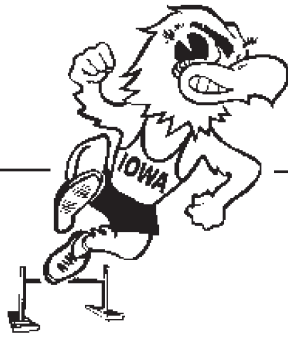
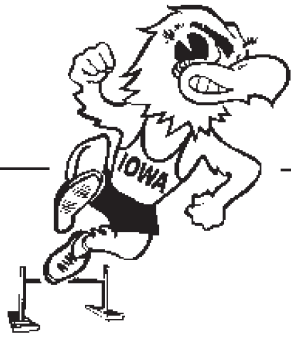
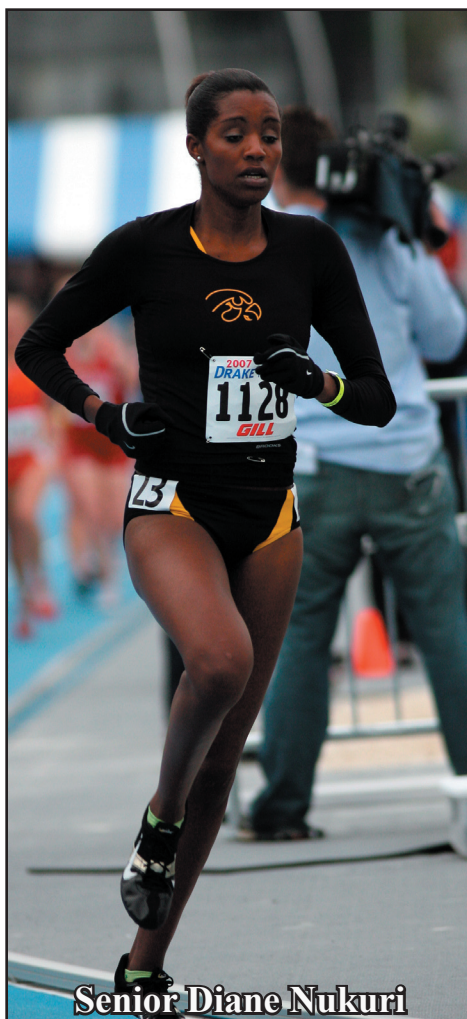


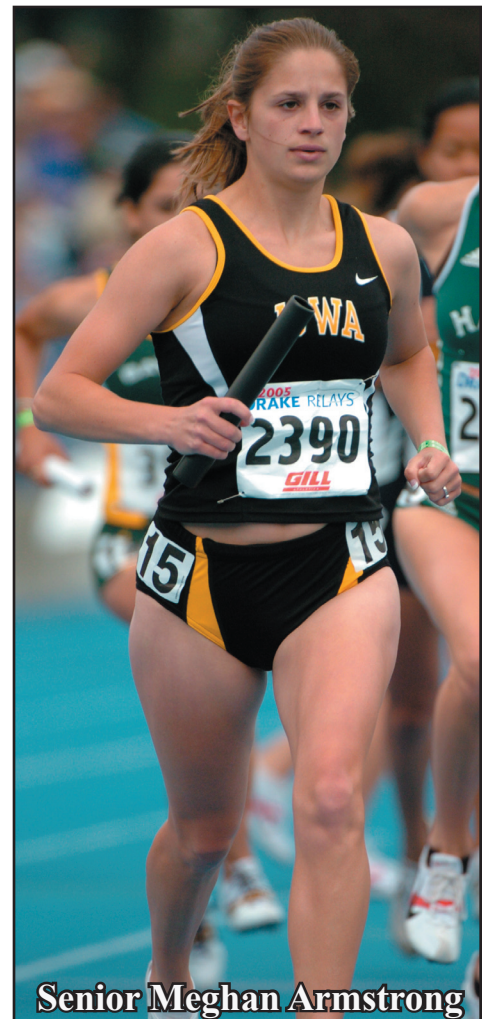
THE UNIVERSITY OF IOWA TRACK & FIELD



Senior Kineke Alexander



Senior Diane Nukuri



Senior Meghan Armstrong

**2008 BIG TEN WOMEN'S INDOOR CHAMPIONSHIPS
MARCH 1-2, 2008
MINNEAPOLIS, MN**

THE UNIVERSITY OF IOWA



HAWKEYE TRACK & FIELD



WOMEN'S TRACK CONTACT: JAKE HOLTORF

2008 BIG TEN WOMEN'S INDOOR CHAMPIONSHIPS

Saturday, March 1

9:00 a.m.	Pentathlon 60-Meter Hurdles
9:45	Pentathlon High Jump
11:30	Pentathlon Shot Put
12:30 p.m.	Pentathlon Long Jump
1:30	3,000 Meters* (F)
2:00	Pentathlon 800-Meters Pole Vault (T & F)
2:30	Shot Put (T & F)
2:50	Mile Run (T)
3:15	400 Meters (T) Long Jump (T & F)
3:35	60 Meters (T)
3:45	800 Meters (T)
4:10	60-Meter Hurdles (T)
4:20	600 Meters (T)
4:35	200 Meters (T)
5:00	3,000 Meters# (F)
5:20	Distance Medley Relay (F)

