

University of Iowa Sports Information -- Traci Wagner, Wrestling Contact

WRESTLING WEEKLY RELEASE

FEBRUARY 9, 2010

2009-10 SCHEDULE & RESULTS (19-0 Overall, 4-0 Big Ten)

Date	Opponent	Time (CT)
11/14	at Harold Nichols Open	2 champs
11/20	Coe *	W, 39-3
	Cornell College *	W, 57-0
	Iowa Lakes *	W, 52-0
	UNC Pembroke *	W, 47-0
	S. Illinois Edwardsville *	W, 51-0
11/21	at Kaufman-Brand Open	2 champs
11/27	at Bucknell	W, 29-7
	vs. Rutgers	W, 33-9
12/6	at Iowa State (IPTV)	W, 18-16
12/10	Northern Iowa (BTNWS)	W, 48-3
12/29-30		•
1/9-10	at NWCA/Cliff Keen Duals	1st
1/9	vs. Nebraska	W, 33-3
	vs. Boise State	W, 20-12
1/10	vs. Minnesota	W, 28-12
	vs. Iowa State	W, 19-12
1/16	Oklahoma State (BTN)	W, 19-16
1/22	at Michigan	W, 36-0
1/24	vs. Purdue - at Lowell, IN	W, 41-6
1/29	Penn State (IPTV, BTNWS)	
1/31	Michigan State (BTNWS)	W, 37-0
2/6	vs. Utah Valley	W, 38-0
2/12	Northwestern (BTNWS)	7 p.m.
	(Iowa City, IA)	
2/14	at Minnesota (BTN)	6 p.m.
	(Minneapolis, MN)	
2/19	Ohio State (BTN)	7 p.m.
	(Iowa City, IA)	
2/21	at Wisconsin (BTN)	3 p.m.
	(Madison, WI)	
3/6-7	at Big Ten Champ's (BTN)	All Day
3/18-20	at NCAA Champ's	All Day
	(Omaha, NE)	

All times are Central and subject to change. BTN - Big Ten Network IPTV - Iowa Public Television BTNWS - Big Ten Network Web Streaming * - Iowa City Duals

PROBABLE LINEUPS

#1 lo	wa Hawk	<u>eyes (19-0, 4-0 Big</u>	2009-10 Collegiate				
Wt.	Rank	Name	Yr.	Hometown/Last School	Record		
125	4/4/4	Matt McDonough	*Fr.	Marion, IA/Linn-Mar HS	25-0		
133	3/3/7	Daniel Dennis	Sr.	Ingleside, IL/Grant HS	13-1		
141	7/7/8	Montell Marion	So.	Des Moines, IA/Roosevelt HS	16-3		
149	1/1/1	Brent Metcalf	Sr.	Davison, MI/Virginia Tech	25-0		
157		Aaron Janssen	Jr.	Emmetsburg, IA/Emmetsburg	HS 10-4		
OR		Jake Kerr	Jr.	Oskaloosa, IA/Oskaloosa HS	8-6		
165	4/4/5	Ryan Morningstar	Sr.	Lisbon, IA/Lisbon HS	20-3		
174	1/2/1	Jay Borschel	Sr.	Marion, IA/Virginia Tech	24-0		
184	8/12/11	Phillip Keddy	Sr.	Vernal, UT/Uintah HS	18-6		
197		Luke Lofthouse	Jr.	Avon, UT/Mountain Crest	17-11		
HWT	8/10/6	Dan Erekson	Sr.	Eagle, ID/Eagle HS	4-0		

<u>Nort</u>	<u>hwestern</u>	<u> Wildcats (5-10-1</u>	<u>, 0-5</u>	<u>Big 10)</u> 2009-10 Co	legiate
Wt.	Rank	Name	Yr.	Hometown/High School	Record
125		Levi Mele	Fr.	Vernal, UT/Uintah	8-8
133		Eric Metzler	Sr.	Luxemburg, WI/Luxemburg-Casc	o 11-7
141		Bobby Joyce	Jr.	Arlington Heights, IL/St. Viator	1-12
149	17/14/-	Andrew Nadhir	Jr.	Bloomfield Hills, MI/Detroit Cent	ral 19-6
157		Kevin Bialka	Fr.	Lockport, IL/Lockport	9-13
165		Robert Kellogg	So.	Sioux City, IA/North	8-14
174		Brian Roddy, Jr.	*Fr.	Highland Hts., OH/St. Edward	8-6
184		Aaron Jones	Jr.	Macomb, IL/Macomb	9-12
197		Josh Schoen	So.	Homer Glen, IL/Marist	12-10
HWT	-	Marcus Shrewsk	oury	Fr. Crown Point, IN/Crown Point	4-10

#5 N	linnesota (Golden Gophers	(11-4	<u>l, 6-0 Big 10)</u> 2009-10 Col	legiate
Wt.	Rank	Name	Yr.	Hometown/High School	Record
125	6/6/5	Zach Sanders	So.	Wabasha, MN/Wabasha-Kellogg	20-3
133	1/1/1	Jayson Ness	Sr.	Bloomington, MN/Kennedy	21-0
141	3/6/7	Mike Thorn	Jr.	St. Michael, MN/	20-4
				St. Michael-Albertville	
149	-/16/18	Mario Mason	*Fr.	Moorestown, NJ/Blair Academy	15-6
157	2/2/4	Dustin Schlatter	Sr.	Massillion, OH/Perry	12-1
165		Cody Yohn	*Fr.	Alamosa, CO/Alamosa	19-10
174	7/8/7	Scott Glasser	Jr.	Bismarck, ND/Bismarck	27-4
184		Kaleb Young	So.	Tenstrike, MN/Bemidji	7-12
197	11/12/19	Sonny Yohn	So.	Alamosa, CO/Alamosa	20-9
HWT	20/-/18	Ben Berhow	Jr.	Hayward, MN/Albert Lea	16-9

^{* -} redshirt freshman, rankings are AWN/Intermat/WIN

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HEAD COACH TOM BRANDS



Two-time Big Ten Coach of the Year, Tom Brands, is in his fourth season as head wrestling coach at Iowa. A 1996 Olympic gold medalist and member of wrestling's Hall of Fame, Brands is only the eighth wrestling coach at Iowa. The former Hawkeye wrestler was a four-time all-American and three-time national champion (1989-92) at Iowa. He has a 78-6 overall and 26-3 Big Ten coaching record at Iowa, and an 95-26 career mark.

In his third season with the Hawkeyes, Brands led Iowa to its second straight NCAA and Big Ten team titles, crowning five all-Americans and two Big Ten champions. The 2009 national title was the school's 22nd, and it was only the second time in school history Iowa won the NCAA title without an individual champion. Brands earned Big Ten Coach of the Year honors after guiding Iowa to the school's 33rd conference team title. The Hawkeyes ended the 2008-09 season with a 24-0 record, going undefeated for the first time since 1999-2000. The Hawkeyes, who ended the season on a 38-dual match winning streak that dates back to the 2007-08 campaign, clinched the 2009 Big Ten regular season title with a perfect 8-0 mark in conference competition and won the 2008 Midlands team title.

Brands served as head coach at Virginia Tech University for two seasons (2005-06), recording a 17-20 dual mark. Prior to taking the helm at Virginia Tech, Brands was an assistant coach at lowa for 12 seasons (1993-2004). He helped the Hawkeyes to a 177-27 dual record, seven NCAA and eight Big Ten titles, while crowning 23 NCAA champions, 73 all-Americans and 36 Big Ten champions. He was named the National Wrestling Coaches Association Assistant Coach of the Year in 2000.

As a competitor, Brands won the 1996 Olympic freestyle gold medal at 136.5 pounds in Atlanta, GA. He also won a gold medal at the 1993 World Freestyle Championships in Toronto, two World Cup gold medals (1994, 1995) and was the 1995 Pan American Games champion. He won four U.S. National titles (1993-96) and made four straight U.S. World or Olympic teams (1993-96). Along with his twin brother, Terry, Tom was named 1993 USA Wrestling Athlete of the Year, the 1993 John Smith Outstanding Freestyle Wrestler and 1993 Amateur Wrestling News Man of the Year. He was inducted into wrestling's Hall of Fame in 2001.

Brands was a four-time all-American at Iowa (1989-92). During his Hawkeye career, he won three NCAA titles and was named Outstanding Wrestler of the 1992 NCAA Championships. Also a three time Big Ten champion, Brands won 95 percent of his matches at Iowa. His career mark of 158-7-2, included an undefeated season in 1991 (45-0).

THIS WFFK

The top-ranked Iowa Hawkeyes (19-0, 4-0 Big Ten) will host Northwestern (5-10-1, 0-5 Big Ten) Friday at 7 p.m. and will wrestle at #5 Minnesota (11-4, 6-0 Big Ten) Sunday at 6 p.m. Iowa and Minnesota are both undefeated in Big Ten competition, as is #4 Ohio State (14-1, 3-0 Big Ten).

