

THE UNIVERSITY OF IOWA



HAWKEYE TRACK & FIELD



TRACK AND FIELD CONTACT: JORDAN BUCHER

JUNE 3, 2016

2016 IOWA TRACK & FIELD OUTDOOR SCHEDULE

Date	Meet
March 18-19	Baldy Castillo (Tempe, Arizona)
April 1-2	Stanford Invite (Palo Alto, California) Florida Relays (Gainesville, Florida)
April 8-9	Jim Click Shootout (Tucson, Arizona)
April 15-16	Jim Duncan Invitational (Des Moines, Iowa)
April 16	Texas Invitational (Austin, Texas)
April 23	Musco Twilight (Iowa City, Iowa)
April 28-30	Drake Relays (Des Moines, Iowa)
May 13-15	Big Ten Championships (Lincoln, Nebraska)
May 26-28	NCAA First Round (Lawrence, Kansas)
June 8-11	NCAA Championships (Eugene, Oregon)

IOWA COACHING STAFF

Joey Woody	Director of Track & Field
Layne Anderson	Head Cross Country Coach
Clive Roberts	Associate Head Coach
Jason Wakenight	Assistant Coach Director of Recruiting
Andrew Dubs	Assistant Coach
Molly Jones	Assistant Coach
Kate See	Director of Operations

NCAA OUTDOOR CHAMPIONSHIPS

The University of Iowa track and field team travels to Eugene, Oregon, to compete at the 2016 NCAA Outdoor Track and Field Championships from June 8-11.

Fourteen Hawkeyes advanced 13 events to the NCAA final site to compete in the championship field of 24. The championships are at Hayward Field on the campus of the University of Oregon and are set to begin Wednesday at 6:32 p.m. (CT) and conclude Saturday at 7:51 p.m.

FOLLOW THE HAWKEYES

Follow @IowaXC_TF on twitter for updates on the team. Links to live results can be found on the schedule page at hawkeyesports.com.

ON YOUR TELEVISION/COMPUTER

ESPNU will provide live coverage beginning Wednesday at 6:30 p.m. (CT) and Thursday at 6:30 p.m. Coverage turns to ESPN Thursday at 7 p.m. Friday's coverage begins at 7:30 p.m. on ESPN, and Saturday's coverage begins at 4 p.m. on ESPN.

HAWKEYE QUALIFIERS

Fourteen individuals qualified for a school-record 13 events at the 2016 NCAA Championships. The Hawkeyes are competing in 10 individual events -- eight running, two field -- and three relays. The 14 individuals ties the school record set in 2011, when eight men and six women competed at the NCAA Championships final site.

Six women punched their ticket to Eugene, Oregon, in 2016, including freshman Briana Guillory (200m, 4x1, 4x4), sophomore Jahisha Thomas (long jump), juniors Elexis Guster (400m, 4x1, 4x4), and Alexis Hernandez (4x1, 4x4), and seniors MonTayla Holder (400m hurdles, 4x4) and Lake Kwaza (4x1).

The Hawkeye men advanced eight student-athletes to the championship site, including freshmen Christian Brissett (4x1), Mar'yea Harris (400m), and Reno Tuufuli (discus), sophomore Carter Lilly (800m), juniors Aaron Mallett (110m hurdles, 4x1), Vinnie Saucer, Jr. (4x1), and Mitch Wolff (400m hurdles), and senior James Harrington (200m, 4x1).

QUALIFIERS/EVENT/SCHEDULE (CT)

Christian Brissett, Freshman (Wyncote, Pennsylvania)

4x1 -- Wednesday, 6:32 (s); Friday, 7:32 (f)

Brissett ran the second leg of the 400-meter relay to earn the ninth-fastest qualifying time in the West Regional (39.93). The freshman is making his first NCAA semifinal appearance, while his relay is making its four consecutive appearance. Iowa placed 12th in 2015, and sixth in 2014. The 2016 400-meter relay that enters the championships with a season-best time of 39.44 ranks third all-time.

Briana Guillory, Freshman (Antioch, California)

200 meters -- Thursday, 8:32 p.m. (s); Saturday, 6:32 p.m. (f)

4x1 -- Thursday, 6:32 p.m. (s), Saturday, 5:32 p.m. (f)

4x4 -- Thursday, 9:48 p.m. (s), Saturday, 7:51 p.m. (f)

Guillory is making her first NCAA semifinal appearance. She was named Big Ten Freshman of the Year, winning the 200 meters in 22.95, the second fastest time in school history, and running the second leg of the championship record- and the then-school-record-setting 1,600-meter relay (3:31.22). The relay improved on that time at the NCAA West Regional (3:30.97). She ran the third leg on the school-record setting 400-meter relay (44.04).

THE UNIVERSITY OF IOWA



HAWKEYE TRACK & FIELD



TRACK AND FIELD CONTACT: JORDAN BUCHER

Elaxis Guster, Junior (Atlanta, Georgia)

400 meters -- Thursday, 8:32 p.m. (s); Saturday, 6:32 p.m. (f)

4x1 -- Thursday, 6:32 p.m. (s), Saturday, 5:32 p.m. (f)

4x4 -- Thursday, 9:48 p.m. (s), Saturday, 7:51 p.m. (f)

Guster is returning to the NCAA final site in the 400 meters after a 17th place finish in (53.70) in 2015. She is a two-time Big Ten champion in the event, placing first in 2014 and 2015, and runner-up in 2016. Her PR is 51.85, which is second all-time in program history.

She is also competing in the 400-meter relay for the second time. Guster, Lake Kwaza, MonTayla Holder, and Brittany Brown placed 16th in 2014 to earn second-team All-America honors. Iowa's 1,600-meter relay is making a finals appearance for the first time since 2011.

James Harrington, Senior (Cedar Fall, Iowa)

200 meters -- Wednesday, 8:44 p.m. (s), Friday, 9:07 p.m. (f)

4x1 -- Wednesday, 6:32 (s); Friday, 7:32 (f)

Harrington is making his third straight appearance at the NCAA final site as a member of the 400-meter relay. He earned first-team All-America honors with a sixth-place finish in 2014, and second-team honors with a 12th-place finish in 2015. He runs the third leg of the 2016 relay and enters the semifinals with a season-best of 39.44, third all-time in school history.

Harrington is making his first career appearance in the 200 meters. He won his heat at the West Regional (20.72) to earn an automatic berth. His personal best of 20.50 ranks third in school history.

Mar'yea Harris, Freshman (Auburn, Washington)

400 meters -- Wednesday, 8 p.m. (s), 8:32 p.m. (f)

Harris is making his first NCAA semifinals appearance, and he is the first Hawkeye to qualify for the NCAA Championships' final site in the 400 meters since Steven Willey in 2010. Harris' PR of 45.76 ranks fourth in program history. He advanced to Eugene by winning his quarterfinal heat at the West Regional (46.16).

