



IOWA HAWKEYES

MEN'S SWIMMING & DIVING

ESTABLISHED 1917

2015-16 SCHEDULE

Date	Opponent	Time
Sept. 25-26	at Illinois Chicago	W, 155-77
Oct. 9	Intrasquad Meet	Black, 94-79
Oct. 15-16	*Michigan State	W, 188-91
Oct. 30	*#20 Minnesota	L, 130.5-169.5
Nov. 6	*at Purdue	L, 112-188
Dec. 4-6	Hawkeye Invitational	10 a.m./ 6 p.m./4 p.m.
Dec. 15-10	Winter Nationals	TBA
Jan. 23	*at Northwestern	11 a.m.
Jan. 29-30	Shamrock Invitational	TBA
Feb. 5	Western Illinois	6 p.m.
Feb. 24-27	Big Ten Championships	10 a.m./6 p.m.
March 8-10	NCAA Zone Diving	TBA
March 24-27	NCAA Championships	10 a.m./6 p.m.

All times Central and subject to change.

* - Big Ten dual |

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THIS WEEK

The University of Iowa men's swimming and diving team will host the Hawkeye Invitational at the Campus Recreation and Wellness Center Natatorium on Friday through Sunday. Preliminary events will start at 10 a.m. (CT) all three days and finals will be held at 6 p.m. (CT) on Friday and Saturday, and 4 p.m. (CT) on Sunday.

LIVE RESULTS

Up-to-date results will be available on livestats.hawkeyesports.com. Fans can also follow the meet via Twitter by following @IowaSwimDive.

THE FIELD

The six-team field includes student-athletes from Denver, Drury, Incarnate Word, Iowa, Milwaukee, and North Dakota.

SENIOR NIGHT

Iowa will recognize its 12-member senior class on Saturday prior to the start of the finals. The senior class includes: Jackson Allen, Addison Boschult, Matthew Boyd, David Ernstsson, Charles Holliday, Maverick Hovey, Andrew Hull, Mike Nelson, Tyler Nichols, Andrew Parker, Luke Snow, and Roman Trussov.

LAST YEAR AT HAWKEYE INVITE

Iowa won the 2014 Hawkeye Invitational, edging Notre Dame 918.5-918 last season in Iowa City. Iowa broke two school records during the invite; Jerzy Twarowski swam to the top time in the 100 fly and Grant Betulius set the 100 back record.

BACKING INTO FIRST

Redshirt freshman Kenneth Mende showed his best against Big Ten foe, Purdue. The Germany native swam to two wins and a runner-up finish. Mende had a first-place showing in the 100 back (49.03) and 200 back (1:49.11). He also led off the runner-up 200-medley relay, where he had a split of 22.92--the fastest of the meet. Mende's season-best time of 48.84 in the 100 back is the eighth-fastest in program history.

SPRINGING TO NCAA ZONE STANDARDS

Four Hawkeye divers have posted NCAA Zone diving standards in the first three meets of the 2015-16 season. Addison Boschult (341.55), Brandis Heffner (334.43), Andrew Hull (332.25), and Will Brenner (306.15) have posted qualifying scores off the 1-meter, while Heffner (341.55), Hull (340.80), and Boschult (334.43) have qualifying scores on the 3-meter. Heffner, Boschult, and Hull's 1-meter scores are career bests. They rank fifth, sixth, and ninth, respectively, in school history.

FIRST PLACE FLYER

Sophomore Jerzy Twarowski flew fast in Iowa's Nov. 6 meet against Purdue. The Krakow, Poland, native swam to two first place finishes, touching first in the 100 fly in 48.50 seconds and 200 fly in 1:49.28. Twarowski has an NCAA "B" qualifying time in the 100 fly, posting a time of 48.04 in the dual meet against Minnesota.



FRESHMEN SET TO GO THE DISTANCE

Freshman Ben Colin has helped to lead the Hawkeyes in distance freestyle events this season. Colin swam a season-best time in the 1,000 free against Purdue on Nov. 6, touching at a time of 9:36.75, and touched in 4:35.06 in the 500, also a season best. Fellow freshman Drew Eisen leads the Hawkeyes in the 1,650, swimming a time of 16:05.22.

BOUNDING BREASTROKER

Senior Roman Trussov has led the way for the Hawkeyes in breaststroke competition this season. The Kazakhstan native swam to three top-three finishes against Purdue on Nov. 6. Swimming a pair of runner-up finishes in the 100 breast, pushing to a time of 55.49, a season best. He was also second in the 200 breast in 2:01.25. Trussov also tallied a third-place finish in the 200 IM, swimming to a time of 1:53.68.

