



WOMEN'S GYMNASTICS

Women's Gymnastics Contact -- Nick Hegland

April 5, 2010

2010 GYM^{HAWK} SCHEDULE AND RESULTS

J 9	at Michigan.....2nd <i>(Ann Arbor, MI)</i>
J 15	Michigan State & UIC2nd <i>(Iowa City, IA -- Carver)</i>
J 23	at Penn State w/ Yale/Cornell ...2nd <i>(University Park, PA)</i>
J 30	Illinois L, 195.225-192.950 <i>(Iowa City, IA -- Carver)</i>
F 6	Ohio State..... W, 194.925-193.025 <i>(Iowa City, IA -- Carver)</i>
F 12	Illinois, Denver & Nebraska4th <i>(Chicago, IL)</i>
F 21	Iowa State..... L, 194.475-193.825 <i>(Iowa City, IA -- Carver)</i>
F 28	Minnesota..... L, 194.625-194.200 <i>(Iowa City, IA -- FH)</i>
M 5	at Iowa State.. W, 195.175-194.150 <i>(Ames, IA)</i>
M 7	Southern Utah W, 195.300-194.475 <i>(Iowa City, IA -- Carver)</i>
M 12	at LSU L, 197.150-195.400 <i>(Baton Rouge, LA)</i>
M 19	at SEMO..... L, 195.125-193.625 <i>(Camp Girardeau, MO)</i>
M 27	Big Ten Championships3rd <i>(Columbus, OH)</i>
A 10	NCAA Regionals.....6 p.m. <i>(Columbia, MO)</i>
A 22	NCAA Championships..... TBA <i>(Gainesville, FL)</i>

2010 TEAM BESTS

Team Bests

Vault:..... **48.900**
vs. Ohio State (2/6)

Uneven Bars:..... **49.050**
vs. Southern Utah (3/7)

Balance Beam:..... **49.200**
at Big Ten Championships (3/27)

Floor Exercise:..... **49.000**
at Southeast Missouri State (3/19)

Team Total:..... **195.575**
at Big Ten Championships (3/27)

IOWA ON THE WEB



GymHawks Prepare For Columbia Regional

THIS WEEK

The University of Iowa women's gymnastics team will travel to Columbia, MO, for the NCAA Columbia Regional April 10. The meet will be held in Hearn Center and is scheduled to begin at 6 p.m. (CT).

THE COMPETITION

The No. 30 Hawkeyes (11-13) will be competing alongside host-Missouri, No. 5 Georgia (10-7), No. 8 Oregon State (17-5), No. 25 Minnesota (7-14-1) and No. 36 North Carolina (19-6). The NCAA office conducted a draw to determine the rotation order for the competition, which follows: Missouri begins on vault, North Carolina begins on bars, Iowa begins on beam and Oregon State begins on floor while Minnesota and Georgia each have a bye in the first rotation.

LAST TIME OUT

The GymHawks finished third at the 2010 Big Ten Championships, their best finish in six years, while scoring a team total of 195.575, their highest of the season. Iowa was led by juniors Rebecca Simbhudas (39.325) and Houry Gebeshian (39.275) who finished fourth and fifth, respectively, in the all-around. The Hawkeyes were highlighted by Gebeshian who won the title on beam with a score of 9.950, becoming just the second Iowa gymnast to ever do so.

HEAD COACH LARISSA LIBBY

In her sixth season at Iowa, Larissa Libby has a career record of 52-62-1. She was named North Central Region Coach of the Year in 2009 for her efforts in guiding the GymHawks to a 10-5 record and a sixth-place finish at the NCAA Regionals. She was also named co-Big Ten Coach of the Year in 2008. Libby served as associate head coach in 2004 and assistant coach from 2001-03 at Iowa before being named head coach in 2005.

QUOTING COACH LIBBY

"No one expected this team to make it to regionals, so at this point it's icing on the cake," said Libby. "I know what we are capable of, but we're going to need to have the right five on each event and they need to be nearly perfect. Are we capable? Absolutely."

CHAMPIONSHIP PAGE

The NCAA has offered a tournament page with information on the six regional sites as well as the NCAA Championships in Gainesville, FL, April 22-24. For more information, visit www.ncaa.com and follow the championships link.