

IOWA HAWKEYES



University of Iowa Athletic Communications – Jordan Bucher, Cross Country Contact

CROSS COUNTRY WEEKLY RELEASE

Nov. 11, 2015

2015 SCHEDULE

Date	Opponent (Location)	Time
9/4	Early Bird Invitational (Iowa City, Iowa)	6 p.m.
9/11	Illinois State Invitational (Normal, Ill.).....	5 p.m.
10/2	Notre Dame Invitational (South Bend, Ind.).....	1 p.m.
10/16	Bradley Pink Classic (Peoria, Ill.).....	4:25 p.m.
11/1	Big Ten Championships (Evanston, Ill.).....	10:45 a.m.
11/13	NCAA Regional (Lawrence, Kan.)	12 p.m.
11/21	NCAA Championships (Louisville, Kent.)	TBA

All times are Central and subject to change.

2015 QUICK FACTS

General Information

Location: Iowa City, Iowa
Enrollment: 31,498
Conference: Big Ten
Facility: Ashton Cross Country Course

Coaching Information

Head Coach: Layne Anderson
Year at Iowa: 13th
Alma Mater, Year: The Citadel, 1989

Volunteer Assistant Coach: John Michael Brandt
Year at Iowa: 2nd
Alma Mater, Year: Iowa, 2013

Student-Assistant Coach: Kevin Lewis
Year at Iowa: 1st
Alma Mater, Year: Iowa, 2015

Media Information

Cross Country SID: Jordan Bucher
E-Mail Address: jordan-bucher@uiowa.edu
Web Site: hawkeyesports.com

FOLLOW THE HAWKS

Facebook: U of I Cross Country and Track & Field
Twitter: @IowaXC_TF
Instagram: iowaxctf
World Wide Web: hawkeyesports.com

THIS WEEK

The University of Iowa men's and women's cross country teams compete at the 2015 NCAA Midwest Regional in Lawrence, Kansas, on Friday. The University of Kansas hosts the championship event at Rim Rock Farm. The women's 6,000-meter race begins at noon (CT), followed by the men's 10,000 meters at 1 p.m.

LIVE RESULTS

Live results will be available on the cross country schedule page of hawkeyesports.com.

IN THE RANKINGS

The Hawkeye men and women are ranked 11th and 13th, respectively, in the USTFCCCA Midwest Regional poll released Nov. 2.

ABOUT THE NCAA REGIONAL

Thirty-three teams from twelve conferences are represented at the 2015 Midwest Regional. The top two teams and the next four individuals -- not on qualifying teams -- earn a spot to compete at the NCAA Championship on Nov. 21 in Louisville, Kentucky. Additional teams and individuals are chosen through an at-large selection process following the regional competition.

NATIONAL CHALLENGERS

The Hawkeye men face five teams ranked inside the USTFCCCA Top 30. Those teams include Oklahoma State (6), Tulsa (14), Illinois (19), Minnesota (T26), Oklahoma (T26).

The women's team races against three nationally ranked teams -- Oklahoma State (13), Iowa State (16), and Minnesota (21).

A DAY OF TENS AT BIGS

Both the Hawkeye men and women registered 10th-place finishes at the Big Ten Championships on Nov. 1. Iowa's top finishers, sophomores Michael Melchert (17th) and Madison Waymire (31st), each clocked the 10th-fastest times in school history. Waymire completed the women's 6,000-meter course in a collegiate-best 21:01.8, while Melchert raced to a lifetime-best 23:57.5 in the men's 8,000 meters.

NCAA EXPERIENCE

The Hawkeyes return five student-athletes -- sophomore Michael Melchert, juniors Ben Anderson, Kevin Docherty, and Nate Ferree, and senior Anthony Gregorio -- to this year's lineup. Freshmen Daniel Soto and Ian Eklin will make their NCAA debut.

Freshman Andrea Shine, sophomores Madison Waymire and Kelly Breen, and junior Alana Jones -- will compete on the NCAA stage for the first time. Sophomore Marta Bote Gonzalez, and juniors Carolyn Newhouse and Tess Wilberding are returning point scorers.

ONE MORE FOR WAYMIRE?

Sophomore Madison Waymire has led the Hawkeye women in all five races this season. Another top finish and she'll become the first Hawkeye to lead the team in six straight races since Sarah Arens in 2000.

NCAA CHAMPIONSHIP

The 2015 NCAA Cross Country Championship is scheduled for Nov. 21 in Louisville, Kentucky.

S300 Carver-Hawkeye Arena
Iowa City, IA 52242

Phone: 319-335-9411

E-mail: jordan-bucher@uiowa.edu
hawkeyesports.com



Men's Top 10 All-Time Best Performers

6,000 Meters

1. Eric MacTaggart 18:18 2005 Hawkeye Invite
2. Jeff Thode 18:21 2009 Hawkeye Invite
3. Dan Haut 18:24 2005 Hawkeye Invite
4. Jeff Kent 18:27 2005 Hawkeye Invite
5. Nick Holmes 18:30 2009 Hawkeye Invite
6. Adam Roche 18:33 2005 Hawkeye Invite
Sam Bailin 18:33 2009 Hawkeye Invite
Kevin Lewis 18:33 2013 Iowa Invite
9. Jesse Luciano 18:40 2008 Hawkeye Invite
10. Tommy Tate 18:41 at 2006 Early Bird Invite

