University of Iowa Sports Information -- Traci Wagner, Wrestling Contact

WRESTLING WEEKLY RELEASE

JANUARY 5, 2010

2009-10 SCHEDULE & RESULTS (9-0 Overall, 0-0 Big Ten)

Date	Opponent	Time (CT)
11/14	at Harold Nichols Open	2 champs
11/20	Coe *	W, 39-3
	Cornell College *	W, 57-0
	Iowa Lakes *	W, 52-0
	UNC Pembroke *	W, 47-0
	S. Illinois Edwardsville *	W, 51-0
11/21	at Kaufman-Brand Open	2 champs
11/27	at Bucknell	W, 29-7
	vs. Rutgers	W, 33-9
12/6	at Iowa State (IPTV)	W, 18-16
12/10	Northern Iowa (BTNWS)	W, 48-3
12/29-30	at Midlands Champ's (BT	N) 1st
1/9-10	at NWCA/Cliff Keen Dua	ls All Day
	(Cedar Falls, IA)	
1/16	Oklahoma State (BTN)	7 p.m.
	(Iowa City, IA)	
1/22	at Michigan	6 p.m.
	(Ann Arbor, MI)	
1/24	vs. Purdue	1 p.m.
	(Lowell, IN)	
1/29	Penn State (BTNWS)	7 p.m.
	(Iowa City, IA)	
1/31	Michigan State (BTNWS)	6 p.m.
	(Iowa City, IA)	
2/6	vs. Utah Valley	TBA
	(Vernal, UT)	
2/12	Northwestern (BTNWS)	7 p.m.
	(Iowa City, IA)	
2/14	at Minnesota (BTN)	6 p.m.
	(Minneapolis, MN)	
2/19	Ohio State (BTN)	7 p.m.
	(Iowa City, IA)	
2/21	at Wisconsin (BTN)	1 p.m.
	(Madison, WI)	
3/6-7	at Big Ten Champ's (BTN) All Day
	(Ann Arbor, MI)	•
3/18-20	at NCAA Champ's	All Day
	(Omaha, NE)	
I		

All times are Central and subject to change.

BTN - Big Ten Network

IPTV - Iowa Public Television

BTNWS - Big Ten Network Web Streaming

* - Iowa City Duals

IOWA'S PROBABLE LINEUP

#1 lo	wa Hawk	<u> </u>	2009-10 Co	llegiate	
Wt.	Rank	Name	Yr.	Hometown/Last School	Record
125	5/4/4	Matt McDonough	*Fr.	Marion, IA/Linn-Mar HS	15-0
OR		J.J. Krutsinger	So.	Evansdale, IA/Waterloo Columbus	HS 11-4
133	4/4/4	Daniel Dennis	Sr.	Ingleside, IL/Grant HS	8-0
OR		Nate Moore	*Fr.	Iowa City, IA/West HS	7-4
141	8/7/10	Dan LeClere	Sr.	Coggon, IA/Virginia Tech	8-3
OR		Montell Marion	So.	Des Moines, IA/Roosevelt HS	9-1
149	1/1/1	Brent Metcalf	Sr.	Davison, MI/Virginia Tech	15-0
157		Aaron Janssen	Jr.	Emmetsburg, IA/Emmetsburg H	IS 5-3
OR		Jake Kerr	Jr.	Oskaloosa, IA/Oskaloosa HS	6-4
165	5/5/5	Ryan Morningstar	Sr.	Lisbon, IA/Lisbon HS	11-2
174	1/2/1	Jay Borschel	Sr.	Marion, IA/Virginia Tech	14-0
184	6/6/6	Phillip Keddy	Sr.	Vernal, UT/Uintah HS	11-3
OR		Grant Gambrall	*Fr.	Iowa City, IA/West HS	14-5
197	5/5/4	Chad Beatty	Sr.	Wilton, IA/Wilton HS	13-2
HWT		Jordan Johnson	So.	Bettendorf, IA/Bettendorf HS	9-1
OR		Blake Rasing	So.	New Hampton, IA/New Hamptor	n HS 8-6

^{* -} redshirt freshman, rankings are AWN/Intermat/WIN

THIS WEEK

Top-ranked Iowa (9-0) will face #15 Nebraska (8-3) in the first round of the NWCA/Cliff Keen National Duals Saturday at 9 a.m. at the UNI-Dome in Cedar Falls. Iowa is the top seed of the two-day annual tournament, which features top wrestlers from each collegiate athletic division (NCAA Divisions I, II and III, NAIA, JUCO and Women's). The Hawkeyes have a 62-10-3 record at the National Duals, winning five team titles, including the last two.

The Division I field includes eight of the top 10 ranked teams in the most recent *USA Today*/NWCA coaches poll. Arizona State, Bloomsburg, Boise State, Buffalo, Central Michigan, Cornell, Iowa State, Maryland, Minnesota, Missouri, Northern Iowa, Northwestern, Ohio State and Wisconsin will also be competing for the Division I title.

Results will be available at **www.nwcaonline.com** and **www.unipanthers. com** throughout the meet.

ON THE AIR

Radio - Steven Grace and two-time Hawkeye NCAA champion and four-time all-American Mark Ironside will call the action for Iowa's duals live on AM-800, KXIC. Live audio broadcasts from the entire tournament will be available online at **www.hawkeyesports.com**. To listen online, go to the wrestling schedule, click on the event and click on the Listen link. Broadcasts are available using the Hawkeye All-Access subscription (\$14.95 per month or \$119.95 per year). Takedown Wrestling Radio will also broadcast portions of the tournament at **www.Takedownradio.com**.

Television - Iowa Public Television will air a taped-delay broadcast of the Division I championship semifinals Sunday at 1 p.m. and a live broadcast of the Division I championship finals Sunday at 3 p.m.

University of Iowa Sports Information -- Traci Wagner, Wrestling Contact



WRESTLING WEEKLY RELEASE

PAGE 2

HEAD COACH TOM BRANDS



Two-time Big Ten Coach of the Year, Tom Brands, is in his fourth season as head wrestling coach at Iowa. A 1996 Olympic gold medalist and member of wrestling's Hall of Fame, Brands is only the eighth wrestling coach at Iowa. The former Hawkeye wrestler was a four-time all-American and three-time national champion (1989-92) at Iowa. He has a 68-6 overall and 21-3 Big Ten coaching record at Iowa, and an 85-26 career mark.

