

# UNIVERSITY OF IOWA MEN'S TRACK & FIELD

Senior Derrick Burks



Senior Ken Kemeny  
NCAA Provisional Qualifier  
(Shot Put)



## 2004 BIG TEN CHAMPIONSHIPS

UNIVERSITY OF MICHIGAN INDOOR TRACK BUILDING

ANN ARBOR, MI -- FEBRUARY 28-29, 2004

# THE UNIVERSITY OF IOWA



## HAWKEYE TRACK & FIELD



MEN'S CONTACT: TRACI WAGNER

FEBRUARY 23, 2004

### INDOOR SCHEDULE & RESULTS

J 17	Hawkeye Invite	6 champs
J 24	at Gold Country Classic	0 champs
J 31	at UNI Invitational	3 champs
F 7	at Husker Invitational	0 champs
F 13-14	at ISU Classic	0 champs
F 20	Iowa Open	7 champs
<b>F 28-29 at Big Ten Championships</b>		
M 6	at NCAA Last Chance	
M 12-13	at NCAA Championships	

### 2004 INDOOR SEASON BESTS

60 Meters	.....Derrick Burks	.....6.87
200 Meters	...Zach Digney	.....21.86
400 Meters	...Juan Coleman	.....48.31
600 Yards	.....Matt O'Hollearn	.....1:12.06
600 Meters	...Jason Nolting	.....1:21.03
800 Meters	...Josh Tweedy	.....1:54.30
1,000 Meters	Ben Lloyd	.....2:34.49
Mile	.....Ben Lloyd	.....4:15.30
3,000 Meters	Matt Esche	.....8:18.63
5,000 Meters	Matt Esche	.....14:18.43
Two Miles	....Matt Esche	.....9:03.82
60 Hurdles	....Russell Peterson	.....8.08
Shot Put	.....Ken Kemeny	.....^59-10 1/2
Wt. Throw	...Brad Daufeldt	.....60-4 1/2
1600-Meter Relay	.....	3:13.81
<i>(Coleman, Peterson, O'Hollearn, Digney)</i>		
Distance Medley Relay	.....	10:02.09
<i>(Trainor, Leick, Tweedy, Rakaric)</i>		
^NCAA provisional qualifier		

### IN THE RANKINGS

Here are the Hawkeyes ranked in the top 8 in the Big Ten:

Event	Name(s)	Big 10/NCAA
60 Meters	Derrick Burks	4th/---
60 M Hurdles	Russell Peterson	4th/---
Shot Put	Ken Kemeny	5th/21st
5,000 Meters	Matt Esche	8th/---
1,600-Meter Relay		6th/---
<i>(Coleman, Peterson, O'Hollearn, Digney)</i>		
Distance Medley Relay		6th/---
<i>(Trainor, Leick, Tweedy, Rakaric)</i>		

**THIS WEEK** -- The University of Iowa men's track team will compete at the 2004 Big Ten Indoor Championships Saturday and Sunday in Ann Arbor, MI. All events will be held at the University of Michigan Indoor Track Building. All-session tickets are \$12 for adults and \$7 for senior citizens, college students and children 18 and under. Daily tickets are \$7 for adults and \$4 for senior citizens, college students and children 18 and under.

**NCAA QUALIFIERS** -- Senior Ken Kemeny has provisionally qualified for the NCAA Indoor Championships, to be held March 12-13 in Fayetteville, AR, in the shot put. His best mark of 59-10 1/2 ranks 19th in the nation.

### SCHEDULE OF EVENTS

#### Saturday, February 28

8 a.m.	Heptathlon 60 Meters
8:40	Heptathlon Long Jump
10:10	Heptathlon Shot Put
11:20	Heptathlon High Jump
12:30 p.m.	Long Jump
1:00	60 Meters (T)
1:15	60-Meter Hurdles (T)
1:30	Pole Vault
	Shot Put
	Mile (T)
2:00	400 Meters (T)
2:20	60 Meters (S)
2:30	800 Meters (T)
2:50	60-Meter Hurdles (S)
3:00	600 Meters (T)
3:15	200 Meters (T)
3:40	3,000 Meters
4:00	Distance Medley Relay

#### Sunday, February 29

8 a.m.	Weight Throw
	Heptathlon 60-Meter Hurdles
8:40	Heptathlon Pole Vault
11:30	Heptathlon 1,000 Meters
11:50	Triple Jump (F)
12 p.m.	High Jump (F)
12:50	Mile (F)
1:00	400 Meters (F)
1:10	60 Meters (F)
1:20	800 Meters (F)
1:30	60-Meter Hurdles (F)
1:40	600 Meters (F)
1:50	200 Meters (F)
2:00	5,000 Meters (F)
2:25	1,600-Meter Relay (F)
2:45	Awards Presentation for Team Champions

