

THE UNIVERSITY OF IOWA



Women's Gymnastics

Women's Gymnastics Contact -- Jana Hemphill

February 9, 2004

2004 Schedule

4-3 Overall, 1-0 Big Ten

Cancun Invitational	2nd, 195.35
Iowa State	L, 196.95-196.725
Michigan	W, 196.75-196.325
NC State	W, 196.775-193.725
Utah	L, 197.65-195.9
F14	at Maryland 7 p
F20	at Illinois State 7 p
F27	Minnesota 7 p
M5	at Washington, Utah 7 p
M12	at Iowa State 7 p
M20	at Big Ten Champs 6 p
A3	at NCAA Regionals 6 p
A15	at NCAA Nationals TBA

2004 Indiv./Team Bests

Vault:	9.975
<i>Stephanie Gran at Utah (2/6)</i>	
Uneven Bars:	9.975*
<i>Alexis Maday vs Michigan (1/24)</i>	
Balance Beam:	9.900
<i>Maday, twice, and Gran</i>	
Floor Exercise:	9.975^
<i>Maday vs ISU, and Gran vs Michigan</i>	
All-Around:	39.65^
<i>Maday, twice, and Gran</i>	
Team Vault:	49.525*
<i>at Utah (2/6)</i>	
Team Uneven Bars:	49.3
<i>vs NC State (1/31/)</i>	
Team Balance Beam:	49.15
<i>vs Michigan (1/24)</i>	
Team Floor:	49.55*
<i>vs Iowa State (1/17)</i>	
Team Total:	196.775
<i>vs NC State (1/31)</i>	

^ -- Ties School Record

* -- School Record

Hawkeyes on the Web

The media and public can find a valuable and timely source of information about Iowa athletics at its world wide web site:

www.hawkeyesports.com

GymHawks Travel to Maryland

This Week: The ninth-ranked Iowa women's gymnastics squad will travel to College Park, MD, to take on the Maryland Terrapins Saturday. Competition is set to begin at 7 p.m. at the Comcast Center.

The Terps: The Terps are 5-5 this season. They have wins over North Carolina State, Temple, James Madison and two wins over Towson. Maryland losses have occurred against Denver, Pittsburgh, Ohio State and twice against North Carolina. The Terps' top all-rounder is sophomore Rachel Martinez, who has taken three titles this season. Maryland has two competitions this week, traveling to George Washington on Wednesday before meeting Iowa.

Iowa Against Maryland: The Hawkeyes are 1-1 against the Terps. In 2001, Iowa lost to Maryland at the NCAA Southeast Regionals, 195.85 - 193.775. In 1996, the Hawkeyes beat the Terps in the NIT, 194.15 - 189.7.

School Vaulting Record Smashed: Iowa broke the school vaulting record last weekend, posting a score of 49.525. The previous record was 49.4, accomplished last season at Illinois. "We knew we had a strong vault lineup, but needed to stick the landings, and we did that at Utah," said assistant coach Derek May. "Liz Grajewski and Beth Dilick both stepped up with big scores and helped pave the way for Kortny Williamson, Alexis Maday and Stephanie Gran."

Noteworthy Against Utah: Alexis Maday tied for third on all-around with a 39.55. Maday tied for first on vault with a career-tying 9.95 and finished third on beam. Stephanie Gran tied for first on vault with a 9.975, while Kortny Williamson tied for third. Liz Grajewski tied for fourth on beam and fifth on floor. The Hawkeyes recorded the fifth highest team vault score in the nation this season. Iowa's score of 49.525 beat Utah, who was ranked first on vault.

In The Rankings: Iowa moves down one to ninth in the latest GymInfo Poll. The GymHawks are also ranked on all four individual events. Iowa is fifth on floor, tied for seventh on vault, 14th on bars and 17th on beam.