Tickets purchased in advance for the Iowa-Northwestern dual are \$10 for adults and \$5 for youth, while tickets purchased at the meet are \$12 for adults and \$6 for youth. UI students and children ages five and younger will be admitted for free. Tickets are available at the University of Iowa Athletic Ticket Office at 1-800-464-2957, 319-335-9327 or www.hawkeyesports.com, where fans can take advantage of a print-at-home option. The dual at Carver-Hawkeye Arena will be streamed live on www.bigtennetwork.com at a cost of \$2.99.

The lowa-Minnesota dual, which will be held at Williams Arena in Minneapolis, will be televised live on the Big Ten Network. Tickets - 15 for adults, \$5 for students, youth and seniors and \$5 for groups of 15 or more - are available from the University of Minnesota Athletic Ticket Office at 1-800-846-7437, 612-624-8080 or **www.gophersports.com**.

ON THE AIR

Radio - Steven Grace and two-time Hawkeye NCAA champion and four-time all-American Mark Ironside will call the action live on AM-800, KXIC and *www.hawkeyesports.com*. Web audio broadcasts are available using the XXL All-Access subscription (\$14.95 per month or \$119.95 per year).

Television - The Iowa-Minnesota dual at Minneapolis will be televised live on the Big Ten Network. Announcers Tim Johnson, Jim Gibbons and former Hawkeye Head Coach **Dan Gable** will call the action.

Internet - The Iowa-Northwestern dual will be streamed live on www.bigtennetwork.com at a cost of \$2.99. To access live scoring for the Iowa-Northwestern dual, go to the wrestling schedule page, select the event and click on the Live Results link. Results will be updated after each bout during the dual. Press releases, meet results, and audio and video broadcasts are available on the University of Iowa's website, www.hawkeyesports.com. Current staff and student-athlete head shots can be found at pics.hawkeyesports.com.

LIVE BLOGGING FROM CARVER-HAWKEYE ARENA

A member of the UI Sports Information staff will offer interactive content for the Iowa-Northwestern dual live via **www. hawkeyesports.com**. This feature gives Hawkeye fans the opportunity to voice their opinion by submitting questions and comments, while receiving up-to-the-minute play-by-play, notes and stats. The blog will start at approximately 6:45 p.m. (CT).

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IOWA WINNING STREAKS

The Hawkeyes have won 57 straight dual matches, which is a school record. The current streak started with a win over Cornell (32-3) on Jan. 12, 2008, which was the first match after Iowa lost to Oklahoma State (19-14) on Jan. 5.

That 57-match winning streak ranks fourth-best in NCAA wrestling history behind three Oklahoma State streaks. The Cowboys won 76 straight duals from 1937-51, and had two 69-match streaks (1921-32 and 1996-99).

The Hawkeyes have won 39 consecutive duals on the road, which is also a school record. That streak started with a 20-13 win at Iowa State on Dec. 9, 2007.

lowa has also won its last 23 duals at Carver-Hawkeye Arena. That streak, which ranks fourth-best in school history, started with a 27-13 win over Penn State on Jan. 20, 2008, which was also the first home match after the loss to the Cowboys.

Against Big Ten opponents, the Hawkeyes have won their last 23 duals, including the last 10 at home and 13 on the road. The 23 duals ranks second in school history, while the 10 and 13 both rank fourth. lowa's school record for consecutive Big Ten wins is 98 (12/13/1975-1/28/1989), while the records for Big Ten home wins is 63 (1/17/1975-1/3/1998) and road wins is 54 (1/19/1974-1/28/1989).

CONSTRUCTION ZONE

Construction has officially begun on the Carver-Hawkeye Arena Renovation Project, which will result in some changes regarding parking and entrance to the arena for wrestling matches.

The North entrance will no longer be accessible from the outside of the facility. Fans can enter, and purchase tickets, at the West and South entrances. Arena doors will open 90 minutes before the meet. The East entrance will serve as the event pass gate. Fans can still purchase tickets to future events from the North ticket windows, but will only be able to access that location from inside the arena.

Media parking for all meets will be in Lot 40, which is located across Elliott Drive from Carver-Hawkeye Arena, on the building's southeast side. Throughout the season, fans are encouraged to use free parking near the arena at Lot #33 (East Dental Lot), Lot #43 (located west of Kinnick Stadium and the UI Recreating Buildling), and the Finkbine Commuter lot. Other free parking is available at Hancher Auditorium, the Hawkeye Commuter lot (which is located west of the UI Athletics Hall of Fame, Grant Field, UI Soccer Field and the Hawkeye Tennis and Recreation Complex), and the hard surfaced lots at the UI softball and outdoor track complexes. Parking is also available at the regular hourly parking rate in the Clock Tower (#3) and Field House (#4) ramps.

NORTHWESTERN WILDCATS

Northwestern is 5-10-1 (0-5 Big Ten) with wins over St. Cloud State (17-12), Cleveland State (42-6), Air Force (26-15), Brown (23-18) and Southern Ililnois (28-15); losses to Stanford (6-27), Purdue (6-33), Northern Illinois (13-24), Central Michigan (12-28), Missouri (17-23), Oklahoma (3-40), Indiana (9-31), Illinois (6-30), Penn State (10-37) and Ohio State (6-37), and a tie with Eastern Michigan (18-18).

TEAM RANKINGS

NWCA/USA Today Division I Coaches Poll (2/9/10)

P	r	6	•	,

Rank	Team	Rank	Points	Record
1.	Iowa	1	275	19-0
2.	Iowa State	2	264	11-2
3.	Ohio State	3	250	16-1
4.	Oklahoma State	4	245	12-2-1
5.	Minnesota	5	231	11-4
6.	Cornell	6	219	5-4-1
7.	Lehigh	7	208	12-3-1
8.	Oklahoma	T8	196	14-2-1
9.	Maryland	10	183	16-4
10.	Penn State	11	167	12-5-1
11.	Central Michigan	12	157	14-2
12.	Boise State	T8	154	14-3
13.	Indiana	14	133	13-3
14.	Oregon St.	20	107	18-1
15.	Wisconsin	13	104	7-8
16.	Kent State	17	104	13-3
17.	Missouri	15	99	7-6
18.	Pittsburgh	18	94	14-1-1
19.	Cal Poly	16	88	7-4
20.	Virginia Tech	19	86	14-5
21.	Illinois	21	77	8-6
22.	Edinboro	22	45	8-4
23.	Rutgers	23	30	16-4-1
24.	Purdue	24	18	10-9
25.	Virginia	25	15	14-5

IOWA WRESTLING HISTORY

lowa's overall dual meet record is 873-215-30 (.794) in 100 seasons. The Hawkeyes have won 22 national titles and 33 Big Ten titles. Iowa's 49 NCAA champions have won a total of 57 NCAA individual titles, crowning six three-time and 14 two-time champions. The Hawkeyes' 101 Big Ten champions have won a total of 184 conference titles. There have been seven four-time, 18 three-time and 26 two-time lowa winners. Iowa's 138 all-Americans have earned all-America status 278 times, including 17 four-time, 27 three-time and 35 two-time honorees.

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2009-10 BIG TEN STANDINGS

	Big	Ten	Ove	rall
<u>Team</u>	W-L-T	Pct.	W-L-T	Pct.
Minnesota	6-0-0	1.000	11-4-0	.733
Ohio State	5-0-0	1.000	16-1-0	.941
IOWA	4-0-0	1.000	19-0-0	1.000
Penn State	3-2-0	.600	11-5-1	.676
Illinois	3-3-0	.500	8-6-0	.571
Indiana	2-3-0	.400	13-3-0	.813
Michigan State	2-3-0	.400	8-5-1	.607
Wisconsin	2-3-0	.400	6-9-0	.400
Purdue	1-5-0	.167	10-9-0	.526
Northwestern	0-5-0	.000	5-10-1	.344
Michigan	0-5-0	.000	4-12-0	.250

THIS WEEK IN THE BIG TEN

2/12	Northwestern at Iowa - 7 p.m. Ohio State at Illinois - 7 p.m. Michigan at Indiana - 7 p.m. Michigan State at Penn State - 7 p.m.
2/14	Indiana vs. Purdue - 1 p.m. Michigan State at Ohio State - 2 p.m. Iowa at Minnesota - 6 p.m. Wisconsin at Michigan - 7 p.m.

Match times are Central.

BIG TEN WRESTLERS OF THE WEEK

<u>Date</u>	Wrestler (Wt., School)
11/10	Colton Salazar (157, Purdue)
11/17	Cyler Sanderson (157, Penn State)
11/24	Reece Humphrey (141, Ohio State)
	Brad Pataky (125, Penn State)
12/1	Paul Young (165, Indiana)
12/8	Angel Escobedo (125, Indiana)
12/15	Ben Berhow (Hwt., Minnesota)
12/22	Cyler Sanderson (157, Penn State)
1/5	Brent Metcalf (149, Iowa)
1/12	Jay Borschel (174, Iowa)
1/19	Montell Marion (141, Iowa)
1/26	David Cheza (149, Michigan State)
	Lance Palmer (149, Ohio State)
2/2	Daniel Dennis (133, Iowa)
2/9	Trevor Brandvold (197, Wisconsin)

Head Coach Tim Cysewski has a 154-187-8 record in 20 seasons at Northwestern. He was an all-American, at 134 pounds, for Iowa in 1976. At the end of the 2009-10 season, current associate head coach Drew Pariano (Northwestern, 2000) will take over head coaching duties and Cysewski will stay on as Northwestern's top assistant coach. Also serving on the Wildcat staff as an assistant coach is Matt Storniolo (Oklahoma, 2007).

