



April 18, 2004

Women's Track SID: Aaron Blau

IOWA WOMEN'S TRACK AND FIELD
HAWKEYES RUN WELL IN MT. SAC FINALE

WALNUT, CA - The University of Iowa women's track and field team qualified two events for the NCAA Regional Championships and won one event on the final day of competition at the Mt. SAC Relays on Sunday.

Seniors **Shellene Williams** and **Michelle Lahann** both qualified for the NCAA Regional Championships. Williams won the 400 meters with a qualifying time of 53.61 while Lahann placed 13th in 4:24.00. Junior **Aisha Hume** placed 16th in the 800 meters with a time of 2:11.27.

Iowa's next competition is the 95th annual Drake Relays on April 22-24.

INDIVIDUAL RESULTS (Winner Plus Iowa placers)

1,500 Meters

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| 1. | Arianna Lambie (STAN) | 4:16.89 |
| 13. | Michelle Lahann (UI) | 4:24.00 |

400 Meters

- | | | |
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| 1. | Shellene Williams (UI) | 53.61 |
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800 Meters

- | | | |
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| 1. | Nicole Cook (TENN) | 2:05.66 |
| 16. | Aisha Hume (UI) | 2:11.27 |
| 31. | Atalie Barber (UI) | 2:13.62 |
| 33. | Shannon Stanley (UI) | 2:13.76 |