Sunday, March 2

12 p.m.	Weight Throw (T& F) Triple Jump (T & F)
12:30	High Jump (T & F)
1:00	5,000 Meters* (F)
1:50	Mile Run (F)
2:00	400 Meters (F)
2:10	60 Meters (F)
2:25	800 Meters (F)
2:30	60-Meter Hurdles (F)
2:40	600 Meters (F)
2:50	200 Meters (F)
3:00	5,000 Meters* (F)
3:30	4x400 Meter relay (F)
3:50	Team Awards Presentation

T - trials, S - semifinals, F - finals

* - unseeded section, # - seeded section

THIS WEEK -- The 18th-ranked Iowa women's track team will compete at the 2008 Big Ten Indoor Championships. The University of Minnesota will host the meet Saturday and Sunday in the University Field House. More information about the meet can be found at www.gophersports.com.

Athletes who have a great chance of bringing home a Big Ten title include, **Kineke Alexander** in the 400 and 600 meters, **Meghan Armstrong** in the mile and 3,000 meters, **Diane Nukuri** in the 5,000 meters and **Renee White** in the triple jump. All of these athletes are currently ranked No. 3 or higher in the Big Ten Conference.

LAST WEEK -- The Hawkeyes won three events and posted eight collegiate bests at the Iowa Invitational. The champions included senior **Erin O'Hern** in the weight throw (54-8 1/4), junior **Renee White** in the triple jump (41-6 1/2) and sophomore **Rhonda-Kaye Trusty** in the 60 meters (7.65).

Hawkeyes that set career bests include: White (8.56), **Tammilee Kerr** (8.60) and **Kimberley Stanford** (8.63) in the 60 meters (7.63), **Rachel Hawks** in the 800 meters (2:20.75), **Brittany Graham** in the mile (5:55.97) and Kerr in the shot put (37-10).

HAWKEYE WOMEN'S COACHING STAFF -- Head Coach **Layne Anderson** is in his first year as head women's track and field coach at Iowa. In his four seasons as an assistant with the track and field team, there has been one national champion, 22 all-Americans and 18 Big Ten Champions. While competing for The Citadel in college, Anderson set 10 school records on his way to becoming a three-time Southern Conference champion. He is assisted by four-time Auburn all-American, 1996 decathlon national champion and Olympian **Victor Houston** and Hawkeye all-American and four-time Big Ten Champion **Shellene Williams**.

NEXT COMPETITION -- The Hawkeyes will compete in the Alex Wilson Invitational hosted by Notre Dame or the NCAA Qualifier hosted by Iowa State University, March 7-8.

NCAA QUALIFIERS -- The Hawkeyes have provisionally qualified seven student-athletes for the NCAA Indoor Championships, which will be held March 14-15 in Fayetteville, AR. Their event, qualifying marks and where they rank in the Big Ten and the nation are listed below.

Name	Event	Mark	Big 10/NCAA Ranking
Kineke Alexander	400 Meters	53.14	2nd/4th
Meghan Armstrong	Mile	4:41.07	3rd/8th
	3,000 Meters	9:20.02	3rd/13th
Jolly Burke	5,000 Meters	16:43.14	6th/22nd
Tammilee Kerr	Pentathlon	3,908 points	4th/13th
Diane Nukuri	Mile	4:48.48	11th/48th
	3,000 Meters	9:20.07	4th/14th
	5,000 Meters	16:10.71	2nd/4th
Renee White	Triple Jump	42-0 1/2 (12.81 m)	1st/18th
Distance Medley	(Armstrong, Alexander)	11:20.11	4th/13th
	L. Hardesty, Nukuri)		

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THE UNIVERSITY OF IOWA



HAWKEYE TRACK & FIELD



WOMEN'S TRACK CONTACT: JAKE HOLTORF

2008 WOMEN'S INDOOR SCHEDULE

Date	Meet	Location/Result
1/19	Iowa Open	4 champs
1/25-26	at Jack Johnson Invite	2 champs
2/8-9	at Meyo Classic	0 champs
2/15-16	at Cyclone Classic	1 champ
2/16	at Husky Classic	0 champs
2/22	Iowa Invitational	3 champs
3/1-2	at Big Ten's	Minneapolis, MN
3/7-8	at A. Wilson Invite	South Bend, IN
	at Last Chance Meet	Ames, IA
3/14-15	at NCAA Champ's	Fayetteville, AR

