



IOWA FIELD HOCKEY

VS NO. 6 PENN STATE / UC DAVIS - IOWA CITY, IOWA

2013 SCHEDULE (10-5, 2-2)

8/30 vs. Bucknell	W, 3-1
9/1 at Lafayette College.....	W, 3-0
9/7 #18 Wake Forest^	W, 2-0
9/8 #1 North Carolina^	L, 3-1
9/13 Central Michigan	W, 7-1
9/15 #10 Stanford.....	L, 2-0
9/21 vs. Drexel.....	L, 2-1
9/22 at Kent State.....	W, 6-0
9/27 at #12 Northwestern*!	L, 4-3
10/5 at #19 Michigan*	L, 3-2
10/7 Missouri State.....	W, 7-1
10/11 Indiana*	W, 5-1
10/13 Pacific.....	W, 7-2
10/18 at Ohio State*	W, 3-1
10/20 at Miami (Ohio)	W, 3-1
10/25 Penn State*!	2 p.m.
10/27 UC Davis.....	1 p.m.
11/2 Michigan State*	1 p.m.

Big Ten Tournament (Columbus, Ohio)		
11/7 First Round!.....	TBA
11/8 Semi Finals!.....	TBA
11/10 Final!	TBA

NCAA Tournament (TBA)		
11/16 First Round	TBA
11/17 Second Round	TBA

All games listed are Central
 ^ Big Ten/ACC Challenge
 * Big Ten Conference Games
 ! Televised by Big Ten Network
 # Streamed live on BTN.com

No.	Team	Points
1.	Maryland (15-1)	825
2.	*North Carolina (12-2)	771
3.	Syracuse (12-2)	752
4.	Connecticut (13-2)	686
5.	Virginia (15-3)	660
6.	Penn State (11-3)	630
7.	Boston College (11-4)	563
8.	Duke (11-4)	551
9.	Princeton (8-4)	465
10.	Old Dominion (9-6)	397
11.	*Stanford (11-4)	382
12.	Massachusetts (12-4)	353
13.	*Northwestern (12-4)	288
14.	Louisville (12-4)	246
15.	Albany (13-3)	233
16.	*Wake Forest (10-6)	225
17.	Temple (12-4)	190
18.	American (10-4)	158
19.	IOWA (10-5)	128
20.	New Hampshire (9-6)	78

* - 2013 Opponent

THIS WEEK

The 19th-ranked University of Iowa field hockey team continues action with a pair of home games this weekend at Grant Field. The Hawkeyes host No. 6 Penn State on Friday at 2 p.m. (CT), followed by a match against UC Davis on Sunday at 1 p.m. (CT). The Penn State match can be seen live on the Big Ten Network. Lisa Byington and Kara Lentz will call the action.

SILFER NAMED B1G FRESHMAN OF THE WEEK

Jessy Silfer was named Big Ten Freshman of the week on Oct. 22, helping anchor an Iowa defense that allowed only two goals in the Hawkeyes' two victories this past weekend. Silfer and the Hawkeyes first took down Ohio State (Oct. 18), 3-1, surrendering only eight shots. Next, Iowa defeated Miami (Ohio) last Sunday, 3-1, and only allowed seven shots. Iowa has won five Player of the Week awards this season.

SCOUTING PENN STATE

No. 6 Penn State carries an 11-3 record into Iowa City this weekend, including a 4-0 conference mark. Penn State is riding a 10-game winning streak. The Nittany Lions are led by head coach Charlene Morett. Morett is in her 26th season at the helm of the program. On the field, Penn State is led by Taylor Herold. Herold leads the team with 24 points, including 10 goals.

SCOUTING UC DAVIS

UC Davis holds a 4-10 record overall, including a 2-3 conference mark. The Aggies head into Iowa City having lost three of their last four games. Their last victory was a 2-0 win over California on Oct. 13. UC Davis is led by interim head coach Austin Pile. On the field, the Aggies are led by Jamie Garcia and Cloey LemMon. Both Garcia and LemMon lead the team with 13 points apiece.

CAFONE BEST IN BIG TEN

As of Oct. 21, Iowa sophomore Natalie Cafone leads the conference with 40 points. Cafone is currently lighting up the competition, having scored 17 goals, most in the Big Ten, to go along with six assists. Cafone's 2.67 points per game average is also in tops in the Big Ten. Cafone ranks in the top-10 in every major offensive category in the conference: shots (5th), points (1st), goals (1st), assists (6th), game winning goals (2nd). Cafone ranks second nationally in points per game and fourth nationally in goals per game.

HAWKEYES TO HONOR SENIORS

Iowa will honor its senior class Oct. 27 at Grant Field before facing UC Davis. The Hawkeyes senior class includes Kelsey Boyce, Aubrey Coleman, Karli Johansen, Kelsey Mitchell, Danielle Peirson, Niki Schulteis, and Marike Stribos. These seven seniors have provided leadership on and off the field, and have helped carry on the tradition of excellence within the Iowa field hockey program for the past four years. The class has accounted for 10 academic All-Big Ten accolades, nine NFCA National Academic Squad members, two All-Big Ten tournament selections, and one regional All-American. This class has helped lead Iowa to two-straight NCAA tournament appearances.