In his third season with the Hawkeyes, Brands led Iowa to its second straight NCAA and Big Ten team titles, crowning five all-Americans and two Big Ten champions. The 2009 national title was the school's 22nd, and it was only the second time in school history Iowa won the NCAA title without an individual champion. Brands earned Big Ten Coach of the Year honors after guiding Iowa to the school's 33rd conference team title. The Hawkeyes ended the 2008-09 season with a 24-0 record, going undefeated for the first time since 1999-2000. The Hawkeyes, who ended the season on a 38-dual match winning streak that dates back to the 2007-08 campaign, clinched the 2009 Big Ten regular season title with a perfect 8-0 mark in conference competition and won the 2008 Midlands team title.

Brands served as head coach at Virginia Tech University for two seasons (2005-06), recording a 17-20 dual mark. Prior to taking the helm at Virginia Tech, Brands was an assistant coach at lowa for 12 seasons (1993-2004). He helped the Hawkeyes to a 177-27 dual record, seven NCAA and eight Big Ten titles, while crowning 23 NCAA champions, 73 all-Americans and 36 Big Ten champions. He was named the National Wrestling Coaches Association Assistant Coach of the Year in 2000.

As a competitor, Brands won the 1996 Olympic freestyle gold medal at 136.5 pounds in Atlanta, GA. He also won a gold medal at the 1993 World Freestyle Championships in Toronto, two World Cup gold medals (1994, 1995) and was the 1995 Pan American Games champion. He won four U.S. National titles (1993-96) and made four straight U.S. World or Olympic teams (1993-96). Along with his twin brother, Terry, Tom was named 1993 USA Wrestling Athlete of the Year, the 1993 John Smith Outstanding Freestyle Wrestler and 1993 Amateur Wrestling News Man of the Year. He was inducted into wrestling's Hall of Fame in 2001.

Brands was a four-time all-American at Iowa (1989-92). During his Hawkeye career, he won three NCAA titles and was named Outstanding Wrestler of the 1992 NCAA Championships. Also a three time Big Ten champion, Brands won 95 percent of his matches at Iowa. His career mark of 158-7-2, included an undefeated season in 1991 (45-0).

Online Video - *Livesportsvideo.com* will be airing video of National Duals matches throughout the tournament on their website. Fans can access the video feed through the site for a \$5 fee.

Internet - Tournament brackets and results will be updated throughout the weekend at www.unipanthers.com. Press releases, meet results and audio broadcasts are available on the University of Iowa's website, www.hawkeyesports.com. Current staff and student-athlete head shots can be found at pics.hawkeyesports.com.

NATIONAL DUALS TICKET INFORMATION

All-session tickets are \$45 for adults and \$35 for seniors and students. Individual session tickets are \$25 for adults and \$20 for seniors and students. Tickets may be purchased by contacting the UNI-Dome box office at 877-216-3663 or 319-273-4849.

NATIONAL DUALS SCHEDULE OF EVENTS

The following is the Division I tournament schedule for this weekend's NWCA/Cliff Keen National Duals:

Saturday, January 9

9-11 a.m.	Championship Preliminary Round
11 a.m1 p.m.	Championship Preliminary Round
1-3 p.m.	Championship Quarterfinal
	Consolation First Round
3-5 p.m.	Championship Quarterfinal
	Consolation First Round
5-7 p.m.	Consolation Second Round
7-9 p.m.	Consolation Third Round

Sunday, January 10

9-11 a.m.	Seventh-Place Match
11 a.m1 p.m.	Championship Semifinal
1-2:45 p.m.	Third and Fifth-Place Matches
2 5	Characteristic Final

3-5 p.m. Championship Final

HAWKEYE HISTORY AT THE DUALS

Iowa has wrestled in 16 National Duals and has a 62-10-3 all time record in the tournament. Iowa has won the title five times (1992, 1995, 1996, 2008, 2009), placed second three times (1994, 1997, 1998), third six times (1990, 1991, 1993, 2001, 2002, 2003), fifth once (2007) and sixth once (2006).

LAST TIME AT THE DUALS

The top-ranked Hawkeyes (14-0) won their fifth Cliff Keen/NWCA National Duals tournament title Jan. 11, 2009, beating Cornell (23-13) in the championship finals at the UNI-Dome in Cedar Falls. The Hawkeyes beat Wyoming (38-3), Minnesota

University of Iowa Sports Information -- Traci Wagner, Wrestling Contact

WRESTLING WEEKLY RELEASE

PAGE 3

(27-7) and Nebraska (22-11) en route to the finals. It was the first time the Hawkeyes - who also won the team title in 2008 - won back-to-back National Duals titles since 1995 and 1996. Hawkeye senior **Alex Tsirtsis** (141) and juniors **Brent Metcalf** (149), **Phillip Keddy** (184) and **Dan Erekson** (Hwt.) all went 4-0 during the two-day tournament. Metcalf won all four of his matches with team bonus-point victories - one pin, two technical falls and one major decision.

NEBRASKA CORNHUSKERS

Nebraska is 8-3 with wins over Wisconsin (26-17), Binghamton (27-11), Hofstra (29-6), Appalachian State (40-6), South Dakota State (46-6), Nebraska-Kearney (23-18), North Dakota State (33-9) and North Carolina State (31-10), and losses to Lehigh (15-18), Minnesota (14-28) and Central Michigan (6-29).

Head Coach Mark Manning is 134-48-3 in 10 years at Nebraska, and has a 157-72-5 record in 13 seasons as a collegiate head coach. He was named Big 12 Coach of the Year in 2008 and 2009, and Dan Gable Coach of the Year in 2009. He is assisted by Mike Greenfield (Central Michigan, 2001) and former Hawkeye wrestler Tony Ersland. Ersland was a four-time academic all-Big Ten honoree and letterwinner at Iowa (1994-97), helping the Hawkeyes to three national and four Big Ten titles.

Nebraska is led by seniors Stephen Dwyer (174) and Craig Brester (197), and sophomore Tucker Lane (Hwt.). Dwyer is ranked third in the nation by *Amateur Wrestling News*, Intermat and *W.I.N. Magazine*. He has a 15-1 record, going 11-0 in dual competition. Brester, who is a returning all-American, is undefeated at 17-0 (11-0 in duals), and ranked second in the nation by *A.W.N.*, Intermat and *W.I.N.* Lane is 16-4 (8-3 in duals), and is ranked ninth by *W.I.N.*, and 11th by *A.W.N.* and Intermat. Defending NCAA champion Jordan Burroughs (157) suffered a season-ending knee injury in December.

THE SERIES

Iowa holds at 25-10-2 lead in the series with Nebraska, winning the last three meetings between the two teams. The Huskers and Hawkeyes have met in the last four NWCA/Cliff Keen National Duals tournaments. The Hawkeyes hold a 3-1 edge in those duals, losing in 2006 (13-24), but winning in 2007 (30-5), 2009 (24-6) and 2009 (22-11).

