IOWA HAWKEYES



University of Iowa Athletic Communications --Brandee Britt, Cross Country Contact

CROSS COUNTRY WEEKLY RELEASE

November 7, 2012

2012 Cross Country Season Schedule

- 8/31 Western Illinois Early Bird Open (M:1st; W: 1st)
- 9/7 Bradley Open (*No Team Scores*)
- 9/21 Toledo Bubble Buster (W: 7th)
- 9/29 Roy Griak Invite (*M: 6th*)
- 10/12 Wisconsin adidas Invite (W: 37th)
- 10/13 Pre-National Invite (M:33rd)
- 10/28 Big Ten Championships (M:10th; W:10th)
- 11/09 NCAA Midwest Regional (Springfield, Mo.)
- 11/17 NCAA Championships (Louisville, Ky.)

2012 Cross Country Quick Facts

General Information

Location:	Iowa City, Iowa
Enrollment:	
Conference:	Big Ten
Facility: Ashton Cros	s Country Course

Coaching Information

Head Men's Coach:	Larry Wieczorek
Year at Iowa:	
Alma Mater, Year:	Iowa, 1969
Head Women's Coach:	Lavne Anderson

Year at Iowa:	10th
Alma Mater, Year:The Citadel,	1989

Media Information

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* Find coach and student-athlete bios, schedules, results and features at hawkeyesports.com.

THIS WEEK

The University of Iowa men's and women's cross country teams head to the NCAA Midwest Regional this weekend. The event will be held Friday in Springfield, Mo, beginning at 12 p.m. (CT).

2012 NCAA MIDWEST REGIONAL

The 2012 NCAA Midwest Regional will be hosted by Missouri State University. The top two teams and four individuals not on an advancing team will move on to the NCAA Championships. Additional teams and individuals will be chosen through an at-large selection process following the regional competition. The women's 6K race is set to begin at 12 p.m. with the men's 10K to follow at 1:15 p.m.

COMPETING FOR IOWA

Nick Holmes, Cameron Rieger, Jon Michael Brandt, Sam Chaney, Kevin Lewis, Ben Witt, Anthony Gregorio, Taylor Soltys, and Caleb Wilfong will represent the Hawkeye men, while Mareike Schrulle, Nicole Benson, Kelsey Hart, Lena Placzek, Megan Ranegar, Jocelyn Todd, Lisa Gordon, Courtney Martin, and Cindy Saliba will compete for the women.

2011 MIDWEST REGIONAL

Senior Nick Holmes received NCAA All-Region honors at the 2011 Midwest Regional. Holmes clocked a time of 31:41 for an 18th place finish.

IN THE RANKINGS

Both the men's and women's cross country teams are ranked in the USTF-CCCA Regional rankings. The women's team is ranked ninth in the Midwest Region, while the men are ranked 13th.

SCHRULLE IS ALL-BIG TEN

Graduate student Mareike Schrulle ran to a second place finish at the 2012 Big Ten Championships on Oct. 28. Schrulle recorded a 6,000-meter time of 20:17. Schrulle's effort earned her first team all-Big Ten accolades. Shrulle recorded her personal best 6,000-meter time of 19:57 at the Wisconsin adidas Invitational on Oct. 12.

SPORTSMANSHIP HONOREES

Iowa graduate student Mareike Schrulle and sophomore Ben Witt were both named 2011 Big Ten sportsmanship honorees. Athletes named to the list are individuals who have distinguished themselves through sportsmanship and ethical behavior. These student-athletes must also be in good academic standing and have demonstrated good citizenship outside of the sports-competition setting.

UP NEXT

The NCAA Championships will be held Nov. 17 in Louisville, Ky.

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