump pits.

The Lied Recreation Center played host to the 1998, 2000, 2007, 2014, and 2015 Big 12 Indoor Track & Field Championships.



Randal Tyson Track Center

The Randal Tyson track is a 200 meter banked track, which first opened in 2000.

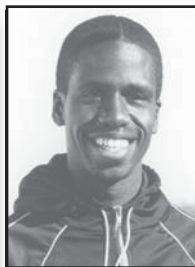
The track has hosted 20 postseason events including 12 NCAA Championships and 8 SEC Championships.



INDOOR ALL-TIME TOP TEN PERFORMERS



Justin Austin



Rodney Chambers



Jim Costello



Troy Doris



William Dougherty



Bill Hansen



John Hickey

60 Meters

- Justin Austin, 2011 6.69
- Vinnie Saucer, Jr., 2016..... 6.70
- Kurt Felix, 1999..... 6.73
Tevin-Cee Mincy, 2014 6.73
- Josh Larney, 2013 6.74
Christian Brissett, 20176.74
- Troy Doris, 2012 6.75
- O'Shea Wilson, 2017.....6.75**
- Jacob Gourley, 2017 6.77
- Tony Branch, 1999 6.78

60-Meter Hurdles

- Aaron Mallett, 2017 7.64
- Jordan Mullen, 2013..... 7.70
- Chris Douglas, 20187.76**
- Ethan Holmes, 2013 7.82
- Dion Trowers, 1997 7.87
- Russell Peterson, 2004 7.97
Anthony Williams, 2018.....7.97
- Dan Davis, 2012..... 8.02
- DeRocco Reed, 2000..... 8.03
Keith Brown, 2015 8.03

200 Meters

- Justin Austin, 2011 20.80
- Anthuan Maybank, 1993 21.11
- Bashir Yamini, 1999 21.19
- Antonio Woodard, 2018.....21.20**
- James Harrington, 2014 21.21
- Ethan Holmes, 2013 21.23
- Tim Dodge, 2000 21.26
- Christian Brissett, 201721.27**
- Emmanuel Ogwo, 2017 21.32
- Paul Chaney, Jr., 2009 21.34

400 Meters

- Mar'yea Harris, 201745.75**
- Emmanuel Ogwo, 2017 46.45
- Steven Willey, 2010 46.75
- Terrence Duckett, 1984 46.81
- Collin Hofacker, 201746.82**
- Andre Morris, 1995 47.15
- Monte Raymond, 1998..... 47.18
- Anthuan Maybank, 1990 47.25
- Chris Thompson, 201847.32**
- Patrick Richards, 2011 47.35

600 Meters

- Erik Sowinski, 2012..... 1:16.91
- Carter Lilly, 20171:17.20**
- Mar'yea Harris, 20181:17.26**
- Austin Lietz, 20171:17.40**
- Will Teubel, 2016..... 1:17.55
- Steven Willey, 2011 1:17.94
- Keaton Rickels, 2012 1:18.19
- Pat McGhee, 1988..... 1:18.30
- Noah Larrison, 2017.....1:18.41**
- Ryan Dorman, 20171:18.44**

800 Meters

- Carter Lilly, 20171:47.33**
- Erik Sowinski, 2012..... 1:47.62
- Will Teubel, 2016..... 1:47.74
- Pavlo Hutsalyuk, 2016 1:48.97
- Ryan Weir, 2013 1:49.11
- Adam Hairston, 2010..... 1:49.26
- Nathan Prom, 2013 1:49.29
- Nick Kuczwarra, 2010 1:49.59
- Anthony Chaidez, 20171:50.75**
- Tysen VanDraska, 20181:50.88**

Mile

- Jeff Thode, 2011 3:58.72
- Ed DeLashmutt, 1981 4:04.01
- Adam Jones, 2017 4:04.28
- Michael Melchert, 20184:04.32**
- Larry Wieczorek, 1968..... 4:04.40
- John Clark, 1972 4:05.94
- Ben Witt, 2014 4:07.08
- Adam Thomas, 2002 4:07.13
- Kevin Herd, 1992 4:07.26
- Jesse Luciano, 2009 4:07.29

3,000 Meters

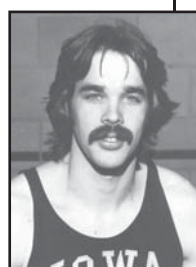
- Kevin Lewis, 2015 7:57.06
- Jeff Thode, 2011 8:00.38
- Micah VanDenend, 2006 8:00.81
- Michael Melchert, 20168:08.57**
- Eric MacTaggart, 2006..... 8:08.79
- Stetson Steele, 2000..... 8:09.54
- Ben Witt, 2015 8:10.97
- Dan Haut, 2005 8:11.36
- Kevin Herd, 1994 8:11.51
- Nick Holmes, 2010 8:15.48

5,000 Meters

- Kevin Lewis, 2015 13:43.70
- Micah VanDenend, 2007 13:56.46
- Stetson Steele, 2000..... 14:00.52
- Dan Haut, 2006 14:06.16
- Eric MacTaggart, 2006..... 14:13.41
- Jeff Thode, 2011 14:16.00
- Matt Esche, 2004..... 14:18.43
- Jeff Kent, 2007 14:18.86
- Jesse Luciano, 2009 14:20.99
- Nick Nordheim, 2002 14:22.99



Ethan Holmes



Bill Knoedel



Anthuan Maybank



Aaron Mallett



Nathan Prom

INDOOR ALL-TIME TOP TEN PERFORMERS



Patrick Richards

Keaton Rickels

Erik Sowinski

Jeff Thode

Micah VanDenend

Todd Wigginton

Steven Willey

Heptathlon

1. **William Dougherty, 2018 5,572 points**
2. Kyle Reid, 2013 5,354 points
3. Dan Rolling, 2010 5,205 points
4. Jack Eckert, 2015 5,188 points
5. Ryan Niver, 2008..... 5,149 points
6. Frank Prill, 2010..... 5,015 points
7. **Daniel Gaynes, 2018 4,895 points**
8. Scott Faber, 2000..... 4,784 points
9. Cam Appleman, 1997 4,685 points
10. Bobby Windauer, 2007 4,644 points

High Jump

1. Bill Knoedel, 1976..... 7-3 (2.21)
Bill Hansen, 1978..... 7-3 (2.21)
3. Scott Hudek, 1993 7-0 1/2 (2.15)
Kevin Spejcher, 2015 7-0 1/2 (2.15)
5. Pat Meade, 1987 7-0 1/4 (2.14)
6. Mike Lacy, 1984..... 7-0 (2.13)
7. M. Cunningham, 1984.. 6-11 1/4 (2.11)
8. Jeffery Herron, 2010..... 6-11 (2.11)
Peter Hlavin, 1980 6-11 (2.11)
Brandon Oest, 2010 6-11 (2.11)
Dan Rolling, 2008 6-11 (2.11)
Graham Valdes, 2010 6-11 (2.11)
Peter Andreano, 2016 6-11 (2.11)