THE LAST MEETING - IOWA 22, NEBRASKA 11

The top-ranked Hawkeye wrestling team improved to 13-0 on the season with a 22-11 win over Nebraska in the semifinals of the 2009 NWCA/Cliff KeenNational Duals in Cedar Falls on Jan. 11. The Hawkeyes won seven bouts to pick up their 27th straight dual, and hand the Cornhuskers (8-1) their first loss of the season.

Iowa jumped out to a 13-0 lead with decisions from redshirt freshman J.J. Krutsinger (125), junior Daniel Dennis (133) and senior Alex Tsirtsis (141), and a 24-9 technical fall from junior Brent Metcalf (149). Nebraska picked up its first win of the dual at 157 when #2 Jordan Burroughs scored a 22-7 technical fall in 4:04 over Hawkeye sophomore Matt Ballweg. Hawkeye junior Ryan Morningstar fought back at 165 with a 3-2 win over Nebraska's Stephen Dwyer to score his 65th career victory.

TEAM RANKINGS

NWCA/USA Today Division I Coaches Poll (1/5/10)

Prev.

#	Team (#1 Votes)	Rank	Points	Record
1.	lowa (11)	1	275	9-0
2.	Iowa State	2	264	3-1
3.	Ohio State	3	248	8-0
4.	Oklahoma State	4	241	3-0-1
5.	Central Michigan	5	235	7-0
6.	Minnesota	6	210	3-2
7.	Cornell	7	209	0-1
8.	Maryland	T8	197	7-1
9.	Boise State	T8	193	5-0
10.	Oklahoma	10	181	5-0-1
11.	Lehigh	11	165	6-2
12.	Indiana	13	152	9-0
13.	Kent State	14	127	5-0
14.	Penn State	15	122	6-1-1
15.	Nebraska	14	121	8-3
16.	Edinboro	17	108	2-2
17.	Missouri	16	95	1-2
18.	Wisconsin	18	90	2-3
19.	Cal Poly	19	83	3-2
20.	Illinois	20	65	4-2
21.	Pittsburgh	22	55	6-1-1
22.	Arizona State	21	42	4-2
23.	Virginia	23	40	7-1
24.	Oregon State	25	27	8-1
25.	Old Dominion	24	12	3-1

IOWA WRESTLING HISTORY

lowa's overall dual meet record is 863-215-30 (.792) in 100 seasons. The Hawkeyes have won 22 national titles and 33 Big Ten titles. Iowa's 49 NCAA champions have won a total of 57 NCAA individual titles, crowning six three-time and 14 two-time champions. The Hawkeyes' 101 Big Ten champions have won a total of 184 conference titles. There have been seven four-time, 18 three-time and 26 two-time lowa winners. Iowa's 138 all-Americans have earned all-America status 278 times, including 17 four-time, 27 three-time and 35 two-time honorees.

University of Iowa Sports Information -- Traci Wagner, Wrestling Contact

WRESTLING WEEKLY RELEASE

PAGE 4

BIG TEN STANDINGS

	Big	Ten	Ove	rall
<u>Team</u>	W-L-T	Pct.	W-L-T	Pct.
Indiana	0-0-0	.000	9-0-0	1.000
IOWA	0-0-0	.000	9-0-0	1.000
Ohio State	0-0-0	.000	8-0-0	1.000
Penn State	0-0-0	.000	6-1-1	.813
Michigan State	0-0-0	.000	3-1-0	.750
Purdue	0-0-0	.000	8-3-0	.727
Illinois	0-0-0	.000	4-2-0	.667
Minnesota	0-0-0	.000	3-2-0	.600
Northwestern	0-0-0	.000	2-3-1	.417
Wisconsin	0-0-0	.000	2-3-0	.400
Michigan	0-0-0	.000	2-4-0	.333

THIS WEEK IN THE BIG TEN

1/8	Michigan, Penn State at Virginia Duals - All Day
	Southern Illinois Edwardsville at Il-
	linois - 7 p.m.
1/9	Iowa, Minnesota, Northwestern,
	Ohio State, Wisconsin at Cliff Keen/
	NWCA National Duals - All Day
	Michigan, Penn State at Virginia
	Duals - All Day
	W. Virginia at Michigan State - 7 p.m.
1/10	Iowa, Minnesota, Northwestern,
	Ohio State, Wisconsin at Cliff Keen/
	NWCA National Duals - All Day

Match times are local to site.

BIG TEN WRESTLERS OF THE WEEK

Wrestler (Wt., School)
Colton Salazar (157, Purdue)
Cyler Sanderson (157, Penn State)
Reece Humphrey (141, Ohio State)
Brad Pataky (125, Penn State)
Paul Young (165, Indiana)
Angel Escobedo (125, Indiana)
Ben Berhow (Hwt., Minnesota)
Cyler Sanderson (157, Penn State)
Brent Metcalf (149, Iowa)

Iowa went 2-2 in the last four bouts to seal the team win. Nebraska's Brandon Browne evened his career series with Hawkeye junior **Jay Borschel** at 2-2 with a 5-4 win at 174. Hawkeye junior **Phillip Keddy** held off a late charge at 184 from Vince Jones to post an 8-5 win. Hawkeye junior **Chad Beatty** took top-ranked Craig Brester to sudden victory at 197, but was taken down in the overtime to lose 7-5. Hawkeye junior heavyweight **Dan Erekson** closed out the dual with an 8-3 win over Tucker Lane.

Iowa 22, Nebraska 11

125 - J.J. Krutsinger (I) dec. Andy Pokorny (N), 7-4

133 - Daniel Dennis (I) dec. Patrick Aleksanyan (N), 4-0

141 - Alex Tsirtsis (I) dec. Curtis Salazar (N), 7-2

149 - Brent Metcalf (I) tech. fall Robert Sanders (N), 24-9

157 - Jordan Burroughs (N) tech. fall Matt Ballweg (I), 22-7 in 4:04

165 - Ryan Morningstar (I) dec. Stephen Dwyer (N), 3-2

174 - Brandon Browne (N) dec. Jay Borschel (I), 5-4

184 - Phillip Keddy (I) dec. Vince Jones (N), 8-5

197 - Craig Brester (N) dec. Chad Beatty (I), 7-5 SV

Hwt - Dan Erekson (I) dec. Tucker Lane (N), 8-3

METCALF EARNS BIG TEN WEEKLY HONOR

University of Iowa 149-pound wrestler **Brent Metcalf** has been named Big Ten Wrestler of the Week. It is the fourth time the senior from Davison, MI, has earned the honor in his Hawkeye career.

