



# IOWA HAWKEYES

## MEN'S SWIMMING & DIVING

ESTABLISHED 1917

**2014-15 SCHEDULE**

<b>Date</b>	<b>Opponent</b>	<b>Time</b>
Oct. 3-4	*Michigan (Iowa City, Iowa)	L, 173-119
Oct. 11	Intrasquad Meet (Iowa City, Iowa)	Black, 86.5-85.5
Oct. 17	*at Michigan State (East Lansing, Mich.)	W, 174-126
Oct. 31	*at Minnesota (Minneapolis)	L, 163-137
Dec. 5-7	Hawkeye Invitational (Iowa City, Iowa)	1st, 918.5
Jan. 3	South Dakota State (St. Petersburg, Fla.)	W, 126-90
Jan. 24	*Northwestern (Iowa City, Iowa)	W, 171-129
<b>Jan. 30-31</b>	<b>at Shamrock Invitational</b>	<b>All Day</b>
	<b>(South Bend, Ind.)</b>	
Feb. 6	Western Illinois (Iowa City, Iowa)	6 p.m.
Feb. 25-28	Big Ten Championships (Iowa City, Iowa)	All Day
March 1	Big Ten Long Course Invite (Iowa City, Iowa)	10 a.m.
March 9-11	NCAA Zone Diving (Iowa City, Iowa)	All Day
March 26-28	NCAA Championships (Iowa City, Iowa)	All Day
April 11	Long Course Intrasquad (Iowa City, Iowa)	10 a.m.

All times Central and subject to change.

\* - Big Ten dual |

**IOWA ATHLETIC COMMUNICATIONS**

Assistant Director \_\_\_\_\_ James Allan  
 Email \_\_\_\_\_ james-allan@uiowa.edu  
 Cell Phone \_\_\_\_\_ (319) 530-5792  
 Swimming & Diving Contact \_\_\_\_\_ Ben Schmitz  
 Email \_\_\_\_\_ benjamin-schmitz@uiowa.edu  
 Cell Phone \_\_\_\_\_ 319-238-1354  
 Athletic Communications Phone \_\_\_\_\_ (319) 335-9411  
 Athletic Communications Fax \_\_\_\_\_ (319) 335-9417  
 Website \_\_\_\_\_ hawkeyesports.com

**THIS WEEK**

The No. 19 University of Iowa men's swimming and diving team travels to South Bend, Indiana, taking part in the two-day Shamrock Invitational on Friday and Saturday at the Rolfs Aquatic Center.

**LIVE RESULTS**

Fans can follow this week's action <http://www.und.com/livestats/m-swim/013015/index.htm>, and on the "Meet Mobile" swim meet application on cell phones and tablets. Download the application at this link: <http://www.active.com/mobile/meet-mobile-app>.

**LOOKING AHEAD**

The Hawkeyes return to action Feb. 6, hosting Western Illinois and South Dakota at 6 p.m. (CT) in the Campus Recreation and Wellness Center Natatorium in Iowa City.

**SCOUTING THE FIELD**

The Hawkeyes join a four-team field this weekend, competing alongside Notre Dame, Missouri State, and Incarnate Word.

**CSCAA TOP-25 RANKINGS**

Iowa ranks 19th in the most recent College Swimming Coaches Association of America (CSCAA) Division I team ranking, announced Jan. 22, by the CSCAA. Iowa is one of six Big Ten schools in the Top-25: No. 6 Michigan, No. 9 Indiana, No. 12 Ohio State, No. 17 Wisconsin, and No. 23 Minnesota. Penn State also received votes.

**IN THE NATIONAL RANKINGS**

UI senior Grant Betulkius ranks second nationally in the 100 back (45.56) and 13th in the 200 back (1:42.19). Roman Trussov ranks 14th in the 100 breast (52.98) and 19th in the 200 breast (1:55.95). Jerzy Twarowski ranks 11th in the 200 fly (1:44.00) and 13th in the 100 fly (46.78).

**ALL-TIME SERIES**

This weekend's competition will be scored as individual head-to-head competitions as opposed to a traditional invite format. In head-to-head competition, Iowa holds the all-time series against Notre Dame (4-2-0) and Missouri State (2-1). It will mark the first head-to-head meeting between Iowa and Incarnate Word.