Pole Vault

1. Todd Wigginton, 1984 17-1 (5.21)
2. Dave Nielsen, 1975..... 16-10 (5.13)
3. Kyle Reid, 2013 16-6 3/4 (5.05)
Andy Jatis, 2018..... 16-6 3/4 (5.05)
5. Curt Brock, 1979..... 16-6 (5.03)
6. Alex Zona, 2010..... 16-4 3/4 (5.00)
7. Phil Wertman, 1971 16-4 (4.98)
8. Jeff Raymond, 2008..... 16-2 (4.93)
9. John Teffer, 1972 16-1 (4.90)
10. Josh Pelock, 2017 16-0 3/4 (4.90)

Long Jump

1. Anthuan Maybank, 1992..26-5 1/2 (8.06)
2. Bashir Yamini, 1998 26-0 1/4 (7.93)
3. **O'Shea Wilson, 2017 25-9 1/2 (7.86)**
4. Darren Smith, 1991 25-2 (7.67)
5. Paul Jones, 1990..... 24-11 1/4 (7.60)
6. Josh Larney, 2013 24-10 (7.57)
7. Ronnie McCoy, 1984..... 24-9 (7.54)
8. Matty Gorman, 2006 24-8 1/2 (7.53)
9. Charles Jones, 1980..... 24-8 1/4 (7.52)
10. Quinn Early, 1986 24-7 1/4 (7.50)

Triple Jump

1. Troy Doris, 2011 54-0 (16.46)
2. Babatunde Amosu, 2015..52-8 3/4 (16.07)
3. Paul Jones, 1990..... 52-1 1/4 (15.88)
Klyvens Delaunay, 2014.. 52-1 1/4 (15.88)
5. Mike Lacy, 1983 49-0 (14.93)
6. Owen Gill, 1982 48-10 3/4 (14.90)
7. Josh Bean, 2009 48-10 (14.88)
8. David Nsabua, 2013 48-9 (14.86)
9. Kerry Dean, Jr., 2016... 48-8 1/4 (14.84)
10. **Akinshe Hill, 2018 48-4 1/2 (14.74)**

Shot Put

1. John Hickey, 2009..... 63-0 (19.20)
2. Jeremy Allen, 2001 ... 62-10 1/2 (19.16)
3. **Reno Tuufuli, 2017 61-7 1/2 (18.78)**
4. Avery Meyers, 2017.... 61-4 1/4 (18.70)
5. Shane Maier, 2006..... 61-2 (18.64)
6. Gary Kostrubala, 1986..60-10 3/4 (18.55)
7. Andy Banse, 2005..... 60-9 1/4 (18.52)
8. Ken Kemeny, 2004..... 60-0 1/2 (18.30)
9. Gabe Hull, 2014..... 59-3 (18.06)
10. Chris Gambol, 1987 59-0 (17.98)

Weight Throw

1. Jim Costello, 2002 69-4 3/4 (21.15)
2. Matt Banse, 2012 67-8 (20.62)
3. Arno van der Westhuizen,
2001 67-7 1/2 (20.61)
4. Adam Hamilton, 2007 66-9 1/4 (20.35)
5. Jeremy Allen, 2001 ... 65-10 1/4 (20.07)
6. Chris Voller, 2005..... 63-4 (19.30)
7. Ryan Lamparek, 2012..... 61-2(18.62)
8. Brad Daufeldt, 2004 ... 60-4 1/2 (18.40)
9. Gabe Hull, 2014..... 59-7 (18.16)
10. Ryan Jordan, 2008..... 59-0 (17.98)

1,600-Meter Relay

1. Ogwo, **Hofacker, Frye, Harris**, 20173:04.94
2. Richards, E. Holmes, Sowinski, Willey, 20113:06.66
3. Rozell, Davis, Raymond, Yamini, 19983:06.80
4. Ogwo, Mallett, **Frye, Harris**, 20173:07.08
5. Wolff, Ganschow, **Lilly, Harris**, 20163:07.24
6. Coleman, Faber, Strang, Peterson, 2002 ..3:07.44
7. **Hofacker, Frye, Garron, Harris, 20183:07.54**
8. Wolff, B. Thompson, Ganschow, **Harris**, 2016 ...3:07.58
9. Richards, Sowinski, E. Holmes, Willey, 20113:07.84
10. Greer, Williams, Smith, Duckett, 1984.....3:08.14

3,200-Meter Relay

1. Cooke, Nie, Monsey, Chambers, 1990.....7:13.02
2. Corrigan, Blackman, Strozier, Chambers,
19897:29.00
3. English, Blackman, Strozier, Chambers,
19897:36.20
4. 19777:39.40
5. 19867:40.90
6. Bouske, Herd, Chambers, Koon, 19927:43.94
7. Bouska, Cook, White, Herd, 1992.....7:48.63
8. 19927:49.86
9. 19867:50.10
10. Roseman, Rerko, Novotny, Branigan,
19937:51.36

Distance Medley Relay

1. **Lilly, Frye, Manternach**, Jones, 20179:44.07
2. Prom, Rickels, Sowinski, Thode, 20129:45.41
3. 19999:46.83
4. 19779:48.80
5. 19789:49.70
6. Kuczvara, Barton, Kuhlman, N. Holmes,
20109:51.05
7. Marchese, Varner, Hairston, Luciano,
20099:52.52
8. Paul, Varner, Hairston, Thode, 2010.....9:52.71
9. Gardarsson, Ganschow, Hutsalyuk,
Melchert, 20169:52.97
10. Prom, Richardson, Sowinski, Thode,
20119:57.44

INDOOR ALL-TIME TOP TEN PERFORMERS



Kineke Alexander **Meghan Armstrong** **Brittany Brown** **Tracy Dahl** **Nicole Erickson** **Karessa Farley** **Lauren Hardesty**

60 Meters

1. Lake Kwaza, 20167.33
2. **Brittany Brown, 2017** **7.39**
3. Elaine Jones, 19837.43
4. Peaches Roach, 2005.....7.45
5. **Kyara Avant, 2018** **7.48**
6. Shellene Williams, 20047.50
7. **Briana Guillory, 2017** **7.51**
8. Jiselle Providence, 20027.52
9. Rhonda-Kaye Trusty, 20107.55
Erin Jones, 20117.55
Raven Moore, 20137.55

60-Meter Hurdles

1. Karessa Farley, 20098.21
2. Tiffany Johnson, 2006.....8.33
3. **Jahisha Thomas, 2017** **8.35**
4. Paula Ruen, 1998.....8.39
5. **Jenny Kimbro, 2018** **8.42**
6. Heaven Chandler, 20178.44
7. Sarah Steffen, 20028.45
Renee White, 2008.....8.45
9. Colleen Prendergast, 20008.57
10. Tammilee Kerr, 2008.....8.60

200 Meters

1. **Brittany Brown, 2017** **22.79**
2. **Briana Guillory, 2018** **23.26**
3. Kineke Alexander, 200623.49
4. Lake Kwaza, 201623.54
5. Shellene Williams, 200423.62
6. Marlene Poole, 199423.66
Yolanda Hobbs, 1995.....23.66
8. Erica Broomfield, 199823.81
9. Raven Moore, 201324.00
10. Erin Jones, 201124.01

