



Iowa Cross Country Contact: Natalie Johnson

November 13, 2004

## IOWA CROSS COUNTRY

### MEN PLACE THIRD, WOMEN SEVENTH AT NCAA MIDWEST REGIONAL

**Peoria, IL** – The University of Iowa men's and women's cross country teams earned top ten finishes at the NCAA Midwest Regional Championship today at the Newman Golf Course on the campus of Bradley University. The men's team finished third (21 teams) for its second consecutive year with 87 team points. Out of 153 runners all seven Hawkeyes finished in the top 40. The Iowa women improved two places from last year finishing seventh (26 teams) with 235 team points.

Junior **Dan Haut** led the Hawkeyes in the men's 10,000-meter race with a 10<sup>th</sup> place finish. **Haut** finished the course in 30:55:16, the 11<sup>th</sup> fastest time in school history. Senior **Matt Esche** finished 12<sup>th</sup> in 30:58:08 and the 12<sup>th</sup> fastest Iowa time. Junior teammate **Adam Roche** finished just three seconds behind **Esche** in 31:01:49 for 14<sup>th</sup> place. Senior **Tony Rakaric** placed 24<sup>th</sup> in 31:19:98. Sophomore **Micah VanDenend** and freshman **Eric MacTaggart** finished 27<sup>th</sup> and 28<sup>th</sup> respectively in 31:22:95 and 31:24:02. Sophomore **Jeff Kent** rounded out the top 40 performance placing 38<sup>th</sup> in 31:34:89.

The Hawkeyes finished just 39 points behind regional champion University of Minnesota. The Gophers were led by two top ten competitors, first place finisher Andrew Carlson (29:48:44) and third place finisher Ryan Malmin (30:09:96). Oklahoma State placed second, switching places with Minnesota who placed second last year. The Cowboys finished with 79 team points, just 6 points ahead of the third-place Hawkeyes.

The Iowa women's seventh place finish was a 48 point improvement from last year. Sophomore **Nikki Chapple** led the Hawkeyes for the fifth consecutive meet this year. **Chapple** completed the 6,000-meter race in 21:04:36, 12<sup>th</sup> overall. The Melbourne, Australia native ran into school history, running the fastest 6,000 meter time for Iowa. Freshman **Meghan Armstrong** ran the second fastest time in the Iowa record books in 21:39:04, placing 36<sup>th</sup>. Fellow freshman **Racheal Marchand** turned in a time of 21:45:07 for 41<sup>st</sup> place. Sophomore **Shannon Stanley** finished 65<sup>th</sup> in 22:17:68 while senior **Michelle Sokol** finished 95<sup>th</sup> in 22:49:69. Sophomore **Christine Kotarba** (110<sup>th</sup>, 23:03:55) and freshman **Molly Esche** (121<sup>st</sup>, 23:16:94) rounded out the Hawkeye performance.

The University of Missouri claimed the women's team championship finishing the meet with 52 team points and earning an automatic bid to the NCAA Championships. Illinois earned the second and final automatic bid finishing with 93 team points. The Illini claimed the individual champion in Cassie Hunt. Hunt finished the course in 20:21:29. Faithy Kamangila of Oral Roberts University finished second overall in 20:30:07 while Oklahoma State's Mary Davies took third in 20:34:11.

The Iowa men narrowly missed an opportunity to earn an automatic bid to the NCAA Championships by placing third overall. The top two teams in each regional championship earn automatic bids to the NCAA meet in Terre Haute, IN November 22. The Hawkeyes could still receive an at-large invitation to compete at the national meet but will have to wait until Monday to learn their post season fate. Thirteen at-large selections are distributed to complete the 31-team field.





**MEN'S TEAM RESULTS (top five)**

1. Minnesota	48
2. Oklahoma State	79
<b>3. IOWA</b>	<b>87</b>
4. Kansas	119
5. Illinois	134

**MEN'S INDIVIDUAL RESULTS (top three plus IOWA)**

1. Andrew Carlson (Minnesota)	29:48:44
2. Mathew Chesang (Kansas State)	30:02:16
3. Ryan Malmin (Minnesota)	30:09:96
4. Jason Bill (Illinois)	30:24:30
5. Scott Rantall (Oklahoma St.)	30:28:34
<b>10. Dan Haut (IOWA)</b>	<b>30:55:16</b>
<b>12. Matt Esche (IOWA)</b>	<b>30:58:08</b>
<b>14. Adam Roche (IOWA)</b>	<b>31:01:49</b>
<b>24. Tony Rakaric (IOWA)</b>	<b>31:19:98</b>
<b>27. Micah VanDenend (IOWA)</b>	<b>31:22:95</b>
<b>28. Eric MacTaggart(IOWA)</b>	<b>31:24:02</b>
<b>38. Jeff Kent (IOWA)</b>	<b>31:34:89</b>

**WOMEN'S TEAM RESULTS (top five plus IOWA)**

1. Missouri	52
2. Illinois	93
3. Oklahoma St.	113
4. Minnesota	128
5. SMSU	214
<b>7. IOWA</b>	<b>235</b>

**WOMMEN'S INDIVIDUAL RESULTS (top five plus IOWA)**

1. Cassie Hunt (Illinois)	20:21:29
2. Faithy Kamangila (Oral Roberts U.)	20:30:07
3. Mary Davies (Oklahoma St.)	20:34:11
4. Jessica Eldrige (Oklahoma)	20:36:28
5. Serena Ramsey (Missouri)	20:37:23
<b>12. Nikki Chapple (IOWA)</b>	<b>21:04:36</b>
<b>36. Meghan Armstrong (IOWA)</b>	<b>21:39:04</b>
<b>41. Racheal Marchand (IOWA)</b>	<b>21:45:07</b>
<b>65. Shannon Stanley (IOWA)</b>	<b>22:17:68</b>
<b>95. Michelle Sokol (IOWA)</b>	<b>22:49:69</b>
<b>110. Christine Kotarba (IOWA)</b>	<b>23:03:55</b>
<b>121. Molly Esche (IOWA)</b>	<b>23:16:94</b>

