

THE UNIVERSITY OF IOWA



HAWKEYE TRACK & FIELD



TRACK CONTACTS: CHRIS BREWER, STEPHANIE DITTMER

January 4, 2011

2010-11 IOWA TRACK & FIELD INDOOR SCHEDULE

Date	Meet
Jan. 8	at Illinois Open (Champaign, IL)
Jan. 15	Iowa Open (Iowa City, IA)
Jan. 23	at Gold Country Classic (Minneapolis, MN)
Jan. 29	at UNI Open (Cedar Falls, IA)
Feb. 4	at Husker Invitational (Lincoln, NE) New Balance Invite (New York City)
Feb. 11-12	at Cyclone Classic (Ames, IA)
Feb. 18	Iowa Invitational (Iowa City, IA)
Feb. 26-27	at Big Ten Championships (West Lafayette, IN) (W) (Champaign, IL) (M)
Mar. 5	at NCAA Last Chance Meet (TBA)
Mar. 11-12	at NCAA Championships (Fayetteville, AR)

IOWA COACHING STAFF

Layne Anderson	Head Women's Coach
Larry Wiecezorek	Head Men's Coach
Scott Cappos	Assistant Coach Men's and Women's Throws
Clive Roberts	Assistant Coach Horizontal jumps, women's short sprints, hurdles, relays
Christi Smith	Assistant Coach Combined events, vertical jumps
Joey Woody	Assistant Coach Men's sprints, short hurdles and relays women's long sprints and hurdles

THIS WEEK

The Hawkeyes travel to Champaign, Ill. to open up the 2011 indoor season at the Illinois Open. The men's only event is scheduled to begin at noon Saturday. The teams will face off in the U of I Armory indoor track.

"We are very excited about this event," Head Coach Larry Wiecezorek. "This is the third year we've had this event and Iowa has won the last two, but Illinois is a very good team and this will be a great competition for us to start the season. I think everyone is excited and ready for this rivalry duel meet."

INDOOR SEASON AT A GLANCE

The Hawkeyes will compete in eight meets prior to the Big Ten Championships, Last Chance Meet and NCAA Championships during the 10-week track and field indoor season.

Iowa will host two meets at the University of Iowa Recreation Building. The Iowa Open is set for Jan. 15th and the Iowa Invitational will take place on Feb. 18th.

The women's 2011 Big Ten Indoor Championships will take place in West Lafayette, IN, on the campus of the University of Purdue, while the men's team will compete in Champaign, Illinois at the University of IL.

The Hawkeyes will compete throughout the season to qualify for the NCAA Indoor Championships, scheduled for March 11-12 in Fayetteville, Arkansas.

LARRY WIECZOREK

Larry Wiecezorek is in his 24th season as head men's cross country coach and his 15th season as head men's track and field coach at the University of Iowa. He served as an assistant track and field coach for 12 years before taking the helm in 1997.

Last season, Wiecezorek guided 28 qualifiers, made up of 20 student-athletes competing in 13 individual events and two relays to the NCAA Outdoor Championships preliminary round.

HAWKEYE DEBUTS

The men's track and field team's nine freshmen and three transfer student-athletes. One Hawkeye newcomer standout is Troy Dorris, a junior transfer from College of Dupage. Dorris won the long jump event at the Intrasquad meet with a 6.82 meter jump and placed second in the 60-meter dash final.

Sophomore Justin Austin is also expected to make an impact this season. Austin comes to Iowa from the University of Kentucky. He placed first in the 60-meter dash at the Intrasquad meet with a time of 6.86 seconds.

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EXHIBITION REVIEW

The Hawkeyes welcomed back a wealth of talent as well as a group of newcomers at the annual Intrasquad meet. Both teams were split into a Black team and a Gold team. The women's competition was won by the Gold Squad (47-45), while the Black Squad claimed the men's title (68-50) and the overall victory (113-97). Several student-athletes posted unofficial career bests at the event which was held in the UI Recreation Building.

COMING UP

Iowa hosts the Iowa Open January 15th. Five teams will compete in Iowa City at the University of Iowa Recreation Building. The Hawkeyes welcome Central Methodist, Iowa Western Community College, Truman State, Western Illinois and Bradley.

RETURNING ALL-AMERICANS

Iowa welcomes back all-American honorees Patrick Richards, Chris Barton, Steven Willey and Erik Sowinski for the 2011 season. The four student-athletes earned the prestigious recognition following a successful season competing in the 1,600 meter relay. The team, made up of two juniors and two sophomores, capped off the season with a seventh place finish at the NCAA Outdoor Championships after running a time of 3:05.61 in Eugene, Oregon.

2009-10 INDOOR SEASON LEADERS

MEN'S		WOMEN'S	
60 meters	D'Juan Richardson 6.80	60 meters	Rhonda-Kaye Trusty 7.55
60 meter hurdles	Jordan Mullen 8.02	60-meter hurdles	Karessa Farley 8.32P
200 meters	Kevin Dibbern 21.81	200 meters	Rhonda-Kaye Trusty 24.05
300 meters	D'Juan Richardson 34.34	300 meters	Raven Moore 40.99
400 meters	Steven Willey 47.15P	400 meters	Tiffany Hendricks 55.98
600 meters	Erik Sowinski 1:18.38	600 meters	Bethany Praska 1:29.35
600 yards	Dan Kuhlman 1:11.73	800 meters	Bethany Praska 2:08.54P
800 meters	Erik Sowinski 1:48.90P	Mile	Lauren Hardesty 4:41.97P
1,000 meters	Nick Kuczvara 2:25.84	3,000 meters	Amanda Hardesty 9:30.17P
Mile	Jeff Thode 4:03.07P	5,000 meters	Hannah Roeder 16:58.95
3,000 meters	Nick Holmes 8:15.48	High Jump	Caleigh Bacchus 5-9 1/4
High Jump	Herron/Oest/Valdes 6-11	Pole Vault	Kirsten Weismantle 11-5 3/4
Pole Vault	Zona/Reid 16-4 3/4	Long Jump	Emily Moore 17-4 3/4
Long Jump	Josh Bean 22-2 1/2	Shot Put	Tiffany Medenwaldt 45-9
Triple Jump	Josh Bean 47-6 1/2	Weight Throw	Kelsey Taylor 53-7 3/4
Shot Put	Ryan Lamparek 56-10	Pentathlon	Missy Miller 2,749
Weight Throw	Matt Banse 61-7 1/2	Distance Medley	Flood, Hendricks, Hardesty L., Melander 11:25.01P
Heptathlon	Dan Rolling 5,205	1,600-meter relay	Hendricks, Trusty, Praska, Mims 3:44.29
Distance Medley	Nick Kuczvara, Chris Barton Dan Kuhlman, Nick Holmes 9:51.05		
1,600 meter relay	Kevin Dibbern, Steven Willey, Ray Varner, Erik Sowinski 3:09.83P		