400 Meters

1. Kineke Alexander, 200751.48
2. Elexis Guster, 201652.36
3. **Briana Guillory, 2018** **52.57**
4. Ellen Grant, 1996.....52.65
5. Shellene Williams, 200452.83
6. Alexis Hernandez, 201753.42
7. Ashley Liverpool, 201154.09
8. MonTayla Holder, 201554.32
9. Tiffany Hendricks, 201155.06
10. Marlene Poole, 199355.20

600 Yards

1. Senta Hawkins, 1987 1:21.06
2. Aisha Hume, 2004 1:21.74
3. Kay Stormo, 1982 1:22.49
4. Nicole Erickson, 2012 1:22.61
5. Mahnee Watts, 2016 1:22.72
6. Bethany Praska, 2009 1:23.12
7. Hannah Simonson, 2012 1:23.18
8. Chris Davenport, 1982..... 1:24.14
9. Kaitlyn Nelson, 2015..... 1:24.52
10. Sophia Poncè, 2007 1:24.55

600 Meters

1. Kineke Alexander, 2008 1:27.45
2. Bethany Praska, 2011 1:28.14
3. MonTayla Holder, 2016 1:29.35
4. Mahnee Watts, 2016 1:30.41
5. Senta Hawkins, 1987 1:30.77
6. Kaitlyn Nelson, 2013..... 1:31.44
7. Karen Layne, 1990 1:31.45
8. Nicole Erickson, 2012 1:31.71
9. Elexis Guster, 2016..... 1:32.04
10. Kay Stormo, 1982 1:32.30

800 Meters

1. Bethany Praska, 2011 2:05.01
2. Jeanne Kruckeberg, 1989 2:06.38
3. Michelle Lahann, 2004 2:06.83
4. Katharina Trost, 2014 2:07.38
5. Mahnee Watts, 2014 2:08.79
6. Adrienne Alexia, 2013 2:08.95
7. Briana Benning, 1996 2:09.22
8. Kaitlyn Nelson, 2013..... 2:09.58
9. MonTayla Holder, 2015 2:10.34
10. Kay Stormo, 1981 2:11.04

Mile

1. McKenzie Melander, 2011..... 4:39.78
2. Jeanne Kruckeberg, 1989 4:40.19
3. Meghan Armstrong, 2006 4:40.59
4. Lauren Hardesty, 2011..... 4:41.01
5. Tina Stec, 1994 4:42.63
6. Betsy Flood, 2010 4:42.70
7. Penny O'Brien, 1981..... 4:43.72
8. Diane Nukuri, 2007..... 4:46.25
9. Michelle Lahann, 2004 4:47.23
10. Amanda Hardesty, 2010 4:48.69

3,000 Meters

1. Tracy Dahl, 1993 9:15.57
2. Meghan Armstrong, 2008 9:17.50
3. Diane Nukuri, 2008..... 9:20.07
4. Betsy Flood, 2011 9:20.09
5. Nan Doak, 1982..... 9:21.60
6. Jenny Spangler, 1986..... 9:22.41
7. Mareike Schrulle, 2012..... 9:23.97
8. Brooke Eilers, 2012..... 9:27.92
9. McKenzie Melander, 2012..... 9:29.71
10. Krista Anderson, 2006 9:29.75



Senta Hawkins **Tiffany Hendricks** **Tammilee Kerr** **Lake Kwaza** **Ashley Liverpool** **McKenzie Melander**

INDOOR ALL-TIME TOP TEN PERFORMERS



Zinnia Miller

Diane Nukuri

Bethany Praska

Peaches Roach

Jessie Strand

Laulauga Tausaga

Renee White

5,000 Meters

1. Tracy Dahl, 1993 15:49.52
2. Nan Doak, 1985 15:55.45
3. Racheal Marchand, 2009 15:55.70
4. Diane Nukuri, 2008 16:01.36
5. Jenny Spangler, 1982 16:08.74
6. Judy Parker, 1981 16:16.63
7. Betsy Flood, 2011 16:20.67
8. Jennifer Brower, 1992 16:22.19
9. Nikki Chapple, 2004 16:27.04
10. Mareike Schrulle, 2012 16:29.41

High Jump

1. Peaches Roach, 2005 6-0 3/4 (1.85)
2. Mary Mol, 1983 6-0 (1.83)
3. Khanishah Williams, 2013 5-11 1/4 (1.81)
4. Becky Kaza, 1995 5-9 3/4 (1.77)
5. Caleigh Bacchus, 2010 5-9 1/4 (1.76)
6. Kristi Dinkla, 1985 5-8 1/2 (1.74)
7. Kacey Childs, 2001 5-8 1/2 (1.74)
8. Traci Claussen, 1987 5-8 (1.73)
9. Kathy Gillespie, 1983 5-7 3/4 (1.72)
10. Lynn McMillan, 1988 5-7 1/4 (1.71)
11. Tammilee Kerr, 2008 5-7 1/4 (1.71)
12. **Aubrianna Lantrip, 2017 5-7 1/4 (1.71)**

Pole Vault

1. Jessie Strand, 2004 12-5 1/2 (3.80)
2. **Amy Smith, 2017 11-11 3/4 (3.65)**
3. Sarah Burgett, 2007 11-10 (3.61)
4. Kirsten Weismantle, 2011 11-5 3/4 (3.50)
5. Brittany Holst, 2013 11-3 3/4 (3.45)
6. Katie Truedson, 2010 10-11 3/4 (3.35)
7. Gina Shannon, 2001 10-6 (3.20)
8. Kacey Childs, 2001 9-0 (2.75)
9. Amy Kasparbauer, 2000 8-0 (2.44)

1,600-Meter Relay

1. Holder, **Guillory**, Hernandez, Guster, 2016 3:32.93
2. Holder, Guster, Hernandez, **Guillory**, 2016 3:36.47
3. Liverpool, Hendricks, Praska, Erickson, 2011 3:36.97
4. Holder, Hernandez, Guster, **Guillory**, 2016 3:36.99
5. Hernandez, Holder, Guster, Watts, 2014 3:37.16
6. **Champe, Brown, Guillory, Plock, 2018 3:37.37**
7. Liverpool, Hendricks, Erickson, Praska, 2011 3:37.58
8. Kwaza, Guster, Holder, Watts, 2015 3:37.84
9. Kwaza, Holder, Watts, Guster, 2015 3:38.56
10. **Buss, Guillory, Champe, Hernandez, 2017 3:38.56**

Long Jump

1. **Jahisha Thomas, 2017 20-11 3/4 (6.39)**
2. Zinnia Miller, 2014 20-4 1/4 (6.20)
3. Carisa Leacock, 2014 19-9 1/2 (6.03)
4. Lisa Moats, 1986 19-6 (5.95)
5. Cassidy Ellis, 2015 19-5 1/2 (5.93)
6. **Jenny Kimbro, 2017 19-3 1/2 (5.88)**
7. **Tria Simmons, 2018 19-2 (5.84)**
8. Renee White, 2006 19-3 1/4 (5.87)
9. Tiffany Johnson, 2007 19-2 1/2 (5.85)
10. Davera Taylor, 1984 19-1 1/2 (5.83)

