

# IOWA HAWKEYES

Swimming & Diving Contact: Marcus Dittmer

## SWIMMING & DIVING WEEKLY RELEASE

January 3, 2007

### 2006-07 Schedule & Results (5-5, 0-3 Big Ten)

O13-14	vs Wisconsin	L 112.5-235.5
O13-14	vs. Wisconsin-Milwaukee	W 265.5-87.5
O20	at Minnesota	L 90-201
O28	at Michigan State	L 140.5-159.5
N3	Mizzou Duals (vs S. ILL)	W 96-90
N4	Mizzou Duals (vs Drury)	W 78-51
N4	Mizzou Duals (vs Mizzou)	L 29-100
N4	Mizzou Duals (vs Louisville)	L 61-105
N10	Truman State	W 135-70
D1-3	Ohio State Invitational	4th
D8	Iowa State	W 181.5-117.5
J2-13	Winter Training Trip	
J6	Golden Panther Invite	
J19	Western Illinois	5 p.m.
J20	Illinois	11 a.m.
F8-10	Big Ten Championships (Minneapolis, MN -- All Day)	
M2-4	Iowa Senior Championships*	
M1-4	NCAA Diving Qualifier* (TBA)	
M8-10	NCAA Championships (Minneapolis, MN -- All Day)	

All times local to site.

### **2006-07 Season Best Times**

50 free	Julie DeBruin	24.06
100 free	Christine Kuczek	52.38
200 free	Christine Kuczek	1:53.83
500 free	Ashley Dell	5:01.83
1,000 free	Ashley Dell	10:16.48
1,650 free	Ashley Dell	17:12.87
100 back	Alison Gschwend	57.09
200 back	Alison Gschwend	2:03.48
100 breast	Emmy Haeger	1:04.33
200 breast	Julie Feingold	2:22.03
100 fly	Margie Chamberlin	56.97
200 fly	Margie Chamberlin	2:04.88
200 IM	Julie Feingold	2:07.50
400 IM	Julie Feingold	4:29.39
200 free relay		1:36.84
400 free relay		3:31.55
800 free relay		7:42.60
200 med. relay		1:45.83
400 med. relay		3:51.81
One-Meter	Deidre Freeman	238.50
Three-Meter	Meghan Sievertsen	239.70

**THIS WEEK** -- The Iowa women's swimming team is in Miami, Florida, for its annual Winter Training Trip. The team will compete at the Florida International Invite on Saturday, beginning at 11:00 a.m.

**SEASON BESTS** -- In the past two meets (Ohio State Invite and Iowa State) the Hawkeyes have posted 49 season-best times by 19 different athletes.

**SWIMMER OF THE WEEK** -- Sophomore **Alison Gschwend** earned Big Ten Swimmer of the Week for her performance against rival Iowa State. Gschwend earned her first collegiate accolade with first-place finishes in the 100 and 200 backstroke, and as the lead-leg of the 200 medley relay team. She placed second in the 200 individual medley with a career-best time of 2:09.43.

**INKED UP** -- Head Coach **Marc Long** announced the signing of seven recruits in the fall signing period. The women's team added four members and the men's team three. Four of the seven signees are Iowa natives, with one being the daughter of Diving Coach **Bob Ryzde**.

**THE LAST COMPETITION** -- The Iowa women last competed on December 8th, when they hosted intra-state rival Iowa State. The Hawkeyes won 10 of 16 events en route to a 181.5-117.5 win. Sophomores **Ashley Dell** and **Alison Gschwend**, along with freshman **Margie Chamberlin**, all recorded two individual wins.

"This was a great win over an in-state rival. We worked hard and got the victory over a good Iowa State team" said Head Coach **Marc Long**.