*T - trials, S - semifinals, F - finals. All times are Central.*

**2003 INDOOR BIG TEN REVIEW** -- Iowa placed ninth at the 2003 Big Ten Indoor Championships, scoring 18.5 points. Wisconsin won the team title for the third time in four seasons. **Ken Kemeny** led the team with a fifth-place finish in the shot put (58-10 1/2), while the 1,600-meter relay of **Zach Digney, Ryan Strang, Calvin Davis** and **Matt O'Hollearn** tied for fifth place in 3:16.18.

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# ALL-TIME TOP 10 INDOOR PERFORMERS

## 60 Meters

1. Kurt Felix, 1999 ..... 6.73
2. Tony Branch, 1999 ..... 6.78
3. Tim Dodge, 2001 ..... 6.83
4. **Derrick Burks, 2003 ..... 6.84**
5. Adam Kunkel, 2001 ..... 6.89
6. **Omar Isaacs, 2004 ..... 6.90**
7. **Zach Digney, 2004 ..... 6.94**
8. Bashir Yamini, 1999 ..... 6.99
- Fred Russell, 2001 ..... 6.99
10. Merrill Coleman, 2000 ..... 7.00

## 60-Meter Hurdles

1. Dion Trowers, 1997 ..... 7.87
2. DeRocco Reed, 2000 ..... 8.03
3. **Russell Peterson, 2004 ..... 8.08**
4. Justin Poots, 2001 ..... 8.22
5. Tony Branch, 1999 ..... 8.24
6. Monte Raymond, 1997 ..... 8.29
7. Damion Turner, 1999 ..... 8.47
8. Adam Kunkel, 2001 ..... 8.50
9. **Tony Leick, 2003 ..... 8.51**
10. **Ryan Strang, 2003 ..... 8.58**

## 200 Meters

1. Anthuan Maybank, 1993 .... 21.11
2. Bashir Yamini, 1999 ..... 21.19
3. Tim Dodge, 2000 ..... 21.26
4. George Page, 1997 ..... 21.35
5. Tony Branch, 1998 ..... 21.46
6. Adam Kunkel, 2001 ..... 21.55
7. Tim Dwight, 1997 ..... 21.56
8. Chris Davis, 1998 ..... 21.76
9. Kurt Felix, 1999 ..... 21.86
- Zach Digney, 2004 ..... 21.86**

## 400 Meters

1. Terrence Duckett, 1984 .... 46.81
2. Andre Morris, 1995 ..... 47.15
3. Monte Raymond, 1998 ..... 47.18
4. Anthuan Maybank, 1990 .... 47.25
5. **Juan Coleman, 2002 ..... 47.40**
6. Curtis Chung, 1989 ..... 47.65
7. Ed Rozell, 1997 ..... 47.73
8. Chris Davis, 1997 ..... 47.83
9. Mike Mondane, 1968 ..... 47.84
10. **Russell Peterson, 2002 ... 48.02**

## 600 Meters

1. Pat McGhee, 1988 ..... 1:18.30
2. Monte Raymond, 1997 .... 1:19.18
3. Scott Williamson, 2001 .... 1:19.19
4. D'Juan Strozier, 1990 ..... 1:19.20
5. Gary Falls, 1991 ..... 1:19.32
6. **Ryan Strang, 2003 ..... 1:19.69**

## 600 Meters (Continued)

7. Brian Thomas, 1991 ..... 1:19.83
8. **Russell Peterson, 2001 . 1:19.92**
9. Michael Layne, 1998 ..... 1:20.03
10. Audwin Patterson, 1994 .. 1:20.12

## 800 Meters

1. Dave Novotny, 1996 ..... 1:51.27
2. Jim Docherty, 1973 ..... 1:51.30
3. Rod Chambers, 1989 ..... 1:51.33
4. Jim Donovan, 1999 ..... 1:51.52
5. Michael Layne, 1997 ..... 1:51.54
6. Bill Frazier, 1963 ..... 1:51.80
7. Mike Cunningham, 2002 . 1:51.98
8. John Clark, 1973 ..... 1:52.20
9. D'Juan Strozier, 1989 ..... 1:52.53
10. James Porter, 1994 ..... 1:52.62