RETURNING NCAA QUALIFIERS

The Hawkeyes return Roman Trussov Mike Nelson, Jerzy Twarowski and Addison Boschult from the NCAA Championships this season. Trussov placed 18th in the 200 medley relay (1:26.19), 19th in the 400-medley relay (3:10.03), 24th in the 100 breast (53.17), and 28th in the 200 breast (1:55.04), Nelson served as an alternate in the 100 and 200 breaststroke, Twarowski finished 18th in the 200-medley relay (1:26.19) and

19th in the 400-medley relay (3:10.03), and Boschult placed 10th at the NCAA Championships with a score of 386.50 and was second overall off the platform at NCAA Zone D Diving Championships (387.70).

TRUSSOV: 2-TIME NCAA QUALIFIER

Senior Roman Trussov returns for his senior season as a two-time NCAA qualifier (2013, 2015). The Kazakhstan native holds the school records in the 100 breast (52.85), 200 breast (1:54.57) and as part of the 200 (1:25.53) and 400 (3:08.56) medley relays. Trussov placed 24th overall in the 100 breast and 28th in the 200 breast at the 2015 NCAA Championships.

TOP FLYER RETURNS

Sophomore Jerzy Twarowski is back for his second season as a Hawkeye and his second season competing in the yards distances. Twarowski became the first Iowa butterfly swimmer to break the 47-second mark during his first collegiate season, posting a school-record time of 46.70. He also broke a 22-year old school record (Rafal Szukala) in the 200 fly, finishing with a time of 1:44.00.

CAMPUS RECREATION AND WELLNESS CENTER

Ground was broken for the Campus Recreation and Wellness Center in October 2007. The facility opened in August 2010 and is home for the Hawkeyes. It is located at the corner of Burlington and Madison streets and cost approximately \$69 million. The facility includes a 50-meter competition pool, a separate diving well, a leisure pool with lap lanes and 24,000 square feet of fitness space.

IOWA SWIMMING AND DIVING TRADITION

Iowa was one of the first schools in the nation to compete on a collegiate level and competed at the first NCAA Championship. From 1937 to 1960, Iowa placed in the NCAA top 10 18 times, crowning nine NCAA and 22 Big Ten champions.

ON THE HORIZON

The Hawkeyes will travel to Evanston, Illinois, to face Northwestern at the Norris Aquatics Center at 11 a.m. (CT) on Jan. 23.

2015-16 SEASON-BEST TIMES

50 Free	Jackson Allen	20.32
100 Free	Jack Smith	45.29
200 Free	Jack Smith	1:40.72
500 Free	Ben Colin	4:35.06
1,000 Free	Chris Dawson	9:36.75
1,650 Free	Drew Eisen	16:05.22
100 Back	Kenneth Mende	48.84
200 Back	Kenneth Mende	1:49.11
100 Breast	Roman Trussov	55.59
200 Breast	Roman Trussov	2:00.85
100 Fly	Jerzy Twarowski	48.04 (B)
200 Fly	Jerzy Twarowski	1:58.28
200 IM	Roman Trussov	1:53.15
400 IM	--	--
200-Free Relay	Halsmer, J. Allen, Kamin, Farnum	1:21.68
400-Free Relay	Kamin, Ernstsson, Halsmer, Smith	2:59.40
800-Free Relay	Kamin, Gannon, Ernstsson, Smith	6:48.26
200-Medley Relay	Mende, Trussov, Twarowski, J. Allen	1:30.07
400-Medley Relay	Mende, Trussov, Twarowski, Smith	3:15.96
1-Meter Diving	William Brenner	331.20 (ZS)
3-Meter Diving	Brandis Heffner	341.55 (ZS)
Platform Diving	--	--

(A) - NCAA A Cut (B) - NCAA B Cut (SR) -- school record ** Pool Record (ZS) - NCAA Diving Zone Standard



Meet	50 Free	100 Free	200 Free	500 Free	1,000/1,650 Free
at UIC	Jack Smith (21.31)	Brandon Farnum (46.7)	Jackson Halsmer (1:42.60)	Logan Samuelson (4:43.29)	--
Intrasquad	Jack Smith (20.79)	Jack Smith (45.34)	--	Chris Dawson (4:37.71)	--
Mich. St.	Jackson Allen (20.32)	Jack Smith (45.74)	Andrew Parker (1:51.2)	Chris Dawson (4:38.72)	Chris Dawson (9:36.75)
Minnesota	Jackson Allen (20.51)	Jack Smith (45.29)	Jack Smith (1:40.72)	Ben Colin (4:37.28)	Drew Eisen (16:05.22)
at Purdue	Jackson Allen (20.75)	Jackson Halsmer (45.76)	David Ernstsson (1:41.31)	Ben Colin (4:35.06)	Ben Colin (9:36.25)
Hawkeye Invite					
at N'western					
Shamrock Invite					
W. Illinois					
B1G Champ.					
NCAA Champ.					