IOWA WINS 5TH-STRAIGHT

Iowa defeated Miami (Ohio), 3-1, last Sunday. The victory extends the Hawkeyes winning streak to five in a row. Iowa jumped out to an early lead as Natalie Cafone scored an unassisted goal off a rebound at the 14:08 mark to give the visitors a 1-0 lead. The Hawkeyes controlled play much of the first half outshooting Miami (Ohio), 9-2. It was Cafone again in the second half scoring another unassisted goal to put the Hawkeyes up by two. Cafone worked her way into the circle and hit the top of the net for the goal. Miami (Ohio) fought back as Ali Froede scored at the 48:39 mark to make it a one goal game but the Hawkeyes answered right back as Sara Watro put the game out of reach redirecting a shot from Dani Hemeon for the goal.

HAWKEYES TAKE DOWN OHIO STATE, 3-1

Iowa defeated Ohio State, 3-1, last Friday at Buckeye Varsity Field. The Hawkeyes started off fast as Natalie Cafone scored her 14th goal of the season at the 13:25 mark to put the Hawkeyes up early, 1-0. Cafone worked her way into the circle and shot back to the right to beat the Buckeye goalkeeper. Ohio State fought back and tied the score just before the end of the first goal as Mona Frommhold netted her fourth goal of the season. Cafone took matters into her own hands once again at the start of the second half scoring at the 40:37 mark. After working her way into the circle Cafone shot back to the left this time to beat the Buckeye goalkeeper for her 15th goal of the season. Dani Hemeon followed that up with her 11th goal of the season scoring from the right side of the circle at the 54:56 mark. Cafone assisted on the play.

BIG TEN STANDINGS

	Conf.	Over.
Penn State	4-0	11-3
Northwestern	3-1	12-4
Michigan State	3-1	7-8
IOWA	2-2	10-5
Michigan	2-2	9-6
Indiana	0-4	7-8
Ohio State	0-4	4-10

2013 ROSTER

1	Chandler Ackers	Fr.
2	Aubrey Coleman	Sr.
7	Sophie Plasteras	Fr.
8	Stephanie Norlander	Fr.
9	Natalie Cafone	So.
10	Sara Watro	Jr.
11	Brynn Gitt	Jr.
12	Kelsey Mitchell	Sr.
14	Marika Stribos	Jr.
16	Jessy Silfer	Fr.
17	Danielle Peirson	RS Jr.
18	Karli Johansen	Sr.
19	Dani Hemeon	Jr.
21	Isabella Licciardello	So.
22	Ali Campos	Fr.
28	Kelsey Boyce	RS Sr.
44	Alexandra Pecora	Fr.
49	Niki Schultheis	Sr.
54	Liz Leh	So.

ATHLETIC COMMUNICATIONS

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MEDIA INFORMATION

PRACTICE ATTENDANCE - All practices are open to the media, and interviews may be conducted 15 minutes prior to or at the completion of practice. However, media must inform Jimmy Novak of their intention to attend practice. The Hawkeyes practice daily from 2:30-5 p.m. at Grant Field.

PLAYER INTERVIEWS - All player interviews are coordinated through Jimmy of the sports information office. Please contact Jimmy (319-335-9411) so that he may set a time which does not interfere with the student-athlete's academic or practice schedules.

HEMEON, NORLANDER NAMED BIG PLAYERS OF WEEK

Iowa junior Dani Hemeon and freshman Stephanie Norlander earned Big Ten Offensive Player of the Week and Freshman of the Week, respectively, on Oct. 15. The weekly honor was the first of Hemeon's career, while it was the second honor for Norlander. She earned Freshman of the Week honors on Sept. 24. Hemeon exploded offensively for the Hawkeyes, scoring four goals in two games, including a hat trick in the 5-1 win against Big Ten foe Indiana (Oct. 11). Hemeon's hat trick was the first by a Hawkeye since sophomore Natalie Cafone accomplished the feat at Kent State on Sept. 22. Hemeon is second on the team in points with 22, including 10 goals. Norlander was a big part of Iowa's two victories over the weekend, scoring a goal on three shots. Norlander scored the opening goal against Pacific (Oct. 13), which helped set the tone early. Iowa went on to beat Pacific, 7-2. Norlander is fourth on the team in points with 12, including six goals. Iowa has won five Player of the Week awards this season. Cafone was named Offensive Player of the Week on Sept. 24.

