

THE UNIVERSITY OF IOWA



HAWKEYE TRACK & FIELD



WOMEN'S CONTACT: AARON BLAU

MARCH 22, 2004

2004 WOMEN'S OUTDOOR SCHEDULE

M 19-20 at Texas Southern Relays 3 champs
M 27 at Texas-Arlington Invitational
(Arlington, TX)
A 10 at KT Woodman Classic
(Wichita, KS)
at John McDonnell Invite
(Fayetteville, AR)
A 15-18 at Mt. SAC Relays - Walnut, CA
A 17 at UNI Invitational - Cedar Falls
A 22-24 at Drake Relays - Des Moines
M 1 Musco Twilight VI - Iowa City
M 14-16 at Big Ten Championships
(East Lansing, MI)
M 28-29 at NCAA Regional Championships
(College Station, TX)
J 9-12 at NCAA Championships
(Austin, TX)

2004 WOMEN'S OUTDOOR SEASON BESTS

800 Meters ... Sarah Arens 2:16.45
1500 Meters . Georgia Millward 4:56.41
4x100 Meter Relay 46.49
(Herrmann, Johnson, Pedersen, Raymond)
4x200 Meter Relay 1:37.66
(Herrmann, McCalla, Raymond, Roach)
4x800 Meter Relay 9:07.62
(Barber, Laney, Sokol, Stanley)
1,600 Sprint Medley Relay 4:13.42
(Hume, McCalla, Raymond, Williams)
Javelin Alana Redfern *45.52
Pole Vault Jessie Strand 3.60
High Jump Peaches Roach *1.78

* - NCAA Regional Qualifier

THIS WEEK -- The University of Iowa women's track team will travel to Texas this weekend to compete in the Texas-Arlington Relays held at Maverick Stadium in Arlington, TX. Competition begins Saturday at 9:00 a.m.

OUTDOOR SEASON OPENER -- Iowa crowned three champions and had all nine events place in the top ten at the Texas Southern Relays last weekend. Freshman **Peaces Roach**, junior **Alana Redfern**, and the 4x800 meter relay team of **Atalie Barber**, **Jordan Laney**, **Michelle Sokol** and **Shannon Stanley** all won events.

NCAA REGIONAL QUALIFIERS -- Roach and Redfern both qualified for the 2004 NCAA regional championships to be held May 28-29 in College Station, TX. Roach won the high jump at the Texas Southern Relays with a qualifying jump of 5-10 1/4 (1.78 meters). Redfern placed first in the javelin with a qualifying throw of 149.4 (45.52 meters). Redfern's first throw of the 2004 season has already topped her best throw from last year.

HAWKEYES CRACK TOP 20 -- The Hawkeyes are ranked 18th in the most recent United States Track Coaches Association Team Power Ranking. Teams are assigned a point total and ranking based on quality of athletic performance, team depth and dual meet scoring potential. Iowa has earned a score of 263.66. Nebraska is ranked first with 313.95.

HAWKEYE COACHES -- James Grant is in his eighth year at the helm of the women's track and field program. The Hawkeyes crowned two individual champions and recorded their highest placing under Grant (third) and their highest team point total (89) in school history at the 2004 Big Ten indoor championships. During his career at Iowa, Grant has coached eight all-Americans and 16 Big Ten Champions. As a runner, Grant captained Eastern Michigan University's 1970 and 1971 track teams, earning all-America honors while specializing in the 400-meter dash, 400-meter hurdles and the mile relay. Grant is assisted by **Steve Callaway**, who was a decathlete and pole vault school record holder at Indiana, and **Layne Anderson**, a three-time Southern Conference champion who set 10 school records at The Citadel.

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