

**Iowa Duals - 1/15/2016 to 1/16/2016****Iowa Recreation Building****Results****Women 60 Meter Dash****Top 8 Advance by Time**

Facility: F 7.27 2004 Consuella Moore, Penn State						
Name	Year	School	Seed	Prelims	H#	
Preliminaries						
1 Lake Kwaza	SR	Iowa	7.42	7.47q	2	
2 Eboni Coby	SO	Iowa Central CC	6.78	7.65q	2	
3 Taylor Chapman	FR	Iowa	7.67	7.67q	2	
4 Jalynn Roberts-Lewis	SO	Iowa	7.72	7.78q	2	
5 Lydia Harold	SO	Iowa	7.77	7.91q	2	
6 Bennisha Nunn	SO	Iowa Central CC	7.57	8.14q	2	
7 Tamar Perkins	SO	Iowa Central CC	8.12	8.20q	1	
8 Kaliyah Cobb	JR	Western Illinois	8.20	8.24q	1	
9 Ashley Graham	FR	Western Illinois	8.49	8.55	1	

**Women 60 Meter Dash**

Facility: F 7.27 2004 Consuella Moore, Penn State						
Name	Year	School	Prelims	Finals	Points	
Finals						
1 Lake Kwaza	SR	Iowa	7.47	7.48		
2 Eboni Coby	SO	Iowa Central CC	7.65	7.65		
3 Taylor Chapman	FR	Iowa	7.67	7.71		
4 Jalynn Roberts-Lewis	SO	Iowa	7.78	7.81		
5 Bennisha Nunn	SO	Iowa Central CC	8.14	8.04		
6 Tamar Perkins	SO	Iowa Central CC	8.20	8.20		
7 Kaliyah Cobb	JR	Western Illinois	8.24	8.23		
-- Lydia Harold	SO	Iowa	7.91	DNS		
Preliminaries						
9 Ashley Graham	FR	Western Illinois	8.55			

**Women 200 Meter Dash**

Facility: F 23.44 2004 Consuella Moore, Penn State						
Name	Year	School	Seed	Finals	H#	Points
Finals						
1 Briana Guillory	FR	Iowa	23.91	24.44	2	
2 Ariel Jackson	SO	Iowa Central CC	24.68	25.32	2	
3 Kaliyah Cobb	JR	Western Illinois	26.75	26.92	1	
4 Bennisha Nunn	SO	Iowa Central CC	25.33	27.44	2	
5 Alyssa Johnson	NA	Western Illinois		27.95	1	
6 Tamar Perkins	SO	Iowa Central CC	28.36	28.09	1	
-- Kaitlyn Nelson	SR	Iowa	26.70	SCR		
-- Mahnee Watts	JR	Iowa	25.60	SCR		



**Iowa Duals - 1/15/2016 to 1/16/2016**  
**Iowa Recreation Building**  
**Results**

**Women 400 Meter Dash**

Facility: F 54.17 2004 Shellene Williams, Iowa						
Name	Year	School	Seed	Finals	H#	Points
1 Shatia Hubbard	FR	Iowa Central CC	58.01	59.24	2	
2 Alexis Gay	FR	Iowa	59.00	1:00.61	1	
3 Mesha Newbold	FR	Iowa Central CC	59.00	1:01.74	1	
4 Loucreisha Smith	SO	Western Illinois	1:00.24	1:04.26	1	
5 Katelyn Rhea	SO	Western Illinois	58.18	1:05.09	2	
6 Jessica Coleman	SO	Iowa Central CC	1:04.33	1:07.02	1	
-- Lydia Harold	SO	Iowa	58.00	DNS	2	
-- Kaitlyn Nelson	SR	Iowa	57.00	SCR		

**Women 600 Meter Run**

Facility: F 1:27.45 2008 Kineke Alexander, Iowa						
Name	Year	School	Seed	Finals	Points	
1 Elexis Guster	JR	Iowa	1:31.00	1:32.04		
2 Alexis Hernandez	JR	Iowa	1:33.90	1:36.36		
3 Alyssa Johnson	NA	Western Illinois	1:39.93	1:39.14		
4 Faheemah Scraders	FR	Iowa Central CC	1:38.55	1:39.73		
-- Montayla Holder	SR	Iowa	1:30.61	DNS		

**Women 1000 Meter Run**

Facility: F 2:45.65 2013 Bethany Praska, Unattached						
Name	Year	School	Seed	Finals	Points	
-- Jaclyn Finney	JR	Western Illinois		SCR		

**Women 1 Mile Run**

Facility: F 4:45.05 2004 Hilary Edmondson, Wisconsin						
Name	Year	School	Seed	Finals	Points	
1 Brook Eilers		Unattached	5:00.00	5:00.33		
2 Leanne Pompeani	FR	Iowa Central CC		5:09.58		
3 Carolyn Newhouse	JR	Iowa	5:08.00	5:13.94		
4 Kelly Breen	JR	Iowa	5:08.00	5:16.83		
5 Jordyn Sindt	JR	Iowa	5:07.00	5:21.66		
6 Anna Eisenzimmer	SO	Iowa	5:15.00	5:32.37		