Metcalf, who is ranked first in the nation at 149, earned the weekly honor after winning his third straight title at the annual Midlands Championships in Evanston, IL, last week. He was named the Dan Gable Most Outstanding Wrestler for the tournament, and took home the Individual High Scorer Award for racking up 32.5 team points. Iowa won its 21st overall and third straight Midlands title with 168.5 points. Metcalf pinned three Midlands opponents, and recorded a technical fall and major decision before beating #2 Kyle Ruschell of Wisconsin, 9-2, in the finals.

Metcalf is undefeated (15-0) this season with 10 pins, going 9-0 in dual competition. His 41 career pins ranks 10th in Iowa school history. He scored team bonus points in 13 of his 15 victories, and has a career record of 87-2.

IOWA WINS 21ST MIDLANDS TITLE, CROWNS THREE CHAMPIONS

The Hawkeyes won their 21st overall and third straight Midlands Championships title with 168.5 points at the 47th annual tournament Dec. 30 in Evanston, IL. lowa State placed second with 144.5, while Central Michigan placed third with 118.0.

lowa went 3-3 in the finals, crowning three champions in redshirt freshman Matt McDonough (#3 seed at 125), and seniors Brent Metcalf (#1 seed at 149) and Jay Borschel (#1 seed at 174). It was Metcalf's third Midlands title and the first for McDonough and Borschel. Metcalf was named the Dan Gable Most Outstanding Wrestler for the tournament, and took home the Individual High Scorer Award, racking up 32.5 team points. Hawkeye redshirt freshman Nate Moore (133) earned the tournament's Fastest Fall Award, sticking his first opponent in 46 seconds.

University of Iowa Sports Information -- Traci Wagner, Wrestling Contact

WRESTLING WEEKLY RELEASE

PAGE 5

McDonough sparked a strong lowa start with a 9-7 win in sudden victory over #4 seed Andrew Long in the 125-pound title match. Down 5-2 at the end of the first period, McDonough scored an escape and takedown to tie the score at 5-5 in the second period. Long, who accumulated over one minute of riding time in the bout, scored an escape to start the third period to take a 6-5 lead. McDonough scored a takedown near the end of the third period to take a 7-6 lead, but Long's riding time point sent the match into sudden victory. McDonough scored a takedown in the first sudden victory period for the win. The Hawkeye redshirt freshman remains undefeated at 15-0 this season.

In a rematch of the 2008 Midlands title match, Metcalf won a 9-2 decision over #2 seed Kyle Ruschell of Wisconsin. The Hawkeye senior improved to 15-0 on the season, scoring team bonus points in five of his six Midlands matches.

Borschel picked up his 75th career victory with a 6-1 win over #2 seed Ben Bennett of Central Michigan in the finals. The Hawkeye senior scored a takedown and two nearfall points near the end of the first period, an escape early in the second period and accumulated over two minutes of riding time in the match. He is now undefeated at 14-0 this season and is a three-time Midlands placewinner. He placed second in 2007, and third in 2008 before winning the 2009 title.

Also placing for the Hawkeyes were seniors **Joe Slaton** (#4 seed at 141-3rd), **Ryan Morningstar** (#3 seed at 165-3rd), **Phillip Keddy** (#3 seed at 184-4th) and **Chad Beatty** (#5 seed at 197-3rd), sophomore **Montell Marion** (#9 seed at 141-6th), redshirt freshmen **Nate Moore** (133-6th) and **Grant Gambrall** (184-6th), and true freshman **Derek St. John** (157-5th). It is the first time that Beatty, Moore, Gambrall and St. John have placed at Midlands.

HAWKEYE WRESTLING TICKET INFORMATION

Tickets for Iowa's five remaining home meets are on sale at the University of Iowa Athletic Ticket Office at 1-800-464-2957, 319-335-9327 or **www.hawkeyesports. com.** Following are this season's prices.

Single Meet vs. Michigan State, Northwestern

Advance Purchase: \$10 - Adult, \$5 - Youth Door Purchase: \$12 - Adult, \$6 - Youth

Free Admission: UI students, Children ages 5 and under

Single Meet vs. Oklahoma State, Penn State and Ohio State

Advance Purchase: \$13 - Adult, \$7 - Youth, \$2 - Age 5 and under **Door Purchase:** \$15 - Adult, \$8 - Youth, \$2 - Age 5 and under

Free Admission: UI students

FORMER HAWKEYES HOLM, REILAND NAMED TO HALL OF FAME

Five former NCAA champions and one of the nation's finest wrestling officials will be inducted into the Glen Brand Wrestling Hall of Fame of Iowa, Class of 2010. The event will be held April 17 at 1 p.m. at the Dan Gable International Wrestling Institute and Museum in Waterloo, IA

Members of the Class of 2010 are Gordon Hassman, Chuck Jean, **Dan Holm**, Mike Allen, **Mark Reiland**, and Tolly Thompson.

THE LAST TIME IOWA...

Won a dual meet at home:

Dec. 10, 2009 - 48-3 vs. Northern lowa Lost a dual meet at home:

Jan. 5. 2008 - 19-14 vs. Oklahoma St.

Won a dual meet on the road:

Dec. 6, 2009 - 18-16 at Iowa State

Lost a dual meet on the road:

Feb. 4, 2007 - 24-13 at Penn State

Tied a dual meet:

Dec. 4, 1992 - 18-18 at Penn State

Shut-out an opponent in a dual meet:

Nov. 20, 2009 - 51-0 vs. SIUE

Was shut-out in a dual meet:

1965-66 - 39-0 vs. Oklahoma

Lost two consecutive dual meets:

Feb. 5, 2006 - 19-17 at Michigan St. Feb. 10, 2006 - 24-13 vs. Illinois

Scored 50 or more team points:

Nov. 20, 2009 - 51-0 vs. SIUE

Went undefeated for a season:

2008-09 - 24-0

Went undefeated in Big Ten duals:

2008-09 - 8-0

Had a losing season:

1966-67 - 7-8

HIGH/LOW FACTS

Placing at NCAA Meet

High: 1st - 22 times, last in 2009

Low: T32nd - 1971

Team Score at NCAA Meet

High: 170 points - 1997

Low (since 1962): 8 points - 1968

Placing at Big Ten Meet

High: 1st - 33 times, last in 2009

Low: 10th - 1929

Individual NCAA Champs

High: 5 - 1986 and 1997

Low: 0 - 40 times, last in 2009

All-Americans

High: 9 - 6 times, last in 1995 **Low:** 0 - 19 times, last in 1968

Individual Big Ten Champs

High: 9 - 1983

Low: 0 - 29 times, last in 2006

University of Iowa Sports Information -- Traci Wagner, Wrestling Contact

WRESTLING WEEKLY RELEASE

PAGE 6

The Glen Brand Wrestling Hall of Fame was established in 2002 to honor the people who have made an impact on the sport on a national level, or who have done extraordinary work in the State of Iowa. The hall recognizes native born Iowans, and those who achieved their fame while wrestling or coaching for an Iowa college. To date, 98 individuals have been honored by the hall. This is the ninth class.

