DEC. 4-6 | IOWA CITY, IOWA



# IOWA HAWKEYES WOMEN'S SWIMMING & DIVING

## **ESTABLISHED 1917**

<u>Date</u>	2015-16 SCHEDULE Opponent	<u>Time</u>
Sept. 25-26	at Illinois Chicago	W, 146-72
Oct. 9	Intrasquad Meet	Black, 94-79
Oct. 15-16	*Michigan State/ Northern Iowa	W, 165-132 W, 204.5-92
0ct. 30	*#17 Minnesota	L, 105-192
Nov. 6	*at Purdue	L, 117-179
Dec. 4-6	Hawkeye Invitational	10 a.m./ 6 p.m./4 p.m.
Dec. 11	at Iowa State	6 p.m.
Dec. 15-20	Winter Nationals	TBA
Jan. 16	*Illinois	11 a.m.
Jan. 23	*at Northwestern	11 a.m.
Jan. 29-30	Shamrock Invitational	TBA
Feb. 5	Western Illinois	6 p.m.
Feb. 17-20	Big Ten Championships	10 a.m./6 p.m.
March 8-10	NCAA Zone Diving	TBA
March 17-20	NCAA Championships	10 a.m./6 p.m.
All times Central	and subject to change.   * Big	Ten dual

# **IOWA ATHLETIC COMMUNICATIONS**

Assistant Director	James Allan
Email	
Cell Phone	(319) 530-5792
Swimming & Diving Contact	ct Elise Goodvin
Emaile	lise-goodvin@uiowa.edu
Cell Phone	(319) 330-7922
Athletic Communications P	hone _ (319) 335-9411
Athletic Communications F	ax (319) 335-9417
Website	hawkeyesports.com

#### **THIS WEEK**

The University of Iowa women's swimming and diving team will host the Hawkeye Invitational at the Campus Recreation and Wellness Center Natatorium on Friday through Sunday. Preliminary events will start at 10 a.m. (CT) all three days and finals will be held at 6 p.m. (CT) on Friday and Saturday, and 4 p.m. (CT) on Sunday.

#### **LIVE RESULTS**

Up-to-date results will be available on livestats.hawkeyesports.com. Fans can also follow the meet via Twitter by following @lowaSwimDive.

#### **THE FIELD**

The eight-team field consists of student-athletes from Denver, Drury, Harvard, Incarnate Word, Iowa, Milwaukee, North Dakota, and Northern Iowa. Iowa State, Illinois, and Nebraska will compete only in diving events.

## **SENIOR NIGHT**

lowa will recognize its seven-member senior class on Saturday prior to the start of the finals. The seniors include: Maddie Bro, Colleen Champa, Ashley Horodyski, Olivia Kabacinski, Allie Orvis, Samantha Wagner, and Jennifer Weigand.

#### LAST YEAR AT HAWKEYE INVITE

lowa won the 2014 Hawkeye Invitational, finishing with 1,015.5 points in the three-day competition. Denver was the team runner-up with 793 points. Olivia Kabacinski posted a pair of school records during the invite, posting record times in the 100 free (49.61) and 200 free (1:46.68).

#### SOUGSTAD SWIMS TO "B" QUALIFYING TIME

Junior Emma Sougstad is leading the Hawkeyes in four individual events early in the 2015-16 season. She paces the team in the 50 free (23.34), 100 breast (1:02.23) (B), 200 breast (2:16.43), and 200 IM (2:06.66). Sougstad swam an NCAA "B" qualifying time in the 100 breast against Purdue on Nov. 6, making it her season-best.

#### **FLYING INTO THE LEAD**

Freshman Kelly McNamara has burst on to the scene in the butterfly events for the Hawkeyes. The Villa Park, Illinois, native has posted three individual event victories in the 100 fly this season. She swam a season-best and team-leading time of 54.88 in the dual against Minnesota on Oct. 30.

#### **HOW FAR CAN SHE GO?**

Freshman Abbey Schneider is off to a strong start in her first season as a Hawkeye. The Indiana native has shaved off time in every meet this year in the 500 free, and holds season-best times in the 1,000 and 1650. She broke five minutes and swam a time of 4:59.50 in the 500 free against Purdue on Nov. 6, and posted a time of 10:18.12 in the 1,000.





DEC. 4-6 | IOWA CITY, IOWA 2

#### **OFF TO A FAST START**

Senior Olivia Kabacinski has sprinted her way to the team's top times in the 100 (50.98) and 200 free (1:51.69) this season. Kabacinski had a field day in the Oct. 16 dual against Michigan State and Northern Iowa, swimming to seven first place finishes — five relays and two individual events.

#### **DIVING TO SEASON BESTS**

Sophomore Morgan Rafferty had a career-best performance in lowa's dual meet against Minnesota on Oct. 30 off the 1-meter. The West Des Moines, Iowa, native posted NCAA Zone qualifying scores on both the 1-meter and 3-meter with career-best scores of 276.30 (1-meter) and 286.58 (3-meter). She then bested her 3-meter mark against Purdue on Nov. 6, finishing with a score of 289.20.

#### **RETURNING NCAA QUALIFIER**

Junior Emma Sougstad returns as the leader of the program after qualifying for the NCAA Championships in three events as a sophomore. The Forest City, Iowa, native holds school records in the 100 breast (59.96), 200 breast (2:11.20), 200 IM (1:58.74), 200-free relay (1:30.96), 200-medley relay (1:39.18), and 400-medley relay (3:38.68).

#### **TOP SPRINTER RETURNS**

The Hawkeyes have their top sprinter returning to the fold in 2015-16 in senior Olivia Kabacinski. The Indiana native is the school record holder in six events -- 50 free (22.70), 100 free (49.61), and 200-free relay (1:30.96), 400-free relay (3:21.07), 800-free relay (7:12.49), and 200-medley relay (1:39.18).