**Women 3000 Meter Run**

Facility: F 9:37.80 2004 Hilary Edmondson, Wisconsin						
Name	Year	School	Seed	Finals	Points	
1 Angelica Gutierrez	SO	Iowa Central CC	11:45.36	11:24.15		
2 Shelby DePriest	JR	Western Illinois		11:41.04		
3 Jaclyn Finney	JR	Western Illinois		12:13.59		



**Iowa Duals - 1/15/2016 to 1/16/2016****Iowa Recreation Building****Results****....Women 3000 Meter Run**

4 Bailey Matthaidess	SO Iowa Central CC	11:46.95	12:26.51
-- Leanne Pompeani	FR Iowa Central CC	9:54.23	SCR

**Women 60 Meter Hurdles  
Top 8 Advance by Time**

Facility: F 8.32 2004 Yvonne Mensah, Illinois					
Name	Year	School	Seed	Prelims	H#
Preliminaries					
1 Jahisha Thomas	SO	Iowa	8.60	8.67q	2
2 Heaven Chandler	SO	Iowa	8.94	8.81q	2
3 Danielle Riggins	SO	Iowa Central CC	8.49	8.87q	2
4 Mesha Newbold	FR	Iowa Central CC	9.16	9.19q	2
5 Mallory Vawter	FR	Iowa Central CC	9.18	9.41q	2
6 Julia Lampe	FR	Iowa	9.30	9.82q	2
7 Megan McGlone	JR	Western Illinois	9.32	9.85q	2
8 Jessica Coleman	SO	Iowa Central CC	10.09	9.93q	1
9 Darcy Arendt	SR	Western Illinois	10.63	10.84	1
10 Veronica Sauerbrei	FR	Iowa Central CC	10.62	12.00	1

**Women 60 Meter Hurdles**

Facility: F 8.32 2004 Yvonne Mensah, Illinois					
Name	Year	School	Prelims	Finals	Points
Finals					
1 Danielle Riggins	SO	Iowa Central CC	8.87	8.57	
2 Heaven Chandler	SO	Iowa	8.81	8.85	
3 Mesha Newbold	FR	Iowa Central CC	9.19	9.01	
4 Mallory Vawter	FR	Iowa Central CC	9.41	9.25	
5 Megan McGlone	JR	Western Illinois	9.85	9.79	
6 Julia Lampe	FR	Iowa	9.82	9.81	
7 Jessica Coleman	SO	Iowa Central CC	9.93	10.15	
-- Jahisha Thomas	SO	Iowa	8.67	DNS	
Preliminaries					
9 Darcy Arendt	SR	Western Illinois	10.84		
10 Veronica Sauerbrei	FR	Iowa Central CC	12.00		

**Women 4x400 Meter Relay**

Facility: F 3:41.80 2004 Indiana, Indiana					
Huber, Ray, Clausing, Maddox					
School	Seed	Finals	Points		
Finals					
1 Iowa 'A'	3:40.00	3:45.85			
1) Elexis Guster JR	2) Briana Guillory FR				
3) Alexis Hernandez JR	4) Lake Kwaza SR				
2 Iowa Central CC 'A'	3:50.23	3:59.29			



**Iowa Duals - 1/15/2016 to 1/16/2016**  
**Iowa Recreation Building**  
**Results**

**....Women 4x400 Meter Relay**

1) Shatia Hubbard FR	2) Faheemah Scraders FR		
3) Danielle Riggins SO	4) Ariel Jackson SO		
3 Iowa 'B'		3:48.00	4:01.81
1) Alexis Gay FR	2) Taylor Chapman FR		
3) Jalyann Roberts-Lewis SO	4) Jordyn Sindt JR		
4 Western Illinois 'A'		4:02.00	4:12.27
1)	2) Katelyn Rhea SO		
3) Loucreisha Smith SO	4) Kaliyah Cobb JR		
-- Iowa 'C'		3:58.00	DNS
1) Lydia Harold SO	2) Mahnee Watts JR		
3) Sheridan Champe SO	4)		

**Women High Jump**

Facility: F 1.83m 2002		Carri Long, Unattached			
Facility: F 1.83m 2007		Peaches Roach, Iowa			
Name	Year	School	Seed	Finals	Points
1 Khanishah Williams	SR	Iowa	1.76m	1.73m	5-08.00
1.58 1.63 1.70 1.73 1.76					
O XO XO XXO XXX					
2 Annastacia Forrester	FR	Iowa Central CC	1.70m	1.58m	5-02.25
1.43 1.48 1.53 1.58 1.63					
O XO O XO XXP					
3 Megan McGlone	JR	Western Illinois	1.60m	1.53m	5-00.25
1.43 1.48 1.53 1.58					
O XO O XXX					
4 Darcy Arendt	SR	Western Illinois	1.57m	1.48m	4-10.25
1.43 1.48 1.53					
O XO XXX					
-- Veronica Sauerbrei	FR	Iowa Central CC		NH	
1.43					
XXX					

**Women Pole Vault**

Facility: F 3.96m 2002		Elizabeth metzinger, Purdue			
Name	Year	School	Seed	Finals	Points
1 Amy Smith	FR	Iowa	3.30m	3.30m	10-10.00
3.15 3.30 3.40					
O XXO XXX					

