

IOWA HAWKEYES



University of Iowa Sports Information -- Traci Wagner, Wrestling Contact

WRESTLING WEEKLY RELEASE

JANUARY 12, 2010

2009-10 SCHEDULE & RESULTS (13-0 Overall, 0-0 Big Ten)

Date	Opponent	Time (CT)
11/14	at Harold Nichols Open	2 champs
11/20	Coe *	W, 39-3
	Cornell College *	W, 57-0
	Iowa Lakes *	W, 52-0
	UNC Pembroke *	W, 47-0
	S. Illinois Edwardsville *	W, 51-0
11/21	at Kaufman-Brand Open	2 champs
11/27	at Bucknell	W, 29-7
	vs. Rutgers	W, 33-9
12/6	at Iowa State (IPTV)	W, 18-16
12/10	Northern Iowa (BTNWS)	W, 48-3
12/29-30	at Midlands Champ's (BTN)	1st
1/9-10	at NWCA/Cliff Keen Duals	1st
1/9	vs. Nebraska	W, 33-3
	vs. Boise State	W, 20-12
1/10	vs. Minnesota	W, 28-12
	vs. Iowa State	W, 19-12
1/16	Oklahoma State (BTN) (Iowa City, IA)	7 p.m.
1/22	at Michigan (Ann Arbor, MI)	6 p.m.
1/24	vs. Purdue (Lowell, IN)	Noon
1/29	Penn State (BTNWS) (Iowa City, IA)	7 p.m.
1/31	Michigan State (BTNWS) (Iowa City, IA)	6 p.m.
2/6	vs. Utah Valley (Vernal, UT)	TBA
2/12	Northwestern (BTNWS) (Iowa City, IA)	7 p.m.
2/14	at Minnesota (BTN) (Minneapolis, MN)	6 p.m.
2/19	Ohio State (BTN) (Iowa City, IA)	7 p.m.
2/21	at Wisconsin (BTN) (Madison, WI)	1 p.m.
3/6-7	at Big Ten Champ's (BTN) (Ann Arbor, MI)	All Day
3/18-20	at NCAA Champ's (Omaha, NE)	All Day

All times are Central and subject to change.

BTN - Big Ten Network

IPTV - Iowa Public Television

BTNWS - Big Ten Network Web Streaming

* - Iowa City Duals

PROBABLE LINEUPS

#1 Iowa Hawkeyes (13-0, 0-0 Big Ten)

Wt.	Rank	Name	Yr.	Hometown/Last School	2009-10 Collegiate Record
125	4/4/4	Matt McDonough	*Fr.	Marion, IA/Linn-Mar HS	19-0
133	4/4/4	Daniel Dennis	Sr.	Ingleside, IL/Grant HS	8-0
OR		Nate Moore	*Fr.	Iowa City, IA/West HS	9-6
141		Dan LeClere	Sr.	Coggon, IA/Virginia Tech	9-3
OR	-/11/-	Montell Marion	So.	Des Moines, IA/Roosevelt HS	11-2
149	1/1/1	Brent Metcalf	Sr.	Davison, MI/Virginia Tech	19-0
157		Aaron Janssen	Jr.	Emmetsburg, IA/Emmetsburg HS	8-3
OR		Jake Kerr	Jr.	Oskaloosa, IA/Oskaloosa HS	6-5
165	4/3/3	Ryan Morningstar	Sr.	Lisbon, IA/Lisbon HS	15-2
174	1/2/1	Jay Borschel	Sr.	Marion, IA/Virginia Tech	18-0
184	8/9/9	Phillip Keddy	Sr.	Vernal, UT/Uintah HS	13-5
197		Luke Lofthouse	Jr.	Avon, UT/Mountain Crest	13-9
OR		Brodie Ambrose	So.	Long Grove, IA/North Scott HS	0-0
HWT		Jordan Johnson	So.	Bettendorf, IA/Bettendorf HS	10-2
OR		Blake Rasing	So.	New Hampton, IA/New Hampton HS	8-8

#4 Oklahoma State Cowboys (8-0-1, 0-0 Big 12)

Wt.	Rank	Name	Yr.	Hometown/Last School	2009-10 Collegiate Record
125	9/9/10	Chris Notte	Sr.	Riverton, NJ/Nassau CC	15-4
133	6/6/9	Jordan Oliver	*Fr.	Easton, PA/Easton HS	17-2
141	5/5/7	Jamal Parks	So.	Tulsa, OK/Union HS	20-3
149		Quinten Fuentes	Jr.	Johnstown, CO/Roosevelt HS	13-9
OR		Luke Silver	So.	Forney, TX/Bishop Lynch HS	4-3
157	12/13/12	Neil Erisman	Jr.	DeSoto, KS/DeSoto HS	18-6
165	13/12/10	Alex Meade	*Fr.	Camden, DE/Caesar Rodney HS	20-4
174	13/7/14	Mike Benefiel	So.	Aurora, IL/Northwestern	24-1
184	13/13/12	Clayton Foster	Jr.	Kamiah, ID/Kamiah HS	10-1
OR		Elliott Hellwege	*Fr.	Kingfisher, OK/Kingfisher HS	11-10
197	6/7/7	Alan Gelogaev	So.	Moscow, Russia	20-1
HWT	1/1/2	Jared Rosholt	Sr.	Sandpoint, ID/Ponca City HS	20-1

* - redshirt freshman, rankings are AWN/Intermat/WIN

THIS WEEK

Top-ranked Iowa (13-0) will host #4 Oklahoma State (8-0-1) Saturday at 7 p.m. at Carver-Hawkeye Arena. It is a "Gold Rush" event, where fans are encouraged to wear gold attire to the meet.

In order to avoid long lines at the arena entrances Saturday night, fans are encouraged to purchase their tickets in advance. Tickets are available at the UI Athletic Ticket Office in Carver-Hawkeye Arena (1-800-464-2957, 319-335-9327) or at www.hawkeyesports.com, where fans can take advantage of a print-at-home option. Tickets purchased in advance are \$13 for adults, \$7 for youth and \$2 for children ages five and under. Tickets purchased at the meet are \$15 for adults, \$8 for youth and \$2 for children ages five and under.

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WRESTLING WEEKLY RELEASE

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HEAD COACH TOM BRANDS



Two-time Big Ten Coach of the Year, Tom Brands, is in his fourth season as head wrestling coach at Iowa. A 1996 Olympic gold medalist and member of wrestling's Hall of Fame, Brands is only the eighth wrestling coach at Iowa. The former Hawkeye wrestler was a four-time all-American and three-time national champion (1989-92) at Iowa. He has a 72-6 overall and 21-3 Big Ten coaching record at Iowa, and an 89-26 career mark.

In his third season with the Hawkeyes, Brands led Iowa to its second straight NCAA and Big Ten team titles, crowning five all-Americans and two Big Ten champions. The 2009 national title was the school's 22nd, and it was only the second time in school history Iowa won the NCAA title without an individual champion. Brands earned Big Ten Coach of the Year honors after guiding Iowa to the school's 33rd conference team title. The Hawkeyes ended the 2008-09 season with a 24-0 record, going undefeated for the first time since 1999-2000. The Hawkeyes, who ended the season on a 38-dual match winning streak that dates back to the 2007-08 campaign, clinched the 2009 Big Ten regular season title with a perfect 8-0 mark in conference competition and won the 2008 Midlands team title.