The Wildcats are led by 149-pound junior Andrew Nadhir, who is ranked 14th in the nation by Intermat and 17th by *Amateur Wrestling News* with an 19-6 record. In the pair's only meeting, Hawkeye senior **Brent Metcalf** pinned Nadhir in 4:28 at last season's dual. The Wildcats are without the services of returning NCAA qualifiers Brandon Precin (125) and Keith Sulzer (149). Precin is redshirting the season, while Sulzer is out due to injury.

lowa leads the series, 65-7-1, and hold a 28-3 edge at lowa City. The Hawkeyes have won the last five meetings, including last year's season-ending 34-13 win at Evanston that ensured lowa's 12th undefeated season in school history. Northwestern's last win in the series was a 22-19 upset, at Evanston, in 2005.

MINNESOTA GOLDEN GOPHERS

Minnesota is ranked fifth in the most recent NWCA/USA Today Division I Coaches Poll. The Golden Gophers are 11-4 (6-0 Big Ten) with wins over Cal State Bakersfield (31-9), Nebraska (28-14), Northern Colorado (41-3), Missouri (25-14), Central Michigan (25-9), Michigan State (18-16), Michigan (30-6), Wisconsin (20-18), Purdue (30-9), Illinois (27-13) and Indiana (28-13); and losses to Oklahoma State (8-21), Iowa State (16-19), Iowa (12-28) and Ohio State (12-26). Minnesota has won its last six duals.

Head Coach J Robinson is 358-122-3 in 24 years at Minnesota. Robinson served as interim head coach at Iowa in 1984, when then-Head Coach Dan Gable coached the U.S. Olympic team. He was also an assistant coach (1976-83) and graduate assistant (1972-76) at Iowa. Robinson is assisted by Minnesota alums Joe Russell (1992), Brandon Eggum (2000) and Luke Becker (2003).

The Golden Gophers are led by seniors Jayson Ness (133) and Dustin Schlatter (157), juniors Mike Thorn (141) and Scott Glasser (174), and sophomore Zach Sanders (125). Ness is ranked first in the nation with a 21-0 record, while Schlatter is ranked second by *AWN* and Intermat and fourth by *WIN* at 12-1. Both wrestlers missed most of the month of January due to injury and just recently returned to the Minnesota lineup. Thorn is ranked third by *AWN*, sixth by Intermat and seventh by *WIN* with a 20-4 record, while Sanders is ranked fifth by *WIN* and sixth by *AWN* and Intermat at 20-3. Glasser is ranked seventh by *AWN* and *WIN*, eighth by Intermat with a 27-4 record, and has won 17 of his last 18 matches. His last loss was an 11-3 major decision to Hawkeye senior Jay Borschel at the NWCA/Cliff Keen National Duals in January.

lowa holds a 66-24-1 lead in the series, going 30-11-1 at Minneapolis. The Hawkeyes have won the last four meetings, including a 28-12 decision Jan. 10 at the NWCA Cliff Keen National Duals semifinals in Cedar Falls. Minnesota's last win in the series was a 29-13 victory at lowa City.

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LAST MEETING - IOWA 34, NORTHWESTERN 13

Iowa posted a 34-13 victory at Northwestern to end the 2009-10 season undefeated at 24-0. The Hawkeyes also clinched the 2009 Big Ten regular season title with a perfect 8-0 mark. The Hawkeyes have posted 12 undefeated and untied seasons, and the 2009 season produced the most victories ever.

lowa went 7-3 at Northwestern, scoring bonus points in six matches. Juniors **Brent Metcalf** (149), **Chad Beatty** (197) and **Dan Erekson** (Hwt.) pinned their Wildcat opponents, junior **Jay Borschel** (174) scored a match-termination technical fall, and juniors **Daniel Dennis** (133) and **Ryan Morningstar** (165) posted major decisions. lowa's three losses were to higher ranked Wildcat opponents. At 125, #4 Brandon Precin caught fifth-ranked Hawkeye senior **Charlie Falck** in a scramble situation, recording the pin in 4:19. At 157, #14 Jason Welch scored an 11-3 major decision over unranked Hawkeye sophomore **Matt Ballweg**. At 184, third-ranked **Phillip Keddy** gave top-ranked and undefeated Jake Herbert a run for his money, but lost, 3-2.

Iowa 34, Northwestern 13

- 125 Brandon Precin (N) pinned Charlie Falck (I), 4:19
- 133 Daniel Dennis (I) maj. dec. Bobby Joyce (N), 14-4
- 141 Alex Tsirtsis (I) dec. Keith Sulzer (N), 5-1
- 149 Brent Metcalf (I) pinned Andrew Nadhir (N), 4:28
- 157 Jason Welch (N) maj. dec. Matt Ballweg (I), 11-3
- 165 Ryan Morningstar (I) maj. dec. Dominic Marella (N), 12-3
- 174 Jay Borschel (I) tech. fall Robert Kellogg (N), 21-4 in 6:11
- 184 Jake Herbert (N) dec. Phillip Keddy (I), 3-2
- 197 Chad Beatty (I) pinned Aaron Jones (N), 1:55
- Hwt. Dan Erekson (I) pinned Paul Rands (N), 0:57

LAST MEETING - IOWA 28, MINNESOTA 12

lowa won its 50th straight dual Jan. 10 when it defeated #6 Minnesota, 28-12, in the 2010 NWCA/Cliff Keen National Duals championship semifinals at the UNI Dome in Cedar Falls, IA. The top-ranked Hawkeyes improved to 12-0 with the win, while Minnesota fell to 5-3.

lowa started off with a 6-0 lead on identical 6-4 decisions by redshirt freshmen Matt McDonough (125) and Nate Moore (133). McDonough, who is ranked fourth in the nation, trailed #6 Zach Sanders of Minnesota 3-1 in the second period, but scored a second-period takedown, a reversal to start the third period and riding time insured the win. Moore was tied 3-3 with Minnesota redshirt freshman Thane Antczak after the first period, but scored an escape and takedown in the second period to secure the win.

Minnesota tied the score at 6-6 at 141 with #6 Mike Thorn's pin of Hawkeye sophomore **Montell Marion** in 42 seconds. The pair started the period with several scrambles and the pin was recorded without a takedown being awarded.

Iowa rolled off wins at the next five weights to secure the team victory. Topranked Hawkeye senior **Brent Metcalf** answered Thorn's pin at 141 with one of his own. Hawkeye junior **Aaron Janssen** recorded two takedowns and three nearfall points in his 11-5 victory over Minnesota redshirt freshman Mario Mason. At 165,

THE LAST TIME IOWA...

Won a dual meet at home:

Jan. 31, 2010 - 37-0 vs. Michigan State

Lost a dual meet at home:

Jan. 5, 2008 - 19-14 vs. Oklahoma State

Won a dual meet on the road:

Feb. 6, 2010 - 38-0 vs. Utah Valley

Lost a dual meet on the road:

Feb. 4, 2007 - 24-13 at Penn State

Tied a dual meet:

Dec. 4, 1992 - 18-18 at Penn State

Shut-out an opponent in a dual meet:

Jan. 22, 2010 - 36-0 at Michigan

Was shut-out in a dual meet:

1965-66 - 39-0 vs. Oklahoma

Lost two consecutive dual meets:

Feb. 5, 2006 - 19-17 at Michigan St.

Feb. 10, 2006 - 24-13 vs. Illinois **Scored 50 or more team points:**

Nov. 20, 2009 - 51-0 vs. SIUE

Went undefeated for a season:

2008-09 - 24-0

Went undefeated in Big Ten duals:

2008-09 - 8-0

Had a losing season:

1966-67 - 7-8

HIGH/LOW FACTS

Placing at NCAA Meet

High: 1st - 22 times, last in 2009

Low: T32nd - 1971

Team Score at NCAA Meet

High: 170 points - 1997

Low (since 1962): 8 points - 1968

Placing at Big Ten Meet

High: 1st - 33 times, last in 2009

Low: 10th - 1929

Individual NCAA Champs

High: 5 - 1986 and 1997

Low: 0 - 40 times, last in 2009

All-Americans

High: 9 - 6 times, last in 1995

Low: 0 - 19 times, last in 1968

Individual Big Ten Champs

High: 9 - 1983

Low: 0 - 29 times, last in 2006

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senior **Ryan Morningstar** scored nine nearfall points en route to a 17-2 technical fall over Golden Gopher sophomore Joe Grygelko. Iowa seniors **Jay Borschel** (174) and **Phillip Keddy** (184) both scored major decisions. Borschel scored an 11-3 win over Minnesota junior Scott Glasser to remain undefeated at 17-0, while Keddy blanked sophomore Kaleb Young, 11-0, en route to his 13th win of the season.

Minnesota won the last two bouts of the dual by decision. Sophomore Sonny Yohn posted a 6-1 win over Hawkeye junior **Luke Lofthouse** at 197, and junior Ben Berhow recorded a 6-3 victory over lowa sophomore **Blake Rasing** at heavyweight.

