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Meet Schedule – Tentative  
February 16, 2019

**FIELD EVENTS**

11:00 AM	Weight Throw	Women followed by Men
To follow WT	Shot Put	Women followed by Men
11:00 AM	Long Jump	Men followed by Women
To follow LJ	Triple Jump	Men followed by Women
11:00 AM	Pole Vault	Women followed by Men
12:00 PM	High Jump	Men followed by Women

**RUNNING EVENTS**

11:00 AM	60 M Hurdles – Prelim	Women
11:10 AM	60 M Hurdles – Prelim	Men
11:20 AM	60 M Dash – Prelim	Women
11:30 AM	60 M Dash – Prelim	Men
11:40 AM	Distance Medley Relay	Women
12:10 PM	Distance Medley Relay	Men
12:40 PM	400 M Dash	Women
12:50 PM	400 M Dash	Men
1:00 PM	60 M Hurdles – Final	Women
1:05 PM	60 M Hurdles – Final	Men
1:10 PM	60 M Dash – Final	Women
1:15 PM	60 M Dash – Final	Men
1:20 PM	Mile Run	Women
1:35 PM	Mile Run	Men
1:50 PM	800 M Run	Women
2:05 PM	800 M Run	Men
2:20 PM	200 M Dash	Women
2:30 PM	200 M Dash	Men
2:40 PM	3000 M Run	Women
3:00 PM	3000 M Run	Men
3:20 PM	4x400 M Relay	Women
3:30 PM	4x400 M Relay	Men