

IOWA MUSCO TWILIGHT X SCHEDULE OF EVENTS

Field Events

Time	Event
3:00 p.m.	Discus (M/W) Hammer (W/M) Long Jump (W/M)
5:00	Pole Vault (M/W) High Jump (W/M) Triple Jump (W/M)
6:30	Shot Put (W) Javelin (M)
8:00	Shot Put (M) Javelin (W)

Prelims, "B" Sections & Special Events

Time	Event
3:00	3,000 Meters (W)
3:20	400 Meters (M)
3:40	200 Meters (W)
4:00	1,500 Meters (W)
4:45	Opening Ceremonies National Anthem Senior Acknowledgements
5:00	100-Meter Hurdles Prelims (W) 110-Meter Hurdles Prelims (M)
5:15	100 Meters Prelims (M/W)
5:30	Elementary School Races

Running Events - Finals

Time	Event
6:00	400-Meter Relay (M/W)
6:10	3,000-Meter Steeplechase (M/W)
6:40	100-Meter Hurdles (W) 110-Meter Hurdles (M)
6:50	400 Meters (M/W)
7:10	100 Meters (M/W)
7:20	800 Meters (M/W)
7:40	400-Meter Hurdles (M/W)
8:00	200 Meters (M/W)
8:20	1,500 Meters (M/W)
8:40	5,000 Meters (W)
9:00	1,600-Meter Relay (M/W)
9:20	5,000 Meters (M)

M - Men's Event, W - Women's Event



THE UNIVERSITY OF IOWA

HAWKEYE TRACK & FIELD



TRACK CONTACTS: TRACI WAGNER, JAKE HOLTORF APRIL 30, 2008

THIS WEEK -- The University of Iowa men and women's track and fields teams will host the 10th annual co-ed Musco Twilight Meet Saturday at Francis X. Cretzmeyer Track in Iowa City. Competing teams include Drake, Minnesota, Northern Iowa and Wisconsin. Events are scheduled to start at 3 p.m. Admission is \$3 for adults and \$2 for groups of 15 or more. University of Iowa students and fans ages 18 and under will be admitted free.

ON THE AIR -- The Big Ten Network will air a tape-delay broadcast of the meet on May 14 at 7 p.m. (CT). Analysts Craig Virgin, Brent Stover and Suzy Favor-Hamilton will call the action, while Rebecca Haarlow will provide on-field interviews.

MUSCO MEET HISTORY -- The annual Iowa Musco Twilight Meet was named for Musco Lighting of Oskaloosa, IA, which has supplied mobile lighting equipment for the event's 10-year history. In its first four years, the meet produced 43 NCAA provisional qualifiers. Since the creation of the regional qualifying system in 2003, 225 competitors have achieved qualifying standards at the meet.

NCAA QUALIFIERS -- Eleven Hawkeyes have qualified for the NCAA Midwest Regional Championships, which will be held May 30-31 in Lincoln, NE. Seniors **Diane Nukuri** and **Meghan Armstrong** automatically qualified for the NCAA Championships in the 10,000 meters, while senior **Tammilee Kerr** posted a provisional qualifying mark in the heptathlon. The national meet will be held June 11-14 in Des Moines, IA. Their event, qualifying marks and where they rank in the Big Ten, region and the nation are listed below.

Big 10/Region/NCAA

Name	Event - Mark	Ranking
Meghan Armstrong	1,500 Meters - 4:26.62	13th/17th/64th
	10,000 Meters - 33:28.00	2nd/3rd/4th
A.J. Curtis	Discus - 172-7 (52.62 m)	2nd/13th/66th
	Shot Put - 57-11 3/4 (17.67 m)	7th/6th/34th
Matty Gorman	Triple Jump - 49-2 1/2 (15.00 m)	4th/19th/77th
John Hickey	Shot Put - 61-9 1/2 (18.83 m)	2nd/2nd/11th
Tammilee Kerr	Javelin - 153-6 (45.34 m)	4th/11th/57th
	Heptathlon - 5,417 points	3rd/2nd/12th
Shane Maier	Discus - 171-1 (52.15 m)	9th/15th/75th
	Shot Put - 56-4 (17.17 m)	12th/11th/64th
Rachael Marchand	5,000 Meters - 16:35.83	3rd/7th/38th
Andy Napier	3,000 Steeplechase - 9:01.20	3rd/10th/46th
Diane Nukuri	10,000 Meters - 33:17.01	1st/2nd/2nd
Jessica Schmidt	3,000 Steeplechase - 10:32.50	4th/12th/32nd
Ray Varner	400-Meter Hurdles - 51.27	1st/9th/24th
Renee White	Triple Jump - 42-4 (12.90 m)	1st/9th/23rd