## Mile

1. Ed DeLashmutt, 1981 ..... 4:04.01
2. Larry Wiczorek, 1968 .... 4:04.40
3. John Clark, 1972 ..... 4:05.94
4. Adam Thomas, 2002 .... 4:07.13
5. Kevin Herd, 1992 ..... 4:07.26
6. Ted Wheeler, 1956 ..... 4:07.74
7. Jim Docherty, 1978 ..... 4:07.80
8. Danny Waters, 1986 ..... 4:09.20
9. Rod Chambers, 1989 ..... 4:09.41
10. Shaun Allen, 2000 ..... 4:09.56

## 3,000 Meters

1. Stetson Steele, 2000 ..... 8:09.54
2. Kevin Herd, 1994 ..... 8:11.51
3. Larry Wiczorek, 1968 .. \*8:17.00
4. Jim Docherty, 1978 ..... \*8:17.40
5. **Matt Esche, 2004 ..... 8:18.63**
6. Danny Waters, 1986 ..... \*8:18.83
7. Sean Corrigan, 1988 ..... 8:20.20
8. **Tony Rakaric, 2003 ..... 8:20.31**
9. Bill Santino, 1978 ..... \*8:20.40
10. Nick Nordheim, 2002 .... 8:23.32

## 5,000 Meters

1. Stetson Steele, 2000 ..... 14:00.52
2. **Matt Esche, 2004 ..... 14:18.43**
3. Nick Nordheim, 2002 ... 14:22.99
4. Kevin Herd, 1994 ..... 14:27.57
5. Chad Schwitters, 1999 .. 14:33.40
6. Trent Corey, 2001 ..... 14:36.24
7. **Dan Haut, 2003 ..... 14:43.48**
8. Eric McDermott, 2002 .. 14:45.35
9. Jared Pittman, 1998 ..... 14:50.6
10. Joe Welter, 2002 ..... 14:51.20

## Shot Put

1. Jeremy Allen, 2001 .... 62-10 1/2 (19.16 m)
2. Gary Kostrubala, 1986 60-10 3/4 (18.55 m)
3. **Ken Kemeny, 2004 ... 59-10 1/2 (18.25 m)**
4. A. van der Westhuizen, 1999 58-10 3/4 (17.95 m)
5. Chris Gambol, 1985 ..... 58-2 (17.73 m)
6. Chris Cassata, 2000 ..... 56-3 (17.14 m)
7. Norm Balke, 1984 ..... 56-2 1/4 (17.12 m)
8. Tom Knutson, 1966 .... 55-1 1/4 (16.80 m)
- Steve English, 1998 ..... 55-1 (16.79 m)
10. **Robby Beyer, 2004 ..... 54-8 (16.66 m)**

## Weight Throw

1. Jim Costello, 2002 ..... 69-4 3/4 (21.15 m)
2. A. van der Westhuizen, 2001 67-7 1/2 (20.61 m)
3. Jeremy Allen, 2001 .... 65-10 1/4 (20.07 m)
4. **Brad Daufeldt, 2004 ... 60-4 1/2 (18.40 m)**
5. Adam Hamilton, 2003 .. 59-5 3/4 (18.13 m)
6. **Chris Voller, 2004 ... 57-10 1/2 (17.64 m)**
7. **Eric Rothwell, 2004 ... 56-3 1/2 (17.15 m)**
8. **Tim Brodersen, 2004 .... 54-10 (16.71 m)**

## 1,600-Meter Relay

1. Rozell, Davis, Raymond, Yamini, 1998 ..... 3:06.80
2. **Coleman, Faber, Strang, Peterson, 2002 ..... 3:07.44**
3. Greer, Williams, Smith, Duckett, 1984 ..... 3:08.14
4. Card, **Coleman, Williamson, Dodge, 2001 ..... 3:08.21**
5. Davis, Rozell, Page, Morris, 1995 ..... 3:08.77
6. Dodge, Williamson, Card, **Peterson, 2001 ..... 3:08.82**
7. Branch, Dodge, Donovan, Yamini, 1999 ..... 3:08.99
8. Dodge, Card, Williamson, **Peterson, 2000 ..... 3:09.33**
9. Dodge, Branch, Felix, Yamini, 1999 ..... 3:09.37
10. Branch, Davis, Rozell, Yamini, 1998 ..... 3:10.01