GymInfo Poll

Top 25 - Feb. 9 (by Total Season Average)

Team	Season Avg.
1. Alabama	197.290
2. UCLA	196.987
3. Georgia	196.986
4. Utah*	196.945
5. Iowa State*	196.660
Florida	196.660
7. Stanford	196.565
8. Nebraska	196.300
9. Iowa	196.300
10. Missouri	196.180
11. Oklahoma	196.161
12. Michigan*	196.050
13. LSU	196.040
14. Arizona	196.010
15. Arkansas	195.985
16. Auburn	195.919
17. Arizona State	195.744
18. Washington*	195.735
19. Oregon State	195.430
20. Penn State*	195.283
21. Kent State	195.270
22. West Virginia	195.260
23. North Carolina	195.025
24. Minnesota*	195.025
25. Brigham Young	194.931

* -- GymHawks 2004 opponents (includes dual and Big Ten Championships)

Team Event

FX	5th	49.290
BB	17th	48.865
UB	14th	48.985
V	t7th	49.160

Individual Event

AA	Alexis Maday	6th	39.544
	Stephanie Gran	8th	39.519
V	Stephanie Gran	7th	9.915
	Alexis Maday	t14th	9.895
	Kortny Williamson	t21st	9.885
UB	Alexis Maday	t7th	9.900
BB	Alexis Maday	14th	9.885
FX	Stephanie Gran	16th	9.906

Sports Information

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Gymnastics Quick Facts

Head Coach: Mike Lorenzen
 Alma Mater/Year: Maryland/1986
 Record at Iowa/Years: 17-21/4
 Overall Record/Years: same
 Associate Head Coach: Larissa Libby
 Alma Mater/Year: Louisiana State/1996
 Assistant Coach: Derek May
 Alma Mater/Year: San Jose State/1994
 Gymnastics Secretary: Irene Pearson
 Gymnastics Office Phone: (319) 335-9741
 2003 Record: 5-5
 2003 Conference Record/Finish: 3-0/2nd
 2003 Postseason: NCAAs/11th
 Letterwinners Returning/Lost: 11/3
 Newcomers: 5

Hawkeye Gymnastics Continued...

Three Individuals Ranked: The GymHawks have three individuals ranked in the GymInfo poll. Alexis Maday is ranked sixth in the all-around, tied for seventh on bars, tied for 14th on vault and 14th on beam. Stephanie Gran is eighth in the all-around, seventh on vault and 16th on floor. Sophomore Kortny Williamson is new to the rankings, tied for 21st on vault.

Quoting Coach Lorenzen: "This is an important meet for us in terms of developing confidence and learning how to compete well in different arenas. A third of our team is from this area of the country and it's the first time their friends and families will be able to see them compete, which should be a lot of fun."

2004 Iowa Gymnastics Roster

Name	Ht.	Yr.	Hometown
Nathalie Balfour	5-5	So.	West Vancouver, British Columbia
Beth Dilick	5-3	Fr.	King George, VA
Liz Grajewski	5-4	So.	Covington, WA
Stephanie Gran	5-0	Sr.	Wauconda, IL
Brandy Killian	5-3	Sr.	Owosso, MI
Tiffany Kwan	5-3	So.	Unionville, Ontario
Danielle Legeai	4-11	Fr.	New Orleans, LA
Mindi Levitz	5-0	Jr.	Sunnyvale, CA
Krista Lewis	5-3	Fr.	Woodridge, IL
Alexis Maday	5-6	Sr.	Upper Marlboro, MD
Romina Mazzoni		Fr.	Buenos Aires, Argentina
Annie Rue	5-4	Jr.	Reisterstown, MD
Melissa Saliba	5-1	So.	Nashville, TN
Kortny Williamson	5-4	So.	Manheim, PA
Nicole Wong	5-7	Sr.	Virginia Beach, VA
Bobbie Zimmerman	5-5	Fr.	Naperville, IL

Head Coach: Mike Lorenzen (fifth season)

Associate Head Coach: Larissa Libby (fourth season)

Assistant Coach: Derek May (third season)