Brands served as head coach at Virginia Tech University for two seasons (2005-06), recording a 17-20 dual mark. Prior to taking the helm at Virginia Tech, Brands was an assistant coach at Iowa for 12 seasons (1993-2004). He helped the Hawkeyes to a 177-27 dual record, seven NCAA and eight Big Ten titles, while crowning 23 NCAA champions, 73 all-Americans and 36 Big Ten champions. He was named the National Wrestling Coaches Association Assistant Coach of the Year in 2000.

As a competitor, Brands won the 1996 Olympic freestyle gold medal at 136.5 pounds in Atlanta, GA. He also won a gold medal at the 1993 World Freestyle Championships in Toronto, two World Cup gold medals (1994, 1995) and was the 1995 Pan American Games champion. He won four U.S. National titles (1993-96) and made four straight U.S. World or Olympic teams (1993-96). Along with his twin brother, Terry, Tom was named 1993 USA Wrestling Athlete of the Year, the 1993 John Smith Outstanding Freestyle Wrestler and 1993 Amateur Wrestling News Man of the Year. He was inducted into wrestling's Hall of Fame in 2001.

Brands was a four-time all-American at Iowa (1989-92). During his Hawkeye career, he won three NCAA titles and was named Outstanding Wrestler of the 1992 NCAA Championships. Also a three time Big Ten champion, Brands won 95 percent of his matches at Iowa. His career mark of 158-7-2, included an undefeated season in 1991 (45-0).

ON THE AIR

Radio - Steven Grace and two-time Hawkeye NCAA champion and four-time all-American Mark Ironside will call the action live on AM-800, KXIC and www.hawkeyesports.com. Web audio broadcasts are available using the XXL All-Access subscription (\$14.95 per month or \$119.95 per year).

Television - The Big Ten Network will air a taped-delay broadcast of the dual Sunday at 9 p.m. (CT). Announcers will be Tim Johnson and former Hawkeye Head Coach Dan Gable.

Internet - Press releases, meet results, and audio and video broadcasts are available on the University of Iowa's website, www.hawkeyesports.com. To access live scoring for home meets, go to the wrestling schedule page, select the event and click on the Live Results link. Results will be updated after each bout during the dual. Current staff and student-athlete head shots can be found at pics.hawkeyesports.com.

HAWKEYES TO HOLD ANNUAL YOUTH CLINIC SATURDAY

The Hawkeyes will hold their annual youth clinic Saturday from 5-6 p.m. in Carver-Hawkeye Arena prior to the Iowa vs. Oklahoma State dual. Youth ages 7-13 are invited to participate in the free clinic, which will be conducted by members of the Hawkeye wrestling coaching staff.

The East Carver-Hawkeye Arena doors will open at 4:30 p.m. for participants and their families. Parents will be required to sign a medical release form for their child at the check-in table, or the child must bring the form with them to the arena and present it at the check-in table. Parents can print the release form online at www.hawkeyesports.com and fill it out in advance to speed up the process. The child will then be given a complimentary gold Iowa wrestling t-shirt for their participation in the clinic.

Participants will receive a free ticket to the Oklahoma State dual. Parents and family members will be required to purchase a ticket at the athletic ticket office window.

Questions regarding the clinic should be directed to the UI Sports Marketing Office at (319) 335-9431.

LIVE BLOGGING FROM IOWA-OKLAHOMA STATE DUAL

A member of the University of Iowa Sports Information staff will offer interactive content live from the Iowa-Oklahoma State dual via www.hawkeyesports.com. This feature gives Hawkeye fans the opportunity to voice their opinion by submitting questions and comments, while receiving up-to-the-minute play-by-play, notes and stats. The live blog will begin at approximately 6:45 p.m. (CT).

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WRESTLING WEEKLY RELEASE

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BORSCHEL NAMED BIG TEN WRESTLER OF THE WEEK

Hawkeye 174-pounder **Jay Borschel** has been named Big Ten Wrestler of the Week. It is the first time the senior from Marion, IA has earned the honor in his Hawkeye career, and the second-straight week that a Hawkeye wrestler has earned the conference honor. Senior 149-pounder **Brent Metcalf** was named Big Ten Wrestler of the Week January 5.

Borschel, who is ranked first in the nation by *Amateur Wrestling News* and *W.I.N. Magazine*, and second by InterMat, picked up the honor after being named Division I Outstanding Wrestler at the 2010 NWCA/Cliff Keen National Duals in Cedar Falls, IA, last weekend. Borschel, who went 4-0 at the two-day tournament, helped the Hawkeyes win their third-straight and sixth overall National Duals tournament team title. Iowa joins Oklahoma State (2003-05) as the only schools to win three consecutive team titles in the tournament's 22-year history. He is only the second Hawkeye to earn the Division I Outstanding wrestler honor. Metcalf earned the award in 2008.

Borschel opened the tournament with a 10-7 win over #3 Stephen Dwyer of Nebraska and a 8-2 decision over #16 Nate Lee of Boise State. He posted one of Iowa's two major decisions in the championship semifinals over #13 Scott Glasser of Minnesota (11-3). He then scored the only team bonus points in Iowa's finals match with #2 Iowa State, beating #14 Duke Burk, 10-2. He is now 5-0 against Burk, and is undefeated at 17-0 (13-0 in duals) this season. Borschel has a career record of 79-10 at Iowa and is 17-2 at Carver-Hawkeye Arena. He ranks first on the team in collegiate and dual winning percentage (1.000), and dual wins (13); and ranks second in dual meet team points scored (61), pins (7) and major decisions (5) this season.

IOWA WINNING STREAKS

The Hawkeyes have won their last 51 dual matches, which is a school record. The current streak started with a win over Cornell (32-3) on Jan. 12, 2008, which was the first match after Iowa lost to Oklahoma State (19-14) on Jan. 5.

Iowa has also won its last 20 duals at Carver-Hawkeye Arena. That streak, which ranks fourth in school history, started with a 27-13 win over Penn State on Jan. 20, 2008, which was also the first home match after the Jan. 5 loss to the Cowboys.

The Hawkeyes have won 36 consecutive duals on the road, which is also a school record. That streak started with a 20-13 win at Iowa State on Dec. 9, 2007.

CONSTRUCTION ZONE

Construction has officially begun on the Carver-Hawkeye Arena Renovation Project, which will result in some changes regarding parking and entrance to the arena for wrestling matches.

The North entrance will no longer be accessible from the outside of the facility. Fans can enter, and purchase tickets, at the West and South entrances. Arena doors will open 90 minutes before the meet. The East entrance will serve as the event pass gate. Fans can still purchase tickets to future events from the North ticket windows, but will only be able to access that location from inside the arena.

