



# University of Iowa

## Volleyball

at No. 10 Wisconsin - Nov. 17 - 7 p.m.  
at No. 12 Minnesota - Nov. 18 - 7 p.m.

**Week Thirteen**

**November 13, 2006**

### University of Iowa Hawkeyes 13-15 (2-14)

**VS.**



No. 10 Wisconsin Badgers (21-5, 13-3)  
November 17, 2006 - 7 p.m.  
Wisconsin Field House  
Madison, WI

No. 12 Minnesota Gophers (19-7, 13-3)  
November 18, 2006 - 7 p.m.  
Sports Pavillion  
Minneapolis, MN

**This Week** • The University of Iowa volleyball team (13-13, 2-12) will make their final road trip of the season, traveling to Wisconsin and Minnesota.

Iowa will take on the 10th-ranked Wisconsin Badgers Friday night at 7 p.m., then battle the 12th-ranked Minnesota Golden Gophers Saturday at 7 p.m.

**Hawkeyes on the Web** • If you can't make the road trip this weekend, you can still follow all of the action on [hawkeyesports.com](http://hawkeyesports.com), where a live audio broadcast and livestats will be available.

Play-by-play from Will Marchino and former Hawkeye volleyball star Barb (Willis) Randall can be found by clicking on the Hawkeye All-Access link at [hawkeyesports.com](http://hawkeyesports.com), then selecting the game you would like to listen to. To check out the livestats, just click on the "gametracker" link on the schedule page.

**Web Conference** • Iowa Head Coach **Cindy Fredrick** will be hosting a weekly "Web Conference" every Tuesday this season. She will address a variety of topics, from the state of the team to that week's opponents.

Hawkeye fans can get in on the act and ask Coach Fredrick questions of their own by emailing them to [AskCoachFredrick@yahoo.com](mailto:AskCoachFredrick@yahoo.com). The coach will answer as many fan questions as possible.

**Last Week** • The Hawkeyes dropped a pair of conference road games over the weekend, falling to No. 23 Ohio State (3-0) Friday night, then losing to Penn State (3-0) on Saturday.

In game one against Ohio State, the Buckeyes jumped out to an early 5-1 lead off four kills and a block. Ohio State kept its lead at a safe distance throughout the first half of the game, until Iowa began to claw back into things. A perfect tip from **Kiley Fister** cut the lead to just three points at 24-21, but Iowa could come no closer and the Buckeyes finished it off with a kill at 30-25.

The Hawkeyes hung tight the whole way in game two, with the lead rarely getting larger than two points for either side. A **Megan Schipper** kill gave Iowa its final lead at 10-9, but it was short lived after Ohio State rattled off three-straight points. The Hawkeyes re-

### 2006 Schedule

Date	Opponent	Time
8/25-26	Hawkeye Challenge - 2nd Place	
8/25	Drake	W, 30-25, 30-22, 30-22
8/26	Chicago State	W, 30-11, 30-16, 30-17
8/26	Iowa State	L, 30-28, 30-26, 25-30, 22-30, 5-15
9/1-2	Bluejay Invitational - 1st Place	
9/1	vs. North Dakota St.	W, 30-20, 30-22, 25-30, 32-34, 15-10
9/2	vs. Jacksonville State	W, 30-26, 30-26, 30-22
9/2	vs. Creighton	W, 23-30, 30-27, 30-28, 27-30, 15-13
9/8-9	Hawkeye-Holiday Inn Challenge - 1st Place	
9/8	Tulane	W, 30-23, 30-22, 30-24
9/9	UMKC	W, 30-17, 30-19, 30-18
9/9	Florida Atlantic	W, 27-30, 27-30, 39-37, 30-16, 15-10
9/1-2	College of Charleston Invitational - 1st Place	
9/15	vs. Columbia	W, 30-21, 30-22, 30-27
9/16	vs. Eastern Michigan	W, 26-30, 30-19, 30-25, 30-27
9/16	at College of Charleston	W, 27-30, 30-28, 30-27, 24-30, 15-11
9/22	No. 2 Penn State	L, 25-30, 18-30, 26-30
9/23	No. 9 Ohio State	L, 30-25, 25-30, 24-30, 26-30
9/29	at Northwestern	L, 18-30, 20-30, 25-30
9/30	at Illinois	L, 22-30, 30-24, 21-30, 21-30
10/6	Indiana	W, 30-20, 30-24, 30-23
10/7	No. 9 Purdue	L, 30-28, 26-30, 31-33, 30-28, 11-15
10/13	at Michigan	L, 27-30, 21-30, 19-30
10/14	at Michigan State	L, 21-30, 20-30, 25-30
10/20	No. 17 Minnesota	L, 19-30, 23-30, 24-30
10/21	No. 11 Wisconsin	L, 19-30, 30-26, 24-30, 21-30
10/27	at No. 13 Purdue	L, 25-30, 30-32, 15-30
10/28	at Indiana	W, 30-23, 30-25, 30-20
11/3	Illinois	L, 30-19, 28-30, 29-31, 37-39
11/4	Northwestern	L, 30-32, 26-30, 30-26, 25-30
11/10	at No. 23 Ohio State	L, 25-30, 26-30, 14-30
11/11	at No. 3 Penn State	L, 17-30, 18-30, 20-30
11/17	at No. 10 Wisconsin	7:00 PM
11/18	at No. 12 Minnesota	7:00 PM
11/24	Michigan State	7:00 PM
11/25	Michigan	7:30 PM

