

# THE UNIVERSITY OF IOWA



## HAWKEYE TRACK & FIELD



MEN'S CONTACT: TRACI WAGNER, WOMEN'S CONTACT: AARON BLAU

MARCH 1, 2004

### 2004 MEN'S INDOOR SCHEDULE

J 17	Hawkeye Invite	6 champs
J 24	at Gold Country Classic	0 champs
J 31	at UNI Invitational	3 champs
F 7	at Husker Invitational	0 champs
F 13-14	at ISU Classic	0 champs
<b>F 20</b>	<b>Iowa Open</b>	<b>7 champs</b>
F 28-29	at Big Ten Champ's 10th/0	champs
<b>M 6</b>	<b>at NCAA Last Chance</b> (Ames, IA)	
M 12-13	at NCAA Championships (Fayetteville, AR)	

### 2004 MEN'S INDOOR SEASON BESTS

60 Meters	.....Derrick Burks	..... 6.84
200 Meters	...Zach Digney	..... 21.77
400 Meters	...Juan Coleman	..... 48.31
600 Yards	.....Matt O'Hollearn	..... 1:12.06
600 Meters	...Matt O'Hollearn	..... 1:21.02
800 Meters	...Rob Long	..... 1:54.13
1,000 Meters	Ben Lloyd	..... 2:34.49
Mile	.....Ben Lloyd	..... 4:15.30
3,000 Meters	Matt Esche	..... 8:17.28
Two Miles	....Matt Esche	..... 9:03.82
5,000 Meters	Matt Esche	..... 14:18.43
60 Hurdles	....Russell Peterson	..... 7.97
Shot Put	.....Ken Kemeny	..... ^60-0 1/2
Wt. Throw	...Brad Daufeldt	..... 60-4 1/2
1600-Meter Relay	.....	..... 3:13.81
	(Coleman, Peterson, O'Hollearn, Digney)	
Distance Medley Relay	.....	..... 10:02.09
	(Trainor, Leick, Tweedy, Rakaric)	

^NCAA Provisional Qualifier

### 2004 USTCA TEAM POWER RANKINGS

The Iowa women's team is ranked 20th in the most recent USTCA Team Power ranking. Teams are assigned a point total and ranked based on quality of athletic performance, team depth and dual meet scoring potential. Iowa has earned a score of 258.89. Nebraska is ranked first with 311.4.

**THIS WEEK** -- The Hawkeyes will send athletes to the co-ed Cyclone National Track and Field Qualifier Saturday in Ames. All events will be held at Lied Recreation Center. Field events are scheduled to start at 9 a.m. with running events set to begin at 10:30 a.m. It will be the last opportunity for the Hawkeyes to qualify, or improve already qualifying marks, for the 2004 NCAA Championships, to be held March 12-13 in Fayetteville, AR.

**IN THE RANKINGS** -- Iowa has qualified seven student-athletes for the 2004 NCAA Indoor Championships in six individual events and one relay. Their events, best performances, whether they are an automatic or provisional qualifier, and where they rank in the nation are listed below.

Athlete	Event	Qualifier	Mark	Rank
Sarah Arens	Distance Medley Relay	PQ	11:30.36	20th
Nikki Chapple	3,000 Meters	PQ	9:34.17	40th
Ken Kemeny	Shot Put	PQ	60-0 1/2 (18.30m)	20th
Michelle Lahann	Mile	PQ	4:47.23	30th
	Distance Medley Relay	PQ	11:30.36	20th
Peaches Roach	High Jump	PQ	5-11 1/4 (1.81 m)	15th
Shannon Stanley	Distance Medley Relay	PQ	11:30.36	20th
Shellene Williams	200 Meters	PQ	23.62	14th
	400 Meters	AQ	52.83	9th
	Distance Medley Relay	PQ	11:30.36	20th

PQ -- provisional qualifier, AQ -- automatic qualifier

**LAST WEEK** -- The Iowa women's team hosted the 2004 Big Ten Indoor Championships at the Recreation Building in Iowa City, while the men's team competed at the Big Ten indoor meet in Ann Arbor, MI.

The women's team edged out Ohio State in the final event for third place, tying its highest finish in school history at a Big Ten meet. Iowa scored a school-record 89 team points, while the Buckeyes tallied 88.83. Penn State won it's first team title with 115 points. The Hawkeyes crowned two individual champions and placed second in four other events.

