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IOWA WOMEN'S ROWING

VARSIITY 4+ BOAT NAMED BIG TEN BOAT OF THE WEEK

IOWA CITY, IA – After finishing the weekend with an undefeated record, the University of Iowa Varsity 4+ crew was rewarded for their efforts and was named Big Ten Boat of the Week. This is the first time the Varsity 4+ has received this honor, while the Varsity 8+ has received the honor five times in the last four years.

On Friday, March 19, the Varsity 4+ crew, comprised of **Sheena Williams, Allison Frederick, Sophie Nielsen, Kathleen Lehman** and **Katie Moe**, opened the spring season with a victory over Texas. They posted a time of 8:08.2, defeating Texas by over 30 seconds.

The Varsity 4+ continued their dominance on Saturday, defeating Tulsa by 20 seconds. Iowa timed an 8:07.6, while Tulsa posted a time of 8:27.5. Crew members on Saturday's team included: **Vanessa Sheehan, Anna Battoe, Lesley Weston, Stephanie Beeler** and **Laura Balogh**.

The Varsity 4+ wrapped up a successful weekend on Sunday, defeating Duke by nearly 20 seconds. The Hawkeyes posted a time of 7:30.2 to secure the win, with Duke finishing in 7:49.9. Crew members on Sunday's team included: **Lori Rehel, Allison Frederick, Sophie Nielsen, Kathleen Lehman** and **Katie Moe**.

The Hawkeyes will next take to the water Saturday April 3, hosting Minnesota. Competition will be held on Lake McBride. The event is free to the public.