The hall is named after Glen Brand, an NCAA champion for lowa State in 1948, who won an Olympic gold medal the same year, at 174 pounds in London. He graduated with a degree in civil engineering and by 1983 he owned two companies in Omaha – Brand Hydraulics and Brand Fluid Power. The companies had over 50 distributors around the world. He attended every hall of fame inductions, and passed away on Nov. 15, 2008, in Omaha, at the age of 85.

Holm was a three-time all-American at Iowa (1973-75). Placing third at the NCAA tournament in 1973 and 1974, he won an individual NCAA title in 1975. His title was part of the first NCAA team wrestling championship in school history.

Reiland two-time all-American at Iowa (1989, 1991), winning the 1991 NCAA title. He has also achieved excellence in coaching, leading the Iowa City West High School team to six state championships: four dual meet titles and two traditional state titles.

SENIOR LEADERSHIP

Iowa's 11 seniors - Chad Beatty, Jay Borschel, Daniel Dennis, Dan Erekson, Michael Fahrer, Phillip Keddy, Dan LeClere, Rick Loera, Brent Metcalf, Ryan Morningstar, Joe Slaton - bring a wealth of talent and experience to the mat.

The group has a combined career record of 584-208, going 346-109 in duals, 94-48 in Big Ten duals and 131-36 in Carver-Hawkeye Arena. The group has scored 1,409 team points in dual competition and has started a combined 458 dual matches. Iowa's seniors have won one NCAA individual title, three Big Ten individual titles, nine all-America honors and qualified for the NCAA Championships 16 times.

CHAMPIONSHIP EXPERIENCE

The Hawkeye wrestling staff of **Tom Brands**, **Terry Brands**, **Doug Schwab**, **Mike Zadick** and **Danny Song** earned a total of one Olympic gold medal, one Olympic bronze medal, six NCAA titles, 10 conference titles and 13 all-America honors.

WRESTLING SUMMER CAMPS

For dates and more information about 2010 lowa Wrestling Summer camps visit **www.iowawrestlingcamps.com**.

ALL IN THE FAMILY

On the 2009-10 Hawkeye wrestling team, there is one set of brothers, three wrestlers whose fathers wrestled at Iowa and two uncle-nephew combinations.

Junior Matt Ballweg (157) and redshirt freshman Mark Ballweg (133/141) are brothers who hail from Waverly, IA.

Senior **Rick Loera** (197), redshirt freshman **Matt McDonough** (125/133) and true freshman **Nick Trizzino** all had fathers who wrestled for the Hawkeyes. **George Loera** (1975-76) and **Mike McDonough** (1974-76) wrestled on the same team, while **Mark Trizzino** was an all-American (1984) and four-year letterwinner (1981-84) for the Hawkeyes.

Junior Luke Lofthouse (197) is the uncle of Hawkeye true freshman Ethen Lofthouse (174). Nick Trizzino's uncle, Scott Trizzino, was also a three-time all-American (1978-79-81) and four-time letterwinner (1977-79, 1981) for the Hawkeyes.

There have been 11 sets of brothers to wrestle together in the Hawkeye lineup since the 1950s. They are **Don** and **Tom Huff** (1961), **Mark** and **Scott Trizzino** (1981), **Lenny**, **Larry** and **Jim Zalesky** (1981-82), **Ed** and **Lou Banach** (1981-83), **Marty** and **Lindley Kistler** (1984-85), **Jim** and **John Heffernan** (1987), **Tom** and **Terry Brands** (1989-92), **Troy** and **Terry Steiner** (1991-93), **Ryan** and **Randy Fulsaas** (2001) and **Luke** and **Ty Eustice** (2003-04).

There have also been five sets of twins to wrestle at Iowa. They are Ed and Lou Banach, Tom and Terry Brands, Ben and Brett Stedman, Troy and Terry Steiner, and Randy and Ryan Fulsaas.

NCAA CHAMPIONSHIPS SET FOR OMAHA

The 2010 NCAA Wrestling Championships are scheduled for March 18-20 at the Qwest Center in Omaha, NE. The NCAA, University of Nebraska and the Omaha Sports Commission will co-host the event. Tickets to the event are available at (402) 422-1212 or www.ticketmaster.com.

Sessions one (11 a.m.) and two (6:30 p.m.) will be held Mar. 18, sessions three (10 a.m.) and four (6 p.m.) will be Mar. 19, and session five (10 a.m.) and the championship finals (6:30 p.m.) are set for Mar. 20. All times are Central.

UP NEXT

Top-ranked Iowa (9-0) will host #4 Oklahoma State (3-0-1) January 16 at 7 p.m. at Carver-Hawkeye Arena. It is a "Be Bold, Wear Gold" event, where fans are encouraged to wear gold attire to the meet.