#### **CAMPUS RECREATION AND WELLNESS CENTER**

Ground was broken for the Campus Recreation and Wellness Center in October 2007. The facility opened in August 2010 and is home for the Hawkeyes. It is located at the corner of Burlington and Madison streets and cost approximately \$69 million. The facility includes a 50-meter competition pool, a separate diving well, a leisure pool with lap lanes and 24,000 square feet of fitness space.

#### **IOWA SWIMMING AND DIVING TRADITION**

lowa was one of the first schools in the nation to compete on a collegiate level and competed at the first NCAA Championship. From 1937 to 1960, lowa placed in the NCAA top 10 18 times, crowning nine NCAA and 22 Big Ten champions.

#### **ON THE HORIZON**

The Hawkeyes return to action Dec. 11, traveling to Ames, Iowa, for an Iowa Corn Cy-Hawk Series matchup against Iowa State.

50 Free	Emma Sougstad	23.34
100 Free	Olivia Kabacinski	50.98
200 Free		
500 Free		
1,000 Free	Abbey Schneider	10:17.48
1,650 Free	Abbey Schneider	17:02.24
100 Back	Rowan Hauber	56.31
200 Back		2:04.11
100 Breast		1:02.23 (B
200 Breast	Emma Sougstad	2:16.43
100 Fly	Kelly McNamara	54.88
200 Fly		2:03.14
200 IM	Emma Sougstad	2:06.66
400 IM		
200-Free Relay	Scheitlin, Sougstad, Kabacinski, Wells	1:34.41
400-Free Relay	Kabacinski, McNamara, Flummerfelt, Lagodzinska	
800-Free Relay		7:36.16
200-Medley Relay		1:42.52
400-Medley Relay	Hauber, Sougstad, McNamara, Kabacinski	3:44.31
1-Meter Diving	Morgan Rafferty	262.73
3-Meter Diving		289.00
Platform Diving		



