

# THE UNIVERSITY OF IOWA



## HAWKEYE TRACK & FIELD



MEN'S CONTACT: TRACI WAGNER, WOMEN'S CONTACT: TARA MEEKMA

APRIL 18, 2005

### 2005 WOMEN'S OUTDOOR SCHEDULE & RESULTS

M 19	at Shamrock Invite	8 champs
M 25-26	at Florida Relays	0 champs
A 9	at M. Messersmith Invite	10 champs
A 15-17	at Mt. SAC Relays	2 champs
A 16	at Jim Duncan Invite	3 champs
A 16	at Long Beach Invite	0 champs
<b>A 23</b>	<b>Iowa Musco Twilight VII</b> <i>(Iowa City, IA)</i>	
A 28-30	at Drake Relays	
M 13-15	at Big Ten Championships <i>(Columbus, OH)</i>	
M 27-28	at NCAA Midwest Regional <i>(Norman, OK)</i>	
J 8-11	at NCAA Championships <i>(Sacramento, CA)</i>	

### 2005 WOMEN'S OUTDOOR SEASON BESTS

100 Meters	.....Peaches Roach	..... %11.70
100 Hurdles	...Tiffany Johnson	.....^13.64
200 Meters	....Lindsey McCalla	.....25.65
400 Meters	....Kineke Alexander	.....^52.73
800 Meters	....Aisha Hume	..... 2:10.59
1,500 Meters	.Meghan Armstrong	...^4:27.10
3,000 SC	.....Jessica Schmidt	.....11:40.46
5,000 Meters	.Nikki Chapple	..... 17:13.15
400-Meter Relay	.....	.....^45.39
	<i>(Granger, Alexander, Johnson, Roach)</i>	
800-Meter Relay	.....	..... 1:41.04
	<i>(Alexander, Sheeley, Roach, Granger)</i>	
1,600-Meter Relay	.....	.....^3:40.43
	<i>(McCalla, Hume, Sheeley, Alexander)</i>	
Sprint Medley Relay	.....	..... 3:56.99
	<i>(Roach, Alexander, McCalla, Stanley)</i>	
High Jump	.....Peaches Roach	..... ^5-10 3/4
Long Jump	....Angie Hensel	..... 18-4 1/4
Triple Jump	...Tiffany Johnson	....^*40-9 1/2
Pole Vault	.....Sarah Burgett	..... 11-1 3/4
Shot Put	.....Kamesha Marshall	..... 46-9
Discus	.....Kamesha Marshall	..... 152-11
Javelin	.....Tammilee Kerr	..... 136-11
Hammer	.....Becca Franklin	..... *163-1

^ - regional qualifier; \* - school record,  
% - wind aided

**THIS WEEK** -- Iowa will host the seventh annual Iowa Musco Twilight Meet, Saturday, at Francis X. Cretzmeyer Track in Iowa City. Competing teams in the co-ed scored meet are Drake, Minnesota, Missouri and Iowa. Start times are 3 p.m. for field events, 4 p.m. for running event "B" sections and 5:30 p.m. for running event finals. Admission is \$3 for adults and students, and free for children ages five and under.

**ON THE AIR** -- KGAN-TV will do a live telecast of the meet from 6:30-7 p.m. The telecast will showcase some events live, as well as several features on the Hawkeye men and women's track teams.

**NCAA REGIONAL QUALIFIERS** -- Iowa has qualified 15 student-athletes in 10 individual events and two relays for the NCAA Midwest Regional Championships, which will be held May 27-28 in Norman, OK. The top five student-athletes in each event, from each of the four regions, will then advance to the NCAA Championships, scheduled for June 8-11 in Sacramento, CA. The qualifiers, their events, marks and rankings in the nation, midwest region and Big Ten Conference are listed below.

			NCAA/Midwest/Big 10
Name	Event	Mark	Rank
Kineke Alexander	400 Meters	52.73	3rd/1st/1st
	400-Meter Relay	45.39	26th/8th/1st
	1,600-Meter Relay	3:40.43	23rd/7th/1st
Meghan Armstrong	1,500 Meters	4:27.10	27th/3rd/4th
Andy Banse	Discus	175-3 (53.41 m)	28th/8th/3rd
	Shot Put	61-11 1/2 (18.88 m)	9th/1st/1st
Tim Brodersen	Discus	190-8 (58.12 m)	7th/1st/1st
Ashley Granger	400-Meter Relay	45.39	26th/8th/1st
Dan Haut	5,000 Meters	14:08.90	31st/5th/5th
Aisha Hume	1,600-Meter Relay	3:40.43	23rd/7th/1st
Tiffany Johnson	Triple Jump	40-9 1/2 (12.43 m)	36th/12th/2nd
	100 Hurdles	13.64	27th/7th/1st
	400-Meter Relay	45.39	26th/8th/1st
Ken Kemeny	Shot Put	60-5 3/4 (18.43 m)	16th/4th/2nd
Eric MacTaggart	5,000 Meters	14:04.79	19th/3rd/3rd
Lindsey McCalla	1,600-Meter Relay	3:40.43	23rd/7th/1st
Tony Rakaric	Steeplechase	9:04.19	29th/8th/6th
Peaches Roach	High Jump	5-10 3/4 (1.80 m)	9th/2nd/1st
	400-Meter Relay	45.39	26th/8th/1st
Erin Sheeley	1,600-Meter Relay	3:40.43	23rd/7th/1st
Chris Voller	Hammer	199-6 (60.81 m)	22nd/4th/1st