#1 Iowa 28, #6 Minnesota 12

Opponent

Penn State

Michigan State

^vs. Utah Vallev

- 125 Matt McDonough (I) dec. Zach Sanders (M), 6-4
- 133 Nate Moore (I) dec. Thane Antczak (M), 6-4
- 141 Mike Thorn (M) pinned Montell Marion (I), 0:42
- 149 Brent Metcalf (I) pinned David Zilverberg (M), 2:18
- 157 Aaron Janssen (I) dec. Mario Mason (M), 11-5
- 165 Ryan Morningstar (I) tech. fall Joe Grygelko (M), 17-2

125

133

McDonough Dennis Marion Metcalf

McDonough Dennis Marion Metcalf

- 174 Jay Borschel (I) maj. dec. Scott Glasser (M), 11-3
- 184 Phillip Keddy (I) maj. dec. Kaleb Young (M), 11-0
- 197 Sonny Yohn (M) dec. Luke Lofthouse (I), 6-1
- Hwt. Ben Berhow (M) dec. Blake Rasing (I), 6-3

HAVEN'T WE MET?

Following are past collegiate career results of potential lowa-Minnesota match-ups:

- 125 Matt McDonough (I) is 1-0 vs. Zach Sanders (M)

 McDonough dec. Sanders, 6-4, at 2010 National Duals
- 133 **Daniel Dennis (I)** is 2-0 vs. Jayson Ness (M)

 Dennis dec. Ness, 6-4, at 2009 National Duals

 Dennis dec. Ness, 9-7, at 2009 dual
- 141 **Montell Marion (I)** is 0-1 vs. Mike Thorn (M) *Thorn pinned Marion in 0:42 at 2010 National Duals*
- 174 **Jay Borschel (I)** is 1-0 vs. Scott Glasser (M) *Borschel maj. dec. Glasser, 11-3, at 2010 National Duals*
- 184 **Phillip Keddy (I)** is 1-0 vs. Kaleb Young (M) Keddy maj. dec. Young, 11-0, at 2010 National Duals
- 197 **Luke Lofthouse (I)** is 0-1 vs. Sonny Yohn (M) *Yohn dec. Lofthouse, 6-1, at 2010 National Duals*
- Hwt. Dan Erekson (I) is 2-0 vs. Ben Berhow (M)

 Erekson dec. Berhow, 3-2, at 2009 National Duals

 Erekson dec. Berhow, 10-4, at 2009 NCAA Champ's

174

Morningstar Borschel Keddy Lofthouse Erekson

Morningstar Borschel Keddy Lofthouse Erekson

197

Hwt.

Opponent	123	133	141	143	137	103	1/4	104	137	1100 C.
*Coe	McDonough	Dennis	LeClere	Metcalf	Kerr	Morningstar	Borschel	Keddy	Beatty	Johnson
*Cornell College	McDonough	Dennis	LeClere	Metcalf	Kerr	Morningstar	Borschel	Keddy	Beatty	Johnson
*Iowa Lakes	McDonough	Dennis	LeClere	Metcalf	Kerr	Morningstar	Borschel	Keddy	Beatty	Johnson
*UNC Pembroke	McDonough	Dennis	LeClere	Metcalf	Kerr	Morningstar	Borschel	Keddy	Beatty	Johnson
*S. Illinois Edwardsville	McDonough	Dennis	LeClere	Metcalf	Kerr	Morningstar	Borschel	Keddy	Beatty	Johnson
at Bucknell	McDonough	Dennis	LeClere	Metcalf	Ballweg	Janssen	Borschel	Keddy	Beatty	Johnson
\$vs. Rutgers	McDonough	Dennis	LeClere	Metcalf	Janssen	Kerr	Borschel	Gambrall	Beatty	Johnson
at Iowa State	McDonough	Dennis	LeClere	Metcalf	Janssen	Morningstar	Borschel	Keddy	Beatty	Rasing
Northern Iowa	McDonough	Moore	Marion	Metcalf	Janssen	Morningstar	Borschel	Keddy	Beatty	Rasing
#vs. Nebraska	McDonough	Moore	Marion	Metcalf	Janssen	Morningstar	Borschel	Keddy L	ofthouse.	Johnson
#vs. Boise State	McDonough	Moore	Marion	Metcalf	Kerr	Morningstar	Borschel	Keddy L	ofthouse	e Rasing
#vs. Minnesota	McDonough	Moore	Marion	Metcalf	Janssen	Morningstar	Borschel	Keddy L	ofthouse	Rasing
#vs. Iowa State	McDonough	Moore	LeClere	Metcalf	Janssen	Morningstar	Borschel	Keddy L	ofthouse.	e Johnson
Oklahoma State	McDonough	Dennis	Marion	Metcalf	Janssen	Morningstar	Borschel	Keddy L	ofthouse	Rasing
at Michigan	McDonough	Dennis	Marion	Metcalf	Janssen	Morningstar	Borschel	Keddy L	ofthouse	Rasing
&vs. Purdue	McDonough	Dennis	Marion	Metcalf	Kerr	Morningstar	Borschel	Keddy L	ofthouse.	Erekson

2009-10 IOWA DUAL STARTING LINEUPS

157

165

149

Bolded names = match winners, *Iowa City Duals, \$at Bucknell, #at NWCA/Cliff Keen National Duals, &at Lowell, IN, ^at Vernal, UT

Kerr

Kerr

McDonough Dennis Marion Metcalf Janssen Morningstar Borschel Keddy Lofthouse Erekson

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WRESTLING WEEKLY RELEASE

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2009-10 HAWKEYE TOP FIVE STATISTICAL LEADERS

0:13
0:20
0:36
0:47
0:53
4
3
) 3
3
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2
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8
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CARVER-HAWKEYE ARENA

Carver-Hawkeye Arena has been the home of Iowa wrestling since 1983. The Hawkeyes are 177-18 (.908) in the arena, which includes a record 10 victories during the 1986 season. Iowa has recorded 17 undefeated seasons in the arena, with the most recent (7-0) occurring in 2008-09. The dual wrestling attendance record for Carver-Hawkeye Arena is 15,955, set when Iowa defeated Iowa State (20-15) on December 6, 2008. The arena seats 15,500 for a dual wrestling meet.

HAWKEYES BLANK UTAH VALLEY, 38-0

Iowa posted its seventh shut out of the season Feb. 6, blanking Utah Valley, 38-0, at Uintah High School in Vernal, UT. The trip served as a homecoming for Hawkeye senior 184-pounder **Phillip Keddy**, who was a two-time state champion at Uintah.

lowa (19-0, 4-0 Big Ten) extended its winning streak to 57 overall duals and 39 road duals with the win. Both streaks, as well as the seven shut outs, are school records. Head Coach **Tom Brands** also picked up his 95th career victory as lowa only allowed three Wolverine takedowns.

Hawkeye redshirt freshman Matt Mc-Donough, who was ranked fourth in the nation, opened the dual at 125 pounds with a 7-4 decision over #11 Ben Kjar to remain undefeated at 25-0 this season. McDonough scored the first takedown of the bout, but Kjar escaped and scored a takedown of his own to take a 3-2 lead. McDonough responded with a reversal and two nearfall points to end the first period with a 6-3 advantage. Kjar escaped in the second period, but McDonough escaped in the third for the 7-4 win.

lowa senior **Daniel Dennis** scored a takedown with three seconds left in his 133-pound match with Utah Valley's Flint Ray to score a 6-5 victory and collect his 60th career win. Dennis, who was named Big Ten Wrestler of the Week last week, led the match 3-0 early in the second period,

Statistics are compiled from matches wrestled by attached competitors.

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but Ray scored a takedown and two nearfall points to end the period. Ray chose the down position to start the third period and escaped to take a 5-3 lead, but Dennis scored the takedown and added a point for riding time to snatch his fifth-straight win.

At 141, Hawkeye sophomore **Montell Marion** scored lowa's first bonus points of the night with a 20-7 major decision over Wolverine Jeff Newby.

Hawkeye senior **Brent Metcalf** scored his 14th pin of the season and the 45th of his Iowa career, sticking Justin Morrill in 1:43 at 149. It was the third-straight pin for Metcalf, who is 25-0 this season and now ranks eighth on Iowa's all-time career pins list with former Hawkeye **Mark Reiland** (1989-92).

Iowa junior **Jake Kerr** scored four third-period takedowns to beat Utah Valley's Clay Frost, 12-4, at 157. It was Kerr's second-straight win, and his first major decision of the season.

At 165, Hawkeye senior **Ryan Morningstar** scored his 100th career victory with a 3-1 decision over Jeb Clark. Morningstar scored two nearfall points in the second period and an escape in the third to win his fifth-straight bout.

Hawkeye senior **Jay Borschel** kept his season record (24-0) perfect with an 8-2 decision over Brad Darrington at 174. Borschel scored a takedown in each period to post his 85th career victory.

Utah natives Keddy and Iowa junior **Luke Lofthouse** added two more Hawkeye wins in the final matches of the night. Keddy improved to 18-6 in front of his hometown crowd with a 9-3 win over Casen Eldredge. Lofthouse, who is a native of Avon, UT, picked up his third-straight victory with a 12-5 decision over Josh Wood at 197. Hawkeye senior heavyweight **Dan Erekson** received a forfeit to end the dual.