**Women Long Jump**

Facility: F 6.32m 2004		Rosalind Goodwin, Ohio State			
Name	Year	School	Seed	Finals	Points
1 Jasmine Brown		Unattached	6.08m	5.64m	18-06.00
5.51m 5.53m 5.53m 5.51m 5.64m 5.40m					



**Iowa Duals - 1/15/2016 to 1/16/2016**  
**Iowa Recreation Building**  
**Results**

**....Women Long Jump**

2	Julia Odir	FR Iowa Central CC	5.32m	5.41m	17-09.00
	5.08m 4.92m 5.41m 4.81m	FOUL FOUL			
3	Jalynn Roberts-Lewis	SO Iowa	5.70m	5.40m	17-08.75
	5.40m 5.31m 5.38m 5.18m 5.16m	PASS			
4	Tria Seawater-Simmons	FR Iowa	5.70m	5.37m	17-07.50
	5.37m 5.17m 5.31m	FOUL FOUL FOUL			
5	Mallory Vawter	FR Iowa Central CC	5.56m	5.35m	17-06.75
	5.19m 4.87m	FOUL 5.15m PASS 5.35m			
6	Heaven Chandler	SO Iowa	5.50m	5.09m	16-08.50
	FOUL FOUL 4.92m 4.76m 5.09m	PASS			
7	Annastacia Forrester	FR Iowa Central CC	5.80m	5.05m	16-07.00
	4.95m 5.05m	FOUL 4.33m PASS PASS			
8	Ashley Graham	FR Western Illinois	5.09m	5.00m	16-05.00
	5.00m	FOUL 4.91m 4.93m FOUL 4.66m			
9	Hasana Huff	FR Western Illinois		4.54m	14-10.75
	FOUL 4.35m 4.54m	FOUL 4.18m 4.12m			
--	Darcy Arendt	SR Western Illinois	4.47m		DNS
--	Jahisha Thomas	SO Iowa	6.17m		SCR

**Women Triple Jump**

Facility: F 13.27m 2004 Rosalind Goodwin, Ohio State					
Name	Year	School	Seed	Finals	Points
1 Jasmine Brown		Unattached	13.20m	12.22m	40-01.25
	12.22m	PASS PASS PASS PASS PASS			
2 Ashley Graham		FR Western Illinois	10.89m	10.42m	34-02.25
	10.42m	FOUL FOUL PASS PASS PASS			
-- Julia Odir		FR Iowa Central CC		FOUL	
	FOUL FOUL	PASS PASS PASS PASS			
-- Tria Seawater-Simmons		FR Iowa	12.20m		DNS
-- Hasana Huff		FR Western Illinois			DNS

**Women Shot Put**

Facility: F 16.81m 2004 Ja'Nai O'Conner, Penn State					
Name	Year	School	Seed	Finals	Points
1 Janeah Stewart		SO Iowa Central CC	16.23m	16.08m	52-09.25
	13.99m 15.64m 14.87m	FOUL 14.94m 16.08m			
2 Alexis Chiles		SO Iowa Central CC	13.61m	14.01m	45-11.75
	13.33m	FOUL FOUL 14.01m FOUL FOUL			
3 Nia Britt		Unattached		13.71m	44-11.75
	13.30m 13.71m 13.54m	FOUL FOUL FOUL			
4 Sheila Grant-Shaffer		NA Western Illinois	13.46m	12.73m	41-09.25
	12.00m 12.60m 12.65m	FOUL 12.73m FOUL			
5 Mary-Bianca Fuller		SR Western Illinois	12.67m	12.33m	40-05.50
	12.07m 12.33m	FOUL FOUL 11.54m FOUL			
6 Alexia Stein		FR Iowa Central CC	12.77m	12.11m	39-08.75
	11.58m 12.01m	FOUL 12.11m FOUL FOUL			



**Iowa Duals - 1/15/2016 to 1/16/2016**  
**Iowa Recreation Building**  
**Results**

**....Women Shot Put**

7	Jasmine Swanagan	FR Western Illinois	11.89m	11.44m	37-06.50
	FOUL 8.04m FOUL 11.44m FOUL 11.29m				
8	Nessa Mathews	FR Iowa Central CC		9.83m	32-03.00
	9.39m 9.83m FOUL FOUL FOUL FOUL				
9	Abbi Smith	JR Western Illinois	12.01m	9.77m	32-00.75
	9.77m FOUL FOUL FOUL FOUL FOUL				
10	Brianna Duckworth	FR Iowa Central CC	7.48m	6.78m	22-03.00
	6.73m FOUL FOUL FOUL 6.78m FOUL				
--	Darcy Arendt	SR Western Illinois	8.52m	DNS	
--	Megan McGlone	JR Western Illinois	10.99m	DNS	

