



IOWA HAWKEYES

MEN'S SWIMMING & DIVING

ESTABLISHED 1917

2013-14 SCHEDULE		
Date	Opponent	Time
Sep. 27-28	at #1 Michigan * Michigan Water Carnival (Ann Arbor, Mich.)	L, 110-182
Oct. 11	Intrasquad Meet (Iowa City, Iowa)	Black, 122-104
Oct. 18	Michigan State * (Iowa City, Iowa)	W, 182-113
Nov. 1	#7 Minnesota * (Iowa City, Iowa)	L, 176-121
Nov. 8	at #22 Purdue/ #10 Ohio State* (West Lafayette, Ind.)	L, 173-127 L, 195-105
Dec. 6 - 8	Hawkeye Invitational (Iowa, Denver, Milwaukee, Notre Dame)	10 a.m./ 6 p.m.
Jan. 18	Missouri/Indiana (Iowa City, Iowa)	11 a.m.
Jan. 25	at Northwestern (Evanston, Ill.)	11 a.m.
Jan 31 - Feb 1	Shamrock Invitational (South Bend, Ind.)	All Day
Feb. 7	Western Illinois (Iowa City, Iowa)	6 p.m.
Feb. 26 - March 1	Big Ten Championships (Ann Arbor, Mich)	All Day
Feb. 27 - March 1	Iowa Senior Championships (Iowa City, Iowa)	All Day
March 10 - 12	NCAA Zone Diving (Minneapolis, Minn.)	All Day
March 27 - 29	NCAA Championships (Austin, Texas)	All Day
April 12	Long Course Intrasquad (Iowa City, Iowa)	TBA

All times Central and subject to change | * -- Conference Event

THIS WEEK

The No. 23 University of Iowa men's swimming and diving team hosts the annual Hawkeye Invitational, Friday through Sunday, in Iowa City, Iowa. The competition will be held at the Campus Recreation and Wellness Center, with prelims beginning at 10 a.m. (CT) all three days. Finals will begin at 6 p.m. Friday and Saturday and 4 p.m. on Sunday.

LIVE RESULTS

Fans can follow along via live results by following this link (livestats.hawkeyesports.com). A live stream of the event can also be found at Hawkeye All-Access (<http://www.hawkeyesports.com/allaccess/>).

PROMOTIONS

Fans can be a part of great promotional events over the course of the weekend. Promotions include:

FRIDAY

- The Greek house with the most members in attendance will win a VISA gift card.
- Free Hawkeye cups will be handed out with one specially marked cup winning a prize.

SATURDAY

- "Go Hawks" sunglasses will be handed out.
- The rubber duck toss into the pool during the night's finals.

SUNDAY

- Pom Poms will be distributed to the 50 fans in attendance.

MEET CAPTAINS

The meet captains for the invite are seniors Kyle Noser, Gianni Sesto, Dustin Rhoads, Max Behles, Manuel Belzer, Tyler Lentz, and Andrew Marciniak.

HAWKS FALL TO BUCKEYES AND BOILERMAKERS IN B1G ACTION

The Hawkeyes dropped a pair of conference dual meets Nov. 8 to Purdue and Ohio State, in West Lafayette, Ind. The Hawkeyes won three events, but fell to No. 10 Ohio State, 195-105, and No. 22 Purdue, 173-127. Senior Dustin Rhoads posted his second NCAA 'B' cut time of the season in the 100-back, winning the event in 48.36 seconds. This topped Rhoads' previous 'B' cut time of 48.42, set against Minnesota on Nov. 1. Sophomore Roman Trussov posted a pair of victories, swimming to victories in the 100-breast (54.35) and 200-breast (1:59.82). Trussov's 100-breast time, an NCAA 'B' cut time, is the third time Trussov has posted a 'B' cut in the event this season.

SCOUTING THE INVITE

Iowa welcomes three swimming and diving teams to Iowa City for three days of competition. University of Denver, Milwaukee, and Notre Dame will all be on hand for the annual event.

HAWKEYES IN THE RANKINGS

The Hawkeyes are ranked 23rd in the College Swimming Coaches Association of America (CSCAA) poll, released Nov. 20. The Hawkeyes are one of seven Big Ten programs ranked in the top 25 along with Michigan (1), Minnesota (5), Indiana (9), Ohio State (10), Purdue (12), and Penn State (14).

NCAA 'B' CUTS

Sophomore Roman Trussov recorded one NCAA 'B' cut time in the Hawkeyes' dual meet against Purdue and Ohio State on Nov. 8 Nov. 1. Trussov won the 100-breast in 54.35, besting his previous





HEAD COACH MARC LONG

Marc Long is in his 10th season as head coach for the University of Iowa swimming and diving team, and ninth leading both the men and women's squads. He served two seasons as the Iowa women's assistant coach (2003-04) before taking over the helm for the 2004-05 season. He also served as the Hawkeye men's assistant coach from 1998-2001.

During his tenure as head coach of both programs, 75 school records have fallen and 112 Hawkeyes have automatically or provisionally qualified for the NCAA Championships.