Iowa 38, Utah Valley 0

125 - Matt McDonough (I) dec. Ben Kjar (UV), 7-4

133 - Daniel Dennis (I) dec. Flint Ray (UV), 6-5

141 - Montell Marion (I) maj. dec. Jeff Newby (UV), 20-7

149 - Brent Metcalf (I) pinned Justin Morrill (UV), 1:43

157 - Jake Kerr (I) maj. dec. Clay Frost (UV), 12-4

165 - Ryan Morningstar (I) dec. Jeb Clark (UV), 3-1

174 - Jay Borschel (I) dec. Brad Darrington (UV), 8-2

184 - Phillip Keddy (I) dec. Casen Eldredge (UV), 9-3

197 - Luke Lofthouse (I) dec. Josh Wood (UV), 12-5

Hwt. - Dan Erekson (I) won by forfeit

WRESTLING SUMMER CAMPS

For dates and more information about 2010 lowa Wrestling Summer camps visit **www.iowawrestlingcamps.com**.

HAWKEYES CROWN THREE DUHAWK OPEN CHAMPS

Eight Hawkeyes competed unattached at the DuHawk Open at Loras College in Dubuque, IA, Feb. 6, with three winning individual titles. Sophomore **Brodie Ambrose** (197) and true freshmen **Tony Ramos** (133) and **Dylan Carew** (149) each won their weight classes, while sophomore **Blake Rasing** (Hwt.) and true freshmen **Ethen Lofthouse** (174) and **Tomas Lira** (184) each placed second, and sophomore **Stew Gillmor** (157) placed fifth.

HAWKEYES SET SCHOOL RECORD FOR SEASON SHUTOUTS

Iowa's 38-0 shutout of Utah Valley last weekend was the seventh for the Hawkeyes this season, which sets a new school record. The previous record of five was set during the 1980-81, 1989-90, 1990-91 and 2008-09 seasons. Iowa has blanked Cornell College (57-0), Iowa Lakes (52-0), North Carolina Pembroke (47-0), Southern Illinois Edwardsville (51-0), Michigan (36-0), Michigan State (37-0) and Utah Valley (38-0) this season.

HAWKEYE TRIO REMAINS UNDEFEATED

Hawkeye seniors **Brent Metcalf** (149) and **Jay Borschel** (174), and redshirt freshman **Matt McDonough** (125) are all undefeated this season. Metcalf and McDonough are 25-0, while Borschel is 24-0. Metcalf has scored extra team points in 20 of his 25 bouts, while McDonough has posted extra points in 18 and Borschel 15. All three are 19-0 in dual matches, and have combined for 275 of lowa's 674 team points scored in dual competition. Metcalf (23-0) and McDonough (9-0) are also unbeaten at Carver-Hawkeye Arena in their lowa careers.

METCALF MOVES UP ON CAREER PINS LIST

Hawkeye senior 149-pounder **Brent Metcalf** moved up to eighth on lowa's all-time career pins list after sticking his third-straight opponent last weekend. His 45 career pins is tied for eighth with former Hawkeye **Mark Reiland** (1989-92). Former Hawkeye **Ed Banach** (1980-83) holds the record with 73. Iowa Assistant Coach **Terry Brands** ranks sixth with 48 (1988-92) and Hawkeye Head Coach **Tom Brands** ranks seventh with 46 (1988-92).

Metcalf is the only Hawkeye to crack the career list with only three seasons of competition. He has pinned 45 percent (45 pins in 99 matches) of his opponents at Iowa. The top-ranked Hawkeye has 14 pins this season and is undefeated at 25-0.

MORNINGSTAR SNARES 100TH CAREER VICTORY

Hawkeye senior **Ryan Morningstar** recorded his 100th career win last weekend with a 3-1 victory over Utah Valley's Jeb Clark. Morningstar is 20-3 this season, going 15-2 in dual competition. The Lisbon, IA, native has started 82 duals for the Hawkeyes and has a career record of 100-35.

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Hawkeye seniors **Brent Metcalf** (97-2) and **Phillip Keddy** (94-38) are also closing in on their 100th career victories.

SENIOR LEADERSHIP

Iowa's 11 seniors - Chad Beatty, Jay Borschel, Daniel Dennis, Dan Erekson, Michael Fahrer, Phillip Keddy, Dan LeClere, Rick Loera, Brent Metcalf, Ryan Morningstar, Joe Slaton - bring a wealth of talent and experience to the mat.

The group has a combined career record of 630-213, going 392-114 in duals, 116-49 in Big Ten duals and 145-39 in Carver-Hawkeye Arena. The group has scored 1,592 team points in dual competition and has started a combined 509 dual matches. Iowa's seniors have won one NCAA individual title, three Big Ten individual titles, nine all-America honors and qualified for the NCAA Championships 16 times.

ALL IN THE FAMILY

On the 2009-10 Hawkeye wrestling team, there is one set of brothers, three wrestlers whose fathers wrestled at Iowa and two uncle-nephew combinations.

Junior Matt Ballweg (157) and redshirt freshman Mark Ballweg (133/141) are brothers who hail from Waverly, IA.

Senior **Rick Loera** (197), redshirt freshman **Matt McDonough** (125/133) and true freshman **Nick Trizzino** all had fathers who wrestled for the Hawkeyes. **George Loera** (1975-76) and **Mike McDonough** (1974-76) wrestled on the same team, while **Mark Trizzino** was an all-American (1984) and four-year letterwinner (1981-84) for the Hawkeyes.

Junior **Luke Lofthouse** (197) is the uncle of Hawkeye true freshman **Ethen Lofthouse** (174). **Nick Trizzino**'s uncle, **Scott Trizzino**, was also a three-time all-American (1978-79-81) and four-time letterwinner (1977-79, 1981) for the Hawkeyes.

There have been 11 sets of brothers to wrestle together in the Hawkeye lineup since the 1950s. They are **Don** and **Tom Huff** (1961), **Mark** and **Scott Trizzino** (1981), **Lenny**, **Larry** and **Jim Zalesky** (1981-82), **Ed** and **Lou Banach** (1981-83), **Marty** and **Lindley Kistler** (1984-85), **Jim** and **John Heffernan** (1987), **Tom** and **Terry Brands** (1989-92), **Troy** and **Terry Steiner** (1991-93), **Ryan** and **Randy Fulsaas** (2001) and **Luke** and **Ty Eustice** (2003-04).

There have also been five sets of twins to wrestle at Iowa. They are Ed and Lou Banach, Tom and Terry Brands, Ben and Brett Stedman, Troy and Terry Steiner, and Randy and Ryan Fulsaas.

MICHIGAN TO HOST 2010 BIG TEN CHAMPIONSHIPS

The 2010 Big Ten Wrestling Championships are set for Saturday and Sunday, March 6-7 at the University of Michigan's Crisler Arena at Ann Arbor, MI.

Session One (first round and quarterfinals) is set to start Saturday at 10 a.m. (CT). Session Two (championship semifinals and consolation matches) will begin Saturday at 5 p.m. Sunday's Session Three (consolation semifinals and seventh-place matches) will start at 11 a.m. with the championships round (first, third and fifth-place matches) starting at 1:05 p.m.

All-session tickets (\$30) are available from the UM Athletic Ticket Office (734-764-0247 or **www.MGoBlue.com/tickets**). Single-session tickets will be on sale at Crisler Arena on days of competition. Single-session tickets for Sessions One and Two are \$15 for reserved seats, \$10 for general admission seats and \$8 for general admission seats for groups of 10 or more. Tickets for Session Three are \$20 for reserved seats, \$15 for general admission seats and \$8 for general admission seats for groups of 10 or more.

2010 NCAA CHAMPIONSHIPS SET FOR OMAHA

The 2010 NCAA Wrestling Championships are scheduled for March 18-20 at the Qwest Center in Omaha, NE. The NCAA, University of Nebraska and the Omaha Sports Commission will co-host the event. Tickets to the event are available at (402) 422-1212 or **www.ticketmaster.com**.

Sessions one (11 a.m.) and two (6:30 p.m.) will be held Mar. 18, sessions three (10 a.m.) and four (6 p.m.) will be Mar. 19, and session five (10 a.m.) and the championship finals (6:30 p.m.) are set for Mar. 20. All times are Central.

UP NEXT

The top-ranked Hawkeyes will close out the 2009-10 Big Ten dual season at home and on the road next weekend, with both matches appearing on the Big Ten Network.

lowa will host #3 Ohio State (16-1, 5-0 Big Ten) Friday, Feb. 19 at 7 p.m. (CT) at Carver-Hawkeye Arena. The Big Ten Network will air a same-day taped delay broadcat of the dual at 10 p.m. (CT). Tickets purchased in advance are \$13 for adults, \$7 for youth and \$2 for children ages five and under, while tickets purchased at the meet are \$15 for adults, \$8 for youth and \$2 for children ages five and under. UI students will be admitted for free. Tickets are available at the University of Iowa Athletic Ticket Office at 1-800-464-2957, 319-335-9327 or www.hawkeyesports.com, where fans can take advantage of a print-at-home option.

