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IOWA TRACK

ALEXANDER RUNS TO GOLD IN 400 METERS

WALNUT, CA – Today the members of the University of Iowa women's track and field team wrapped up competition in the Mt. SAC Relays. The Hawkeyes competed against runners from around the nation in the three-day event.

Freshman **Kineke Alexander** won the 400 meters in 52.73. The 1,600-meter relay team of **Lindsay McCalla, Aisha Hume, Erin Sheeley, and Alexander** won their division in 45.39. Sophomore **Tiffany Johnson** also qualified for the NCAA Regional meet in the triple jump with a leap of 40-9.5. Five Hawkeyes also set new personal bests in their respective events in the meet.

The Iowa women host the Musco Twilight VII next Saturday at Francis X. Cretzmeyer Track.

WOMEN'S INDIVIDUAL EVENT RESULTS (Winner Plus Iowa Placers)

Discus

- | | |
|---------------------------------|---------------|
| 1. Novelle Murray (Hawaii) | 171-03 |
| 12. Kamesha Marshall (I) | 135-07 |

Javelin

- | | |
|-------------------------------------|---------------|
| 1. Rachel Bertholf (Washington St.) | 164-04 |
| 12. Tammilee Kerr (I) | 133-00 |

Triple Jump

- | | |
|-------------------------------|---------------|
| 1. Shenae Dawkins (Georgia) | 41-9.75 |
| 2. Tiffany Johnson (I) | 40-9.5 |

High Jump

- | | |
|-------------------------------------|-------------|
| 1. Amy Acuff (USA High Performance) | 6-4 |
| T8. Peaches Roach (I) | 5-10 |

100 Meter Hurdles

- | | |
|---------------------------------------|--------------|
| 1. Jessica Czaikowski (West Virginia) | 13.70 |
| 7. Tiffany Johnson (I) | 14.01 |

400 Meters

- | | |
|--------------------------------|--------------|
| 1. Kineke Alexander (I) | 52:73 |
|--------------------------------|--------------|

800 Meters

- | | |
|--------------------------------|----------------|
| 1. Kelly Young (Hawaii) | 2:07.76 |
| 4. Aisha Hume (I) | 2:10.74 |
| 17. Shannon Stanley (I) | 2:15.31 |

1,500 Meter Run

- | | |
|---------------------------------------|----------------|
| 1. Johanna Nilsson (Northern Arizona) | 4:18.60 |
| 22. Meghan Armstrong (I) | 4:27.10 |

5,000 Meters (Open)

- | | |
|---------------------------------|-----------------|
| 1. Irene Kimaiyo (Texas Tech) | 16:47.01 |
| 18. Racheal Marchand (I) | 18:10.12 |
| 19. Katie Donlon (I) | 18:12.49 |

5,000 Meters (Open)

- | | |
|---------------------------------------|-----------------|
| 1. Heather Cooksey (Southern Indiana) | 16:32.97 |
| 24. Nikki Chapple (I) | 17:13.15 |

4x100 Meter Relay

- | | |
|--------------------------------------|--------------|
| 1. Iowa 'A' | 45.39 |
| (Granger, Alexander, Johnson, Roach) | |

4x400 Meter Relay

- | | |
|-------------------------------------|----------------|
| 1. Penn State 'A' | 3:37.60 |
| 3. Iowa 'A' | 3:40.43 |
| (McCalla, Hume, Sheeley, Alexander) | |