Alexis Hernandez, Junior (San Diego, California)

4x1 -- Thursday, 6:32 p.m. (s), Saturday, 5:32 p.m. (f)

4x4 -- Thursday, 9:48 p.m. (s), Saturday, 7:51 p.m. (f)

Hernandez is making her first appearance at the NCAA final site. She ran the lead leg on the Big Ten Championship 1,600-meter relay that broke the conference championships and then-school record (3:31:32). The relay improved on that time at the NCAA West Regional (3:30:97). She ran the anchor leg of the 400-meter relay at the Baldy Castillo in the 2016 season-opener, breaking the school record in 44.04.

MonTayla Holder, Senior (Indianapolis, Indiana)

400m hurdles -- Thursday, 6:32 p.m. (s), Saturday, 5:32 p.m. (f)

4x4 -- Thursday, 8:57 p.m. (s), Saturday, 6:57 p.m. (f)

Holder returns to Eugene in the 400-meter hurdles for the first time since making her debut as a sophomore in 2014, when she placed 23rd to earn All-American honorable mention. She missed qualifying as a junior by one spot (13th place) at the NCAA West Regional, but

2016 MEN'S OUTDOOR SEASON BESTS

Event	Name	Mark
100 Meters	James Harrington.....	10.31
110-M Hurdles.....	Aaron Mallett.....	13.48
200 Meters	James Harrington.....	20.57
400 Meters	Mar'yea Harris	45.76
400-M Hurdles.....	Noah Larrison	50.94
800 Meters	Carter Lilly.....	1:47.32
1,500 Meters	Michael Melchert	3:48.35
3,000-M Steeple. .	Daniel Gardarsson	9:25.84
5,000 Meters	Kevin Docherty	14:37.15
10,000 Meters	Michael Melchert	30:10.32
400-M Relay	Saucer, Jr., Brissett, Harrington, Mallett.	39.44
1,600-M Relay	Wolff, Harris, Lilly, Frye	3:05.72
High Jump.....	Kevin Spejcher	7-1 3/4 (2.18m)
Pole Vault	Andy Jastis	15-9 1/4 (4.81m)
Long Jump	Kerry Dean, Jr.....	23-1 3/4 (7.05m)
Triple Jump	Kerry Dean, Jr.....	48-3 1/2 (14.72m)
Shot Put.....	Reno Tuufuli.....	60-2 (18.34m)
Discus	Reno Tuufuli.....	199-2 (60.71m)
Javelin.....	Alex Balke	205-11 (62.77m)
Decathlon	William Dougherty.....	* 7,311 points

* - school record

MITCH WOLFF 2015 All-American 400m hurdles



THE UNIVERSITY OF IOWA



HAWKEYE TRACK & FIELD



TRACK AND FIELD CONTACT: JORDAN BUCHER

advances this year with the fifth-fastest time in the quarterfinals (57.12).

She ran the third leg of the Big Ten Championship and then-school-record 1,600 meter relay (3:31.22). The relay improved on that time at the NCAA West Regional (3:30.97).

Lake Kwaza, Senior (Sycamore, Illinois)

4x1 -- Thursday, 6:32 p.m. (s), Saturday, 5:32 p.m. (f)

Kwaza returns to the NCAA Championships as a member of the 400-meter relay for the first time since 2014, when Elexis Guster, Kwaza, Mon-Tayla Holder, and Brittany Brown placed 16th to earn second team All-America honors. Kwaza ran the lead leg on Iowa's school record-setting 400-meter relay at the 2016 season opener (44.04). She is No. 2 in the 100 meters on the school's all-time list (11.40).

Carter Lilly, Sophomore (Sioux City, Iowa)

800 meters -- Wednesday, 8:14 p.m. (s), 8, 8:32 p.m. (f)

Lilly ran the West Regionals seventh-fastest 800 meters (1:48.55) to advance to the NCAA semifinals for the first time in his career. He is the first Hawkeye to advance the final site in the 800 meters since Erik Sowinski placed runner-up in 2012. Lilly's all-time best of 1:47.32 ranks second in school history to Sowinski (1:45.90).

Aaron Mallett, Junior (St. Louis, Missouri)

110m hurdles -- Wednesday, 7:32 p.m. (s); Friday, 8:12 p.m. (f)

4x1 -- Wednesday, 6:32 (s); Friday, 7:32 (f)

Mallett is making his second appearance at the NCAA final site. He placed fifth last season in 13.40, setting a school record and earning first-team All-America honors. Mallett is a two-time defending Big Ten champion in the event, and a three-time All-American. He placed third in the 60-meter hurdles at the 2016 NCAA Indoor Championships, and sixth at the 2015 NCAA Indoor Championships.

He is on the men's 400-meter relay that enters the championships with a season-best time of 39.44, third all-time.

Vinnie Saucer, Jr., Junior (Valencia, California)

4x1 -- Wednesday, 6:32 (s); Friday, 8:47 (f)

Saucer ran the lead leg of the 400-meter relay to earn the ninth-fastest qualifying time in the West Regional (39.33). The junior is making his second NCAA semifinal appearance. The Hawkeyes placed 12th with Saucer on the lead leg in 2015. The 2016 400-meter relay that enters the championships with a season-best time of 39.44, third all-time.

Jahisha Thomas, Sophomore (London, United Kingdom)

Long Jump -- Thursday, 8 p.m. (f)

Thomas locked up her first NCAA championship berth in the women's long jump when she matched her personal-best 20-3 (6.17m) on her final jump of the NCAA West Regional. That mark stands fourth on Iowa's all-time list. The last Hawkeye women's long jumper to advance to the final site was Zinnia Miller, a first-team All-American in 2014.

Reno Tuufuli, Redshirt Freshman (Las Vegas)

2016 WOMEN'S OUTDOOR SEASON BESTS

Event	Name	Mark
100 Meters	Briana Guillory	* 11.35
100-M Hurdles	Jahisha Thomas	13.67
200 Meters	Briana Guillory	22.95
400 Meters	Elexis Guster	51.85
400-M Hurdles	Mon-Tayla Holder	56.70
800 Meters	Mahnee Watts	2:07.41
1,500 Meters	Tess Wilberding	4:30.75
400-M Relay	Kwaza, Guster, Guillory, Hernandez	* 44.04
1,600-M Relay	Hernandez, Guillory, Holder, Guster	* 3:30.97
High Jump	Madison Rouw	5-8 3/4 (1.75m)
	Khanishah Williams	5-8 3/4 (1.75m)
Pole Vault	Amy Smith	11-3 3/4 (3.54m)
Long Jump	Jahisha Thomas	19-11 (6.07m)
Triple Jump	Jahisha Thomas	42-3 1/2 (12.89m)
Javelin	Kayla Hochhalter	144-8 (44.90m)
Discus	Dakotah Goodell	161-6 (49.23m)
Hammer Throw	Leah Colbert	178-9 (54.49m)

* - school record

Mon-Tayla Holder 2014 All-American 400m hurdles, 4x1



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Discus -- Friday, 7:05 p.m.

