

2008 WOMEN'S OUTDOOR SEASON SCHEDULE

3/20-22	at Shamrock Invite 3 champs
4/4-5	at Tiger Classic 0 champs
	at Stanford Invite 0 champs
4/11-12	at Sun Angel Classic 1 champ
4/12	at Calhoun Memorial1 champ
4/19	Iowa Invitational 4 champs
4/23-26	at Drake Relays 0 champs
5/3	Iowa Musco Twilight X 3 champs
5/16-18	at Big Ten Champ's6th/2 champs
5/30-31	at NCAA Midwest Regional
	(Lincoln, NE)
6/11-14	at NCAA Championships
	(Des Moines, IA)

2008 WOMEN'S OUTDOOR SEASON BESTS

Event	Name	Mark
100 Meters	Rhonda-Kaye Trusty	11.90
100 Hurdles	Kimberly Stanford	14.11
	Rhonda-Kaye Trusty	
400 Meters	Kineke Alexander	^ 53.59
800 Meters	Kineke Alexander	2:15.34
	Meghan Armstrong	
	Diane Nukuri	
3,000 Steeple	Jessica Schmidt ^	* 10:27.18
	Racheal Marchand	
10,000 Meters.	Diane Nukuri*	\$ 33:17.01
400-Meter Rela	у	45.78
(White, Alexai	nder, Kerr, Trusty)	
800-Meter Rela	у	1:39.74
(Hendricks, Tr	usty, White, Stanford)	
1,600-Meter Re	lay	3:44.21
(Praska, M. M	lims, Hendricks, Alexan	ider)
3,200-Meter Re	lay	9:14.66
	ı, Docherty, Ellis)	
Distance Medle	y Relay	12:03.66
(L. Hardesty, A	A. Hardesty, Hendricks,	Anderson)
6,400-Meter Re	lay	* 19:15.42
(Nukuri, Marc	hand, Henize, Armstro	ng)
High Jump	Caleigh Bacchus	5-7 1/4
Long Jump	Renee White	19-10 3/4
Triple Jump	Renee White*^	% 42-8 1/4
Shot Put	Amanda Chandler	39-0 1/4
Hammer	Erin O'Hern	168-9
Javelin	Tammilee Kerr	^ 163-5
Heptathlon	Tammilee Kerr *\$ 5,	532 points

\$ - NCAA automatic qualifier
 ^ - NCAA regional qualifier
 * - school record, % wind-aided

THE UNIVERSITY OF IOWA

HAWKEYE TRACK & FIELD

TRACK CONTACTS: TRACI WAGNER, JAKE HOLTORF

MAY 27, 2008

THIS WEEK -- The University of Iowa men and women's track and field teams will send 14 student-athletes to the NCAA Midwest Regional, Friday and Saturday in Lincoln, NE. All events will be held at Ed Weir Stadium on the University of Nebraska campus.

All-session tickets are \$20 and single day tickets are \$12 for adults and \$8 for seniors and high school students and younger. Tickets can be ordered from the University of Nebraska Athletic ticket office at 800/824-4733 or www. huskers.com.

NCAA POST-SEASON QUALIFIERS -- Fourteen Hawkeyes have qualified for the NCAA Midwest Regional Championships. Seniors **Diane Nukuri** and **Meghan Armstrong** automatically qualified for the NCAA Championships in the 10,000 meters, while junior **Racheal Marchand** provisionally qualified in that event. Senior **Tammilee Kerr** also automatically qualified in the heptathlon. The national meet will be held June 11-14 in Des Moines, IA. Their event, qualifying marks and where they rank in the region and nation are listed below.

,		Region/NCAA
Name	Event - Mark	Ranking
Kineke Alexander	400 Meters - 53.59	9th/40th
Meghan Armstrong	1,500 Meters - 4:26.62	19th/84th
	5,000 Meters - 16:08.83	5th/9th
	10,000 Meters - 33:28.00	*/7th
A.J. Curtis	Discus - 177-2 (54.00 m)	11th/53rd
	Shot Put - 59-8 1/4 (18.19 m)	5th/28th
John Hickey	Shot Put - 61-9 1/2 (18.83 m)	2nd/14th
Ryan Kelly	High Jump - 6-10 3/4 (2.10 m)	21st/43rd
Tammilee Kerr	Javelin - 163-5 (49.81 m)	7th/17th
	Heptathlon - 5,532 points	*/17th
Shane Maier	Discus - 178-7 (54.43 m)	8th/46th
	Shot Put - 59-4 1/4 (18.09 m)	6th/31st
Racheal Marchand	5,000 Meters - 16:27.02	7th/33rd
	10,000 Meters - 34:11.98	#/20th
Andy Napier	3,000 Steeplechase - 8:58.21	10th/46th
Diane Nukuri	5,000 Meters - 15:59.39	4th/6th
	10,000 Meters - 33:17.01	*/3rd
Jeremy Petsche	High Jump - 6-10 3/4 (2.10 m)	21st/43rd
Jessica Schmidt	3,000 Steeplechase - 10:27.18	12th/32nd
Ray Varner	400-Meter Hurdles - 51.27	11th/35th
Renee White	Triple Jump - 42-4 (12.90 m)	12th/29th
	Long Jump - 19-10 3/4 (6.06 m)	25th/84th

* -- NCAA automatic qualifier, # -- NCAA provisional qualifier

2008 MEN'S OUTDOOR SEASON SCHEDULE

4/4-5	at Tiger Classic 2 champs
4/5	at Central Invite 1st/2 champs
4/11	at Mesa Classic0 champs
4/11-12	at Sun Angel Classic0 champs
4/19	Iowa Invitational9 champs
4/23-26	at Drake Relays0 champs
5/3	Iowa Musco Twilight X8 champs
5/16-18	at Big Ten Champ's 8th/1 champ
5/30-31	at NCAA Midwest Regional
	(Lincoln, NE)
6/11-14	at NCAA Championships
	(Des Moines, IA)

2008 MEN'S OUTDOOR SEASON BESTS

Event	.Name	Mark
100 Meters	Lee Elbert	10.69
110 Hurdles	Brice Wilson	
200 Meters	Max Milder	21.70
400 Meters	Chris Barton	
400 Hurdles	Ray Varner	^ 51.27
800 Meters	Adam Hairston	1:50.68
1,500 Meters	Jesse Luciano	3:51.99
3,000 Meters	Brendan Camplin	8:34.31
	Andy Napier	
5,000 Meters	Jesse Luciano	14:27.31
	Jesse Luciano	
	y	
	imming, Reed, Elber	
	lay	3:11.11
(Willey, Elbert	t, Varner, Barton)	
	Relay	
	t, Barton, Hairston)	
Distance Medle	y Relay	10:17.87
	ırt, Splan, Dolan, Pau	
High Jump	Ryan Kelly	
	Jeremy Petsche	
	Jeff Raymond	
e .	Matty Gorman	
• •	Matty Gorman	
Shot Put	John Hickey	^ 61-9 1/2
	Shane Maier	
Hammer	Mark Schaapveld	
	Craig Jennings	
Decathlon	Ryan Niver	6,837 points

^ - NCAA regional qualifier

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NCAA MIDWEST REGION FACTS -- The NCAA Midwest Regional is one of four qualifying meets for the NCAA Championships to be held June 11-14 in Des Moines, IA. The top five finishers in each individual event and the top three relays from each of the four regionals will automatically advance to the national meet.

The Midwest regional features 39 schools from Colorado, Iowa, Kansas, Minnesota, Montana, Nebraska, New Mexico, North Dakota, South Dakota, Oklahoma, Texas and Wyoming. The other three regions are the West in Northridge, CA, (40 men's teams, 42 women's teams), the Mideast in Fayetteville, AR, (78 men's teams, 81 women's teams) and the East in Tallahassee, FL, (110 men's teams, 112 women's teams).

HAWKEYE REGIONAL FACTS -- In the six-year history of the NCAA Midwest Regional, the Hawkeye women's team has sent 89 qualifiers to the meet and crowned two champions and 32 all-region selections. The men's team has sent 85 qualifiers and crowned one champion and 19 all-region honorees. Iowa's regional champions were **Kineke Alexander** (400 meters - 2006 and 2007) and **Bill Neumann** (javelin - 2003).

The Hawkeye men posted their best finish - 15th - in 2004, while the women's team tallied their highest placing - eighth - last season.

Alexander, and former Hawkeyes **Tiffany Johnson** and **Peaches Roach** hold the women's school record for times qualified to the regional meet in a career. All three are 10-time qualifiers. Alexander qualified in three events in 2005, four in 2006, two in 2007 and one this season. Johnson advanced in three events in 2005 and 2007, and four events in 2006. Roach qualified in three events in 2005, 2006 and 2007 and one event in 2004. The Hawkeye women posted the most qualifiers in school history in 2007 (21). In all the events, the Hawkeyes have qualified the most in the 5,000 meters (8).

Hawkeye senior **Shane Maier** and junior **A.J. Curtis** hold the men's school record for most times qualified for the regional. Both are six-time qualifiers. Maier has qualified in the shot put four times (2004, 2006-08) and discus twice (2006, 2008) and Curtis has qualified in the shot put and discus three times the past three seasons(2006-08). The men posted the most qualifiers in school history in 2004 (18), and have qualified the most student-athletes in the shot put (16).

