FRIDAY, MARCH 13

SATURDAY, MARCH 14

All times listed are Mountain Schedule is subject to change

TRACK EVENTS

TIME	EVENT	DIVISION	ROUND
5:15 PM	800 Meters	Women	Pentathlon
5:20 PM	Mile	Men	Semifinal
5:35 PM	Mile	Women	Semifinal
5:50 PM	60 Meters	Men	Semifinal
6:00 PM	60 Meters	Women	Semifinal
6:10 PM	400 Meters	Men	Semifinal
6:25 PM	400 Meters	Women	Semifinal
6:40 PM	60 Hurdles	Men	Semifinal
6:50 PM	60 Hurdles	Women	Semifinal
7:00 PM	800 Meters	Men	Semifinal
7:10 PM	800 Meters	Women	Semifinal
7:20 PM	5000 Meters	Men	Final
7:40 PM	200 Meters	Men	Semifinal
7:55 PM	5000 Meters	Women	Final
8:15 PM	200 Meters	Women	Semifinal
8:30 PM	Distance Medley Relay	Men	Final
8:45 PM	Distance Medley Relay	Women	Final

FIELD EVENTS

TIME	EVENT	DIVISION	ROUND
5:00 PM	Shot Put	Women	Prelims & Final
5:15 PM	Long Jump	Men	Prelims & Final
5:15 PM	Pole Vault	Men	Final
6:55 PM	Long Jump	Women	Prelims & Final
7:05 PM	Shot Put	Men	Prelims & Final

HEPTATHLON EVENTS

TIME	EVENT	DIVISION	ROUND
11:00 AM	60 Meters	Men	Heptathlon
11:40 AM	Long Jump	Men	Heptathlon (2 runways)
12:50 PM	Shot Put	Men	Heptathlon (1 ring)
2:30 PM	High Jump	Men	Heptathlon (2 pits)

PENTATHLON EVENTS

TIME	EVENT	DIVISION	ROUND
11:15 AM	60 Hurdles	Women	Pentathlon
12:10 PM	High Jump	Women	Pentathlon (2 pits)
2:15 PM	Shot Put	Women	Pentathlon (1 ring)
3:45 PM	Long Jump	Women	Pentathlon (2 runways)
5:15 PM	800 Meters	Women	Pentathlon

TRACK EVENTS

TIME	EVENT	DIVISION	ROUND
4:00 PM	1000 Meters	Men	Heptathlon
4:10 PM	Mile	Men	Final
4:20 PM	Mile	Women	Final
4:30 PM	60 Meters	Men	Final
4:40 PM	60 Meters	Women	Final
4:50 PM	400 Meters	Men	Final
5:00 PM	400 Meters	Women	Final
5:10 PM	60 Hurdles	Men	Final
5:20 PM	60 Hurdles	Women	Final
5:30 PM	800 Meters	Men	Final
5:40 PM	800 Meters	Women	Final
5:50 PM	200 Meters	Men	Final
6:00 PM	200 Meters	Women	Final
6:10 PM	3000 Meters	Men	Final
6:25 PM	3000 Meters	Women	Final
6:40 PM	4x400 Relay	Men	Final
6:55 PM	4x400 Relay	Women	Final

FIELD EVENTS

TIME	EVENT	DIVISION	ROUND
1:15 PM	High Jump	Men	Final
1:15 PM	High Jump	Women	Final
2:00 PM	Weight Throw	Men	Prelims & Final
3:30 PM	Triple Jump	Women	Prelims & Final
4:00 PM	Pole Vault	Women	Final
4:30 PM	Weight Throw	Women	Prelims & Final
5:00 PM	Triple Jump	Men	Prelims & Final

HEPTATHLON EVENTS

TIME	EVENT	DIVISION	ROUND
10:00 AM	60 Hurdles	Men	Heptathlon
11:00 AM	Pole Vault	Men	Heptathlon (1 runway)
4:00 PM	1000 Meters	Men	Heptathlon