

IOWA HAWKEYES



University of Iowa Athletic Communications – Jordan Bucher, Cross Country Contact

CROSS COUNTRY WEEKLY RELEASE

Aug. 27, 2014

2014 SCHEDULE

Date	Opponent (Location)	Time
8/29	at Bulldog 4K Classic (Des Moines, Iowa).....	5 p.m.
9/12	at Illinois State Invitational (Normal, Ill.)	TBA
9/20	Big Ten Preview (Iowa City, Iowa).....	TBA
10/03	at Notre Dame Invitational (South Bend, Ind.)...	TBA
10/18	at Pre-National Invitational (Terre Haute, Ind.)...	TBA
11/02	Big Ten Championships (Iowa City, Iowa) ..	TBA
11/14	NCAA Midwest Regional (Peoria, Ill.).....	TBA
11/22	NCAA Championships (Terre Haute, Ind.).....	TBA

All times are Central and subject to change.

Home events in **BOLD**.

2014 QUICK FACTS

General Information

Location: Iowa City, Iowa
Enrollment: 31,498
Conference: Big Ten
Facility: Ashton Cross Country Course

Coaching Information

Head Coach: Layne Anderson
Year at Iowa: 12th
Alma Mater, Year: The Citadel, 1989

Volunteer Assistant Coach: John Michael Brandt

Year at Iowa: 1st
Alma Mater, Year: Iowa, 2013

Media Information

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FOLLOW THE HAWKS

Facebook: U of I Cross Country and Track & Field

Twitter: @IowaXC_TF

Instagram: iowaxctf

*Follow the Hawkeyes for updates on the team throughout the 2014 season.

THIS WEEK

The University of Iowa men's and women's cross country teams kick off the 2014 season at the Bulldog 4K Classic on Friday. The meet will be held at Ewing Park in Des Moines, Iowa. The women's 4,000 meter race begins at 5 p.m. (CT). The men's 4,000 meter race follows at 5:45 p.m.

TRAVEL INFORMATION TO EWING PARK

Due to heavy construction taking place near Ewing Park, spectators are advised to travel southbound along SE 14th Street and turn left onto Army Post Road heading eastbound before taking another left onto Indianola Road northbound.

IN THE RANKINGS

The men's cross country appeared in the latest USTFCCA Regional rankings released on Monday. The Hawkeyes are currently ranked 15th in the Midwest Region.

A GLIMPSE INTO THE 2014 SEASON

The Iowa women's cross country team returns its top five finishers from the 2013 Big Ten Championships and NCAA Midwest Regional -- sophomores Katie Adams and Tess Wilberding, junior Courtney Martin, and seniors Shannon Maser and Rachel Price. Junior Lisa Gordon, who returns from an injury, is also expected to contribute.

LEWIS OUT IN FRONT

Senior Kevin Lewis returns as the Hawkeyes' top finisher from the 2013 season, leading the team in each of his five competitions. Lewis posted three personal best times in the 6,000, 8,000, and 10,000 meters, including a 15th place finish at the NCAA Regional. Lewis currently owns the eighth best 6,000 meters time in school history, which he recorded at the 2013 Black & Gold Invitational.

HEAD COACH LAYNE ANDERSON

Layne Anderson is in his 12th year as the head coach for the Iowa women's cross country and track and field teams. Anderson will also serve as the head coach for the men's cross country team this season.

HAWKEYE NEWCOMERS

The Iowa women's cross country team has six newcomers to its 2014 roster -- Marta Bote Gonzalez, Anna Eisenzimmer, Taylor Majher, Kara Neustrom, Anne Reischmann, and Elizabeth Niedert. Freshmen Michael Melchert and Daniel Gardarsson are new additions to the men's roster.

VOLUNTEER ASSISTANT COACH JON MICHAEL BRANDT

Jon Michael Brandt joins the program as the new volunteer assistant coach after competing for the Hawkeyes in cross country and track and field from 2010 - 13. Brandt was a five-time letterwinner for the Hawkeyes, finishing his collegiate career with a 15th place finish at the Big Ten Outdoor Championships in the 10,000 meters.

2014 BIG TEN CHAMPIONSHIPS

The Hawkeyes host the Big Ten Championships on Nov. 2 at the Ashton Cross Country Course. Prior to the event, Iowa will host the Big Ten Preview on Sept. 20. This year's meet marks the 100th anniversary of the Big Ten Men's Cross Country Championships.

UP NEXT

The Hawkeyes travel to Normal, Illinois to compete at the Illinois State Invitational on Sept. 12.