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2008 WOMEN'S OUTDOOR SEASON SCHEDULE

3/20-22	at Shamrock Invite.....3 champs
4/4-5	at Tiger Classic.....0 champs
	at Stanford Invite.....0 champs
4/11-12	at Sun Angel Classic 1 champ
4/12	at Calhoun Memorial.. 1 champ
4/19	Iowa Invitational..... 4 champs
4/23-26	at Drake Relays.....0 champs
5/3	Iowa Musco Twilight X (Iowa City, IA)
5/16-18	at Big Ten Championships <i>(Champaign, IL)</i>
5/30-31	at NCAA Midwest Regional <i>(Lincoln, NE)</i>
6/11-14	at NCAA Championships <i>(Des Moines, IA)</i>

2008 WOMEN'S OUTDOOR SEASON BESTS

Event.....	Name.....	Mark
100 Meters.....	Rhonda-Kaye Trusty.....	11.90
100 Hurdles.....	Kimberly Stanford.....	14.11
200 Meters.....	Rhonda-Kaye Trusty.....	24.39
400 Meters.....	Monica Mims.....	56.46
800 Meters.....	Kineke Alexander.....	2:15.34
1,500 Meters....	Meghan Armstrong....	^ 4:26.62
3,000 Meters....	Diane Nukuri.....	* 9:18.82
3,000 Steeple....	Jessica Schmidt.....	^ 10:32.50
5,000 Meters....	Racheal Marchand... ^	16:35.83
10,000 Meters..	Diane Nukuri.....	*\$ 33:17.01
400-Meter Relay.....		45.78
	<i>(White, Alexander, Kerr, Trusty)</i>	
800-Meter Relay.....		1:39.74
	<i>(Hendricks, Trusty, White, Stanford)</i>	
1,600-Meter Relay.....		3:49.65
	<i>(Mims, Hendricks, Praska, Poncé)</i>	
3,200-Meter Relay.....		9:14.66
	<i>(Mims, Praska, Docherty, Ellis)</i>	
Distance Medley Relay.....		12:03.66
	<i>(L. Hardesty, A. Hardesty, Hendricks, Anderson)</i>	
6,400-Meter Relay.....		* 19:15.42
	<i>(Nukuri, Marchand, Henize, Armstrong)</i>	
High Jump.....	Tammilee Kerr.....	5-6 1/2
Long Jump.....	Renee White.....	19-0 1/2
Triple Jump.....	Renee White.....	*^ 42-4
Shot Put.....	Amanda Chandler.....	39-0 1/4
Hammer.....	Erin O'Hern.....	168-9
Javelin.....	Tammilee Kerr.....	^ 153-6
Heptathlon.....	Tammilee Kerr .	*# 5,417 points

\$ - NCAA automatic qualifier

- NCAA provisional qualifier

^ - NCAA regional qualifier

* - school record

% - wind-aided

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HAWKEYES BREAK RECORDS -- The Hawkeye women's team has broken five school records this outdoor season.

Senior distance runner **Diane Nukuri** broke the 3,000 and 10,000 meter records in April, and ran the lead leg on the record-setting 6,400-meter relay at the Drake Relays last weekend. Nukuri smashed the 17-year-old 10,000 meter record of 33:23.38 set in 1991 by Jennifer Brower at the Stanford Invite on April 4. Nukuri's second-place finish of 33:17.01 also automatically qualified her for the NCAA Championships in Des Moines in June. She also broke the 3,000-meter mark of 9:20.61 set in 1985 by Penny O'Brien at the Hawkeye Invitational April 19. Nukuri won the race with a 9:18.82.

Junior **Racheal Marchand**, graduate student **Sarah Henize** and senior **Meghan Armstrong** ran the other three legs of the record-setting relay, posting a 19:15.42 for third place at Drake. Their time smashed the previous record of 20:39.12 - set in 2005 by former Hawkeyes **Nikki Chapple**, **Jordan Laney**, **Katie Donlon** and **Michelle Sokol** - by over one minute.

Junior **Renee White** broke her own triple jump record April 12 at the Sun Angel Classic in Tempe, AZ. Her winning mark of 42-4 broke the record of 42-2 1/2 she set last season.