**WE MEET AGAIN**

Iowa has familiarity with Notre Dame and Missouri State in recent years. The Hawkeyes defeated Notre Dame earlier this season at the Hawkeye Invite on Dec. 7. Iowa also squared off with Missouri State in 2013 at the Northwestern Invitational downing the Bears, 246-122.

**QUICK-CAP VS. NORTHWESTERN**

Iowa won its third-straight outing on Jan. 24, posting a 171-129 Big Ten win over Northwestern at the Campus Recreation and Wellness Center Natatorium in Iowa City, Iowa.

**BOSCHULT MAKES NATIONALS DEBUT**

UI junior Addison Boschult made his nationals debut on Dec. 18, competing on the platform at the 2014 USA Winter Diving Nationals. The Omaha, Nebraska, native finished 11th after posting a score of 1,050.45 in the finals.





Marc Long is entering his 11th season as head coach for the University of Iowa swimming and diving team, and 10th leading both the men and women's squads. He served two seasons as the Iowa women's assistant coach (2003-04) before taking over the helm for the 2004-05 season. He also served as the Hawkeye men's assistant coach from 1998-2001.

During his tenure as head coach of both programs, 87 school records have fallen and 144 Hawkeyes have automatically or provisionally qualified for the NCAA Championships.

In 2013-14, Long guided the women's team to a 9-5 dual record with the nine victories being the second-highest total for the program in his tenure. The Hawkeyes went 4-3 in Big Ten duals, which led to a No. 20 ranking in the collegeswimming.

com poll on Dec. 29. The team posted school records in four individual and four relays throughout the course of the season.

The UI men's squad was ranked as high as No. 21 in the CSCAA poll for three weeks and three school records went down in 2013-14. Long coached senior Dustin Rhoads to the NCAA Championships in the 100 and 200-yard backstroke events, marking the fourth-straight year the Hawkeyes have been represented at the championship.

Both the men's and women's squads posted eighth place finishes at the 2014 Big Ten Championships. The UI women finished with 199 points, while the men tallied 188 points. At season's end, 31 Hawkeyes were named Academic All-Big Ten honorees -- the 19 women's selections were a school record, while the men tied a record with 12 receiving the accolade.

**UNIVERSITY QUICK FACTS**

Location: ..... Iowa City, Iowa  
 Enrollment ..... 31,065  
 Founded: ..... 1847  
 Nickname: ..... Hawkeyes  
 Colors ..... Black and Gold  
 Conference: ..... Big Ten  
 National Affiliation ..... NCAA, Division I  
 President: ..... Sally Mason  
 Director of Athletics: ..... Gary Barta  
 Swimming & Diving Administrator: ..... Jane Meyer  
 Swimming & Diving Secretary: ..... Marie Kasperak  
 Swimming & Diving Office ..... 319-335-9741  
 Home Facility .. Campus Recreation and Wellness Center (CRWC)  
 Capacity ..... 1,000

**TEAM INFORMATION**

Head Coach ..... Marc Long  
 Alma Mater/Year ..... Iowa, 1991  
 Men's Record at Iowa/Years ..... 51-33/9  
 Women's Record at Iowa/Years ..... 71-51/10  
 Email ..... marc-long@uiowa.edu  
 Associate Head Coach ..... Frannie Malone  
 Alma Mater/Year ..... Iowa, 2000  
 Email ..... frannie-malone@uiowa.edu  
 Diving Coach ..... Todd Waikel  
 Alma Mater/Year ..... Purdue, 1994  
 Email ..... todd-waikel@uiowa.edu  
 Assistant Coach ..... Nathan Mundt  
 Alma Mater/Year ..... Tampa, 2001  
 Email ..... nathan-mundt@uiowa.edu  
 Assistant Coach ..... Kristine Brager  
 Alma Mater/Year ..... Wisconsin, 2008  
 Email ..... kristine-brager@uiowa.edu  
 Assistant Coach ..... Brandon King  
 Alma Mater/Year ..... Hope College, 2010  
 Email ..... brandon-king@uiowa.edu  
 Men's Letterwinners Returning/Lost ..... 20/13  
 Women's Letterwinners Returning/Lost ..... 20/9

**RECORD-BREAKING WEEKEND**

Five school records fell at the Hawkeye Invite from Dec. 5-7, in the CRWC Natatorium.  
 Jerzy Twarowski: 100 butterfly (46.70), 200 butterfly (1:44.00).  
 Grant Betulius: 100 backstroke (45.56).  
 Roman Trussov: 100 breaststroke (52.98).  
 Addison Boschult: platform diving (394.35).