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Men's Top 10 All-Time Best Performers

6,000 Meters

1. Eric MacTaggart 18:18 2005 Hawkeye Invite
2. Jeff Thode 18:21 2009 Hawkeye Invite
3. Dan Haut 18:24 2005 Hawkeye Invite
4. Jeff Kent 18:27 2005 Hawkeye Invite
5. Nick Holmes 18:30 2009 Hawkeye Invite
6. Adam Roche 18:33 2005 Hawkeye Invite
Sam Bailin 18:33 2009 Hawkeye Invite
Kevin Lewis 18:33 2013 Iowa Invite
9. Jesse Luciano 18:40 2008 Hawkeye Invite
10. Tommy Tate 18:41 at 2006 Early Bird Invite

8,000 Meters

1. Jesse Luciano 23:01 at 2008 Auburn Invite
2. Micah VanDenend 23:39 at 2006 Pre-Nationals
3. Eric MacTaggart 23:24 at 2008 Auburn Invite
4. Jeff Thode 23:27 at 2010 Bradley Classic
5. Sam Bailin 23:36 at 2008 Auburn Invite
6. Tommy Tate 23:46 at 2008 Auburn Invite
7. Mark Battista 23:48 at 2008 Auburn Invite
8. Andy Napier 23:56 at 2008 Auburn Invite
9. Brendan Camplin 24:01 at 2008 Auburn Invite
10. Bruce MacTaggart 24:04 at 2008 Auburn Invite

10,000 Meters

1. Jeff Thode 29:55 at 2010 NCAA Regional
2. Matt Esche 30:10 at 2002 NCAA Regional
3. Jesse Luciano 30:17 at 2008 NCAA Champ's
4. Micah VanDenend 30:26 at 2002 NCAA Regional
5. Kevin Herd 30:28 1993
6. Joe Welter 30:28 at 2002 NCAA Regional
7. Tony Rakaric 30:31 at 2002 NCAA Regional
8. Dan Haut 30:39 at 2002 NCAA Regional
9. Alex Webster 30:40 at 2006 NCAA Regional
10. Nick Holmes 30:43 at 2011 Chili Pepper Festival

Ashton Cross Country Course Records

Women's 3,000 Meters

Diane Nukuri, Iowa - Hawkeye Open - 9/9/06 9:47

Women's 4,000 Meters

Diane Nukuri, Iowa - Hawkeye Open - 9/15/07 13:14

Women's 6,000 Meters

Danette Doetzel, Michigan State - B1G Champ's - 10/31/04 20:33

Men's 6,000 Meters

Eric MacTaggart, Iowa - Hawkeye Invitational - 9/2/05 18:18

Men's 8,000 Meters

Simon Bairu, Wisconsin - Big Ten Champ's - 10/31/04 23:45

Men's 10,000 Meters

Antonio Vega, Minnesota - NCAA Regional - 11/12/05 30:52

Women's Top 10 All-Time Best Performers

3,000 Meters

1. Diane Nukuri 9:47 2006 Hawkeye Open
2. Meghan Armstrong 10:01 2006 Hawkeye Open
3. Brooke Eilers 10:15 2010 Iowa Invite
4. Besty Flood 10:18 2010 Iowa Invite
5. Amanda Hardesty 10:21 2009 Hawkeye Invite
Lauren Hardesty 10:21 2010 Hawkeye Invite
7. Kelsey Hart 10:22 2011 Iowa Invite
8. Shannon Stanley 10:25 2006 Hawkeye Open
Krista Anderson 10:25 2006 Hawkeye Open
Racheal Marchand 10:25 2008 Hawkeye Invite

4,000 Meters

1. Diane Nukuri 13:14 2007 Hawkeye Open
2. Kayla Beattie 13:41 2012 Toledo Bubble Buster
3. Megan Ranegar 13:45 2012 Toledo Bubble Buster
4. Meghan Armstrong 13:47 2007 Hawkeye Open
Mareike Schrulle 13:47 2012 Toledo Bubble Buster
6. Nicole Benson 13:52 2012 Toledo Bubble Buster
7. Jolly Burke 14:03 2007 Hawkeye Open
8. Nikki Chapple 14:09 2004 Hawkeye Triangular
9. Krista Anderson 14:14 2007 Hawkeye Open
10. Lisa Gordon 14:17 2012 Toledo Bubble Buster

5,000 Meters

1. Diane Nukuri 15:55 at 2007 Auburn Invite
2. Racheal Marchand 16:15 at 2008 Auburn Invite
3. Meghan Armstrong 16:25 at 2007 Auburn Invite
4. Nan Doak 16:31 at 1983 Big Ten Champ's
5. Jolly Burke 16:33 at 2007 Auburn Invite
6. Jenny Spangler 16:34 at 1983 Big Ten Champ's
7. Renee Doyle 16:41 at 1986 Purdue Invite
8. Tracy Dahl 16:42 at 1991 Illinois St. Invite
9. Sarah Spencer Perry 16:50 at 2008 Auburn Invite
10. Brooke Eilers 16:53 at 2008 Auburn Invite

6,000 Meters

1. Diane Nukuri 19:37 at 2007 NCAA Regional
..... at 2007 Big Ten Champ's*
2. Mareike Schrulle 19:43 at 2012 NCAA Champ's
3. Racheal Marchand 19:54 at 2008 NCAA Champ's
4. Meghan Armstrong 20:07 at 2007 NCAA Regional
5. Jolly Burke 20:20 at 2007 Big Ten Champ's
6. Betsy Flood 20:22 at 2010 NCAA Regional
7. McKenzie Melander 20:41 at 2011 Big Ten Champ's
8. Megan Ranegar 20:43 at 2012 NCAA Champ's
9. Kayla Beattie 20:54 at 2011 Wisconsin Invite
10. Nikki Chapple 21:04 at 2004 NCAA Regional

* - This time is also the Big Ten Championships Record.