The Hawkeyes will close out the dual meet season Sunday, Feb. 21 at #15 Wisconsin (6-9, 2-3 Big Ten). The match will be wrestled at the UW Field House in Madison at 3 p.m. (CT), and aired on a same-day taped-delay basis on the Big Ten Network at 10 p.m. Tickets (\$5 for adults, \$2 for children and seniors) go on-sale starting one hour prior to the event and are available at the ticket windows located inside the entrance to Gates B and C of the Field House.



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2009-10 INDIVIDUAL SEASON STATISTICS

Career Wrestler, Wt.	Career Record	Overall Record	Coll. Record	Dual Record	Big 10 Record	Career CHA	Career Oual Starts				MD W-I			Fastest Fall
J.J. Krutsinger, 125	19-9	14-4	11-4	0-0	0-0	0-0	5	0	0-0	0-0	2-2		5-0	1:55
Matt McDonough, 125		25-0	25-0	19-0	4-0	9-0	19	86	1-0	0-0	8-0		7-0	1:06
Mark Ballweg, 133*	0-2	11-5	0-2	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-1	
Tyler Clark, 133*	0-0	8-1	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	
Daniel Dennis, 133	60-25	14-1	13-1	13-1	4-0	15-7	57	53	1-0	1-0	5-0	3-0	1-0	2:46
Nate Moore, 133	9-6	13-7	9-6	3-2	0-0	1-0	5	13	0-1	0-0	2-0	0-0	4-0	0:20
Tony Ramos, 133* Nick Trizzino, 133*	0-0 0-0	12-0 9-6	0-0 0-0	0-0 0-0	0-0 0-0	0-0 0-0	0 0	0 0	0-0 0-0	0-0 0-0	0-0 0-0	0-0 0-0	0-0 0-0	
•			9-3				33			0-0				
Dan LeClere, 141 Montell Marion, 141*	38-15 26-6	10-3 21-5	9-3 16-3	8-1 8-2	0-0 3-1	10-2 3-1	33 10	33 32	0-1 0-1	0-0	2-0 3-0	1-0 1-0	2-0 4-2	2:57 2:37
Joe Slaton, 141*	37-6	10-1	0-0	0-0	0-0	6-2	23	0	0-0	0-0	0-0	0-0	0-0	2.37
•														
Dylan Carew, 149 Jeret Chiri, 149	0-0 0-2	11-1 1-2	0-0 0-2	0-0 0-0	0-0 0-0	0-0 0-0	0 0	0 0	0-0 0-0	0-0 0-0	0-0 1-0	0-0 0-0	0-0 0-0	
Brent Metcalf, 149	97-2	25-0	25-0	19-0	0-0 4-0	23-0	65	103	0-0	0-0	2-0		14-0	1:36
Ethan Sebert, 149*	0-0	25-0	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	
Phillip Sheridan, 149*	0-0	3-2	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	
Matt Ballweg, 157	25-24	9-4	4-3	0-1	0-0	3-4	25	0	0-0	0-0	2-0	0-0	1-0	0:53
Stew Gillmor, 157*	3-2	5-6	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	
Aaron Janssen, 157/16	5 22-11	10-4	10-4	8-2	2-0	2-3	13	23	1-0	0-0	3-2	0-0	0-0	
Jake Kerr, 157/165	18-20	9-6	8-6	6-4	1-1	5-3	18	28	0-2	0-0	1-0	0-0	2-1	5:35
Derek St. John, 157*	0-0	26-4	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	
Joe DuCharme, 165*	0-0	4-2	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	
Ryan Morningstar, 165	100-35	20-3	20-3	15-2	4-0	22-8	82	60	3-0	0-0	5-0	2-0	3-0	1:43
Jay Borschel, 174	85-10	24-0	24-0	19-0	4-0	20-2	61	85	0-0	0-0	8-0	0-0	7-0	0:13
Ethen Lofthouse, 174*	0-0	30-7	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	
Grant Gambrall, 184	14-5	21-6	14-5	1-0	0-0	0-0	1	4	0-0	0-0	1-1	1-1	3-0	1:46
Phillip Keddy, 184	94-38	18-6	18-6	14-4	3-1	23-7	81	57	0-1	0-1	6-0	2-0	2-0	1:24
Tomas Lira, 184*	0-0	10-11	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	
Vinnie Wagner, 184	5-4	9-6	5-4	0-0	0-0	0-0	0	0	0-0	0-0	1-0	0-1	1-1	0:36
Brodie Ambrose, 197*	4-2	10-0	0-0	0-0	0-0	0-0	2	0	0-0		0-0			
Chad Beatty, 197	46-22	13-2	13-2	8-1	0-0	13-3	45	31	0-0		4-1			2:31
Luke Lofthouse, 197	27-30	18-11	17-11	5-5	3-1	4-5	27	15	0-1	1-0	3-1	1-0	0-0	
Dan Erekson, Hwt.	57-35	4-0	4-0	4-0	3-0	10-5	49	18	0-0		0-0			1:08
Jordan Johnson, Hwt.	11-5	15-3	10-2	7-2	0-0	6-1	11	30	0-0		1-0			0:47
Blake Rasing, Hwt.	9-9	17-10	9-9	1-5	1-0	0-2	6	3	1-1					1:21
Totals	/44-281	461-135	263-69	158-32	36-4	157-48	616	674	7-8	3-1	b3-/	22-2	64-/	0:13

Coll. - Collegiate, CHA - Carver-Hawkeye Arena, SV - sudden victory, TB - tiebreak, MD - major decision, TF - technical fall, * - wrestling unattached, SV - sudden victory, TB - tiebreak, MD - major decision, TF - technical fall. * - wrestling unattached



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2009-10 DUAL TEAM POINTS SCORED BY WEIGHT											
Opponent	125	133	141	149	157	165	174	184	197	Hwt.	Total
*Coe	5	6	4	6	0	3	6	3	3	3	39
*Cornell College	5	5	6	6	6	6	6	5	6	6	57
*Iowa Lakes	6	4	4	6	6	4	6	6	4	6	52
*UNC Pembroke	4	5	4	6	3	5	6	5	3	6	47
*S. Illinois Edwardsville	6	4	6	6	3	6	6	6	5	3	51
at Bucknell	5	4	3	3	0	0	4	4	3	3	29
\$vs. Rutgers	6	5	3	5	3	0	4	4	3	0	33
at Iowa State	3	3	0	6	3	0	3	0	0	0	18
Northern Iowa	6	6	6	6	4	6	6	4	4	0	48
#Nebraska	4	4	3	6	3	4	3	3	0	3	33
#Boise State	4	0	3	4	0	3	3	0	3	0	20
#Minnesota	3	3	0	6	3	5	4	4	0	0	28
#Iowa State	3	0	3	3	3	3	4	0	0	0	19
Oklahoma State	4	0	3	5	0	0	4	3	0	0	19
at Michigan	4	3	4	5	4	3	3	4	3	3	36
&vs. Purdue	6	4	6	6	0	3	6	4	0	6	41
Penn State	3	4	0	6	3	3	4	0	3	3	29
Michigan State	6	3	3	6	3	3	4	3	3	3	37
^vs. Utah Valley	3	3	4	6	4	3	3	3	3	6	38
Totals	86	66	65	103	51	60	84	61	46	51	674

^{* -} at Iowa City Duals, # - at NWCA/Cliff Keen National Duals, \$ - at Bucknell, & - at Lowell, IN

INDIVIDUAL DUAL RECORD BY WEIGHT												
125	133	141	149	157	165	174	184	197	Hwt.	Total		
19-0	16-3	16-3	19-0	14-5	15-4	19-0	15-4	13-6	12-7	158-32		
DUAL PINS BY WEIGHT												
125	133	141	149	157	165	174	184	197	Hwt.	Total		
6/0	2/0	4/1	11/0	2/0	3/0	6/0	2/0	1/0	4/1	41/2		
DUAL TECHNICAL FALLS BY WEIGHT												
125	133	141	149	157	165	174	184	197	Hwt.	Total		
3/0	3/0	1/0	3/0	0/0	2/0	0/0	2/0	1/0	0/0	15/0		
DUAL MAJOR DECISIONS BY WEIGHT												
125	133	141	149	157	165	174	184	197	Hwt.	Total		
5/0	6/0	4/0	1/0	3/1	2/1	7/0	6/0	2/2	0/0	36/4		
DUAL	DECISION	IS BY WEIG	HT									
125	133	141	149	157	165	174	184	197	Hwt.	Total		
5/0	5/3	6/2	2/0	9/4	8/3	5/0	5/4	9/4	7/6	62/26		
DUAL DISQUALIFICATIONS/FORFEITS/INJURY DEFAULTS BY WEIGHT												
125	133	141	149	157	165	174	184	197	Hwt.	Total		
0/0	0/0	0/0	2/0	0/0	0/0	1/0	0/0	0/0	1/0	4/0		
TEAM RECORD AT DUAL STARTING WEIGHT												
125	133	141	149	157	165	174	184	197	Hwt.	Total		
19-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	19-0		