# 2004 INDOOR SEASON BESTS

## 60 METERS (AQ -- 6.62, PQ -- 6.72, SR -- 6.73)

Derrick Burks	6.87	UNI Invitational	1/31/04
Omar Isaacs	6.90	Iowa Open	2/20/04
Zach Digney	6.94	UNI Invitational	1/31/04
Warren Holloway	7.02	UNI Invitational	1/31/04
Robert Beach	7.04	Iowa Open	2/20/04

## 200 METERS (AQ -- 21.10, PQ -- 21.50, SR -- 21.11)

Zach Digney	21.86	UNI Invitational	1/31/04
Juan Coleman	22.06	Iowa Open	2/20/04
Russell Peterson	22.10	Iowa Open	2/20/04
Omar Isaacs	22.36	Iowa Open	2/20/04
Robert Beach	22.48	Iowa Open	2/20/04
Derrick Burks	22.64	UNI Invitational	1/31/04
Ryan Strang	22.82	Gold Country Classic	1/24/04
Jason Nolting	22.93	Gold Country Classic	1/24/04
Warren Holloway	22.94	UNI Invitational	1/31/04

## 400 METERS (AQ -- 46.55, PQ -- 47.65, SR -- 46.81)

Juan Coleman	^48.31	Iowa St. Classic	2/14/04
Ryan Strang	48.75	UNI Invitational	1/31/04
Russell Peterson	^48.91	Iowa St. Classic	2/14/04
Jason Nolting	49.35	UNI Invitational	1/31/04
Zach Digney	50.04	Iowa Open	2/20/04
Tom Hilaris	50.30	Iowa Open	2/20/04
Jason Wakenight	50.68	Hawkeye Invitational	1/17/04
Tony Leick	50.81	Gold Country Classic	1/24/04
Robert Beach	52.15	Gold Country Classic	1/24/04
Dan Dziubski	52.82	Hawkeye Invitational	1/17/04

## 600 YARDS (SR -- 1:09.60)

Matt O'Hollearn	^1:12.06	Iowa St. Classic	2/14/04
Tony Leick	^1:12.65	Iowa St. Classic	2/14/04
Jason Wakenight	^1:13.27	Iowa St. Classic	2/14/04

## 600 METERS (SR -- 1:18.30)

Jason Nolting	1:21.03	Hawkeye Invitational	1/17/04
Ryan Strang	1:21.32	Hawkeye Invitational	1/17/04
Rob Long	1:21.48	UNI Invitational	1/31/04
Juan Coleman	1:21.49	Hawkeye Invitational	1/17/04
Josh Tweedy	1:22.31	UNI Invitational	1/31/04
Tony Leick	1:23.01	UNI Invitational	1/31/04
Jason Wakenight	1:23.27	Gold Country Classic	1/24/04
Dan Dziubski	1:23.30	Gold Country Classic	1/24/04

## 800 METERS (AQ -- 1:48.90, PQ -- 1:50.80, SR -- 1:51.27)

Josh Tweedy	^1:54.30	Iowa St. Classic	2/14/04
Rob Long	^1:54.94	Iowa St. Classic	2/14/04
Matt O'Hollearn	1:56.54	Husker Invitational	2/7/04
Dan Dziubski	1:56.66	Husker Invitational	2/7/04
Tony Rakaric	1:56.97	Iowa Open	2/20/04
Jason Wakenight	1:57.92	UNI Invitational	1/31/04
Ben Lloyd	2:00.44	Iowa Open	2/20/04

! -- NCAA Provisional Qualifier, ^ -- run on an oversized track,  
AQ/PQ -- Automatic/Provisional Qualifying Standard, SR -- school record



# 2004 INDOOR SEASON BESTS

## 1,000 METERS (SR -- 2:24.53)

Ben Lloyd	2:34.49	UNI Invitational	1/31/04
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## MILE (AQ -- 4:00.10, PQ -- 4:05.70, SR -- 4:04.01)

Ben Lloyd	^4:15.30	Iowa St. Classic	2/14/04
Tony Rakaric	4:16.64	Husker Invitational	2/7/04
Matt Esche	4:17.74	Gold Country Classic	1/24/04
Dan Trainor	^4:17.91	Iowa St. Classic	2/14/04
Ben Barron	4:23.19	Iowa Open	2/20/04

## 3,000 METERS (AQ --7:57.30, PQ -- 8:09.30, SR -- 8:09.54)

Matt Esche	8:18.63	Husker Invitational	2/7/04
Brian Rae	8:35.93	Gold Country Classic	1/24/04
Adam Roche	^8:39.52	Iowa St. Classic	2/14/04
Stephen Traphagen	^8:46.72	Iowa St. Classic	2/14/04
Dan Haut	^8:54.95	Iowa St. Classic	2/14/04

