

# IOWA FIELD HOCKEY



*Big Ten/ACC Challenge  
vs. Wake Forest & North Carolina  
at Winston-Salem, NC*



## 2008 SCHEDULE

(0-0, 0-0)

8/30..... at Wake Forest ^.....	10 a.m.
8/31..... vs. North Carolina ^ (N).....	1 p.m.
9/5..... American .....	3 p.m.
9/7..... Duke.....	1 p.m.
9/13..... at Stanford .....	2 p.m.
9/14..... vs. Pacific (N).....	1 p.m.
9/19..... Central Michigan.....	3 p.m.
9/21..... Boston .....	1 p.m.
9/26..... at Indiana*.....	2 p.m.
9/28..... at Louisville .....	Noon
10/3..... Northwestern* .....	3 p.m.
10/5..... Missouri State .....	1 p.m.
10/10... at Penn State*!.....	2 p.m.
10/11... vs. Virginia (N) .....	1 p.m.
10/19... Ohio State* .....	Noon
10/25... at Michigan State*!.....	Noon
10/27... Michigan*!.....	2 p.m.

11/6-9.. Big Ten Tournament (Bloomington)

11/15-16 at NCAA (1st & 2nd Rds.)

11/21-23 at NCAA (Final Four)

All games listed are central time

N=Neutral

^ Big Ten/ACC Challenge

\* Big Ten Conference Games

! Televised by Big Ten Network

## 2008 STX/NFHCA

## PRESEASON RANKINGS

No.	Team	Points
1.	North Carolina (29)*	687
2.	Maryland (4)	633
3.	Wake Forest*	582
4.	Connecticut (1)	541
5.	<b>IOWA (1)</b>	<b>463</b>
6.	Penn State*	451
7.	James Madison	441
8.	Old Dominion	407
9.	Michigan*	389
10.	Michigan State*	375
11.	Virginia*	360
12.	Duke*	353
13.	Boston College	216
14.	Boston University*	201
15.	American*	191
16.	Princeton	190
17.	Louisville*	181
18.	Syracuse	172
19.	Albany	88
20.	Ohio	75

\* - 2008 Opponents

## 2008 ROSTER

No.	Name	Pos.	Yr.	Hometown/High School
0	Melissa Helsel	GK	Sr.	Elizabethtown, PA/Donegal
2	Roz Ellis	B/MF	Sr.	Lewisburg, PA/Lewisburg
4	Becca Spengler	MF	Fr.	Lititz, PA/Warwick
5	Caitlin McCurdy	F/MF	Sr.	Mountain Top, PA/Crestwood
6	Lissa Munley	GK	Sr.	Mountain Top, PA/Crestwood
7	Katie Naughton	F/MF	Sr.	Goffstown, NH/Goffstown
9	Lindsey Duffy	F	Sr.	San Diego, CA/Scripps Ranch
10	Amy Baxter	F	So.	Warrington, PA/Central Bucks South
13	Jess Werley	MF/F	Jr.	Allentown, PA/Emmaus
15	Meghan Beamesderfer	B/MF	Jr.	Lititz, PA/Warwick
17	Lauren Pfeiffer	B/MF	Sr.	Mt. Laurel, NJ/Lenape
18	Nicole Fiorilla	B/MF	Fr.	Downington, PA/Bishop Shanahan
20	Caroline Blaum	F/MF	Sr.	Wilkes-Barre, PA/Wyoming Seminary
21	Tricia Dean	MF	Jr.	Bear, DE/William Penn
22	Sarah Pergine	F	So.	Collegeville, PA/Perkiomen Valley
24	Chelsea Miller	MF	So.	Dallas, TX/Hockaday School
25	Leslie Pyle	MF	Fr.	Lafayette Hill, PA/Plymouth Whitemarsh
31	Lauren Whalen	B	Fr.	Phoenixville, PA/Villa Maria Academy
32	Tori Garifo	GK	Fr.	Red Lion, PA/Red Lion

**Head Coach:** Tracey Griesbaum

**Associate Head Coach:** Lisa Cellucci

**Assistant Coach:** Meridith Thorpe

**Volunteer Assistant Coach:** Barb Weinberg

## THIS WEEK

The University of Iowa field hockey team (0-0, 0-0) will travel to Winston-Salem, NC to compete in the seventh annual Big Ten/ACC Challenge. Iowa will face Wake Forest in a non-conference match-up Saturday at 10 a.m. (CT). The Hawkeyes will then battle defending national champion North Carolina in another marquee non-conference match-up. That match will begin at 1 p.m. (CT) Sunday. Both matches will be played at Kentner Stadium.

Michigan will also be competing in the Challenge, playing North Carolina Saturday and Wake Forest Sunday.

## WAKE FOREST (0-0, 0-0)

The Demon Deacons head into 2008 with high hopes after a successful 2007 season.

Wake Forest finished 2007 with an overall record of 16-6 and finished third in the ACC at 3-2. A team that reached the semifinals of the NCAA Tournament a year ago returns ten starters and 14 letterwinners.

Wake Forest is led by Head Coach Jen Averill. She has an all-time record of 235-97-3 in 16 seasons as the coach of the Demon Deacons.