TEAM RANKINGS

NWCA/USA Today Division I Coaches Poll (1/12/10)

#	Team (#1 Votes)	Prev. Rank	Points	Record
1.	Iowa (11)	1	275	13-0
2.	Iowa State	2	263	6-2
3.	Ohio State	3	250	11-1
4.	Oklahoma State	4	245	8-0-1
5.	Minnesota	6	229	5-4
6.	Boise State	9	221	9-1
7.	Cornell	7	207	3-3
8.	Maryland	8	194	10-3
9.	Lehigh	11	187	9-3
10.	Oklahoma	10	174	8-1-1
11.	Central Michigan	5	155	8-2
12.	Indiana	12	149	9-0
13.	Penn State	14	140	6-3-1
14.	Wisconsin	18	135	4-6
15.	Kent State	13	133	9-1
16.	Missouri	17	98	2-4
17.	Cal Poly	19	89	4-2
18.	Pittsburgh	21	78	9-1-1
19.	Illinois	20	74	5-2
20.	Virginia Tech	NR	54	10-3
21.	Edinboro	16	50	3-4
22.	Oregon St.	24	49	12-1
23.	Arizona State	22	41	4-4
24.	Virginia	23	39	10-3
25.	Nebraska	15	26	8-5

IOWA WRESTLING HISTORY

Iowa's overall dual meet record is 867-215-30 (.793) in 100 seasons. The Hawkeyes have won 22 national titles and 33 Big Ten titles. Iowa's 49 NCAA champions have won a total of 57 NCAA individual titles, crowning six three-time and 14 two-time champions. The Hawkeyes' 101 Big Ten champions have won a total of 184 conference titles. There have been seven four-time, 18 three-time and 26 two-time Iowa winners. Iowa's 138 all-Americans have earned all-America status 278 times, including 17 four-time, 27 three-time and 35 two-time honorees.

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BIG TEN STANDINGS

Team	Big Ten		Overall	
	W-L-T	Pct.	W-L-T	Pct.
Indiana	0-0-0	.000	9-0-0	1.000
IOWA	0-0-0	.000	9-0-0	1.000
Ohio State	0-0-0	.000	11-1-0	.917
Michigan State	0-0-0	.000	4-1-0	.800
Purdue	0-0-0	.000	8-3-0	.727
Illinois	0-0-0	.000	5-2-0	.714
Penn State	0-0-0	.000	8-3-1	.708
Minnesota	0-0-0	.000	5-4-0	.556
Northwestern	0-0-0	.000	2-5-1	.417
Wisconsin	0-0-0	.000	4-6-0	.400
Michigan	0-0-0	.000	4-7-0	.313

THIS WEEK IN THE BIG TEN

1/16 Northwestern at Lone Star Duals - All Day
Indiana at Indiana Duals - 10 a.m.
Michigan State at Spartan Duals - 10 a.m.
Illinois at Iowa State - 7 p.m.
Oklahoma State at Iowa - 7 p.m.

1/17 Purdue at Wendy's Duals - All Day

Match times are local to site.



BIG TEN WRESTLERS OF THE WEEK

Date	Wrestler (Wt., School)
11/10	Colton Salazar (157, Purdue)
11/17	Cyler Sanderson (157, Penn State)
11/24	Reece Humphrey (141, Ohio State) Brad Pataky (125, Penn State)
12/1	Paul Young (165, Indiana)
12/8	Angel Escobedo (125, Indiana)
12/15	Ben Berhow (Hwt., Minnesota)
12/22	Cyler Sanderson (157, Penn State)
1/5	Brent Metcalf (149, Iowa)
1/12	Jay Borschel (174, Iowa)

Media parking for all meets will be in Lot 40, which is located across Elliott Drive from Carver-Hawkeye Arena, on the building's southeast side. Throughout the season, fans are encouraged to use free parking near the arena at Lot #33 (East Dental Lot), Lot #43 (located west of Kinnick Stadium and the UI Recreating Building), and the Finkbine Commuter lot. Other free parking is available at Hancher Auditorium, the Hawkeye Commuter lot (which is located west of the UI Athletics Hall of Fame, Grant Field, UI Soccer Field and the Hawkeye Tennis and Recreation Complex), and the hard surfaced lots at the UI softball and outdoor track complexes. Parking is also available at the regular hourly parking rate in the Clock Tower (#3) and Field House (#4) ramps.

OKLAHOMA STATE COWBOYS

Oklahoma State is ranked fourth in the nation in the most recent NWCA/USA Today Division I Coaches Poll with a 8-0-1 record. The Cowboys posted wins over Arizona State (21-9), Minnesota (21-8), UC Davis (43-0) and Cal Poly (21-13), and scored a 16-16 tie with intra-state rival Oklahoma. Oklahoma State also won the Virginia Duals title last weekend with wins over Liberty (36-6), Clarion (42-6), Penn State (24-13) and Lehigh (30-6).

Head Coach John Smith is 289-42-5 in 19 years at Oklahoma State. A seven-time Big 12 Coach of the Year, Smith is Oklahoma State's winningest wrestling coach. During his tenure, he has coached 23 individual NCAA champions, which leads all active collegiate head coaches. He is assisted by Oklahoma State alums Eric Guerrero (1999) and Tyrone Lewis (2004).

The Cowboys returns all-American Jared Rosholt (Hwt.) from the 2008-09 squad that went 15-7 and placed 16th at the NCAA Championships. Rosholt is ranked first in the nation by *Amateur Wrestling News* and *Intermat*, and second by *W.I.N. Magazine*. He has a 20-1 record this season, and is currently riding an 18-match winning streak.

Also leading the youthful Oklahoma State squad are sophomores Jamal Parks (141), Mike Benefiel (174) and Alan Gelogaev (197), and redshirt freshman Jordan Oliver (133). Parks is ranked fifth in the nation by *AWN* and *Intermat*, and seventh by *W.I.N.* with a 20-3 record, while Benefiel is ranked seventh by *Intermat*, 13th by *AWN* and 14th by *W.I.N.* at 24-1. Gelogaev is ranked sixth by *AWN* and seventh by *Intermat* and *W.I.N.* at 20-1, while Oliver is ranked sixth by *AWN* and *Intermat*, and ninth by *W.I.N.* with a 17-2 record. Junior Clayton Foster is ranked 12th by *W.I.N.* and 13th by *AWN* and *Intermat* at 184 with a 10-1 record, but has not seen much action since the beginning of December due to injury.

THE SERIES

Oklahoma State leads the series, 25-17-1, but Iowa won the last meeting between the two teams - a 20-13 decision in Stillwater on Jan. 18, 2009. The series is tied 9-9 in matches wrestled in Iowa City. The Cowboys have been victorious in their last four trips to Iowa City (21-15 in 2002, 30-10 in 2004, 18-14 in 2006 and 19-14 in 2008). The last time Iowa beat Oklahoma State in Carver-Hawkeye Arena was Feb. 4, 2000 (20-14).

Oklahoma State is one of five teams in Iowa's 108-opponent school history to hold a series edge. The other four are Kansas State (0-1-1), New York AC (0-1), Oklahoma (16-17) and Toledo (0-1).