**Women Discus Throw**

Facility: F 47.97m 2015 Dakotah Goodell, Iowa						
Name	Year	School	Seed	Finals	Points	
1	Dakotah Goodell	SR Iowa	47.52m	47.67m	156-05	
	47.67m 47.50m 47.54m 45.68m 45.88m FOUL					
2	Lindsay Herra	JR Iowa	44.56m	41.70m	136-10	
	40.36m FOUL 41.70m 41.69m FOUL FOUL					
3	Janeah Stewart	SO Iowa Central CC	43.32m	40.32m	132-03	
	FOUL 32.20m FOUL 40.32m FOUL FOUL					
4	Reneese Batson	FR Iowa Central CC	40.00m	38.57m	126-06	
	FOUL 35.88m 34.79m 37.49m FOUL 38.57m					
5	Alexia Stein	FR Iowa Central CC	42.12m	37.96m	124-06	
	29.87m 34.05m 33.77m FOUL 37.96m 37.37m					

**Women Weight Throw**

Facility: F 20.01m 2004 Keturah Lofton, Ohio State						
Name	Year	School	Seed	Finals	Points	
1	Reneese Batson	FR Iowa Central CC	15.00m	16.98m	55-08.50	
	FOUL 16.85m FOUL 15.39m 16.98m FOUL					
2	Sheila Grant-Shaffer	NA Western Illinois	16.32m	16.14m	52-11.50	
	15.15m 16.14m 15.78m 15.74m FOUL 15.35m					
3	Leah Colbert	SO Iowa	15.46m	15.91m	52-02.50	
	14.83m 15.40m FOUL 15.14m 15.91m 15.86m					
4	Janeah Stewart	SO Iowa Central CC	16.05m	15.89m	52-01.75	
	FOUL FOUL 14.91m 15.09m 15.89m FOUL					
5	Mary-Bianca Fuller	SR Western Illinois	14.62m	15.13m	49-07.75	
	15.13m 14.66m FOUL 14.89m FOUL 15.02m					
6	Alexis Chiles	SO Iowa Central CC	14.69m	15.10m	49-06.50	
	14.47m 14.11m 13.95m 15.10m FOUL FOUL					
7	Nia Britt	Unattached		14.35m	47-01.00	
	FOUL 14.33m FOUL 13.93m 14.35m 14.06m					
8	Abbi Smith	JR Western Illinois	13.87m	13.67m	44-10.25	
	13.09m 13.67m FOUL 13.37m FOUL FOUL					
9	Alexia Stein	FR Iowa Central CC	12.89m	13.26m	43-06.00	
	12.69m 12.99m 13.26m 13.22m 12.82m FOUL					



**Iowa Duals - 1/15/2016 to 1/16/2016**  
**Iowa Recreation Building**  
**Results**

**....Women Weight Throw**

10 Jasmine Swanagan	FR Western Illinois	11.88m	12.30m	40-04.25
10.93m 11.61m 10.77m 10.10m 11.35m 12.30m				
11 Brianna Duckworth	FR Iowa Central CC	10.08m	11.08m	36-04.25
10.29m 11.08m 9.93m 8.84m 8.59m 8.71m				
-- Nessa Mathews	FR Iowa Central CC		FOUL	
FOUL FOUL FOUL				

**Men 60 Meter Dash****Top 8 Advance by Time**

=====						
Facility:	F	6.70	2006	Demi Omole, Wisconsin		
Name	Year	School	Seed	Prelims	H#	
=====						
Preliminaries						
1 Eli Minor	SO	Iowa Central CC	6.75	6.84q	2	
2 Christian Brissett	FR	Iowa	6.84	6.85q	2	
3 Kevin Winters	FR	Iowa Central CC	7.06	7.03q	1	
4 Cray Washington	FR	Iowa Central CC	6.93	7.07q	2	7.063
5 DeJuan Frye	FR	Iowa	7.09	7.07q	1	7.069
6 Barrie Wesby	FR	Iowa Central CC	6.95	7.09q	2	
7 Kevin Smith	FR	Iowa Central CC	7.02	7.12q	2	
8 Xavier Levy	JR	Western Illinois	7.00	7.17q	2	
9 Tyler Younkin	SR	Western Illinois	7.09	7.29	1	
10 Charles Morrow	JR	Western Illinois	7.01	7.38	2	

**Men 60 Meter Dash**

=====						
Facility:	F	6.70	2006	Demi Omole, Wisconsin		
Name	Year	School	Prelims	Finals	Points	
=====						
Finals						
1 Eli Minor	SO	Iowa Central CC	6.84	6.79		
2 Christian Brissett	FR	Iowa	6.85	6.83		
3 Barrie Wesby	FR	Iowa Central CC	7.09	7.03		
4 DeJuan Frye	FR	Iowa	7.07	7.05		
5 Kevin Smith	FR	Iowa Central CC	7.12	7.10	7.095	
6 Cray Washington	FR	Iowa Central CC	7.07	7.10	7.098	
7 Kevin Winters	FR	Iowa Central CC	7.03	7.21		
8 Xavier Levy	JR	Western Illinois	7.17	7.66		
Preliminaries						
9 Tyler Younkin	SR	Western Illinois	7.29			
10 Charles Morrow	JR	Western Illinois	7.38			

**Men 200 Meter Dash**

=====						
Facility:	F	21.21	2006	David Neville, Indiana		
Name	Year	School	Seed	Finals	H#	Points
=====						
Finals						
1 Christian Brissett	FR	Iowa	21.31	21.87	3	



