

# IOWA HAWKEYES



University of Iowa Athletic Communications --Brandee Britt, Cross Country Contact

## CROSS COUNTRY WEEKLY RELEASE

Nov. 8, 2011

### 2011 Cross Country Season Schedule

- 9/2 Iowa Open (M/W)  
*Men: W, 18-39 Women: L, 23-32*
- 9/16 Iowa Invite(M/W)  
*Men: W, 15-48 Women: W, 15-47*
- 9/24 Roy Griak Invite (M)  
*Men: 18/24, 482*
- 10/01 Loyola Lakefront Invite (W)  
*Women: 1/45, 27*
- 10/15 Chile Pepper Festival (M)  
*Men: 9/32, 220*
- 10/14 Wisconsin Adidas Invite (W)  
*Women: 18/44, 489*
- 10/30 Big Ten Championships (M/W)  
*Men: 10/11, 260 Women: 6/12, 149*
- 11/12 NCAA Midwest Regional (M/W)  
(DeKalb, Ill.)**
- 11/19 NCAA Championship(M/W)  
*(Terre Haute, Ind.)*

### 2011 Cross Country Quick Facts

#### General Information

**Location:** .....Iowa City, Iowa  
**Enrollment:**..... 30,893  
**Conference:**.....Big Ten  
**Facility:** ..... Ashton Cross Country Course

#### Coaching Information

**Head Men's Coach:**..... Larry Wiczorek  
**Year at Iowa:** ..... 25th  
**Alma Mater, Year:**..... Iowa, 1969

**Head Women's Coach:**.....Layne Anderson  
**Year at Iowa:**..... 9th  
**Alma Mater, Year:**.....The Citadel, 1989

#### Media Information

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\* Find coach and student-athlete bios, schedules, results and features at hawkeyesports.com.

### THIS WEEK

The University of Iowa men's and women's cross country teams are set to compete in the NCAA Midwest Regional. The event will be held Saturday in DeKalb, Ill.

### NCAA MIDWEST REGIONAL

The NCAA Midwest Regional will be hosted by the Northern Illinois University. The men's 10K race is scheduled to begin at 12 p.m. before the women's 6K race at 1:15 p.m. The top two teams from every region will advance automatically to the national meet. The rest of the 31-team field (13 at-large) will be announced on Sunday, no later than 7 p.m. ET.

### 2010 NCAA MIDWEST REGIONAL

Two Hawkeyes earned NCAA All-Region honors last year as both the men and women placed seventh at Newman Golf Course in Peoria, Ill. Flood placed ninth with her collegiate best 6K performance (20:22.71). It was Flood's first all-region honor. Thode placed fifth overall with a school record time of 29:55.78 in the 10K event.

### IN THE RANKINGS

Both the men's and women's cross country teams are ranked in the USTF-CCCA Regional rankings. The men's team is ranked 15th in the Midwest Region, while the women are ranked fourth.

### SPORTSMANSHIP HONOREES

Iowa graduate student Mareike Schrulle and junior Cameron Rieger were both named 2011 Big Ten sportsmanship honorees. Athletes named to the list are individuals who have distinguished themselves through sportsmanship and ethical behavior. These student-athletes must also be in good academic standing and have demonstrated good citizenship outside of the sports-competition setting.

### MELANDER MAKES AN IMPACT

Senior McKenzie Melander has finished first for the Hawkeyes in each of their last two meets. Melander finished 44th overall at the Wisconsin Adidas Invitational, before finishing 13th at the Big Ten Championships with a time of 20:41, 10 seconds faster than her previous race. That time ranks 6th all-time at Iowa. Melander's performance earned her second team all-Big Ten honors.

### THODE CONTINUES STREAK

All-American junior Jeff Thode continued his personal streak of 10 straight meets as Iowa's top finisher. Thode will try to continue his streak this Saturday at the NCAA Midwest Regional.

### UP NEXT

The 2011 NCAA Championships will be held on Nov. 21 in Terre Haute, Ind.

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