Home meets in bold

2008 WOMEN'S INDOOR SEASON BESTS

Running Events

60 Meters	Rhonda-Kaye Trusty	7.65
60 Hurdles	Karessa Farley	8.46
200 Meters	Rhonda-Kaye Trusty	24.55
400 Meters	Kineke Alexander	53.14
600 Meters	Kineke Alexander	*1:27.45
800 Meters	Lauren Hardesty	2:15.45
1,000 Meters	Katie Ellis	3:07.75
Mile	Meghan Armstrong	4:41.07
3,000 Meters	Meghan Armstrong	9:20.02
5,000 Meters	Diane Nukuri	16:10.71

Relays

1,600 Meter Relay		3:43.83
<i>(White, Alexander, Kerr, Hendricks)</i>		
Distance Medley Relay		*11:20.11
<i>(Armstrong, Alexander, L. Hardesty, Nukuri)</i>		

Field Events

Wt. Throw	Erin O'Hern	55-5 1/2
Shot Put	Tammilee Kerr	37-3 3/4
High Jump	Tammilee Kerr	5-7
	Caleigh Bacchus	5-7
Long Jump	Renee White	19-0 3/4
Triple Jump	Renee White	42-0 1/2
Pentathlon	Tammilee Kerr	*3,908

*School record

HAWKEYE WOMEN EARN NATIONAL RANKING -- The Hawkeye women's team is ranked 18th in the most recent U.S. Track and Field and Cross Country Coaches Association national rankings. Iowa is one of four teams representing the Big Ten in the poll (Michigan fifth; Minnesota seventh; and Penn State eighth). The rankings are compiled strictly from the NCAA descending order lists.

2007 INDOOR BIG TEN REVIEW -- Iowa placed fifth at the 2007 Big Ten Indoor Championships with 75 points. Minnesota won the team title with 121.5. Iowa's highest event finish was first place by **Kineke Alexander** in the 200 and 400 meters and by Peach Roach in the high jump 5-10. Following is a complete list of Iowa's top-five Big Ten placers from the 2007 meet:

Event	Athlete	Mark	Place
200 Meters	Kineke Alexander	23.67	1st
400 Meters	Kineke Alexander	52.23	1st
High Jump	Peaches Roach	5-10	1st
3,000 Meters	Diane Nukuri	9:32.75	2nd
5,000 Meters	Diane Nukuri	16:24.60	2nd
Triple Jump	Tiffany Johnson	41-3 3/4	3rd
60-Meter Hurdles	Tiffany Johnson	8.35	4th
Mile	Meghan Armstrong	4:47.03	5th
3,000 Meters	Meghan Armstrong	9:40.91	5th
Weight Throw	Becca Franklin	58-3 1/4	5th

IOWA'S BIG TEN HISTORY -- The Hawkeyes' best finish at the Big Ten Indoor Championships came in 2004 with a third place showing. Senior **Kineke Alexander** holds four of the University of Iowa's 28 individual Big Ten Indoor Championship titles. She took first place in the 200 and 400 meters the last two years. Alexander is one of five Iowa athletes to win multiple Big Ten Indoor titles.

The most first place finishes the Hawkeyes have had in the Big Ten Indoor Championships in one season was three, in 1985 and 2007. They have won two on six occasions, the last coming in 2006.

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IOWA WOMEN'S TRACK AND FIELD

HAWKEYES TO WATCH



Kineke Alexander
Senior
Sprints
Glenside, Mesopotamia
St. Vincent & the Grenadines
St. Joseph's Convent
Mariaqua

Career Highlights -- 2006 NCAA Indoor 400-meter champion (52.16)... six-time all-American... only Hawkeye in school history to earn all six all-America honors in the same event... five-time Big Ten champion... Iowa's only two-time NCAA Midwest Regional champion... four-time all-region honoree... set school records in 200 (23.49), 400 (51.48) and 600 meters (1:27.84), and as part of 1,600-meter relay (3:40.52) indoors, and 400 meters (51.35) outdoors... ran on five of the top 10 1,600-meter relays in school history.

2008 -- Indoor - NCAA provisional qualifier for the NCAA Championships in the 400 meters (53.14) and the distance medley relay (11:20.11)... set the school and facility record in the 600 meters with a collegiate best time of 1:27.45... helped break the school record in the distance medley relay... owns school records in the 400 (51.48) and 200 (23.49)... leads the team with the fastest 400 meters time (53.14)... won the 600 meters at the Hawkeye Invitational... won the 200 meters and was part of the 1,600-meter relay at the Jack Johnson Classic... third in the 400 meters and the distance medley relay at the Meyo Invitational... finished first in the 400 meters at the Iowa State Classic.