**Iowa Duals - 1/15/2016 to 1/16/2016**  
**Iowa Recreation Building**  
**Results**

**....Men 200 Meter Dash**

2	DeJuan Frye	FR Iowa	21.70	22.05	2
3	Collin Hofacker	Unattached		22.62	1
4	Tyler Younkin	SR Western Illinois	21.66	22.72	3
5	Kevin Winters	FR Iowa Central CC	22.89	22.83	2
6	Barrie Wesby	FR Iowa Central CC	22.65	23.02	3
7	Cray Washington	FR Iowa Central CC	23.00	23.09	1
8	Gage Eller	Unattached		23.76	2
9	William Dougherty	SO Iowa	23.32	23.77	1
--	Jared Ganschow	JR Iowa	21.77	SCR	
--	Charles Morrow	JR Western Illinois	22.75	SCR	
--	Xavier Levy	JR Western Illinois	21.75	SCR	

**Men 400 Meter Dash**

Facility: F 47.11 2006		David Neville, Indiana				
Name	Year	School	Seed	Finals	H#	Points
1	Mar'yea Harris	FR Iowa	47.12	49.12	2	
2	Edward Anderson	FR Iowa Central CC	49.12	49.57	2	
3	Jared Ganschow	JR Iowa	49.02	49.58	2	
4	Nick Jensen	SO Iowa	49.80	50.73	1	
5	Daquarius Hollis	SO Iowa Central CC	50.40	51.74	1	
6	Isaiah Perry	JR Western Illinois	51.50	51.93	1	
7	Robert Centeno	FR Western Illinois		52.91	1	

**Men 600 Meter Run**

Facility: F 1:17.22 2006		Trammel Smith, Illinois				
Name	Year	School	Seed	Finals	H#	Points
1	Mitch Wolff	JR Iowa	1:19.00	1:21.78	3	
2	Ryan Dorman	SO Iowa	1:20.00	1:21.95	3	
3	Drake Gauthier	FR Iowa	1:18.80	1:22.41	3	
4	Maurice Allen	FR Iowa Central CC	1:23.64	1:24.75	3	
5	Kion Joseph	SO Iowa Central CC		1:25.10	2	
6	Kymari Gates	FR Iowa Central CC	1:28.36	1:25.90	2	
7	Cameron Crosser	FR Iowa Central CC	1:24.83	1:26.62	2	
8	Byrant King	SO Western Illinois		1:27.58	1	
9	Christian Hoover	FR Western Illinois		1:29.92	1	
--	Brendan Thompson	JR Iowa	1:19.00	DNF	3	
--	Darius Johnson	FR Iowa Central CC	1:28.76	DNS	1	
--	Peyton Chapman	Unattached	1:24.00	DNS	1	
--	Pavlo Hutsalyuk	FR Iowa	1:22.00	DNS	2	
--	Micah Trancoso	FR Western Illinois	1:30.82	DNS	1	
--	Noah Larrison	SO Iowa	1:20.39	SCR		





**Iowa Duals - 1/15/2016 to 1/16/2016**  
**Iowa Recreation Building**  
**Results**

**Men 1000 Meter Run**

Facility: F 2:26.21 2015		Joe McAsey, Notre Dame			
Name	Year	School	Seed	Finals	Points
1	Noah Larsen	SO Iowa Central CC	2:30.63	2:27.01	
2	Sam Fourman	Unattached	2:30.00	2:28.66	
3	Michael Hart	JR Iowa	2:30.00	2:29.91	
4	Brook Price	SO Iowa	2:30.10	2:30.37	
5	Ashenafi Hatte	FR Iowa Central CC	2:33.49	2:39.29	
6	Justin Main	FR Iowa Central CC	2:36.42	2:46.52	
7	Ashley Bailey	FR Iowa Central CC	2:38.57	2:47.80	
8	Trayton Brooks	FR Iowa Central CC	2:42.32	3:01.26	
--	Daniel Gardarsson	SO Iowa	2:31.00	DNS	
--	Charles Nash	FR Iowa	2:30.00	DNS	
--	Andrew Dixon	Unattached	2:32.00	SCR	
--	Ian Eklin	Unattached	2:32.00	SCR	
--	Kevin Docherty	SO Iowa	2:29.00	SCR	

**Men 1 Mile Run**

Facility: F 4:02.1h 1972		Ken Popejoy, Michigan State			
Name	Year	School	Seed	Finals	Points
1	Daniel Murphy	Unattached	4:16.00	4:28.42	
2	Bill Oyet	FR Iowa Central CC	4:32.63	4:30.14	
3	Ashenafi Hatte	FR Iowa Central CC	4:22.63	4:32.22	
4	Phil Young	Unattached	4:18.00	4:37.60	
--	Cole Mullins	Unattached	4:18.00	DNS	
--	Brook Price	SO Iowa	4:16.00	DNS	
--	David Kampf	Unattached	4:22.00	DNS	
--	Sam Fourman	Unattached	4:07.00	DNS	
--	Kall Khan	Unattached	4:20.00	DNS	
--	Andrew Dixon	Unattached	4:16.00	SCR	