IOWA'S NCAA MIDWEST REGIONAL SCHEDULE OF EVENTS

Friday, May 30

- 1:00 p.m. Men's High Jump (F) Women's Long Jump (T&F)
 2:20 Women's 1,500 Meters (P)
 4:00 Women's 400 Meters (P)
 5:00 Men's Shot Put (T & F)
 5:40 Men's 400-Meter Hurdles (P)
- 6:40 Women's 5,000 Meters (F)

Saturday, May 31

1:00 p.m.	Women's Javelin (T&F)
	Women's Triple Jump (T&F)
4:20	Women's 1,500 Meters (F)
5:00	Men's Discus (T&F)
	Men's Triple Jump (T&F)
5:15	Women's 400 Meters (F)
5:50	Men's 400-Meter Hurdles (F)
6:15	Women's 3,000 Steeplechase (F)
6:40	Men's 3,000 Steeplechase (F)

Times are Central and subject to change based on number of participants in each event. T - trials, P - prelims, F - finals

IOWA'S NCAA MIDWEST REGIONAL QUICK FACTS

Highest Team Finish

Men's Team - 15th, 2004 Women's Team - 8th, 2007

Individual Champions

Bill Neumann, Javelin - 2003 Kineke Alexander, 400 Meters - 2006 Kineke Alexander, 400 Meters - 2006

Most Times Qualified By An Individual

Women's Team - 10 Kineke Alexander (2005-08) Tiffany Johnson (2005-07 Peaches Roach (2004-07) Men's Team - 6 Shane Maier (2004-08) A.J. Curtis (2006-08)

Events Most Qualified In

Women's Team - 5,000 Meters (8 qualifiers) Men's Team - Shot Put (16 qualifiers)

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2007 NCAA MIDWEST REGIONAL CHAMPIONSHIPS REVIEW -- The Iowa women's squad crowned two champions and posted its highest team finish ever at the NCAA Midwest Regional in Des Moines last year. Senior **Tiffany Johnson** and junior **Kineke Alexander** won individual race titles, leading the Hawkeyes to an eighth place finish with 34.50 points - their highest finish in the five-year history of the meet. The Hawkeye men's team placed 16th with 19 points. In all, Iowa crowned 15 all-region honorees and advanced five automatic qualifiers to the NCAA Championships.

Johnson became the second regional champion in women's school history when she won the 100-meter hurdles in 13.22. That time was only .02 off her collegiate best and the school record she holds in that event. By successfully defending her 2006 regional title in the 400 meters, Alexander became Iowa's first two-time regional champion. She won the race in 52.34. Junior **Shane Maier** was the Hawkeye men's top finisher, placing second in the shot put with a season-best 58-6 1/2. Junior **Meghan Armstrong** was Iowa's fifth automatic NCAA qualifier, placing fifth in the 1,500 meters (4:21.56).

Earning all-region honors for lowa during the two-day meet were seniors Adam Hamilton (hammer), Peaches Roach (high jump), Micah VanDenend (5,000 meters), Becca Franklin (hammer), Johnson (100-meter hurdles) and Lee Elbert (400-meter relay), juniors Racheal Marchand (5,000 meters), Armstrong (1,500 meters), Diane Nukuri (1,500 meters), Maier (shot put), Alexander (400 meters), Max Milder (400-meter relay) and Aaron Reed (400-meter relay), and freshmen Paul Chaney, Jr. (400-meter relay) and Ray Varner (400-meter hurdles).

HAWKEYES BREAK RECORDS -- The Hawkeye women's team has broken sixschool records this outdoor season.

Senior distance runner **Diane Nukuri** broke the 3,000 and 10,000 meter records in April, and ran the lead leg on the record-setting 6,400-meter relay at the Drake Relays in April. Nukuri smashed the 17-year-old 10,000 meter record of 33:23.38 set in 1991 by **Jennifer Brower**, at the Stanford Invite. Nukuri's second-place finish of 33:17.01 also automatically qualified her for the NCAA Championships. She also broke the 3,000-meter mark of 9:20.61 set in 1985 by **Penny O'Brien**, at the Hawkeye Invite. Nukuri won the race win 9:18.82.

Junior Racheal Marchand, graduate student Sarah Henize and senior Meghan Armstrong ran the other three legs of the record-setting relay, posting a 19:15.42 for third place at Drake. Their time smashed the previous record of 20:39.12 - set in 2005 by former Hawkeyes Nikki Chapple, Jordan Laney, Katie Donlon and Michelle Sokol - by over one minute.

Senior **Tammilee Kerr** broke her own school hepathlon mark at the Big Ten Championships. Her two-day point total of 5,532, which automaticaly qualified her for the NCAA Championships, makes her the only Hawkeye in school history to total over 5,500 points in the event.

2007 HAWKEYE WOMEN'S NCAA MIDWEST REGIONAL REVIEW

Team Standings (Top Five Plus Iowa)

1.	Texas A&M	Э
2.	Texas 67	7
3.	Nebraska55	5
4.	Texas Tech 43	3

- 5. Texas Christian 42
- 8. Iowa......34.50

Iowa's Event Champions

Kineke Alexander - 400 Meters (51.75) Tiffany Johnson - 100-Meter Hurdles (13.22)

Iowa's All-Region Honorees

Kineke Alexander - 400 Meters Meghan Armstrong - 1,500 Meters Becca Franklin, Hammer Throw Tiffany Johnson - 100-Meter Hurdles Racheal Marchand - 5,000 Meters Diane Nukuri - 1,500 Meters Peaches Roach - High Jump

PAST NCAA REGIONAL FINISHES BY IOWA'S 2008 FEMALE QUALIFIERS

Kineke Alexander

2005: 2nd - 400 M (52.34) 8th - 1,600 M Relay (3:39.67) 2006: 1st - 400 M (51.75) 2007: 1st - 400 M (52.34)

Meghan Armstrong

2005: 9th - 1,500 M (4:33.58) 2006: 2nd - 1,500 M (4:23.33) 2007: 7th - 1,500 M (4:21.56)

<u>Tammilee Kerr</u>

2007: 11th - Javelin (151-4)

Racheal Marchand

2006: 7th - 5,000 M (17:17.01) 2007: 6th - 5,000 M (16:27.72)

<u>Diane Nukuri</u>

2007: 6th - 1,000 M (4:24.30)

Renee White

2006: 19th - Long Jump (19-2 3/4) 2007: 12th - Triple Jump (41-0 1/2)

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Senior Jessica Schmidt also broke her own mark in the 3,000-meter steeplechase. Schmidt's 10:27.18 at the Big Ten Championships bettered her previous record of 10:32.50 she set at the Stanford Invitational last month. Former Hawkeye Sarah Arens set the previous record of 10:34.50 in 2004.

Junior **Renee White** broke her own triple jump record twice this season. Her wind-aided 42-8 1/4 at the Big Ten Championships broke the mark of 42-4 she set last month at the Sun Angel Classic.

<u>BIG TEN ATHLETES OF THE WEEK</u> -- Seniors **Meghan Armstrong** and **Diane Nukuri**, and junior **Andy Napier** have earned Big Ten Athlete of the Week honors this outdoor season.

Armstrong earned her honor Mar. 25 after winning the Shamrock Invite 1,500 meters in a regional-qualifying 4:26.62. She was also the first Hawkeye track student-athlete to earn the honor in women's school history.

Nukuri earned her honor April 8 after breaking the 17-year-old school 10,000-meter record at the Stanford Invite in 33:17.01. That time beat her previous-best clocking by over 13 seconds and automatically qualified her for the NCAA Championships. Nukuri is a four-time Big Ten Women's Cross Country Athlete of the Week honoree.

Napier earned his first conference honor April 8 after winning the 3,000meter steeplechase at the Auburn Tiger Classic with a regional-qualifying and collegiate-best time of 9:03.85. The mark also ranks seventh on Iowa's alltime best performers list.

HAWKEYES CROWN THREE CHAMPS AT BIG TEN OUTDOOR MEET -- The Hawkeye women's team crowned two individual champions, while the men's team won one event at the 2008 Big Ten Outdoor Championships in Champaign, IL. The women's team placed sixth with 73 points, while the men's squad placed eighth with 68. Michigan won its first men's title since 1983, and its 31st in school history, with 129 points. Penn State won its first women's title since 2004, and its second in school history, with 151.

Hawkeye senior distance runners **Meghan Armstrong** and **Diane Nukuri** took home titles for the women, while junior high jumper **Ryan Kelly** won a conference title for the men.

Armstrong collected her second career Big Ten title when she won the last event of the first day - the 10,000 meters - in a facility record-setting 33:49.03. The Tualatin, OR, native won the conference indoor 3,000 meters in March, and is the sixth two-time conference champion in school history. She is also Iowa's first Big Ten 10,000-meter champion since **Jennifer Brower** in 1992. Armstrong also placed third in the 5,000 meters (16:28.71).

Nukuri won her first conference track title in the 5,000 meters (16:24.21). She is only the third Hawkeye to win a Big Ten title in that event. Nan Doak (1982) and Tracy Dahl (1992) were Iowa's other winners. Nukuri also placed third in the 10,000 meters (34:07.50).

