University of Iowa Athletic Communications - Megan Rowley, Gymnastics Contact



WOMEN'S GYMNASTICS WEEKLY RELEASE

March 16, 2016

2015-16 SCHEDULE				
1/2	at Cancun	3rd/3 (192.350)		
1/9	vs. Northern Illinois	W, 194.500		
1/15	at Michigan State *	W, 194.900		
1/18	vs. #13 Denver	L, 194.725		
1/23	vs. #24 Ohio State *	W, 196.375		
1/31	at Maryland *	W, 196.275		
2/6	vs. #14 Nebraska * (BTN)	W, 196.650		
2/13	at #21 Illinois *	W, 196.275		
2/20	vs. Towson (Senior Night)	W, 194.150		
2/27	at #13 Denver	2nd/4 (196.075)		
3/4	at Iowa State	L,196.000		
3/12	Big Five Meet *	4th/5 (196.650)		
3/19	Big Ten Championships *	11 a.m. (CT)		
4/2	NCAA Regional (Iowa City, Iowa)	4 p.m.		
4/15-17	NCAA Championships	TBA		

All times are Central and subject to change

* - Conference Event

2015-16 ROSTER

Savannah Borman	Jr.	Chesapeake, Va.
Opua Calucag	Sr.	South Pasadena, Calif.
Misty-Jade Carlson	Fr.	Portland, Ore.
Nicole Chow	Fr.	Port Coquitlam, B.C.
Mollie Drenth	Jr.	Riverview, Fla.
Ashleigh Edlin	Jr.	Woodlawn, Tenn.
Ashley Fischer	So.	St. Louis, Mo.
Alie Glover	Sr.	Destin, Fla.
Sydney Hogan	Fr.	Waterloo, lowa
Caroline McCrady	Jr.	Eagan, Minn.
Angel Metcalf	Jr.	Swansboro, N.C.
Lexi Mura	Jr.	Caseyville, III.
Maria Ortiz	Fr.	Fort Myers, Fla.
Rose Piorkowski	Fr.	Panama City, Fla.
Jori Robertson	So.	Iowa City, Iowa
Megan Ruzicka	So.	Plainfield, III.
Lanie Snyder	So.	Omaha, Neb.
Johanny Sotillo	RS Sr.	Valencia, Venezuela
Lexy Wadsworth	Fr.	Kalona, Iowa
Tessa Walsh	Fr.	Naperville, III.
Nikki Youd	So.	Panama City, Fla.
Melissa Zurawski	So.	Darien, III.

FOLLOW THE HAWKEYES

Live Stats: livestats.hawkeyesports.com
Facebook: facebook.com/iowagymnastics
Twitter: twitter.com/iowagymnastics
YouTube: youtube.com/iowagymnastics
Pariscent Claus Cympactics

Periscope: @lowaGymnastics



#18 IOWA
HAWKEYES

Big Ten Championships	March 19
Time	11 a.m. (CT)
Location	_ Lincoln, Nebraska
Venue	Devaney Center
TV	BTN (Live)
Live Stats	<u>hawkeyesports.com</u>
Twitter	@ low a Gymn a stics
Snapchat	@ low a Gymn a stics
Periscope	@ low a Gymn a stics



2016 BIG TEN CHAMPIONSHIPS

THIS WEEK

The 18th-ranked University of Iowa women's gymnastics team begins the postseason at the Big Ten Championships on March 19. Nebraska hosts the event at the Devaney Center in Lincoln, Nebraska.

lowa, Illinois, Maryland, and Rutgers will compete in Session I, beginning at 11 a.m. (CT). Session II, which features Michigan, Michigan State, Minnesota, Nebraska, Ohio State, Penn State, is set for 4 p.m. Both sessions will be shown live on the Big Ten Network.

MEET COVERAGE

- Both sessions of the 2016 Big Ten Women's Gymnastics Championships will be broadcast live by Big Ten Network and streamed through BTN2Go (sign in with TV provider or purchase at <u>BTN2Go.com</u>).
- Fans can find meet highlights on Twitter (@lowaGymnastics).
- Links to live stats are available on the women's gymnastics schedule page at hawkeyesports.com.

