

THE UNIVERSITY OF IOWA



HAWKEYE TRACK & FIELD



TRACK CONTACTS: TARA MEEKMA, TRACI WAGNER

April 3, 2006

2006 MEN'S OUTDOOR SCHEDULE & RESULTS

3/31-4/1	at Stanford Invite	1 champ
4/1	at Springtime Invite	4 champs
4/8	at Messersmith Invite <i>(Cedar Falls, IA)</i>	
4/14-15	at Tom Botts Invite <i>(Columbia, MO)</i>	
4/14-15	at Sun Angel Classic <i>(Tempe, AZ)</i>	
4/22	Musco Twilight VIII <i>(Iowa City, IA)</i>	
4/27-29	at Drake Relays <i>(Des Moines, IA)</i>	
5/12-15	at Big Ten Championships <i>(East Lansing, MI)</i>	
5/26-27	at NCAA Regional Meet <i>(Austin, TX)</i>	
6/7-10	at NCAA Championships <i>(Sacramento, CA)</i>	

2006 MEN'S OUTDOOR SEASON BESTS

Running Events

110 HurdlesBrice Wilson.....	15.61
200 MetersDavid Chaplin.....	21.46
400 MetersPrince Riley.....	48.50
800 MetersMatt O'Hollearn.....	1:55.56
1,500 Meters	..Alex Webster.....	4:07.67
3,000 Meters	..Brian Rae.....	9:36.61
3,000 Steeple	..Tony Rakaric.....	9:08.55
5,000 Meters	..M. VanDenend	*^13:55.96
10,000 Meters	Eric MacTaggart....	\$28:50.23
400-Meter Relay	40.77
1,600-Meter Relay	3:13.90

Field Events

High JumpJeremy Petsche.....	6-8 3/4
Long JumpMatty Gorman.....	^25-1 1/4
Shot PutShane Maier.....	^60-3 3/4
DiscusTim Brodersen.....	^181-11
HammerRyan Jordan.....	172-6
JavelinKale Katt.....	199-2

^ - regional qualifier, * - school record
\$ - NCAA provisional qualifier

THIS WEEK -- The Hawkeye track and field teams will compete at the co-ed Mark Messersmith Invitational Saturday in Cedar Falls. Field events are scheduled to start at 11 a.m. and running events are set to start at 1:10 p.m. All events will be held at the Mark Messersmith Outdoor Track Complex on the University of Northern Iowa campus.

VANDENEND BREAKS RECORD -- Hawkeye junior distance runner Micah VanDenend broke the school's 38-year-old 5,000-meter record last weekend at the Stanford Invitational in Stanford, CA. VanDenend ran a collegiate-best 13:55.96 for sixth place in the event. Iowa Head Coach Larry Wiczorek set the previous record of 13:56.0 in 1968.

NCAA REGIONAL QUALIFIERS -- The Hawkeyes have qualified 15 individuals to the NCAA Midwest Regional Championships, which will be held May 26-27 in Austin, TX. Their events, qualifying marks and where they rank in the Big Ten, region and nation are listed below.

Women's Regional Qualifiers

Name	Event	Mark	Big 10/Region/Nation
Kineke Alexander	400-Meter Relay	45.11	1st/4th/12th
Meghan Armstrong	5,000 Meters	16:29.09	1st/3th/11th
Ashley Granger	400-Meter Relay	45.11	1st/4th/12th
Tiffany Johnson	100-Meter Hurdles	13.63	1st/5th/16th
	400-Meter Relay	45.11	1st/4th/12th
	Triple Jump	40-9 (12.42 m)	1st/2nd/18th
Peaches Roach	400-Meter Relay	45.11	1st/4th/12th
	High Jump	5-10 3/4 (1.80 m)	1st/3rd/6th
Renee White	Long Jump	19-9 3/4 (6.04 m)	1st/1st/15th

Men's Regional Qualifiers

Name	Event	Mark	Big 10/Region/Nation
Tim Brodersen	Discus	181-11 (55.46 m)	2nd/5th/18th
A.J. Curtis	Shot Put	55-6 1/4 (16.92 m)	9th/12th/46th
Matty Gorman	Long Jump	25-1 1/4 (7.65 m)	1st/4th/5th
Dan Haut	5,000 Meters	14:07.30	2nd/3rd/11th
John Hickey	Shot Put	57-0 1/4 (17.38 m)	6th/9th/29th
Eric MacTaggart	10,000 Meters	28:50.23*	1st/2nd/3rd
Shane Maier	Shot Put	60-3 3/4 (18.38 m)	2nd/5th/12th
Micah VanDenend	5,000 Meters	13:55.96	1st/1st/2nd