2007 HAWKEYE MEN'S NCAA MIDWEST REGIONAL REVIEW

Team Standings (Top Five Plus Iowa)

1.	Oklahoma	75.33
2.	Nebraska	60
3.	Texas Tech	58
	Kansas	58
5.		
16.	lowa	19

lowa's Runners-Up

Adam Hamilton - Hammer (215-11) Shane Maier - Shot Put (58-6 1/2)

Iowa's All-Region Honorees

Paul Chaney, Jr. - 400-Meter Relay Lee Elbert - 400-Meter Relay Adam Hamilton - Hammer Throw Shane Maier - Shot Put Max Milder - 400-Meter Relay Aaron Reed - 400-Meter Relay Micah VanDenend - 5,000 Meters Ray Varner - 400-Meter Hurdles

PAST NCAA REGIONAL FINISHES BY IOWA'S 2008 MALE QUALIFIERS

A.J. Curtis

2006: 16th - Shot Put (54-6) 22nd - Discus (151-8) 2007: 13th- Discus (172-2)

Matty Gorman

2005: 12th - Long Jump (23-6 2006: 7th - Long Jump (23-6 3/4)

John Hickey

2006: 14th - Shot Put (55-7) 2007: 11th - Shot Put (53-9)

Shane Maier

2004: 15th - Shot Put (54-2) 2006: 5th - Shot Put (61-0 1/4) 21st - Discus (159-1) 2007: 2nd - Shot Put (58-6 1/2)

Andy Napier

2007: 12th - 3,000 SC (9:17.85)

Ray Varner

2007: 8th - 400 M Hurdles (52.93)

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The top four men's high jump placewinners each cleared the winning and regional-qualifying height of 6-10 3/4, but Kelly recorded no misses at that height to win the conference title. He is Iowa's fifth Big Ten outdoor high jump champion, and the first since **Bill Hansen** in 1976. Hawkeye senior **Jeremy Petsche** placed fourth in that event with a collegiate-best 6-10 3/4 to also qualify for the regional meet.

Seniors Tammilee Kerr, Kineke Alexander, Shane Maier and Jessica Schmidt, juniors A.J. Curtis, Renee White and Racheal Marchand, and sophomore Adam Hairston also gave strong performances at the three-day meet.

Kerr placed fourth in the hepathlon and javelin. Her heptathlon point total of 5,532 broke the school record of 5,417 she set earlier this season, and automatically qualified her for the NCAA Championships. She was in sixth place in the seven-event competition going into Saturday's final three events. She won the javelin (161-8), placed second in the 800 meters (2:27.49) and fourth in the long jump with a collegiate-best 19-4 1/4 to finish fourth. Kerr then went on to place fourth in the javelin with a throw of 163-5, which improved her previous regional-qualifying and collegiate-best mark she threw during the heptathlon.

Schmidt placed fourth in the 3,000-meter steeplechase with a collegiatebest 10:27.18, which broke the school record of 10:34.50 set by Sarah Arens in 2004.

Maier placed second in the discus (174-7) and fifth in the shot put (59-4 1/4, while Curtis placed third in the shot put (59-8 1/4) and fifth in the discus (171-7). Hairston placed third in the 800 meters with a season-best 1:50.68, which was only .6 seconds off the winning time.

Marchand placed fourth in the 10,000 meters with a NCAA provisional qualifying and collegiate best 34:11.48, and fifth in the 5,000 meters (16:40.03). White (triple jump) and Alexander (400 meters) also posted fourth-place finishes. White's wind-aided mark of 42-8 1/4 broke the school record of 42-4 she set earlier this season in that event.

Also scoring points for the Hawkeyes were senior **Ryan Niver**, junior **Andy Napier** and sophomores **Jesse Luciano**, **Ray Varner** and **Caleigh Bacchus**. Napier was runner-up in the 3,000-meter steeplechase, running a collegiatebest 8:58.21. He the fifth Hawkeye in men's school history to break the nineminute mark in that event. Luciano ran the 10,000 meters for the first time in his Hawkeye career, placing fourth with a team-leading 30:19.92. Niver placed seventh in the decathlon with 6,712 points. Bacchus placed sixth the high jump with a collegiate-best 5-7 1/4, while Varner placed eighth in the 400-meter hurdles (1:05.70).

The men's 400-meter relay of seniors **Max Milder**, **Aaron Reed** and **Lee Elbert** and freshman **Brandon McSkimming** placed fourth with a season best 40.98. The men's 1,600 meter relay of freshman **Steven Willey** and

2008 HAWKEYE WOMEN'S INDOOR SEASON REVIEW

All-American, Event Kineke Alexander, 400 Meters

NCAA Provisional Qualifiers, Event

Kineke Alexander, 400 Meters Kineke Alexander, Distance Medley Relay Meghan Armstrong, Mile Meghan Armstrong, 3,000 Meters Meghan Armstrong, 5,000 Meters Meghan Armstrong, Distance Medley Relay Jolly Burke, 5,000 Meters Lauren Hardesty, Distance Medley Relay Tammilee Kerr, Pentathlon Diane Nukuri, Mile Diane Nukuri, 3,000 Meters Diane Nukuri, 5,000 Meters Diane Nukuri, Distance Medley Relay Renee White, Triple Jump

<u>Big Ten Finish, Points</u>

5th, 60 points

<u>Big Ten Champions</u> Meghan Armstrong, 3,000 Meters Renee White, Triple Jump

School Records Broken, Event (Mark) Kineke Alexander, 600 Meters (1:27.45) Distance Medley Relay (11:20.11) Renee White, Triple Jump (42-4) Tammilee Kerr, Pentathlon (3,974)

2008 HAWKEYE MEN'S INDOOR SEASON REVIEW

<u>All-American, Event</u> John Hickey, Shot Put <u>NCAA Provisional Qualifiers, Event</u>

Adam Hairston, 800 Meters John Hickey, Shot Put Shane Maier, Shot Put Micah VanDenend, 5,000 Meters

Big Ten Finish, Points 8th place, 49 points

Big Ten Champions John Hickey, Shot Put Big Ten Athlete of the Week (Date)

John Hickey (Jan. 22) School Records Broken, Event (Mark)

Adam Hairston, 800 Meters (1:49.63) Ryan Niver, Heptathlon (5,149)

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Chris Barton, and sophomores **Zach Splan** and **Varner** placed fifth (3:11.39). The women's 1,600-meter relay of freshman **Bethany Praska** and **Tiffany Hendricks**, and seniors **Monica Mims** and **Alexander** placed sixth in 3:44.21, while the 400-meter relay of sophomore **Rhonda-Kaye Trusty**, White, Kerr and Hendricks placed eighth (47.29).

ARMSTRONG, MACTAGGART EARN HONORS -- Senior **Meghan Armstrong** and junior **Eric MacTaggart** were recent recipients of two of the University of Iowa's most prestigious annual athletic awards.

MacTaggart was named the men's Robert F. Ray Award winner, while Armstrong was selected the women's Big Ten Medal of Honor winner. A male and female Hawkeye student-athlete are annually selected for the awards.

The Robert F. Ray Award is presented annually at the UI Finkbine Dinner to senior student-athletes who will complete their eligibility and have demonstrated outstanding academic excellence, athletics excellence and leadership. MacTaggart is an all-American distance runner and a three-time academic all-Big Ten honoree. He missed the 2007 cross country season in order to participate in the Hawkeye marching band, which is a music education requirement. A trombone player from Glen Ellyn, IL, MacTaggart earned an "Outstanding Jury" award from the School of Music.

The Big Ten Medal of Honor goes to a graduating student-athlete at each Big Ten institution who has demonstrated proficiency in scholarship and athletics. Armstrong is a three-time all-American and five-time academic all-Big Ten honoree in cross country and track.

NUKURI WINS RUDOLPH AWARD -- Hawkeye senior distance runner **Diane Nukuri** has been awarded the 2008 Wilma Rudolph Student-Athlete Achievement Award by the National Association of Academic Advisors for Athletics (N4A). The annual national award is intended to honor studentathletes who have overcome great personal, academic and/or emotional odds to achieve academic success while participating in intercollegiate athletics.

Nukuri is a three-time all-American in track and cross country at Iowa. She is a two-time NCAA Midwest Region cross country champion and was one of four national finalists for the 2008 Honda Sports Award in women's cross country. She holds all four cross country school records, as well as three outdoor school marks. The Hawkeye senior ran for her native Burundi in the 2000 Olympic Games, but has not been back since she was 16. Her father was killed during the Hutu-Tutsi conflict, leaving Nukuri's mother to tend to the couple's eight children. Nukuri left a war-torn Burundi to compete at the Francophone Games in Canada, after the Olympics, and persuaded an emigrant cousin to take her in. After enrolling in school and obtaining resident status in Toronto, Nukuri met Anderson who helped her enroll at Butler County Community College (KS). This was to boost her language skills and academic credentials. Nukuri excelled at Butler, winning nine NJCAA national and 11 regional titles and

HAWKEYE WOMEN'S COACHING STAFF





Head Coach Layne Anderson

Assistant Coach Assistant Coach Victor Houston Shellene Williams

Head Coach **Layne Anderson** is in his first year as head women's track coach at Iowa. In his four seasons as an assistant with the track team, there has been one national champion, 22 all-Americans and 18 Big Ten Champions. While competing for The Citadel in college, Anderson set 10 school records on his way to becoming a three-time Southern Conference champion.