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### 2005 MEN'S OUTDOOR SCHEDULE & RESULTS

M 25-26	at Florida Relays	0 champs
M 25-26	at Cardinal Open	0 champs
A 2	at Cal St. Northridge	2 champs
A 9	at M. Messersmith Invite	4 champs
A 15-16	at Tom Botts Invite	3 champs
<b>A 23</b>	<b>Iowa Musco Twilight VII</b> <b>(Iowa City, IA)</b>	
A 28-30	at Drake Relays <i>(Des Moines, IA)</i>	
M 13-15	at Big Ten Championships <i>(Columbus, OH)</i>	
M 27-28	at NCAA Midwest Regional <i>(Norman, OK)</i>	
J 8-11	at NCAA Championships <i>(Sacramento, CA)</i>	

### 2005 MEN'S OUTDOOR SEASON BESTS

100 Meters	.....Max Milder	.....10.89
200 Meters	.....Juan Coleman	.....21.87
400 Meters	.....Jason Nolting	.....47.55
400 Hurdles	.....Steve Ketels	.....57.87
800 Meters	.....Matt O'Hollearn	..... 1:52.07
1,500 Meters	.....Eric MacTaggart	..... 3:56.45
3,000 SC	.....Tony Rakaric	.....^9:04.19
5,000 Meters	.....Eric MacTaggart	.....^14:04.79
400-Meter Relay	.....	.....41.51
	<i>(Beach, Burks, Gorman, Milder)</i>	
1,600-Meter Relay	.....	..... 3:22.12
	<i>(Gajewski, O'Hollearn, Tweedy, Linden)</i>	
High Jump	.....Ryan Niver	..... 6-4 3/4
	.....Jeremy Petsche	..... 6-4 3/4
Long Jump	.....Matty Gorman	..... 23-9 1/2
Triple Jump	.....Matty Gorman	..... 48-9 1/2
Pole Vault	.....Jeff Raymond	..... 14-7 1/4
Shot Put	.....Andy Banse	..... ^61-11 1/2
Discus	.....Tim Brodersen	..... ^190-8
Hammer	.....Chris Voller	..... ^199-6
Javelin	.....Kale Katt	..... 187-1

^ - Midwest Regional qualifier  
\* - school record

### BREAKIN' RECORDS

-- Two Hawkeyes set school records last weekend. Sophomore **Tiffany Johnson** broke the triple jump record she had been flirting with, and sophomore **Becca Franklin** broke the hammer throw record. Johnson's mark of 40-9 1/2 at the Mt. SAC Relays broke the record of 40-7 1/2 set in 1988 by Becki Borg. Franklin's winning mark of 163-1 at the Jim Duncan Invitational broke the record of 161-10 set by Kerri Blackstone in 1992.

### LAST WEEK

-- The men's team competed at the Tom Botts Invitational in Columbia, MO. The women sent athletes to the Mt. SAC Relays in Walnut, CA, the Long Beach State Invitational in Long Beach, CA, and the Jim Duncan Invitational in Des Moines, IA.

For the men's team, junior **Tony Rakaric** qualified for the NCAA Midwest Regional in the 3,000-meter steeplechase with a winning time of 9:04.19. Freshman **Matty Gorman** won the triple jump (46-11 3/4) and ran the third leg of the winning 400-meter relay (41.51). Seniors **Robert Beach** and **Derrick Burks**, and freshman **Max Milder** also ran on the relay.

The women's team had a successful weekend, qualifying for the Midwest Regional in four events and setting two new school records. Freshman **Kineke Alexander** won the 400 meters (52.73) at Mt. SAC to qualify for the regional, beating the runner-up by over a full second. She also ran on the qualifying 400 and 1,600-meter relays. The 400-meter relay of freshmen **Ashley Granger** and **Alexander**, and sophomores **Tiffany Johnson** and **Peaches Roach** won their race in 45.39. The 1,600-meter relay of senior **Aisha Hume**, sophomores **Lindsey McCalla** and **Erin Sheeley**, and **Alexander** placed third in 3:40.43, which is the second-fastest time in school history. Freshman **Meghan Armstrong** also qualified in the 1,500 meters at Mt. SAC, placing 22nd in 4:27.10. **Johnson** set the school triple jump record with her runner-up finish of 40-9 1/2 at Mt. SAC, which improves her previous regional qualifying mark.

