

September 2011

GYMHAWK NEWS

WE ARE THE HAWKEYES

Academic Honors:

During the 2010-2011 year, the Big Ten announced 34 University of Iowa Student-Athletes as Distinguished Scholars. The award honors Letter Winners who must be in at least their second year while obtaining a minimum GPA of 3.7. On the list that included 537 Student-Athletes, Women's Gymnastics had 18 honorees. Further, 3 GymHawks, Andrea Hurlburt, Annie Szatkowski, and Jessa Hansen, received this high honor.

UPCOMING EVENTS:

October 1, 2011:

Ponseti Races

2701 Prairie Meadow Drive
Iowa City, Iowa 52242

5K Registration: \$30 to benefit further research

The event is named after Dr. Ponseti, a world renowned doctor, who pioneered a non-surgical clubfoot correction method. The race brings together families that have benefited from his revolutionary technique.

The GymHawks will help to organize and entertain the children throughout the morning.

<http://www.uiortho.com/races/>

New Season, New Faces, Same Hawkeye Tradition

Welcome back fans, family, and alumni! The 2011-2012 year is underway, and we are excited that you will get to experience it with us. This year will mark Head Coach Larissa Libby's 12th year with the GymHawks as she continues to distinguish her team in the Big Ten Conference. During the 2011 season, Iowa was ranked as high as 14th in the Nation, and with the experience of 8 returning competitors along with 7 newcomers, the GymHawks will be looking to challenge some of the best teams in the country!

2012 Competition Schedule:

12/4/11	Black & Gold Intra-squad	H	2:00PM
1/06/12	Cancun Classic	A	TBA
1/13/12	vs. Michigan State	H	7:00PM
1/21/12	vs. Illinois (Co-ed)	H	5:00PM
1/27/12	at Iowa State	A	6:30PM
2/03/12	vs. Penn State	H	7:00PM
2/10/12	at Ohio State	A	6:00PM
2/17/12	vs. Iowa State	H	7:00PM
2/24/12	vs. Minnesota	H	7:00PM
3/03/12	TWU, BYU, & SEMO	A	7:00PM
3/09/12	vs. LSU	H	7:00PM
3/17/12	Denver, Minnesota, & ASU	A	6:00PM
3/24/12	Big Ten Championships	H	2:00PM
4/07/12	NCAA Regionals	A	TBA
4/20/12	NCAA Nationals	A	TBA

Introducing the Class of 2015

After graduating four decorated student-athletes in the class of 2011, Head Coach Larissa Libby has brought in seven new faces to join the eight returning Letter Winners. The new student-athletes includes Emily Bigras, Sydney Hoerr, Miranda Meyer, Jessica Morreale, Emma Willis, Sarah Wolford, and sophomore newcomer Gail Murphy. While the class comes from as near as Illinois, and as far as Florida and Canada, they all share a common mentality: They are 100% thrilled and committed to be IOWA HAWKEYES! While each freshman had individual decisions to make such as other school opportunities, continuing on their elite path towards to Olympics, or attending a university closer to home, Jessica Morreale

chose Iowa because she, "fell in love with the gymnastics team and coaches. They are truly everything I could ask for; friendly, hard working, inviting, and honest." After being on campus for about a month, their expectations have been surpassed, Sydney Hoerr appreciates the Iowa City culture, "It's not only my amazing coaches and teammates, it's everyone. The people in Iowa City are so humble and will go out of their way to make you feel welcomed and at home. Whether it is inside or outside of practice, the girls are beginning to find their niche. In the next few newsletters, we will individually feature each freshman, as they prepare to represent The University of Iowa GymHawks on the competition floor beginning in January of 2012.



L-R: Miranda (Oscar), Emily (Bigs), Sarah (Wolfpack), Jessica (Juicy), Sydney (Syd), and Emma (Brucey)

Stick It Contest

Want to be our profile picture on Facebook?
Want to win a Iowa Gymnastics prize pack?

Then we have the perfect opportunity for you! Log-on to the Iowa Women's Gymnastics fan page and click on the "Stick it! Contest" link located on the left side navigation bar. You will be able to submit photos at anytime and a winner will be selected every Friday and announced the following Monday. Each weekly winner will become the Iowa Women's Gymnastics profile picture for that week. At the end of each month, every weekly winner will be entered to win a Stick It prize pack. If you don't have a sticker yet, you can access a template on our 'Top Stick It Picks' album.



Show your Hawkeye spirit & be creative!

Fry Fest: A Celebration of all that is **HAWKEYE**

To kick off the Football season, Iowa hosted the annual Fry Fest event on September 2nd. The celebration began in 2009 and is dedicated to the legendary Hayden Fry. He introduced the Tigerhawk to the University and many consider him as the "greatest Hawkeye of all time". Fry coached from 1979-1998, and clinched 3 Big Ten titles, appeared in 3 Rose Bowls, and won 14 Bowl games. In 2003, Hayden Fry was inducted into the College Football Hall of Fame for his pursuit of excellence. This year, Fry Fest included events such as the Hawkeye trade show, pep rally, autograph sessions with current Hawkeyes (including the Women's Gymnastics Team), and a concert featuring country artist Josh Turner. Overall the event celebrates a winning tradition and brings together Hawkeye fans to build up for the 2011-2012 season.



To Follow The Hawks Visit:

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