IN THE RANKINGS

lowa is ranked No. 18 nationally with a Regional Qualifying Score of 196.330, marking the program's first Top 20 ranking since 2011. There are 82 women's gymnastics teams in the nation. The GymHawks rank 15th nationally on bars (49.160 RQS), 17th on vault (49.060), 21st on beam (49.095), and 25th on floor (49.095).

Individually, junior Mollie Drenth ranks 20th nationally in the all-around (39.340 RQS), while junior Angel Metcalf ranks 32nd (39.235) out of 113 gymnasts. For single events, Drenth ranks 14th on beam (9.895), Metcalf ranks 35th on beam (9.870), and senior Alie Glover ranks 42nd on floor (9.880). There are over 475 gymnasts ranked individually on each event.

LAST TIME OUT

The Hawkeyes posted a 196.650 for the second time this season to finish fourth place at the second annual Big Five Meet Saturday afternoon. The GymHawks, who just missed qualifying for the night session at the Big Ten Championships, faced No. 19 Minnesota (197.425), Penn State (197.125), No. 6 Michigan (196.875), and Rutgers (194.550) inside Rec Hall.

Five GymHawks tallied eight top five finishes on the afternoon. Junior Angel Metcalf led the charge with fifth place results on beam (9.900 - season-high), vault (9.875), and on bars (9.850). In addition to the top five finishes, the team posted team-high scores on vault (49.275) and in the all-around (196.650).

HISTORICALLY AT THE CONFERENCE CHAMPIONSHIP

- Since 1982, lowa has finished runner-up at the Big Ten Championships twice (1991, 2003), third three times (2002, 2004, 2010), fourth once (1992), fifth six times (1989, 1993, 1998, 2001, 2008, 2015), sixth eight times (1988, 1994-96, 2005-07, 2011), seventh 10 times (1982, 1986-87, 1990, 1997, 1999, 2000, 2009, 2012, 2014), and eighth four times (1983-85, 2013).
- The Hawkeyes' recorded their best team score at the Big Ten Championships in 2003 with a 196.850 effort. lowa finished runner-up for the second time in program history. Michigan won the title with a score of 197.450
- lowa has had 13 individual Big Ten champions in program history, including five champions on floor exercise and two on vault, bars, beam and in the all-around. Houry Gebeshian is the last to win an event title at the championships for the Hawkeyes. She posted a 9.950 to claim the balance beam title in 2010.
- The Hawkeyes have 29 First Team All-Big Ten selections in program history, including 2016 honoree junior Mollie Drenth -- lowa's first since Jessa Hansen received the honor in 2011.





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WOMEN'S GYMNASTICS WEEKLY RELEASE

BIG TEN STANDINGS

Team	Overall W-L-T	Big Ten W-L-T	Pct.
Minnesota	18-1-0	9-0-0	.947
Nebraska	15-3-0	7-2-0	.833
Michigan	11-6-0	6-3-0	.647
Penn State	11-7-0	6-3-0	.611
lowa	10-8-0	6-3-0	.556
Michigan State	10-10-0	4-5-0	.500
Illinois	9-7-0	3-6-0	.563
Ohio State	7-8-1	3-6-0	.469
Rutgers	10-14-0	1-8-0	.417
Maryland	7-15-0	0-9-0	.318

(As of March 16)

ROAD TO NATIONALS RANKINGS

Rank	Team Name	RQS
1	Oklahoma	197.845
2	Florida	197.655
3	LSU	197.555
4	Alabama	197.325
5	Utah	197.205
6	Auburn	197.120
7	Michigan	197.085
8	Georgia	196.990
9	UCLA	196.940
10	Denver	196.645
11	California	196.555
12	Nebraska	196.535
13	Arkansas	196.505
14	Oregon State	196.450
15	Boise State	196.425
16	Minnesota	196.395
17	Washington	196.360
118	lowa	196330
19	Stanford	196.305
20	Missouri	196.235
21	Arizona	196.155
22	Kentucky	196.115
23	George Washington	195.905
24	Eastern Michigan	195.875
25	Illinois-Champaign	195.870