Tuufuli, the Big Ten runner-up, put up his best mark of the day at the West Regional on his final throw (184-6, 56.24m) to earn the ninth qualifying spot from the West Region. His all-time best mark (199-2, 60.71) ranks fourth in school history.

Mitch Wolff, Junior (Plainfield, Illinois)

400m hurdles -- Wednesday, 8:30 p.m. (s); Friday, 6:57 p.m. (f)

Wolff is making his second consecutive appearance at the NCAA Championships. He placed 16h in 2015 to earn second-team All-America honors. His appearance marks the seventh time in eight years Iowa is represented in the 400-meter hurdles at the NCAA Championships. All-American Ray Varner qualified for the final site from 2009-10, and All-American Ethan Holmes represented Iowa from 2011-13.

POSTSEASON HONORS

The Big Ten Conference named freshman Briana Guillory 2016 Track and Field Freshman of the Year following the outdoor conference championships on May 17. The Antioch, California, native won a pair of gold medals at the Big Ten Championships, first in the open 200 meters and later as a member of the conference and school record-setting 1,600-meter relay.

Guillory is the first Hawkeye to earn Freshman of the Year honors since Peaches Roach in 2004.

Guillory was also one of 10 Hawkeyes named to an All-Big Ten team. She is joined on the first team by relay members Alexis Hernandez, MonTayla Holder, and Elexis Guster. The Iowa men's 400-meter relay -- including 110-meter hurdle champion Aaron Mallett, Vinnie Saucer, Jr., Christian Brissett, and James Harrington -- also earned first-team honors. They are joined by men's high jump champion Kevin Speicher.

Redshirt freshman Reno Tuufuli placed second in the men's discus to earn second-team all-conference honors.

SCHOOL RECORDS

The Hawkeyes set four school records heading into the NCAA Championships. The Iowa women have three new record holders, including freshman Briana Guillory (100 meters, 11.35), the 400-meter relay (44.04) and 1,600-meter relay (3:30.97). The 1,600-meter relay broke the school and Big Ten Conference record in their gold medal race at the conference championships on May 15.

William Dougherty set the men's decathlon record (7,311 points) at the Big Ten Championships. Dougherty set eight personal bests to finish fifth in the Big Ten, the highest finish ever for a Hawkeye decathlete. Dougherty is ranked 27th nationally, three spots outside of automatically qualifying for the NCAA finals in Eugene, Oregon.

IT'S A FIRST

The women advanced both the 400- and 1,600-meter relay to the NCAA Championships for the first time in school history. The three relays, one men/two women's, is also a first.

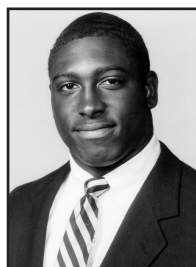
JAMES HARRINGTON 3RD NCAA FINALS APPEARANCE



ELEXIS GUSTER 3RD NCAA FINALS APPEARANCE



OUTDOOR ALL-TIME TOP 10 PERFORMERS



Jeremy Allen



Justin Austin



Matt Byers



Troy Doris



William Dougherty



Jeffery Herron



Gabe Hull

100 Meters

1. Justin Austin, 2011 10.21
2. George Page, 1996 10.25
3. **James Harrington, 2015 10.26**
4. Anthuan Maybank, 1994 10.31
- Tim Dwight, 1997 10.31
- Josh Larney, 2013 10.31
- Vinnie Saucer, Jr., 2015 10.31**
8. Bob Lawson, 1976 10.36
9. Robert Smith, 1984 10.39
10. Curtis Chang, 1987 10.40

110-Meter High Hurdles

1. **Aaron Mallett, 2015 13.40**
2. Pat McGhee, 1989 13.50
3. Dion Trowers, 1996 13.62
4. Ronnie McCoy, 1985 13.66
5. Ethan Holmes, 2011 13.73
6. Jordan Mullen, 2013 13.76
7. James Armstrong, 1991 13.89
8. Dan Davis, 2012 14.01
9. Doug Jones, 1986 14.06
10. **Chris Douglas, 2014 14.06**

200 Meters

1. Justin Austin, 2011 20.31
2. Jeff Patrick, 1983 20.47
3. **James Harrington, 2015 20.50**
4. Anthuan Maybank, 1994 20.55
5. Andre Morris, 1995 20.64
6. George Page, 1996 20.67
7. Terrence Duckett, 1982 20.74
8. Tim Dodge, 2002 20.78
9. Bashir Yamini, 1999 20.82
- O'Shea Wilson, 2014 20.82**

400 Meters

1. Anthuan Maybank, 1993 44.99
2. Andre Morris, 1995 45.15
3. Mike Mondane, 1967 45.20
4. **Mar'yea Harris, 2016 45.76**
5. Steven Willey, 2010 45.78
6. Gary Hollingsworth, 1963 46.30
7. **DeJuan Frye, 2016 46.41**
8. Harold Leonard, 1986 46.45
9. Tony Branch, 1999 46.60
10. Prince Riley, 2007 46.61

400-Meter Hurdles

1. Pat McGhee, 1988 48.83
2. Monte Raymond, 1998 50.09
3. Ray Varner, 2010 50.24
4. Paul Steele, 1989 50.45
5. Russell Peterson, 2001 50.50
6. Ethan Holmes, 2013 50.51
7. Adam Kunkel, 2001 50.73
8. Jon Reimer, 1967 50.94
- Noah Larrison, 2016 50.94**
10. **Mitch Wolff, 2016 50.96**

800 Meters

1. Erik Sowinski, 2012 1:45.90
2. **Carter Lilly, 2016 1:47.32**
3. Bill Frazier, 1962 1:47.64
4. D'Juan Strozier, 1990 1:47.82
5. Adam Hairston, 2011 1:48.10
6. **Will Teubel, 2015 1:48.60**
7. Michael Layne, 1999 1:49.61
8. Bill Thiesen, 1985 1:49.74
9. **Pavlo Hutsalyuk, 2016 1:49.94**
10. Ryan Weir, 2013 1:50.01

1,500 Meters

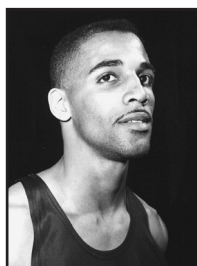
1. Jeff Thode, 2010 3:43.02
2. Joel Moeller, 1978 3:44.01
3. Jim Docherty, 1978 3:44.30
4. Sam Fourman, 2015 3:44.50
5. Dan Waters, 1986 3:46.35
6. Kevin Herd, 1994 3:46.64
7. John Clark, 1977 3:46.84
8. Ted Wheeler, 1956 3:48.24
9. **Michael Melchert, 2016 3:48.35**
10. **Kevin Docherty, 2016 3:49.04**