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LAST MEETING - IOWA 20, OKLAHOMA STATE 13

University of Iowa Head Wrestling Coach **Tom Brands** made his 50th win at Iowa extra sweet with a 20-13 victory at Oklahoma State Jan. 18, 2009, in Stillwater, OK. The win snapped the Cowboys' nine-match winning streak in the series and was Iowa's first in Stillwater since 1996. It was also Brands' first win over Oklahoma State since he took the Hawkeye helm. Iowa improved to 15-0 on the season, picking up its 29th straight win. Oklahoma State fell to 11-4 with the loss.

The Cowboys put the first points on the board at 125 with senior Obenson Blanc's 6-2 win over Hawkeye redshirt freshman **J.J. Krutsinger**. Krutsinger was wrestling for injured Hawkeye starter **Charlie Falck**. Iowa rolled off wins at the next three weights to take an 11-3 lead and never looked back. Iowa junior **Daniel Dennis** started the streak at 133 with a 3-2 win over junior Chris Notte. Hawkeye senior **Alex Tsirtsis** posted his 85th career victory with a 4-1 victory over redshirt freshman Jamal Parks. Iowa junior **Brent Metcalf** posted his 52nd straight win with a 23-6 technical fall in 5:47 over Luke Silver at 149.

Oklahoma State won a decision at 157 when sophomore Neil Erisman posted a 4-1 victory over Hawkeye sophomore **Matt Ballweg**, but three Iowa juniors followed with decisions to seal the team win. At 165, **Ryan Morningstar** scored nearfall points in the second period to beat Shenandoah, IA, native Brandon Mason, 3-1. **Jay Borschel** fought off a last second takedown attempt by Cowboy senior Newly McSpadden to post a 3-2 win at 174. **Phillip Keddy** posted his fifth straight win with a 12-7 decision over sophomore Cody Hill at 184 to remain undefeated.

The Cowboys won the final two bouts, but it wasn't enough for the team win. Senior Clayton Foster scored a 9-1 major decision over Hawkeye redshirt freshman **Brodie Ambrose**, who was wrestling for injured starter **Chad Beatty**, at 197. Hawkeye heavyweight **Dan Erikson** put up a fight against top-ranked Jared Rosholt in the final match, but lost 9-5.

Iowa 20, Oklahoma State 13

125 - Obenson Blanc (OSU) dec. **J.J. Krutsinger (I)**, 6-2
133 - **Daniel Dennis (I)** dec. Chris Notte (OSU), 3-2
141 - **Alex Tsirtsis (I)** dec. Jamal Parks (OSU), 4-1
149 - **Brent Metcalf (I)** tech. fall Luke Silver (OSU), 23-6 in 5:47
157 - Neil Erisman (OSU) dec. **Matt Ballweg (I)**, 4-1
165 - **Ryan Morningstar (I)** dec. Brandon Mason (OSU), 3-1
174 - **Jay Borschel (I)** dec. Newly McSpadden (OSU), 3-2
184 - **Phillip Keddy (I)** dec. Cody Hill (OSU), 12-7
197 - Clayton Foster (OSU) maj. dec. **Brodie Ambrose (I)**, 9-1
Hwt. - Jared Rosholt (OSU) dec. **Dan Erikson (I)**, 9-5

THE LAST TIME IOWA...

Won a dual meet at home:

Dec. 10, 2009 - 48-3 vs. Northern Iowa

Lost a dual meet at home:

Jan. 5, 2008 - 19-14 vs. Oklahoma St.

Won a dual meet on the road:

Jan. 10, 2010 - 19-12 vs. Iowa State

Lost a dual meet on the road:

Feb. 4, 2007 - 24-13 at Penn State

Tied a dual meet:

Dec. 4, 1992 - 18-18 at Penn State

Shut-out an opponent in a dual meet:

Nov. 20, 2009 - 51-0 vs. SIUE

Was shut-out in a dual meet:

1965-66 - 39-0 vs. Oklahoma

Lost two consecutive dual meets:

Feb. 5, 2006 - 19-17 at Michigan St.

Feb. 10, 2006 - 24-13 vs. Illinois

Scored 50 or more team points:

Nov. 20, 2009 - 51-0 vs. SIUE

Went undefeated for a season:

2008-09 - 24-0

Went undefeated in Big Ten duals:

2008-09 - 8-0

Had a losing season:

1966-67 - 7-8

HIGH/LOW FACTS

Placing at NCAA Meet

High: 1st - 22 times, last in 2009

Low: T32nd - 1971

Team Score at NCAA Meet

High: 170 points - 1997

Low (since 1962): 8 points - 1968

Placing at Big Ten Meet

High: 1st - 33 times, last in 2009

Low: 10th - 1929

Individual NCAA Champs

High: 5 - 1986 and 1997

Low: 0 - 40 times, last in 2009

All-Americans

High: 9 - 6 times, last in 1995

Low: 0 - 19 times, last in 1968

Individual Big Ten Champs

High: 9 - 1983

Low: 0 - 29 times, last in 2006

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HAVEN'T WE MET?

Following are past series results for potential Iowa-Oklahoma State matchups:

141 - **Montell Marion (I)** is 0-1 vs. Jamal Parks (OSU)
Parks dec. Marion, 11-5, at 2007 Kaufman-Brand Open

149 - **Brent Metcalf (I)** is 1-0 vs. Quinten Fuentes (OSU)
Metcalf maj. dec. Fuentes, 20-8, at 2008 dual

149 - **Brent Metcalf (I)** is 1-0 vs. Luke Silver (OSU)
Metcalf tech. fall Silver, 23-6 in 5:47

CARVER-HAWKEYE ARENA

Carver-Hawkeye Arena has been the home of Iowa wrestling since 1983. The Hawkeyes are 175-18 (.907) in the arena, which includes a record 10 victories during the 1986 season. Iowa has recorded 17 undefeated seasons in the arena, with the most recent (7-0) occurring in 2008-09. The dual wrestling attendance record for Carver-Hawkeye Arena is 15,955, set when Iowa defeated Iowa State (20-15) on December 6, 2008. The arena seats 15,500 for a dual wrestling meet.

IOWA WINS THIRD STRAIGHT NATIONAL DUALS TITLE

The Hawkeyes won their third straight NWCA/Cliff Keen National Duals team title Jan. 10 with a 19-12 win over #2 Iowa State in the championships. Iowa is only the second school in the tournament's 22-year history to win three straight team titles. Oklahoma State also won three straight from 2003-05. Hawkeye senior 174-pounder **Jay Borschel** was named Division I Outstanding Wrestler for the tournament. Borschel and Iowa senior 149-pounder **Brent Metcalf** (2008) are the only two Hawkeyes to earn the Outstanding Wrestler honor.

Iowa improved to 13-0 and extended its dual winning streak to 51 matches, while posting a 28-12 record at the two-day tournament. Iowa beat #15 Nebraska (33-3) in the opening round, #9 Boise State (20-12) in quarterfinals and #6 Minnesota (28-12) in the semifinals. The Hawkeyes have won a total of six National Duals titles (1992, 1995, 1996, 2008, 2009, 2010).

Four Hawkeyes went undefeated during the two-day tournament. Metcalf recorded a forfeit, pin, major decision and decision, while Borschel scored two major decisions and two decisions. Senior **Ryan Morningstar** (165) scored a technical fall, major decision and two decisions, while redshirt freshman **Matt McDonough** (125) posted two major decisions and two decisions.