(As of March 16)

2016 opponents in bold

A LOOK BACK AT THE 2015 BIG TEN CHAMPIONSHIPS

- •The GymHawks posted a season high score of 196.500 at the Big Ten Championships in 2015 to finish first in the morning session and fifth overall the team's best championship team result since 2010. lowa's performance marked the highest team score for the program at the Big Ten Championships since March 20, 2004.
- Mollie Drenth, Alie Glover, Sydney Hoerr, and Angel Metcalf were all named to the All-Championships Team, while Opua Calucag collected the Sportsmanship Award. Iowa has only had one other gymnast named to the All-Championship Team (Emma Stevenson, 2012).
- Six GymHawks placed in the top 25 during the competition. Alie Glover led the GymHawks with a second place finish on vault (9.925) and a fourth place finish on floor (9.900).
- Angel Metcalf tied for fourth on floor (9.900), placed 19th in the all-around (38.575), and earned a 26th place finish on bars (9.825).
- Mollie Drenth earned second place on beam (9.900) and took 17th for her first time competing in the in all-around (39.175).
- Johnny Sotillo took ninth place on beam (9.850) and collected a 12th place finish on bars (9.875).
- Michigan captured the Big Ten title with a score of 197.825. Illinois finished runner-up (197.350), followed by Nebraska (196.875), Penn State (196.725), Iowa (195.500), Minnesota (196.450), Maryland (196.075), Michigan State (195.650), Ohio State (195.250), and Rutgers (193.125).

SCOUTING THE FIGHTING ILLINI

- Illinois took fourth (195.950) at the Columbus, Ohio, Big Five Meet on March 12.
- The Fighting Illini rank 25th nationally with a RQS of 195.870.
- Illinois is ranked eighth on beam (49.250 RQS), 16th on floor (49.210), 27th on vault (48.945), and 41st on bars (48.755).
- The Fighting Illini own a 9-7-0 overall record so far this season, with a 3-6-0 mark in conference action.
- Illinois Seniors Sunny Kato and Giana O'Connor earned First-Team All-Big Ten honors. O'Connor finished the regular season ranked 24th in the nation and sixth in the Big Ten in the all-around with an RQS of 39.315. Kato leads the Big Ten on beam and ranks fourth in the nation with a RQS of 9.915.
- The Fighting Illini finished second at the 2015 Big Ten Championships after posting a 197.350.
- Illinois is led by head coach Kim Landrus, who is in her fifth season.

SCOUTING THE TERRAPINS

- Maryland took fifth (195.500) at the Columbus, Ohio, Big Five Meet on March 12.
- The Terrapins rank 38th nationally with a ROS of 195.235.
- Maryland is ranked 29th on floor (49.065 RQS), 36th on vault (48.810), 38th on bars (48.880) and 43rd on beam (48.740).
- The Terrapins own a 7-15-0 overall record so far this season, with an 0-9-0 mark in conference action.
- Maryland senior Kathy Tang was named Second Team All-Big Ten. Tang ranks eighth in the Big Ten with a 9.795 RQS on vault. She is 15th in the conference on floor with a 9.791 average score.
- The Terrapins finished seventh at the 2015 Big Ten Championships after posting a 196.075.
- Maryland is led by head coach Brett Nelligan, who is in his 12th season.

SCOUTING THE SCARLET KNIGHTS

- Rutgers scored a 194.550 to finish fifth at the University Park, Pennsylvania, Big Five Meet on March 12.
- Rutgers is ranked No. 40 nationally with a RQS of 194.885.
- The Scarlet Knights are ranked 35th on vault (48.830 RQS), 39th on beam (48.795), 45th on floor (48.885), and 55th on bars (48.390).
- The Scarlet Knights own a 10-14-0 overall record so far this season, with a 1-8-0 mark in conference action.
- Rutgers finished 10th at the 2015 Big Ten Championships after posting a 193.125.
- Rutgers is led by head coach Louis Levine, who is in his 5th season.