BIG TEN ATHLETES OF THE WEEK -- Seniors **Meghan Armstrong** and **Diane Nukuri**, and junior **Andy Napier** have earned Big Ten Athlete of the Week honors this outdoor season.

Armstrong earned her honor March 25 after winning the Shamrock Invite 1,500 meters in a regional-qualifying 4:26.62. She was also the first Hawkeye track student-athlete to earn the honor in women's school history.

Nukuri earned her honor April 8 after breaking the 17-year-old school 10,000-meter record at the Stanford Invite in 33:17.01. That time beat her previous-best clocking by over 13 seconds and automatically qualified her for the NCAA Championships. Nukuri is a four-time Big Ten Women's Cross Country Athlete of the Week honoree.

Napier earned his first conference honor April 8 after winning the 3,000-meter steeplechase at the Auburn Tiger Classic with a regional-qualifying and collegiate-best time of 9:03.85. The mark also ranks seventh on Iowa's all-time best performers list.

LAST TIME OUT -- The Hawkeyes saw two women's school records fall and several placewinners at the 99th annual Drake Relays in Des Moines.

Senior **Tammilee Kerr** broke her own heptathlon school record of 5,332 with her runner-up total of 5,417. That performance also provisionally qualified Kerr for the NCAA Championships.

The Hawkeye women's 6,400-meter relay of senior **Diane Nukuri**, junior **Racheal Marchand**, graduate student **Sarah Henize** and senior **Meghan Armstrong** shattered the school record of 20:39.12 by over one minute with their third-place finish of 19:15.42. Former Hawkeyes **Nikki Chapple**, **Jordan**

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2008 MEN'S OUTDOOR SEASON SCHEDULE

4/4-5	at Tiger Classic 2 champs
4/5	at Central Invite .. 1st/2 champs
4/11	at Mesa Classic 0 champs
4/11-12	at Sun Angel Classic ... 0 champs
4/19	Iowa Invitational 9 champs
4/23-26	at Drake Relays 0 champs
5/3	Iowa Musco Twilight X (Iowa City, IA)
5/9	at Central Open <i>(Pella, IA)</i>
5/16-18	at Big Ten Championships <i>(Champaign, IL)</i>
5/30-31	at NCAA Midwest Regional <i>(Lincoln, NE)</i>
6/11-14	at NCAA Championships <i>(Des Moines, IA)</i>

2008 MEN'S OUTDOOR SEASON BESTS

Event	Name	Mark
100 Meters	Lee Elbert.....	10.90
110 Hurdles	Brice Wilson.....	% 15.02
200 Meters	Max Milder	21.90
400 Meters	Chris Barton.....	47.31
400 Hurdles	Ray Varner	^ 51.27
800 Meters	Adam Hairston.....	1:50.72
1,500 Meters	Jesse Luciano	3:51.99
3,000 Meters	Brendan Camplin	8:34.31
3,000 Steeple....	Andy Napier.....	^9:01.20
5,000 Meters	Jesse Luciano	14:27.31
10,000 Meters ..	Tommy Tate	33:17.33
400-Meter Relay		41.33
	<i>(Milder, McSkimming, Reed, Elbert)</i>	
1,600 Meter Relay		3:11.11
	<i>(Willey, Elbert, Varner, Barton)</i>	
Sprint Medley Relay		3:21.14
	<i>(Milder, Elbert, Barton, Hairston)</i>	
Distance Medley Relay		10:17.87
	<i>(B. MacTaggart, Splan, Dolan, Paul)</i>	
High Jump.....	Ryan Kelly	6-9 3/4
Long Jump	Matty Gorman	23-0 3/4
Triple Jump	Matty Gorman	^ 49-2 1/2
Pole Vault	Jeff Raymond	15-7
Shot Put.....	John Hickey.....	^ 61-9 1/2
Discus	A.J. Curtis.....	^ 172-7
Hammer	Ryan Jordan	176-8
Javelin.....	Craig Jennings.....	162-11
Decathlon	Ryan Niver	6,837 points

§ - NCAA automatic qualifier

- NCAA provisional qualifier

^ - NCAA regional qualifier

* - school record, % - wind-aided

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Laney, Katie Donlon and **Michelle Sokol** set the previous record in 2005.

Iowa's other top placewinners were senior **Jessica Schmidt** (5th-3,000 steeplechase) and the distance medley relay of freshmen **Lauren Hardesty**, **Amanda Hardesty** and **Tiffany Hendricks**, and junior **Krista Anderson** (7th).