## TWO MILES (SR -- 8:54.0)

Matt Esche	9:03.82	Hawkeye Invitational	1/17/04
Tony Rakaric	9:14.22	Hawkeye Invitational	1/17/04
Brian Rae	9:29.37	Hawkeye Invitational	1/17/04
Stephen Traphagen	9:46.49	Hawkeye Invitational	1/17/04

## 5,000 METERS (AQ -- 13:54.95, PQ -- 14:16.85, SR -- 14:00.52)

Matt Esche	^14:18.43	Iowa St. Classic	2/13/04
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## 60-METER HIGH HURDLES (AQ - 7.70, PQ -- 7.95, SR -- 7.87)

Russell Peterson	8.08	Iowa Open	2/20/04
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## 1,600-METER RELAY - Top 8 Relays - (AQ -- 3:08.50, PQ -- 3:12.00, SR -- 3:06.80)

Coleman, Peterson, O'Hollearn, Digney	^3:13.81	Iowa St. Classic	2/14/04
Strang, Hilaris, Nolting, Coleman	3:15.62	Gold Country Classic	1/24/04
Digney, Coleman, Peterson, Leick	3:15.82	Husker Invitational	2/7/04
Beach, Wakenight, Isaacs, Leick	^3:17.96	Iowa St. Classic	2/14/04
Strang, Nolting, Peterson, Coleman	3:18.92	Hawkeye Invitational	1/17/04
Coleman, Nolting, Peterson, Digney	3:20.04	UNI Invitational	1/31/04
Digney, Leick, Beach, Wakenight	3:22.04	Gold Country Classic	1/24/04
Wakenight, O'Hollearn, Long, Leick	3:23.28	UNI Invitational	1/31/04

## DISTANCE MEDLEY RELAY (AQ -- 9:37.25, PQ -- 9:48.00)

Trainor, Leick, Tweedy, Rakaric	^10:02.09	Iowa St. Classic	2/13/04
Rakaric, Nolting, Dziubski, Lloyd	10:13.44	Iowa Open	2/20/04
Barron, Wakenight, Long, Lloyd	^10:17.09	Iowa St. Classic	2/13/04

## SHOT PUT (AQ -- 19.50 meters, PQ -- 17.75 meters, SR -- 19.16 meters)

Ken Kemeny	!59-10 1/2 (18.25 m)	Iowa St. Classic	2/14/04
Robby Beyer	54-8 (16.66 m)	Iowa Open	2/20/04
Andy Banse	54-1 3/4 (16.50 m)	Husker Invitational	2/7/04

## WEIGHT THROW (AQ -- 21.35 meters, PQ -- 19.50 meters, SR -- 21.15 meters)

Brad Daufeldt	60-4 1/2 (18.40 m)	Hawkeye Invitational	1/17/04
Chris Voller	57-10 1/2 (17.64 m)	UNI Invitational	1/31/04
Eric Rothwell	56-3 1/4 (17.15 m)	Iowa Open	2/20/04
Tim Brodersen	54-10 (16.71 m)	Gold Country Classic	1/24/04

! -- NCAA Provisional Qualifier, ^ -- run on an oversized track,  
AQ/PQ -- Automatic/Provisional Qualifying Standard, SR -- school record



# HEAD COACH LARRY WIECZOREK



## Larry Wiczorek

Head Coach  
20th Year at Iowa  
University of Iowa, 1969

Larry Wiczorek is in his eighth season as head men's track and field coach at the University of Iowa. He served as an assistant track and field coach for 12 years.

A six-time Big Ten champion (including two in cross country) and four-time all-American at Iowa, Wiczorek once held conference marks in the one, two, three, four and five-mile runs. A member of Iowa's last Big Ten track championship team in 1967, he still owns Iowa records in the outdoor 5,000-meters and the indoor two miles, as well as third-fastest mark in the cross country 8,000 meters. He was honored for his collegiate accomplishments by being inducted into the University of Iowa's National Varsity Club Athletics Hall of Fame in 1998.

Wiczorek has coaching experience in all events. Returning to his alma mater as a field event coach at Iowa in 1985, he developed a strong squad that included two-time Big Ten long jump champion Quinn Early, Iowa's first-ever outdoor Big Ten shot put champion Chris Gambol, who still has the second-best mark in that event in outdoor school history, and Gary Kostrubala, who was the first discus thrower in the Big Ten's to throw over 200 feet when he set Iowa's current school record of 202-4. Kostrubala was also an NCAA indoor qualifier in the shot put (60-10 3/4) with the second-best mark in that event in indoor school history.