HAWKEYE NEWCOMERS

This season, the Hawkeyes welcomed eight newcomers — junior transfer Savannah Borman and freshmen Misty-Jade Carlson, Nicole Chow, Sydney Hogan, Maria Ortiz, Rose Piorkowski, Lexy Wadsworth and Tessa Walsh — to the 2016 squad.

ROSTER BREAKDOWN

The majority of GymHawks are underclassmen, with seven freshmen, six sophomores, six juniors, and three seniors on the roster.







University of Iowa Athletic Communications - Megan Rowley, Gymnastics Contact

WOMEN'S GYMNASTICS WEEKLY RELEASE

REGIONAL OUALIFYING SCORE

lowa is ranked No. 18 nationally with a Regional Qualifying Score of 196.330. This is the first week that rankings are determined by Regional Qualifying Score (RQS). RQS is determined by the six highest scores of the season — at least three of which must be from away meets. The highest score is dropped, and the remaining five scores are averaged.

IOWA'S ROS

196.650 - Home

196.650 - Away

196.375 - Home

196.275 - Away

196.275 - Away

196.075 - Away

RQS: 196.330

3 GYMHAWKS EARN ALL-BIG TEN HONORS

- Senior Alie Glover and juniors Angel Metcalf and Mollie Drenth of the University of Iowa women's gymnastics team earned All-Big Ten honors, the conference office announced March 14. Drenth earned first team accolades, while Glover and Metcalf were both named to the second team. It is the first time Iowa has had three women's gymnasts recognized in the same season since 2011.
- Twenty-nine gymnasts were honored -- 16 to the conference's first team and 13 to the second team. All-Big Ten selections are determined by regional qualifying scores.
- Drenth ranks third in the conference on beam (9.895 RQS), fifth in the all-around (39.340), ninth on vault (9.845), 18th on bars (9.835), and 22nd on floor (9.840).
- Metcalf ranks 10th in the conference on beam (9.870 RQS), 11th in the all-around (39.235), 12th on bars (9.845), 22nd on vault (9.810), and 31st on floor (9.825).
- Glover ranks ninth in the conference on floor (9.880 RQS), 23rd on beam (9.830), and 26 on vault (9.785).

DRENTH NAMED STUDENT-ATHLETE OF THE MONTH

The University of Iowa's Student-Athlete Academic Services recognized junior Mollie Drenth as February's female Student-Athlete of the Month. Voted on by their peers, this honor recognizes those student-athletes who have excelled not only in their sport, but in the classroom as well.

Undefeated in Big Ten competition this season with eight individual titles, Drenth ranks 12th nationally and third in the conference on beam. On Feb. 6, Drenth recorded career bests in vault (9.850), beam (9.925), and all-around (39.475) to lead lowa to its first win over Nebraska in 17 years. Drenth's scores on beam and in all-around are the best of any Hawkeye in 2016. Drenth, a native of Riverview, Florida, is majoring in health and human physiology and has participated in numerous volunteer service events.

DRENTH LEADS THE GYMHAWKS AGAINST NEBRASKA

- The GymHawks earned a season-high team score to defeat No. 14 Nebraska, 196.650- 196.350, inside Carver-Hawkeye Arena on Feb. 6. The win marks the first time in 17 years that the Hawkeyes have topped the Cornhuskers.
- Drenth, a preseason Big Ten Gymnast to Watch, finished at the top of the podium on beam (9.925) and all-around (39.475), and finished second on vault (9.850) and bars (9.850) against No. 14 Nebraska.
- The junior took the all-around title for the third consecutive meet and the fifth time this season with a career-high score of 39.475. Her score earned her a No. 10-ranking in the lowarecord books for highest individual performance in the all-around.
- The Riverview, Florida, native set the pace for lowa once again on beam, tallying a career-high 9.925 to earn first place overall. The junior's score earned her a No. 3-ranking in the lowa record books for highest individual performance on beam.