Triple Jump

1. **Jahisha Thomas, 2018 43-0 (13.11)**
2. Renee White, 2008 42-4 (12.90)
3. **Tria Simmons, 2017 42-1 1/4 (12.83)**
4. Tiffany Johnson, 2007 41-3 3/4 (12.59)
5. Zinnia Miller, 2014 41-2 1/2 (12.56)
6. Carisa Leacock, 2012 40-5 1/2 (12.33)
7. **Allison Wahrman, 2017 39-10 (12.14)**
8. Becki Borg, 1987 39-6 (12.04)
9. **Hannah Schlib, 2017 39-5 3/4 (12.03)**
10. Lynn McMillan, 1988 38-2 (11.63)

Shot Put

1. **Laulauga Tausaga, 2018 .. 52-6 1/2 (16.01)**
2. **Nia Britt, 2018 51-10 1/2 (15.81)**
3. Gail Smith, 1985 51-0 (15.54)
4. Lisa Van Steenwyk, 1993 . 50-5 1/4 (15.37)
5. Kamesha Marshall, 2005 . 49-2 1/4 (14.99)
6. Denise Taylor, 1992 48-9 (14.86)
7. **Erika Hammond, 2017 48-8 1/4 (14.84)**
8. Rachel Curry, 2013 48-2 1/2 (14.69)
9. Megan Maurer, 1995 47-5 3/4 (14.47)
10. Laura Kriener, 1990 47-5 (14.45)
11. Courtney Fritz, 2014 47-5 (14.45)

Weight Throw

1. **Laulauga Tausaga, 2018 65-4 (19.93)**
2. Ashlyn Gulvas, 2013 63-6 (19.35)
3. Jasmine Simpson, 2013 ... 62-6 1/2 (19.06)
4. Annemie Smith, 2014 61-4 (18.69)
5. Kelsey Taylor, 2011 60-4 1/2 (18.40)
6. Majesty Tutson, 2011 58-4 (17.78)
7. Becca Franklin, 2007 58-3 1/4 (17.76)
8. Chelsea Colpitts, 2013 56-4 (17.17)
9. Erin O'Hern, 2008 56-3 (17.14)
10. **Nia Britt, 2018 55-7 1/2 (16.95)**

Pentathlon

1. Tammilee Kerr, 2008 3,974 points
2. **Jenny Kimbro, 2018 3,900 points**
3. **Tria Simmons, 2018 3,859 points**
4. Chris Davenport, 1983 3,798 points
5. Kamesha Marshall, 2005 3,701 points
6. Tiff Pedersen, 2004 3,511 points
7. Sarah Ryan, 2013 3,472 points
8. Maureen Abel, 1979 3,427 points
9. **Allison Wahrman, 2017 3,421 points**
10. Zinnia Miller, 2012 3,416 points

Distance Medley Relay

1. Armstrong, Alexander, L. Hardesty, Nukuri, 2008 11:20.11
2. Melander, Hendricks, L. Hardesty, Eilers, 2011 11:22.44
3. Stormo, Davenport, Williams, O'Brien, 1981 11:23.02
4. Melander, Praska, Hendricks, Flood, 2011 11:24.47
5. Flood, Hendricks, L. Hardesty, Melander, 2010 11:25.01
6. Melander, Hendricks, Flood, Marchand, 2009 11:27.34
7. Benning, Poole, Salsberry, Stec, 1994 11:28.03
8. Stormo, Davenport, Hayden, Doak, 1982 11:29.54
9. Armstrong, Granger, Stanley, K. Anderson, 2006 11:29.54
10. Lahann, Williams, Stanley, Arens, 2004 11:30.36

SEASON BESTS - WOMEN

60 METERS (School Record - 7.33)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Kyara Avant	7.48	at Husker Invite - 2/3/18	7.48	at Husker Invite - 2/3/18
Brittany Brown	7.57	Wieczorek Invite - 1/20/18	7.39	2x, last at BIG Champ's - 2/25/17
Taylor Chapman	7.79	Hawkeye Invite - 1/13/18	7.58	Larry Wieczorek Invite - 1/21/17
Jalynn Roberts-Lewis	7.89	Wieczorek Invite - 1/20/18	7.66	Iowa Open - 2/18/17

60-METER HURDLES (School Record - 8.21)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Jenny Kimbro	8.42 ^	Wieczorek Invite - 1/19/18	8.42 ^	Wieczorek Invite - 1/19/18
Tria Seawater-Simmons	8.77	Hawkeye Invite - 1/13/18	8.77	Hawkeye Invite - 1/13/18

200 METERS (School Record - 22.79)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Briana Guillory	23.26	at Husker Invite - 2/4/18	22.95	at BIG Championships - 5/15/16
Brittany Brown	23.54	Wieczorek Invite - 1/19/18	22.30	at BIG Championships - 5/14/17
Kyara Avant	24.50	Wieczorek Invite - 1/19/18	24.50	Wieczorek Invite - 1/19/18
Sheridan Champe	24.70	Hawkeye Invite - 1/13/18	24.70	Hawkeye Invite - 1/13/18
Talia Buss	24.47	at Husker Invite - 2/4/18	24.74	at Husker Invite - 2/4/18
Tashee Hargrave	25.24	at Husker Invite - 2/4/18	25.05	Musco Twilight - 4/22/17
Sarah Plock	25.26	Black & Gold Premier - 1/27/18	25.26	Black & Gold Premier - 1/27/18
Antonise Christian	25.28	at Husker Invite - 2/4/18	25.28	at Husker Invite 2/4/18
Taylor Chapman	25.74	Hawkeye Invite - 1/13/18	24.13	at Jim Click Shootout - 4/8/17
Mika Cox	25.91	Hawkeye Invite - 1/13/18	25.91	Hawkeye Invite - 1/13/18
Jalynn Roberts-Lewis	26.12	Hawkeye Invite - 1/13/18	24.60	at Baldy Castillo Invite - 3/19/16
Hannah Schlib	27.25	Hawkeye Invite - 1/13/18	27.25	Hawkeye Invite - 1/13/18