HAWKEYE WRESTLING TICKET INFORMATION

Tickets for Iowa's five remaining home meets are on sale at the University of Iowa Athletic Ticket Office at 1-800-464-2957, 319-335-9327 or www.hawkeyesports.com. Following are this season's prices.

Single Meet vs. Michigan State, Northwestern

Advance Purchase: \$10 - Adult, \$5 - Youth

Door Purchase: \$12 - Adult, \$6 - Youth

Free Admission: UI students, Children ages 5 and under

Single Meet vs. Oklahoma State, Penn State and Ohio State

Advance Purchase: \$13 - Adult, \$7 - Youth, \$2 - Age 5 and under

Door Purchase: \$15 - Adult, \$8 - Youth, \$2 - Age 5 and under

Free Admission: UI students

SENIOR LEADERSHIP

Iowa's 11 seniors - **Chad Beatty, Jay Borschel, Daniel Dennis, Dan Erikson, Michael Fahrner, Phillip Keddy, Dan LeClere, Rick Loera, Brent Metcalf, Ryan Morningstar, Joe Slaton** - bring a wealth of talent and experience to the mat.

The group has a combined career record of 599-210, going 361-111 in duals, 94-48 in Big Ten duals and 131-36 in Carver-Hawkeye Arena. The group has scored 1,467 team points in dual competition and has started a combined 475 dual matches. Iowa's seniors have won one NCAA individual title, three Big Ten individual titles, nine all-America honors and qualified for the NCAA Championships 16 times.

CHAMPIONSHIP EXPERIENCE

The Hawkeye wrestling staff of **Tom Brands, Terry Brands, Doug Schwab, Mike Zadick** and **Danny Song** earned a total of one Olympic gold medal, one Olympic bronze medal, six NCAA titles, 10 conference titles and 13 all-America honors.

WRESTLING SUMMER CAMPS

For dates and more information about 2010 Iowa Wrestling Summer camps visit www.iowawrestlingcamps.com.

UP NEXT

Top-ranked Iowa (13-0) will open the 2010 Big Ten dual season on the road with matches at Michigan (4-7) and Purdue (8-3). The Hawkeyes will wrestle Michigan Jan. 22 at 6 p.m. (CT) at Cliff Keen Arena in Ann Arbor. Then they will face Purdue Jan. 24 at Noon (CT) at Lowell High School Gymnasium in Lowell, IN.

IOWA HAWKEYES



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2009-10 HAWKEYE TOP FIVE STATISTICAL LEADERS

Collegiate Wins

1. Matt McDonough (125) _____ 19
Brent Metcalf (149) _____ 19
3. Jay Borschel (174) _____ 18
4. Ryan Morningstar (165) _____ 15
5. Grant Gambrall (184) _____ 14

Collegiate Winning Percentage

1. Matt McDonough (125) 1.000 (19-0)
Daniel Dennis (133) ____ 1.000 (8-0)
Brent Metcalf (149) ____ 1.000 (19-0)
Jay Borschel (174) ____ 1.000 (18-0)
5. Ryan Morningstar (165) .882 (15-2)

Dual Wins

1. Matt McDonough (125) _____ 13
Brent Metcalf (149) _____ 13
Jay Borschel (174) _____ 13
4. Ryan Morningstar (165) _____ 10
5. Phillip Keddy (184) _____ 9

Dual Winning Percentage

1. M. McDonough (125) _ 1.000 (13-0)
Daniel Dennis (133) ____ 1.000 (8-0)
Brent Metcalf (149) ____ 1.000 (13-0)
Jay Borschel (174) ____ 1.000 (13-0)
5. Ryan Morningstar (165) .909 (10-1)

Dual Meet Team Points Scored

1. Brent Metcalf (149) _____ 69
2. Jay Borschel (174) _____ 61
3. Matt McDonough (125) _____ 60
4. Ryan Morningstar (165) _____ 45
5. Phillip Keddy (184) _____ 40

Falls

1. Brent Metcalf (149) _____ 11
2. Jay Borschel (174) _____ 7
3. J.J. Krutsinger (125) _____ 5
Matt McDonough (125) _____ 5
Jordan Johnson (Hwt.) _____ 5

Fastest Fall

1. Jay Borschel (174) _____ 0:13
2. Nate Moore (133) _____ 0:20
3. Vinnie Wagner (184) _____ 0:36
4. Jordan Johnson (Hwt.) _____ 0:47
5. Matt Ballweg (157) _____ 0:53

Statistics are compiled from matches wrestled by attached competitors.

Technical Falls

1. J.J. Krutsinger (125) _____ 3
Matt McDonough (125) _____ 3
Daniel Dennis (133) _____ 3
4. Brent Metcalf (149) _____ 2
Ryan Morningstar (165) _____ 2
Phillip Keddy (184) _____ 2

Major Decisions

1. Matt McDonough (125) _____ 6
2. Ryan Morningstar (165) _____ 5
Jay Borschel (174) _____ 5
4. Phillip Keddy (184) _____ 4
Chad Beatty (197) _____ 4

Career Dual Starts

1. Ryan Morningstar (165) _____ 76
2. Phillip Keddy (184) _____ 75
3. Brent Metcalf (149) _____ 59
4. Jay Borschel (174) _____ 55
5. Daniel Dennis (133) _____ 51

2009-10 IOWA DUAL STARTING LINEUPS

Opponent	125	133	141	149	157	165	174	184	197	Hwt.
*Coe	McDonough	Dennis	LeClere	Metcalf	Kerr	Morningstar	Borschel	Keddy	Beatty	Johnson
*Cornell College	McDonough	Dennis	LeClere	Metcalf	Kerr	Morningstar	Borschel	Keddy	Beatty	Johnson
*Iowa Lakes	McDonough	Dennis	LeClere	Metcalf	Kerr	Morningstar	Borschel	Keddy	Beatty	Johnson
*UNC Pembroke	McDonough	Dennis	LeClere	Metcalf	Kerr	Morningstar	Borschel	Keddy	Beatty	Johnson
*S. Illinois Edwardsville	McDonough	Dennis	LeClere	Metcalf	Kerr	Morningstar	Borschel	Keddy	Beatty	Johnson
at Bucknell	McDonough	Dennis	LeClere	Metcalf	Ballweg	Janssen	Borschel	Keddy	Beatty	Johnson
vs. Rutgers	McDonough	Dennis	LeClere	Metcalf	Janssen	Kerr	Borschel	Gambrall	Beatty	Johnson
at Iowa State	McDonough	Dennis	LeClere	Metcalf	Janssen	Morningstar	Borschel	Keddy	Beatty	Rasing
Northern Iowa	McDonough	Moore	Marion	Metcalf	Janssen	Morningstar	Borschel	Keddy	Beatty	Rasing
#Nebraska	McDonough	Moore	Marion	Metcalf	Janssen	Morningstar	Borschel	Keddy	Lofthouse	Johnson
#Boise State	McDonough	Moore	Marion	Metcalf	Kerr	Morningstar	Borschel	Keddy	Lofthouse	Rasing
#Minnesota	McDonough	Moore	Marion	Metcalf	Janssen	Morningstar	Borschel	Keddy	Lofthouse	Rasing
#Iowa State	McDonough	Moore	LeClere	Metcalf	Janssen	Morningstar	Borschel	Keddy	Lofthouse	Johnson