UPSET IN CHAMPAIGN

Eighteen top five finishes lifted lowa over 21st-ranked Illinois, 196.275-195.125, inside Huff Hall on Feb. 13. The win marks the Hawkeyes' third upset victory of the season and the first time they have topped Illinois in Champaign, Illinois, since Jan. 24, 2009.

Nine GymHawks earned a total of 18 top five finishes to highlight the competition. Leading the pack was junior Mollie Drenth who finished at the top of the podium on beam (9.875) and all-around (39.300), third on vault (9.800), and fifth on bars (9.800) and floor (9.825). Drenth claimed the all-around title for the sixth consecutive meet.

DOWN GOES NO. 25

Fifteen season bests and a season high team score in every event helped the GymHawks upset 25th-ranked Ohio State, 196.375-195.025, on Jan. 23. The win marks the first time the Hawkeyes have topped Ohio State since February 6, 2010. The Hawkeyes' overall score is a season best for the team, replacing their previous high of 194.900 at Michigan State on Jan. 15.

Ten GymHawks earned a total of 15 season bests, while the team earned season high scores on vault (49.000), bars (49.175), beam (49.000), and floor (49.200) to highlight the competition. Senior Alie Glover paced the GymHawks with a trio of bests on vault (9.800), beam (9.825), and floor (9.900). Junior Angel Metcalf registered her own trio of bests on vault (9.775), beam (9.875), and floor (9.825).

GYMHAWKS MAKE HISTORY IN EAST LANSING

Thirteen top five finishes lifted the GymHawks over Michigan State, 194.900-192.575, inside the Jenison Field House on Jan. 15. The win marked the first time the Hawkeyes topped Michigan State in East Lansing since Jan. 7, 2011.

Six GymHawks earned a total of 13 top five finishes to highlight the competition. Leading the pack was junior Mollie Drenth who finished at the top of the podium on vault (9.775) and all-around (39.125), second on floor (9.800) and beam (9.750), and fourth on bars (9.800).





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WOMEN'S GYMNASTICS WEEKLY RELEASE

IOWA SELECTED TO HOST 2016 NCAA REGIONAL

lowa and Carver-Hawkeye Arena have been selected to host 2016 NCAA Regional competition, beginning April 2 at 4 p.m. (CT). The Hawkeyes last hosted an NCAA Regional in 2009. lowa has been selected to compete in NCAA Regional competition in seven of the last eight seasons.

Fans can purchase tickets by calling the University of Iowa Athletics Ticket Office at (319) 335-9323 between 9:00 a.m. and 5:00 p.m. (CT). Fans can also visit their website at hawkeyesports. com/tickets or at NCAA.com/ tickets. Tickets may be purchased in advance, or the day of the meet at the north, west and south entrances of Carver-Hawkeye Arena beginning at 3:00 p.m.

METCALF, DRENTH NAMED TO BIG WATCH LIST

Angel Metcalf and Mollie Drenth were recognized on the 2016 Big Ten Gymnasts to Watch List released on Dec. 10. Metcalf, who was also featured on the 2014 Big Ten Watch List, registered lowa's individual season bests on beam (9.900 at No. 20 Ohio State, Jan. 24) and in the all-around (39.400 vs. No. 15 Illinois, Feb. 14) last season. She earned fourth on floor (9.900), 19th in the all-around (38.575) and 26th place on bars (9.825) at the Big Ten Championships on March 21, and was named to the All-Championship Team for her efforts. She ended the season at the NCAA Auburn Regional on April 4 with a fifth place finish in the all-around (39.175) and 12th place result on bars (9.800).

Drenth, a 2015 Big Ten All-Championship Team member, competed in every meet last season and owns lowa's individual season best on uneven bars (9.925). Drenth earned the first Big Ten Event Specialist of the Week accolade of her career on March 16 after capturing an event title on bars (9.925) at the Big Five meet. Last season, the junior earned a second place finish on beam (9.900) and a ninth place finish on bars (9.775) at the Big Ten Championships on March 21. Drenth ended the season at the NCAA Auburn Regional where she earned ninth on bars (9.825) and eighth in the all-around (39.050).