Facebook: lowaSwimmingandDiving

(A) - NCAA A Cut (B) - NCAA B Cut (SR) -- school record

(ZS) - NCAA Diving Zone Standard

\*\* Pool Record

Лeet	50 Free	100 Free 200	) Free 500 Free	1,000/1,650 Free
it UIC	Tereysa Lehnertz(24.31) Ta	ylor Flummerfelt (52.77) Serena Wan	asek (1:55.64) Abbey Schneider (5:08.33)	
ntrasquad Mich. St./UNI			inska (1:53.39) Abbey Schneider (5:05.58) inski (1:51.69) Abbey Schneider (5:01.71)	 Abbey Schneider (10:17.48)
Minnesota			inski (1.51.03) Abbey Schneider (5:00.27)	Abbey Schndeider (17.02.24
it Purdue			rinski (1:52.47) Abbey Schneider (4:59.50)	
lawkeye Invite				
rt Iowa State Ilinois				
it N'western				
hamrock Invite				
N. Illinois 31G Champ.				
VCAA Champ.				
Meet	100 Back	200 Back	100 Breast	200 Breast
it UIC	Katie Wells (58.70)	Katie Wells (2:05.05)		
ntrasquad	Meghan Lavelle (57.51)	Emma Sougstad (2:03.11) Meghan Lavelle (2:04.11)	(h an Haut (1.05 05)	 (haa Hard (2,22,25)
Aich. St./UNI Ainnesota	Rowan Hauber (56.59) Rowan Hauber (56.31)	Rowan Hauber (2:04.27)	Shea Hoyt (1:05.95) Emma Sougstad (1:02.56)	Shea Hoyt (2:22.25) Emma Sougstad (2:18.28)
t Purdue	Rowan Hauber (57.34)	Meghan Lavelle (2:05.46)	Emma Sougstad (1:02.23) (B)	Emma Sougstad (2:16.43)
ławkeye Invite			•	•
rt Iowa State Ilinois				
it N'western				
Shamrock Invite				
V. Illinois				
31G Champ. ICAA Champ.				
leet	100 Fly	200 Fly	200 IM	400 IM
t UIC	Kelly McNamara (57.34)	200 FIY 		400 IM
ntrasquad	Kelly McNamara (55.93)	Tananaa I -li /3 03 44)	(2.00 (C)	
Aich. St./UNI Ainnesota	Kelly McNamara (56.24) Kelly McNamara (54.88)	Tereysa Lehnertz (2:03.14) Tereysa Lehnertz (2:03.60)	Emma Sougstad (2:06.66) Emma Sougstad (2:06.69)	
t Purdue	Kelly McNamara (54.89)	Tereysa Lehnertz (2:05.55)		
lawkeye Invite	,	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		
t Iowa State				
linois t N'western				
hamrock Invite				
V. Illinois				
31G Champ. ICAA Champ.				
icaa ciiaiiip.				
Meet It UIC	<b>200 Free Relay</b> O'Brien, Lehnertz, Leehy, Wanasek (1:38.05)	400 Free Rela	ay 800 Free Relay	
it UIC ntrasquad	O'Brien, Lehnertz, Leehy, Wanasek (1:38.05) Scheitlin, O'Brien, Kabacinski, Sougstad (1:34.	) 80)		
t UIC ntrasquad Aich. St./UNI	O'Brien, Lehnertz, Leehy, Wanasek (1:38.05)	) 80) 41) Kabacinski, Flummerfelt, Lagodzi	  nska,Leehy (3:27.71) Kabacinski, Wanasek, La	godzinska, Weigand (7:36.16)
t UIC ntrasquad Aich. St./UNI Ainnesota	O'Brien, Lehnertz, Leehy, Wanasek (1:38.05) Scheitlin, O'Brien, Kabacinski, Sougstad (1:34.	) 80) 41) Kabacinski, Flummerfelt, Lagodzi Kabacinski, McNamara, Flummerfelt	 nska,Leehy (3:27.71) Kabacinski, Wanasek, La t, Lagodzinska (3:26.84)	godzinska, Weigand (7:36.16)
t UIC ntrasquad Mich. St./UNI Minnesota t Purdue lawkeye Invite	O'Brien, Lehnertz, Leehy, Wanasek (1:38.05) Scheitlin, O'Brien, Kabacinski, Sougstad (1:34.	) 80) 41) Kabacinski, Flummerfelt, Lagodzi	 nska,Leehy (3:27.71) Kabacinski, Wanasek, La t, Lagodzinska (3:26.84)	godzinska, Weigand (7:36.16)
: UIC Itrasquad Iich. St./UNI Iinnesota I Purdue awkeye Invite I lowa State	O'Brien, Lehnertz, Leehy, Wanasek (1:38.05) Scheitlin, O'Brien, Kabacinski, Sougstad (1:34.	) 80) 41) Kabacinski, Flummerfelt, Lagodzi Kabacinski, McNamara, Flummerfelt	 nska,Leehy (3:27.71) Kabacinski, Wanasek, La t, Lagodzinska (3:26.84)	godzinska, Weigand (7:36.16)
: UIC Itrasquad lich. St./UNI linnesota : Purdue awkeye Invite I lowa State linois	O'Brien, Lehnertz, Leehy, Wanasek (1:38.05) Scheitlin, O'Brien, Kabacinski, Sougstad (1:34.	) 80) 41) Kabacinski, Flummerfelt, Lagodzi Kabacinski, McNamara, Flummerfelt	 nska,Leehy (3:27.71) Kabacinski, Wanasek, La t, Lagodzinska (3:26.84)	godzinska, Weigand (7:36.16)
t UIC ntrasquad niich. St./UNI Niinesota t Purdue lawkeye Invite t Iowa State linois t N'western	O'Brien, Lehnertz, Leehy, Wanasek (1:38.05) Scheitlin, O'Brien, Kabacinski, Sougstad (1:34.	) 80) 41) Kabacinski, Flummerfelt, Lagodzi Kabacinski, McNamara, Flummerfelt	 nska,Leehy (3:27.71) Kabacinski, Wanasek, La t, Lagodzinska (3:26.84)	godzinska, Weigand (7:36.16)
t UIC ntrasquad Aich. St./UNI Ainnesota t Purdue lawkeye Invite t Iowa State Ilinois t Y'western hamrock Invite V. Illinois	O'Brien, Lehnertz, Leehy, Wanasek (1:38.05) Scheitlin, O'Brien, Kabacinski, Sougstad (1:34.	) 80) 41) Kabacinski, Flummerfelt, Lagodzi Kabacinski, McNamara, Flummerfelt	 nska,Leehy (3:27.71) Kabacinski, Wanasek, La t, Lagodzinska (3:26.84)	godzinska, Weigand (7:36.16)
t UIC Itrasquad lich. St./UNI linnesota t Purdue awkeye Invite t Iowa State linois t N'western hamrock Invite V. Illinois 1G Champ.	O'Brien, Lehnertz, Leehy, Wanasek (1:38.05) Scheitlin, O'Brien, Kabacinski, Sougstad (1:34.	) 80) 41) Kabacinski, Flummerfelt, Lagodzi Kabacinski, McNamara, Flummerfelt	 nska,Leehy (3:27.71) Kabacinski, Wanasek, La t, Lagodzinska (3:26.84)	godzinska, Weigand (7:36.16)
t UIC trasquad lich. St./UNI linnesota t Purdue awkeye Invite t lowa State linois t N'western hamrock Invite U. Illinois 1G Champ. CAA Champ.	OʻBrien, Lehnertz, Leehy, Wanasek (1:38.05) Scheitlin, OʻBrien, Kabacinski, Sougstad (1:34. McNamara, Sougstad, Kabacinski, Wells (1:34.  	  41) Kabacinski, Flummerfelt, Lagodzi Kabacinski, McNamara, Flummerfelt Flummerfelt, Lagodzinska, McNan	  nska,Leehy (3:27.71) Kabacinski, Wanasek, La t, Lagodzinska (3:26.84) nara, Lavelle (3:30.52)	godzinska, Weigand (7:36.16)
t UIC  trasquad  dich. St./UNI  dinnesota t Purdue  lawkeye Invite t lowa State  linois t t Western  hamrock Invite V. Illinois 1G Champ.  ICAA Champ.	OʻBrien, Lehnertz, Leehy, Wanasek (1:38.05) Scheitlin, OʻBrien, Kabacinski, Sougstad (1:34. McNamara, Sougstad, Kabacinski, Wells (1:34.   200 Medley Relay	 80) 41) Kabacinski, Flummerfelt, Lagodzi Kabacinski, McNamara, Flummerfelt Flummerfelt, Lagodzinska, McNan	 nska,Leehy (3:27.71) Kabacinski, Wanasek, La t, Lagodzinska (3:26.84)	godzinska, Weigand (7:36.16)
