

IOWA HAWKEYES

University of Iowa Athletic Communications – Jordan Bucher, Cross Country Contact



CROSS COUNTRY WEEKLY RELEASE

Sept. 2, 2015

2015 SCHEDULE

Date	Opponent (Location)	Time
9/4	Early Bird Invitational (Iowa City, Iowa)	6 p.m.
9/11	Illinois State Invitational (Normal, Illinois).....	5 p.m.
10/2	Notre Dame Invitational (South Bend, Indiana)..	1 p.m.
10/16	Bradley Pink Classic (Peoria, Illinois)	3 p.m.
11/1	Big Ten Championships (Evanston, Illinois)	TBA
11/13	NCAA Midwest Regional (Lawrence, Kansas)	TBA
11/21	NCAA Championships (Louisville, Kentucky)	TBA

All times are Central and subject to change.

Home events in **BOLD**.

2015 QUICK FACTS

General Information

Location: Iowa City, Iowa

Enrollment: 31,498

Conference: Big Ten

Facility: Ashton Cross Country Course

Coaching Information

Head Coach: Layne Anderson

Year at Iowa: 13th

Alma Mater, Year: The Citadel, 1989

Volunteer Assistant Coach: John Michael Brandt

Year at Iowa: 2nd

Alma Mater, Year: Iowa, 2013

Student-Assistant Coach: Kevin Lewis

Year at Iowa: 1st

Alma Mater, Year: Iowa, 2015

Media Information

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FOLLOW THE HAWKS

Facebook: U of I Cross Country and Track & Field

Twitter: @IowaXC_TF

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World Wide Web: hawkeyesports.com

THIS WEEK

The University of Iowa men's and women's cross country teams kick off the 2015 season hosting the Hawkeye Early Bird Invitational on Friday. The Hawkeyes host Illinois State, Iowa State, and Northern Iowa at the Ashton Cross Country Course. The women's 3,000-meter race begins at 6 p.m. (CT). The men run the 6,000 meters at 6:45 p.m. Admission is free.

HAWKEYE NEWCOMERS

The men's cross country team added 13 student-athletes to its 2015 roster – Michael Destache, Andrew Dixon, Ian Eklin, Bailey Hesse-Withbroe, David Kampf, Kallin Khan, Eric Lenz, Christian Moore, Jack Moss, Cole Mullins, Daniel Murphy, Charles Nash, Dylan Southall. Ashley Espinosa, Maaik Frerking, Lauren Opatrny, Abby Sears, Andrea Shine, and Madison Waymire are new additions to the women's team.

A LOOK INTO THE 2015 SEASON

The Hawkeye women return four student-athletes from its 2014 Big Ten Championship team, including Marta Bote Gonzalez (So.), Kelly Breen (So.), Carolyn Newhouse (Jr.), and Tess Wilberding (Jr.). Seven men from last year's conference championships return, including Ben Anderson (Jr.), Kevin Docherty (Jr.), Nate Ferree (Jr.), Sam Fourman (graduate student), Anthony Gregorio (Sr.), Daniel Huff (Jr.), and Michael Melchert (So.).

IN THE RANKINGS

The University of Iowa men's and women's cross country teams are ranked seventh and 11th, respectively, in the United States Track and Field/Cross Country Coaches Association preseason regional polls. The Hawkeye men are ranked in the same position they finished at the 2014 NCAA Midwest Regional, while the Hawkeye women moved up two positions from their 13th place finish at the 2014 NCAA Midwest Regional.

NEWHOUSE, ANDERSON OUT IN FRONT

Junior Carolyn Newhouse returns as Iowa's top performer in the women's 5,000 meters (17:39.9). She was Iowa's top runner in two races, and placed among the Hawkeyes' top three on five occasions. She was one of two Hawkeyes (Jocelyn Todd) to compete in all seven races last season, and was the 2014 recipient of Iowa's Big Ten sportsmanship award.

Junior Ben Anderson was Iowa's top finisher in two races last season and was the second Hawkeye to cross the finish in three races. He was one of two Hawkeyes (Anthony Gregorio) to compete at all seven meets.

HEAD COACH LAYNE ANDERSON

Layne Anderson is in his 13th year as head coach of Iowa women's cross country team, and second year as head coach of the men's cross country team. He has coached seven All-Americans and one Big Ten champion.

ASSISTANT COACHES

Jon Michael Brandt is in his second season volunteer assistant coach. Brandt was a five-time letterwinner for Iowa, finishing his collegiate career with a 15th place finish at the Big Ten Outdoor Championships in the 10,000 meters. Kevin Lewis returns to the cross country team this season as a volunteer student-assistant coach. He was a seven-time letterwinner for the Hawkeyes in cross country and track and field from 2011-2015.