University of Iowa Sports Information -- Traci Wagner, Wrestling Contact

WRESTLING WEEKLY RELEASE

PAGE 7

2009-10 HAWKEYE TOP FIVE STATISTICAL LEADERS

Collegiate Wins Technical Falls Dual Meet Team Points Scored _____16 1. Brent Metcalf (149) 1. Brent Metcalf (149)_____50 1. J.J. Krutsinger (125)_____3 2. Matt McDonough (125) _____15 2. Jay Borschel (174) ______47 Matt McDonough (125) _____3 Daniel Dennis (133) _____3 3. Jay Borschel (174) ______14 3. Matt McDonough (125) _____46 Grant Gambrall (184) _____14 4. Brent Metcalf (149)_____2 4. Daniel Dennis (133) ______36 5. Chad Beatty (197) 13 Philip Keddy (184)_____2 5. Phillip Keddy (184) ______33 5. Dan LeClere (141) 1 **Collegiate Winning Percentage Falls** 1. Brent Metcalf (149)_____10 1. Matt McDonough (125)1.000 (15-0) **Major Decisions** Daniel Dennis (133) 1.000 (8-0) 2. Jay Borschel (174) ______7 1. Matt McDonough (125) _____4 3. J.J. Krutsinger (125)______5 Brent Metcalf (149)____1.000 (16-0) Ryan Morningstar (165) _____4 Matt McDonough (125) _____5 Jay Borschel (174) _____ 1.000 (14-0) Chad Beatty (197) ______4 4. Daniel Dennis (133) ______3 5. Montell Marion (141) ____ .900 (9-1) Jordan Johnson (Hwt.) _____5 Jordan Johnson (Hwt.) .900 (9-1) Jay Borschel (174)_____ Phillip Keddy (184) ______3 **Fastest Fall Dual Wins** 1. Jay Borschel (174) ______ 0:13 Luke Lofthouse (197) ______3 1. Matt McDonough (125) _____9 2. Nate Moore (133) ______ 0:20 Blake Raising (Hwt.) 3 Brent Metcalf (149)_____9 3. Vinnie Wagner (184)_____ 0:36 4. Jordan Johnson (Hwt.) _____ 0:47 Jay Borschel (174) ______9 **Career Dual Starts** 4. Daniel Dennis (133) ______8 1. Ryan Morningstar (165) 72 5. Matt Ballweg (157) 0:53 2. Phillip Keddy (184) ______71 Chad Beatty (197) 8 3. Brent Metcalf (149)_____55 4. Daniel Dennis (133) _____51 **Dual Winning Percentage** 1. M. McDonough (125) 1.000 (9-0) Jay Borschel (174) _____51 Daniel Dennis (133) ____ 1.000 (8-0) Brent Metcalf (149)_____ 1.000 (9-0) Jay Borschel (174) _____ 1.000 (9-0) 5. Chad Beatty (197) ______.889 (8-1) Statistics are compiled from matches wrestled by attached competitors.

2009-10 IOWA DUAL STARTING LINEUPS

Opponent	125	133	141	149	157	165	174	184	197	Hwt.
*Coe	McDonough	Dennis	LeClere	Metcalf	Kerr	Morningstar	Borschel	Keddy	Beatty	Johnson
*Cornell College	McDonough	Dennis	LeClere	Metcalf	Kerr	Morningstar	Borschel	Keddy	Beatty	Johnson
*Iowa Lakes	McDonough	Dennis	LeClere	Metcalf	Kerr	Morningstar	Borschel	Keddy	Beatty	Johnson
*UNC Pembroke	McDonough	Dennis	LeClere	Metcalf	Kerr	Morningstar	Borschel	Keddy	Beatty	Johnson
*S. Illinois Edwardsville	McDonough	Dennis	LeClere	Metcalf	Kerr	Morningstar	Borschel	Keddy	Beatty	Johnson
at Bucknell	McDonough	Dennis	LeClere	Metcalf	Matt Ballw	eg Janssen	Borschel	Keddy	Beatty	Johnson
vs. Rutgers	McDonough	Dennis	LeClere	Metcalf	Janssen	Kerr	Borschel	Gambrall	Beatty	Johnson
at Iowa State	McDonough	Dennis	LeClere	Metcalf	Janssen	Morningstar	Borschel	Keddy	Beatty	Rasing
Northern Iowa	McDonough	Moore	Marion	Metcalf	Janssen	Morningstar	Borschel	Keddy	Beatty	Rasing

Bolded names = match winners, *Iowa City Duals

University of Iowa Sports Information -- Traci Wagner, Wrestling Contact

WRESTLING WEEKLY RELEASE

PAGE 8

2009-10 INDIVIDUAL SEASON STATISTICS

Career		Overall	Coll.	Dual	•		A Career			ТВ				Fastest
Wrestler, Wt.	Record	Record	Record		Record		Dual Starts							Fall
J.J. Krutsinger, 125	19-9	14-4	11-4	0-0	0-0	0-0	5	0	0-0	0-0	2-2			1:55
Matt McDonough, 125	15-0	15-0	15-0	9-0	0-0	6-0	9	46	1-0	0-0	4-0	3-0	5-0	1:06
Mark Ballweg, 133*	0-2	8-4	0-2	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-1	
Tyler Clark, 133*	0-0	5-2	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	
Daniel Dennis, 133	55-24	9-0	8-0	8-0	0-0	13-6	51	36	1-0	0-0	3-0	3-0	1-0	2:46
Nate Moore, 133	7-4	11-5	7-4	1-0	0-0	1-0	1	6	0-0	0-0	1-0	0-0	4-0	0:20
Nick Trizzino, 133*	0-0	8-4	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	
Dan LeClere, 141	37-15	9-3	8-3	7-1	0-0	10-2	32	30	0-1	0-0	2-0	1-0	2-0	2:57
Montell Marion, 141*	19-4	14-3	9-1	1-0	0-0	1-0	1	6	0-0	0-0	1-0	1-0	3-1	2:37
Joe Slaton, 141*	37-6	10-1	0-0	0-0	0-0	6-2	23	0	0-0	0-0	0-0	0-0	0-0	
Jeret Chiri, 149	0-2	1-2	0-2	0-0	0-0	0-0	0	0	0-0	0-0	1-0	0-0	0-0	
Brent Metcalf, 149	87-2	15-0	15-0	9-0	0-0	20-0	55	50	0-0	0-0	1-0	2-0	10-0	1:36
Ethan Sebert, 149*	0-0	1-2	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	
Matt Ballweg, 157	25-24	5-3	4-3	0-1	0-0	3-4	25	0	0-0	0-0	2-0	0-0	1-0	0:53
Stew Gillmor, 157*	3-2	0-2	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	
Aaron Janssen, 157/16	5 17-10	5-3	5-3	3-1	0-0	1-2	7	7	0-0	0-0	2-1	0-0	0-0	
Jake Kerr, 157/165	16-18	7-4	6-4	4-2	0-0	4-3	14	21	0-1	0-0	0-0	0-0	2-1	5:35
Derek St. John, 157*	0-0	21-4	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	
Joe DuCharme, 165*	0-0	4-2	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	
Ryan Morningstar, 165	91-34	11-2	11-2	6-1	0-0	20-7	72	30	2-0	0-0	4-0	1-0	3-0	1:43
Jay Borschel, 174	75-10	14-0	14-0	9-0	0-0	17-2	51	47	0-0	0-0	3-0	0-0	7-0	0:13
Ethen Lofthouse, 174*	0-0	15-6	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	
Grant Gambrall, 184	14-5	16-5	14-5	1-0	0-0	0-0	1	4	0-0	0-0	1-1	1-1	3-0	1:46
Phillip Keddy, 184	87-35	11-3	11-3	7-1	0-0	21-6	71	33	0-0	0-0	3-0	2-0	2-0	1:24
Tomas Lira, 184*	0-0	5-6	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	
Vinnie Wagner, 184	5-4	9-6	5-4	0-0	0-0	0-0	0	0	0-0	0-0	1-0	0-1	1-1	0:36
Chad Beatty, 197	46-22	13-2	13-2	8-1	0-0	13-3	45	31	0-0	0-0				2:31
Luke Lofthouse, 197	22-25	13-6	12-6	0-0	0-0	2-4	16	0	0-0	0-0	3-0	1-0	0-0	
Jordan Johnson, Hwt.	10-4	10-1	9-1	6-1	0-0	6-1	9	27	0-0	0-0	1-0	0-0	5-1	0:47
Blake Rasing, Hwt.	8-6	9-6	8-6	0-2	0-0	0-1	2	0	1-1		3-0			1:21
Totals	665-261	288-91	185-48	79-11	0-0	134-41	488	372	5-3	1-0	42-5	19-2	56-6	0:13