Alexander's Collegiate Bests

Event	Time	Meet	Date
200 Meters (I)	23.49	Big Ten Championships	2/26/06
400 Meters (O)	51.35	NCAA Championships	6/10/06
600 Meters (I)	1:27.45	Hawkeye Invitational	1/19/08
800 Meters (O)	2:16.15	Musco Twilight IX	4/21/07



Meghan Armstrong
Senior
Distance
Tualatin, OR
Tualatin High School

Career Highlights -- three-time all-American... five-time all-region honoree... first women's cross country runner to earn three all-region honors...

set school record in 1,500 meters (4:17.41).

2008 -- Indoor - NCAA provisional qualifier in the mile (4:41.07) 3,000 meters (9:20.02) and the distance medley relay (11:20.11)... leads the team with the fastest time in the mile (4:41.07) and 3,000 meters (9:20.02)... won the mile at the Hawkeye Invitational... took fifth place in the 3,000 meters at the Jack Johnson Classic... placed third in the 3,000 meters at the Meyo Invitational... seventh in the mile at the Husky Classic.

Armstrong's Collegiate Bests

Event	Time	Meet	Date
800 Meters (O)	2:10.15	Tom Botts Invite	4/15/06
1,500 Meters (O)	4:17.41	Big Ten Championships	5/14/06
Mile (I)	4:40.59	Alex Wilson Invite	3/4/06
3,000 Meters (O)	9:20.02	Meyo Invitational	2/9/08
4,000 Meters (CC)	14:33	Hawkeye Triangular	9/10/04
5,000 Meters (O)	16:18.74	Stanford Invite	3/31/07
5,000 Meters (CC)	16:26	Auburn Invite	9/30/06
6,000 Meters (CC)	20:34	Pre-Nationals	10/14/06



Tammilee Kerr
Senior
Multi-Events/Javelin
Portmore, St. Catherine
Wolmer's Girl's High School

2008 -- Indoor - Provisionally qualified in the pentathlon (3,908 points)... leads the team in the high jump (5-7) and shot put (37-10)... broke the pentathlon school record with 3,908 points at the Jack Johnson Classic... took second in the 60 meter hurdles and fourth in the high jump at the Hawkeye Invitational... was third in the pentathlon at the Jack Johnson Classic... third in the 60-meter hurdles and the shot put at the Iowa Invitational.

IOWA WOMEN'S TRACK AND FIELD

HAWKEYES TO WATCH

Kerr's Collegiate Bests

Event	Mark	Meet	Date
60 Hurdles (I)	8.67	Iowa Open	1/19/08
100 Hurdles (O)	14.21	Musco Twilight IX	4/21/07
200 Meters (O)	25.49	Drake Relays	4/25/07
400 Hurdles (O)	1:04.64	Shamrock Invite	3/18/06
800 Meters (O)	2:23.61	Jack Johnson Classic	1/25/08
Long Jump (I)	18-10 3/4	ISU Classic	2/15/08
High Jump (I)	5-7	ISU Classic	2/15/08
Shot Put (O)	37-6	Big Ten Championships	5/13/05
Javelin (O)	157-0	Big Ten Championships	5/12/07
Pentathlon (I)	3,908	Jack Johnson Classic	1/25/08
Heptathlon (O)	5,332	Big Ten Championships	5/12/07



Renee White

Junior

Jumps/Sprints

Portmore, Jamaica

Wolmer's Girl's High School

Career Highlights -- set school indoor and outdoor triple jump records (41-5 3/4, 42-1 1/2).

2008 -- Indoor - NCAA provisional qualifier in the triple jump (42-0 1/2)...

leads the team in the long jump (19-0 3/4), triple jump (42-0 1/2) and was part of the 1,600-meter relay (3:43.83)... first in the long jump third in the 60-meter hurdles at the Hawkeye Invitational... was second in the 60 meter hurdles at the Jack Johnson Classic... second in the triple jump at the Meyo Invite... first in the triple jump at the Cyclone Classic... first in the triple jump at the Iowa Invitational and second in the 60-meter hurdles.

White's Collegiate Bests

Event	Mark	Meet	Date
60 Meters (I)	7.83	Jack Johnson Classic	1/20/07
60 Hurdles (I)	8.66	Jack Johnson Classic	1/26/08
100 Hurdles (O)	12.34	Missouri Relays	3/31/07
200 Meters (O)	25.31	Aztec Classic	3/16/07
Long Jump (O)	19-9 3/4	Springtime Invite	4/1/06
Triple Jump (O)	42-1 1/2	Big Ten Championships	5/13/07



Diane Nukuri

Senior

Distance

Pickering, Ontario

Butler County CC

Career Highlights -- 2007 Honda Award finalist in cross country... three-time all-American... three-time all-region honoree... two-time NCAA Midwest Regional Cross Country Champion...