At the Jim Duncan Invitational, sophomore **Becca Franklin** won the hammer throw with a school-record setting 163-1. Also winning events for Iowa were senior **Michelle Sokol** (800 meters - 2:17.20) and redshirt freshman **Jordan Laney** (1,500 meters - 4:45.40).

### MEN'S TEAM CAPTAINS CHOSEN

-- Seniors **Ken Kemeny**, **Juan Coleman** and **Bill Neumann** are tri-captains for the 2005 season. **Kemeny** is a five-time NCAA qualifier in the shot put, the 2004 Drake Relays champion in that event and has led the team in the shot put each of the last three years. **Coleman** is a four-time NCAA qualifier in the 1,600-meter relay, and ran the lead leg on the 2001 Big Ten Outdoor Champion 400-meter relay. **Neumann**

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### IOWA MUSCO TWILIGHT VII SCHEDULE OF EVENTS

#### Field Events

- 3:00 p.m. Discus (M/W)  
Hammer (W/M)  
Long Jump (M/W)  
5:00 p.m. Pole Vault (W/M)  
High Jump (M/W)  
Triple Jump (M/W)  
6:00 p.m. Shot Put (M/W)  
6:30 p.m. Javelin (M/W)

#### Running Events

##### "B" sections and prelims

- 4:00 p.m. 1,500 Meters (W/M)  
4:15 p.m. 200 Meters (W/M)  
4:25 p.m. 800 Meters (W/M)  
4:40 p.m. 400 Meters (W/M)  
4:50 p.m. 400-Meter Hurdles (W)  
5:00 p.m. National Anthem  
Opening Ceremonies  
Senior Acknowledgements  
Elementary School Races

#### Finals

- 5:30 p.m. 400-Meter Relay (W/M)  
5:45 p.m. 1,500 Meters (W/M)  
6:05 p.m. 100/110-Meter Hurdles (W/M)  
6:20 p.m. 800 Meters (W/M)  
6:35 p.m. 100 Meters (W/M)  
6:50 p.m. 400 Meters (W/M)  
7:00 p.m. 400-Meter Hurdles (W/M)  
7:15 p.m. 200 Meters (W/M)  
7:25 p.m. 3,000-M. Steeplechase (W/M)  
7:55 p.m. 3,000 Meters (W)  
8:10 p.m. 1,600-Meter Relay (W/M)  
8:30 p.m. 3,000 Meters (M)  
8:45 p.m. Awards

*M - Men's Event, W - Women's Event*

is a two-time all-American and Big Ten Champion in the javelin. He won that event in five of six meets in 2003, and is the school record holder.

**CONGRATULATIONS SENIORS!** -- Nineteen Hawkeye seniors will be making their final appearance at Cretzemeyer Track. They are **Andy Banse, Robert Beach, Derrick Burks, Juan Coleman, Dan Dziubski, Omar Isaacs, Ken Kemeny, Bill Neumann, Ryan Strang, Josh Tweedy** and **Chris Voller** for the men's team and **Jenni Capista, Aisha Hume, Kamesha Marshall, Georgia Millward, Tiff Pedersen, Michelle Sokol, Laura Spencer** and **Latoya Stiffend** for the women.

**HAWKEYE COACHES** -- Head Coaches **Larry Wieczorek** and **James Grant** are in their ninth seasons at the helm of the Iowa men and women's track teams, respectively.

During his career at Iowa, **Wieczorek** has coached 23 all-Americans and 35 Big Ten Champions. Iowa's highest conference meet finishes during his tenure is second at the 1999 outdoor meet and fourth at the 1997 indoor meet. As a runner, **Wieczorek** was a six-time Big Ten champion for Iowa, winning four track and two cross country titles. He was also a four-time all-American. In 1998, **Wieczorek** was inducted into the National Iowa Varsity Club Hall of Fame.

The Hawkeyes crowned two individual champions and recorded their highest placing under **Grant** (third) and their highest team point total (89) in school history at the 2004 Big Ten indoor championships. During his career at Iowa, **Grant** has coached nine all-Americans and 18 Big Ten Champions. As a runner, **Grant** captained Eastern Michigan University's 1970 and 1971 track teams. He earned all-America honors while specializing in the 400-meter dash, 400-meter hurdles and the mile relay.

**NEXT COMPETITION** -- The Hawkeyes will compete in the 96th running of the Drake Relays, April 27-30, in Des Moines, IA. The meet will be held on Jim Duncan Track in Drake Stadium. The meet will be aiming for its 40th consecutive sellout in the 18,000 seat Drake Stadium, which is the longest streak in U.S. track history. Tickets are available at (515) 261-3647 at the following prices:

Competition Day	Ticket Price	Ticket Type
Thursday	\$5	General Admission
Friday	\$30	Adult Reserved
	\$15	Child Reserved (Ages 14 and under)
Saturday	\$30	Reserved

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