

THE UNIVERSITY OF IOWA



HAWKEYE TRACK & FIELD



MEN'S CONTACT: TRACI WAGNER, WOMEN'S CONTACT: AARON BLAU

APRIL 12, 2004

2004 MEN'S OUTDOOR SCHEDULE

M 26-27	at Stanford Invitational	0 champs
A 2-3	at Missouri Relays	2 champs
A 9-10	at Sea Ray Relays	0 champs
A 10	at Jim Duncan Invite	4 champs
A 17	at UNI Twilight <i>(Cedar Falls, IA)</i>	1 p.m.
A 22-24	at Drake Relays <i>(Des Moines, IA)</i>	
M 1	Musco Twilight VI <i>(Iowa City, IA)</i>	3 p.m.
M 14-16	at Big Ten Championships <i>(West Lafayette, IN)</i>	
M 28-29	at NCAA Mid-West Regional <i>(College Station, TX)</i>	
J 9-12	at NCAA Championships <i>(Austin, TX)</i>	

2004 MEN'S OUTDOOR SEASON BESTS

Running Events

100 Meters ... Zach Digney	10.62
200 Meters ... Zach Digney	21.50
400 Meters ... Jason Nolting	49.98
800 Meters ... Rob Long	1:54.55
1,500 Meters Tony Rakaric	3:56.73
3,000 Meters Adam Roche	8:46.46
5,000 Meters Matt Esche	^14:15.73
110 Hurdles .. Russell Peterson	14.85
400 Hurdles .. Russell Peterson	^52.36
3,000 M SC .. Dan Trainor	9:50.76

Relays

400-Meter Relay	41.36
<i>(Isaacs, Digney, Beach, Peterson)</i>	
1,600-Meter Relay	3:12.78
<i>(xxx, Digney, Leick, Nolting)</i>	
3,200-Meter Relay	8:03.10
<i>(Dziubski, Lloyd, Long, Tweedy)</i>	

Field Events

Discus	Brad Daufeldt	^169-11
Hammer	Adam Hamilton	^198-4
Javelin	Joel Storm	^203-5
Shot Put	Ken Kemeny	^59-11

^ -- NCAA Mid-West Regional Qualifier

THIS WEEK -- The Hawkeye men and women's track teams will send competitors to Saturday's UNI Twilight meet in Cedar Falls. Field events start at 1 p.m. with running events at 4:30 p.m. All events will be held at Mark Messersmith Outdoor Track Complex on the Northern Iowa campus. The women's team will also send competitors to the 46th annual Mt. SAC Relays in Walnut, CA. Competition will be Friday thru Sunday at Mt. SAC Stadium on the Mt. San Antonio College campus.

NCAA REGIONAL QUALIFIERS -- The Hawkeyes have qualified 12 individuals to the NCAA Mid-West Regional Championships, which will be held May 28-29 in Austin, TX. Their events, qualifying marks and where they rank in the Big Ten, region and nation are listed below.

Name	Event	Mark	Big 10/Region/Nation
Sarah Arens	3,000 Steeplechase	10:38.31	6th/2nd/15th
Brad Daufeldt	Discus	169-8 (51.72 m)	4th/19th/52nd
	Hammer Throw	198-1 (60.37 m)	8th/8th/27th
Matt Esche	5,000 Meters	14:15.73	4th/10th/31st
Adam Hamilton	Hammer Throw	198-4 (60.46 m)	7th/7th/26th
Ken Kemeny	Shot Put	59-11 (18.26 m)	4th/5th/14th
Tony Leick	400-Meter Hurdles	52.43	6th/6th/29th
Russell Peterson	400-Meter Hurdles	52.36	5th/5th/26th
Alana Redfern	Javelin	149-40 (45.52 m)	3rd/7th/33rd
Peaches Roach	High Jump	5-10 1/4 (1.78 m)	1st/5th/13th
Joel Storm	Javelin	203-5 (62.01 m)	4th/12th/47th
Chris Voller	Hammer Throw	195-8 (59.64 m)	9th/9th/30th
Shellene Williams	200 Meters	23.61	1st/5th/11th

LAST WEEK -- The men's team produced four regional qualifiers at the Sea Ray Relays in Knoxville, TN, and won four events at the Jim Duncan Invitational in Des Moines, IA. The women's team won four events and added another qualifier at the Tom Botts Invitational in Columbia, MO.

At Sea Ray, seniors **Russell Peterson** and **Tony Leick** qualified in the 400-meter hurdles, while sophomores **Joel Storm** and **Chris Voller** qualified in the javelin and hammer throw, respectively. At Jim Duncan, senior **Ryan Strang** won the 400 meters, Iowa won the 1,600-meter relay, sophomore **Tim Brodersen** won the hammer and senior **Robby Beyer** won the shot put.