400 METERS (School Record - 51.48)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Briana Guillory	52.57	at Husker Invite - 2/3/18	52.57	at Husker Invite - 2/3/18
Sheridan Champe	55.52	at Meyo Invite - 2/4/18	55.52	at Meyo Invite - 2/4/18
Sommer Sharpe	55.69	at Meyo Invite - 2/4/18	55.69	at Meyo Invite - 2/4/18
Sarah Plock	55.88	at Meyo Invite - 2/4/18	55.88	at Meyo Invite - 2/4/18
Tashee Hargrave	56.17	at Husker Invite - 2/3/18	55.68	at BIG Championships - 5/13/17
Kylie Welch	56.20	at Husker Invite - 2/3/18	56.20	at Husker Invite - 2/3/18
Talia Buss	56.72	at Husker Invite - 2/3/18	56.72	at Husker Invite 2/3/18
Kylie Morken	57.25	Black & Gold Premier - 1/27/18	57.25	Black & Gold Premier - 1/27/18
Aly Weum	57.33	Hawkeye Invite - 1/13/18	57.33	Hawkeye Invite - 1/13/18
Addie Swanson	57.60	Wieczorek Invite - 1/20/18	57.60	Wieczorek Invite - 1/20/18
Mallory King	57.72	Hawkeye Invite - 1/13/18	57.37	at Florida Relays - 3/30/17
Shelby West	57.79	at Meyo Invite - 2/4/18	57.79	at Meyo Invite - 2/4/18
Mika Cox	58.59	Wieczorek Invite - 1/20/18	58.59	Wieczorek Invite - 1/20/18
Alexis Gay	58.67	Wieczorek Invite - 1/20/18	56.99	at Jim Click Shootout - 4/8/17
Taylor Arco	58.77	Wieczorek Invite - 1/20/18	58.46	at Florida Relays - 3/30/17
Antonise Christian	59.13	at Husker Invite - 2/3/18	59.13	at Husker Invite - 2/3/18

600 METERS (School Record - 1:27.45)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Mallory King	1:32.79	at Meyo Invite - 2/3/18	1:32.79	at Meyo Invite - 2/3/18
Sommer Sharpe	1:34.36	at Meyo Invite - 2/3/18	1:34.36	at Meyo Invite - 2/3/18
Tia Saunders	1:34.44	at Meyo Invite - 2/3/18	1:34.44	at Meyo Invite - 2/3/18
Addie Swanson	1:34.60	at Meyo Invite - 2/3/18	1:34.60	at Meyo Invite - 2/3/18
Taylor Arco	1:35.11	Wieczorek Invite - 1/19/18	1:35.11	Wieczorek Invite - 1/19/18
Kylie Welch	1:35.44	Wieczorek Invite - 1/19/18	1:35.44	Wieczorek Invite - 1/19/18
Tashee Hargrave	1:35.50	Hawkeye Invite - 1/13/18	1:35.50	Hawkeye Invite - 1/13/18
Aly Weum	1:35.64	Hawkeye Invite - 1/13/18	1:35.64	Hawkeye Invite - 1/13/18
Amber Decker	1:36.37	Wieczorek Invite - 1/19/18	1:36.32	Hawkeye Invite - 1/14/17
Talia Buss	1:37.22	Wieczorek Invite - 1/19/18	1:37.22	Wieczorek Invite - 1/19/18
Alexis Gay	1:38.91	Wieczorek Invite - 1/19/18	1:38.91	Wieczorek Invite - 1/19/18
Shelby West	1:39.03	Wieczorek Invite - 1/19/18	1:39.03	Wieczorek Invite - 1/19/18

SEASON BESTS - WOMEN (CONT.)

Carly Donahue	1:39.95	Black & Gold Premier - 1/27/18	1:39.95	Black & Gold Premier - 1/27/18
Macie Weber	1:40.47	Wieczorek Invite - 1/19/18	1:40.47	Wieczorek Invite - 1/19/18
Lindsay Welker	1:41.48	Wieczorek Invite - 1/19/18	1:41.48	Wieczorek Invite - 1/19/18
Maddie Carver	1:47.27	Hawkeye Invite - 1/13/18	1:47.27	Hawkeye Invite - 1/13/18

800 METERS (School Record - 2:05.01)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Tia Saunders	2:13.55	at Meyo Invite - 2/3/18	2:11.17	at B1G Championships - 5/13/17
Macie Weber	2:18.09	Black & Gold Premier - 1/27/18	2:18.09	Black & Gold Premier - 1/27/18
Amber Decker	2:19.14	Wieczorek Invite - 1/20/18	2:13.29	at Iowa State Classic - 2/11/17
Tria Seawater-Simmons	2:22.55 ^	at Husker Invite - 2/3/18	2:22.55 ^	at Meyo Invite - 2/3/18
Jenny Kimbro	2:23.11 ^	at Husker Invite - 2/3/18	2:23.11 ^	at Husker Invite - 2/3/18
Maddie Carver	2:34.23	Wieczorek Invite - 1/20/18	2:34.23	Wieczorek Invite - 1/20/18

1,000 METERS

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Julie Hollensbe	3:00.98	Hawkeye Invite - 1/13/18	2:54.42	Hawkeye Invite - 1/14/17
Macie Weber	3:06.77	Hawkeye Invite - 1/13/18	3:06.77	Hawkeye Invite - 1/13/18

MILE (School Record - 4:39.78)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Andrea Shine	4:55.55	Hawkeye Invite - 1/13/18	4:55.55	Hawkeye Invite - 1/13/18
Madison Waymire	5:00.04	Hawkeye Invite - 1/13/18	4:58.60	at Big 4 Duals - 1/23/16
Marta Bote Gonzalez	5:02.05	Hawkeye Invite - 1/13/18	4:56.82	at Big 4 Duals - 1/24/15
Ashley Espinosa	5:12.42	Black & Gold Premier - 1/27/18	5:12.42	Black & Gold Premier - 1/27/18
Juliann Hollensbe	5:16.31	Wieczorek Invite - 1/20/18	4:58.15	at B1G Championships - 2/24/17
Kara Neustrom	5:19.02	Wieczorek Invite - 1/20/18	5:19.02	Wieczorek Invite - 1/20/18
Mary Arch	5:23.18	Black & Gold Premier - 1/27/18	5:32.18	Black & Gold Premier - 1/27/18
Elizabeth Niedert	5:27.54	Black & Gold Premier - 1/27/18	5:27.54	Black & Gold Premier - 1/27/18

3,000 METERS (School Record - 9:15.57)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Andrea Shine	9:39.02	Wieczorek Invite - 1/20/18	9:39.02	Wieczorek Invite - 1/20/18
Madison Waymire	9:55.07	Wieczorek Invite - 1/20/18	9:51.12	at Meyo Invite - 2/6/16
Marta Bote Gonzalez	9:58.85	Wieczorek Invite - 1/20/18	9:36.69	at Big Ten Championships - 2/27/16
Ashley Espinosa	10:26.25	Wieczorek Invite - 1/19/18	10:26.25	Wieczorek Invite - 1/19/18
Julie Hollensbe	10:37.53	Black & Gold Premier - 1/27/18	10:37.53	Black & Gold Premier - 1/27/18
Mary Arch	10:50.81	Hawkeye Invite - 1/13/18	10:50.81	Hawkeye Invite - 1/13/18
Elizabeth Niedert	11:15.00	Wieczorek Invite - 1/19/18	11:15.00	Wieczorek Invite - 1/19/18

5,000 METERS (School Record - 15:49.52)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Madison Waymire	17:08.18	at Meyo Invite - 2/3/18	16:50.11	at Mt. SAC Relays - 4/14/17