### Iowa's Probable Starters

Pos.	No.	Player	G	KPG	APG	DPG	BPG	SA
OH	2	Catherine Smale	99	3.37	0.17	3.36	0.26	19
OH	15	Megan Schipper	75	2.16	0.08	1.05	0.47	7
S	3	Kiley Fister	102	0.53	10.87	2.21	0.38	27
MB	24	Melanie Meister	101	2.73	0.10	0.87	1.11	20
MB	2	Jen Barcus	102	2.70	0.10	0.30	1.09	0
RS	14	Alicia Johnson	85	1.01	0.31	1.47	0.21	9
L	5	Emily Hiza	102	0.03	0.31	4.70	0.00	16



## 2006 Big Ten Standings

TEAM	BIG TEN	OVERALL
Penn State	14-2 .875	25-2 .926
Minnesota	13-3 .812	19-7 .731
Wisconsin	13-3 .812	21-5 .808
Ohio State	9-7 .562	19-7 .731
Purdue	9-7 .562	19-8 .704
Michigan St.	8-8 .500	17-9 .654
Michigan	7-9 .438	20-9 .690
Northwestern	7-9 .438	13-12 .520
Illinois	5-11 .312	14-12 .538
<b>IOWA</b>	<b>2-14 .125</b>	<b>13-15 .464</b>
Indiana	1-15 .062	10-18 .357

## 2006 Quickfacts

### Tony Wirt

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## Iowa on the Web

The media and public can find a valuable and timely source of information about Iowa athletics at its world wide web site. The address for the site is:

**[hawkeyesports.com](http://hawkeyesports.com)**

## Media Information

**PRACTICE ATTENDANCE** - All practices are open to the media, and interviews may be conducted 15 minutes prior to or at the completion of practice. However, media must inform Tony Wirt of their intention to attend practice. The Hawkeyes practice daily from 3:30-6:30 p.m. at Carver-Hawkeye Arena.

**PLAYER INTERVIEWS** - All player interviews are coordinated through Tony Wirt of the sports information office. Please contact Tony (319-335-9411) so that he may set a time for an interview which does not interfere with the student-athlete's academic or practice schedules.

mained close the rest of the way, always responding when Ohio State threatened to pull away. Iowa couldn't get over the top, however, and a service error gave the Buckeyes the win at 30-26.

In game three, Ohio State came flying out of the gates and never looked back. Three-consecutive kills ended things at 30-14.

Against Penn State, the Hawkeyes fell into an early 8-3 hole in game one, then clawed their way back into the game by scoring seven of the next 11 points to cut the lead to four. The run was highlighted by a three-point stretch led by **Melanie Meister** who got a kill and two blocks.

The Nittany Lions came roaring back after that, quickly re-establishing their lead and cruising to a 30-17 win.