**BETULIUS QUALIFIES FOR NATIONALS**

UI senior Grant Betulius posted an NCAA 'A' cut time of 45.56 in the 100 backstroke to lead off the 400-medley relay on Dec. 5, at the Hawkeye Invite. Betulius, a native of Naperville, Illinois, smashed the previous record, held by Dustin Rhoads (46.33) and topped the pool record of 46.30 that has held since the 2012 Big Ten Championships.

**SWIMMING TO THE POSTSEASON**

Eight Hawkeyes -- Jerzy Twarowski (2), Roman Trussov (2), Jackson Halsmer (2), David Ernstsson (1), Chris Dawson (3), Grant Betulius (2), Chris Freeman (2), and Andrew Parker (1) -- have a combined 15 NCAA 'B' cut times in 2014. Betulius also holds an NCAA 'A' cut time in the 100 back (45.56).

**DIVING TO THE POSTSEASON**

Two Hawkeyes have posted NCAA Zone Standard diving scores on the 1-meter, 3-meter, and platform. Brandis Heffner posted qualifying dives on the 1-meter (325.88) and 3-meter (339.00). Addison Boschult posted qualifying dives on the 1-meter (310.95), 3-meter (367.13), and platform (394.35).

**TRUSSOV LEADS BREASTSTROKERS**

Junior Roman Trussov returns to lead the Iowa breaststrokeroes in 2014-15. The Kazakhstan native qualified for the NCAA Championships in both the 100 and 200 breaststroke as a freshman. He currently is the Iowa school record holder in the 100 (52.98) and 200 breaststroke (1:55.84).

**NEWCOMERS STEPPING UP**

Two freshmen have posted top times for the Hawkeyes in 2014. Jerzy Twarowski has posted season bests in the 100 (46.70) and 200 butterfly (1:44.00), and holds the second-best time in the 200 IM (1:51.15). Chris Dawson posted top times in the 500 free (4:28.39), 1,000 freestyle (9:22.75), and the 1,650 free (15:28.38) as well as the 400 IM (3:56.72). Garrett Hoce holds the second-best time in the 400 IM (4:01.48). Two of Iowa's relay events include at least one newcomer as a member of the top quartets.

**TWAROWSKI: BIG NEWCOMER OF THE WEEK**

UI freshman Jerzy Twarowski was named the Big Ten Freshman of the Week on Nov. 4. Twarowski earned the accolade after a breakout meet in the dual against Minnesota on Oct. 31. The Krakow, Poland, native claimed three top finishes and swam to season-best times in the 200-yard medley relay (1:29.46), 100 fly (48.65), and 200-fly, where he touched in with an NCAA 'B' cut time of 1:47.55.

**CHAMPIONSHIP SEASON**

Six Hawkeyes competed in the Phillips 66 National Championships this past summer in Irvine, Calif. Senior Grant Betulius, juniors Mike Nelson, Brian Donatelli and Colleen Champa, and sophomores Kyle Patnode and Emma Sougstad each took part in competition. Sougstad earned a 16th-place finish in the 100 breaststroke.



**BETULIUS BACK FOR SENIOR SEASON**

Senior Grant Betulius returns as the most accomplished swimmer on the Hawkeye roster after garnering honorable mention All-America honor in three events in 2013 – 100 back and 200 and 400-medley relays. The Naperville, Illinois, native is the Iowa school record holder in four events -- 100 back (46.33), 200-medley relay (1:25.82), 400-medley relay (3:09.66), and 800-free relay (6:26.79) -- heading into his senior season. Betulius posted NCAA "B" qualifying times in both the 100 and 200 backstroke last season. Betulius swam to the Hawkeyes lone win in the 100 backstroke against Michigan on Oct. 4. The Naperville, Illinois, native recorded a time of 49.27.