t UIC  ttrasquad  lich. St./UNI  dinnesota  t Purdue  lawkeye Invite  t lowa State  linois  t Y'western  hamrock Invite  V. Illinois  1G Champ.  ICAA Champ.  Meet  t UIC  ntrasquad	O'Brien, Lehnertz, Leehy, Wanasek (1:38.05) Scheitlin, O'Brien, Kabacinski, Sougstad (1:34. McNamara, Sougstad, Kabacinski, Wells (1:34.   200 Medley Relay Orvis, Wells, McNamara, Kabacinski (1:45.23 Orvis, Sougstad, O'Brien, Kabacinski (1:43.50	) 80) 41) Kabacinski, Flummerfelt, Lagodzi Kabacinski, McNamara, Flummerfelt Flummerfelt, Lagodzinska, McNan  400 Mee	  nska,Leehy (3:27.71) Kabacinski, Wanasek, La t, Lagodzinska (3:26.84) nara, Lavelle (3:30.52)	godzinska, Weigand (7:36.16)
t UIC  trasquad  ilich. St./UNI  linnesota  t Purdue  lawkeye Invite  t lowa State  linois  t N'western  hamrock Invite  V. Illinois  IG Champ.  ICAA Champ.  Aeet  t UIC  ttrasquad  lich. St./UNI	O'Brien, Lehnertz, Leehy, Wanasek (1:38.05) Scheitlin, O'Brien, Kabacinski, Sougstad (1:34. McNamara, Sougstad, Kabacinski, Wells (1:34. 	980)		godzinska, Weigand (7:36.16)
t UIC  trasquad  dich. St./UNI  diinnesota  t Purdue  lawkeye Invite t lowa State  linois t N'western  hamrock Invite V. Illinois IGCAA Champ.  ICAA Champ.  Meet  t UIC  Intrasquad  dich. St./UNI  dinnesota	O'Brien, Lehnertz, Leehy, Wanasek (1:38.05) Scheitlin, O'Brien, Kabacinski, Sougstad (1:34. McNamara, Sougstad, Kabacinski, Wells (1:34 200 Medley Relay Orvis, Wells, McNamara, Kabacinski (1:45.23 Orvis, Sougstad, O'Brien, Kabacinski (1:43.50 Orvis, Sougstad, McNamara, Kabacinski (1:43.60	980)		godzinska, Weigand (7:36.16)
t UIC  trasquad  dich. St./UNI  dinnesota t Purdue lawkeye Invite t lowa State linois t t Western hamrock Invite V. Illinois 1G Champ. ICAA Champ.  deet t UIC trasquad dich. St./UNI dinnesota t Purdue	O'Brien, Lehnertz, Leehy, Wanasek (1:38.05) Scheitlin, O'Brien, Kabacinski, Sougstad (1:34. McNamara, Sougstad, Kabacinski, Wells (1:34.   200 Medley Relay Orvis, Wells, McNamara, Kabacinski (1:45.23 Orvis, Sougstad, O'Brien, Kabacinski (1:43.50	980)		godzinska, Weigand (7:36.16)
t UIC trasquad dich. St./UNI dinnesota t Purdue lawkeye Invite t I towa State linois t N'western hamrock Invite V. Illinois tIG Champ. ICAA Champ.  Aeet t UIC trasquad dich. St./UNI dinnesota t Purdue lawkeye Invite	O'Brien, Lehnertz, Leehy, Wanasek (1:38.05) Scheitlin, O'Brien, Kabacinski, Sougstad (1:34. McNamara, Sougstad, Kabacinski, Wells (1:34 200 Medley Relay Orvis, Wells, McNamara, Kabacinski (1:45.23 Orvis, Sougstad, O'Brien, Kabacinski (1:43.50 Orvis, Sougstad, McNamara, Kabacinski (1:43.60	980)		godzinska, Weigand (7:36.16)
t UIC  trasquad  dich. St./UNI  diich. St./UNI  diinnesota t Purdue  lawkeye Invite t lowa State  linois t N'western  hamrock Invite V. Illinois :1G Champ. ICAA Champ.  Aeet  t UIC  ntrasquad  diich. St./UNI  dinnesota t Purdue  lawkeye Invite t lowa State  linois	O'Brien, Lehnertz, Leehy, Wanasek (1:38.05) Scheitlin, O'Brien, Kabacinski, Sougstad (1:34. McNamara, Sougstad, Kabacinski, Wells (1:34 200 Medley Relay Orvis, Wells, McNamara, Kabacinski (1:45.23 Orvis, Sougstad, O'Brien, Kabacinski (1:43.50 Orvis, Sougstad, McNamara, Kabacinski (1:43.60	980)		godzinska, Weigand (7:36.16)
t UIC  trasquad  diich. St./UNI  diinnesota t Purdue lawkeye Invite t lowa State  llinois t N'western chamrock Invite V. Illinois IGCAA Champ.  JCAA Champ.  JCAA Champ.  JCAA Churl  diich. St./UNI  dinnesota t Purdue lawkeye Invite t t lowa State  llinois t t lowa State  llinois	O'Brien, Lehnertz, Leehy, Wanasek (1:38.05) Scheitlin, O'Brien, Kabacinski, Sougstad (1:34. McNamara, Sougstad, Kabacinski, Wells (1:34 200 Medley Relay Orvis, Wells, McNamara, Kabacinski (1:45.23 Orvis, Sougstad, O'Brien, Kabacinski (1:43.50 Orvis, Sougstad, McNamara, Kabacinski (1:43.60	980)		godzinska, Weigand (7:36.16)
t UIC trasquad Aiich. St./UNI Ainnesota t Purdue lawkeye Invite t I towa State Llinois t N'western thamrock Invite V. Illinois STG Champ. ICAA Champ. Aeet t UIC Intrasquad Aiich. St./UNI Ainnesota t t Purdue lawkeye Invite t Iowa State Llinois t t UIC Towa State Llinois t Viwestern Linois t Viwest	O'Brien, Lehnertz, Leehy, Wanasek (1:38.05) Scheitlin, O'Brien, Kabacinski, Sougstad (1:34. McNamara, Sougstad, Kabacinski, Wells (1:34 200 Medley Relay Orvis, Wells, McNamara, Kabacinski (1:45.23 Orvis, Sougstad, O'Brien, Kabacinski (1:43.50 Orvis, Sougstad, McNamara, Kabacinski (1:43.60	980)		godzinska, Weigand (7:36.16)
It UIC Itrasquad Airich. Str./UNI Ainnesota It Purdue Iawkeye Invite It Iowa State Illinois It K'western Ishamrock Invite V. Illinois Isti G Champ. ICAA Champ. Aeet It UIC Intrasquad Airich. Str./UNI Ainnesota It Purdue Iawkeye Invite It Iowa State Illinois It I'western Ishamrock Invite V. Illinois It M'western Ishamrock Invite V. Illinois It GChamp.	O'Brien, Lehnertz, Leehy, Wanasek (1:38.05) Scheitlin, O'Brien, Kabacinski, Sougstad (1:34. McNamara, Sougstad, Kabacinski, Wells (1:34 200 Medley Relay Orvis, Wells, McNamara, Kabacinski (1:45.23 Orvis, Sougstad, O'Brien, Kabacinski (1:43.50 Orvis, Sougstad, McNamara, Kabacinski (1:43.60	980)		godzinska, Weigand (7:36.16)
t UIC  trasquad  dich. St./UNI  diinnesota t Purdue  lawkeye Invite t lowa State  linois t M'western  hamrock Invite V. Illinois  IGCAA Champ.  Aeet  t UIC  t trasquad  linich. St./UNI  linnesota t Purdue  lawkeye Invite t t lowa State  linois t N'western  hamrock Invite V. Illinois  t N'western  hamrock Invite V. Illinois t I Oka Champ.	O'Brien, Lehnertz, Leehy, Wanasek (1:38.05) Scheitlin, O'Brien, Kabacinski, Sougstad (1:34.) McNamara, Sougstad, Kabacinski, Wells (1:34.)	980)	nska,Leehy (3:27.71) Kabacinski, Wanasek, Lat, Lagodzinska (3:26.84) nara, Lavelle (3:30.52)  dley Relay mara, Kabacinski (3:44.31)	godzinska, Weigand (7:36.16)