**Men 3000 Meter Run**

Facility: F 7:54.13 2006		Chris Solinsky, Wisconsin			
Name	Year	School	Seed	Finals	Points
1	Omer Almog	FR Iowa Central CC	8:30.00	8:26.55	
2	Denzel Fogg	FR Iowa Central CC	9:00.00	8:38.43	
3	Cody Baele	SO Iowa Central CC	8:58.98	8:46.00	
4	Karim Achengli	FR Iowa Central CC	8:30.00	8:47.58	
5	Kall Khan	Unattached		8:48.58	
6	Nate Ferree	Unattached	8:35.00	8:54.75	
7	Oscar Carmona	SO Iowa Central CC	8:58.50	8:55.22	
8	Nic Ganzeveld	SO Iowa Central CC	9:20.37	9:01.19	
9	Bryce Elm	FR Iowa Central CC	9:30.00	9:01.30	
10	Grant Kaiser	SO Western Illinois	9:05.26	9:12.56	
11	Lucas Lingle	FR Western Illinois		9:26.03	
12	Austin Read	FR Iowa Central CC		9:56.16	



**Iowa Duals - 1/15/2016 to 1/16/2016**  
**Iowa Recreation Building**  
**Results**

**....Men 3000 Meter Run**

13	Jacob Thomas	FR	Iowa Central CC		9:59.09	
--	Abel Ketema	FR	Iowa Central CC	8:30.00	DNF	14 Laps
--	Benjamin Thompson	FR	Iowa Central CC		DNS	
--	Thomas Thompson	FR	Iowa Central CC	9:30.00	DNS	
--	Alexander Jackson	FR	Iowa Central CC	9:00.00	DNS	
--	Phil Young		Unattached	8:30.00	DNS	

**Men 60 Meter Hurdles****Top 8 Advance by Time**

=====						
Facility:	F	7.83	2006	Ricky Pinkney, Purdue		
Name	Year	School	Seed	Prelims	H#	
=====						
Preliminaries						
1	Aaron Mallett	JR	Iowa	7.78	7.91q	2
2	Chris Douglas	FR	Iowa	8.18	8.24q	2
3	Edward Anderson	FR	Iowa Central CC	8.47	8.33q	2
4	Sydne Davis	SO	Iowa Central CC	8.14	8.39q	2
5	Kevin Rainey	FR	Iowa Central CC	8.57	8.41q	2
6	Gage Eller		Unattached		8.68q	1
7	William Dougherty	SO	Iowa	8.65	8.69q	1
8	Olajuwon Cawthon	FR	Iowa Central CC	8.97	8.80q	1
9	Max Ford	SO	Western Illinois	8.69	8.98	1

**Men 60 Meter Hurdles**

=====						
Facility:	F	7.83	2006	Ricky Pinkney, Purdue		
Name	Year	School	Prelims	Finals	Points	
=====						
Finals						
1	Aaron Mallett	JR	Iowa	7.91	7.82F	
2	Chris Douglas	FR	Iowa	8.24	8.14	
3	Sydne Davis	SO	Iowa Central CC	8.39	8.34	
4	Edward Anderson	FR	Iowa Central CC	8.33	8.37	
5	Kevin Rainey	FR	Iowa Central CC	8.41	8.43	
6	William Dougherty	SO	Iowa	8.69	8.66	
7	Gage Eller		Unattached	8.68	8.69	
8	Olajuwon Cawthon	FR	Iowa Central CC	8.80	9.28	
Preliminaries						
9	Max Ford	SO	Western Illinois	8.98		

**Men 4x400 Meter Relay**

=====						
Facility:	F	3:11.83	1984	Iowa, Iowa		
School				Greer, Smith, Williams, Duckett		
School	Seed	Finals	Points			
=====						
Finals						
1	Iowa 'A'	3:07.15	3:16.06			
	1) Brendan Thompson JR	2) Aaron Mallett JR				



**Iowa Duals - 1/15/2016 to 1/16/2016**  
**Iowa Recreation Building**  
**Results**

**....Men 4x400 Meter Relay**

3) Ryan Dorman SO	4) Mar'yea Harris FR		
2 Iowa Central CC 'A'	3:19.68	3:19.52	
1) Maurice Allen FR	2) Edward Anderson FR		
3) Sydne Davis SO	4) Eli Minor SO		
3 Iowa 'B'	3:10.11	3:21.06	
1) Mitch Wolff JR	2) Jared Ganschow JR		
3) Drake Gauthier FR	4) DeJuan Frye FR		
4 Iowa Central CC 'B'	3:23.00	3:28.14	
1) Kymari Gates FR	2) Kion Joseph SO		
3) Karayme Barrley FR	4) Jared Seay FR		
5 Western Illinois 'A'	3:24.00	3:28.29	
1) Byrant King SO	2) Isaiah Perry JR		
3) Tyler Younkin SR	4) Christian Hoover FR		
-- Iowa 'C'	3:20.00	DNF	
1) Chris Douglas FR	2) Nick Jensen SO		
3) William Dougherty SO	4) Pavlo Hutsalyuk FR		