two-time Midwest Regional Women's Cross Country Runner of the Year... 2007 Big Ten Cross Country Champion and Women's Cross Country Athlete of the Year... set school 3,000 (9:47), 4,000 (13:14), 5,000 (15:55) and 6,000-meter (19:37) cross country records... set Ashton Cross Country Course 3,000 (9:47) and 4,000-meter (13:14) marks... nine-time NJCAA national champion, winning two titles each in half marathon, mile, 3,000 meters and 5,000 meters, and one title in cross country for Butler Community College (2004-06)... 17-time NJCAA all-American... two-time NJCAA Indoor Athlete of the Meet... set NJCAA meet records in half marathon and indoor 5,000 meters... set NJCAA all-time records in half marathon, indoor 3,000 meters and indoor 5,000 meters... 11-time NJCAA Region VI champion, going undefeated at that meet two straight years... three-time NJCAA Region VI Athlete of the Meet... set NJCAA regional records in cross country, mile, 1,500 meters, 3,000 meters and 5,000 meters.

2008 -- Indoor - NCAA provisionally qualifier in the mile (4:48.48), 3,000 (9:20.07), 5,000 meters (16:10.71) and distance medley relay (11:10.11)... leads the team with the fastest time in the 5,000 meters (16:10.71)... took second in the mile at the Hawkeye Invitational... third in the 3,000 at the Jack Johnson Classic... fourth in the 3,000 meters at the Meyo Invite... second at the Husky Classic in the 5,000 meters.

Nukuri's Collegiate Bests

Event	Time	Meet	Date
1,500 Meters (O)	4:20.95	Aztec Track Classic	3/17/07
Mile (I)	4:46.25	NCAA Qualifier	3/17/07
3,000 Meters (I)	9:20.07	Meyo Invite	2/9/08
5,000 Meters (O)	16:10.71	Husky Classic	2/16/08
10,000 Meters (O)	33:30.29	NCAA Championships	6/7/07

IOWA WOMEN'S TRACK AND FIELD

2008 INDOOR TEAM BESTS

60 METERS (AQ – 7.26, PQ – 7.44, SR – 7.43)

Rhonda-Kaye Trusty..7.65 Meyo Invite 2/9/08

60-METER HURDLES (AQ – 8.14, PQ – 8.43, SR – 8.33)

Karessa Farley8.46 # Meyo Invite 2/9/08

Renee White.....8.66 # Jack Johnson..... 1/26/08

Tammilee Kerr8.67 # Iowa Open 1/19/08

Kimberly Stanford.....8.78 # ISU Classic 2/15/08

200 METERS (AQ – 23.40, PQ – 24.10, SR – 23.49)

Rhonda-Kaye Trusty..24.55 Meyo Invite 2/9/08

Kineke Alexander.....24.88 Jack Johnson..... 1/26/08

Kimberly Stanford.....26.92 # Jack Johnson..... 1/26/08

Karessa Farley26.93 # Jack Johnson..... 1/26/08

400 METERS (AQ – 52.70, PQ – 54.70, SR – 51.48)

Kineke Alexander.....53.14 ! ISU Classic 2/16/08

Bethany Praska57.70 # Meyo Invite 2/9/08

Tiffany Hendricks.....58.00 # ISU Classic 2/16/08

600 METERS (SR – 1:27.45)

Kineke Alexander.....1:27.45 * # . Iowa Open 1/19/08

Bethany Praska1:37.54 # ... Iowa Open 1/19/08

Tiffany Hendricks.....1:42.42 # ... Iowa Open 1/19/08

800 METERS (AQ – 2:05.40, PQ – 2:09.40, SR – 2:06.38)

Lauren Hardesty.....2:15.45 Iowa Open 1/19/08

Jessica Schmidt.....2:18.25 # ... Jack Johnson..... 1/26/08

Sarah Henize.....2:21.14 Iowa Open 1/19/08

Tammilee Kerr2:23.61 # ... Jack Johnson..... 1/26/08

1,000 METERS (SR 2:38.44)

Katie Ellis.....3:07.75 # ... Meyo Invite 2/9/08

MILE (AQ – 4:40.60, PQ – 4:48.60, SR 4:40.19)

Meghan Armstrong4:41.07 ! Husky Classic 2/16/08

Diane Nukuri.....4:48.48 ! Iowa Open 1/19/08

Sarah Henize.....4:57.51 # ... Jack Johnson..... 1/26/08

Meyo Invite 2/9/08

3,000 METERS (AQ – 9:15.80, PQ – 9:34.80, SR – 9:15.57)

Meghan Armstrong9:20.02 ! # . Meyo Invite 2/9/08

Diane Nukuri.....9:20.07 ! # . Meyo Invite 2/9/08

Jolly Burke.....9:55.42 # ... Jack Johnson..... 1/26/08

Racheal Marchand10:08.38 Meyo Invite 2/9/08

Molly Esche10:23.67 ... Jack Johnson..... 1/26/08

5,000 METERS (AQ – 16:09.60, PQ – 16:46.60, SR – 15:49.52)