He is assisted by four-time Auburn all-American, 1996 decathlon national champion and Olympian **Victor Houston** and Hawkeye all-American and four-time Big Ten Champion **Shellene Williams**.

HAWKEYE MEN'S COACHING STAFF





Head Coach Larry Wieczorek Assistant Coach Assistant Coach Scott Cappos Joey Woody

Head Coach **Larry Wieczorek** is in his 12th season at the helm of the Iowa men's track team. He has coached 25 all-Americans and 42 Big Ten Champions at Iowa. The team's highest conference meet finishes during his tenure are second at the 1999 outdoor meet and fourth at the 1997 indoor meet. As a runner, Wieczorek was a six-time Big Ten champion at Iowa - winning four track and two cross country titles - and a fourtime all-American. In 1998, he was inducted into the National Iowa Varsity Club Hall of Fame.

He is assisted by three-time Indiana all-American **Scott Cappos** and World Champion and four-time Northern Iowa all-American **Joey Woody**.

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HAWKEYE TRACK & FIEL

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earning 17 all-America honors. She enrolled at the University of Iowa in the fall of 2006.

Wilma Rudolph was the first American female runner to win three gold medals during the Olympic games of 1960. She won the 100 and 200-meter dashes and anchored the 400-meter relay, earning the title of "World's Fastest Woman". Her performance was all the more remarkable in light of the fact she had double pneumonia and scarlet fever as a young child and could not walk without braces until age 11.

The N4A is a diverse, educational service and professional nonprofit organization with approximately 550+ members. N4A members are committed to enhancing the opportunities for academic, athletic and personal success for collegiate student-athletes.

LUCIANO, CROSS COUNTRY TEAMS EARN ACADEMIC HONORS -- The Iowa men and women's cross country teams recently earned academic all-America honors from the U.S. Track & Field and Cross Country Coaches Association (USTFCCA). The men's team earned a team grade point average of 3.20. The women's team had a combined GPA of 3.32.

Individually, sophomore **Jesse Luciano** was one of 56 student-athletes to be named to the academic all-America team. In order to be eligible for academic all-America status, the student must carry a cumulative grade point average of at least 3.25 and completed a minimum of 24 semester hours through the 2007 fall semester. The student-athlete must also finish in the top 15 or top 10 percent at the NCAA regional meet or receive all-America honors. Luciano is a health and sport studies major who placed 15th at the regional meet.

The Hawkeye men's team also was publicly recognized by the NCAA in its annual Academic Progress Rate (APR) report last month. The APR awards are given to teams for their latest multi-year Academic Progress Rate scores. Head Coach Larry Wieczorek squad posted multi-year APR scores in the top 10 percent of all squads in their respective sports. The public recognition awards are part of the broad Division I academic reform effort. The APR provides a real-time look at a team's academic success each semester by tracking the academic progress of each student-athlete. The APR includes eligibility, retention and graduation in the calculation, which provides a clear picture of the academic culture in each sport. High-performing teams receiving awards posted APR scores ranging from 965 to a perfect 1,000.

THE UNIVERSITY OF IOWA HAWKEYE TRACK & FIELD

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2008 MEN'S TEAM CAPTAINS NAMED -- Seniors **Shane Maier**, **Max Milder** and **Micah VanDenend** are team captains for the 2008 season. Maier and VanDenend both served as captains last season. Maier, from Storm Lake, IA, is the defending Big Ten indoor shot put champion and a two-time all-region honoree. He and four other Hawkeye throwers hold the school record for most times qualified for the NCAA Midwest Regional (4). VanDenend, a native of Glenbard, IL, is the defending Big Ten 10,000-meter champion and won the 2006 NCAA Midwest Cross Country Regional title. The three-time all-region honoree currently holds four of Iowa's school distance records. Milder, a sprinter from Council Bluffs, IA, is a two-time regional qualifier, earning all-region honors as part of the 400-meter relay last season.

WOMEN'S TRACK SIGNS 2008 CLASS -- The Iowa women's track team has signed five student-athlete distance runners for the 2008 season. Lindsay Anderson (Leeds, ND), Betsy Flood (Des Moines, IA), Brooke Eilers (Holland, MI), McKenzie Melander (Apple Valley, MN) and Danielle Berndt (Bloomington, MN) will all be joining the Hawkeyes.

Anderson, sister of Hawkeye distance runner **Krista Anderson**, is a two-time North Dakota Gatorade Athlete of the Year. She is an 11-time state champion, winning four titles in cross country, five in the 1,600 meters and two in the 3,200 meters. She is a three-time Footlocker National High School Cross Country meet qualifier. Flood is one of the top all-around prep runners in Iowa, winning state titles in the 800 and 1,500 meters and the distance medley relay. She is a member of the AAU record setting 3,200 meter relay team. Eilers has received all-state accolades in cross country and track. Melander posted a state runner-up performance in the 1,600 and 3,200 meters in 2007. Berndt placed second in the state 3,200 meters (10:49) and fourth at the state cross country championships. She is also an excellent nordic skier having recently qualified for the national championships in Alaska.

MEN'S TRACK SIGNS 2008 CLASS -- The Hawkeye men's track program has signed five student-athletes to its 2008 recruiting class. Head Coach Larry Wieczorek announced the signing of **Zack Braff** (Marion, IA), **D'Juan Richardson** (Indianapolis, IN), **Thomas Reynolds** (Coralville, IA), **Nick Holmes** (Bartonville, IL) and **Patrick Richards** (Colorado Springs, CO) to national letters of intent. Braff is one of the top returning 800-meter runners in the state. He placed fourth in that event at the state meet last season, and boasts a personal-best of 1:53.60. He anchored Linn-Mar's sprint medley relay to a fourth-place finish at the Drake Relays last month with a 1:54 800-meter split. Braff chose lowa over lowa State, Arkansas and Northern lowa.

Richardson ran sprints and hurdles on the 2007 state champion Warren Central High School team. He won the 2008 state 55-meter hurdles title (7.41), placing third in the 110-meter hurdles (14.08) and the intermediate hurdles (37.4) at the state meet last season. He is currently ranked in the top 15 returning 110-meter hurdlers in the nation, and his current outdoor best time of 13.96 ranks in the top 10 nationally.

Reynolds was a thrower on the 2007 state champion Iowa City West High School team. He won the discus (191-0) and placed third in the shot put (54-8 1/4) at the 2008 Drake Relays. Reynolds placed third in the discus (176-11) at the 2007 state meet.

Holmes was selected Athlete of the Meet at the 2008 Illinois Prep Top Times Classic, winning the indoor mile with a meet record-setting 4:13.72. He also won the 2007 state 2A cross country championships for Limestone High School (14:21 - three miles), beating the runner-up by 27 seconds.

Richards was runner-up at the 2007 Colorado state track meet in the 200 (21.55) and 400 meters (47.66). His current 400-meter time currently ranks 34th in the nation and third in the state. Richards, who competes for Widefield High School, chose Iowa over Arizona, Penn State and Nebraska.

NEXT COMPETITION -- The Hawkeye track teams will send qualifying student-athletes to the 2008 NCAA Championships, June 11-14 in Des Moines, IA. All events will be held at Drake Stadium on Jim Duncan Track on the Drake University campus. For ticket information contact the Drake University Athletics Ticket Office at 515/271-3647 or www.godrakebulldogs.com.



WOMEN'S 100 METERS (RQ - 11.75, SR - 11.45)