**Men High Jump**

Facility: F 2.25m 1997		Staffan Strand, Minnesota				
Name	Year	School	Seed	Finals	Points	
1 Jared Seay	FR	Iowa Central CC	2.07m	2.03m	6-08.00	
1.90 1.95 2.03 2.11						
O XO O XXX						
2 Peter Andreano	FR	Iowa	2.10m	1.90m	6-02.75	
1.90 1.95						
O XXX						
3 Max Ford	SO	Western Illinois	1.91m	1.80m	5-10.75	
1.80 1.85						
O XXX						
-- Matt Martinson		Unattached			DNS	

**Men Pole Vault**

Facility: F 5.52m 1997		Tye Harvey, Minnesota				
Name	Year	School	Seed	Finals	Points	
1 Andy Jatis	FR	Iowa	5.00m	4.70m	15-05.00	
4.40 4.55 4.70 4.85						
O O XO XXX						
2 Kyle Reid		Unattached		4.70m	15-05.00	
4.40 4.55 4.70 4.85						
O O XXO XXX						
3 Jeff Padesky	SR	Western Illinois	4.45m	4.40m	14-05.25	
4.10 4.25 4.40 4.55						
O O XXO XXX						
4 Matthew McCoy	SO	Western Illinois	4.40m	4.10m	13-05.25	
4.10 4.25						
O XXX						



**Iowa Duals - 1/15/2016 to 1/16/2016****Iowa Recreation Building****Results****....Men Pole Vault**

5 Max Ford	SO Western Illinois	3.35m	3.50m	11-05.75
3.05 3.20 3.35 3.50 3.65				
0 0 XO 0 XXX				
-- Jack Eckert	Unattached		DNS	

**Men Long Jump**

Facility: F 7.97m 1992 Anthuan Maybank, Iowa						
Name	Year	School	Seed	Finals	Points	
1 Kevin Smith	FR	Iowa Central CC	6.87m	7.03m	23-00.75	
6.88m FOUL 6.57m 6.87m 6.82m 7.03m						
2 Jared Seay	FR	Iowa Central CC		6.72m	22-00.75	
6.72m FOUL 6.52m PASS PASS PASS						
3 Collin Hofacker		Unattached		6.61m	21-08.25	
6.42m 6.61m 6.45m 6.52m 6.37m 6.40m						
4 Corderol Campbell		Unattached		6.60m	21-08.00	
6.30m FOUL 6.60m 5.97m FOUL FOUL						
5 William Dougherty	SO	Iowa	6.55m	6.42m	21-00.75	
6.22m 6.19m FOUL 6.23m 6.18m 6.42m						
6 Tevin Taylor	FR	Western Illinois	6.15m	6.30m	20-08.00	
FOUL 6.30m FOUL FOUL FOUL FOUL						
7 Robert Bodine	FR	Iowa Central CC	6.20m	6.22m	20-05.00	
6.22m FOUL FOUL FOUL FOUL FOUL						
8 Cameron Williams	FR	Iowa Central CC	6.30m	6.20m	20-04.25	
3.26m 5.81m 6.20m 5.63m 3.24m 5.43m						
9 Zac Daniels	FR	Iowa Central CC	5.97m	6.10m	20-00.25	
FOUL 6.10m 5.88m PASS FOUL 5.86m						
10 Max Ford	SO	Western Illinois	6.32m	5.75m	18-10.50	
5.69m 5.73m 5.75m 4.55m 5.75m PASS						
11 Elijah Ingram	SO	Iowa Central CC	6.20m	5.72m	18-09.25	
FOUL 5.72m 5.45m FOUL 5.51m 5.18m						
12 Kaylon Cutts	JR	Western Illinois	6.50m	5.58m	18-03.75	
5.30m 5.58m 5.15m						
-- Gage Eller		Unattached		FOUL		
FOUL FOUL FOUL						

**Men Triple Jump**

Facility: F 16.26m 1989 Bannon Hayes, Illinois						
Name	Year	School	Seed	Finals	Points	
1 Jah-Nhai Perinchief	FR	Iowa Central CC		14.51m	47-07.25	
14.36m 14.32m 13.83m 14.43m 14.51m PASS						
2 Christopher Thompson	FR	Iowa Central CC	13.31m	13.36m	43-10.00	
12.94m 13.36m PASS 11.07m 12.77m 12.15m						
3 Alphonso Carter	FR	Iowa Central CC	12.67m	12.90m	42-04.00	
PASS 12.52m 12.51m 12.35m 12.57m 12.90m						
4 Tevin Taylor	FR	Western Illinois		12.88m	42-03.25	
12.88m PASS PASS 12.74m 12.81m PASS						



**Iowa Duals - 1/15/2016 to 1/16/2016****Iowa Recreation Building****Results****....Men Triple Jump**

5	Victor Ogeka	SO Iowa Central CC	12.90m	12.57m	41-03.00
	12.01m 12.57m 12.41m 12.35m 12.41m 12.51m				
6	Jordan Kellogg	FR Iowa Central CC	12.81m	11.72m	38-05.50
	11.72m PASS 11.44m 11.65m 11.71m PASS				
--	Kaylon Cutts	JR Western Illinois	13.69m	DNS	
	PASS PASS PASS PASS PASS				
--	Odaine Lewis	FR Unattached	14.55m	SCR	