*Bolded names = match winners, *Iowa City Duals, # - NWCA/Cliff Keen National Duals*

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2009-10 INDIVIDUAL SEASON STATISTICS

Career Wrestler, Wt.	Career Record	Overall Record	Coll. Record	Dual Record	Big 10 Record	Career CHA Record	Career Dual Starts	Career Pts. Scored	SV W-L	TB W-L	MD W-L	TF W-L	Pins W-L	Fastest Fall
J.J. Krutsinger, 125	19-9	14-4	11-4	0-0	0-0	0-0	5	0	0-0	0-0	2-2	3-0	5-0	1:55
Matt McDonough, 125	19-0	19-0	19-0	13-0	0-0	6-0	13	60	1-0	0-0	6-0	3-0	5-0	1:06
Mark Ballweg, 133*	0-2	8-4	0-2	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-1	-----
Tyler Clark, 133*	0-0	5-2	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	-----
Daniel Dennis, 133	55-24	9-0	8-0	8-0	0-0	13-6	51	36	1-0	0-0	3-0	3-0	1-0	2:46
Nate Moore, 133	9-6	13-7	9-6	3-2	0-0	1-0	5	13	0-1	0-0	2-0	0-0	4-0	0:20
Nick Trizzino, 133*	0-0	8-4	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	-----
Dan LeClere, 141	38-15	10-3	9-3	8-1	0-0	10-2	33	33	0-1	0-0	2-0	1-0	2-0	2:57
Montell Marion, 141*	21-5	16-4	11-2	3-1	0-0	1-0	4	12	0-0	0-0	1-0	1-0	3-2	2:37
Joe Slaton, 141*	37-6	10-1	0-0	0-0	0-0	6-2	23	0	0-0	0-0	0-0	0-0	0-0	-----
Jeret Chiri, 149	0-2	1-2	0-2	0-0	0-0	0-0	0	0	0-0	0-0	1-0	0-0	0-0	-----
Brent Metcalf, 149	91-2	19-0	19-0	13-0	0-0	20-0	59	69	0-0	0-0	2-0	2-0	11-0	1:36
Ethan Sebert, 149*	0-0	1-2	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	-----
Matt Ballweg, 157	25-24	5-3	4-3	0-1	0-0	3-4	25	0	0-0	0-0	2-0	0-0	1-0	0:53
Stew Gillmor, 157*	3-2	0-2	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	-----
Aaron Janssen, 157/165	20-10	8-3	8-3	6-1	0-0	1-2	10	16	1-0	0-0	2-1	0-0	0-0	-----
Jake Kerr, 157/165	16-19	7-5	6-5	4-3	0-0	4-3	15	21	0-1	0-0	0-0	0-0	2-1	5:35
Derek St. John, 157*	0-0	21-4	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	-----
Joe DuCharme, 165*	0-0	4-2	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	-----
Ryan Morningstar, 165	95-34	15-2	15-2	10-1	0-0	20-7	76	45	2-0	0-0	5-0	2-0	3-0	1:43
Jay Borschel, 174	79-10	18-0	18-0	13-0	0-0	17-2	55	61	0-0	0-0	5-0	0-0	7-0	0:13
Ethen Lofthouse, 174*	0-0	15-6	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	-----
Grant Gambrall, 184	14-5	16-5	14-5	1-0	0-0	0-0	1	4	0-0	0-0	1-1	1-1	3-0	1:46
Phillip Keddy, 184	89-37	13-5	13-5	9-3	0-0	21-6	75	40	0-1	0-1	4-0	2-0	2-0	1:24
Tomas Lira, 184*	0-0	5-6	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	-----
Vinnie Wagner, 184	5-4	9-6	5-4	0-0	0-0	0-0	0	0	0-0	0-0	1-0	0-1	1-1	0:36
Chad Beatty, 197	46-22	13-2	13-2	8-1	0-0	13-3	45	31	0-0	0-0	4-1	1-0	1-0	2:31
Luke Lofthouse, 197	23-28	14-9	13-9	1-3	0-0	2-4	22	3	0-0	1-0	3-1	1-0	0-0	----
Jordan Johnson, Hwt.	11-5	11-2	10-2	7-2	0-0	6-1	11	30	0-0	0-0	1-0	0-0	5-1	0:47
Blake Rasing, Hwt.	8-8	9-8	8-8	0-4	0-0	0-1	4	0	1-1	1-0	3-0	0-0	1-1	1:21
Totals	693-273	316-103	213-60	107-23	0-0	134-41	556	472	6-5	2-1	50-6	20-2	57-7	0:13

Coll. - Collegiate, CHA - Carver-Hawkeye Arena, SV - sudden victory, TB - tiebreak, MD - major decision, TF - technical fall, * - wrestling unattached, SV - sudden victory, TB - tiebreak, MD - major decision, TF - technical fall. * - wrestling unattached

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2009-10 DUAL TEAM POINTS SCORED BY WEIGHT

Opponent	125	133	141	149	157	165	174	184	197	Hwt.	Total
*Coe	5	6	4	6	0	3	6	3	3	3	39
*Cornell College	5	5	6	6	6	6	6	5	6	6	57
*Iowa Lakes	6	4	4	6	6	4	6	6	4	6	52
*UNC Pembroke	4	5	4	6	3	5	6	5	3	6	47
*S. Illinois Edwardsville	6	4	6	6	3	6	6	6	5	3	51
at Bucknell	5	4	3	3	0	0	4	4	3	3	29
vs. Rutgers	6	5	3	5	3	0	4	4	3	0	33
at Iowa State	3	3	0	6	3	0	3	0	0	0	18
Northern Iowa	6	6	6	6	4	6	6	4	4	0	48
#Nebraska	4	4	3	6	3	4	3	3	0	3	33
#Boise State	4	0	3	4	0	3	3	0	3	0	20
#Minnesota	3	3	0	6	3	5	4	4	0	0	28
#Iowa State	3	0	3	3	3	3	4	0	0	0	19
Totals	56	49	42	65	38	42	58	44	31	30	472

* - at Iowa City Duals, # - at NWCA/Cliff Keen National Duals

INDIVIDUAL DUAL RECORD BY WEIGHT

125	133	141	149	157	165	174	184	197	Hwt.	Total
13-0	11-2	11-2	13-0	10-3	10-3	13-0	10-3	9-4	7-6	107-23

DUAL PINS BY WEIGHT

125	133	141	149	157	165	174	184	197	Hwt.	Total
4/0	2/0	3/1	8/0	2/0	3/0	6/0	2/0	1/0	3/1	34/2

DUAL TECHNICAL FALLS BY WEIGHT

125	133	141	149	157	165	174	184	197	Hwt.	Total
3/0	3/0	1/0	1/0	0/0	2/0	0/0	2/0	1/0	0/0	13/0