3,000-Meter Steeplechase

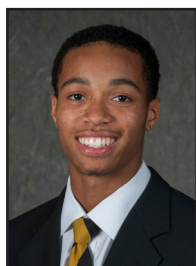
1. Deacon Jones, 1956 8:47.40
2. Steve Pershing, 1978 8:54.59
3. Andy Morris, 2000 8:56.21
4. Matt Gerard, 1994 8:57.01
5. Andy Napier, 2008 8:57.54
6. Rollie Kitt, 1967 9:02.90
7. Al Greene, 1985 9:02.96
8. Tony Rakaric, 2005 9:03.29
9. Mark Battista, 2010 9:04.60
10. Sean Gale, 1993 9:08.00

5,000 Meters

1. Micah VanDenend, 2007 13:49.31
2. Larry Wieczorek, 1968 13:56.00
3. Kevin Herd, 1993 13:59.00
4. Stetson Steele, 2000 14:02.76
5. Kevin Lewis, 2014 14:02.78
6. Eric MacTaggart, 2005 14:04.79
7. Dan Haut, 2006 14:07.30
8. Jesse Luciano, 2010 14:08.71
9. Matt Esche, 2006 14:12.07
10. Jeff Thode, 2011 14:12.40

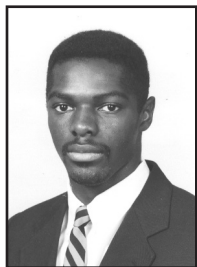


Deacon Jones



Aaron Mallett

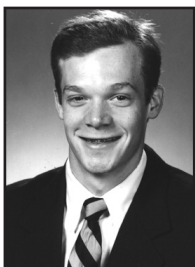
OUTDOOR ALL-TIME TOP 10 PERFORMERS



Anthuan Maybank



Erik Sowinski



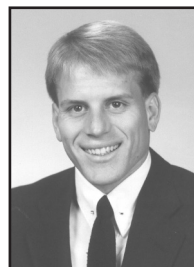
Stetson Steele



Jeff Thode



Micah VanDenend



Todd Wigginton



**Arno
van der Westhuizen**

10,000 Meters

1. Stetson Steele, 2000..... 28:44.47
2. Eric MacTaggart, 2006..... 28:50.23
3. Kevin Lewis, 2015..... 28:59.62
4. Nick Nordheim, 2002..... 29:44.71
5. Trent Corey, 2002..... 29:45.25
6. Chad Schwitters, 1999..... 29:56.00
7. Nick Holmes, 2010..... 30:02.31
8. Dan Haut, 2006..... 30:03.08
9. Kevin Herd, 1994..... 30:05.21
10. Paul Sarris, 2001..... 30:08.40

Decathlon

1. **William Dougherty, 2016 7,311 pts**
2. Kyle Reid, 2013..... 7,203 pts
3. Jack Eckert, 2015..... 7,087 pts
4. Dan Rolling, 2010..... 6,957 pts
5. Scott Faber, 2000..... 6,839 pts
6. Ryan Niver, 2008..... 6,837 pts
7. Chad Ohly, 1994..... 6,641 pts
8. Gary Kostrubala, 1984..... 6,498 pts
9. Frank Prill, 2008..... 6,381 pts
10. Jacob Drewry, 1994..... 5,820 pts

High Jump

1. Jeffery Herron, 2012..... 7-4 1/4 (2.24)
2. Bill Hansen, 1978..... 7-4 (2.23)
- Bill Knoedel, 1975..... 7-4 (2.23)
4. **Kevin Speicher, 2014..... 7-2 1/2 (2.20)**
5. M. Cunningham, 1986..... 7-1 (2.16)
- Kenneth Lansing, 1988..... 7-1 (2.16)
7. Pat Meade, 1987..... 7-0 1/4 (2.14)
8. Graham Valdes, 2012..... 6-11 3/4 (2.12)
9. Peter Hlavin, 1979..... 6-11 (2.11)
- Scott Hudek, 1993..... 6-11 (2.11)
- Jeremy Petsche, 2008..... 6-11 (2.11)
- Brandon Oest, 2012..... 6-11 (2.11)

Pole Vault

1. Todd Wigginton, 1984..... 17-0 (5.18)
2. Chad Ohly, 1994..... 16-8 3/4 (5.10)
- Kyle Reid, 2013..... 16-8 3/4 (5.10)
4. Curt Broek, 1978..... 16-8 (5.08)
5. Phil Wertman, 1971..... 16-7 (5.05)
- Kelly Scott, 1988..... 16-7 (5.05)
7. John Teffer, 1972..... 16-2 (4.93)
8. Alex Zona, 2009..... 16-0 3/4 (4.90)
9. Steve Brewer, 1983..... 16-0 (4.88)
- Doug Pennino, 1985..... 16-0 (4.88)

Long Jump

1. Anthuan Maybank, 1993..... 27-1 (8.25)
2. Bashir Yamini, 1997..... 26-8 1/4 (8.13)
3. Paul Jones, 1989..... 25-10 1/4 (7.88)
4. Darren Smith, 1991..... 25-9 3/4 (7.86)
5. Quinn Early, 1986..... 25-7 1/4 (7.80)
6. Ed Gordon, 1931..... 25-4 3/8 (7.68)
7. **O'Shea Wilson, 2014..... 25-2 (7.67)**
8. Matty Gorman, 2006..... 25-1 1/4 (7.65)
9. Ronnie McCoy, 1985..... 25-0 (7.62)
10. Jeffery Herron, 2010..... 24-9 (7.54)

Triple Jump

1. Troy Doris, 2012..... 54-8 (16.66)
2. Babatunde Amosu, 2015..... 53-10 (16.15)
3. Paul Jones, 1990..... 53-9 (16.38)
4. **Klyvens Delaunay, 2013 . 52-2 1/2 (15.91)**
5. Gordon Finch, 1988..... 50-9 1/4 (15.47)
6. Mike Lacy, 1984..... 50-5 (15.36)
7. Pat Miller, 1985..... 49-8 1/2 (15.25)
8. Matty Gorman, 2008..... 49-2 1/2 (15.00)
9. Owen Gill, 1982..... 49-1 (14.96)
10. Josh Bean, 2010..... 48-10 3/4 (14.90)