8,000 Meters

1. Jesse Luciano 23:01 at 2008 Auburn Invite
2. Micah VanDenend 23:39 at 2006 Pre-Nationals
3. Eric MacTaggart 23:24 at 2008 Auburn Invite
4. Jeff Thode 23:27 at 2010 Bradley Classic
5. Sam Bailin 23:36 at 2008 Auburn Invite
6. Tommy Tate 23:46 at 2008 Auburn Invite
7. Mark Battista 23:48 at 2008 Auburn Invite
8. Kevin Lewis 23:52 at 2014 Big Ten Champ's
9. Andy Napier 23:56 at 2008 Auburn Invite
10. **Michael Melchert 23:57 at 2015 Big Ten Champ's**

10,000 Meters

1. Jeff Thode 29:55 at 2010 NCAA Regional
2. Matt Esche 30:10 at 2002 NCAA Regional
3. Jesse Luciano 30:17 at 2008 NCAA Champ's
4. Micah VanDenend 30:26 at 2002 NCAA Regional
5. Kevin Herd 30:28 1993
6. Joe Welter 30:28 at 2002 NCAA Regional
7. Tony Rakaric 30:31 at 2002 NCAA Regional
8. Kevin Lewis 30:35 at 2014 NCAA Regional
9. Dan Haut 30:39 at 2002 NCAA Regional
10. Alex Webster 30:40 at 2006 NCAA Regional

Ashton Cross Country Course Records

Women's 3,000 Meters

Diane Nukuri, Iowa - Hawkeye Open - 9/9/06 9:47

Women's 4,000 Meters

Diane Nukuri, Iowa - Hawkeye Open - 9/15/07 13:14

Women's 6,000 Meters

Danette Doetzel, Michigan State - B1G Champ's - 10/31/04 20:33

Men's 6,000 Meters

Eric MacTaggart, Iowa - Hawkeye Invitational - 9/2/05 18:18

Men's 8,000 Meters

Simon Bairu, Wisconsin - Big Ten Champ's - 10/31/04 23:45

Men's 10,000 Meters

Antonio Vega, Minnesota - NCAA Regional - 11/12/05 30:52

Women's Top 10 All-Time Best Performers

3,000 Meters

1. Diane Nukuri 9:47 2006 Hawkeye Open
2. Meghan Armstrong 10:01 2006 Hawkeye Open
3. Brooke Eilers 10:15 2010 Iowa Invite
4. Besty Flood 10:18 2010 Iowa Invite
5. Amanda Hardesty 10:21 2009 Hawkeye Invite
Lauren Hardesty 10:21 2010 Hawkeye Invite
7. Kelsey Hart 10:22 2011 Iowa Invite
8. Shannon Stanley 10:25 2006 Hawkeye Open
Krista Anderson 10:25 2006 Hawkeye Open
Racheal Marchand 10:25 2008 Hawkeye Invite

4,000 Meters

1. Diane Nukuri 13:14 2007 Hawkeye Open
2. Kayla Beattie 13:41 2012 Toledo Bubble Buster
3. Megan Ranegar 13:45 2012 Toledo Bubble Buster
4. Meghan Armstrong 13:47 2007 Hawkeye Open
Mareike Schulle 13:47 2012 Toledo Bubble Buster
6. Nicole Benson 13:52 2012 Toledo Bubble Buster
7. Jolly Burke 14:03 2007 Hawkeye Open
8. Nikki Chapple 14:09 2004 Hawkeye Triangular
9. Krista Anderson 14:14 2007 Hawkeye Open
10. Lisa Gordon 14:17 2012 Toledo Bubble Buster

5,000 Meters

1. Diane Nukuri 15:55 at 2007 Auburn Invite
2. Racheal Marchand 16:15 at 2008 Auburn Invite
3. Meghan Armstrong 16:25 at 2007 Auburn Invite
4. Nan Doak 16:31 at 1983 Big Ten Champ's
5. Jolly Burke 16:33 at 2007 Auburn Invite
6. Jenny Spangler 16:34 at 1983 Big Ten Champ's
7. Renee Doyle 16:41 at 1986 Purdue Invite
8. Tracy Dahl 16:42 at 1991 Illinois St. Invite
9. Sarah Spencer Perry 16:50 at 2008 Auburn Invite
10. Brooke Eilers 16:53 at 2008 Auburn Invite

6,000 Meters

1. Diane Nukuri 19:37 at 2007 NCAA Regional
..... at 2007 Big Ten Champ's
2. Mareike Schulle 19:43 at 2012 NCAA Champ's
3. Racheal Marchand 19:54 at 2008 NCAA Champ's
4. Meghan Armstrong 20:07 at 2007 NCAA Regional
5. Jolly Burke 20:20 at 2007 Big Ten Champ's
6. Betsy Flood 20:22 at 2010 NCAA Regional
7. McKenzie Melander 20:41 at 2011 Big Ten Champ's
8. Megan Ranegar 20:43 at 2012 NCAA Champ's
9. Kayla Beattie 20:54 at 2011 Wisconsin Invite
10. **Madison Waymire 21:01 at 2015 Big Ten Champ's**

* - This time is also the Big Ten Championships Record.