Iowa kept game two close early on, trading points with Penn State and tying things up at 8-8 on a Nittany Lion service error. Penn State turned on the juice after that, outscoring Iowa 22-10 the rest of the game. A Megan Hodge block gave the Nittany Lions the 30-18 win.

Penn State was in control of game three from the outset, with Iowa's last lead coming at 3-1 and final tie at 5-5. The Nittany Lions stretched their lead to 25-12 before Iowa came back with five of the next seven points. The deficit was too great, however, and a Penn State block ended the final game at 30-20.

**Scouting Wisconsin** • The Wisconsin Badgers come into the week with a record of 21-5 and are tied with Minnesota for second place in the Big Ten Conference with a 13-3. The Badgers will battle the Golden Gophers for sole possession of second place Wednesday night in Madison.

As a team, the Badgers are the second-best blocking squad in the Big Ten with 3.46 per game, and are third with 16.29 kills per game.

Individually, the offense is led by freshman Brittney Dolgner, who is averaging 4.09 kills per game. That total is good for 10th in the Big Ten.

Junior setter Jackie Simpson runs the offense and is third in the Big Ten with 13.01 assists per game.

On defense, all-Big Ten middle blocker Taylor Reineke leads the league with 1.68 blocks per game. Her tag-team partner Amy Bladow is sixth in the conference with 1.26 blocks per game.

The Badgers are coached by Pete Waite, who is in his eighth year with at the helm.

Wisconsin leads the all-time series 36-17-1, and has won the last 21 meetings. Earlier this season, the Badgers defeated Iowa (3-1) at Carver-Hawkeye Arena.

**Scouting Minnesota** • The Minnesota Golden Gophers come into the week with a 19-7 overall record and a 13-3 mark in the Big Ten. They will take on Wisconsin this Wednesday in Madison for sole possession of second place.

The Golden Gophers are very strong in the middle, with a pair of talented, 6-3 middle blockers in Meredith Nelson and Jessy Jones. Nelson averages 3.16 kills and 0.91 blocker per game, while Jones averages 2.89 kills and 1.35 blocks per game.

Sophomore outside hitter Kyla Roehrig leads Minnesota's balanced attack with 3.35 kills per game. She is one of six Gophers averaging more than two kills per game.

On defense, libero Peniata Malama leads the Big Ten with 5.38 digs per game.

Minnesota is coached by Mike Herbert, who is in his 11th year with the Golden Gophers.

Minnesota leads the all-time series 48-12, and has won the last 22 meetings. Earlier this season, the Golden Gophers swept the Hawkeyes 3-0 in Carver-Hawkeye Arena.

**Tough Schedule** • The Hawkeyes have dropped 14-of-the-last-16 matches, but it isn't as if they are losing to a bunch of stiff. Seven of Iowa's losses in that stretch have come at the hands of ranked teams.



## Head Coach Cindy Fredrick



Cindy Fredrick is in her third year at the helm of the Hawkeye program.

The Hawkeyes continued to make strides last season, recording more wins (14), Big Ten wins (4), kills (1,709), assists (1,527), service aces (161) and blocks (252) than Fredrick's first year.

There were plenty of highlights on the year, including an 11-4 start and the team's first win over in-state rival Northern Iowa in 16 years.

In the first year of the Fredrick Era, the Hawkeyes not only improved both their overall and Big Ten Conference record, but became more competitive in every aspect in the game. The coaching staff worked hard to install a new winning attitude in the team, which helped the Hawkeyes to an 8-3 start.

The coaching staff also made great strides in recruiting, pulling in the 30th-ranked class in the nation according to prepvolleyball.com.

Turning struggling volleyball programs into winning programs has been a big part of Fredrick's past, most recently as head coach at Washington State University (Pullman, WA). During her 15 year tenure at Washington State, Fredrick earned more wins than any coach of a women's sport with a 278-192 record and in seven seasons she had 20 or more wins. In 1995, after guiding her squad to a national ranking of fifth, the highest rank of any men's or women's team in school history, she was named Pac-10 and AVCA District VIII Coach of the Year. Fredrick also led the Cougars to ten NCAA tournament appearances, including two Elite Eight finishes and one Sweet 16 berth. In 1992 her squad was the NIVC Champions. In the 2002 NCAA tournament, the Cougars posted a 3-0 victory over Northern Iowa to advance to the Elite Eight.