**Men Shot Put**

Facility: F 19.40m 2006 Karl Erickson, Minnesota						
Name	Year	School	Seed	Finals	Points	
1	Avery Meyers	JR Iowa	17.00m	17.54m	57-06.50	
	16.97m 17.35m FOUL 17.54m 17.46m FOUL					
2	Jamal Whittaker	SO Iowa Central CC	17.92m	17.12m	56-02.00	
	15.70m FOUL FOUL FOUL 17.12m 15.87m					
3	Sterling Mungro	FR Iowa Central CC	15.98m	16.41m	53-10.25	
	16.20m 16.41m 16.33m FOUL 15.80m FOUL					
4	Brian Williams	SO Iowa Central CC	16.14m	15.97m	52-04.75	
	FOUL FOUL 15.97m FOUL FOUL FOUL					
5	Chance Tatman	SO Iowa Central CC	14.13m	14.64m	48-00.50	
	14.24m FOUL FOUL FOUL FOUL 14.64m					
6	Malek Evans	FR Iowa Central CC	14.25m	14.63m	48-00.00	
	13.59m FOUL 14.63m FOUL FOUL FOUL					
7	Kirk Sneed	FR Iowa Central CC	13.62m	13.82m	45-04.25	
	FOUL 12.52m 13.82m FOUL FOUL 13.53m					
8	Bradley Walls	JR Western Illinois	12.93m	12.91m	42-04.25	
	12.57m 12.35m 12.78m 12.47m 12.14m 12.91m					
9	William Dougherty	SO Iowa	12.08m	12.77m	41-10.75	
	12.42m FOUL FOUL 12.10m 12.77m FOUL					
10	Collin Hofacker	Unattached		11.26m	36-11.50	
	10.59m FOUL 11.26m 10.01m 10.97m 11.18m					
--	Jonathon Chapman	FR Iowa Central CC	13.55m	FOUL		
	FOUL FOUL FOUL					

**Men Discus Throw**

Facility: F 58.33m 2015 Chase Madison, Unattached						
Name	Year	School	Seed	Finals	Points	
1	Brian Williams	SO Iowa Central CC	52.91m	54.39m	178-05	
	54.39m 51.09m 49.17m 54.36m 53.57m FOUL					
2	Jordan Williams	Unattached	58.57m	53.70m	176-02	
	52.05m 53.62m 53.07m 53.35m 50.76m 53.70m					
3	Eric Masington	Unattached		52.51m	172-03	
	51.92m 50.63m 52.25m FOUL FOUL 52.51m					
4	Ryan Njegovan	Unattached	59.90m	52.23m	171-04	
	52.23m FOUL 49.58m FOUL 51.07m FOUL					



**Iowa Duals - 1/15/2016 to 1/16/2016**  
**Iowa Recreation Building**  
**Results**

**....Men Discus Throw**

5	Avery Meyers	JR Iowa	50.00m	51.84m	170-01
	50.49m 47.76m 49.75m 45.54m 50.65m 51.84m				
6	Jamal Whittaker	SO Iowa Central CC	56.04m	48.96m	160-07
	FOUL 41.67m FOUL 48.96m 46.20m FOUL				
7	Sam Joens	SR Iowa	47.00m	45.20m	148-03
	44.88m FOUL 45.20m 44.05m 44.05m FOUL				
8	Malek Evans	FR Iowa Central CC	45.00m	41.76m	137-00
	40.15m 41.76m 37.51m FOUL FOUL FOUL				
9	Sterling Mungro	FR Iowa Central CC	45.00m	39.97m	131-02
	39.83m FOUL FOUL 39.38m FOUL 39.97m				

**Men Weight Throw**

Facility: F 20.78m 2006 Leonard Jatsek, Ohio State					
Name	Year	School	Seed	Finals	Points
1	Brian Williams	SO Iowa Central CC	18.44m	17.79m	58-04.50
	17.79m FOUL 17.02m FOUL 16.95m FOUL				
2	Jamal Whittaker	SO Iowa Central CC	17.08m	17.36m	56-11.50
	16.81m FOUL 16.80m 17.36m FOUL 16.86m				
3	Malek Evans	FR Iowa Central CC	14.04m	15.36m	50-04.75
	14.31m FOUL FOUL 15.36m FOUL FOUL				
4	Kirk Sneed	FR Iowa Central CC	15.26m	14.33m	47-00.25
	FOUL FOUL 14.33m FOUL FOUL 13.63m				
5	Bradley Walls	JR Western Illinois	14.80m	13.84m	45-05.00
	13.84m 13.71m 13.13m 13.52m 12.95m FOUL				
6	Sterling Mungro	FR Iowa Central CC	13.50m	13.72m	45-00.25
	13.41m FOUL FOUL 13.61m 13.72m FOUL				
7	Jonathon Chapman	FR Iowa Central CC	13.00m	13.28m	43-07.00
	FOUL 12.59m 12.83m FOUL 13.28m FOUL				
8	Chance Tatman	SO Iowa Central CC	12.00m	12.65m	41-06.00
	11.89m FOUL FOUL 12.65m FOUL FOUL				
9	Shelmund Mercalina	FR Iowa Central CC	10.55m	10.92m	35-10.00
	10.92m FOUL 10.01m 9.44m 10.01m FOUL				