Senior **Shellene Williams** won the 400 meters (54.17), placed third in the 200 meters (23.97) and ran the second leg of the 1,600-meter relay that placed third with a school-record 3:44.47. Freshman **Peaches Roach** won the high jump with a collegiate-best 5-11 1/4, beating the rest of the field by at least 3 1/4 inches. **Roach** also placed fifth in the 60 meters (7.50). Senior Michelle **Lahann** placed second in the 800 meters (2:10.72) and ran the lead leg of the distance medley relay that placed third in 11:41.77. Senior **Jessie**

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PAGE 2

### 2004 WOMEN'S INDOOR SCHEDULE

J 17	Hawkeye Invite	12 champs
J 24	at Gold Country Classic	4 champs
J 30-31	at UNI Invitational	1 champ
J 31	at Illinois Invite.	4th/1 champ
F 7	at Husker Invitational	1 champ
F 13-14	at ISU Classic	3 champs
F 20	Iowa Open	5 champs
F 28-29	Big Ten Champ's	3rd/2 champs
<b>M 6</b>	<b>at NCAA Last Chance</b> <i>(Ames, IA)</i>	
M 12-13	at NCAA Championships <i>(Fayetteville, AR)</i>	

### 2004 WOMEN'S INDOOR SEASON BESTS

60 Meters	.....Peaches Roach	..... 7.48
200 Meters	...Shellene Williams	..... ^!23.62
400 Meters	...Shellene Williams	..... \$!52.83
600 Yards	.....Aisha Hume	..... 1:21.74
600 Meters	...Aisha Hume	..... 1:32.41
800 Meters	...Michelle Lahann	..... 2:09.75
Mile	.....Michelle Lahann	..... ^4:47.23
3,000 Meters	Nikki Chapple	..... ^9:34.17
5,000 Meters	Nikki Chapple	..... 16:48.21
60 Hurdles	....Tiffany Johnson	..... 8.62
High Jump	....Peaches Roach	..... ^5-11 1/4
Long Jump	...Tiff Pedersen	..... 17-6 1/4
Triple Jump	..Tiffany Johnson	..... 38-9 3/4
Pole Vault	.....Jessie Strand	..... !12-5 1/2
Shot Put	.....Kamesha Marshall	... 46-4 1/4
Wt. Throw	...Erin O'Hearn	..... 41-5 3/4
Pentathlon	....Tiff Pedersen	..... 3,511
1600-Meter Relay	.....!	3:44.47 <i>(McCalla, Williams, Sheeley, Hume)</i>
Distance Medley Relay	..... ^	11:30.36 <i>(Lahann, Williams, Stanley, Arens)</i>

! - School Record

\$ - NCAA Automatic Qualifier

^ - NCAA Provisional Qualifier

**Strand** was runner-up in the pole vault, breaking her own indoor school record with a vault of 12-5 1/2. Freshman **Nikki Chapple** placed second in the 5,000 meters (17:11.68) and third in the 3,000 meters (9:37.80). Junior **Aisha Hume** placed fourth in the 600 meters with a personal-best 1:32.41 and anchored the 1,600-meter relay. Senior **Sarah Arens** placed fifth in the mile (4:55.28) and anchored the distance medley relay. Junior **Tiff Pedersen** placed fifth in the pentathlon, scoring a collegiate-best 3,451 points.

The men's team placed 10th with 13 points. Wisconsin won its fourth team title in five seasons with 174.5 points. Senior shot-putter **Ken Kemeny** led the Hawkeyes in that event with a personal-best 60-0 1/2 for sixth place. Iowa's 1,600-meter relay of seniors **Zach Digney**, **Tony Leick** and **Russell Peterson** and junior **Juan Coleman** placed fifth in 3:18.42. The Hawkeye distance medley relay of junior **Ben Lloyd**, **Leick**, sophomore **Dan Dziubski** and junior **Dan Trainor** placed seventh in 10:10.66. **Digney** also placed seventh in the 200 meters (21.79) and **Peterson** placed ninth in the 60-meter hurdles (8.52), after running a personal-best 7.97 in the semifinals. Iowa also recorded top-10 individual performances from **Derrick Burks** in the 60 meters (8th-6.98), junior **Matt Esche** in the 3,000 meters (9th-8:17.28), junior **Matt O'Hollearn** in the 600 meters (9th-1:21.42) and **Andy Banse** in the shot put (10th-54-4 1/2).

**HAWKEYE COACHES** -- **Larry Wieczorek** is in his eighth year as Iowa's men's head track coach. As a runner, **Wieczorek** was a six-time Big Ten champion for Iowa, winning four track and two cross country titles. He was also a four-time all-American. In 1998, **Wieczorek** was inducted into the National Iowa Varsity Club Hall of Fame. He is assisted by former Iowa all-American and world-class 400-meter hurdler **Pat McGhee** and three-time all-American and two-time Big Ten shot put champion **Scott Cappos**.

**James Grant** is in his eighth year at the helm of the women's track and field program. Last weekend at the Big Ten Indoor Championships, the Hawkeyes crowned two individual champions, recorded their highest placing under Grant (third) and their highest team point total (89) in school history. During his career at Iowa, Grant has coached one all-American and 16 Big Ten Champions. As a runner, Grant captained Eastern Michigan University's 1970 and 1971 track teams, earning all-America honors while specializing in the 400-meter dash, 400-meter hurdles and the mile relay. Grant is assisted by **Steve Callaway**, who was a decathlete and pole vault school record holder at Indiana, and **Layne Anderson**, a three-time Southern Conference champion who set 10 school records at The Citadel.

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