Shot Put

1. Jeremy Allen, 2001..... 63-2 3/4 (19.27)
2. Ken Kemeny, 2005..... 62-3 (18.97)
3. Shane Maier, 2006..... 62-2 1/4 (18.95)
4. Andy Banse, 2005..... 61-11 1/2 (18.88)
5. John Hickey, 2008..... 61-9 1/2 (18.83)
6. **Reno Tuufuli, 2016..... 60-2 (18.34)**
7. Chris Gambol, 1987..... 60-0 1/2 (18.30)
8. A.J. Curtis, 2008..... 59-8 1/4 (18.19)
9. Gabe Hull, 2014..... 59-4 1/4 (18.09)
10. A. van der Westhuizen, 2000 58-8 3/4 (17.90)

Discus

1. Gabe Hull, 2014..... 207-1 (63.11)
2. A.J. Curtis, 2007..... 202-11 (61.84)
3. Gary Kostrubala, 1986..... 202-4 (61.68)
4. **Reno Tuufuli, 2016..... 199-2 (60.71)**
5. Jeremy Allen, 2001..... 195-4 (59.54)
6. Tim Brodersen, 2005..... 193-6 (58.98)
7. Brad Daufeldt, 2004..... 185-0 (56.40)
8. Nick Brayton, 2009..... 180-11 (55.15)
9. Andy Banse, 2005..... 180-0 (54.86)
10. Eric Rothwell, 2004..... 179-7 (54.73)

Hammer

1. A. van der Westhuizen, 2001 222-11 (67.94)
2. Adam Hamilton, 2007..... 222-2 (67.73)
3. Jim Costello, 2002..... 217-7 (66.32)
4. Brad Daufeldt, 2004..... 207-10 (63.34)
5. Chris Voller, 2005..... 206-0 (62.80)
6. Matt Banse, 2012..... 201-11 (61.55)
7. Jeremy Allen, 2001..... 199-0 (60.66)
8. Ben Stancombe, 2011..... 197-6 (60.20)
9. Ryan Jordan, 2007..... 184-6 (56.23)
- Mark Shapveld, 2009..... 184-6 (56.23)

Javelin

1. Matt Byers, 2011..... 245-8 (74.89)
2. Bill Neumann, 2002..... 244-8 (74.58)
3. Dan Ralph, 2000..... 227-10 (69.44)
4. **Sam Joens, 2015..... 211-5 3/4 (64.45)**
5. Zach Schimp, 2010..... 211-0 (64.32)
6. **Alex Balke, 2016..... 205-11 (62.77)**
7. Kale Katt, 2007..... 204-0 (62.17)
8. Joel Storm, 2004..... 203-5 (62.01)
9. Matt Stank, 2001..... 199-0 (60.66)
10. Jack Eckert, 2015..... 188-9 (57.53)

OUTDOOR ALL-TIME TOP 10 PERFORMERS



Kineke Alexander



Meghan Armstrong



Marta
Bote Gonzalez



Brittany Brown



Nan Doak



Briana Guillory



Aisha James

100 Meters

1. Briana Guillory, 2016	11.35
2. Lake Kwaza, 2015	11.40
3. Brittany Brown, 2015	11.42
4. Vivien McKenzie, 1985	11.45
5. Davera Taylor, 1984	11.51
6. Erica Broomfield, 1998	11.53
7. Jiselle Providence, 2001	11.57
8. Tanja Reid, 1994	11.60
Peaches Roach, 2005	11.60
10. Yolanda Hobbs, 1995	11.62

100-Meter Hurdles

1. Tiffany Johnson, 2007	13.20
2. Karessa Farley, 2009	13.53
3. C. Prendergast, 1999	13.60
Paula Ruen, 2000	13.60
5. Sarah Steffen, 2002	13.65
6. Jahisha Thomas, 2016	13.67
7. Ruqayya Raheem, 1998	13.90
8. Heaven Chandler, 2016	13.91
9. Brenda Calhoun, 1984	13.94
10. Wynsome Cole, 1997	14.10

200 Meters

1. Brittany Brown, 2015	22.89
2. Briana Guillory, 2016	22.89
3. Elexis Guster, 2016	23.03
4. Lake Kwaza, 2016	23.17
5. Shellene Williams, 2004	23.50
6. Kineke Alexander, 2006	23.58
7. Davera Taylor, 1984	23.59
8. Vivien McKenzie, 1985	23.61
9. Yolanda Hobbs, 1995	23.65
10. Erin Jones, 2012	23.71

400 Meters

1. Kineke Alexander, 2006	51.35
2. Elexis Guster, 2016	51.85
3. Shellene Williams, 2004	51.94
4. Ashley Liverpool, 2012	52.47
5. Ellen Grant, 1996	52.65
6. Alexis Hernandez, 2016	53.82
7. Senta Hawkins, 1988	54.01
Bethany Praska, 2011	54.01
9. Marlene Poole, 1994	54.03
10. Briana Guillory, 2016	54.22

400-Meter Hurdles

1. Mary Knoblauch, 1981	56.16
2. Wynsome Cole, 1998	56.67
3. MonTayla Holder, 2016	56.70
4. Chris Davenport, 1981	59.18
5. Hannah Simonson, 2012	59.54
6. Sarah Steffen, 2002	59.59
7. Tiffany Hendricks, 2011	59.63
8. Nicole Erickson, 2012	59.77
9. Beverly Powell, 1991	59.96
10. Kelsey Quinn, 2012	59.99

800 Meters

1. Bethany Praska, 2011	2:03.78
2. Kay Stormo, 1982	2:05.67
3. Michelle Lahann, 2004	2:06.79
4. Katharina Trost, 2015	2:07.09
5. Mahnee Watts, 2016	2:07.41
6. Aisha Hume, 2005	2:08.50
7. Adrienne Alexia, 2013	2:08.61
8. Jeanne Kruckeberg, 1987	2:08.75
9. Kaitlyn Nelson, 2013	2:08.83
10. Ann Pare, 1997	2:09.25

1,500 Meters

1. Meghan Armstrong, 2006	4:17.41
2. Betsy Flood, 2010	4:17.75
3. Jeanne Kruckeberg 1989	4:19.71
4. McKenzie Melander, 2012	4:20.22
5. Lauren Hardesty, 2009	4:20.40
6. Diane Nukuri, 2007	4:20.95
7. Penny O'Brien, 1985	4:21.43
8. Kay Stormo, 1982	4:22.24
9. Michelle Lahann, 2004	4:24.00
10. Shannon Stanley, 2006	4:25.08

3,000 Meters

1. Diane Nukuri, 2008	9:18.82
2. Penny O'Brien, 1985	9:20.61
3. McKenzie Melander, 2012	9:21.59
4. Betsy Flood, 2010	9:22.63
5. Nan Doak, 1985	9:23.04
6. Tracy Dahl, 1992	9:23.53
7. Meghan Armstrong, 2006	9:28.03
8. Brooke Eilers, 2011	9:30.08
9. Jeanne Kruckeberg, 1989	9:30.69
10. Jennifer Brower, 1992	9:34.59