At the Tom Botts Invitational, senior **Sarah Arens** qualified in the 3,000-meter steeplechase with a collegiate-best and winning time of 10:38.31. Senior **Michelle Lahann** won the 800 meters in 2:10.30, finishing .01 off the

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2004 WOMEN'S INDOOR SCHEDULE

M 19-20 at Texas Southern Relays 3 champs
M 27 at Texas-Arlington Invite 1 champ
A 10 at Tom Botts Invite 4 champs
A 15-18 at Mt. SAC Relays
(Walnut, CA)
A 17 at UNI Twilight 1 p.m.
(Cedar Falls, IA)
A 22-24 at Drake Relays -- *Des Moines, IA*
M 1 Musco Twilight VI 3 p.m.
(Iowa City, IA)
M 14-16 at Big Ten Championships
(West Lafayette, IN)
M 28-29 at NCAA Mid-West Regional
(College Station, TX)
J 9-12 at NCAA Championships
(Austin, TX)

2004 WOMEN'S INDOOR SEASON BESTS

100 Meters ... Peaches Roach 11.80
200 Meters ... Shellene Williams ^23.61
400 Meters ... Lindsey McCalla 57.15
800 Meters ... Michelle Lahann 2:10.30
1,500 Meters Michelle Lahann 4:30.18
3,000 Meters Georgia Millward 10:33.12
5,000 Meters Georgia Millward 17:47.2h
100 Hurdles .. Tiff Pedersen 14.50
3,000 SC Sarah Arens ^10:38.31
400-Meter Relay 46.49
(Herrmann, Johnson, Pedersen, Raymond)
800-Meter Relay 1:37.66
(Herrmann, McCalla, Raymond, Roach)
3,200-Meter Relay 9:07.62
(Barber, Laney, Sokol, Stanley)
Sprint Medley Relay 4:13.42
(Hume, McCalla, Raymond, Williams) High
Jump Peaches Roach ^5-10 1/4
Long Jump ... Tiff Pedersen 18-5 1/4
Triple Jump .. Becca Franklin 35-0 1/2
Pole Vault Jessie Strand 11-9 3/4
Shot Put Tiff Pedersen 32-5 3/4
Hammer Erin O'Hearn 130-8
^ -- NCAA Mid-West Regional Qualifier

qualifying mark. Senior **Kyndra Middleton** won the 200 meters and Iowa's 400-meter relay also won an event title. The pole vault and 1,600-meter relay were cancelled due to weather conditions.

HAWKEYE COACHES -- Head Coaches **Larry Wieczorek** and **James Grant** are in their eighth seasons at the helms of the Iowa men's and women's track teams, respectively.

During his career at Iowa, Wieczorek has coached 22 all-Americans and 35 Big Ten Champions. Iowa's highest conference meet finishes during his tenure is second at the 1999 outdoor meet and fourth at the 1997 indoor meet. As a runner, **Wieczorek** was a six-time Big Ten champion for Iowa, winning four track and two cross country titles. He was also a four-time all-American. In 1998, **Wieczorek** was inducted into the National Iowa Varsity Club Hall of Fame. He is assisted by former Iowa all-American and world-class 400-meter hurdler **Pat McGhee** and three-time all-American and two-time Big Ten shot put champion **Scott Capps**.

The Hawkeyes crowned two individual champions and recorded their highest placing under **Grant** (third) and their highest team point total (89) in school history at the 2004 Big Ten indoor championships. During his career at Iowa, **Grant** has coached eight all-Americans and 16 Big Ten Champions. As a runner, **Grant** captained Eastern Michigan University's 1970 and 1971 track teams, earning all-America honors while specializing in the 400-meter dash, 400-meter hurdles and the mile relay. **Grant** is assisted by **Steve Callaway**, who was a decathlete and pole vault school record holder at Indiana, and **Layne Anderson**, a three-time Southern Conference champion who set 10 school records at The Citadel.

NEXT COMPETITION -- The Hawkeye men's and women's teams will compete at the 95th running of the Drake Relays, April 22-24, in Des Moines, IA. Events will be held on Jim Duncan Track at Drake Stadium. The meet will be aiming for its 39th consecutive sellout of the 18,000 seat Drake Stadium, which would be the longest streak in U.S. track history. Tickets are available at 515/271-3647 and are the following prices:

Competition Day	Ticket Price	Ticket Type
Thursday	\$5	General Admission
Friday	\$30	Adult Reserved
	\$14	Child Reserved (Ages 14 and under)
Saturday	\$30	Reserved

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