1,600-METER RELAY (School Record - 3:32.93)

Names	Season Best	Meet - Date
Champe, Brown, Guillory, Plock	3:37.37	Wieczorek Invite - 1/20/18
Guillory, Plock, Weum, Hargrave	3:41.34 \$!	Hawkeye Invite - 1/13/18
Morken, Sharpe, Hargrave, Welch	3:45.13	Black & Gold Premier - 1/27/18
Morken, Sharpe, Plock, Weum	3:46.51	at Meyo Invite - 2/4/18
Hargrave, Buss, Weum, King	3:47.69	Wieczorek Invite - 1/20/18
Shape, Swanson, Morken, Saunders	3:47.72	Wieczorek Invite - 1/20/18
Buss, Hargrave, Welch, Avant	3:48.23	at Husker Invite - 2/4/18
Sharpe, Welch, King, Buss	3:48.70	Hawkeye Invite - 1/13/18
Morken, Swanson, Saunders, Avant	3:53.43	Hawkeye Invite - 1/13/18
West, Buss, Simmons, Gay	3:53.74	Black & Gold Premier - 1/27/18
Gay, Welch, Decker, Welker	3:57.94	Wieczorek Invite - 1/20/18
Cox, Arco, Decker, Hollensbe	4:00.90	Hawkeye Invite - 1/13/18

SEASON BESTS - WOMEN (CONT.)

HIGH JUMP (School Record - 1.85 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Aubrianna Lantrip	5-7 (1.70m)	Hawkeye Invite - 1/13/18	5-7 1/4 (1.71m)	Border Battle - 1/7/17
Gillian Urycki	5-7 (1.70m)	Wieczorek Invite - 1/19/18	5-7 1/4 (1.71m)	at B1G Championships - 2/25/17
Tria Seawater-Simmons	5-5 3/4 (1.67m) ^	at Husker Invite - 2/3/18	5-8 (1.73m) ^	at B1G Championships - 5/12/17
Jenny Kimbro	5-5 1/4 (1.66m) ^	Wieczorek Invite - 1/19/18	5-5 1/4 (1.66m) ^	Wieczorek Invite - 1/19/18
Kelli DeGeorge	5-5 (1.65m)	Hawkeye Invite - 1/13/18	5-7 (1.70m)	at Baldy Castillo Invite - 3/18/17
Sydney Collins	5-2 1/4 (1.58m)	Black & Gold Premier - 1/27/18	5-7 (1.70m)	at Jim Click Shootout - 4/8/17
Christina MacNab	5-2 1/4 (1.58m)	Black & Gold Premier - 1/27/18	5-1 (1.55m)	Black & Gold Premier - 1/27/18

POLE VAULT (School Record - 3.80 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Amy Smith	11-9 3/4 (3.60m)	Hawkeye Invite - 1/13/18	11-11 3/4 (3.65m)	2x, last at Musco Twilight - 4/22/17

LONG JUMP (School Record - 6.39 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Tria Seawater-Simmons	19-2 (5.84m) ^	Wieczorek Invite - 1/19/18	19-2 (5.84m) ^	Wieczorek Invite - 1/19/18
Jenny Kimbro	18-10 (5.74m) ^	at Husker Invite - 2/3/18	19-3 1/2 (5.88m) ^	Black & Gold Premier - 1/27/17
Jalynn Roberts-Lewis	18-7 1/4 (5.67m)	Wieczorek Invite - 1/19/18	18-7 1/4 (5.67m)	Wieczorek Invite - 1/19/18
Gillian Urycki	18-5 (5.61m)	Black & Gold Premier - 1/27/18	18-5 (5.61m)	Black & Gold Premier - 1/27/18
Hannah Schilb	17-9 3/4 (5.43m)	Hawkeye Invite - 1/13/18	17-9 3/4 (5.43m)	Hawkeye Invite - 1/13/18

TRIPLE JUMP (School Record - 13.00 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Jahisha Thomas	43-0 1/4 (13.11m)	Black & Gold Premier - 1/27/18	43-0 1/4 (13.11m)*	Black & Gold Premier - 1/27/18
Tria Seawater-Simmons	38-1 (11.91m)	Black & Gold Premier - 1/27/18	42-1 1/4 (12.83m) !	Border Battle - 1/7/17
Hannah Schilb	38-8 3/4 (11.80m)	Black & Gold Premier - 1/27/18	40-6 (12.34m)	at B1G Championships - 5/14/17
Allison Wahrman	38-7 3/4 (11.78m)	Hawkeye Invite - 1/13/18	39-10 (12.14m)	Larry Wieczorek Invite - 1/21/17
Hannah Schilb	37-5 1/4 (11.41m)	Wieczorek Invite - 1/20/18	40-6 (12.34m)	at B1G Championships - 5/14/17

SHOT PUT (School Record - 15.87 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Laulauga Tausaga	52-6 1/2 (16.01m) *	Black & Gold Premier - 1/27/18	52-6 1/2 (16.01m) *	Black & Gold Premier - 1/27/18
Nia Britt	51-10 1/2 (15.81m)	at Meyo Invite - 2/4/18	51-10 1/2 (15.81m)	at Meyo Invite - 2/4/18
Konstadina Spanoudakis	44-6 3/4 (13.58m)	Wieczorek Invite - 1/20/18	44-6 3/4 (13.58m)	Wieczorek Invite - 1/20/18
Jenny Kimbro	34-5 3/4 (10.51m) ^	at Husker Invite - 2/3/18	34-9 3/4 (10.61m)	at B1G Championships - 5/12/17
Tria Seawater-Simmons	33-6 (10.21m)	at Husker Invite - 2/3/18	34-0 1/4 (10.37m)	at B1G Championships - 5/12/17

WEIGHT THROW (School Record - 19.35 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Laulauga Tausaga	65-4 (19.93m)	at Meyo Invite - 2/3/18	65-4 (19.93m)	at Meyo Invite - 2/3/18
Nia Britt	55-7 1/2 (16.95m)	Wieczorek Invite - 1/19/18	55-7 1/2 (16.95m)	Wieczorek Invite - 1/19/18
Leah Colbert	52-11 (16.13m)	Hawkeye Invite - 1/13/18	55-3 1/2 (16.85m)	Larry Wieczorek Invite - 1/20/17
Konstadina Spanoudakis	48-3 1/4 (14.71m)	Wieczorek Invite - 1/19/18	48-3 1/4 (14.71m)	Wieczorek Invite - 1/19/18
Erika Hammond	48-2 (14.68m)	Black & Gold Premier - 1/27/18	48-2 (14.68m)	Black & Gold Premier - 1/27/18

PENTATHLON (School Record - 3,974 points)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Jenny Kimbro	3,900 points	Wieczorek Invite - 1/19/18	3,900 points	Wieczorek Invite - 1/19/18
Tria Seawater-Simmons	3,859 points	Wieczorek Invite - 1/19/18	3,859 points	Wieczorek Invite - 1/19/18