3 HAWKEYES COMPETE IN PAN AMERICAN CUP

Iowa freshman Stephanie Norlander and former Hawkeye All-Americans Jessica Barnett and Meghan Beamesderfer competed in the 2013 Pan American Cup, Sept. 21-28, in Mendoza, Argentina. Norlander and Barnett represent ed-Canada, while Beamesderfer played for the United States National Team. Beamesderfer earned a silver medal as the United States placed second, while Norlander and Barnett received bronze medals for a third place finish with Team Canada. Norlander was the youngest player on Team Canada.

HAWKEYES DANCING AGAIN

Iowa garnered an at-large bid to the NCAA Tournament for the second-straight season last year, earning back-to-back bids for the first time since 2007-08. The Hawkeyes fell in the first round of the tournament at No. 7 Virginia, 3-2.

HAWKEYES ON BTN

The Big Ten Network will be airing at least two Hawkeye contests this season. Iowa appeared on BTN on Sept. 27 at Northwestern. The Hawkeyes host Penn State, Oct. 25, at 2 p.m. (CT) at Grant Field in another BTN game. In addition, home matches against Stanford (9/15), Missouri State (10/7), Indiana (10/11), and Pacific (10/13) were shown on the Big Ten Digital Network.

IOWA IN THE NCAA TOURNAMENT

The Hawkeyes were selected to the NCAA Tournament last year for the sixth time in nine years, and for the 22nd time in program history -- the most of any school as a member of the Big Ten Conference. The Hawkeyes are 26-23 all-time in tournament play, including 9-5 in first round match-ups and 11-6 in second round contests. Iowa has advanced to 11 NCAA Final Fours, winning the 1986 national championship. The Hawkeyes 26 tournament victories and 11 NCAA Final Fours are the most of any school as a member of the Big Ten Conference.

IOWA NEWCOMERS

The Black and Gold feature six freshmen on the 2013 roster. Jessy Silfer and Chandler Ackers have both seen action in the backfield. Ali Campos, Stephanie Norlander, and Sophie Plasteras have contributed to the Hawkeye forward line. Freshman goal keeper Alexandra Pecora earned her first career win on Oct. 7 against Missouri State.

LOOKING AHEAD

The Hawkeyes will play their last game of the regular season on Nov. 2 against Michigan State at Grant Field. Game time is set for 1 p.m. (CT).

HAWKEYES ON WATCH LIST

Three University of Iowa field hockey players -- Karli Johansen, Niki Schultheis, and Marika Stribos -- appear on the 2013 Big Ten Field Hockey Players to Watch List.

Johansen, a senior from North Vancouver, Canada, has played in 61 career games and made 56 starts for the Hawkeyes. She was named to the Big Ten All-Tournament team as a sophomore and junior. Johansen was selected to the Canadian Women's National Team in April. Johansen, who served as captain of the Canadian Junior World Cup Team in July, is one of eight Big Ten field hockey standouts also named to the list last season.

Schultheis, a senior from Hamburg, Germany, enters her fourth year as a starter for the Hawkeyes. Schultheis started all 21 games and posted a career-high 10 assists in 2012. The 10 assists marked the second-highest total on the team and ranked 10th in the Big Ten. Schultheis is a two-time Academic All-Big Ten honoree and a three-time NFCA National Academic Squad member.

Stribos, a senior from Brussels, Belgium, has played in 64 career games for the Hawkeyes with 63 career starts. Last season as a junior, Stribos was named a Longstreth/NFCA First Team West Region All-American, in addition to being a second team All-Big Ten selection. She is a two-time Academic All-Big Ten honoree and a three-time NFCA National Academic Squad member.

DR. GRANT SELECTED TO NFCA HALL OF FAME

Former University of Iowa women's athletic director Dr. Christine H.B. Grant has been selected to the NFCA Hall of Fame. Grant joins Virginia head coach Michele Madison, a former Iowa assistant (1982-89), and Ursinus College head coach Laura Moliken in the Class of 2013.

A pioneer in intercollegiate athletics in the United States, Grant became the first women's athletics director at the University of Iowa in 1973. In her 27 years at the helm of a separate Women's Athletic Department, Grant helped coaches develop highly competitive teams at the national level and at the conference level where they won 27 Big Ten Conference titles. A native of Scotland, Grant has earned national acclaim for her dedication to gender equity in athletics. She has testified on Title IX and Gender Equity before several U.S. House of Representatives Subcommittees and has served as an expert witness in many Title IX lawsuits. She served as President of both the AIAW and the NACWAA.

She was given an Honorary Doctorate of Humane Letters by Luther College and also by the University of Northern Iowa and named one of the 100 Most Influential Sports Educators in America by the Institute of International Sport.

Iowa's home facility -- Grant Field -- is named in honor of Grant, the founder of Iowa field hockey.

FOLLOW THE HAWKEYES ON FACEBOOK AND TWITTER

Become fans of the official Iowa Field Hockey fan page by going to facebook.com/iowafieldhockey to follow the Hawkeyes on Facebook. Fans can also follow the Black and Gold on Twitter and Instagram (@iowafieldhockey).