	<u>S (RQ - 11.75, SR - 11.4</u>			
		Meet - Date		
		at Drake Relays - 4/25/08	11.90	at Drake Relays - 4/25/08
MEN'S 100 METERS (R				
		Meet - Date	-	
Lee Elbert	10.69	at Big Ten Champ's - 5/17/08	10.61	Musco Twilight IX - 4/21/07
Max Milder	10.85	Musco Twilight X - 5/3/08	10.68	Musco Twilight IX - 4/21/07
Aaron Reed	11.18 %	at Central Invite - 4/5/08	11.18 %	at Central Invite - 4/5/08
Ryan Niver	11.28 \$	at Big Ten Champ's - 5/16/08	11.32	at Messersmith Invite - 4/9/05
		at Big Ten Champ's - 5/16/08		
Bobby Windauer	11.77	Iowa Invite - 4/19/08	11.77	Iowa Invite - 4/19/08
WOMEN'S 100-METER	<u>R HURDLES (RQ - 13.92</u>	, <u>SR 13.20)</u>		
Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Kimberly Stanford	14.11	at Shamrock Invite - 3/22/08	14.70	at Shamrock Invite - 3/22/08
Renee White	14.20	at Tiger Classic - 4/5/08	14.20	at Tiger Classic - 4/5/08
Tammilee Kerr	14.35	at Tiger Classic - 4/5/08	14.21	Musco Twilight IX - 4/21/07
MEN'S 110-METER HU	IRDLES (RQ 14.30, SI	<u>R 13.63)</u>		
Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Brice Wilson	14.94	Musco Twilight X - 5/3/08	14.94	Musco Twilight X - 5/3/08
Frank Prill	15.15 %	at Central Invite - 4/5/08	14.94	Musco Twilight IX - 4/21/07
Ray Varner	15.22	Iowa Invite - 4/19/08	15.22	Iowa Invite - 4/19/08
Ryan Niver	15.61	Musco Twilight X - 5/3/08	15.61	Musco Twilight X - 5/3/08
		Iowa Invite - 4/19/08		
Mark Mankivsky	15.96	lowa Invite - 4/19/08	15.96	Iowa Invite - 4/19/08
WOMEN'S 200 METER				
Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Rhonda-Kaye Trusty	24.39	at Tiger Classic - 4/5/08	24.23	at Aztec Classic - 3/17/07
		at Drake Relays - 4/23/08		
		at Shamrock Invite - 3/22/08		-
	23.41		29.71	
-		at Shamrock Invite - 3/22/08		
-	25.69			
Bethany Praska MEN'S 200 METERS (R	25.69 Q 21.35, SR 20.47)		25.69	at Shamrock Invite - 3/22/08
Bethany Praska MEN'S 200 METERS (R Name	25.69 <u>Q 21.35, SR 20.47)</u> Season Best	at Shamrock Invite - 3/22/08	25.69 Collegiate Best	at Shamrock Invite - 3/22/08 Meet - Date
Bethany Praska MEN'S 200 METERS (R Name Max Milder	25.69 Q 21.35, SR 20.47) Season Best 21.70	at Shamrock Invite - 3/22/08 Meet - Date at Big Ten Champ's - 5/17/08	25.69 Collegiate Best 21.70	at Shamrock Invite - 3/22/08 Meet - Date at Big Ten Champ's - 5/17/08
Bethany Praska MEN'S 200 METERS (R Name Max Milder	25.69 Q 21.35, SR 20.47) Season Best 21.70 22.04	at Shamrock Invite - 3/22/08 Meet - Date at Big Ten Champ's - 5/17/08 at Tiger Classic - 4/5/08	25.69 Collegiate Best 21.70	at Shamrock Invite - 3/22/08 Meet - Date at Big Ten Champ's - 5/17/08
Bethany Praska MEN'S 200 METERS (R Name Max Milder Lee Elbert WOMEN'S 400 METER	25.69 Q 21.35, SR 20.47) Season Best 21.70 22.04 S (RQ - 54.61, SR - 51.3	at Shamrock Invite - 3/22/08 Meet - Date at Big Ten Champ's - 5/17/08 at Tiger Classic - 4/5/08	25.69 Collegiate Best 21.70 21.78	at Shamrock Invite - 3/22/08 Meet - Date at Big Ten Champ's - 5/17/08 at Meyo Invite - 2/4/06
Bethany Praska MEN'S 200 METERS (R Name Max Milder Lee Elbert WOMEN'S 400 METER Name	25.69 Q 21.35, SR 20.47) Season Best 21.70 22.04 S (RQ - 54.61, SR - 51.3 Season Best	at Shamrock Invite - 3/22/08 Meet - Date at Big Ten Champ's - 5/17/08 at Tiger Classic - 4/5/08 <u>5)</u>	25.69 Collegiate Best 21.70 21.78 Collegiate Best	at Shamrock Invite - 3/22/08 At Big Ten Champ's - 5/17/08 at Meyo Invite - 2/4/06 Meet - Date
Bethany Praska MEN'S 200 METERS (R Name Max Milder Lee Elbert WOMEN'S 400 METER Name Kineke Alexander	25.69 Q 21.35, SR 20.47) Season Best 21.70 22.04 S (RQ - 54.61, SR - 51.3) Season Best 53.59 ^	at Shamrock Invite - 3/22/08 Meet - Date at Big Ten Champ's - 5/17/08 at Tiger Classic - 4/5/08 <u>5)</u> Meet - Date	25.69 Collegiate Best 21.70 21.78 Collegiate Best 51.35	at Shamrock Invite - 3/22/08 At Big Ten Champ's - 5/17/08 at Meyo Invite - 2/4/06 Meet - Date at NCAA Champ's - 6/10/06
Bethany Praska MEN'S 200 METERS (R Name Max Milder Lee Elbert WOMEN'S 400 METER Name Kineke Alexander Monica Mims	25.69 Q 21.35, SR 20.47) Season Best 21.70 22.04 S (RQ - 54.61, SR - 51.3) Season Best 53.59 ^ 56.46	at Shamrock Invite - 3/22/08 Meet - Date at Big Ten Champ's - 5/17/08 at Tiger Classic - 4/5/08 5) Meet - Date at Big Ten Champ's - 5/17/08	25.69 Collegiate Best 21.70 21.78 Collegiate Best 51.35 56.46	at Shamrock Invite - 3/22/08 At Big Ten Champ's - 5/17/08 at Meyo Invite - 2/4/06 At NCAA Champ's - 6/10/06 at Tiger Classic - 4/5/08
Bethany Praska MEN'S 200 METERS (R Name Max Milder Lee Elbert WOMEN'S 400 METER Name Kineke Alexander Monica Mims Bethany Praska	25.69	at Shamrock Invite - 3/22/08 Meet - Date at Big Ten Champ's - 5/17/08 at Tiger Classic - 4/5/08 5) Meet - Date at Big Ten Champ's - 5/17/08 at Tiger Classic - 4/5/08 at Sun Angel Classic - 4/12/08	25.69 Collegiate Best 21.70 21.78 Collegiate Best 51.35 56.46 57.25	at Shamrock Invite - 3/22/08 At Big Ten Champ's - 5/17/08 at Meyo Invite - 2/4/06 At Meyo Invite - 2/4/06 at NCAA Champ's - 6/10/06 at Tiger Classic - 4/5/08 at Sun Angel Classic - 4/12/08
Bethany Praska MEN'S 200 METERS (R Name Max Milder Lee Elbert WOMEN'S 400 METER Name Kineke Alexander Monica Mims Bethany Praska Tiffany Hendricks	25.69	at Shamrock Invite - 3/22/08 Meet - Date at Big Ten Champ's - 5/17/08 at Tiger Classic - 4/5/08 5) Meet - Date at Big Ten Champ's - 5/17/08 at Tiger Classic - 4/5/08 at Sun Angel Classic - 4/12/08 at Tiger Classic - 4/5/08	25.69 Collegiate Best 21.70 21.78 Collegiate Best 51.35 56.46 57.25 57.84	at Shamrock Invite - 3/22/08 At Big Ten Champ's - 5/17/08 at Meyo Invite - 2/4/06 At Meyo Invite - 2/4/06 At NCAA Champ's - 6/10/06 at Tiger Classic - 4/5/08 at Sun Angel Classic - 4/12/08 at ISU Classic - 2/16/08
Bethany Praska MEN'S 200 METERS (R Name Max Milder Lee Elbert WOMEN'S 400 METER Name Kineke Alexander Monica Mims Bethany Praska Tiffany Hendricks Sophia Ponce	25.69	at Shamrock Invite - 3/22/08 Meet - Date at Big Ten Champ's - 5/17/08 at Tiger Classic - 4/5/08 5) Meet - Date at Big Ten Champ's - 5/17/08 at Tiger Classic - 4/5/08 at Sun Angel Classic - 4/12/08	25.69 Collegiate Best 21.70 21.78 Collegiate Best 51.35 56.46 57.25 57.84	at Shamrock Invite - 3/22/08 At Big Ten Champ's - 5/17/08 at Meyo Invite - 2/4/06 At Meyo Invite - 2/4/06 At NCAA Champ's - 6/10/06 at Tiger Classic - 4/5/08 at Sun Angel Classic - 4/12/08 at ISU Classic - 2/16/08
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Bethany Praska MEN'S 200 METERS (R Name Max Milder Lee Elbert WOMEN'S 400 METER Name Kineke Alexander Monica Mims Bethany Praska Tiffany Hendricks Sophia Ponce MEN'S 400 METERS (R Name Chris Barton Steven Willey Brandon McSkimming Frank Prill Ryan Niver Bobby Windauer	25.69. Q 21.35, SR 20.47) Season Best 21.70. 22.04. S (RQ - 54.61, SR - 51.3) Season Best 53.59 ^ 56.46. 57.25. 57.90. 1:02.10. Q 47.20, SR 44.99) Season Best 47.31. 47.47. 49.17. 50.08 \$. 51.32. 53.83.	at Shamrock Invite - 3/22/08 Meet - Date at Big Ten Champ's - 5/17/08 at Tiger Classic - 4/5/08 at Big Ten Champ's - 5/17/08 at Big Ten Champ's - 5/17/08 at Tiger Classic - 4/5/08 at Sun Angel Classic - 4/12/08 at Tiger Classic - 4/5/08 at Tiger Classic - 4/5/08 at Big Ten Champ's - 5/17/08 at Drake Relays - 4/23/08 at Tiger Classic - 4/5/08 at Central Invite - 4/5/08	25.69 Collegiate Best 21.70 21.78 51.35 56.46 57.25 57.84 58.61 47.31 47.47 49.17 50.08 \$ 51.51	at Shamrock Invite - 3/22/08 At Big Ten Champ's - 5/17/08 at Big Ten Champ's - 5/17/08 at Meyo Invite - 2/4/06 at Meyo Invite - 2/4/06 at NCAA Champ's - 6/10/06 at Tiger Classic - 4/5/08 at Sun Angel Classic - 4/12/08 at ISU Classic - 2/16/08 at ISU Classic - 2/16/08 at Cyclone Invite - 2/10/07 At Tiger Classic - 4/5/08 at Big Ten Champ's - 5/17/08 at Big Ten Champ's - 5/17/08 at Big Ten Champ's - 5/11/07
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Bethany Praska MEN'S 200 METERS (R Name Max Milder Lee Elbert WOMEN'S 400 METER Name Kineke Alexander Monica Mims Bethany Praska Tiffany Hendricks Sophia Ponce MEN'S 400 METERS (R Name Chris Barton Steven Willey Brandon McSkimming Frank Prill Ryan Niver Bobby Windauer MEN'S 400-METER HU Name	25.69	at Shamrock Invite - 3/22/08 Meet - Date at Big Ten Champ's - 5/17/08 at Tiger Classic - 4/5/08 at Big Ten Champ's - 5/17/08 at Big Ten Champ's - 5/17/08 at Tiger Classic - 4/5/08 at Sun Angel Classic - 4/12/08 at Tiger Classic - 4/5/08 at Shamrock Invite - 3/22/08 at Big Ten Champ's - 5/17/08 at Drake Relays - 4/23/08 at Tiger Classic - 4/5/08 at Central Invite - 4/5/08 at Central Invite - 4/5/08	25.69 Collegiate Best 21.70 21.78 Collegiate Best 51.35 56.46 57.25 57.84 58.61 Collegiate Best 47.31 47.47 50.08 \$ 51.51 53.83	at Shamrock Invite - 3/22/08 At Big Ten Champ's - 5/17/08 at Big Ten Champ's - 5/17/08 at Meyo Invite - 2/4/06 At Meyo Invite - 2/4/06 At NCAA Champ's - 6/10/06 at Tiger Classic - 4/5/08 at Sun Angel Classic - 4/12/08 at SU Classic - 2/16/08 at ISU Classic - 2/16/08 at Cyclone Invite - 2/10/07 Meet - Date at Tiger Classic - 4/5/08 at Big Ten Champ's - 5/17/08 at Drake Relays - 4/23/08 at Big Ten Champ's - 5/11/07 at Central Invite - 4/5/08 Meet - Date
Bethany Praska MEN'S 200 METERS (R Name Max Milder Lee Elbert WOMEN'S 400 METER Name Kineke Alexander Monica Mims Bethany Praska Tiffany Hendricks Sophia Ponce MEN'S 400 METERS (R Name Chris Barton Steven Willey Brandon McSkimming Frank Prill Ryan Niver Bobby Windauer MEN'S 400-METER HU Name Ray Varner	25.69	at Shamrock Invite - 3/22/08 Meet - Date at Big Ten Champ's - 5/17/08 at Tiger Classic - 4/5/08 at Big Ten Champ's - 5/17/08 at Big Ten Champ's - 5/17/08 at Tiger Classic - 4/5/08 at Sun Angel Classic - 4/12/08 at Tiger Classic - 4/5/08 at Shamrock Invite - 3/22/08 at Big Ten Champ's - 5/17/08 at Drake Relays - 4/23/08 at Tiger Classic - 4/5/08 at Tiger Classic - 4/5/08 at Drake Relays - 4/26/08 at Drake Relays - 4/26/08	25.69 Collegiate Best 21.70 21.78 Collegiate Best 51.35 56.46 57.25 57.84 58.61 Collegiate Best 47.31 47.47 49.17 50.08 \$ 51.51 53.83 Collegiate Best 50.99	at Shamrock Invite - 3/22/08 At Big Ten Champ's - 5/17/08 at Big Ten Champ's - 5/17/08 at Meyo Invite - 2/4/06 At Meyo Invite - 2/4/06 at NCAA Champ's - 6/10/06 at Tiger Classic - 4/5/08 at Sun Angel Classic - 4/12/08 at SU Classic - 2/16/08 at ISU Classic - 2/16/08 at Cyclone Invite - 2/10/07 Meet - Date at Big Ten Champ's - 5/17/08 at Big Ten Champ's - 5/11/07 at Central Invite - 4/5/08 at Big Ten Champ's - 5/13/07
Bethany Praska MEN'S 200 METERS (R Name Max Milder Lee Elbert WOMEN'S 400 METER Name Kineke Alexander Monica Mims Bethany Praska Tiffany Hendricks Sophia Ponce MEN'S 400 METERS (R Name Chris Barton Steven Willey Brandon McSkimming Frank Prill Ryan Niver Bobby Windauer MEN'S 400-METER HU Name Ray Varner Ray Varner Zach Splan	25.69	at Shamrock Invite - 3/22/08 Meet - Date at Big Ten Champ's - 5/17/08 at Tiger Classic - 4/5/08 at Big Ten Champ's - 5/17/08 at Big Ten Champ's - 5/17/08 at Tiger Classic - 4/5/08 at Sun Angel Classic - 4/12/08 at Tiger Classic - 4/5/08 at Shamrock Invite - 3/22/08 at Big Ten Champ's - 5/17/08 at Drake Relays - 4/23/08 at Tiger Classic - 4/5/08 at Central Invite - 4/5/08 at Central Invite - 4/5/08	25.69 Collegiate Best 21.70 21.78 Collegiate Best 51.35 56.46 57.25 57.84 58.61 Collegiate Best 47.31 47.47 49.17 50.08 \$ 51.51 53.83 Collegiate Best 50.99 55.41	at Shamrock Invite - 3/22/08 At Big Ten Champ's - 5/17/08 at Big Ten Champ's - 5/17/08 at Meyo Invite - 2/4/06 At Meyo Invite - 2/4/06 At NCAA Champ's - 6/10/06 at Tiger Classic - 4/5/08 at Sun Angel Classic - 4/12/08 at SU Classic - 2/16/08 at ISU Classic - 2/16/08 at Cyclone Invite - 2/10/07 Meet - Date at Big Ten Champ's - 5/17/08 at Big Ten Champ's - 5/11/07 at Central Invite - 4/5/08 at Big Ten Champ's - 5/13/07 at Big Ten Champ's - 5/13/07