t UIC trasquad lich. St./UNI linnesota t Purdue lawkeye Invite t Iowa State linois t K'western hamrock Invite V. Illinois 1G Champ. CAA Champ.  deet t UIC trasquad lich. St./UNI linnesota t Purdue lawkeye Invite t Iowa State linois t Western hamrock Invite V. Illinois t Wicker linois t Wicker linois t Micker Linois t Gehamp. CAA Champ.	O'Brien, Lehnertz, Leehy, Wanasek (1:38.05) Scheitlin, O'Brien, Kabacinski, Sougstad (1:34. McNamara, Sougstad, Kabacinski, Wells (1:34 200 Medley Relay Orvis, Wells, McNamara, Kabacinski (1:45.23 Orvis, Sougstad, O'Brien, Kabacinski (1:43.50 Orvis, Sougstad, McNamara, Kabacinski (1:43.60	980) 180) 141) Kabacinski, Flummerfelt, Lagodzi Kabacinski, McNamara, Flummerfelt Flummerfelt, Lagodzinska, McNam  400 Mee  1) 144) Hauber, Sougstad, McNa  522)		godzinska, Weigand (7:36.16)
t UIC trasquad lich. St./UNI linnesota t Purdue awkeye Invite t Ilinois t N'western hamrock Invite (. Illinois 1G Champ. CAA Champ.  leet t VIIC t Vilc awkeye Invite t VIIC trasquad lich. St./UNI linnesota t Purdue awkeye Invite t Iowa State linois t N'western hamarock Invite (. Illinois t UIC trasquad lich. St./UNI linnesota t Vilc awkeye Invite t Iowa State linois t N'western hamarock Invite (. Illinois 1G Champ. CAA Champ. leet t UIC	O'Brien, Lehnertz, Leehy, Wanasek (1:38.05) Scheitlin, O'Brien, Kabacinski, Sougstad (1:34. McNamara, Sougstad, Kabacinski, Wells (1:34.  Orvis, Wells, McNamara, Kabacinski (1:45.23 Orvis, Sougstad, O'Brien, Kabacinski (1:43.50 Orvis, Sougstad, McNamara, Kabacinski (1:43.4) Orvis, Sougstad, McNamara, Kabacinski (1:42.5)	980)	nska,Leehy (3:27.71) Kabacinski, Wanasek, Lat, Lagodzinska (3:26.84) nara, Lavelle (3:30.52)  dley Relay mara, Kabacinski (3:44.31)	godzinska, Weigand (7:36.16)
t UIC trasquad lich. St./UNI linnesota t Purdue awkeye Invite t lowa State linois t. N'western hamrock Invite t. Illinois 1G Champ. CAA Champ.  leet t UIC trasquad lich. St./UNI linnesota t Purdue awkeye Invite t lowa State linois t N'western hamrock Invite t. Illinois 1G Champ. CAA Champ.  leet t UIC trasquad lich. St./UNI linnesota t Purdue awkeye Invite t lowa State linois t N'western hamrock Invite t. Illinois 1G Champ. CAA Champ. leet	O'Brien, Lehnertz, Leehy, Wanasek (1:38.05) Scheitlin, O'Brien, Kabacinski, Sougstad (1:34. McNamara, Sougstad, Kabacinski, Wells (1:34.   Orvis, Wells, McNamara, Kabacinski (1:45.23 Orvis, Sougstad, O'Brien, Kabacinski (1:43.50 Orvis, Sougstad, McNamara, Kabacinski (1:42.50 Orvis, Sougstad, McNamara, Kabacinski (1:42.50  1-Meter	180) 180) 181) Kabacinski, Flummerfelt, Lagodzi Kabacinski, McNamara, Flummerfelt Flummerfelt, Lagodzinska, McNam  400 Mee  10) 144) Hauber, Sougstad, McNam  1822)  3-Meter	nska,Leehy (3:27.71) Kabacinski, Wanasek, Lat, Lagodzinska (3:26.84) nara, Lavelle (3:30.52)  dley Relay mara, Kabacinski (3:44.31)  Platform	godzinska, Weigand (7:36.16)
t UIC trasquad lich. St./UNI linnesota t Purdue awkeye Invite t lowa State linois t N'western hamrock Invite t. Illinois 1G Champ. CAA Champ.  leet t UIC trasquad lich. St./UNI linnesota t Purdue awkeye Invite t lowa State linois t N'western hamrock Invite t. Illinois 1G Champ. CAA Champ.  leet t UIC trasquad lich. St./UNI linnesota t Purdue awkeye Invite t lowa State linois t N'western hamrock Invite t. Illinois 1G Champ. CAA Champ.  leet t UIC trasquad lich. St./UNI	O'Brien, Lehnertz, Leehy, Wanasek (1:38.05) Scheitlin, O'Brien, Kabacinski, Sougstad (1:34. McNamara, Sougstad, Kabacinski, Wells (1:34.		nska,Leehy (3:27.71) Kabacinski, Wanasek, Lar t, Lagodzinska (3:26.84) nara, Lavelle (3:30.52)  dley Relay mara, Kabacinski (3:44.31)  Platform	godzinska, Weigand (7:36.16)
t UIC trasquad lich. St./UNI linnesota t Purdue awkeye Invite t lowa State linois t N'western hamrock Invite t. Illinois tG CAA Champ.  Leet t UIC trasquad lich. St./UNI linnesota t Purdue awkeye Invite t lowa State linois t N'western hamrock Invite t UIC trasquad lich. St./UNI linnesota t Purdue awkeye Invite t lowa State linois t N'western hamrock Invite f. Illinois tG Champ. CAA Champ.  Leet t UIC trasquad lich. St./UNI linnesota t Purdue	O'Brien, Lehnertz, Leehy, Wanasek (1:38.05) Scheitlin, O'Brien, Kabacinski, Sougstad (1:34. McNamara, Sougstad, Kabacinski, Wells (1:34	Ago	nska,Leehy (3:27.71) Kabacinski, Wanasek, Lar t, Lagodzinska (3:26.84) nara, Lavelle (3:30.52)  dley Relay mara, Kabacinski (3:44.31)  Platform	godzinska, Weigand (7:36.16)
t UIC trasquad lich. St./UNI linnesota t Purdue awkeye Invite t lowa State linois In Viwestern hamrock Invite I Illinois IG Champ. CAA Champ.  Leet t UIC t lowa State linois t Purdue awkeye Invite t t JUC t lowa State linois t N'western hamrock Invite I UIC t lowa State linois t Viruse Invite t Lowa State linois t N'western hamrock Invite I looka State linois t N'usetern hamrock Invite I Looka Champ. CAA Champ. CAA Champ. Leet t UIC trasquad lich. St./UNI linnesota t Purdue awkeye Invite	O'Brien, Lehnertz, Leehy, Wanasek (1:38.05) Scheitlin, O'Brien, Kabacinski, Sougstad (1:34. McNamara, Sougstad, Kabacinski, Wells (1:34 Orvis, Wells, McNamara, Kabacinski (1:45.23 Orvis, Sougstad, O'Brien, Kabacinski (1:43.50 Orvis, Sougstad, McNamara, Kabacinski (1:43.67 Orvis, Sougstad, McNamara, Kabacinski (1:42.16	180) 180) 181) Kabacinski, Flummerfelt, Lagodzi Kabacinski, McNamara, Flummerfelt Flummerfelt, Lagodzinska, McNam  400 Mee  400 Mee  10) 11) 144) Hauber, Sougstad, McNam  3-Meter Morgan Rafferty (249.00) Morgan Rafferty (249.00)	nska,Leehy (3:27.71) Kabacinski, Wanasek, Lar t, Lagodzinska (3:26.84) nara, Lavelle (3:30.52)  dley Relay mara, Kabacinski (3:44.31)  Platform	godzinska, Weigand (7:36.16)