Diane Nukuri.....16:10.71 #! Husky Classic 2/16/08

Jolly Burke.....16:43.14 #! Husky Classic 2/16/08

Racheal Marchand17:03.79 Husky Classic 2/16/08

Fionna Fallon.....17:54.33 # . Meyo Invite 2/9/08

Molly Esche17:58.33 Meyo Invite 2/9/08

1,600-METER RELAY (AQ – 3:34.20, PQ – 3:41.20, SR – 3:40.52)

-White, Alexander,3:49.92 Jack Johnson..... 1/26/08

Hendricks, Praska

-White, Alexander3:43.83 ISU Classic 2/16/08

Kerr, Hendricks

-White, Praska,3:54.08 Meyo Invite..... 2/9/08

Kerr, Hendricks

DISTANCE MEDLEY RELAY (AQ – 11:11.00, PQ – 11:32.00, SR – 11:20.11)

Armstrong, Alexander,.1:20.11 !..... Meyo Invite..... 2/9/08

Lauren Hardesty, Nukuri

HIGH JUMP (AQ – 1.85 m, PQ – 1.78 m, SR – 1.85 m)

Caleigh Bacchus.....5-7 (1.70 m) #. ISU Classic 2/16/08

Tammilee Kerr5-7 (1.70 m) # Jack Johnson.. 2/16/08

LONG JUMP (AQ – 6.35 m, PQ – 6.10 m, SR – 5.95 m)

Renee White.....19-0 ³/₄ (5.81 m).. Iowa Open 1/19/08

Tammilee Kerr18-10 ³/₄ (5.76 m) ISU Classic 2/15/08

Caleigh Bacchus.....17-11 (5.46 m) Jack Johnson 2/26/08

TRIPLE JUMP (AQ – 13.30 m, PQ – 12.65 m, SR – 12.84 m)

Renee White.....42-0 ¹/₂ (12.81 m) Meyo Invite 2/9/08

SHOT PUT (AQ – 16.90 m, PQ – 15.20 m, SR – 15.54 m)

Tammilee Kerr37-3 ³/₄ (11.37 m) Jack Johnson 1/26/08

WEIGHT T. (AQ – 21.00 m, PQ – 18.75 m, SR – 17.76 m)

Erin O'Hern.....55-5 ¹/₂ (16.90 m) #... Meyo Invite..2/9/08

Mandy Chandler49-7 ¹/₄ (15.12 m) #... Meyo Invite..2/9/08

PENTATHLON (AQ – 4,050 pts, PQ – 3,700 pts, SR – 3,908 pts)

Tammilee Kerr3,908 !*# Jack Johnson..... 1/26/08

* - School Record ! - Provisional Qualifier # - Career Best

IOWA WOMEN'S TRACK AND FIELD

ALL-TIME TOP TEN

60 Meters

1. Elaine Jones, 1983..... 7.43
2. Peaches Roach, 2005..... 7.45
3. Shellene Williams, 2004..... 7.50
4. Jiselle Providence, 2002..... 7.52
5. Angela Menson, 1982..... 7.57
6. **Rhonda-Kaye Trusty, 2007..... 7.63**
7. Tamara Dixon, 2002..... 7.64
8. Lakeya Boatright, 1999..... 7.68
9. Kamesha Marshall, 2004..... 7.72
10. Diane Emmons, 1979..... 7.74
Davera Taylor, 1984..... 7.74

60-Meter Hurdles

1. Tiffany Johnson, 2006..... 8.33
2. Paula Ruen, 1998..... 8.39
3. Sarah Steffen, 2002..... 8.45
4. **Karessa Farley, 2008..... 8.46**
5. **Renee White, 2008..... 8.56**
6. Colleen Prendergast, 2000..... 8.57
7. **Tammilee Kerr, 2008..... 8.60**
8. **Kimberly Stanford, 2008..... 8.63**
9. Diane Steinhart, 1981..... 8.64
10. Ruqayya Raheem, 1999..... 8.74

200 Meters

1. **Kineke Alexander, 2006..... 23.49**
2. Shellene Williams, 2004..... 23.62
3. Marlene Poole, 1994..... 23.66
Yolanda Hobbs, 1995..... 23.66
5. Erica Broomfield, 1998..... 23.81
6. Peaches Roach, 2007..... 24.09
7. Jiselle Providence, 2002..... 24.44
8. **Rhonda-Kaye Trusty, 2008..... 24.55**
8. Tanja Reid, 1994..... 24.67
9. Tamara Dixon, 2002..... 24.71
10. Diane Emmons, 1979..... 24.8

400 Meters

1. **Kineke Alexander, 2007..... 51.48**
2. Ellen Grant, 1996..... 52.65
3. Shellene Williams, 2004..... 52.83
4. Marlene Poole, 1993..... 55.20
5. Wynsome Cole, 1997..... 55.45
6. Nicole Charles, 2002..... 55.59
7. Senta Hawkins, 1988..... 55.66
8. Aisha Hume, 2002..... 56.33
Lindsey McCalla, 2006..... 56.33
10. Alycia Simpson, 1988..... 56.69