WOMEN'S 800 METERS (RQ - 2:09.80, SR-2:05.67)

	<u> RQ - 2:09.80, SR—2</u>			
		Meet - Date	-	
		lowa Invite - 4/19/08		-
		lowa Invite - 4/19/08		
		lowa Invite - 4/19/08		• • •
		at Shamrock Invite - 3/22/08		
		Iowa Invite - 4/19/08		
		Musco Twilight X - 5/3/08		
		at Drake Relays - 4/24/08	2:22.02	at Big Ten Champ's - 3/1/08
	<u> RQ 1:50.40, SR 1:47</u>			
		Meet - Date	-	
		at Big Ten Champ's - 5/18/08		
		at Big Ten Champ's - 5/17/08		
Dan Kuhlman	1:56.07	Iowa Invite - 4/19/08	1:56.07	Iowa Invite - 4/19/08
	ERS (RQ - 4:27.80, SR -			
Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Meghan Armstrong	4:26.62 ^	at Shamrock Invite - 3/22/08	4:17.41 *	at Big Ten Champ's - 5/14/06
Sarah Henize	4:29.54	at Big Ten Champ's - 5/17/08	4:29.54	at Big Ten Champ's - 5/17/08
Racheal Marchand	4:31.23	Iowa Invite - 4/19/08	4:31.23	Iowa Invite - 4/19/08
Krista Anderson	4:35.52	Iowa Invite - 4/19/08	4:35.52	Iowa Invite - 4/19/08
Jessica Schmidt	4:40.65	Musco Twilight X - 5/3/08	4:40.65	Musco Twilight X - 5/3/08
Lauren Hardesty	4:41.70	at Tiger Classic - 4/5/08	4:41.70	at Tiger Classic - 4/5/08
Katie Ellis	4:45.12	Iowa Invite - 4/19/08	4:45.12	Iowa Invite - 4/19/08
Amanda Hardesty	4:45.76	Musco Twilight X - 5/3/08	4:45.76	Musco Twilight X - 5/3/08
Fionna Fallon	4:49.54	at Tiger Classic - 4/5/08	4:49.54	at Tiger Classic - 4/5/08
Hannah Roeder	4:51.18	Iowa Invite - 4/19/08	4:51.18	Iowa Invite - 4/19/08
Jennie Docherty	4:52.76	Iowa Invite - 4/19/08	4:48.01	Musco Twilight VIII - 4/22/06
		at Tiger Classic - 4/5/08		u
Kathryn Guess	5:06.42	Iowa Invite - 4/19/08	5:06.42	Iowa Invite - 4/19/08
Rachel Hawks	5:07.28	Musco Twilight X - 5/3/08	5:02.91	at Jacobs Invite - 4/13/07
		lowa Invite - 4/19/08		
_		Iowa Invite - 4/19/08		
-	(RQ 3:47.80, SR 3:			
	-	Meet - Date	Collegiate Best	Meet - Date
		at Tiger Classic - 4/5/08	-	
		Musco Twilight X - 5/3/08		
		at Tiger Classic - 4/5/08		-
		Musco Twilight X - 5/3/08		-
		Musco Twilight X - 5/3/08		-
		lowa Invite - 4/19/08		
				at Jim Duncan Invite - 4/14/07
		at Drake Relays - 4/24/08		
		at Big Ten Champ's - 5/17/08		
WOMEN'S 3,000 MET		, , , , , , , , , , , , , , , , , , ,		
		Meet-Date	Collegiate Best	Meet-Date
		Iowa Invite - 4/19/08		
		Iowa Invite - 4/19/08		
		at Shamrock Invite 3/21/08		
MEN'S 3,000 METERS				
		Iowa Invite - 4/19/08	8:34.31	Iowa Invite - 4/19/08
		Iowa Invite - 4/19/08		