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2009-10 DUAL MEET RESULTS

Iowa 39, Coe College 3 - Iowa City Duals - Nov. 20, 2009

125 - Matt McDonough (I) tech. fall Clayton Rush (C), 18-3 in 5:29

133 - Daniel Dennis (I) pinned Bryan Telgenhoff (C), 2:46

141 - Dan LeClere (I) maj. dec Jordan Westfall (C), 14-4

149 - Brent Metcalf (I) pinned Mark Carey (C), 1:45

157 - Dale Handley (C) dec. Jake Kerr (I), 4-3

165 - Ryan Morningstar (I) dec. Nick LeClere (C), 6-5

174 - Jay Borschel (I) pinned Seth Rehn (C), 1:25

184 - Phillip Keddy (I) dec. Tyler Burkle (C), 8-6

197 - Chad Beatty (I) dec. Rob Kramer (C), 11-5

Hwt. - Jordan Johnson (I) dec. Mitch Sander (C), 6-1

Iowa 57, Cornell College 0 - Iowa City Duals - Nov. 20, 2009

125 - Matt McDonough (I) tech. fall Timothy Hood (C), 18-1 in 4:18

133 - Daniel Dennis (I) tech. fall Alex Hughes (C), 24-7 in 6:40

141 - Dan LeClere (I) pinned Kevin Donahue (C), 5:15

149 - Brent Metcalf (I) pinned Jacob Schwebke (C), 4:35

157 - Jake Kerr (I) pinned Nicholas Loughlin (C), 5:54

165 - Ryan Morningstar (I) pinned Alex Riniker (C), 6:25

174 - Jay Borschel (I) pinned Cliff Robertson (C), 1:35

184 - Phillip Keddy (I) tech. fall Andrew Roberts (C), 20-5 in 5:37

197 - Chad Beatty (I) pinned Andrew Anderson (C), 2:31

Hwt. - Jordan Johnson (I) pinned Wyatt Bauman (C), 2:24

<u>Iowa 52, Iowa Lakes 0 - Iowa City Duals - Nov. 20, 2009</u>

125 - Matt McDonough (I) pinned Tim Francisco (IL), 1:06

133 - Daniel Dennis (I) maj. dec. Tim Thurston (IL), 12-2

141 - Dan LeClere (I) tech. fall Matt Catalano (IL), 25-10 in 6:21

149 - Brent Metcalf (I) pinned Victor DeJesus (IL), 1:46

157 - Jake Kerr (I) pinned Austin Lindsay (IL), 5:35

165 - Ryan Morningstar (I) maj. dec. Dan McGillivray (IL), 11-3

174 - Jay Borschel (I) pinned Rowan Stander (IL), 2:21

184 - Phillip Keddy (I) pinned Kaylen Hamlett (IL), 3:22

197 - Chad Beatty (I) maj. dec. Josh Marsh (IL), 22-8

Hwt. - Jordan Johnson (I) pinned Tyler Thoeny (IL), 0:47

<u>Iowa 47, UNC Pembroke 0 - Iowa City Duals - Nov. 20, 2009</u>

125 - Matt McDonough (I) maj. dec. Russell Weakley (NCP), 13-3

133 - Daniel Dennis (I) tech. fall T.D. Thurston (NCP), 21-6 in 6:26

141 - Dan LeClere(I) maj. dec. Donovan Sweet (NCP), 12-0

149 - Brent Metcalf (I) pinned Brandon Bradley (NCP), 3:46

157 - Jake Kerr (I) dec. Rashaad Saunders (NCP), 2-0

165 - Ryan Morningstar (I) tech. fall Derving Rios (NCP), 18-3 in 6:10

174 - Jay Borschel (I) pinned J.J. Davis (NCP), 2:44

184 - Phillip Keddy (I) tech. fall John Sturrock (NCP), 17-2 in 6:35

197 - Chad Beatty (I) dec. Shane Nolan (NCP), 11-4

Hwt. - Jordan Johnson (I) pinned Erik Stancil (UNCP), 2:47

<u>Iowa 51, S. Illinois Edwardsville 0 - Iowa City Duals - Nov. 20, 2009</u>

125 - Matt McDonough (I) pinned Dustin Young (SIUE), 1:35

133 - Daniel Dennis (I) maj. dec. Brendan Murphy (SIUE), 19-8

141 - Dan LeClere (I) pinned Eric Biehl (SIUE), 2:57

149 - Brent Metcalf (I) pinned Kyle Lowman (SIUE), 4:40

157 - Jake Kerr (I) dec. Steve Ross (SIUE), 8-2

165 - Ryan Morningstar (I) pinned Eric Pretto (SIUE), 1:43

174 - Jay Borschel (I) pinned Tim Mahoney (SIUE), 0:13

184 - Phillip Keddy (I) pinned Sawyer Smith (SIUE), 1:24

197 - Chad Beatty (I) tech. fall Robert Cooney (SIUE), 18-3 in 4:47

Hwt. - Jordan Johnson (I) dec. David Devine (SIUE), 4-2

#1 Iowa 29, Bucknell 7 - Lewisburg, PA - Nov. 27, 2009

125 - Matt McDonough (I) tech. fall Derrik Russell (B), 19-4, 7:00

133 - Daniel Dennis (I) maj. dec. David Marble (B), 14-5

141 - Dan LeClere (I) dec. Zac Hancock (B), 9-5

149 - Brent Metcalf (I) dec. Kevin LeValley (B), 3-2

157 - Brantley Hooks (B) dec. Matt Ballweg (I), 6-1

165 - Andy Rendos (B) maj. dec. Aaron Janssen (I), 10-2

174 - Jay Borschel (I) maj. dec. Shane Riccio (B), 10-1

184 - Phillip Keddy (I) maj. dec. Rob Waltko (B), 12-4

197 - Chad Beatty (I) dec. Jay Hahn (B), 11-5

Hwt. - Jordan Johnson (I) dec. Joe McMullan (B), 7-3

#1 Iowa 33, Rutgers 9 - Lewisburg, PA - Nov. 27, 2009

125 - Matt McDonough (I) pinned Vinny Dellafave (R), 3:39

133 - Daniel Dennis (I) tech. fall Billy Ashnault (R), 20-5 in 7:00

141 - Dan LeClere (I) dec. Trevor Melde (R), 7-3

149 - Brent Metcalf (I) tech. fall Kellen Bradley (R), 20-5 in 6:27

157 - Aaron Janssen (I) dec. Braden Turner (R), 2-0

165 - Gregory Zanetti (R) dec. Jake Kerr (I), 8-6 SV

174 - Jay Borschel (I) maj. dec. Daniel Rinaldi (R), 16-3

184 - Grant Gambrall (I) maj. dec. Jesse Boyden (R), 11-3

197 - Chad Beatty (I) dec. Lamar Brown (R), 9-3

Hwt. - Dominick Russo (R) pinned Jordan Johnson (I), 1:24

Iowa 18, Iowa State 16 - Ames, IA - Dec. 6, 2009

125 - Matt McDonough (I) dec. Andrew Long (ISU), 13-7

133 - Daniel Dennis (I) dec. Nick Fanthorpe (ISU), 10-8 SV

141 - Nick Gallick (ISU) dec. Dan LeClere (I), 8-6 SV

149 - Brent Metcalf (I) pinned Mitch Mueller (ISU), 5:50

157 - Aaron Janssen (I) dec. Andrew Sorenson (ISU), 8-6

165 - Jon Reader (ISU) dec. Ryan Morningstar (I), 4-3

174 - Jay Borschel (I) dec. Duke Burk (ISU), 10-4

184 - Jerome Ward (ISU) dec. Phillip Keddy (I), 5-3

197 - Jake Varner (ISU) maj. dec. Chad Beatty (I), 12-4

Hwt. - David Zabriskie (ISU) dec. Blake Rasing (I), 3-1 SV

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<u>lowa 48, Northern Iowa 3 - Iowa City, IA - Dec. 10, 2009</u>

- 125 Matt McDonough (I) pinned Caleb Flores (UNI), 4:38
- 133 Nate Moore (I) pinned Ryan Jauch (UNI), 2:42
- 141 Montell Marion (I) pinned Trent Washington (UNI), 3:28
- 149 Brent Metcalf (I) pinned Trevor Kittleson (UNI), 3:49
- 157 Aaron Janssen (I) maj. dec. Tyson Reiner (UNI), 11-1
- 165 Ryan Morningstar (I) pinned David Bonin (UNI), 5:32
- 174 Jay Borschel (I) pinned Jarion Beets (UNI), 4:44
- 184 Phillip Keddy (I) maj. dec. Andy O'Loughlin (UNI), 14-5
- 197 Chad Beatty (I) maj. dec. Dustin Bauman (UNI), 15-5
- Hwt. Christian Brantley (UNI) dec. Blake Rasing (I), 3-2