In 2012-13, Long guided the Hawkeyes to a 32nd place finish at the NCAA Championships, marking the program's second-straight finish among the top-32 teams nationally. Six men's student-athletes competed at the championships, and Iowa earned honorable mention All-America honors in three events -- 200-medley relay, 400-medley relay and 100 backstroke.

Twenty-one school records went down during the course of the season and 20 Iowa student-athletes posted NCAA automatic or provisional times. The men's team finished seventh at the Big Ten Championships with 245 points, while the women's squad was 10th with 113 points.

The men's team finished the 2013 season ranked 20th in the CollegiateSwimming.com/CSCAA Coaches Poll after posting a 7-3 dual record; the women's squad received votes in the rankings during the season and finished the year with an 8-2 record. Academically, 25 Hawkeyes earned Academic All-Big Ten recognition.

During the 2011-12 season, Long led the UI men's team to a fifth place showing at the Big Ten Championships, the program's highest finish since 1996. Two Iowa relays -- the 200 and 400 free relays -- won Big Ten titles, marking the program's first relay crown in 17 years. Five Hawkeyes garnered first team All-Big Ten recognition.

The women's team finished ninth at the 2012 Big Ten Championships with 201 points. Freshman Becky Stoughton became the first Hawkeye to be selected as the Big Ten Freshman of the Year after finishing in the top six in three individual events.

The Iowa men's team posted a 26th place finish at the NCAA Championships, its best showing since 1995, and three Hawkeye relays earned honorable mention All-America honors. Stoughton became the first UI female swimmer to advance to the NCAA Championships since 2005 and the first freshman since 2002. She earned honorable mention All-America honors after placing ninth in the 1,650 free.

The men's team finished the season with a 7-2 dual meet record, running its four-year mark to an impressive 31-5. The team climbed to a program best 10th in the CSCAA dual meet rankings and finished the season ranked 14th. The Hawkeye women posted a 10-6 record, the most dual victories since the 1985-86 season.

Twenty-four Iowa student-athletes garnered Academic All-Big Ten honors during the 2011-12 season. Four women's swimmers were recognized with the Big Ten Distinguished Scholar Award, and nine Hawkeyes earned Scholar All-America recognition by the College Swimming Coaches Association of America (CSCAA). The women's team earned Scholar All-America team honors for the eighth straight year, finishing with the third-best grade point average in the nation.

Iowa set 18 school records during the 2011-12 season (11 men, seven women) and 18 Hawkeyes posted a NCAA qualifying time. In June 2012, 14 Hawkeyes represented the program at the 2012 U.S. Olympic Team Trials in Omaha.

two 'B' cut times he recorded earlier this year in the event. Trussov has also recorded a 'B' cut time in the 200-breast event, with a season-best time of 1:59.19. Senior Dustin Rhoads posted his second 'B' cut time of the year in the 100-back, finishing in 48.42 against the Boilermakers and Buckeyes to claim the third 'B' cut time of the year for the Hawkeyes.

HOLLIDAY HAS BREAKOUT MEET

Sophomore Charles Holliday had his best meet of his collegiate career Oct. 18 against Michigan State, posting three first place finishes to go along with one second place time. Holliday sprinted to the 50-free (20.90) and 100-free (46.34) titles, was a member of the 400-free team that took the top time of 3:04.05, while taking second in the 200-medley team (1:31.48).

BOSCHULT DIVING TO THE TOP

Sophomore Addison Boschult posted a pair of victories in the Hawkeyes' win over Michigan State on Oct. 18. Boschult tallied 293.70 points in the 1-meter and 311.55 points in the 3-meter to take the top spots. The score of 293.70 marks a season best for the Omaha, Neb., native.

TRUSSOV EARNS BIG SWIMMER OF THE WEEK HONORS

Sophomore Roman Trussov was named Big Ten Swimmer of the Week on Nov. 5. The Kazakhstan native swam four events against the Gophers, winning two individual events, while placing second and third in a pair of relays. The Swimmer of the Week honor is the first of Trussov's career and Iowa's first honoree since 2011. Last season he was selected as the Big Ten Freshman of the Week on Nov. 6.

HAWKEYES SET WORLD RECORD

Iowa swam to a World Record in the 200 short course meters mixed-medley relay at the Michigan Water Carnival. In the second-to-last event, the Hawkeyes swam to a World Record time when seniors Dustin Rhoads and Andrew Marciniak, junior Haley Gordon and sophomore Olivia Kabacinski finished with a time of 1:47.61. Iowa also bested a previous World Record time in the mixed 200-meter freestyle relay when sophomore Jackson Allen, senior Gianni Sesto, freshman Emma Sougstad and sophomore Allie Orvis posted a time of 1:40.26. Michigan took down the old record, finishing in 1:36.78.