Coll. - Collegiate, CHA - Carver-Hawkeye Arena, SV - sudden victory, TB - tiebreak, MD - major decision, TF - technical fall, * - wrestling unattached, SV - sudden victory, TB - tiebreak, MD - major decision, TF - technical fall. * - wrestling unattached



University of Iowa Sports Information -- Traci Wagner, Wrestling Contact

WRESTLING WEEKLY RELEASE

PAGE 9

2009-10 DUAL TEAM POINTS SCORED BY WEIGHT													
Opponent	125	133	141	149	157	165	174	184	197	Hwt.	Total		
*Coe	5	6	4	6	0	3	6	3	3	3	39		
*Cornell College	5	5	6	6	6	6	6	5	6	6	57		
*Iowa Lakes	6	4	4	6	6	4	6	6	4	6	52		
*UNC Pembroke	4	5	4	6	3	5	6	5	3	6	47		
*S. Illinois Edwardsville	6	4	6	6	3	6	6	6	5	3	51		
at Bucknell	5	4	3	3	0	0	4	4	3	3	29		
vs. Rutgers	6	5	3	5	3	0	4	4	3	0	33		
at Iowa State	3	3	0	6	3	0	3	0	0	0	18		
Northern Iowa	6	6	6	6	4	6	6	4	4	0	48		
Totals	46	42	36	50	28	30	47	37	31	27	372		

^{* -} at Iowa City Duals

INDIVI	וום ואוום	AL RECORI	D RV WFIG	нт						
125	133	141	149	157	165	174	184	197	Hwt.	Total
9-0	9-0	8-1	9-0	7-2	6-3	9-0	8-1	8-1	6-3	79-11
<u>DUAL I</u>	PINS BY V	<u>VEIGHT</u>								
125	133	141	149	157	165	174	184	197	Hwt.	Total
4/0	2/0	3/0	7/0	2/0	3/0	6/0	2/0	1/0	3/1	33/1
		AL FALLS BY								
125	133	141	149	157	165	174	184	197	Hwt.	Total
3/0	3/0	1/0	1/0	0/0	1/0	0/0	2/0	1/0	0/0	12/0
<u>DUAL I</u>	MAJOR D	ECISIONS I	BY WEIGHT	[
125	133	141	149	157	165	174	184	197	Hwt.	Total
1/0	3/0	2/0	0/0	1/0	1/1	2/0	3/0	2/1	0/0	15/2
DUALI	DECICION	C DV WEIG	шт							
		S BY WEIG		4				40=		
125	133	141	149	157	165	174	184	197	Hwt.	Total
1/0	1/0	2/1	1/0	4/2	1/2	1/0	1/1	4/0	3/2	19/8
ו ואווח	וואווחפות	FICATIONS	/EOREFITS	S/INJURY D	FEALUTS P	V WEIGHT				
125	133	141	149	157	165	174	184	197	Hwt.	Total
		- :-								
0/0	0/0	0/0	0/0	0/0	0/0	0/0	0/0	0/0	0/0	0/0
TEAM	RECORD	AT DUAL S	TARTING V	VEIGHT						
125	133	141	149	<u> 157</u>	165	174	184	197	Hwt.	Total
9-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	9-0