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Men's Top 10 All-Time Best Performers

6,000 Meters

1. Eric MacTaggart 18:18 2005 Hawkeye Invite
2. Jeff Thode..... 18:21 2009 Hawkeye Invite
3. Dan Haut 18:24 2005 Hawkeye Invite
4. Jeff Kent 18:27 2005 Hawkeye Invite
5. Nick Holmes 18:30 2009 Hawkeye Invite
6. Adam Roche 18:33 2005 Hawkeye Invite
Sam Bailin..... 18:33 2009 Hawkeye Invite
Kevin Lewis..... 18:33 2013 Iowa Invite
9. Jesse Luciano..... 18:40 2008 Hawkeye Invite
10. Tommy Tate 18:41 at 2006 Early Bird Invite

8,000 Meters

1. Jesse Luciano..... 23:01 at 2008 Auburn Invite
2. Micah VanDenend..... 23:39 at 2006 Pre-Nationals
3. Eric MacTaggart 23:24 at 2008 Auburn Invite
4. Jeff Thode..... 23:27 at 2010 Bradley Classic
5. Sam Bailin..... 23:36 at 2008 Auburn Invite
6. Tommy Tate 23:46 at 2008 Auburn Invite
7. Mark Battista..... 23:48 at 2008 Auburn Invite
8. **Kevin Lewis..... 23:52 at 2014 Big Ten Champ's**
9. Andy Napier 23:56 at 2008 Auburn Invite
10. Brendan Camplin..... 24:01 at 2008 Auburn Invite

10,000 Meters

1. Jeff Thode..... 29:55 at 2010 NCAA Regional
2. Matt Esche 30:10 at 2002 NCAA Regional
3. Jesse Luciano..... 30:17 at 2008 NCAA Champ's
4. Micah VanDenend..... 30:26 at 2002 NCAA Regional
5. Kevin Herd..... 30:28 1993
6. Joe Welter 30:28 at 2002 NCAA Regional
7. Tony Rakaric..... 30:31 at 2002 NCAA Regional
8. **Kevin Lewis..... 30:35 at 2014 NCAA Regional**
9. Dan Haut 30:39 at 2002 NCAA Regional
10. Alex Webster..... 30:40 at 2006 NCAA Regional

Ashton Cross Country Course Records

Women's 3,000 Meters

Diane Nukuri, Iowa - Hawkeye Open - 9/9/06..... 9:47

Women's 4,000 Meters

Diane Nukuri, Iowa - Hawkeye Open - 9/15/07..... 13:14

Women's 6,000 Meters

Danette Doetzel, Michigan State - B1G Champ's - 10/31/04..... 20:33

Men's 6,000 Meters

Eric MacTaggart, Iowa - Hawkeye Invitational - 9/2/05..... 18:18

Men's 8,000 Meters

Simon Bairu, Wisconsin - Big Ten Champ's - 10/31/04..... 23:45

Men's 10,000 Meters

Antonio Vega, Minnesota - NCAA Regional - 11/12/05..... 30:52

Women's Top 10 All-Time Best Performers

3,000 Meters

1. Diane Nukuri 9:47 2006 Hawkeye Open
2. Meghan Armstrong 10:01 2006 Hawkeye Open
3. Brooke Eilers..... 10:15 2010 Iowa Invite
4. Besty Flood..... 10:18 2010 Iowa Invite
5. Amanda Hardesty..... 10:21 2009 Hawkeye Invite
Lauren Hardesty 10:21 2010 Hawkeye Invite
7. Kelsey Hart 10:22 2011 Iowa Invite
8. Shannon Stanley..... 10:25 2006 Hawkeye Open
Krista Anderson 10:25 2006 Hawkeye Open
Racheal Marchand..... 10:25 2008 Hawkeye Invite

4,000 Meters

1. Diane Nukuri 13:14 2007 Hawkeye Open
2. Kayla Beattie..... 13:41 2012 Toledo Bubble Buster
3. Megan Ranegar 13:45 2012 Toledo Bubble Buster
4. Meghan Armstrong 13:47 2007 Hawkeye Open
Mareike Schrulle..... 13:47 2012 Toledo Bubble Buster
6. Nicole Benson..... 13:52 2012 Toledo Bubble Buster
7. Jolly Burke 14:03 2007 Hawkeye Open
8. Nikki Chapple 14:09 2004 Hawkeye Triangular
9. Krista Anderson 14:14 2007 Hawkeye Open
10. **Lisa Gordon..... 14:17 2012 Toledo Bubble Buster**

5,000 Meters

1. Diane Nukuri 15:55 at 2007 Auburn Invite
2. Racheal Marchand..... 16:15 at 2008 Auburn Invite
3. Meghan Armstrong 16:25 at 2007 Auburn Invite
4. Nan Doak..... 16:31 at 1983 Big Ten Champ's
5. Jolly Burke 16:33 at 2007 Auburn Invite
6. Jenny Spangler 16:34 at 1983 Big Ten Champ's
7. Renee Doyle 16:41 at 1986 Purdue Invite
8. Tracy Dahl..... 16:42 at 1991 Illinois St. Invite
9. Sarah Spencer Perry 16:50 at 2008 Auburn Invite
10. Brooke Eilers..... 16:53 at 2008 Auburn Invite

6,000 Meters

1. Diane Nukuri 19:37 at 2007 NCAA Regional
..... at 2007 Big Ten Champ's
2. Mareike Schrulle..... 19:43 at 2012 NCAA Champ's
3. Racheal Marchand..... 19:54 at 2008 NCAA Champ's
4. Meghan Armstrong 20:07 at 2007 NCAA Regional
5. Jolly Burke 20:20 at 2007 Big Ten Champ's
6. Betsy Flood..... 20:22 at 2010 NCAA Regional
7. McKenzie Melander 20:41 at 2011 Big Ten Champ's
8. Megan Ranegar 20:43 at 2012 NCAA Champ's
9. Kayla Beattie..... 20:54 at 2011 Wisconsin Invite
10. Nikki Chapple 21:04 at 2004 NCAA Regional

* - This time is also the Big Ten Championships Record.

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