## NORTH CAROLINA (0-0, 0-0)

North Carolina heads into the 2008 season as the defending national champion. The Tar Heels finished 2007 with an undefeated record, going 24-0 overall and 5-0 in ACC play.

The defending champs return seven starters and 14 letterwinners.

They are coached by Karen Shelton. She is entering her 28th year at North Carolina and holds a record of 448-125-9 all-time at the helm of the Tar Heel program.

**IOWA HAWKEYE  
FIELD HOCKEY**

## 2008 BIG TEN STANDINGS

	Conf.	Over.
1. IOWA	0-0	0-0
Michigan	0-0	0-0
Michigan State	0-0	0-0
Penn State	0-0	0-0
Ohio State	0-0	0-0
Indiana	0-0	0-0
Northwestern	0-0	0-0

## SPORTS INFORMATION

### Patrick Sojka Field Hockey Contact

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## IOWA ON THE WEB

The media and public can find a valuable and timely source of information about Iowa athletics on the world wide web. The address for the Iowa site is:



## MEDIA INFORMATION

**PRACTICE ATTENDANCE** - All practices are open to the media, and interviews may be conducted 15 minutes prior to or at the completion of practice. However, media must inform Patrick Sojka of their intention to attend practice. The Hawkeyes practice daily from 2:30-5:00 p.m. at Grant Field.

**PLAYER INTERVIEWS** - All player interviews are coordinated through Patrick of the sports information office. Please contact Patrick (319-335-9411) so that he may set a time which does not interfere with the student-athlete's academic or practice schedules.

## THE LAST TIME

The Hawkeyes faced both North Carolina and Wake Forest last season in the Big Ten/ACC Challenge. Iowa defeated the Demon Deacons 3-0 and fell to the Tar Heels 5-2. Both games were played in Ann Arbor, MI.

North Carolina leads the all-time series against Iowa, 18-1, and Wake Forest holds the all-time advantage, 5-3.

## MILESTONES APPROACHING

The Iowa field hockey program is two victories from 500 all-time.

After winning her 100th game as a head coach last season, Head Coach Tracey Griesbaum is three wins from 100 all-time at Iowa with 97.

## COACH EXCITED FOR '08

"We are really trying to put all the pieces together," said Head Coach **Tracey Griesbaum**. "The outlook is really positive. The upperclassmen have done a great job with their leadership roles."

"We know what we want but we are not willing to look past every day's opportunities."

## 2007 - A YEAR TO REMEMBER

Iowa had quite the season in 2007, finishing 17-4 overall and 4-2 in Big Ten play. The Hawkeyes won their second-straight Big Ten Tournament Championship and reached their 19th NCAA Tournament in program history.

Five Hawkeyes were named all-Big Ten. Lauren Pfeiffer, Roz Ellis, Meghan Beamesderfer and Caroline Blaum were all named first team. Each returns for 2008. Additionally, Kadi Sichel was named to the second team.

Goalkeeper Lissa Munley won the Big Ten Sportsmanship Award. Blaum and Sichel were each named to the Big Ten Tournament Team, as Blaum took MVP honors.

The Hawkeyes gained plenty of national attention also. Pfeiffer was named a first team all-American by Women'sFieldHockey.com and was named second team all-American by NFHCA. Women'sFieldHockey.com named Beamesderfer to their second team squad. In addition, she was named a third-team all-American by NFHCA. Ellis also was named to an all-American squad, landing on the Women'sFieldHockey.com's third team.

Six Hawkeyes were named Academic all-Big Ten. Tricia Dean, Katie Naughton, Ellis, Pfeiffer, Munley and Sichel were all named to the squad.

## 2008 OUTLOOK

2008 looks to be another promising year for the Hawkeyes. Iowa returns 14 letterwinners and 12 players with starting experience.

## WHAT DO YOU THINK COACH?

"We are really anxious to get there," Griesbaum said. "For the seventh straight year, we will be involved in the best weekend of competition in the country. Four of the top ten teams in the country will be competing."

"We are looking forward to the opportunity and we want to start strong. It will take everything in our power and everyone's contributions to have a successful weekend. "

## STORIED PROGRAMS

The Hawkeyes, Tar Heels and Demon Deacons have quite the track records.

The three teams have combined to win nine national championships. North Carolina leads the bunch with five national championships (1989, '95, '96, '97, '07). Wake Forest has been crowned champs three times, winning three straight from 2002 to 2004. Iowa won the 1986 national championship.

Year-in and year-out, these three teams will likely be found playing in the postseason. North Carolina has appeared in 24 NCAA Tournaments. Iowa has appeared in 19 and Wake Forest has reached the tournament nine times.

## SCHEDULE NOTES

Iowa's last three NCAA Tournament opponents (2004, '06, '07) are on the season's schedule.

Iowa hosts American (Sept. 5) and Boston (Sept. 21). The Hawkeyes lost to American 2-1 in 2004 on the campus of the University of Maryland. The Black and Gold fell to Boston a year ago, 1-0, in double overtime on the campus of the University of Connecticut.

Iowa plays Virginia (Oct. 11) on the campus of Penn State University. The Hawkeyes lost to the Cavaliers 1-0 in 2006 on the campus of Wake Forest.