ZITO EARNS BIG FRESHMAN OF THE WEEK HONORS

Freshman Nick Zito was named Big Ten Freshman of the Week on Oct. 1. Competing in his first collegiate dual at defending national champion Michigan, Zito swam four events for the Hawkeyes, placing second twice, third, and seventh. In the 200-yard breaststroke, the Lombard, Ill., native placed second (2:02.10), behind fellow teammate and NCAA qualifier Roman Trussov. In the 400-yard freestyle relay, Zito swam the anchor leg, touching out in 3:03.27. He also placed third in the 200-yard IM in 1:54.56, and placing seventh in the 200-yard freestyle.

RETURNING ALL-AMERICANS

The men's squad returns junior Grant Betulius and senior Andrew Marciniak who earned All-America recognition last season. Betulius earned honorable mention All-America honors in the 100 back as well as being a part of the 200 and 400 medley relays. Marciniak was also a member of both medley relays. Iowa also returns NCAA qualifiers David Ernstsson and Roman Trussov. Ernstsson swam in the 800-free relay, while Trussov finished 24th in the 200-breaststroke.

RECORD BREAKING YEAR

The Hawkeyes are coming off a 2012-13 season where nine records were broken. Individually, Grant Betulius (100 back - 46.33), Byron Butler (200 back - 1:43.59, 100 fly



- 47.05), Andrew Marciniak (100 breast - 53.59), Roman Trussov (200 breast - 1:55.84), and Tyler Lentz (200 IM - 1:46.15) all captured school records. Jordan Huff, David Ernstsson, Gianni Sesto and Betulius broke the record in the 800 free relay (6:26.79). In the 200 medley relay, the record was broken by Betulius, Corey Schneider, Butler and Huff (1:25.82). The quartet of Betulius, Marciniak, Butler and Huff broke the record in the 400 Medley Relay (3:09.66).

ACADEMIC HONORS

One member from the 2012-13 men's team was named to the Scholar All-America First Team while two other members were named honorable mention. Byron Butler was named to the first team after being an honorable mention selection in 2011-12. Joining Butler were teammates Dustin Rhoads and Manuel Belzer. For Belzer, it is his second consecutive year earning honorable mention recognition, while Rhoads earned the distinction for the first time. The team was recognized as a CSCAA All-America Team for the third time in program history.

HEAD COACH MARC LONG

Marc Long is in his 10th season as head coach for the University of Iowa swimming team. It's his eighth as head coach of the combined program. During his tenure as head coach of both programs, 75 school records have fallen and 112 Hawkeyes have provisionally qualified for the NCAA Championships.

COACHING ADDITIONS

Brandon King is in his first season as an assistant coach with the Iowa swimming and diving program. King joins the Hawkeyes out of Naperville, Ill., where he served as a senior assistant coach alongside decorated head coach Dave Krotiak for the Fox Valley Swim Team from 2011-13. During his time with the program, King assisted the Illinois Senior Coach of the Year and coached

multiple swimmers competing at the Junior Nationals, Grand Prix meets and Olympic Trials.

CAMPUS RECREATION AND WELLNESS CENTER

Ground was broken for the Campus Recreation and Wellness Center in October 2007. The facility opened in August 2010 and is home for the Hawkeyes. It is located at the corner of Burlington and Madison streets and cost approximately \$69 million. The facility includes a 50-meter competition pool, a separate diving well, a leisure pool with lap lanes and 24,000 square feet of fitness space.

IOWA SWIMMING AND DIVING TRADITION

Iowa was one of the first schools in the nation to compete on a collegiate level and competed at the first NCAA Championship. From 1937 to 1960, Iowa placed in the NCAA top 10 18 times, crowning nine NCAA and 22 Big Ten champions.

NEXT EVENT

The Hawkeyes return to competition Jan. 18 when they host Missouri and Illinois in a pair of Dual Meets. Competition is slated to begin at 11 a.m. (CT) at the Campus Recreation and Wellness Center.

2013-14 SEASON-BEST TIMES

50 Free	Jackson Allen	20.83
100 Free	David Ernstsson	45.65
200 Free	David Ernstsson	1:40.00
500 Free	Manuel Belzer	4:33.91
1,000 Free	Manuel Belzer	9:26.35
1,650 Free	n/a	n/a
100 Back	Dustin Rhoads	48.36 (B)
200 Back	Dustin Rhoads	1:46.69
100 Breast	Roman Trussov	54.35 (B)
200 Breast	Roman Trussov	1:59.19 (B)
100 Fly	Jackson Allen	49.49
200 Fly	Tyler Lentz	1:51.04
200 IM	Kyle Noser	1:51.23
400 IM	Nick Zito	4:00.66
200 Free Relay	Allen, Trussov, Ernstsson, Sesto	1:23.36
400 Free Relay	Trussov, Ernstsson, Allen, Sesto	3:00.85
800 Free Relay	n/a	n/a
200 Medley Relay	Betulius, Marciniak, Rhoads, Sesto	1:28.63
400 Medley Relay	n/a	n/a
One-Meter Diving	Addison Boschult	300.00 (ZS)
Three-Meter Diving	Addison Boschult	323.40 (ZS)
Platform Diving	n/a	n/a

(A) - NCAA A Cut (B) - NCAA B Cut * -- school record ** Pool Record