Since he was named head men's track and field coach in 1997, his plan to build a strong sprint program around a national power 1,600-meter relay, and strong throws program is being realized. In his seven years at the helm, Wiczorek has coached NCAA Champion long jumper Bashir Yamini, 23 all-Americans, 60 national qualifiers and 33 Big Ten Champions. Iowa's 1,600-meter relay won the 1999

Big Ten outdoor title and has earned all-America honors twice during Wiczorek's tenure. The Hawkeyes recorded their highest conference indoor placing (fourth place) in 1997, and their highest team finish at the Big Ten Outdoor Championships (second) in 33 years at the 1999 Big Ten outdoor meet.

When Wiczorek joined the Iowa staff, several of his athletes were also members of the nationally-ranked Iowa football team. He has continued to foster a strong relationship with the Iowa football staff, which has resulted in outstanding contributions from several multi-sport athletes. Current NFL standout Tim Dwight was a two-time first team all-America wide receiver and return specialist for the Hawkeye football team from 1994-97. He was named Male Athlete of the 1999 Big Ten Outdoor meet after he won the 100 meters, ran the lead leg on the winning 400-meter relay and the second leg on the winning 1,600-meter relay, and placed second in the 200 meters. In 2001, fullback Jeremy Allen became Iowa's only five-time all-American in the throws. He was a four-time Big Ten Champion and the only thrower in conference history to earn Big Ten Freshman of the Year honors at both the indoor and outdoor conference meets.

While improving in the league standings is considered a priority, the Hawkeyes also concern themselves with performance in the classroom. Under Wiczorek, Iowa has had an academic all-Big Ten selection each year during his tenure, totaling 40 in track and field.

Wiczorek came to Iowa after 11 seasons as head track coach at Proviso (IL) West High School. He also served as an assistant for three years. His prep teams were consistent placers on the state level and several of his athletes won state titles. He served on the Illinois track advisory board and founded the prestigious Proviso Indoor Track Classic. Wiczorek was inducted into the Illinois High School Track and Cross Country Coaches Hall of Fame in 2000.

Wiczorek was born on September 11, 1946, in Chicago, IL. He received his B.S. degree in physical education from Iowa in 1969 and his M.S. degree in physical education from Northern Illinois University in 1973. His wife's name is Jackie.

### Wiczorek at Iowa

Year	Indoor Big 10 Place	Indoor Big 10 Champs	Indoor All-Americans	Outdoor Big 10 Place	Outdoor Big 10 Champs	Outdoor All-Americans
1997	4th	2	1	9th	2	0
1998	5th	2	6	3rd	6	2
1999	7th	1	0	2nd	11	4
2000	8th	1	2	6th	1	1
2001	10th	0	0	5th	6	3
2002	----	--	1	6th	2	2
2003	9th	0	0	9th	1	1
<b>Total</b>		<b>6</b>	<b>10</b>		<b>29</b>	<b>12</b>



# HAWKEYES TO WATCH



**Derrick  
Burks**

Senior  
Sprints  
Sacramento, CA (Long Beach CC)

**2004 -- Indoor --** leads team in 60 meters (6.87)... that time ranks fourth in the Big Ten... won 60 meters (6.87) at UNI Invitational (6.87) and Hawkeye Invitational (6.94), and placed third (6.88) at Gold Country Classic... tied for seventh in 200 meters (22.64) at UNI Invitational.

Burks' Personal Bests			
Event	Time	Meet	Date
60 m (I)	6.84	Big Ten Championships	3/1/03
200 m (I)	22.64	UNI Invite	1/31/04



**Juan  
Coleman**

Junior  
Hurdles/Sprints  
Hillside, IL (Proviso West)

**2004 -- Indoor -** leads team in 400 meters (48.31)... placed third in 400 meters at UNI Invitational (48.58) and 11th at Husker Invitational (48.57)... ran on team-leading 1,600-meter relay (3:13.81) that is ranked sixth in the Big Ten... runner-up in 200 meters (22.06) at Iowa Open... placed third in 600 meters (1:21.49) at Hawkeye Invitational and fifth in 200 meters (22.37) at Gold Country Classic.