600 Meters

1. **Kineke Alexander, 2008..... 1:27.45**
2. Senta Hawkins, 1987..... 1:30.77
3. Karen Layne, 1990..... 1:31.45
4. Kay Stormo, 1982..... 1:32.3
5. Aisha Hume, 2004..... 1:32.41
6. Sophia Chow, 2002..... 1:33.54
7. Ann Pare, 1997..... 1:34.95
8. Chris Davenport, 1981..... 1:35.34
9. Ellen Grant, 1997..... 1:35.46
10. Monica Mims, 2007..... 1:35.54

800 Meters

1. Jeanne Kruckeberg, 1989..... 2:06.38
2. Michelle Lahann, 2004..... 2:06.83
3. Briana Benning, 1996..... 2:09.22
4. Kay Stormo, 1981..... 2:11.4
5. Ann Pare, 1997..... 2:11.19
6. Atalie Barber, 2003..... 2:12.10
7. Shannon Stanley, 2005..... 2:12.13
8. Tracy Dahl, 1993..... 2:12.74
9. **Meghan Armstrong, 2007..... 2:12.79**
10. Anna Shearer, 1999..... 2:12.89

Mile

1. Jeanne Kruckeberg, 1989..... 4:40.19
2. **Meghan Armstrong, 2006..... 4:40.59**
3. Tina Stec, 1994..... 4:42.63
4. Penny O'Brien, 1981..... 4:43.72
5. **Diane Nukuri, 2008..... 4:46.25**
6. Michelle Lahann, 2004..... 4:47.23
7. Tracy Dahl, 1992..... 4:48.92
8. Nan Doak, 1982..... 4:51.46
9. **Krista Anderson, 2006..... 4:51.79**
10. Sarah Arens, 2004..... 4:52.18

3,000 Meters

1. Tracy Dahl, 1993..... 9:15.57
2. **Meghan Armstrong, 2008..... 9:20.02**
3. **Diane Nukuri, 2008..... 9:20.07**
4. Nan Doak, 1982..... 9:21.60
5. Jenny Spangler, 1986..... 9:22.41
6. **Krista Anderson, 2006..... 9:29.75**
7. Nikki Chapple, 2004..... 9:34.17
8. Jennifer Brower, 1992..... 9:41.02
9. **Jolly Burke, 2008..... 9:55.42**
10. Sarah Arens, 2000..... 9:56.85

5,000 Meters

1. Tracy Dahl, 1993..... 15:49.52
2. Nan Doak, 1985..... 15:55.45
3. Jenny Spangler, 1982..... 16:08.74
4. **Diane Nukuri, 2008..... 16:10.71**
5. Judy Parker, 1981..... 16:16.63
6. Jennifer Brower, 1992..... 16:22.19
7. Nikki Chapple, 2004..... 16:27.04
8. Jodi Hersberger, 1982..... 16:32.24
9. **Jolly Burke, 2008..... 16:43.14**
10. **Krista Anderson, 2006..... 16:48.95**

Pentathlon

1. **Tammilee Kerr, 2008..... 3,908 points**
2. Chris Davenport, 1983..... 3,798 points
3. Kamesha Marshall, 2005..... 3,701 points
4. Tiff Pedersen, 2004..... 3,511 points
5. Maureen Abel, 1980..... 3,369 points
6. Janet Adams, 1981..... 3,360 points
7. Janelle Jaspers, 1987..... 3,366 points
8. Kacey Childs, 1999..... 3,224 points
9. Katie Herrmann, 2004..... 3,154 points
10. Marjie Tweto, 1996..... 2,896 points

High Jump

1. Peaches Roach, 2005... 6-0 3/4 (1.85 m)
2. Mary Mol, 1983..... 6-0 (1.83 m)
3. Becky Kaza, 1995..... 5-9 3/4 (1.77 m)
4. Kristi Dinkla, 1985..... 5-8 1/2 (1.74 m)
Kacey Childs, 2001..... 5-8 1/2 (1.74 m)
6. Traci Claussen, 1987..... 5-8 (1.73 m)
7. Kathy Gillespie, 1983... 5-7 3/4 (1.72 m)
8. Lynn McMillan, 1988..... 5-7 1/4 (1.71 m)
9. Julie Gallery, 2002..... 5-7 (1.70 m)
Jenni Elbert, 2006..... 5-7 (1.70 m)
Caleigh Baccus, 2008..... 5-7 (1.70 m)
Tammilee Kerr, 2008..... 5-7 (1.70 m)