5 GYMHAWKS NAMED TO ALL-CHAMPIONSHIP TEAM

Five GymHawks received individual conference awards following the 2015 Big Ten Championship. Mollie Drenth, Alie Glover, Sydney Hoerr, and Angel Metcalf were all named to the All-Championship Team, while Opua Calucag collected the Sportsmanship Award. Iowa has only had one other gymnast named to the All-Championship Team (Emma Stevenson, 2012) in program history.

HEAD COACH LARISSA LIBBY

Larissa Libby enters her 12th year as head coach, and 16th year overall, at the University of Iowa in 2015-16. In 2015, the GymHawks were selected for NCAA Regional competition, marking the program's seventh postseason berth in the last eight years. Five GymHawks placed in the top 15 for individual events, leading Iowa to a fifth place regional finish and a score of 194.475. Libby coached the GymHawks to a season high score of 196.500 at the Big Ten Championships -- the team's best championship team result since 2010. Iowa's performance also marked the highest team score for the program at the Big Ten Championships since March 20, 2004.

Under Libby, Iowa was ranked in the top 25 for six consecutive weeks during the 2015 season. The GymHawks ended the season ranked No. 23 nationally, marking the program's first Top 25 ranking since 2012. Libby led sophomores Mollie Drenth and Angel Metcalf, junior Alie Glover, and senior Sydney Hoerr, to earn spots on the All-Championship Team. Libby is also responsible for the only other gymnast named to the All-Championship Team (Emma Stevenson, 2012) in program history.

FOLLOW THE HAWKEYES

A member of the lowa gymnastics staff will offer interactive Twitter content live at every event this season via @lowaGymnastics. This feature gives die-hard Hawkeye fans the opportunity to stay up to date on the latest news and scores during every meet.

Live Stats: <u>livestats.hawkeyesports.com</u>
Facebook: <u>facebook.com/iowagymnastics</u>
Twitter: <u>twitter.com/iowagymnastics</u>
YouTube: <u>youtube.com/iowagymnastics</u>

Web Address: hawkeyesports.com (check the schedule page for live stats and live streams)

UP NEXT

The GymHawks will find out if they have done enough to qualify for NCAA Regional competition on Monday, March 21. The selection show begins at 3 p.m. (CT) on NCAA.com.

The championship provides for a field of 36 teams determined based on their regional qualifying score and seeded by the NCAA Women's Gymnastics Committee. Included in the championship field are also 24 all-around competitors and 48 individual event specialists (all of whom are not on a qualifying team).

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Phone: (319) 335-9411

University of Iowa Women's Gymnastics

2015-16 ROSTER



Savannah Borman Fr. Chesapeake, Va.



Opua Calucag Sr. South Pasadena, Calif.



Misty-Jade Carlson Fr. Portland, Ore.



Nicole Chow Fr. Port Coquitlam, B.C.



Mollie Drenth Jr. Riverview, Fla.



Ashleigh Edlin Jr. Woodlawn, Tenn.



Ashley Fischer So. St. Louis, Mo.



Alie Glover Sr. Destin, Fla.



Sydney Hogan Fr. Waterloo, lowa



Caroline McCrady Jr. Eagan, Minn.



Angel Metcalf Jr. Swansboro, N.C.



Lexi Mura Jr. Caseyville, III.



Maria Ortiz Fr. Fort Myers, Fla.



Rose Piorkowski Fr. Panama City, Fla.



Jori Robertson So. Iowa City, Iowa



Megan Ruzicka So. Plainfield, III.



Lanie Snyder So. Omaha, Neb.



Johanny Sotillo Sr. Valencia, Venezuela



Lexy Wadsworth Fr. Kalona, Iowa



Tessa Walsh Fr. Naperville, III.



Nikki Youd So. Panama City, Fla.



Melissa Zurawski So. Darien, III.



Larissa Libby Head Coach 12th Season



Caleb Phillips Assistant Coach 9th Season



Jennifer Green Assistant Coach 2nd Season