t UIC trasquad lich. St./UNI linnesota t Purdue awkeye Invite t lowa State linois t N'western hamrock Invite t. Illinois IG Champ. CAA Champ.  leet t UIC trasquad lich. St./UNI linnesota t Purdue awkeye Invite t lowa State linois t N'western hamrock Invite t UIC trasquad lich. St./UNI linnesota t Purdue awkeye Invite t lowa CAA Champ.  leet t UIC trasquad lich. St./UNI linnis IG Champ. CAA Champ. Leet t UIC trasquad lich. St./UNI linnis IG Champ. CAA Champ. Leet t UIC trasquad lich. St./UNI linnesota t Purdue awkeye Invite t lowa State	O'Brien, Lehnertz, Leehy, Wanasek (1:38.05) Scheitlin, O'Brien, Kabacinski, Sougstad (1:34. McNamara, Sougstad, Kabacinski, Wells (1:34 Orvis, Wells, McNamara, Kabacinski (1:45.23 Orvis, Sougstad, O'Brien, Kabacinski (1:43.50 Orvis, Sougstad, McNamara, Kabacinski (1:43.67 Orvis, Sougstad, McNamara, Kabacinski (1:42.16	180) 180) 181) Kabacinski, Flummerfelt, Lagodzi Kabacinski, McNamara, Flummerfelt Flummerfelt, Lagodzinska, McNam  400 Mee  400 Mee  10) 11) 144) Hauber, Sougstad, McNam  3-Meter Morgan Rafferty (249.00) Morgan Rafferty (249.00)	nska,Leehy (3:27.71) Kabacinski, Wanasek, Lar t, Lagodzinska (3:26.84) nara, Lavelle (3:30.52)  dley Relay mara, Kabacinski (3:44.31)  Platform	godzinska, Weigand (7:36.16)
t UIC trasquad lich. St./UNI linnesota t Purdue awkeye Invite t Ilinois t N'western hamrock Invite (. Illinois 1G Champ. CAA Champ.  leet t UIC trasquad lich. St./UNI linnesota t N'western hamrock Invite (. Illinois 1G Champ. CAA Champ.  leet t UIC trasquad lich. St./UNI linnesota t N'western hamrock Invite t Iowa State linois t N'western hamrock Invite (. Illinois 1G Champ. CAA Champ.  leet t UIC trasquad lich. St./UNI linnesota t Purdue awkeye Invite t UIC trasquad lich. St./UNI linnesota t UIC trasquad lich. St./UNI linnesota t Purdue awkeye Invite t Iowa State linois	O'Brien, Lehnertz, Leehy, Wanasek (1:38.05) Scheitlin, O'Brien, Kabacinski, Sougstad (1:34. McNamara, Sougstad, Kabacinski, Wells (1:34 Orvis, Wells, McNamara, Kabacinski (1:45.23 Orvis, Sougstad, O'Brien, Kabacinski (1:43.50 Orvis, Sougstad, McNamara, Kabacinski (1:43.67 Orvis, Sougstad, McNamara, Kabacinski (1:42.16	180) 180) 181) Kabacinski, Flummerfelt, Lagodzi Kabacinski, McNamara, Flummerfelt Flummerfelt, Lagodzinska, McNam  400 Mee  400 Mee  10) 11) 144) Hauber, Sougstad, McNam  3-Meter Morgan Rafferty (249.00) Morgan Rafferty (249.00)	nska,Leehy (3:27.71) Kabacinski, Wanasek, Lar t, Lagodzinska (3:26.84) nara, Lavelle (3:30.52)  dley Relay mara, Kabacinski (3:44.31)  Platform	godzinska, Weigand (7:36.16)
tulc trasquad ich. St./UNI innesota Purdue awkeye Invite Iowa State inois N'western namrock Invite I. Illinois IG Champ. CAA Champ.  leet UIC trasquad ich. St./UNI innesota Purdue awkeye Invite I lowa State inois N'western namrock Invite Illinois Infector Invite I lowa State Inois Invite I lowa State Inois Invite I lillinois IG Champ. CAA Champ.  leet UIC trasquad ich. St./UNI innesota Purdue awkeye Invite I lilinois IG Champ. CAA Champ.  leet UIC trasquad ich. St./UNI innesota Purdue awkeye Invite I lowa State inois I western Indianawkeye Invite I lowa State Inois Invite I lowa State	O'Brien, Lehnertz, Leehy, Wanasek (1:38.05) Scheitlin, O'Brien, Kabacinski, Sougstad (1:34. McNamara, Sougstad, Kabacinski, Wells (1:34 Orvis, Wells, McNamara, Kabacinski (1:45.23 Orvis, Sougstad, O'Brien, Kabacinski (1:43.50 Orvis, Sougstad, McNamara, Kabacinski (1:43.67 Orvis, Sougstad, McNamara, Kabacinski (1:42.16	180) 180) 181) Kabacinski, Flummerfelt, Lagodzi Kabacinski, McNamara, Flummerfelt Flummerfelt, Lagodzinska, McNam  400 Mee  400 Mee  10) 11) 144) Hauber, Sougstad, McNam  3-Meter Morgan Rafferty (249.00) Morgan Rafferty (249.00)	nska,Leehy (3:27.71) Kabacinski, Wanasek, Lar t, Lagodzinska (3:26.84) nara, Lavelle (3:30.52)  dley Relay mara, Kabacinski (3:44.31)  Platform	godzinska, Weigand (7:36.16)
t UIC trasquad lich. St./UNI linnesota t Purdue awkeye Invite t lowa State linois t N'western hamrock Invite f. Illinois GAA Champ.  Leet t UIC trasquad lich. St./UNI linnesota t Purdue awkeye Invite t lowa State linois t N'western hamrock Invite f. UIC trasquad lich. St./UNI linnesota t Purdue awkeye Invite t lowa State linois t N'western hamrock Invite f. Illinois 1G Champ. CAA Champ. Leet t UIC trasquad lich. St./UNI linnesota t Purdue	O'Brien, Lehnertz, Leehy, Wanasek (1:38.05) Scheitlin, O'Brien, Kabacinski, Sougstad (1:34. McNamara, Sougstad, Kabacinski, Wells (1:34 Orvis, Wells, McNamara, Kabacinski (1:45.23 Orvis, Sougstad, O'Brien, Kabacinski (1:43.50 Orvis, Sougstad, McNamara, Kabacinski (1:43.67 Orvis, Sougstad, McNamara, Kabacinski (1:42.16	180) 180) 181) Kabacinski, Flummerfelt, Lagodzi Kabacinski, McNamara, Flummerfelt Flummerfelt, Lagodzinska, McNam  400 Mee  400 Mee  10) 11) 144) Hauber, Sougstad, McNam  3-Meter Morgan Rafferty (249.00) Morgan Rafferty (249.00)	nska,Leehy (3:27.71) Kabacinski, Wanasek, Lar t, Lagodzinska (3:26.84) nara, Lavelle (3:30.52)  dley Relay mara, Kabacinski (3:44.31)  Platform	godzinska, Weigand (7:36.16)
t UIC trasquad lich. St./UNI linnesota t Purdue awkeye Invite t lowa State linois t N'western hamrock Invite t. Illinois 1G Champ. CAA Champ.  leet t UIC trasquad lich. St./UNI linnesota t Purdue awkeye Invite t lowa State linois 1G Champ. CAA Champ.  leet t UIC trasquad lich. St./UNI linnesota t Purdue awkeye Invite t lowa State linois 1 N'western hamrock Invite t UIC trasquad lich. St./UNI linnesota t t Urdue awkeye Invite t UIC trasquad lich. St./UNI linnesota t t Urdue awkeye Invite t UIC trasquad lich. St./UNI linnesota t t Urdue awkeye Invite t lowa State linois	O'Brien, Lehnertz, Leehy, Wanasek (1:38.05) Scheitlin, O'Brien, Kabacinski, Sougstad (1:34. McNamara, Sougstad, Kabacinski, Wells (1:34 Orvis, Wells, McNamara, Kabacinski (1:45.23 Orvis, Sougstad, O'Brien, Kabacinski (1:43.50 Orvis, Sougstad, McNamara, Kabacinski (1:43.67 Orvis, Sougstad, McNamara, Kabacinski (1:42.16	180) 180) 181) Kabacinski, Flummerfelt, Lagodzi Kabacinski, McNamara, Flummerfelt Flummerfelt, Lagodzinska, McNam  400 Mee  400 Mee  10) 11) 144) Hauber, Sougstad, McNam  3-Meter Morgan Rafferty (249.00) Morgan Rafferty (249.00)	nska,Leehy (3:27.71) Kabacinski, Wanasek, Lar t, Lagodzinska (3:26.84) nara, Lavelle (3:30.52)  dley Relay mara, Kabacinski (3:44.31)  Platform	godzinska, Weigand (7:36.16)