3,000-Meter Steeplechase

1. Marta Bote Gonzalez, 2015	10:23.15
2. Danielle Berndt, 2011	10:26.54
3. Jessica Schmidt, 2008	10:27.18
4. Sarah Arens, 2004	10:34.50
5. Hannah Roeder, 2011	10:35.22
6. Kelsey Hart, 2011	10:47.56
7. Katie Ellis, 2010	11:02.62
8. Michelle Lahann, 2003	11:16.21
9. Becca Thompson, 2003	11:19.50

5,000 Meters

1. Nan Doak, 1985	15:45.84
2. McKenzie Melander, 2012	15:57.13
3. Diane Nukuri, 2008	15:59.39
4. Betsy Flood, 2011	16:04.46
5. Meghan Armstrong, 2008	16:08.83
6. Brooke Eilers, 2011	16:11.86
7. Mareike Schrulle, 2013	16:12.66
8. Jenny Spangler, 1983	16:17.21
9. Tracy Dahl, 1992	16:18.77
10. Racheal Marchand, 2008	16:27.02



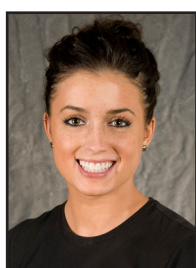
Tiffany Johnson



Tammilee Kerr



Diane Nukuri



Bethany Praska

OUTDOOR ALL-TIME TOP 10 PERFORMERS



Alana Redfern



Peaches Roach



Annemie Smith



Jessie Strand



Majesty Tutson



Lisa Van Steenwyk



Renee White

10,000 Meters

1. Diane Nukuri, 2008 33:17.01
2. Jennifer Brower, 1991 33:23.38
3. Meghan Armstrong, 2008 33:28.00
4. Nan Doak, 1985 33:33.03
5. Jenny Spangler, 1983 33:39.24
6. Racheal Marchand, 2008 34:05.87
7. McKenzie Melander, 2012 34:29.83
8. Tracy Dahl, 1992 34:30.09
9. Betsy Flood, 2011 35:05.10
10. Nikki Chapple, 2004 35:06.35

Heptathlon

1. Tammilee Kerr, 2008 5,633 pts
2. Kathy Gillespie, 1983 5,262 pts
3. Tiff Pedersen, 2004 4,976 pts
4. Janet Adams, 1981 4,855 pts
5. Sarah Ryan, 2012 4,819 pts
6. Ruqayya Raheem, 1997 4,665 pts
7. Angela Chadwick, 1993 4,493 pts
8. Kassidy Ellis, 2014 4,242 pts
9. Missy Miller, 2010 4,227 pts
10. Angie Hensel, 2004 4,073 pts

High Jump

1. Peaches Roach, 2006 6-1 1/4 (1.86)
2. Mary Mol, 1983 6-0 (1.83)
3. **Khanishah Williams, 2013 5-11 1/4 (1.81)**
4. Caleigh Bacchus, 2010 5-10 (1.78)
5. Lynn McMillan, 1988 5-9 1/4 (1.76)
6. **Madison Rouw, 2016 5-8 3/4 (1.75)**
7. Kacey Childs, 2001 5-8 1/2 (1.74)
8. Kristi Dinkla, 1985 5-8 (1.73)
- Becky Kaza, 1995 5-8 (1.73)
- Eve Cullinan, 2003 5-8 (1.73)

Pole Vault

1. Jessie Strand, 2003 12-10 1/4 (3.92)
2. Sarah Burgett, 2006 12-1 3/4 (3.70)
3. Kirsten Weismantle, 2011 12-0 (3.66)
4. Katie Truedson, 2010 11-5 1/4 (3.49)
5. **Amy Smith, 2016 11-3 3/4 (3.45)**
6. Gina Shannon, 2001 11-2 1/4 (3.41)
7. Brittany Holst, 2013 11-1 (3.38)
8. Elyssa Tracy, 2015 10-6 (3.20)
9. Kacey Childs, 2000 8-0 1/2 (2.45)

Long Jump

1. Aisha James, 2003 22-3 (6.78)
2. Zinnia Miller, 2014 20-6 1/2 (6.26)
3. Renee White, 2008 20-3 3/4 (6.19)
4. **Jahisha Thomas, 2016 20-3 (6.17)**
5. Carisa Leacock, 2014 19-11 3/4 (6.09)
6. Becki Borg, 1988 19-7 1/4 (5.97)
7. Kassidy Ellis, 2015 19-6 1/4 (5.95)
8. Lisa Moats, 1986 19-6 (5.95)
9. Tammilee Kerr, 2008 19-4 1/4 (5.90)
10. Yolanda Hobbs, 1993 19-2 1/2 (5.85)

Triple Jump

1. Renee White, 2008 43-10 3/4 (13.36)
2. **Jahisha Thomas, 2016 42-3 1/2 (12.89)**
3. Zinnia Miller, 2014 42-0 1/2 (12.81)
4. Tiffany Johnson, 2007 41-8 3/4 (12.72)
5. Carisa Leacock, 2012 40-10 1/2 (12.46)
6. Becki Borg, 1988 40-7 1/2 (12.38)
7. **T. Seawater-Simmons, 2016 40-7 1/2 (12.38)**
8. Lynn McMillan, 1988 39-6 1/2 (12.05)
9. Lynn, 1998 39-0 (11.88)
10. Kacey Childs, 2001 37-8 (11.48)

Shot Put

1. Lisa Van Steenwyk, 1992 50-8 (15.44)
2. Gail Smith, 1984 50-3 1/4 (15.32)
3. Denise Taylor, 1992 50-1 3/4 (15.28)
4. Kamesha Marshall, 2005 48-6 3/4 (14.80)
5. Laura Kriener, 1990 48-2 1/2 (14.69)
6. Jennifer Gilson, 2002 47-10 (14.58)
7. Rachel Curry, 2013 47-9 1/4 (14.56)
8. Jennifer Moon, 2000 47-5 1/4 (14.46)
9. Courtney Fritz, 2014 46-6 1/4 (14.18)
10. Mandy Chandler, 2006 46-0 (14.02)

Discus

1. Majesty Tutson, 2013 181-1 (55.19)
2. **Dakotah Goodell, 2014 169-4 (51.62)**
3. Tiffany Medenwaldt, 2010 .. 161-3 (49.16)
4. Denise Taylor, 1992 160-5 (48.90)
5. Amanda Stahle, 2014 159-3 (48.54)
6. Lisa Van Steenwyk, 1991 159-1 (48.50)
7. Gail Smith, 1983 158-2 (48.22)
8. Ashlyn Gulvas, 2011 154-11 (47.23)
9. Courtney Fritz, 2012 154-1 (46.96)
10. Kamesha Marshall, 2005 ... 152-11 (46.62)
- Lindsay Herra, 2015 152-11 (46.60)**

