

THE UNIVERSITY OF IOWA



IOWA HAWKEYES TRACK & FIELD



IOWA MEN'S AND WOMEN'S TRACK AND FIELD

DECEMBER 8, 2003

2004 MEN'S INDOOR SCHEDULE

Jan. 17	Hawkeye Open (Iowa City, IA)
Jan. 24	at Gold Country Classic (Minneapolis, MN)
Jan. 31	at UNI Open (Cedar Falls, IA)
Feb. 7	at Husker Invitational (Lincoln, NE)
Feb. 13-14	at Cyclone Open (Ames, IA)
Feb. 20	Iowa Open (Iowa City, IA)
Feb. 28-29	at Big Ten Championships (Ann Arbor, MI)
Mar. 6	(at NCAA Last Chance Meet (Ames, IA))
Mar. 12-13	at NCAA Championships (Fayetteville, AR)

2004 WOMEN'S INDOOR SCHEDULE

Jan. 17	Iowa Hawkeye Open (Iowa City, IA)
Jan. 24	at Minnesota Invitational (Minneapolis, MN)
Jan. 30-31	at Panther Classic (Cedar Falls, IA) at Illinois Invitational (Champaign, IL)
Feb. 7	at Husker Invitational (Lincoln, NE)
Feb. 13-14	at Cyclone Invitational (Ames, IA)
Feb. 20	Iowa Invitational (Iowa City, IA)
Feb. 28-29	Big Ten Championships (Iowa City, IA)
Mar. 6	at NCAA Last Chance Meet (Ames, IA)
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(Home meets in BOLD)

THIS WEEK -- The University of Iowa men's and women's track and field teams will host the annual intrasquad meet on Wednesday at the Iowa Recreation Building. The long jump and triple jump events will be held on Tuesday. Events on Wednesday begin at 5:30 p.m. The event is open to the public and free of charge.

SCHEDULE OF EVENTS

Field Events:

5:30 p.m.	High Jump (W)
6:00	Weight Throw (M/W)
	Pole Vault (W)
	High Jump (M)
6:30	Shot Put (M)
7:00	Shot Put (W)

Running Events:

6:30 p.m.	60 Hurdles (M/W)
6:40	60 Meters (M)
6:50	800 Meters (M)
6:55	300 Meters (W)
7:00	400 Meters (M)
7:05	600 Meters (M/W)
7:20	Mile Run (W)
7:30	4x400 Relay (M/W)
7:45	800 Meters (W)

2004 IOWA MEN'S OUTLOOK

The Iowa men's track and field team, led by Head Coach Larry Wiczorek, returns 20 of 24 letterwinners from last year's track team. The Hawkeyes look to be a balanced team, with outstanding athletes in the distance, sprints, hurdles, and throws.

Junior Juan Coleman returns after redshirting in 2003. Coleman ran on Iowa's Big Ten Champion 400-meter relay in 200. He is a four-time NCAA qualifier in the 1,600-meter relay. Senior Russell Peterson also returns after a redshirt season. Peterson has also qualified for the national meet three times in the 1,600-meter relay and once in the 400-meter relay.

Senior and two-time all American Bill Neumann looks to defend his two-time Big Ten Championship in the javelin. Junior Ken Kemeny is a two-time NCAA qualifier in the shot put and returns after a redshirt season in 2003.

Juniors Matt Esche, Ben Lloyd, Tony Rakaric, Dan Trainor, and redshirt freshman Micah VanDenend have the potential to rewrite school distance records in 2004. Rakaric and Esche both scored for the Hawkeyes in the 3,000 and 5,000 meters, respectively, at the Big Ten Indoor Championships.

2004 IOWA WOMEN'S OUTLOOK

After a successful 2003 campaign, Iowa women's Head Coach James Grant returns 17 letterwinners, including five of Iowa's seven NCAA qualifiers.

The record breaking 1,600 meter relay team returns Aisha Hume and Shellene Williams. Williams had a breakout year in 2003, winning Big Ten titles in the 400 meters and as part of the 1,600 meter relay. She placed fifth in the 400 meters at the NCAA regional and advanced to the semifinals in that event at the NCAA Championships. Hume placed fourth in the 400 meters at the 2003 Big Ten Championships.

Freshman Peaches Roach will make an immediate impact in the high jump. Roach was the 2003 Jamaican national high jump champion and represented Jamaica at the 2003 Pan American Games and the 2003 IAAF World Championships. Her best leap of 6-0 1/2 would be a new school record for the Hawkeyes.

Junior Alana Redfern qualified for the NCAA Midwest Regional in the javelin with a personal-best and school record throw at the Iowa Musco Twilight V. She placed second at the Big Ten Championships and third at the NCAA Midwest Regional.

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