Athlete	50 Free	100 Free	200 Free	500 Free	1,000 Free	1,650 Free	100 Back	200 Back
Izzie Bindseil	301166	55.15	1:56.66	5:11.57	10:41.10	17:53.53	100 Duck	200 Back
Maddie Bro		331.3		3111137		17133133		
Summer Campbell			2:00.66	5:20.09				
Colleen Champa								
Olivia Cook			2:02.02	5:15.35				
Taylor Flummerfelt	23.87	51.94						
Rowan Hauber	23107	55.76					56.31	2:04.27
Ashley Horodyski		33.70					30.31	2:12.22
Shea Hoyt								2.12.22
Devin Jacobs				5:10.19				
Jo Jekel	24.95	54.35	1:59.74	3.10.17			59.72	
Olivia Kabacinski	23.79	50.98	1:51.23				37.12	
Nikol Lagodzinska	23.73	52.26	1:53.39	5:15.90			58.89	
Meghan Lavelle	24.33	54.51	1.55.59	3.13.90			57.44	2:04.11
							57.44	2:04.11
Lauren Leehy	24.59	54.66					50.03	
Tereysa Lehnertz	24.31						59.02	2.07.44
Natalie McGovern	22.04						58.38	2:07.44
Kelly McNamara	23.96							
Carly O'Brien	23.99	52.49						
Allie Orvis	25.01						57.45	2:10.45
Mekenna Scheitlin	24.03							
Abbey Schneider				4:59.50	10:17.48	17:02.24		
Emma Sougstad	23.34							
Serena Wanasek		53.26	1:52.55	5:10.36				
Jennifer Wiegand		53.38	1:54.67					
Katie Wells		54.55					58.70	
Athlete	100 Breast	200 Breast	100 Fly	200 Fly	200 IM	400 IM		
Izzie Bindseil								
Maddie Bro								
Summer Campbell			58.98	2:12.41				
Colleen Champa	1:05.92	2:22.00						
Olivia Cook			1:01.05	2:09.22				
Taylor Flummerfelt								
Rowan Hauber								
Ashley Horodyski			57.81					
Shea Hoyt	1:05.79	2:22.25						
Devin Jacobs	1:06.66	2:23.29		2:06.07	2:09.54			
Jo Jekel	1.00.00	2.23.27		2.00.07	2.07.51			
Olivia Kabacinski	1:05.25							
Nikol Lagodzinska	1.03.23							
Meghan Lavelle								
Lauren Leehy			EC 00	2:03.14	2,00.72			
Tereysa Lehnertz			56.09	2:05.14	2:08.72			
Natalie McGovern			5400	2.42.54				
Kelly McNamara			54.88	2:12.54				
Carly O'Brien			56.84		242.11			
Allie Orvis			59.26		2:10.64			
Mekenna Scheitlin			58.46		2:10.55			
Abbey Schneider	1:08.00							
Emma Sougstad	1:02.23 (B)	2:16.43				2:06.66		
lennifer Wiegand	1:05.05				2:12.53			
Jennifer Wiegand	1.05.05							
lennifer Wiegand Katie Wells								
Jennifer Wiegand Katie Wells <b>Athlete</b>	1-Meter	3-Meter	Platform					
Serena Wanasek Jennifer Wiegand Katie Wells Athlete Calli Head	<b>1-Meter</b> 228.83	251.33	Platform					
Jennifer Wiegand Katie Wells <b>Athlete</b> Calli Head Lydia Lehnert	<b>1-Meter</b> 228.83 242.93	251.33 274.43	Platform					
Jennifer Wiegand Katie Wells <b>Athlete</b> Calli Head Lydia Lehnert Morgan Rafferty	1-Meter 228.83 242.93 262.73	251.33	Platform					
Jennifer Wiegand Katie Wells <b>Athlete</b> Calli Head Lydia Lehnert	<b>1-Meter</b> 228.83 242.93	251.33 274.43	Platform					