DUAL MAJOR DECISIONS BY WEIGHT

125	133	141	149	157	165	174	184	197	Hwt.	Total
3/0	4/0	2/0	1/0	1/0	2/1	4/0	4/0	2/2	0/0	23/3

DUAL DECISIONS BY WEIGHT

125	133	141	149	157	165	174	184	197	Hwt.	Total
3/0	2/2	4/1	2/0	7/3	3/2	3/0	2/3	5/2	4/5	36/18

DUAL DISQUALIFICATIONS/FORFEITS/INJURY DEFAULTS BY WEIGHT

125	133	141	149	157	165	174	184	197	Hwt.	Total
0/0	0/0	0/0	1/0	0/0	0/0	0/0	0/0	0/0	0/0	1/0

TEAM RECORD AT DUAL STARTING WEIGHT

125	133	141	149	157	165	174	184	197	Hwt.	Total
13-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	13-0

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2009-10 DUAL MEET RESULTS

Iowa 39, Coe College 3 - Iowa City Duals - Nov. 20, 2009

125 - **Matt McDonough (I)** tech. fall Clayton Rush (C), 18-3 in 5:29
133 - **Daniel Dennis (I)** pinned Bryan Telgenhoff (C), 2:46
141 - **Dan LeClere (I)** maj. dec Jordan Westfall (C), 14-4
149 - **Brent Metcalf (I)** pinned Mark Carey (C), 1:45
157 - Dale Handley (C) dec. **Jake Kerr (I)**, 4-3
165 - **Ryan Morningstar (I)** dec. Nick LeClere (C), 6-5
174 - **Jay Borschel (I)** pinned Seth Rehn (C), 1:25
184 - **Phillip Keddy (I)** dec. Tyler Burkle (C), 8-6
197 - **Chad Beatty (I)** dec. Rob Kramer (C), 11-5
Hwt. - **Jordan Johnson (I)** dec. Mitch Sander (C), 6-1

Iowa 57, Cornell College 0 - Iowa City Duals - Nov. 20, 2009

125 - **Matt McDonough (I)** tech. fall Timothy Hood (C), 18-1 in 4:18
133 - **Daniel Dennis (I)** tech. fall Alex Hughes (C), 24-7 in 6:40
141 - **Dan LeClere (I)** pinned Kevin Donahue (C), 5:15
149 - **Brent Metcalf (I)** pinned Jacob Schwebke (C), 4:35
157 - **Jake Kerr (I)** pinned Nicholas Loughlin (C), 5:54
165 - **Ryan Morningstar (I)** pinned Alex Riniker (C), 6:25
174 - **Jay Borschel (I)** pinned Cliff Robertson (C), 1:35
184 - **Phillip Keddy (I)** tech. fall Andrew Roberts (C), 20-5 in 5:37
197 - **Chad Beatty (I)** pinned Andrew Anderson (C), 2:31
Hwt. - **Jordan Johnson (I)** pinned Wyatt Bauman (C), 2:24

Iowa 52, Iowa Lakes 0 - Iowa City Duals - Nov. 20, 2009

125 - **Matt McDonough (I)** pinned Tim Francisco (IL), 1:06
133 - **Daniel Dennis (I)** maj. dec. Tim Thurston (IL), 12-2
141 - **Dan LeClere (I)** tech. fall Matt Catalano (IL), 25-10 in 6:21
149 - **Brent Metcalf (I)** pinned Victor DeJesus (IL), 1:46
157 - **Jake Kerr (I)** pinned Austin Lindsay (IL), 5:35
165 - **Ryan Morningstar (I)** maj. dec. Dan McGillivray (IL), 11-3
174 - **Jay Borschel (I)** pinned Rowan Stander (IL), 2:21
184 - **Phillip Keddy (I)** pinned Kaylen Hamlett (IL), 3:22
197 - **Chad Beatty (I)** maj. dec. Josh Marsh (IL), 22-8
Hwt. - **Jordan Johnson (I)** pinned Tyler Thoeny (IL), 0:47

Iowa 47, UNC Pembroke 0 - Iowa City Duals - Nov. 20, 2009

125 - **Matt McDonough (I)** maj. dec. Russell Weakley (NCP), 13-3
133 - **Daniel Dennis (I)** tech. fall T.D. Thurston (NCP), 21-6 in 6:26
141 - **Dan LeClere (I)** maj. dec. Donovan Sweet (NCP), 12-0
149 - **Brent Metcalf (I)** pinned Brandon Bradley (NCP), 3:46
157 - **Jake Kerr (I)** dec. Rashaad Saunders (NCP), 2-0
165 - **Ryan Morningstar (I)** tech. fall Derving Rios (NCP), 18-3 in 6:10
174 - **Jay Borschel (I)** pinned J.J. Davis (NCP), 2:44
184 - **Phillip Keddy (I)** tech. fall John Sturrock (NCP), 17-2 in 6:35
197 - **Chad Beatty (I)** dec. Shane Nolan (NCP), 11-4
Hwt. - **Jordan Johnson (I)** pinned Erik Stancil (UNCP), 2:47

Iowa 51, S. Illinois Edwardsville 0 - Iowa City Duals - Nov. 20, 2009

125 - **Matt McDonough (I)** pinned Dustin Young (SIUE), 1:35
133 - **Daniel Dennis (I)** maj. dec. Brendan Murphy (SIUE), 19-8
141 - **Dan LeClere (I)** pinned Eric Biehl (SIUE), 2:57
149 - **Brent Metcalf (I)** pinned Kyle Lowman (SIUE), 4:40
157 - **Jake Kerr (I)** dec. Steve Ross (SIUE), 8-2
165 - **Ryan Morningstar (I)** pinned Eric Pretto (SIUE), 1:43
174 - **Jay Borschel (I)** pinned Tim Mahoney (SIUE), 0:13
184 - **Phillip Keddy (I)** pinned Sawyer Smith (SIUE), 1:24
197 - **Chad Beatty (I)** tech. fall Robert Cooney (SIUE), 18-3 in 4:47
Hwt. - **Jordan Johnson (I)** dec. David Devine (SIUE), 4-2

#1 Iowa 29, Bucknell 7 - Lewisburg, PA - Nov. 27, 2009

125 - **Matt McDonough (I)** tech. fall Derrik Russell (B), 19-4, 7:00
133 - **Daniel Dennis (I)** maj. dec. David Marble (B), 14-5
141 - **Dan LeClere (I)** dec. Zac Hancock (B), 9-5
149 - **Brent Metcalf (I)** dec. Kevin LeValley (B), 3-2
157 - Brantley Hooks (B) dec. **Matt Ballweg (I)**, 6-1
165 - Andy Rendos (B) maj. dec. **Aaron Janssen (I)**, 10-2
174 - **Jay Borschel (I)** maj. dec. Shane Riccio (B), 10-1
184 - **Phillip Keddy (I)** maj. dec. Rob Waltko (B), 12-4
197 - **Chad Beatty (I)** dec. Jay Hahn (B), 11-5
Hwt. - Jordan Johnson (I) dec. **Joe McMullan (B)**, 7-3