* - NCAA provisional qualifier

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2006 WOMEN'S OUTDOOR SCHEDULE & RESULTS

3/17-18	Shamrock Invite	2 champs
3/31-4/1	at Stanford Invite	0 champs
4/1	at Springtime Invite	3 champs
4/8	at Messersmith Invite (Cedar Falls, IA)	
4/13-15	at Mt. SAC Relays <i>(Walnut, CA)</i>	
4/22	Musco Twilight VIII <i>(Iowa City, IA)</i>	
4/27-29	at Drake Relays <i>(Des Moines, IA)</i>	
5/12-15	at Big Ten Championships <i>(East Lansing, MI)</i>	
5/26-27	at NCAA Regional Meet <i>(Austin, TX)</i>	
6/7-10	at NCAA Championships <i>(Sacramento, CA)</i>	

2006 WOMEN'S OUTDOOR SEASON BESTS

Running Events

100 MetersPeaches Roach11.96
100 Hurdles	...Tiffany Johnson ^13.63
200 MetersAshley Granger24.37
400 MetersMonica Mims59.55
400 Hurdles	...Aditya Jones 1:04.64
1,500 Meters	..Nikki Chapple 4:34.54
MileKrista Anderson 4:54.98
3,000 Meters	..Racheal Marchand	... 10:28.45
3,000 Steeple	..Jessica Schmidt 11:20.85
5,000 Meters	..Meghan Armstrong	^16:29.09
400-Meter Relay	^45.11
	<i>(Alexander, Granger, Johnson, Roach)</i>	
1,600-Meter Relay	3:50.18
	<i>(Granger, Johnson, Kerr, McCalla)</i>	

Field Events

High JumpPeaches Roach ^5-10 3/4
Long JumpRenee White ^19-9 3/4
Triple Jump	...Tiffany Johnson ^40-9
JavelinTammilee Kerr 141-9
HammerBecca Franklin 167-0

^ - regional qualifier

LAST WEEK -- The men's and women's teams sent distance runners to the Stanford Invitational in Stanford, CA, while the rest of the squads competed at the UTEP Springtime Invitational in El Paso, TX.

At Stanford, junior **Micah VanDenend** broke Head Coach Larry Wieczorek's 38-year-old 5,000 meter record with a time of 13:55.96. Senior **Dan Haut** and sophomore **Meghan Armstrong** also qualified for the NCAA Midwest Regional in that event. Sophomore **Eric MacTaggart** posted an NCAA provisional qualifying performance in the 10,000 meters (28:50.23), while senior **Tony Rakaric** won the 3,000-meter steeplechase (9:08.55).

In El Paso, the Hawkeyes won seven events and qualified 10 student-athletes for the NCAA Midwest Regional. For the women's team juniors **Tiffany Johnson** (100-meter hurdles) and **Peaches Roach** (high jump) each won individual titles before teaming up with sophomores **Kineke Alexander** and **Ashley Granger** to win the 400-meter relay. Freshman **Renee White** also qualified for the regional meet in the long jump. For the men's team, sophomore **Shane Maier**, freshman **John Hickey** and freshman **A.J. Curtis** finished 1-2-3 in the shot put, with all three qualifying for the regional meet. Senior **Tim Brodersen** won the discus and sophomore **Matty Gorman** won the long jump, both with regional qualifying performances.

HAWKEYE COACHES -- Larry Wieczorek and James Grant are in their 10th seasons at the helm of Iowa men's and women's track, respectively.

During his career at Iowa, **Wieczorek** has coached 23 all-Americans and 35 Big Ten Champions. Iowa's highest conference meet finishes during his tenure are second at the 1999 outdoor meet and fourth at the 1997 indoor meet. As a runner, **Wieczorek** was a six-time Big Ten champion for Iowa, winning four track and two cross country titles. He was also a four-time all-American. In 1998, **Wieczorek** was inducted into the National Iowa Varsity Club Hall of Fame.

In his tenure with the Hawkeyes, **Grant** has coached eight all-Americans and 21 Big Ten champions. Iowa placed third at the 2004 Big Ten Indoor Championships in Iowa City and sixth at the 2003 conference outdoor meet - the team's highest placings during **Grant's** tenure. The third-place indoor finish tied the team's highest conference finish in school history.

NEXT COMPETITION -- The women's team will compete at the Mt. SAC Relays, April 13-15, in Walnut, CA. The men's team will send a split squad to the Tom Botts Invitational in Columbia, MO, and the Sun Angel Classic in Tempe, AZ. Both meets will be held April 14-15.

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