Coleman's Personal Bests			
Event	Time	Meet	Date
60 m (I)	7.21	Gold Country Classic	1/24/04
200 m (O)	21.80	Trojan Classic	3/17/02
400 m (O)	46.95	Big Ten Championships	5/20/01
600 m (I)	1:21.49	Hawkeye Invite	1/17/04

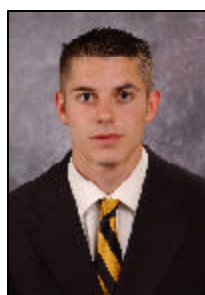


**Brad  
Daufeldt**

Senior  
Throws  
West Liberty, IA (West Liberty)

**2004 --** team tri-captain... **Indoor -** leads team in weight throw (60-4 1/2)... threw collegiate-best 60-4 1/2 for third place in weight at Hawkeye Invitational... won that event (59-9 1/2) at UNI Invitational, placed third at Iowa Open (60-0 1/2), fourth (59-1 1/2) at Gold Country Classic and eighth (59-5) at Iowa State Classic... his best weight throw mark ranks fourth on Iowa's all-time best performers list.

Daufeldt's Personal Bests			
Event	Distance	Meet	Date
Wt. Throw (I)	60-4 1/2 (18.40m)	Hawkeye Inv.	1/17/04
Discus (O)	177-0 (53.94m)	W.W. Classic	3/17/01
Hammer (O)	188-9 (57.53m)	UNI Twilight	4/19/03



**Zach  
Digney**

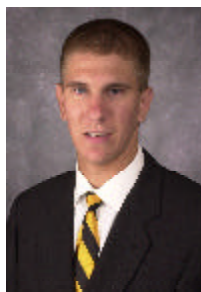
Senior  
Sprints  
Woodstock, IL (Carthage College)

**2004 -- Indoor -** leads team in 200 meters (21.86)... ran on team-leading 1,600-meter relay (3:13.81) that is ranked sixth in the Big Ten... ran collegiate-best 60 meters (6.94) at UNI Invitational and 400 meters (50.04) at Iowa Open... his best 60 meters ranks seventh and his best 200 meters ranks ninth on Iowa's all-time best performers list... runner-up in 60 meters (6.97) and placed third (22.40) in 200 meters... placed 11th in 200 meters (21.90) at Iowa State Classic.

Digney's Personal Bests			
Event	Time	Meet	Date
60 m (I)	6.94	UNI Invite	1/31/04
100 m (O)	10.63	Big Ten Championships	5/17/03
200 m (O)	21.46	UNI Open	4/20/02
400 m (I)	50.04	Iowa Open	2/20/04



# HAWKEYES TO WATCH



**Matt  
Esche**

Junior  
Distance  
Waukesha, WI (West)

**2004 -- Indoor --** leads team in 3,000, two miles and 5,000 meters... ran collegiate-best mile (4:17.74) at Gold Country Classic... won two miles (9:03.82) at Hawkeye Invite... placed eighth in 5,000 meters (14:18.43) at Iowa State Classic and 10th in 3,000 meters (8:18.63) at Husker Invite... his best 5,000-meter time ranks second on Iowa's all-time best performers list and eighth in the Big Ten... his best 3,000-meter time ranks fifth on Iowa's all-time bests list.

**2003 -- Cross Country -** all-region selection, placed 10th at NCAA Midwest Regional (31:26)... placed 27th at Big Ten Championships (25:02)... also placed 56th at Roy Griak Invitational (25:18) and 59th (24:37) at Pre-National Invitational... letterwinner.

## Esche's Personal Bests

Event	Time	Meet	Date
1,500 m (O)	3:54.03	Iowa Musco Twilight IV	5/4/02
Mile (I)	4:17.74	Gold Country Classic	1/24/04
3,000 m (I)	8:18.63	Husker Invite	2/7/04
Two Miles (I)	9:03.82	Hawkeye Invite	1/17/04
5,000 m (O)	14:17.18	Stanford Invite	3/29/02
8,000 m (CC)	24:32	Pre-National Invite	10/19/02
10,000 m (CC)	30:10.15	Midwest Regional	11/16/02



**Ken  
Kemeny**

Senior  
Throws  
Palatine, IL (Fremd)

**2004 -- Indoor -** provisionally qualified for NCAA Championship in shot put with a collegiate-best 59-10 1/2 at Iowa State Classic... that marks ranks fifth in the Big Ten and 21st in the nation... has provisionally qualified five times in shot put this season... won shot put at Hawkeye Invitational (58-10 3/4) and Iowa Open (58-9 1/2), placed

second (59-5 3/4) at Gold Country Classic and placed seventh (57-9) at Husker Invitational... his best shot put mark ranks third on Iowa's all-time bests list.