* - School Record, ! - meet record, \$ - facility record, ^ part of pentathlon

SEASON BESTS - MEN

60 METERS (School Record - 6.69)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Christian Brissett	6.79	Hawkeye Invite - 1/13/18	6.74	Larry Wieczorek Invite - 1/21/17
O'Shea Wilson	6.80	Black & Gold Premier - 1/27/18	6.75	2x, last at BIG Champs - 2/24/17
Antonio Woodard	6.85	Hawkeye Invite - 1/13/18	6.85	Hawkeye Invite - 1/13/18
Tyree Sorrells	6.92	at Husker Invite - 2/3/18	6.92	at Husker Invite - 2/3/18
Gavin Hoch	7.07	Black & Gold Premier - 1/27/18	7.07	Black & Gold Premier - 1/27/18
Anthony Williams	7.08	Black & Gold Premier - 1/27/18	7.08	Black & Gold Premier - 1/27/18
Chris Douglas	7.16	Black & Gold Premier - 1/27/18	7.16	Black & Gold Premier - 1/27/18
William Dougherty	7.18 ^	Wieczorek Invite - 1/19/18	7.12 ^	at BIG Championships - 2/24/17
Josh Braverman	7.18	Black & Gold Premier - 1/27/18	7.18	Black & Gold Premier - 1/27/18
Daniel Gaynes	7.19 ^	Wieczorek Invite - 1/19/18	7.19 ^	Wieczorek Invite - 1/19/18

60-METER HURDLES (School Record - 7.63)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Chris Douglas	7.76	Black & Gold Premier - 1/27/18	7.76	Black & Gold Premier - 1/27/18
Anthony Williams	7.97	at Meyo Invite - 2/3/18	7.97	at Meyo Invite - 2/3/18
Josh Braverman	8.25	Hawkeye Invite - 1/13/18	8.25	Hawkeye Invite - 1/13/18
William Dougherty	8.25 ^	Wieczorek Invite - 1/20/18	8.25 ^	Wieczorek Invite - 1/20/18
Daniel Gaynes	8.53	Hawkeye Invite - 1/13/18	8.53	Hawkeye Invite - 1/13/18

200 METERS (School Record - 20.80)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Antonio Woodard	21.20	Black & Gold Premier - 1/27/18	21.20	Black & Gold Premier - 1/27/18
Collin Hofacker	21.69	Black & Gold Premier - 1/27/18	20.71	at BIG Championships - 5/14/17
Bradford Garron	21.74	Hawkeye Invite - 1/13/18	21.74	Hawkeye Invite - 1/13/18
DeJuan Frye	21.77	Wieczorek Invite - 1/19/18	21.77	Wieczorek Invite - 1/19/18
Christian Brissett	22.12	Wieczorek Invite - 1/19/18	20.75	at Jim Click Shootout - 4/8/17
Chris Thompson	22.34	Hawkeye Invite - 1/13/18	22.26	at Baldy Castillo Invite - 3/17/17
Gage Eller	22.40	Hawkeye Invite - 1/13/18	22.40	Hawkeye Invite - 1/13/18
Akinshe Calica-Hill	22.60	Hawkeye Invite - 1/13/18	22.51	Hawkeye Invite - 1/14/17
Tyree Sorrells	22.83	Hawkeye Invite - 1/13/18	22.83	Hawkeye Invite - 1/13/18
Cole Moeller	24.10	Black & Gold Premier - 1/27/18	24.10	Black & Gold Premier - 1/27/18

400 METERS (School Record - 45.75)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Mar'yea Harris	45.95	at Meyo Invite - 2/4/18	45.45	at NCAA West Preliminary - 5/26/17
Chris Thompson	47.32	at Meyo Invite - 2/4/18	47.32	at Meyo Invite - 2/4/18
DeJuan Frye	47.38	at Meyo Invite - 2/4/18	46.22	at BIG Championships - 5/14/17
Bradford Garron	47.42	at Meyo Invite - 2/4/18	47.42	at Meyo Invite - 2/4/18
Collin Hofacker	47.71	at Meyo Invite - 2/4/18	46.50	at BIG Championships - 5/14/17
Austin Lietz	48.38	at Meyo Invite - 2/4/18	48.11	at Alex Wilson Invite - 2/18/17
Carter Lilly	48.66	Hawkeye Invite - 1/13/18	48.66	Hawkeye Invite - 1/13/18
Raymonte Dow	48.73	at Meyo Invite - 2/4/18	48.73	at Meyo Invite - 2/4/18
Noah Larrison	49.52	at Meyo Invite - 2/4/18	48.55	at Alex Wilson Invite - 2/18/17

600 METERS (School Record - 1:16.91)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Mar'yea Harris	1:17.26	at Meyo Invite - 2/3/18	1:17.26	at Meyo Invite - 2/3/18
Carter Lilly	1:17.79	Wieczorek Invite - 1/19/18	1:15.64	Musco Twilight - 4/23/16
Raymonte Dow	1:19.38	Wieczorek Invite - 1/19/18	1:19.38	Wieczorek Invite - 1/19/18
Matt Manternach	1:19.64	at Meyo Invite - 2/3/18	1:19.64	at Meyo Invite - 2/3/18
Chris Thompson	1:19.70	at Meyo Invite 2/3/18	1:19.70	at Meyo Invite - 2/3/18
Nolan Teubel	1:20.84	Wieczorek Invite - 1/19/18	1:20.84	Wieczorek Invite - 1/19/18
Austin Lietz	1:21.02	at Meyo Invite - 2/3/18	1:17.40	at BIG Championships - 2/24/17
Noah Larrison	1:21.40	Wieczorek Invite - 1/19/18	1:18.41	at BIG Championships - 2/24/17
Tysen VanDraska	1:21.85	Hawkeye Invite - 1/13/18	1:20.82	Hawkeye Invite - 1/14/17

800 METERS (School Record - 1:47.33)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Tysen VanDraska	1:50:77	at Meyo Invite - 2/4/18	1:50.72	at BIG Championships - 5/13/17
Matt Manternach	1:53.64	Wieczorek Invite - 1/20/18	1:51.86	at Alex Wilson Invite - 2/18/17
Nolan Teubel	1:55.86	at Meyo Invite - 2/3/18	1:51.23	at Alex Wilson Invite - 2/18/17

SEASON BESTS - MEN (CONT.)

