

Iowa Softball

Summer Clinics 2013

Camps For Grades 4-7:

All-Skills Camp (Limited to 50 campers)

When: Monday August 5, 2013 9:00AM-2:00PM

Cost: \$95 (Lunch Included)

Inclement Weather: In case of bad weather, the camp will move to Thursday August 8 from 9:00AM-Noon

This camp will not cover pitching. The All-Skills Camp will provide position specific instruction for infielders, outfielders, and catchers. There will also be offensive instruction for hitters (and slappers). Because this camp is for the intermediate age group, a broad range of skills will be taught but there will be position specific instruction for the camper's primary position.

Camps for Grades 8-12:

Hitting Camp: 1st Option (Limited to 20 campers)

When: Tuesday August 6, 2013 9:00AM-Noon

Cost: \$70 *(There is a \$20 discount for registering for both Offensive and Defensive Camp)

Inclement Weather: In case of bad weather, the camp will move to Friday August 9 from 2:00PM-5:00PM

Hitting Camp: 2nd Option (Limited to 20 campers)

When: Wednesday August 7, 2013 2:00PM-5:00PM

Cost: \$70 *(There is a \$20 discount for registering for both Offensive and Defensive Camp)

Inclement Weather: In case of bad weather, the camp will move to Friday August 9 from 2:00PM-5:00PM

The High School hitting camp will help high school hitters (and slappers) refine swing techniques and give a base of knowledge, allowing the hitter to improve beyond the camp. Each camper will leave camp with an understanding of proper technique as well as areas of personal improvement.

Defensive Camp: 1st Option (Limited to 20 campers)

When: Tuesday August 6, 2013 2:00PM-5:00PM

Cost: \$70 *(There is a \$20 discount for registering for both Offensive and Defensive Camp)

Notes: There will be position specific instruction for catching, infield, and outfield. There will be no pitching instruction.

Inclement Weather: In case of bad weather, the camp will move to Friday August 9 from 9:00AM-Noon

Defensive Camp: 2nd Option (Limited to 20 campers)

When: Wednesday August 7, 2013 9:00AM-Noon

Cost: \$70 *(There is a \$20 discount for registering for both Offensive and Defensive Camp)

Notes: There will be position specific instruction for catching, infield, and outfield. There will be no pitching instruction.

Inclement Weather: In case of bad weather, the camp will move to Friday August 9 from 9:00AM-Noon

The High School defensive camp will give position specific instruction including throwing, fielding, receiving, and other position specific work. There will be an emphasis on position specialization.

*If there is inclement weather and a camp needs to be moved to the back-up time, you will be contacted via email. In addition, updates will be posted on the Iowa Softball website at <http://www.hawkeyesports.com/sports/w-softbl/iowa-w-softbl-body.html>.

Camp Lead Instructors:

Nicole Trimboli is in her 4th year as the head softball coach at Regis University in Denver, CO. She is an alumni of the University of Nebraska where she was an All-American and competed in the Women's College World Series. She is a 9 year veteran of the National Professional Fastpitch League where she played both infield and outfield during her career.

Stacy May-Johnson is in her 3rd year as the University of Iowa softball team's offensive coach. She is an Iowa Alumni as well as a 6 year veteran of the National Professional Fastpitch League and a 2 year veteran of the United States National team. She was named the USA softball female athlete of the year in 2011 and the NPF league MVP in 2008 and 2010.

Liability Waiver:

Each Camper must bring a completed liability waiver to camp. You will be prompted to print a liability waiver when you register for the camp online.

Registration:

Registration will be accepted online only. You can register online by going to <http://www.iowasoftballcamps.com>.

T-Shirts:

Each camp participant will receive 1 free camp T-shirt. Additional T-shirts and other Iowa Softball merchandise will be available for sale at the clinic.

Late Registration:

Registration received after **Monday July 29** will incur a fee of \$10.

Registration Close:

Registration will remain open until all camp spots are filled but registration received after Monday July 29 will incur a late fee of \$10.

What to Bring:

Bat, glove, helmet, batting gloves, spikes or cleats, catcher's gear, shorts, sweats, and weather appropriate clothes.

Refreshments:

Water will be provided.

Facility:

All clinics will be held at the University of Iowa's Pearl Field located at the corner of 1st Ave & 2nd St in Iowa City.

Per NCAA rules, all sports camps and clinics conducted by The University of Iowa are open to any and all entrants and enrollment is only limited based on age, grade level, gender, or number restrictions as specified by each camp.

Please direct all inquiries to:

Stacy May-Johnson (stacy-may@iowasoftball.com)