## Kemeny's Personal Bests

Event	Distance	Meet	Date
Shot Put (O)	59-10 1/2 (18.25m)	Musco IV	5/4/02
Shot Put (I)	59-10 1/2 (18.25m)	ISU Classic	2/14/04
Discus (O)	154-6 (47.10m)	Musco IV	5/4/02



**Tony  
Leick**

Senior  
Hurdles  
Council Bluffs, IA (St. Albert)

**2004 -- Indoor -** won 600 meters with a collegiate-best 1:21.30 at Iowa Open... placed fourth in 600 meters at Hawkeye Invitational (1:23.22) and UNI Invitational (1:23.01)... placed 10th in 600 yards (1:12.65) at Iowa State Classic and sixth (1:13.01) at Husker Invitational... placed 12th in 400 meters (50.81) at Gold Country Classic... ran second leg on team-leading distance medley relay (10:02.09) that is ranked sixth in the Big Ten.

## Leick's Personal Bests

Event	Time	Meet	Date
60-m H (I)	8.51	Hawkeye Invitational	1/18/03
		Gold Country Classic	1/25/03
110-m H (O)	14.85	Iowa Musco Twilight V	5/3/03
200 m (O)	23.02	W. Michigan Invite	3/29/03
400 m (O)	49.26	Purdue Invitational	3/30/02
400-m H (O)	51.93	NCAA Regional	5/30/03
500 m (I)	1:04.92	Meyo Invitational	2/2/02
600 y (I)	1:12.17	Iowa State Classic	2/9/02
600 m (I)	1:21.30	Iowa Open	2/20/04





# HAWKEYES TO WATCH



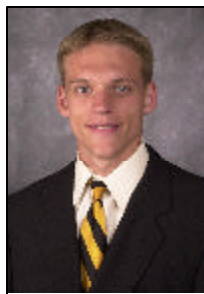
**Russell  
Peterson**

Senior  
Hurdles/Sprints  
Manteno, IL (Manteno)

**2004 -- team tri-captain... Indoor -** won 60-meter hurdles with a collegiate-best 8.08 at Iowa Open... that time ranks third on Iowa's all-time best performers list and fourth in the Big Ten... leads team in that event... also placed third in 200 meters (20.10) at Iowa Open... placed fourth in 60-meter hurdles (8.27) at Gold Country Classic... ran season-best 400 meters (48.91) at Iowa State Classic... won 400 meters (49.75) at Hawkeye Invitational... ran second leg on 1,600-meter relay that leads team (3:13.81) and is ranked sixth in the Big Ten.

## Peterson's Personal Bests

Event	Time	Meet	Date
60-m H (I)	8.08	Iowa Open	2/20/04
200 m (I)	22.10	Iowa Open	2/20/04
400 m (O)	47.62	Indiana Quadrangle	4/7/01
400-m H (O)	50.50	Big Ten Championships	5/19/01
600 m (I)	1:19:12	Minnesota Open	1/27/01



**Tony  
Rakaric**

Junior  
Distance  
Palatine, IL (Palatine)

**2004 -- Indoor -** ran anchor leg on distance medley relay that leads team (10:02.09) and is ranked sixth in the Big Ten... won mile (4:17.83) at UNI Invitational... placed fourth in two miles (9:14.22) at Hawkeye Invitational... ran season-best mile (4:16.64) at Husker Invitational... placed third in 800 meters (1:56.97) at Iowa Open.

**2003 -- Cross Country -** placed 31st (32:12) at NCAA Midwest Regional... placed 11th (24:33) at Big Ten Championships, earning all-Big Ten honors... ran a career-best 8,000 meters (24:28) at Pre-National Invitational... also placed 16th (19:41) at Iowa Invitational, 18th (26:44) at Iowa State Open and 98th (25:45) at Roy Griak Invitational... letterwinner.

## Rakaric's Personal Bests

Event	Time	Meet	Date
800 m (I)	1:56.70	Iowa Open	2/20/04
1,000 m (I)	2:34.79	Panther Classic	2/1/03
1,500 m (O)	3:53.65	Iowa Musco Twilight	V5/3/03
Mile (I)	4:14.41	Iowa Open	2/21/03
3,000 m (I)	8:20.31	Iowa State Classic	2/14/03
5,000 m (O)	14:22.92	Stanford Invitational	3/28/03
6,000 m (CC)	19:41	Iowa Invitational	8/29/03
8,000 m (CC)	24:28	Pre-National Invite	10/18/03
10,000 m (CC)	30:31.42	Midwest Regional	11/16/02