Javelin

1. Alana Redfern, 2003 181-5 (55.30)
2. Tammilee Kerr, 2008 163-5 (49.81)
3. Mandy Beck, 1999 153-4 (46.74)
4. **Dakotah Goodell, 2015 153-3 1/4 (46.71)**
5. Terri Soldan, 1983 152-6 1/4 (46.48)
6. **Kayla Hochhalter, 2015 152-6 (46.48)**
7. Shani Renning, 1990 152-3 (46.40)
8. Clara Simon, 1981 149-9 (45.64)
9. Janet Adams, 1984 148-7 (45.28)
10. Amanda Stahle, 2014 148-0 (45.11)

Hammer Throw

1. Annemie Smith, 2015 200-1 1/2 (60.99)
2. Jasmine Simpson, 2013 197-7 (60.23)
3. Becca Franklin, 2007 195-0 (59.45)
4. Ashlyn Gulvas, 2014 192-9 (58.75)
5. **Leah Colbert, 2015 178-9 (54.49)**
6. Kelsey Taylor, 2011 177-0 (53.95)
7. Tiffany Medenwaldt, 2010 171-11 (52.40)
8. Erin O'Hern, 2008 168-9 (51.45)
9. Chelsea Colpitts, 2013 162-5 (49.51)
10. Kerri Blackstone, 1999 161-10 (49.32)

MEN'S OUTDOOR ALL-TIME TOP 10 RELAYS

400-Meter Relay

1. Mincy, **Wilson, Harrington**, Brown, 2014..... 39.19
2. Mincy, Austin, E. Holmes, Larney, 2013 39.31
3. **Saucer, Jr., Brissett, Harrington, Mallett, 2016 39.44**
4. Beecham, Duckett, Greer, R. Smith, 1984 39.48
5. **Brissett, Harris, Harrington, Mallett, 2016 39.53**
6. Mullen, Austin, E. Holmes, Larney, 2013 39.66
- Saucer, Jr., Thompson, Harrington, Mallett, 2015..... 39.66**
8. **Saucer, Jr., Mallett, Harrington**, Brown, 2015 39.67
9. Page, Davis, Rozell, Morris, 1996..... 39.73
- Brown, **Harrington**, Mincy, **Wilson**, 2014..... 39.73
- Thompson, Brissett, Harrington, Mallett, 2016..... 39.73**

Shuttle Hurdle Relay

1. McGhee, Armstrong, Falls, Stelle, 1989 57.80
2. Wigginton, Jones, Lacey, McCoy, 1985 59.77
3. 1975 1:05.20

800-Meter Relay

1. **Thompson, Brissett, Harrington, Ganschow, 2016 1:23.36**
2. Richardson, Sayon, Richards, Chaney, Jr., 2009 1:24.85
3. Harrington, Thompson, VanCleave, Mallett, 2014 1:24.86
4. Austin, Brown, Larney, VanCleave, 2013 1:25.60
5. Barclay, McCalister, Jensen, Elliott, 1979..... 1:26.39
6. Thomas, Balkrishnan, Patterson, Freidrich 1991 1:28.38
7. Balkrishnan, Patterson, Thomas, Freidrich, 1991 1:29.04

1,600-Meter Relay

1. Morris, Davis, Page, Rozell, 1995..... 3:03.11
2. Branch, Dwight, Dodge, Yamini, 1999 3:03.29
3. Ferree, Frazier, Mondane, Reimer, 1967 3:04.10
4. Rozell, Morris, Davis, Yamini, 1996..... 3:04.71
5. Willey, Barton, Richards, Sowinski, 2010..... 3:05.61
6. **Wolff, Harris, Lilly, Frye, 2016..... 3:05.72**
7. Richards, Davey, E. Holmes, Sowsinski, 2012 3:05.77
8. Cameron, Williams, McGhee, McCoy, 1985 3:06.00
9. Rozell, Davis, Dwight, Raymond, 1997 3:06.06
- Dodge, Kunkel, Coleman, Peterson, 2001 3:06.06

Sprint Medley Relay

1. McCorkle, Jones, Chung, Strozier, 1990 3:15.64
2. Sayon, Austin, Willey, Sowinski, 2011 3:16.18
3. Richards, Larney, Davey, Sowinski, 2012 3:17.25
4. Richardson, Richards, Willey, Sowinski, 2010..... 3:17.74
5. **Saucer, Jr., Brissett, Harris, Lilly, 2016 3:18.53**
6. Armstrong, Thomas, Maybank, Strozier, 1991 3:18.93
7. Yamini, Davis, Dodge, Donovan, 1999..... 3:19.87
8. Richards, Chaney, Jr., Barton, Hairston, 2009 3:20.05
9. **Harrington, Mallett**, Davey, **W. Teubel**, 2014..... 3:20.08
10. McCorkle, Armstrong, Chung, Strozier, 1990 3:20.43

3,200-Meter Relay

1. Schum, Christensen, Steffen, Criswell, 1971 7:18.60
2. Hairston, Prom, Thode, Sowinski, 2011..... 7:23.77
3. Corrigan, Blackman, Strozier, Chambers, 1989 7:29.00
4. **Melchert, Dorman, Lilly, Larrison, 2016..... 7:30.32**
5. **Lilly, Dorman, W. Teubel**, Davey, 2015..... 7:31.48
6. Willey, Braff, Sowinski, Hairston, 2009 7:33.08
7. Tweedy, Gajewski, Linden, O'Hollearn, 2005 7:33.12
8. Cunningham, Tweedy, S. Allen, Thomas, 2001 7:34.12
9. Long, Tweedy, Dziubski, O'Hollearn, 2004 7:35.10
10. 1999 7:36.43

Distance Medley Relay

1. Pershing, Moeller, Slack, Docherty, 1978 9:39.94
2. Kuczwara, Barton, Hairston, Thode, 2011 9:41.37
3. N. Holmes, Van Cleave, Sowinski, Thode, 2012..... 9:41.59
4. Young, Barton, Kuczwara, Luciano, 2010..... 9:42.97
5. Prom, Davey, Weir, Witt, 2013..... 9:53.83
6. Theisen, Williams, Wiesa, Waters, 1985 9:54.04
7. Wilfong, Slaymaker, **Teubel**, Witt, 2013 9:54.05
8. Luciano, Pierre, Hairston, VanDenend, 2007..... 9:54.07
9. VanDenend, Riley, O'Hollearn, Rakaric, 2006..... 9:54.97
10. Feeldy, Eischeid, Novotny, Peters, 1996 9:55.71