University of Iowa Sports Information -- Traci Wagner, Wrestling Contact

WRESTLING WEEKLY RELEASE

PAGE 10

2009-10 DUAL MEET RESULTS

Iowa 39, Coe College 3 - Iowa City Duals - Nov. 20, 2009

125 - Matt McDonough (I) tech. fall Clayton Rush (C), 18-3 in 5:29

133 - Daniel Dennis (I) pinned Bryan Telgenhoff (C), 2:46

141 - Dan LeClere (I) maj. dec Jordan Westfall (C), 14-4

149 - Brent Metcalf (I) pinned Mark Carey (C), 1:45

157 - Dale Handley (C) dec. Jake Kerr (I), 4-3

165 - Ryan Morningstar (I) dec. Nick LeClere (C), 6-5

174 - Jay Borschel (I) pinned Seth Rehn (C), 1:25

184 - Phillip Keddy (I) dec. Tyler Burkle (C), 8-6

197 - Chad Beatty (I) dec. Rob Kramer (C), 11-5

Hwt. - Jordan Johnson (I) dec. Mitch Sander (C), 6-1

Iowa 57, Cornell College 0 - Iowa City Duals - Nov. 20, 2009

125 - Matt McDonough (I) tech. fall Timothy Hood (C), 18-1 in 4:18

133 - Daniel Dennis (I) tech. fall Alex Hughes (C), 24-7 in 6:40

141 - Dan LeClere (I) pinned Kevin Donahue (C), 5:15

149 - Brent Metcalf (I) pinned Jacob Schwebke (C), 4:35

157 - Jake Kerr (I) pinned Nicholas Loughlin (C), 5:54

165 - Ryan Morningstar (I) pinned Alex Riniker (C), 6:25

174 - Jay Borschel (I) pinned Cliff Robertson (C), 1:35

184 - Phillip Keddy (I) tech. fall Andrew Roberts (C), 20-5 in 5:37

197 - Chad Beatty (I) pinned Andrew Anderson (C), 2:31

Hwt. - Jordan Johnson (I) pinned Wyatt Bauman (C), 2:24

<u>Iowa 52, Iowa Lakes 0 - Iowa City Duals - Nov. 20, 2009</u>

125 - Matt McDonough (I) pinned Tim Francisco (IL), 1:06

133 - Daniel Dennis (I) maj. dec. Tim Thurston (IL), 12-2

141 - Dan LeClere (I) tech. fall Matt Catalano (IL), 25-10 in 6:21

149 - Brent Metcalf (I) pinned Victor DeJesus (IL), 1:46

157 - Jake Kerr (I) pinned Austin Lindsay (IL), 5:35

165 - Ryan Morningstar (I) maj. dec. Dan McGillivray (IL), 11-3

174 - Jay Borschel (I) pinned Rowan Stander (IL), 2:21

184 - Phillip Keddy (I) pinned Kaylen Hamlett (IL), 3:22

197 - Chad Beatty (I) maj. dec. Josh Marsh (IL), 22-8

Hwt. - Jordan Johnson (I) pinned Tyler Thoeny (IL), 0:47

<u>lowa 47, UNC Pembroke 0 - Iowa City Duals - Nov. 20, 2009</u>

125 - Matt McDonough (I) maj. dec. Russell Weakley (NCP), 13-3

133 - Daniel Dennis (I) tech. fall T.D. Thurston (NCP), 21-6 in 6:26

141 - Dan LeClere(I) maj. dec. Donovan Sweet (NCP), 12-0

149 - Brent Metcalf (I) pinned Brandon Bradley (NCP), 3:46

157 - Jake Kerr (I) dec. Rashaad Saunders (NCP), 2-0

165 - Ryan Morningstar (I) tech. fall Derving Rios (NCP), 18-3 in 6:10

174 - Jay Borschel (I) pinned J.J. Davis (NCP), 2:44

184 - Phillip Keddy (I) tech. fall John Sturrock (NCP), 17-2 in 6:35

197 - Chad Beatty (I) dec. Shane Nolan (NCP), 11-4

Hwt. - Jordan Johnson (I) pinned Erik Stancil (UNCP), 2:47

<u>Iowa 51, S. Illinois Edwardsville 0 - Iowa City Duals - Nov. 20, 2009</u>

125 - Matt McDonough (I) pinned Dustin Young (SIUE), 1:35

133 - Daniel Dennis (I) maj. dec. Brendan Murphy (SIUE), 19-8

141 - Dan LeClere (I) pinned Eric Biehl (SIUE), 2:57

149 - Brent Metcalf (I) pinned Kyle Lowman (SIUE), 4:40

157 - Jake Kerr (I) dec. Steve Ross (SIUE), 8-2

165 - Ryan Morningstar (I) pinned Eric Pretto (SIUE), 1:43

174 - Jay Borschel (I) pinned Tim Mahoney (SIUE), 0:13

184 - Phillip Keddy (I) pinned Sawyer Smith (SIUE), 1:24

197 - Chad Beatty (I) tech. fall Robert Cooney (SIUE), 18-3 in 4:47

Hwt. - Jordan Johnson (I) dec. David Devine (SIUE), 4-2

#1 Iowa 29, Bucknell 7 - Lewisburg, PA - Nov. 27, 2009

125 - Matt McDonough (I) tech. fall Derrik Russell (B), 19-4, 7:00

133 - Daniel Dennis (I) maj. dec. David Marble (B), 14-5

141 - Dan LeClere (I) dec. Zac Hancock (B), 9-5

149 - Brent Metcalf (I) dec. Kevin LeValley (B), 3-2

157 - Brantley Hooks (B) dec. Matt Ballweg (I), 6-1

165 - Andy Rendos (B) maj. dec. Aaron Janssen (I), 10-2

174 - Jay Borschel (I) maj. dec. Shane Riccio (B), 10-1

184 - Phillip Keddy (I) maj. dec. Rob Waltko (B), 12-4

197 - Chad Beatty (I) dec. Jay Hahn (B), 11-5

Hwt. - Jordan Johnson (I) dec. Joe McMullan (B), 7-3

#1 Iowa 33, Rutgers 9 - Lewisburg, PA - Nov. 27, 2009

125 - Matt McDonough (I) pinned Vinny Dellafave (R), 3:39

133 - Daniel Dennis (I) tech. fall Billy Ashnault (R), 20-5 in 7:00

141 - Dan LeClere (I) dec. Trevor Melde (R), 7-3

149 - Brent Metcalf (I) tech. fall Kellen Bradley (R), 20-5 in 6:27

157 - Aaron Janssen (I) dec. Braden Turner (R), 2-0

165 - Gregory Zanetti (R) dec. Jake Kerr (I), 8-6 SV

174 - Jay Borschel (I) maj. dec. Daniel Rinaldi (R), 16-3

184 - Grant Gambrall (I) maj. dec. Jesse Boyden (R), 11-3

197 - Chad Beatty (I) dec. Lamar Brown (R), 9-3

Hwt. - Dominick Russo (R) pinned Jordan Johnson (I), 1:24

lowa 18, Iowa State 16 - Ames, IA - Dec. 6, 2009

125 - Matt McDonough (I) dec. Andrew Long (ISU), 13-7

133 - Daniel Dennis (I) dec. Nick Fanthorpe (ISU), 10-8 SV

141 - Nick Gallick (ISU) dec. Dan LeClere (I), 8-6 SV

149 - Brent Metcalf (I) pinned Mitch Mueller (ISU), 5:50

157 - Aaron Janssen (I) dec. Andrew Sorenson (ISU), 8-6

165 - Jon Reader (ISU) dec. Ryan Morningstar (I), 4-3

174 - Jay Borschel (I) dec. Duke Burk (ISU), 10-4

184 - Jerome Ward (ISU) dec. Phillip Keddy (I), 5-3

197 - Jake Varner (ISU) maj. dec. Chad Beatty (I), 12-4

Hwt. - David Zabriskie (ISU) dec. Blake Rasing (I), 3-1 SV



University of Iowa Sports Information -- Traci Wagner, Wrestling Contact

WRESTLING WEEKLY RELEASE

PAGE 11

2009-10 DUAL MEET RESULTS

<u>Iowa 48, Northern Iowa 3 - Iowa City, IA - Dec. 10, 2009</u>

- 125 Matt McDonough (I) pinned Caleb Flores (UNI), 4:38
- 133 Nate Moore (I) pinned Ryan Jauch (UNI), 2:42
- 141 Montell Marion (I) pinned Trent Washington (UNI), 3:28
- 149 Brent Metcalf (I) pinned Trevor Kittleson (UNI), 3:49
- 157 Aaron Janssen (I) maj. dec. Tyson Reiner (UNI), 11-1
- 165 Ryan Morningstar (I) pinned David Bonin (UNI), 5:32
- 174 Jay Borschel (I) pinned Jarion Beets (UNI), 4:44
- 184 Phillip Keddy (I) maj. dec. Andy O'Loughlin (UNI), 14-5
- 197 Chad Beatty (I) maj. dec. Dustin Bauman (UNI), 15-5
- Hwt. Christian Brantley (UNI) dec. Blake Rasing (I), 3-2