WOMEN'S 3,000-METER STEEPLECHASE (RQ - 10:50.25, SR - 10:27.18)

WOMEN'S 3,000-METER STEEPLECHASE			March Data
Name Season Best			
Jessica Schmidt 10:27.18 ^*			
Hannah Roeder 11:43.16		11:43.16	Musco Twilight X - 5/3/08
<u>MEN'S 3,000-METER STEEPLECHASE (RQ</u>			
Name Season Best			
Andy Napier 8:58.21 ^		8:58.21	at Big Ten Champ's - 5/17/08
<u> WOMEN'S 5,000 METERS (RQ - 16:52.00</u>	-		
Name Season Best			
Diane Nukuri 15:59.39 ^			
Meghan Armstrong 16:08.83 ^			
Racheal Marchand 16:27.02 ^			
Krista Anderson 17:28.09	Musco Twilight X - 5/3/08	16:48.95	Big Ten Champ's - 2/26/06
<u>MEN'S 5,000 METERS (RQ 14:12.00, SF</u>	<u>R 13:49.31)</u>		
Name Season Best	Meet - Date	Collegiate Best	Meet - Date
Jesse Luciano 14:27.31	at Drake Relays - 4/24/08	14:27.31	at Drake Relays - 4/24/08
Brendan Camplin 15:01.70	Musco Twilight X - 5/3/08	15:01.70	Musco Twilight X - 5/3/08
WOMEN'S 10,000 METERS (AQ - 33:30.0	-		-
Name Season Best	Meet - Date	Collegiate Best	Meet - Date
Diane Nukuri 33:17.01 @*	at Stanford Invite - 4/4/08	33:17.01 *	at Stanford Invite - 4/4/08
Meghan Armstrong 33:28.00 @	at Stanford Invite - 4/4/08	33:28.00	at Stanford Invite - 4/4/08
Racheal Marchand 34:11.48 #			
Hannah Roeder 38:16.45			
Fionna Fallon			
MEN'S 10,000 METERS (AQ 28:45.00, I			
Name Season Best		Collegiate Best	Meet - Date
Jesse Luciano		-	
Tommy Tate			
WOMEN'S 400-METER RELAY (RQ - 45.7)			6 1 , ,
Names		Meet - Date	
White, Alexander, Kerr, Trusty		at Tiger Classic - 4	/5/08
White, Trusty, Kerr, Stanford		5	
Trusty, White, Stanford, Hendricks			
Trusty, White, Kerr, Hendricks			
MEN'S 400-METER RELAY (RQ 40.66, S			,,
Names		Meet - Date	
Milder, McSkimming, Reed, Elbert			onships - 5/18/08
WOMEN'S 800-METER RELAY (SR - 1:35.			e
Names		Meet - Date	
Hendricks, Trusty, White, Stanford			- 3/21/08
WOMEN'S 1,600-METER RELAY (RQ 3:			,,
Names		Meet - Date	
Praska, M. Mims, Hendricks, Alexander			onshins - 5/18/08
· · · · · · · · · · · · · · · · · · ·			• • •
M Mims Alexander Hendricks Praska	3.48 17	Whisco Iwilight X.	
		-	
M. Mims, Hendricks, Praska, Ponce		at Shamrock Invite	e - 3/22/08
M. Mims, Hendricks, Praska, Ponce Praska, Kerr, Trusty, M. Mims		at Shamrock Invite Iowa Invite - 4/19,	e - 3/22/08 /08
M. Mims, Hendricks, Praska, Ponce Praska, Kerr, Trusty, M. Mims Hendricks, M. Mims, Kerr, Praska		at Shamrock Invite Iowa Invite - 4/19,	e - 3/22/08 /08
M. Mims, Hendricks, Praska, Ponce Praska, Kerr, Trusty, M. Mims Hendricks, M. Mims, Kerr, Praska MEN'S SPRINT MEDLEY RELAY (SR 3:15		at Shamrock Invite Iowa Invite - 4/19, at Sun Angel Class	e - 3/22/08 /08
M. Mims, Alexander, Hendricks, Praska M. Mims, Hendricks, Praska, Ponce Praska, Kerr, Trusty, M. Mims Hendricks, M. Mims, Kerr, Praska MEN'S SPRINT MEDLEY RELAY (SR 3:19 Names Milder, Elbert, Barton, Hairston		at Shamrock Invite Iowa Invite - 4/19, at Sun Angel Class Meet - Date	e - 3/22/08 /08 ic - 4/12/08

MEN'S 1,600-METER RELAY (RQ -- 3:10.00, SR -- 3:03.11)

<u>WEN'S 1,600-WETER RELAY (RQ 3:10.00, S</u>		
Names		
Willey, Elbert, Varner, Barton		
Willey, Elbert, Barton, Varner		
Willey, Splan, Barton, Varner		
Willey, Splan, Varner, Barton		
Dolan, McSkimming, Splan, Hairston		
Milder, McSkimming, Elbert, Hairston		-
Dolan, Hairston, Splan, Kuhlman		
Rolling, Prill, Niver, Rammelsberg		at Tiger Classic - 4/5/08
WOMEN'S 3,200-METER RELAY (SR 8:46.4	-	
Names		
M. Mims, Praska, Docherty, Ellis		at Drake Relays - 4/26/08
WOMEN'S DISTANCE MEDLEY RELAY (SR 8	<u>3:46.45)</u>	
Names		
L. Hardesty, A. Hardesty, Hendricks, Anderson .		at Drake Relays - 4/25/08
MEN'S DISTANCE MEDLEY RELAY (SR 8:46		
Names		
B. MacTaggart, Splan, Dolan, Paul	10:17.87	at Drake Relays - 4/25/08
WOMEN'S HIGH JUMP (RQ - 1.75 meters, SI	<u>R - 1.86 meters)</u>	
Name Season Best		
		5-7 1/4 (1.71 m) at Big Ten Champ's - 5/18/08
Tammilee Kerr 5-6 1/2 (1.69 m) \$	at Drake Relays - 4/23/08	5-7 1/4 (1.71 m) at Big Ten Champ's - 3/2/08
MEN'S HIGH JUMP (RQ 2.10 meters, SR	2.23 meters)	
Name Season Best	Meet - Date	Collegiate BestMeet - Date
Ryan Kelly 6-10 3/4 (2.10 m) ^.	at Big Ten Champ's - 5/17/08	6-10 3/4 (2.10 m) at Big Ten Champ's - 5/17/08
Jeremy Petsche 6-10 3/4 (2.10 m) ^.	at Big Ten Champ's - 5/17/08	6-10 3/4 (2.10 m) at Big Ten Champ's - 5/17/08
Trey Stross 6-8 3/4 (2.05 m)	Musco Twilight X - 5/3/08	6-9 3/4 (2.08 m) at Big Ten Champ's - 2/25/07
Dan Rolling 6-6 3/4 (2.00 m)	at Drake Relays - 4/26/08	6-11 (2.11 m) at Big Ten Champ's - 3/2/08
Ryan Niver 6-4 3/4 (1.95 m) \$	at Big Ten Champ's - 5/17/08	6-9 (2.06 m) at Gladstein Invite - 1/27/07
Graham Valdes 6-4 (1.93 m)	at Central Invite - 4/5/08	6-8 1/4 (2.04 m) Iowa Invite - 2/22/08
Frank Prill 6-0 (1.83 m) \$	at Big Ten Champ's - 5/17/08	6-0 (1.83 m) \$ at Big Ten Champ's - 5/17/08
MEN'S POLE VAULT (RQ 5.05 meters, SR !	5.18 meters)	
Name Season Best	Meet - Date	Collegiate BestMeet - Date
Jeff Raymond 15-11 (4.85 m)	at Big Ten Champ's - 5/16/08	16-2 (4.93 m) at Big Ten Champ's - 3/1/08
Alex Zona 15-1 (4.50 m)	Musco Twilight X - 5/3/08	15-7 3/4 (4.77 m) at Johnson Invite - 1/26/08
Mark Mankivsky 14-9 (4.50 m)	Iowa Invite - 4/19/08	14-9 (4.50 m) Iowa Invite - 4/19/08
Ryan Niver 14-5 1/4 (4.40 m) \$.	at Drake Relays - 4/24/08	14-9 (4.50 m) Musco Twilight IX - 4/21/07
Frank Prill 14-3 1/4 1/2 (4.35 m	n) at Big Ten Champ's - 5/17/08	14-3 1/4 (4.35 m) at Big Ten Champ's - 5/17/08
WOMEN'S LONG JUMP (RQ - 6.00 meters, S		
Name Season Best		
		19-10 3/4 (6.06 m) % at Big Ten Champ's - 5/17/08
Tammilee Kerr 19-4 1/4 (5.90 m)	at Big Ten Champ's - 5/17/08	19-4 1/4 (5.90 m) at Big Ten Champ's - 5/17/08
MEN'S LONG JUMP (RQ 7.34 meters, SR 2	<u>8.25 meters)</u>	
Name Season Best	Meet - Date	Collegiate BestMeet - Date
Matty Gorman 23-4 (7.11 m)	at Big Ten Champ's - 5/17/08	25-1 1/4 (7.65 m) at Springtime Invite - 4/1/06
Aaron Reed 23-2 1/2 (7.07 m)	at Big Ten Champ's - 5/17/08	23-8 (7.21 m) Musco Twilight IX - 4/21/07
Ryan Niver 22-3 1/2 (6.79 m) \$.	at Drake Relays - 4/23/08	22-5 3/4 (6.85 m) at Big Ten Champ's - 3/1/08
Frank Prill 22-1 3/4(6.75 m) \$	at Big Ten Champ's - 5/16/08	22-1 3/4(6.75 m) \$ at Big Ten Champ's - 5/16/08
Cody Mixon 21-3 1/4 (6.48 m)	Iowa Invite - 4/19/08	22-5 1/4 (6.84 m) at UNI Invite - 2/2/08
Bobby Windauer 20-8 1/2 (6.31 m)	at Central Invite - 4/5/08	21-3 1/4 (6.48 m) at Big Ten Champ's - 2/24/07