Meet	100 Back	200 Back	100 Breast	200 Breast
at UIC	Matthew Boyd (51.90)	--	Mike Nelson (58.48)	--
Intrasquad	Kenneth Mende (49.28)	--	Mike Nelson (58.37)	--
Mich. St.	Andrew Parker (51.07)	Andrew Parker (1:51.25)	Roman Trussov (56.30)	Quinn Risley (2:15.27)
Minnesota	Kenneth Mende (48.80)	Kenneth Mende (1:49.37)	Roman Trussov (55.98)	Roman Trussov (2:00.85)
at Purdue	Kenneth Mende (49.03)	Kenneth Mende (1:49.11)	Roman Trussov (55.49)	Roman Trussov (2:01.25)
Hawkeye Invite				
at N'western				
Shamrock Invite				
W. Illinois				
B1G Champ.				
NCAA Champ.				

Meet	100 Fly	200 Fly	200 IM	400 IM
at UIC	Jackson Allen (50.30)	--	--	--
Intrasquad	Jerzy Twarowski (48.75)	--	--	--
Mich. St.	Jackson Allen (49.02)	Jerzy Twarowski (1:51.25)	Roman Trussov (1:54.59)	--
Minnesota	Jerzy Twarowski (48.04) (B)	Jerzy Twarowski (1:48.28)	Roman Trussov (1:53.15)	--
at Purdue	Jerzy Twarowski (49.50)	Jerzy Twarowski (1:49.38)	Roman Trussov (1:53.68)	--
Hawkeye Invite				
at N'western				
Shamrock Invite				
W. Illinois				
B1G Champ.				
NCAA Champ.				

Meet	200 Free Relay	400 Free Relay	800 Free Relay
at UIC	Halsmer, Rathbun, Dawson, Gannon (1:25.97)	--	--
Intrasquad	Casey, Farnum, Ernstsson, J. Allen (1:22.48)	--	--
Mich. St.	Halsmer, J. Allen, Kamin, Farnum (1:21.68)	Smith, Halsmer, Ernstsson, J. Allen (3:01.29)	Kamin, Gannon, Ernstsson, Smith (6:48.26)
Minnesota	--	Kamin, Ernstsson, Halsmer, Smith (2:59.40)	--
at Purdue	--	Smith, Ernstsson, Kamin, Halsmer (3:02.14)	--
Hawkeye Invite			
at N'western			
Shamrock Invite			
W. Illinois			
B1G Champ.			
NCAA Champ.			

Meet	200 Medley Relay	400 Medley Relay
at UIC	C. Allen, Nichols, J. Allen, Kamin (1:33.91)	--
Intrasquad	Mende, Nelson, Twarowski, Halsmer (1:31.05)	--
Mich. St.	Ernstsson, Trussov, J. Allen, Halsmer (1:30.77)	--
Minnesota	--	Mende, Trussov, Twarowski, Smith (3:15.96)
at Purdue	Mende, Trussov, Twarowski, Allen (1:30.07)	
Hawkeye Invite		
at N'western		
Shamrock Invite		
W. Illinois		
B1G Champ.		
NCAA Champ.		

Meet	1-Meter	3-Meter	Platform
at UIC	--	--	--
Intrasquad	--	--	--
Mich. St.	William Brenner (306.15)	Andrew Hull (331.55)	--
Minnesota	Addison Boschult (327.38)	Andrew Hull (340.80)	--
at Purdue	William Brenner (331.20)	Brandis Hefner (341.55)	--
Hawkeye Invite			
Winter Nationals			
at N'western			
Shamrock Invite			
W. Illinois			
B1G Champ.			
NCAA Zone Diving			
NCAA Champ.			

Athlete	50 Free	100 Free	200 Free	500 Free	1,000 Free	1,650 Free	100 Back	200 Back
Colter Allen								
Jackson Allen	20.32	45.45	1:44.95					
Matthew Boyd							50.83	1:54.93
Ike Casey	21.30	47.42						
Ben Colin				4:35.06	9:36.25	16:16.39		
Chris Dawson				4:37.71	9:36.75			
Drew Eisen		47.53		4:46.20	9:45.33	16:05.22		
David Ernstsson		45.87	1:41.31					
Brandon Farnum	21.19	46.12					53.45	
Kyle Gannon		47.20	1:41.31	4:43.88				
Jackson Halsmer	20.65	45.76	1:42.60					
RJ Hemmingsen								
Garrett Hoce			1:46.77					
Charles Holliday	21.06	47.03						
Maverick Hovey	21.48							
Matthew Kamin	21.10	45.72	1:42.46					
Kenneth Mende							48.84	1:49.11
Mike Nelson								
Tanner Nelson								
Tyler Nichols								
Andrew Parker			1:50.84				51.05	1:50.45
Kyle Patnode							52.57	1:56.21
Thomas Rathbun			1:42.17	4:40.80			52.88	1:55.19
Quinn Risley	21.79							
Logan Samuelson			1:44.06	4:39.54	9:38.81	16:19.42		
Sam Sauerbrei								
Jack Smith	20.79	45.29	1:40.72					
Luke Snow	21.51	47.43	1:45.43					
Roman Trussov								
Jerzy Twarowski		48.24		4:49.65				