#1 Iowa 33, Rutgers 9 - Lewisburg, PA - Nov. 27, 2009

125 - **Matt McDonough (I)** pinned Vinny Dellafave (R), 3:39
133 - **Daniel Dennis (I)** tech. fall Billy Ashnault (R), 20-5 in 7:00
141 - **Dan LeClere (I)** dec. Trevor Melde (R), 7-3
149 - **Brent Metcalf (I)** tech. fall Kellen Bradley (R), 20-5 in 6:27
157 - **Aaron Janssen (I)** dec. Braden Turner (R), 2-0
165 - Gregory Zanetti (R) dec. **Jake Kerr (I)**, 8-6 SV
174 - **Jay Borschel (I)** maj. dec. Daniel Rinaldi (R), 16-3
184 - **Grant Gambrall (I)** maj. dec. Jesse Boyden (R), 11-3
197 - **Chad Beatty (I)** dec. Lamar Brown (R), 9-3
Hwt. - Dominick Russo (R) pinned **Jordan Johnson (I)**, 1:24

Iowa 18, Iowa State 16 - Ames, IA - Dec. 6, 2009

125 - **Matt McDonough (I)** dec. Andrew Long (ISU), 13-7
133 - **Daniel Dennis (I)** dec. Nick Fanthorpe (ISU), 10-8 SV
141 - Nick Gallick (ISU) dec. **Dan LeClere (I)**, 8-6 SV
149 - **Brent Metcalf (I)** pinned Mitch Mueller (ISU), 5:50
157 - **Aaron Janssen (I)** dec. Andrew Sorenson (ISU), 8-6
165 - Jon Reader (ISU) dec. **Ryan Morningstar (I)**, 4-3
174 - **Jay Borschel (I)** dec. Duke Burk (ISU), 10-4
184 - Jerome Ward (ISU) dec. **Phillip Keddy (I)**, 5-3
197 - Jake Varner (ISU) maj. dec. **Chad Beatty (I)**, 12-4
Hwt. - David Zabriskie (ISU) dec. **Blake Rasing (I)**, 3-1 SV

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2009-10 DUAL MEET RESULTS

Iowa 48, Northern Iowa 3 - Iowa City, IA - Dec. 10, 2009

125 - **Matt McDonough (I)** pinned Caleb Flores (UNI), 4:38
133 - **Nate Moore (I)** pinned Ryan Jauch (UNI), 2:42
141 - **Montell Marion (I)** pinned Trent Washington (UNI), 3:28
149 - **Brent Metcalf (I)** pinned Trevor Kittleson (UNI), 3:49
157 - **Aaron Janssen (I)** maj. dec. Tyson Reiner (UNI), 11-1
165 - **Ryan Morningstar (I)** pinned David Bonin (UNI), 5:32
174 - **Jay Borschel (I)** pinned Jarion Beets (UNI), 4:44
184 - **Phillip Keddy (I)** maj. dec. Andy O'Loughlin (UNI), 14-5
197 - **Chad Beatty (I)** maj. dec. Dustin Bauman (UNI), 15-5
Hwt. - Christian Brantley (UNI) dec. **Blake Rasing (I)**, 3-2

Iowa 33, Nebraska 3 - Cedar Falls, IA - Jan. 9, 2010

125 - **Matt McDonough (I)** maj. dec. David Klingsheim (N), 13-5
133 - **Nate Moore (I)** maj. dec. C.J. Napier (N), 9-1
141 - **Montell Marion (I)** dec. Mike Koehnlein (N), 10-5
149 - **Brent Metcalf (I)** won by forfeit
157 - **Aaron Janssen (I)** dec. Tyler Koehn (N), 4-0
165 - **Ryan Morningstar (I)** maj. dec. Alex Ward (N), 11-2
174 - **Jay Borschel (I)** dec. Stephen Dwyer (N), 10-7
184 - **Phillip Keddy (I)** dec. Josh Ihnen (N), 4-1
197 - Craig Brester (N) maj. dec. **Luke Lofthouse (I)**, 11-1
Hwt. - **Jordan Johnson (I)** dec. Tucker Lane (N), 3-2

Iowa 20, Boise State 12 - Cedar Falls, IA - Jan. 9, 2010

125 - **Matt McDonough (I)** maj. dec. Alan Bartelli (BSU), 15-6
133 - Andrew Hochstrasser (BSU) dec. **Nate Moore (I)**, 8-6 SV
141 - **Montell Marion (I)** dec. Levi Jones (BSU), 9-5
149 - **Brent Metcalf (I)** maj. dec. Jason Chamberlain (BSU), 13-3
157 - Adam Hall (BSU) dec. **Jake Kerr (I)**, 8-2
165 - **Ryan Morningstar (I)** dec. Michael Cuthbertson (BSU), 7-1
174 - **Jay Borschel (I)** dec. Nate Lee (BSU), 8-2
184 - Kirk Smith (BSU) dec. **Phillip Keddy (I)**, 3-1 TB
197 - Luke Lofthouse (I) dec. **Matt Casperson (BSU)**, 3-2 TB
Hwt. - **Sam Zylstra (BSU)** dec. Blake Rasing (Iowa), 4-3

Iowa 28, Minnesota 12 - Cedar Falls, IA - Jan. 10, 2010

125 - **Matt McDonough (I)** dec. Zach Sanders (M), 6-4
133 - **Nate Moore (I)** dec. Thane Antczak (M), 6-4
141 - Mike Thorn (M) pinned **Montell Marion (I)**, 0:42
149 - **Brent Metcalf (I)** pinned David Zilverberg (M), 2:18
157 - **Aaron Janssen (I)** dec. Mario Mason (M), 11-5
165 - **Ryan Morningstar (I)** tech. fall Joe Grygelko (M), 17-2
174 - **Jay Borschel (I)** maj. dec. Scott Glasser (M), 11-3
184 - **Phillip Keddy (I)** maj. dec. Kaleb Young (M), 11-0
197 - Sonny Yohn (M) dec. **Luke Lofthouse (I)**, 6-1
Hwt. - Ben Berhow (M) dec. **Blake Rasing (I)**, 6-3

Iowa 19, Iowa State 12 - Cedar Falls, IA - Jan. 10, 2010

125 - **Matt McDonough (I)** dec. Andrew Long (ISU), 9-8
133 - Nick Fanthorpe (ISU) dec. **Nate Moore (I)**, 8-3
141 - **Dan LeClere (I)** dec. Dalton Jensen (ISU), 7-2
149 - **Brent Metcalf (I)** dec. Mitch Mueller (ISU), 7-3
157 - **Aaron Janssen (I)** dec. Andrew Sorenson (ISU), 3-1 SV
165 - **Ryan Morningstar (I)** dec. Jon Reader (ISU), 5-4
174 - **Jay Borschel (I)** maj. dec. Duke Burk (ISU), 10-2
184 - Jerome Ward (ISU) dec. **Phillip Keddy (I)**, 7-5 SV
197 - Jake Varner (ISU) dec. **Luke Lofthouse (I)**, 7-1
Hwt. - David Zabriskie (ISU) dec. **Jordan Johnson (I)**, 4-1