**OFF THE HIGH DIVE**

The Iowa diving team has experience and youth on its roster in 2014-15. The Hawkeyes return junior Addison Boschult and sophomore Brandis Heffner, while welcoming two incoming freshmen -- Evan Hull and Matt Mauser. Boschult led the Hawkeyes in 3-meter (343.20) and platform (381.50) last season. He qualified for NCAA Zone Diving in both events and finished fifth at the NCAA Zone D Diving Championships with a school-record score of 381.50 points on the platform. Boschult capped the 2013-14 season by garnering the "Lobby" Lobdell Award as the men's diving MVP.

**FREEMAN JOINS STAFF**

Former Hawkeye All-American Deidre Freeman joins the Iowa coaching staff as a volunteer assistant coach. Freeman, who coached from 2011-14 at Grinnell High School and Grinnell College, will work with diving coach Todd Waikel and the divers. Freeman is an accomplished diver in her own regard, as she was 1-of-14 women named to the 2014 AT&T Olympic Performance Squad. The group includes divers who most exhibit the skill and determination to become 2016 Olympic Team members. Freeman is still the Iowa record holder on both the 1 and 3-meter springboard events.

**A SPECIAL YEAR**

The University of Iowa men's swimming and diving team will host the Big Ten, NCAA Zone Diving, and NCAA Championships as part of its 2014-15 schedule.

It is the second time the NCAA Men's Swimming and Diving Championships will be held in Iowa City. The UI hosted the 1927 NCAA Championship at the UI Field House.

The 2015 Big Ten Championships will take place Feb. 25-28, while the NCAA Zone D Diving Championships are set for March 9-11. The NCAA Championships will be held March 26-28. All events will be held at the UI Campus Recreation and Wellness Center Pool.

**CAMPUS RECREATION AND WELLNESS CENTER**

Ground was broken for the Campus Recreation and Wellness Center in October 2007. The facility opened in August 2010 and is home for the Hawkeyes. It is located at the corner of Burlington and Madison streets and cost approximately \$69 million. The facility includes a 50-meter competition pool, a separate diving well, a leisure pool with lap lanes and 24,000 square feet of fitness space.

**IOWA SWIMMING AND DIVING TRADITION**

Iowa was one of the first schools in the nation to compete on a collegiate level and competed at the first NCAA Championship. From 1937 to 1960, Iowa placed in the NCAA top 10 18 times, crowning nine NCAA and 22 Big Ten champions.

**FOLLOW THE HAWKEYES**

Become fans of the official Iowa Swimming and Diving fan page by going to [facebook.com/iowaSwimmingandDiving](https://facebook.com/iowaSwimmingandDiving) to follow the Hawkeyes on Facebook. Fans can also follow on Twitter: @IowaHawkeyeSwim

**2014-15 SEASON-BEST TIMES**

50 Free	Jackson Halsmer	19.91(B)
100 Free	Jackson Halsmer	44.28(B)
200 Free	David Ernstsson	1:38.04
500 Free	Chris Dawson	4:28.39
1,000 Free	Chris Dawson	9:22.75
1,650 Free	Chris Dawson	15:28.38
100 Back	Grant Betulius	45.56 (A)**
200 Back	Grant Betulius	1:42.19 (B)
100 Breast	Roman Trussov	55.98 (B)*
200 Breast	Roman Trussov	1:55.95(B)
100 Fly	Jerzy Twarowski	46.70(B)*
200 Fly	Jerzy Twarowski	1:44.00 (B)*
200 IM	Chris Freeman	1:49.03(B)
400 IM	Chris Dawson	3:56.72
200 Free Relay	Holliday, Halsmer, Trussov, Betulius	1:23.14
400 Free Relay	Halsmer, Trussov, Twarowski, Betulius	3:09.76
800 Free Relay	J. Allen, Ernstsson, Freeman, Gannon	6:35.96
200 Medley Relay	Betulius, Trussov, Twarowski, Halsmer	1:26.60
400 Medley Relay	Betulius, Trussov, Twarowski, Donatelli	3:18.88
One-Meter Diving	Brandis Heffner	325.88 (ZS)
Three-Meter Diving	Addison Boschult	367.13 (ZS)
Platform Diving	Addison Boschult	394.35(ZS)*

(A) - NCAA A Cut (B) - NCAA B Cut \* -- school record \*\* Pool Record (ZS) - NCAA Diving Zone Standard

