

# THE UNIVERSITY OF IOWA



## HAWKEYE MEN'S TRACK & FIELD



MEN'S TRACK CONTACT: TRACI WAGNER

APRIL 2, 2007

### 2007 MEN'S OUTDOOR SCHEDULE & RESULTS

Date	Meet - Location/Result
3/16-17	at Willie Williams Classic - 1 champ
3/23-24	at LSU Relays - 0 champs
3/30-31	at Stanford Invite - 0 champs
4/7	at Messersmith Invite - Cedar Falls, IA
4/13-14	at John Jacobs Invite - Norman, OK
4/21	Iowa Musco Twilight IX - Iowa City, IA
4/26-28	at Drake Relays - Des Moines, IA
5/11-13	at Big Ten Champ's - University Park, PA
5/25-26	at NCAA Regional - Des Moines, IA
6/7-9	at NCAA Champ's - Sacramento, CA
6/20-24	at USATF Jr. & Sr. NtIs. - Indianapolis, IN

### 2007 MEN'S OUTDOOR SEASON BESTS

<b>100 Meters</b>	
Max Milder .....	10.87
<b>1,500 Meters</b>	
Jesse Luciano .....	3:49.99
<b>5,000 Meters</b>	
Micah VanDenend .....	13:49.31 <sup>^*</sup>
<b>400-Meter Hurdles</b>	
Ray Varner .....	52.69
<b>1,600-Meter Relay</b>	
Pierre, Elbert, Varner, Riley .....	3:10.50
<b>Sprint Medley Relay</b>	
Milder, Elbert, Riley, Hairston .....	3:23.32
<b>High Jump</b>	
Jeremy Petsche .....	6-4 3/4 (1.95 m)
<b>Long Jump</b>	
Aaron Reed .....	22-11 1/4 (6.99 m)
<b>Shot Put</b>	
John Hickey .....	59-5 1/2 (18.12 m) <sup>^</sup>
<b>Discus</b>	
A.J. Curtis .....	144-4 (44.00 m)
<b>Hammer Throw</b>	
Adam Hamilton .....	200-11 (61.24 m) <sup>^</sup>
<b>Javelin</b>	
Kale Katt .....	196-4 (59.86 m)

<sup>^</sup> -- NCAA Midwest Regional Qualifier  
<sup>\*</sup> -- school record

**THIS WEEK** -- The Iowa men's track team will compete at the co-ed UNI-Mark Messersmith Invitational Saturday in Cedar Falls, IA. All events will be held at the University of Northern Iowa Messersmith Outdoor Track and Field Complex. Field events are set to start at 11 a.m. with running events at 1:10 p.m.

**IOWA'S REGIONAL QUALIFIERS** -- The Hawkeyes have qualified three individuals to the NCAA Midwest Regional, which will be held May 25-26, at Drake Stadium in Des Moines, IA. Their events, qualifying marks and where they rank in the Big Ten, region and nation are listed below.

Name	Event	Mark	Big 10/Region/Nation
John Hickey	Shot Put	59-5 1/2 (18.12 m)	1st/1st/6th
Adam Hamilton	Hammer Throw	200-11 (61.24 m)	1st/3rd/19th
Micah VanDenend	5,000 Meters	13:49.31	1st/2nd/4th

**LAST WEEK** -- Hawkeye senior distance runner **Micah VanDenend** shattered his own school 5,000-meter record Saturday at the Stanford Invitational in Palo Alto, CA. The Glen Ellyn, IL, native became the first Hawkeye in school history to break 13:50 in that event with his time of 13:49.31. He set the previous record of 13:55.96 at the same meet last season. Van Denend, who was the fourth collegian to finish the race and placed seventh overall in the first section, also became the third Hawkeye to qualify for the NCAA Midwest Regional.

Iowa's other two competitors at Stanford were senior **Jeff Kent** and freshman **Jesse Luciano**. Kent placed 10th in the fourth section of the 5,000 meters (14:21.05), while Luciano ran a collegiate-best 3:49.99 to place seventh in the 1,500-meter "B" section.

**HAWKEYE COACHING STAFF** -- Head Coach **Larry Wieczorek** is in his 11th season at the helm of the Iowa men's track team. He has coached 24 all-Americans and 40 Big Ten Champions at Iowa. The team's highest conference meet finishes during his tenure are second at the 1999 outdoor meet and fourth at the 1997 indoor meet. As a runner, **Wieczorek** was a six-time Big Ten champion for Iowa - winning four track and two cross country titles - and a four-time all-American. In 1998, **Wieczorek** was inducted into the National Iowa Varsity Club Hall of Fame. He is assisted by three-time Indiana all-American **Scott Cappos** and World Champion and four-time Northern Iowa all-American **Joey Woody**.

**NEXT COMPETITION** -- The Hawkeyes will compete at the John Jacobs Invitational April 13-14, in Norman, OK. All events will be held at John Jacobs Field on the Oklahoma University campus. Four distance events will take place Friday night, starting at 7:30 p.m. The remainder of the track and field events are scheduled for Saturday. Field events will start at 11 a.m. and running events at 1 p.m.

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### IOWA MUSCO TWILIGHT V SCHEDULE OF EVENTS

#### Field Events

- 3:00 p.m. Discus (M/W)  
Hammer Throw (W/M)  
Long Jump (M/W)  
5:30 Pole Vault (M/W)  
High Jump (W/M)  
6:00 Javelin (W/M)  
Shot Put (M/W)  
6:30 Triple Jump (M/W)

#### Running Events "B" Sections and Prelims

- 3:30 p.m. 100/110-Meter Hurdles (W/M)  
(Prelims - Top 8 to finals)  
3:55 100 Meters (W/M)  
(Prelims - Top 8 to finals)  
4:15 1,500 Meters (W/M)  
4:30 200 Meters (W/M)  
4:45 800 Meters (W/M)  
4:55 400 Meters (W/M)  
5:05 400-Meter Hurdles (W/M)  
5:30 Senior Acknowledgements  
National Anthem  
Opening Ceremonies  
Elementary School Races

#### Running Event Finals

- 6:00 p.m. 400-Meter Relay (W/M)  
6:05 3,000-Meter Steeplechase (W/M)  
6:35 1,500 Meters (W/M)  
6:50 100/110-Meter Hurdles (W/M)  
7:05 400 Meters (W/M)  
7:25 100 Meters (W/M)  
7:35 800 Meters (W/M)  
7:55 400-Meter Hurdles (W/M)  
8:15 200 Meters (W/M)  
8:35 5,000 Meters (W)  
8:55 1,600-Meter Relay (W/M)  
9:10 5,000 Meters (M)

*M -- Men's Event, W -- Women's Event*