The Hawkeye men were led by shot putters **John Hickey**, **A.J. Curtis** and **Shane Maier**. The trio placed second (60-3 1/4), third (57-11 3/4) and fourth (56-4) - respectively - in that event. The Hawkeye sprint medley relay of seniors **Max Milder** and **Lee Elbert**, freshman **Chris Barton** and sophomore **Adam Hairston** also placed second (3:21.24). Senior **Ryan Niver** placed seventh in the decathlon with a collegiate-best 6,837 points, which fell two points shy of the school record. Iowa's other top placewinners were junior **Andy Napier** (6th-3,000 steeplechase), sophomore **Ray Varner** (8th-400-meter hurdles) and **Hairston** (8th-800 meters).

Three former Hawkeyes and a current staff member also competed at Drake. Former Hawkeye **Peaches Roach** placed placed third in the heptathlon (5,412) Friday. The two-time Drake Relays University 100-meter hurdles champion **Tiffany Johnson** placed fifth in the special invitation 100-meter hurdles (13.74) on Saturday. Johnson is the only women's student-athlete in Hawkeye school history to win consecutive Drake titles in the same event. Former Hawkeye sprinter and current women's assistant coach **Shellene Williams** placed fifth in the women's 400 meters (53.62). Hawkeye men's assistant coach **Joey Woody** placed fourth in the men's 400-meter hurdles (50.93), competing in his last race at Drake.

HAWKEYE WOMEN'S COACHING STAFF -- Head Coach **Layne Anderson** is in his first year as head women's track coach at Iowa. In his four seasons as an assistant with the track team, there has been one national champion, 22 all-Americans and 18 Big Ten Champions. While competing for The Citadel in college, Anderson set 10 school records on his way to becoming a three-time Southern Conference champion. He is assisted by four-time Auburn all-American, 1996 decathlon national champion and Olympian **Victor Houston** and Hawkeye all-American and four-time Big Ten Champion **Shellene Williams**.

HAWKEYE MEN'S COACHING STAFF -- Head Coach **Larry Wieczorek** is in his 12th season at the helm of the Iowa men's track team. He has coached 25 all-Americans and 42 Big Ten Champions at Iowa. The team's highest conference meet finishes during his tenure are second at the 1999 outdoor meet and fourth at the 1997 indoor meet. As a runner, Wieczorek was a six-time Big Ten champion at Iowa - winning four track and two cross country titles - and a four-time all-American. In 1998, he was inducted into the National Iowa Varsity Club Hall of Fame. He is assisted by three-time Indiana all-American **Scott Cappos** and World Champion and four-time Northern Iowa all-American **Joey Woody**.

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WOMEN'S TRACK SIGNS 2008-09 CLASS -- The Iowa women's track team has signed five student-athlete distance runners for the 2008-09 season. **Lindsay Anderson** (Leeds, ND), **Betsy Flood** (Des Moines, IA), **Brooke Eilers** (Holland, MI), **McKenzie Melander** (Apple Valley, MN) and **Danielle Berndt** (Bloomington, MN) will all be joining the Hawkeyes.

Anderson, sister of Hawkeye distance runner **Krista Anderson**, is a two-time North Dakota Gatorade Athlete of the Year. She is an 11-time state champion, winning four titles in cross country, five in the 1,600 meters and two in the 3,200 meters. She is a three-time Footlocker National High School Cross Country meet qualifier. Flood is one of the top all-around prep runners in Iowa, winning state titles in the 800 and 1,500 meters and the distance medley relay. She is a member of the AAU record setting 3,200 meter relay team. Eilers has received all-state accolades in cross country and track. Melander posted a state runner-up performance in the 1,600 and 3,200 meters in 2007. Berndt placed second in the state 3,200 meters (10:49) and fourth at the state cross country championships. She is also an excellent nordic skier having recently qualified for the national championships in Alaska.

MEN'S TRACK SIGNS 2008-09 CLASS -- The Hawkeye men's track program has signed four student-athletes to its 2008-09 recruiting class. Head Coach Larry Wiczorek announced the signing of **D'Juan Richardson** (Indianapolis, IN), **Thomas Reynolds** (Coralville, IA), **Nick Holmes** (Bartonville, IL) and **Patrick Richards** (Colorado Springs, CO) to national letters of intent.