Long Jump

1. Lisa Moats, 1986..... 19-6 (5.95 m)
2. **Renee White, 2006..... 19-3 1/4 (5.87 m)**
3. **Tiffany Johnson, 2007.. 19-2 1/2 (5.85 m)**
4. Davera Taylor, 1984..... 19-1 1/2 (5.83 m)
5. Yolanda Hobbs, 1993..... 19-1 (5.80 m)
6. Kamesha Marshall, 2005 . 18-11 1/4 (5.77 m)
7. **Tammilee Ker, 2008..... 18-10 3/4 (5.76 m)**
8. Catharine Parmiter, 2000 . 18-7 1/2 (5.68 m)
9. Jessie Strand, 2000..... 18-3 1/4 (5.57 m)
10. Tiff Pedersen, 2003 18-2 1/2 (5.55 m)

IOWA WOMEN'S TRACK AND FIELD

ALL-TIME TOP TEN

Triple Jump

1. **Renee White, 2007**42-1 1/2 (12.84 m)
2. Tiffany Johnson, 200640-10 1/4 (12.45 m)
3. Becki Borg, 1987 39-6 (12.04 m)
4. Lynn McMillan, 1988.....38-2 (11.63 m)
5. Lisa Moats, 1985 35-1 (10.69 m)
6. Becca Franklin, 2004..... 34-3 (10.44 m)

Pole Vault

1. Jessie Strand, 2004..... 12-5 1/2 (3.80 m)
2. Sarah Burgett, 200511-6 1/4 (3.51 m)
3. Gina Shannon, 2001 10-6 (3.20 m)
4. Kacey Childs, 2001..... 9-0 (2.75 m)
5. Amy Kasparbauer, 2000..... 8-0 (2.44 m)

Shot Put

1. Gail Smith, 1985..... 51-0 (15.54 m)
2. Lisa Van Steenwyk, 1993...50-5 1/4 (15.37 m)
3. Kamesha Marshall, 2005.. 49-2 1/4 (14.99 m)
4. Denise Taylor, 1992..... 48-9 (14.86 m)
5. Megan Maurer, 1995 47-5 3/4 (14.47 m)
6. Laura Kriener, 1990..... 47-5 (14.45 m)
7. Jennifer Gilson, 200246-11 (14.30 m)
8. Jennifer Moon, 2000..... 45-9 (13.94 m)
9. Shelly Redies, 1985..... 45-0 1/4 (13.73 m)
10. **Mandy Chandler, 2006.... 43-2 1/4 (13.16 m)**

Weight Throw

1. Becca Franklin, 2007..... 56-8 (17.27 m)
2. **Erin O'Hern, 2008..... 55-5 1/2 (16.90 m)**
3. Kerri Blackstone, 1999 . 50-9 3/4 (15.48 m)
4. **Mandy Chandler, 2008 49-7 1/4 (15.12 m)**
5. Megan Maurer, 1998 .. 48-10 1/4 (14.89 m)
6. Jennifer Moon, 2000... 47-10 3/4 (14.60 m)
7. Jennifer Gilson, 2002 ... 46-7 1/4 (14.20 m)
8. Katie Hoback, 2002 42-8 (13.00 m)
9. Missy Fraser, 1997 41-10 3/4 (12.77 m)
10. Kara Hinz, 2000.....37-4 1/2 (11.39 m)

1,600-Meter Relay

1. McCalla, Granger, **Alexander, Johnson, 2006**..... **3:40.52**
2. Johnson, McCalla, **Alexander, Granger, 2006**..... **3:42.44**
3. **Alexander, Johnson, Ponce Mims, 2007**..... **3:42.72**
4. **White, Alexander, Kerr, Hendricks, 2008** **3:43.83**
5. McCalla, Williams, Sheeley, Hume, 2004.....3:44.47
6. Bynoe, Cole, Raheem, Grant, 19963:44.58
7. Simpson, McRell, Layne, Powell, 19893:44.75
8. **Ponce, Alexander, Johnson, Mims, 2007** **3:45.17**
9. Hume, Charles, Barber, Knight, 2002.....3:45.33
10. Floyd, Poole, Hobbs, Layne, 19923:45.38

Distance Medley Relay

1. **Armstrong, Alexander, L. Hardesty, Nukuri, 2008** **11:20.11**
2. Stormo, Davenport, Williams, O'Brien, 1981 11:23.02
3. Benning, Poole, Salsberry, Stec, 1994 11:28.03
4. Stormo, Davenport, Hayden, Doak, 1982 11:29.54
5. **Armstrong, Granger, Stanley, Anderson, 2006**..... **11:29.54**
6. Lahann, Williams, **Stanley, Arens, 2004** 11:30.36
7. Thompson, Williams, Barber, Lahann, 2003 11:30.38
8. Doak, xx, Hayden, xx, 1982 11:35.07
9. 2005 11:39.29
10. Camarigg, Stormo, Williams, O'Brien, 1981 11:41.44