Athlete	100 Breast	200 Breast	100 Fly	200 Fly	200 IM	400 IM
Colter Allen			51.14	1:56.87	1:56.81	
Jackson Allen			49.00			
Matthew Boyd	1:02.15				1:56.54	
Ike Casey						
Ben Colin						
Chris Dawson						
Drew Eisen						
David Ernstsson						
Brandon Farnum						
Kyle Gannon						
Jackson Halsmer						
RJ Hemmingsen			50.63	1:57.55		
Garrett Hoce				1:58.87	1:56.71	
Charles Holliday						
Maverick Hovey			49.95	1:56.23		
Matthew Kamin	1:02.59					
Kenneth Mende					1:54.43	
Mike Nelson	57.16	2:10.89				
Tanner Nelson	58.63	2:10.82				
Tyler Nichols	58.27	2:10.89	52.91	1:55.05		
Andrew Parker						
Kyle Patnode						
Thomas Rathbun						
Quinn Risley	58.42	2:15.27				
Logan Samuelson						
Sam Sauerbrei			1:53.24		1:55.67	
Jack Smith			55.70			
Luke Snow						
Roman Trussov	55.49	2:00.85			1:53.15	
Jerzy Twarowski			48.04 (B)	1:48.28		

Athlete	1-Meter	3-Meter	Platform
Addison Boschult	327.38	334.43	--
William Brenner	331.20	299.63	--
Brandis Heffner	323.48	341.55	--
Andrew Hull	301.20	340.80	--
Evan Hull	--	--	--
Matt Mauser	--	--	--

INDIVIDUAL WINS

Name	Event	Meet
Jackson Allen	100 fly	at UIC, 9/26/15
Jackson Allen	50 free	Michigan St., 10/16/15
Jackson Allen	100 fly	Michigan St., 10/16/15
Jackson Allen	50 free	Minnesota 10/30/15
Matthew Boyd	100 back	at UIC, 9/26/15
Will Brenner	1-Meter Diving	Michigan St., 10/15/15
Chris Dawson	500 free	Michigan St., 10/16/15
Brandon Farnum	100 free	at UIC, 9/26/15
Jackson Halsmer	200 free	at UIC, 9/26/15
Kenneth Mende	200 back	Minnesota 10/30/15
Kenneth Mende	100 back	at Purdue 11/06/15
Kenneth Mende	200 back	at Purdue 11/06/15
Mike Nelson	100 breast	at UIC, 9/26/15
Andrew Parker	200 back	Michigan St., 10/16/15
Logan Samuelson	500 free	at UIC, 9/26/15
Jack Smith	50 free	at UIC, 9/26/15
Jack Smith	100 free	Michigan St., 10/16/15
Jack Smith	200 free	Michigan St., 10/16/15
Jack Smith	100 free	Minnesota 10/30/15
Roman Trussov	100 breast	Michigan St., 10/16/15
Roman Trussov	200 IM	Michigan St., 10/16/15
Roman Trussov	100 breast	Minnesota 10/30/15
Jerzy Twarowski	200 fly	Michigan St., 10/16/15
Jerzy Twarowski	200 fly	Minnesota 10/30/15
Jerzy Twarowski	100 fly	Minnesota 10/30/15
Jerzy Twarowski	200 fly	at Purdue 11/06/15

RELAY WINS

Names	Event	Meet
Halsmer, Rathbun, Dawson, Gannon	200 free relay	at UIC, 9/26/15
C. Allen, Nichols, J. Allen, Kamin	200 medley relay	at UIC, 9/26/15
Halsmer, J. Allen, Kamin, Fanum	200 free relay	Michigan St., 10/15/15
Kamin, Gannon, Ernstsson, Smith	800 free relay	Michigan St., 10/15/15
Ernstsson, Trussov, J. Allen, Halsmer	200 medley relay	Michigan St., 10/16/15
Smith, Halsmer, Ernstsson, J. Allen	400 free relay	Michigan St., 10/16/15
Mende, Trussov, Twarowski, Smith	400 medley relay	Minnesota 10/30/15