# **INDIVIDUAL WINS**

Name	Event	Meet
Taylor Flummerfelt	100 free	at UIC, 9/26/15
Shea Hoyt	100 breast	Mich. St/UNI, 10/16/15
Olivia Kabacinski	200 free	Mich. St/UNI, 10/16/15
Olivia Kabacinski	100 free	Mich. St/UNI, 10/16/15
Meghan Lavelle	200 back	Mich. St/UNI, 10/16/15
Tereysa Lehnertz	50 free	at UIC, 9/26/15
Tereysa Lehnertz	200 fly	Mich. St/UNI, 10/16/15
Kelly McNamara	100 fly	at UIC, 9/26/15
Kelly McNamara	100 fly	Mich. St/UNI, 10/16/15
Kelly McNamara	100 fly	at Purdue 11/06/15
Abbey Schneider	500 free	Mich. St/UNI, 10/16/15
Abbey Schneider	1000 free	Mich. St/UNI, 10/16/15
Emma Sougstad	50 free	Mich. St/UNI, 10/16/15
Emma Sougstad	200 IM	Mich. St/UNI, 10/16/15
Emma Sougstad	200 breast	at Purdue 11/06/15
Katie Wells	100 back	at UIC, 9/26/15
Katie Wells	100 breast	at UIC, 9/26/15

# **RELAY WINS**

Names
Orvis, Wells, McNamara, Kabacinski
McNamara, Sougstad, Kabacinski, Wells
Kabacinski, Wanasek, Lagodzinska, Weigand
Kabacinski, Flummerfelt, Lagodzinska, Leehy
Orvis, Sougstad, McNamara, Kabacinski
Hauber, Sougstad McNamara, Kabacinski
Orvis, Sougstad, McnNamara, Kabacinski

Event
200-medley relay
200-free relay
800-free relay
400-free relay
200-medley relay
400-medley relay
200-medly relay

## Meet at UIC, 9/26/15 Mich. St/UNI, 10/15/15 Mich. St/UNI, 10/15/15 Mich. St/UNI, 10/16/15 Mich. St/UNI, 10/16/15 Minnesota, 10/30/15 at Purdue 11/06/15