Fredrick's success also translated into individual accolades for three of her players. Fredrick recruited the only three all-Americans in Cougar volleyball history, setter Keri Killebrew (second team, 1992), setter Stephanie Papke (second team, 1996) and middle hitter Sarah Silvernail (second team, 1995 and first team, 1996). Silvernail was also named 1996 Pac-10 Player of the Year.

Prior to coaching at Washington State, Fredrick coached at Weber State (Ogden, UT). When Fredrick first took over the Wildcat program in 1985, she led her team to a sixth place finish in the Mountain West Conference. By the time she left after the 1988 season, her team had finished first in the Big Sky Conference, earned an NCAA tournament birth and Fredrick was named Big Sky Coach of the Year.

Fredrick's first collegiate coaching experience came as an assistant at the University of Iowa from 1982-84 under Sandy Stewart. The 1983 squad finished with a 22-9 record, which stood as the school's winningest record until 1994. The 1983 and 1984 Hawkeyes also placed third in the Big Ten Conference standings.

Fredrick's volleyball ties to the state of Iowa run deeper than just the University of Iowa. Fredrick began her coaching career as the head coach at Davenport Central High School from 1974-82. In 1981, she led her squad to a 33-0 season record and a state championship. From 1983-85 she was head coach of the USVA Junior Development team in eastern Iowa that won four state Midwest championships. In the summer of 1985, Fredrick was named head coach for the United States Volleyball Association team for the state of Iowa that competed throughout Canada.

**Lucky No. 55** • In her last four matches, sophomore **Catherine Smale** has exactly 55 kills and 55 digs (3.93 per game).

**Meister With the Block** • Senior middle blocker **Melanie Meister** is averaging a career-best 1.11 blocks per game.

In Big Ten play, the West Des Moines native is ninth in the conference with 1.15 blocks per game.

**Barcus Heating Up** • Senior middle blocker **Jen Barcus** has been playing very well as of late. In the last two weeks, Barcus is averaging 3.86 kills per game with a .375 attack percentage, along with putting up 1.57 blocks per game.

**In the Top Five** • Sophomore setter **Kiley Fister** is already among the all-time leaders at Iowa in assists.

Fister has amassed 2,371 assists, which puts her fifth on the all-time list. She is now behind Barb Zvonek (1995-98), who is in fourth with 3,153

Janet Moylan (1987-90) is Iowa's all-time leader with 5,471.

**Costanzo Into the Top Ten** • Junior **Tiana Costanzo** moved into 10th on Iowa's all-time digs list the past weekend with 1,078. The Escondido, CA, native is just 25 digs behind Lisa Dockray (1992-95) for ninth on the list.

Janet Moylan (1987-09) is Iowa's all-time leader with 1,931.

**Attendance Up** • The Hawkeyes have been seeing more faces in Carver-Hawkeye Arena this season. The team is averaging a school-best 983 fans per game, good for 36th in the nation.

The Hawkeyes have drawn more than 1,000 fans seven times this season, after having done that just seven times previously. Iowa has seen the top six crowds of all-time this season and seven of the top nine crowds in school history this year. Iowa drew a school-record 1,690 fans to the Iowa State game on August 26.

**Digstown** • As a team, the Hawkeyes are second in the Big Ten with 16.93 digs per game. Michigan leads the way with 17.28 digs per game.

**Win Number 400** • Iowa Head Coach **Cindy Fredrick** won her 400th career collegiate game on October 6 with a 3-0 (30-20, 30-24, 30-23) win over Indiana.

Coach Fredrick is now 400-292 in her career, with a 36-49 record at the University of Iowa.

**Take Me To Your Leader** • Senior middle blocker **Melanie Meister** and sophomore libero **Emily Hiza** are the Hawkeye captains this season.

**The Assistant Coaches** • **Dr. Mashallah (Farokh) Farokhmanesh** and **Chad Hanson** will serve as assistants to Head Coach **Cindy Fredrick** again this season. Farokh, the associate head coach, is the husband of Coach Fredrick.