WOMEN'S TRIPLE JUMP (RQ - 12.32 meters, SR - 12.90 meters)

	<u>/IP (RQ - 12.32 meters, SR - 12.90 meters)</u>	
	Season Best Meet - Date	-
Renee White	42-8 1/4 (13.01 m) *%^ at Big Ten Champ's - 5/18/08	42-8 1/4 (13.01 m) % at Big Ten Champ's - 5/18/08
<u>MEN'S TRIPLE JUMP (</u>	<u> RQ 15.00 meters, SR 15.86 meters)</u>	
	Season Best Meet - Date	-
Matty Gorman	49-2 1/2 (15.00 m) ^ at Central Invite - 4/5/08	49-2 1/2 (15.00 m) ^ . at Central Invite - 4/5/08
Josh Bean	48-9 (14.86 m) Musco Twilight X - 5/3/08	48-9 (14.86 m) Musco Twilight X - 5/3/08
Cody Mixon	44-2 1/2 (13.47 m) at Central Invite - 4/5/08	44-2 1/2 (13.47 m) at Central Invite - 4/5/08
<u>WOMEN'S SHOT PUT (RQ - 14.30 meters, SR - 15.54 meters)</u>		
Name	Season Best Meet - Date	Collegiate BestMeet - Date
Amanda Chandler	39-0 1/4 (11.89 m) at Shamrock Invite - 3/22/08	46-0 (14.02 m) at Tom Botts Invite
Tammilee Kerr	38-5 (11.71 m) \$ at Drake Relays - 4/23/08	38-5 (11.71 m) \$ at Drake Relays - 4/23/08
<u>MEN'S SHOT PUT (RQ 16.80 meters, SR 19.27 meters)</u>		
Name	Season Best Meet - Date	Collegiate BestMeet - Date
John Hickey	61-9 1/2 (18.83 m) ^ at Sun Angel Classic - 4/12/08	62-8 (19.10 m) Iowa Invite - 2/22/08
-	59-8 3/4 (18.19 m) ^ at Big Ten Champ's - 5/18/08	
	59-4 1/4 (18.09 m) ^ at Big Ten Champ's - 5/18/08	
	53-3 1/2 (16.24 m) at Central Invite - 4/5/08	
•	38-9 3/4 (11.83 m) \$ at Big Ten Champ's - 5/16/08	
	31-4 (9.55 m) \$ at Drake Relays - 4/23/08	
	51.70 meters, SR 61.84 meters)	
•	Season Best Meet - Date	Collegiate BestMeet - Date
	178-7 (54.43 m) ^ Musco Twilight X - 5/3/08	•
	177-2 (54.00 m) ^ Musco Twilight X - 5/3/08	
	157-10 (48.11 m) Iowa Invite - 4/19/08	
-	142-10 (43.54 m) \$ at Drake Relays - 4/24/08	
-		
Bobby Windauer	96-2 (29.32 m) Iowa Invite - 4/19/08	
Bobby Windauer WOMEN'S HAMMER	96-2 (29.32 m) Iowa Invite - 4/19/08 THROW (RQ - 54.15 meters, SR - 59.45 meters)	96-2 (29.32 m) Iowa Invite - 4/19/08
Bobby Windauer WOMEN'S HAMMER Name	96-2 (29.32 m) Iowa Invite - 4/19/08 THROW (RQ - 54.15 meters, SR - 59.45 meters) Season BestMeet - Date	96-2 (29.32 m) Iowa Invite - 4/19/08 Collegiate BestMeet - Date
Bobby Windauer WOMEN'S HAMMER Name Erin O'Hern	96-2 (29.32 m) Iowa Invite - 4/19/08 THROW (RQ - 54.15 meters, SR - 59.45 meters) Season Best	96-2 (29.32 m) Iowa Invite - 4/19/08 Collegiate BestMeet - Date 168-9 (51.45 m)at Tiger Classic - 4/5/08
Bobby Windauer WOMEN'S HAMMER Name Erin O'Hern Amanda Chandler	96-2 (29.32 m) Iowa Invite - 4/19/08 THROW (RQ - 54.15 meters, SR - 59.45 meters) Season Best Meet - Date 168-9 (51.45 m)at Tiger Classic - 4/5/08 146-3 (44.57 m) Musco Twilight X - 5/3/08	96-2 (29.32 m) Iowa Invite - 4/19/08 Collegiate BestMeet - Date 168-9 (51.45 m)at Tiger Classic - 4/5/08
Bobby Windauer <u>WOMEN'S HAMMER</u> Name Erin O'Hern Amanda Chandler <u>MEN'S HAMMER THR</u>	96-2 (29.32 m) Iowa Invite - 4/19/08 THROW (RQ - 54.15 meters, SR - 59.45 meters) Season Best Meet - Date 168-9 (51.45 m)at Tiger Classic - 4/5/08 146-3 (44.57 m) Musco Twilight X - 5/3/08 COW (RQ 56.80 meters, SR 67.94 meters)	96-2 (29.32 m) Iowa Invite - 4/19/08 Collegiate BestMeet - Date 168-9 (51.45 m)at Tiger Classic - 4/5/08 146-3 (44.57 m)Musco Twilight X - 5/3/08
Bobby Windauer WOMEN'S HAMMER Name Erin O'Hern Amanda Chandler MEN'S HAMMER THR Name	96-2 (29.32 m) Iowa Invite - 4/19/08 THROW (RQ - 54.15 meters, SR - 59.45 meters) Season Best	96-2 (29.32 m) Iowa Invite - 4/19/08 Collegiate BestMeet - Date 168-9 (51.45 m)at Tiger Classic - 4/5/08 146-3 (44.57 m)Musco Twilight X - 5/3/08 Collegiate BestMeet - Date
Bobby Windauer WOMEN'S HAMMER Name Erin O'Hern Amanda Chandler MEN'S HAMMER THE Name Mark Schaapveld		96-2 (29.32 m) Iowa Invite - 4/19/08 Collegiate BestMeet - Date 168-9 (51.45 m)at Tiger Classic - 4/5/08 146-3 (44.57 m)Musco Twilight X - 5/3/08 Collegiate BestMeet - Date
Bobby Windauer WOMEN'S HAMMER Name Erin O'Hern Amanda Chandler MEN'S HAMMER THE Name Mark Schaapveld Ryan Jordan		96-2 (29.32 m) Iowa Invite - 4/19/08 Collegiate BestMeet - Date 168-9 (51.45 m)at Tiger Classic - 4/5/08 146-3 (44.57 m)Musco Twilight X - 5/3/08 Collegiate BestMeet - Date
Bobby Windauer WOMEN'S HAMMER Name Erin O'Hern Amanda Chandler MEN'S HAMMER THE Name Mark Schaapveld Ryan Jordan John Hickey		96-2 (29.32 m) Iowa Invite - 4/19/08 Collegiate BestMeet - Date 168-9 (51.45 m)at Tiger Classic - 4/5/08 146-3 (44.57 m)Musco Twilight X - 5/3/08 Collegiate BestMeet - Date
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Bobby Windauer WOMEN'S HAMMER Name Erin O'Hern Amanda Chandler MEN'S HAMMER THE Name Mark Schaapveld Ryan Jordan John Hickey WOMEN'S JAVELIN (R Name		96-2 (29.32 m) Iowa Invite - 4/19/08 Collegiate BestMeet - Date 168-9 (51.45 m)at Tiger Classic - 4/5/08 146-3 (44.57 m)At Tiger Classic - 4/5/08 146-3 (44.57 m)At Tiger Classic - 4/5/08 146-3 (44.57 m)At Tiger Classic - 5/3/08
Bobby Windauer WOMEN'S HAMMER Name Erin O'Hern Amanda Chandler MEN'S HAMMER THE Name Mark Schaapveld Ryan Jordan John Hickey WOMEN'S JAVELIN (R Name Tammilee Kerr		96-2 (29.32 m) Iowa Invite - 4/19/08 Collegiate BestMeet - Date 168-9 (51.45 m)at Tiger Classic - 4/5/08 146-3 (44.57 m)At Tiger Classic - 4/5/08 146-3 (44.57 m)At Tiger Classic - 4/5/08 146-3 (44.57 m)At Tiger Classic - 5/3/08
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