Richardson ran sprints and hurdles on the 2007 state champion Warren Central High School team. He won the 2008 state 55-meter hurdles title (7.41), placing third in the 110-meter hurdles (14.08) and the intermediate hurdles (37.4) at the state meet last season. He is currently ranked in the top 20 returning 110-meter hurdlers in the nation. Reynolds was a thrower on the 2007 state champion Iowa City West High School team. He placed third in the discus at the state meet as a junior with a toss of 176-11. He has already thrown 181-0 this season. Holmes was selected Athlete of the Meet at the 2008 Illinois Prep Top Times Classic, winning the indoor mile with a meet record-setting 4:13.72. He also won the 2007 state 2A cross country championships for Limestone High School (14:21 - three miles), beating the runner-up by 27 seconds. Richards was runner-up at the 2007 Colorado state track meet in the 200 (21.55) and 400 meters (47.66). He competes for Widefield High School.

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IOWA MUSCO TWILIGHT MEET RECORDS

Men's Events

100 Meters	Lamont Johnson, Unattached, 2002	10.41
110-M Hurdles..	Andy Long, Unattached, 2002.....	13.87
200 Meters	Andre Morris, FILA, 1999	20.71
400 Meters	Andre Morris, Unattached, 2000	45.93
400-M Hurdles..	Joey Woody, Unattached, 2004.....	48.94
800 Meters	Klint Wescom, Illinois State, 1999	1:48.69
1,500 Meters	Daniel Kinyua, Unattached, 2002.....	3:46.55
3,000 Meters	Dan Haut, Iowa, 2006	8:17.52
3,000 Steeple....	Brent Des Roches, Marquette, 2006	9:04.65
400-M Relay	Williamson, Dodge, Peterson, Digney - Iowa, 2002 ..	39.80
1,600-M Relay ..	Olson, Woody, Homewood, Rock - Unatt., 2007....	3:05.56
High Jump.....	Kevin Netzer/John Albert, Minnesota, 2004 .7-0 1/2 (21.5 m)	
Pole Vault	Matt Novak, Wis.-La Crosse, 2006.....	17-2 3/4 (5.25 m)
Long Jump	Daniel Kaczmarczyk, Iowa St., 2002	25-0 3/4 (7.64 m)
Triple Jump	Greg Hughes, Unattached, 2005	50-8 (15.44 m)
Shot Put.....	Christian Cantwell, Missouri, 2002	70-4 1/2 (21.45 m)
Discus	Mark White, Unattached, 1999.....	199-10 (60.90 m)
Javelin.....	Bill Neumann, Iowa, 2003	238-8 (72.61 m)
Hammer	A.G. Kruger, Unattached, 2003.....	219-9 (66.98 m)

Women's Events

100 Meters	Tahesia Harrigan, Minnesota, 2002	11.41
100-M Hurdles..	Colleen Prendergast, Iowa, 1999	13.60
	Paula Ruen, Iowa, 2000.....	13.60
200 Meters	Shellene Williams, Iowa, 2004	23.50
400 Meters	Shellene Williams, Iowa, 2003	53.02
400-M Hurdles..	Nikki Nelson, Northern Iowa, 2003.....	58.30
800 Meters	Jamie Cheever, Minnesota, 2006	2:08.89
1,500 Meters	Meghan Armstrong, Iowa, 2007	4:21.86
3,000 Meters	Diane Nukuri, Iowa, 2007.....	9:23.90
3,000 Steeple....	Emily Brown, Minnesota, 2006	10:16.71
400-M Relay	Charles, Williams, Providence, James - Iowa, 2003 ..	45.27
1,600-M Relay ..	Northern Iowa, 2007.....	3:43.73
High Jump.....	Peaches Roach, Iowa, 2007.....	5-10 3/4 (1.80 m)
Pole Vault	Andrea Smith, Minnesota, 2007	12-11 1/2 (3.95 m)
Long Jump	Ineta Radevica, Wichita State, 2002	20-4 1/2 (6.21 m)
Triple Jump	Nicole Whitman, Illinois, 2003	41-3 1/4 (12.58 m)
	Tiffany Johnson, Iowa, 2006.....	41-3 1/4 (12.58 m)
Shot Put.....	Rachel Jansen, N. Iowa, 2007.....	53-4 1/4 (16.26 m)
Discus	Liz Podominick, Minnesota, 2005	174-11 (53.31 m)
Javelin.....	Alana Redfern, Iowa, 2003	181-5 (55.31 m)
Hammer	Becca Franklin, Iowa, 2007.....	195-0 (59.45 m)

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