6,400-Meter Relay

1. Pershing, Fuller, Moeller, Docherty, 1978..... 16:27.70
2. Rakaric, Webster, MacTaggart, VanDenend, 2006..... 16:55.43
3. Lewis, Witt, **Hart**, Fourman, 2015 16:58.44
4. **Price, Eklin, Gardarsson, Docherty, 2016 17:00.30**
5. Paul, Kadlec, Thode, Luciano, 2010 17:01.46
6. Witt, Lewis, **Hart**, Butler, 2014 17:01.65
7. N. Holmes, Witt, Thode, Lewis, 2012 17:02.26
8. Thomas, Allen, Rakaric, Lloyd, 2003 17:06.27
9. Pittman, Novotny, Feeldy, Marquardt, 1995 17:12.49
10. Bakker, Feeldy, Peters, Pittman, 1996 17:13.10

WOMEN'S OUTDOOR ALL-TIME TOP 10 RELAYS

400-Meter Relay

1.	Kwaza, Guster, Guillory, Hernandez, 2016	44.04
2.	Kwaza, Guster, Chapman, Guillory, 2016	44.41
3.	Kwaza, Guster, Hernandez, Brown, 2014	44.51
4.	Kwaza, Guster, Holder, Brown, 2014	44.62
5.	Poole, Reid, Floyd, Hobbs, 1994	44.63
6.	Charles, Williams, Providence, James, 2003	44.71
	Brown, Kwaza, Ellis, Holder, 2015	44.71
8.	Floyd, Hobbs, Poole, Reid, 1994	44.80
9.	Thomas, Guster, Chapman, Guillory	44.88
10.	Holder, Guster, Kwaza, Brown, 2015	44.93

Shuttle Hurdle Relay

1.	Prendergast, Cole, Raheem, Ruen, 1998	56.44
2.	Cole, Prendergast, Raheen, Ruen, 1998	56.54
3.	Raheen, Prendergast, Cole, Ruen, 1998	57.53

800-Meter Relay

1.	Hobbs, Reid, Floyd, Poole, 1994	1:35.69
2.	Roach, McCalla, Alexander, Johnson, 2006	1:36.19
3.	Chapman, Roberts-Lewis, Champe, Brown, 2016	1:36.98
4.	Williams, Charles, Fouché, Providence, 2003	1:37.49
5.	Herrmann, McCalla, Raymond, Roach, 2004	1:37.66
6.	Charles, Dixon, Knight, Prendergast, 2002	1:38.15
7.	Prendergast, Dixon, Knight, Providence, 2001	1:38.73
8.	Trusty, Hendricks, Graham, Erickson, 2009	1:38.79
9.	Dixon, Knight, Prendergast, Providence, 2001	1:38.93
10.	Dixon, Providence, Knight, Charles, 2001	1:39.68

1,600-Meter Relay

1.	Hernandez, Guillory, Holder, Guster, 2016	3:30.97
2.	Guster, Guillory, Holder, Hernandez, 2016	3:32.63
3.	Holder, Guillory, Hernandez, Guster, 2016	3:33.25
4.	Guster, Hernandez, Holder, Kwaza, 2014	3:34.83
5.	Praska, Hendricks, Liverpool, Erickson, 2011	3:35.93
6.	Guster, Watts, Hernandez, Kwaza, 2014	3:36.09
7.	Hume, Charles, Steffen, Williams, 2003	3:36.26
8.	Kwaza, Guster, Hernandez, Holder, 2014	3:36.40
9.	Simsonson, Liverpool, Erickson, Sack, 2012	3:37.57
10.	Guster, Watts, Holder, Kwaza, 2014	3:37.73

Sprint Medley Relay

1.	Jones, Hendricks, Liverpool, Praska, 2011	3:48.63
2.	Brown, Kwaza, Guster, Watts, 2014	3:51.18
3.	Kwaza, Guster, Holder, Watts, 2016	3:52.62
4.	Kwaza, Brown, Guster, Trost, 2015	3:53.29
5.	Kwaza, R. Moore, Holder, Alexia, 2013	3:54.51
6.	Trusty, R. Moore, Hendricks, Praska, 2010	3:56.53
7.	Reid, Philip, Hobbs, Benning, 1995	3:56.54
8.	Roach, Alexander, McCalla, Stanley, 2005	3:56.99
9.	Kwaza, R. Moore, Alexia, Nelson, 2013	3:58.72
10.	Clarke, Graham, Jones, Poncé, 2007	3:59.34

3,200-Meter Relay

1.	Suppelsa, Wodek, Kruckeberg, Schneckloth, 1987	8:46.45
2.	Lahann, Stanley, Hume, Barber, 2004	8:48.87
3.	Schneckloth, Roberts, Hawkins, Kruckeberg, 1989	8:49.38
4.	Trost, Maser, Alexia, Nelson, 2014	8:49.95
5.	Nelson, Watts, Wilberding, Sindt, 2016	8:51.90
6.	Flood, Dlh, L. Hardesty, Docherty, 2009	8:53.91
7.	Armstrong, Stanley, Laney, Hume, 2005	8:54.27
8.	O'Brien, Camarigg, Williams, Stormo, 1981	8:54.36
9.	Flood, Melander, Praska, Hardesty, 2010	8:54.45
10.	Drapcho, Schlader, Williams, Stormo, 1980	8:56.14

Distance Medley Relay

1.	Hoskins, Powell, Schneckloth, Kruckeberg, 1989	11:22.18
2.	Armstrong, Alexander, Poncé, Stanley, 2007	11:25.05
3.	Stanley, McCalla, Hume, Armstrong, 2005	11:34.04
4.	Barber, Williams, Hume, Arens, 2004	11:34.56
5.	Thompson, Williams, Hume, Arens, 2003	11:39.02
6.	2000	11:39.83
7.	Schrulle, Erickson, Placzek, Eilers, 2012	11:40.57
8.	Davenport, xx, xx, xx, 1981	11:41.44
9.	Pare, Grant, Benning, Gilchrist, 1997	11:41.92
10.	Dlh, Erickson, Docherty, Anderson, 2010	11:43.06

6,400-Meter Relay

1.	Flood, Melander, A. Hardesty, L. Hardesty, 2010	19:05.63
2.	Nukuri, Marchand, Henize, Armstrong, 2008	19:15.42
3.	Flood, Laesch, Ranegar, Melander, 2012	19:16.73
4.	Flood, Eilers, Melander, L. Hardesty, 2011	19:17.52
5.	Flood, Melander, A. Hardesty, Eilers, 2009	19:36.43
6.	Scott, Gordon, Schrulle, Gambrall, 2013	19:41.15
7.	Jones, Bote Gonzalez, Wilberding, Reischmann, 2015 ...	19:59.72
8.	Maser, Price, Wilberding , Montuclard, 2014	20:23.27
9.	Chapple, Laney, Donlon, Sokol, 2005	20:39.12
10.	Arens, Barber, Butler, Roberts, 2001	20:40.89