1,000 METERS

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Kevin Docherty	2:27.90	Hawkeye Invite - 1/13/18	2:27.90	Hawkeye Invite - 1/13/18
William Dougherty	2:47.98 ^	Wieczorek Invite - 1/20/18	2:39.97 ^	at B1G Championships - 2/27/16
Daniel Gaynes	2:50.09 ^	Wieczorek Invite - 1/20/18	2:50.09 ^	Wieczorek Invite - 1/20/18

MILE (School Record - 3:58.72)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Michael Melchert	4:04.32	at Meyo Invite - 2/4/18	4:04.32	at Meyo Invite - 2/4/18
Nathan Mylenek	4:09.73	Wieczorek Invite - 1/20/18	4:09.73	Wieczorek Invite - 1/20/18
Kevin Docherty	4:11.30	at Meyo Invite - 2/4/18	4:07.82	at B1G Championships - 2/28/14
Karson Sommer	4:12.89	Wieczorek Invite - 1/20/18	4:12.89	Wieczorek Invite - 1/20/18
Ian Eklin	4:14.04	Hawkeye Invite - 1/13/18	4:14.04	Hawkeye Invite - 1/13/18
Luke Sampson	4:15.80	Wieczorek Invite - 1/20/18	4:15.80	Wieczorek Invite - 1/20/18
Daniel Soto	4:17.75	Hawkeye Invite - 1/13/18	4:17.75	Hawkeye Invite - 1/13/18
Brandon Cooley	4:21.25	Black & Gold Premier - 1/27/18	4:20.02	Black & Gold Premier - 1/28/17
Bailey Hesse-Withbroe	4:27.19	Hawkeye Invite - 1/13/18	4:27.19	Hawkeye Invite - 1/13/18

3,000 METERS (School Record - 7:57.06)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Nathan Mylenek	8:19.04	at Meyo Invite - 2/4/18	8:19.04	at Meyo Invite - 2/4/18
Karson Sommer	8:20.17	at Meyo Invite - 2/4/18	8:20.17	at Meyo Invite - 2/4/18
Michael Melchert	8:22.62	Wieczorek Invite - 1/20/18	8:08.57	at Meyo Invite - 2/6/16
Luke Sampson	8:25.61	at Meyo Invite - 2/4/18	8:25.61	at Meyo Invite - 2/4/18
Ian Eklin	8:25.68	Wieczorek Invite - 1/20/18	8:23.41	Musco Twilight - 4/22/17
Daniel Soto	8:30.06	Wieczorek Invite - 1/19/18	8:30.06	Wieczorek Invite - 1/19/18
Bailey Hesse-Withbroe	8:45.09	Wieczorek Invite - 1/19/18	8:21.33	Iowa Open - 2/18/17

5,000 METERS (School Record -- 13:43.70)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Daniel Soto	14:25.42	at Meyo Invite - 2/3/18	14:25.42	at Meyo Invite - 2/3/18
Ian Eklin	14:41.31	at Meyo Invite - 2/3/18	14:41.31	at Meyo Invite - 2/3/18

1,600-METER RELAY (School Record - 3:05.62)

Names	Season Best	Meet - Date
Hofacker, Frye, Garron, Harris	3:07.54	Wieczorek Invite - 1/20/18
Garrison, Frye, Hofacker, Lietz	3:11.40	at Meyo Invite 2/4/18
Larrison, Woodard, Brissett, Garron	3:12.06	Hawkeye Invite - 1/13/18
Harris, Lietz, Dow, Frye	3:12.82	Hawkeye Invite - 1/13/18
Eller, Thompson, Lilly, Hofacker	3:13.06	Hawkeye Invite - 1/13/18
Thompson, Woodard, Dow, Lilly	3:14.54	Wieczorek Invite - 1/20/18
Eller, Lietz, Manternach, Larrison	3:17.03	Wieczorek Invite - 1/20/18
Douglas, Mylenek, Melchert, Sommer	3:27.13	Hawkeye Invite - 1/13/18

HIGH JUMP (School Record - 2.21 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Jay Hunt	6-8 3/4 (2.05m)	Wieczorek Invite - 1/19/18	6-8 3/4 (2.05m)	Wieczorek Invite - 1/19/18
Cole Moeller	6-6 3/4 (2.00m)	2x, last at Wieczorek Invite - 1/19/18	6-6 3/4 (2.00m)	2x, last at Wieczorek Invite - 1/19/18
William Dougherty	6-2 3/4 (1.90m) ^	2x, last at Wieczorek Invite - 1/19/18	6-5 (1.96m)	at Mt. SAC Relays - 4/12/17
Daniel Gaynes	6-2 3/4 (1.90m) ^	Wieczorek Invite - 1/19/18	6-2 3/4 (1.90m) ^	Wieczorek Invite - 1/19/18

POLE VAULT (School Record - 5.21 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Andy Jatis	16-6 3/4 (5.05m)	Wieczorek Invite - 1/19/18	16-7 1/2 (5.07m)	at B1G Championships - 5/14/17
William Dougherty	15-5 (4.70m) ^	2x, last at Wieczorek Invite - 1/20/18	15-5 (4.70m) ^	2x, last at Wieczorek Invite - 1/20/18
Daniel Gaynes	11-5 3/4 (3.50m) ^	at Wieczorek Invite - 1/20/18	11-5 3/4 (3.50m) ^	at Wieczorek Invite - 1/20/18

LONG JUMP (School Record - 8.06 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
O'Shea Wilson	23-11 3/4 (7.31m)	Black & Gold Premier - 1/27/18	25-9 1/2 (7.86m)	Hawkeye Invite - 1/14/17
Akinshe Calica-Hill	22-11 3/4 (6.85m)	Black & Gold Premier - 1/27/18	23-2 1/2 (7.07m)	at Jim Click Shootout - 4/8/17
Cooper Koenig	22-10 1/2 (6.97m)	Hawkeye Invite - 1/13/18	22-10 1/2 (6.97m)	Hawkeye Invite - 1/13/18
William Dougherty	22-9 3/4 (6.93m) ^	2x, last at Wieczorek Invite - 1/19/18	22-9 3/4 (6.93m) ^	2x, last at Wieczorek Invite - 1/19/18
Daniel Gaynes	22-7 1/4 (6.89m) ^	Wieczorek Invite - 1/19/18	22-7 1/4 (6.89m) ^	Wieczorek Invite - 1/19/18
Tyree Sorrells	22-7 (6.88m)	Black & Gold Premier - 1/27/18	22-7 (6.88m)	Black & Gold Premier - 1/27/18

SEASON BESTS - MEN (CONT.)

TRIPLE JUMP (School Record - 16.46 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Akinshe Calica-Hill	48-4 1/2 (14.74m)	Wieczorek Invite - 1/20/18	48-4 1/2 (14.74m)	Wieczorek Invite - 1/20/18

SHOT PUT (School Record - 19.20 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Reno Tuufuli	60-10 3/4 (18.56m)	Hawkeye Invite - 1/13/18	61-9 3/4 (18.84m)	at BIG Championships - 5/14/14
William Dougherty	45-5 3/4 (13.86m)	Hawkeye Invite - 1/13/18	47-1 (14.35m)	at Mt. SAC Relays - 4/12/17
Daniel Gaynes	35-8 (10.87m)	Hawkeye Invite - 1/13/18	35-8 (10.87m)	Hawkeye Invite - 1/13/18

HEPTATHLON (School Record - 5,572 points)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
William Dougherty	5,572 points *	Wieczorek Invite - 1/19-20/18	5,572 points *	Wieczorek Invite - 1/19-20/18
Daniel Gaynes	4,895 points	Wieczorek Invite - 1/19-20/18	4,895 points	Wieczorek Invite - 1/19-20/18

* - School Record, ! - meet record, \$ - facility record, ^ part of heptathlon