

THE UNIVERSITY OF IOWA



Women's Gymnastics

Women's Gymnastics Contact -- Jana Hemphill

January 26, 2004

2004 Schedule

Cancun Invitational	2nd, 195.35
Iowa State	L, 196.95-196.725
Michigan	W, 196.75-196.325
J31	NC State 2 p
F6	at Utah 7 p
F14	at Maryland 7 p
F20	at Illinois State 7 p
F27	Minnesota 7 p
M5	at Washington, Utah 7 p
M12	at Iowa State 7 p
M20	at Big Ten Champs 6 p
A3	at NCAA Regionals 6 p
A15	at NCAA Nationals TBA

GymHawks to Host North Carolina State

This Week: The eighth-ranked Iowa women's gymnastics squad will host the North Carolina Wolfpack Saturday on the main floor of the Field House at 2 p.m. The men's gymnastics team will be competing simultaneously against Oklahoma. Admission is \$3.

The Wolfpack: The North Carolina State Wolfpack are 5-4, securing wins over Brown, William & Mary, James Madison, Michigan State and Illinois-Chicago. The Wolfpack have suffered losses against Pittsburgh, West Virginia, Ohio State and Florida. Top performers for NC State include senior Leah Sabo, sophomore Kylah Bachman and freshman Rachel Katz. NC State's high score of the season is 194.875, accomplished last weekend.

Iowa Against the Wolfpack: The Hawkeyes are 2-1 against the Wolfpack. The last meeting between the two teams was in 2001, when Iowa won the contest, 196.125-195.15.

2004 Indiv./Team Bests

Vault: 9.95
Stephanie Gran vs Iowa State (1/17)
Uneven Bars: 9.975*
Alexis Maday vs Michigan (1/24)
Balance Beam: 9.900
Alexis Maday vs Michigan (1/24)
Floor Exercise: 9.975^
Maday vs ISU, and Gran vs Michigan
All-Around: 39.65^
Maday, twice, last vs ISU (1/17)

Team Vault: 49.0
Twice, last vs Iowa State (1/17)
Team Uneven Bars: 49.225
vs Michigan (1/24)
Team Balance Beam: 49.15
vs Michigan (1/24)
Team Floor: 49.55*
vs Iowa State (1/17)
Team Total: 196.75
vs Michigan (1/24)

^ -- Ties School Record

* -- School Record

Hawkeyes on the Web

The media and public can find a valuable and timely source of information about Iowa athletics at its world wide web site:

www.hawkeyesports.com

Records Continue to Fall: The GymHawks have broken a school record in every meet this season. Last weekend, Alexis Maday broke the school bar record, scoring a 9.975. The previous record was 9.95, held by three different individuals. Additionally, Stephanie Gran tied the school record on floor, scoring a 9.975.

Noteworthy Against Michigan: The GymHawks had a team total of 196.75, the second-best score in school history. The current record is 196.8, which was accomplished last season at Illinois. Stephanie Gran led the GymHawks with a tie for first on vault, a win on floor and the all-around title. Alexis Maday tied for first on beam and won the bars. Freshman Beth Dilick finished second on bars with a 9.925. On floor, Liz Grajewski scored a 9.95 to tie for second.

In The Rankings: Iowa moves down to eighth in the GymInfo Poll. The poll has changed its format to rank teams based on average instead of high score. The GymHawks are also ranked on all four individual events. Iowa is third on floor, 11th on bars, 13th on vault and 15th on beam.

Three Individuals Ranked: The GymHawks have three individuals ranked in the latest GymInfo poll. Senior Stephanie Gran is tied for first on floor with an average of 9.962. Gran is also fifth in the all-around (39.587) and 10th on vault (9.9). Alexis Maday is tied for second on bars with an average of 9.942. Maday's other rankings include 6th in the all-around (39.542), tied for 20th on vault (9.875) and 18th on beam (9.883). Liz Grajewski has broken into the rankings for the first time this

GymInfo Poll

Top 25 - Jan. 19 (by Total Season Average)

Team	Season Avg.
1. Alabama	197.150
2. Georgia	196.837
3. Utah*	196.825
4. Florida	196.758
5. Iowa State*	196.725
6. UCLA	196.600
7. Stanford	196.333
8. Iowa	196.275
9. Oklahoma*	196.219
10. Washington*	196.108
11. Arkansas	196.075
12. Missouri	195.967
13. Nebraska	195.717
14. LSU	195.642
15. Arizona	195.592
16. Auburn	195.400
17. Michigan*	195.350
18. Penn State*	195.087
19. Arizona State	195.037
20. Oregon State	194.967
21. North Carolina	194.850
22. West Virginia	194.775
23. Minnesota*	194.658
24. Kent State	194.550
25. Brigham Young	194.533

* -- GymHawks 2004 opponents (includes dual and Big Ten Championships)

Team Event

FX	3rd	49.417
BB	15th	48.900
UB	11th	48.992
V	13th	48.967

Individual Event

AA	Stephanie Gran	5th	39.587
	Alexis Maday	6th	39.542
V	Stephanie Gran	10th	9.900
	Alexis Maday	t20th	9.875
UB	Alexis Maday	t2nd	9.942
BB	Alexis Maday	18th	9.883
FX	Stephanie Gran	t1st	9.962
	Liz Grajewski	t14th	9.908

Sports Information

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Gymnastics Quick Facts

Head Coach: Mike Lorenzen
 Alma Mater/Year: Maryland/1986
 Record at Iowa/Years: 17-21/4
 Overall Record/Years: same
 Associate Head Coach: Larissa Libby
 Alma Mater/Year: Louisiana State/1996
 Assistant Coach: Derek May
 Alma Mater/Year: San Jose State/1994
 Gymnastics Secretary: Irene Pearson
 Gymnastics Office Phone: ... (319) 335-9741
 2003 Record: 5-5
 2003 Conference Record/Finish: 3-0/2nd
 2003 Postseason: NCAAs/11th
 Letterwinners Returning/Lost: 11/3
 Newcomers: 5

Hawkeye Gymnastics Continued...

season, tied for 14th on floor with an average of 9.908.

Quoting Coach Lorenzen: "North Carolina State is one of a very small number of programs like us who have been to the NCAA Nationals, giving them a rich tradition of success and outstanding gymnastics. Bringing a team of that caliber along with Oklahoma competing against our men's team should make for an exciting afternoon."

2004 Iowa Gymnastics Roster

Name	Ht.	Yr.	Hometown
Nathalie Balfour	5-5	So.	West Vancouver, British Columbia
Beth Dilick	5-3	Fr.	King George, VA
Liz Grajewski	5-4	So.	Covington, WA
Stephanie Gran	5-0	Sr.	Wauconda, IL
Brandy Killian	5-3	Sr.	Owosso, MI
Tiffany Kwan	5-3	So.	Unionville, Ontario
Danielle Legeai	4-11	Fr.	New Orleans, LA
Mindi Levitz	5-0	Jr.	Sunnyvale, CA
Krista Lewis	5-3	Fr.	Woodridge, IL
Alexis Maday	5-6	Sr.	Upper Marlboro, MD
Annie Rue	5-4	Jr.	Reisterstown, MD
Melissa Saliba	5-1	So.	Nashville, TN
Kortny Williamson	5-4	So.	Manheim, PA
Nicole Wong	5-7	Sr.	Virginia Beach, VA
Bobbie Zimmerman	5-5	Fr.	Naperville, IL

Head Coach: Mike Lorenzen (fifth season)

Associate Head Coach: Larissa Libby (fourth season)

Assistant Coach: Derek May (third season)