Iowa 33, Nebraska 3 - Cedar Falls, IA - Jan. 9, 2010

- 125 Matt McDonough (I) maj. dec. David Klingsheim (N), 13-5
- 133 Nate Moore (I) maj. dec. C.J. Napier (N), 9-1
- 141 Montell Marion (I) dec. Mike Koehnlein (N), 10-5
- 149 Brent Metcalf (I) won by forfeit
- 157 Aaron Janssen (I) dec. Tyler Koehn (N), 4-0
- 165 Ryan Morningstar (I) maj. dec. Alex Ward (N), 11-2
- 174 Jay Borschel (I) dec. Stephen Dwyer (N), 10-7
- 184 Phillip Keddy (I) dec. Josh Ihnen (N), 4-1
- 197 Craig Brester (N) maj. dec. Luke Lofthouse (I), 11-1
- Hwt. Jordan Johnson (I) dec. Tucker Lane (N), 3-2

lowa 20, Boise State 12 - Cedar Falls, IA - Jan. 9, 2010

- 125 Matt McDonough (I) maj. dec. Alan Bartelli (BSU), 15-6
- 133 Andrew Hochstrasser (BSU) dec. Nate Moore (I), 8-6 SV
- 141 Montell Marion (I) dec. Levi Jones (BSU), 9-5
- 149 Brent Metcalf (I) maj. dec. Jason Chamberlain (BSU), 13-3
- 157 Adam Hall (BSU) dec. Jake Kerr (I), 8-2
- 165 Ryan Morningstar (I) dec. Michael Cuthbertson (BSU), 7-1
- 174 Jay Borschel (I) dec. Nate Lee (BSU), 8-2
- 184 Kirk Smith (BSU) dec. Phillip Keddy (I), 3-1 TB
- 197 Luke Lofthouse (I) dec. Matt Casperson (BSU), 3-2 TB
- Hwt. Sam Zylstra (BSU) dec. Blake Rasing (Iowa), 4-3

<u>Iowa 28, Minnesota 12 - Cedar Falls, IA - Jan. 10, 2010</u>

- 125 Matt McDonough (I) dec. Zach Sanders (M), 6-4
- 133 Nate Moore (I) dec. Thane Antczak (M), 6-4
- 141 Mike Thorn (M) pinned Montell Marion (I), 0:42
- 149 Brent Metcalf (I) pinned David Zilverberg (M), 2:18
- 157 Aaron Janssen (I) dec. Mario Mason (M), 11-5
- 165 Ryan Morningstar (I) tech. fall Joe Grygelko (M), 17-2
- 174 Jay Borschel (I) maj. dec. Scott Glasser (M), 11-3
- 184 Phillip Keddy (I) maj. dec. Kaleb Young (M), 11-0
- 197 Sonny Yohn (M) dec. Luke Lofthouse (I), 6-1
- Hwt. Ben Berhow (M) dec. Blake Rasing (I), 6-3

lowa 19, Iowa State 12 - Cedar Falls, IA - Jan. 10, 2010

- 125 Matt McDonough (I) dec. Andrew Long (ISU), 9-8
- 133 Nick Fanthorpe (ISU) dec. Nate Moore (I), 8-3
- 141 Dan LeClere (I) dec. Dalton Jensen (ISU), 7-2
- 149 Brent Metcalf (I) dec. Mitch Mueller (ISU), 7-3
- 157 Aaron Janssen (I) dec. Andrew Sorenson (ISU), 3-1 SV
- 165 Ryan Morningstar (I) dec. Jon Reader (ISU), 5-4
- 174 Jay Borschel (I) maj. dec. Duke Burk (ISU), 10-2
- 184 Jerome Ward (ISU) dec. Phillip Keddy (I), 7-5 SV
- 197 Jake Varner (ISU) dec. **Luke Lofthouse (I)**, 7-1
- Hwt. David Zabriskie (ISU) dec. Jordan Johnson (I), 4-1

lowa 19, Oklahoma State 16 - Iowa City, IA - Jan. 16, 2010

- 125 Matt McDonough (I) maj. dec. Chris Notte (OSU), 13-4
- 133 Jordan Oliver (OSU) dec. Daniel Dennis (I), 3-2
- 141 Montell Marion (I) dec. Jamal Parks (OSU), 4-0
- 149 Brent Metcalf (I) tech. fall Quinten Fuentes (OSU), 21-5 in 5:15
- 157 Neil Erisman (OSU) maj. dec. Aaron Janssen (I), 16-7
- 165 Alex Meade (OSU) dec. Ryan Morningstar (I), 5-3
- 174 Jay Borschel (I) maj. dec. Mike Benefiel (OSU), 9-1
- 184 Phillip Keddy (I) dec. Clayton Foster (OSU), 3-2
- 197 Alan Gelogaev (OSU) dec. Luke Lofthouse (I), 3-2
- Hwt. Jared Rosholt (OSU) dec. Blake Rasing (I), 7-5

Iowa 36, Michigan 0 - Ann Arbor, MI - Jan. 22, 2010

- 125 Matt McDonough (I) maj. dec. Sean Boyle (M), 14-3
- 133 Daniel Dennis (I) dec. Zac Stevens (M), 2-0
- 141 Montell Marion (I) maj. dec. Mark Weber (M), 19-6
- 149 Brent Metcalf (I) tech. fall Mark Boyer (M), 22-7 in 6:47
- 157 Aaron Janssen (I) maj. dec. Dave Johnson (M), 12-4
- 165 Ryan Morningstar (I) dec. Aaron Hynes (M), 6-4 SV
- 174 Jay Borschel (I) dec. Justin Zeerip (M), 6-0
- 184 Phillip Keddy (I) maj. dec. Erich Smith (M), 10-2
- 197 Luke Lofthouse (I) dec. Anthony Biondo (M), 9-6
- Hwt. Blake Rasing (I) dec. Ben Apland (M), 6-1

<u>lowa 41, Purdue 6 - Lowell, IN - Jan. 24, 2010</u>

- 125 Matt McDonough (I) pinned Cashé Quiroga (P), 2:13
- 133 Daniel Dennis (I) maj. dec. Akif Eren (P), 16-5
- 141 Montell Marion (I) pinned Juan Archuleta (P), 3:53
- 149 **Brent Metcalf (I)** won by disqualification by flagrant misconduct over Nick Bertucci (P), 4:10
- 157 Colton Salazar (P) dec. Jake Kerr (I), 6-4 SV
- 165 Ryan Morningstar (I) dec. Jason Martin (P), 10-4
- 174 Jay Borschel (I) won by forfeit
- 184 Phillip Keddy (I) maj. dec. Nick Corpe (P), 11-1
- 197 Logan Brown (P) dec. Luke Lofthouse (I), 3-1 SV
- Hwt. Dan Erekson (I) pinned Adam Walls (P), 1:08

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2009-10 DUAL MEET RESULTS

lowa 29, Penn State 6 - Iowa City, IA - Jan. 29, 2010

- 125 Matt McDonough (I) dec. Brad Pataky (PSU), 7-2
- 133 Daniel Dennis (I) maj. dec. Bryan Pearsall (PSU), 17-7
- 141 Adam Lynch (PSU) dec. Montell Marion (I), 8-6 SV
- 149 Brent Metcalf (I) pinned Frank Molinaro (PSU), 3:56
- 157 Jake Kerr (I) dec. Cyler Sanderson (PSU), 4-2
- 165 Ryan Morningstar (I) dec. Dan Vallimont (PSU), 2-0
- 174 Jay Borschel (I) maj. dec. Justin Ortega (PSU), 14-2
- 184 David Erwin (PSU) dec. Phillip Keddy (I), 6-4
- 197 Luke Lofthouse (I) dec. Clay Steadman (PSU), 5-2
- Hwt. Dan Erekson (I) dec. Cameron Wade (PSU), 6-1

<u>Iowa 37, Michigan State 0 - Iowa City, IA - Jan. 31, 2010</u>

- 125 Matt McDonough (I) pinned Brennan Lyon (MSU), 2:52
- 133 Daniel Dennis (I) dec. Franklin Gomez (MSU), 3-2 TB-1
- 141 Montell Marion (I) dec. Dan Osterman (MSU), 6-0
- 149 Brent Metcalf (I) pinned David Cheza (MSU), 3:37
- 157 Aaron Janssen (I) dec. Anthony Jones (MSU), 1-0
- 165 Ryan Morningstar (I) dec. Kyle Bounds (MSU), 3-0
- 174 Jay Borschel (I) maj. dec. lan Hinton (MSU), 8-0
- 184 Phillip Keddy (I) dec. Nick Palmieri (MSU), 8-1
- 197 Luke Lofthouse (I) dec. Tyler Dickenson (MSU), 10-7
- Hwt. Dan Erekson (I) dec. Alan O'Donnell (MSU), 8-2

Iowa 38, Utah Valley 0 - Vernal, UT - Feb. 6, 2010

- 125 Matt McDonough (I) dec. Ben Kjar (UV), 7-4
- 133 Daniel Dennis (I) dec. Flint Ray (UV), 6-5
- 141 Montell Marion (I) maj. dec. Jeff Newby (UV), 20-7
- 149 Brent Metcalf (I) pinned Justin Morrill (UV), 1:43
- 157 Jake Kerr (I) maj. dec. Clay Frost (UV), 12-4
- 165 Ryan Morningstar (I) dec. Jeb Clark (UV), 3-1
- 174 Jay Borschel (I) dec. Brad Darrington (UV), 8-2
- 184 Phillip Keddy (I) dec. Casen Eldredge (UV), 9-3
- 197 Luke Lofthouse (I) dec. Josh Wood (UV), 12-5
- Hwt. Dan Erekson (I) won by forfeit